

3<sup>RD</sup> SUNDAY OF  
*LENT*



March 7, 2021

Welcome to ...

*Our Lady of*  
Mount Carmel  
Parish



800 Avila Court  
Pittsburgh, PA 15237  
[www.MountCarmelPgh.org](http://www.MountCarmelPgh.org)

He made a whip out of cords and drove them all out of the temple area. "Take these out of here, and stop making my Father's house a marketplace."

*John 2: 15,16*

**Our Lady of Mount Carmel Parish (412) 367-9001**

**St. Athanasius Church**  
7 Chalfonte Ave. West View, PA 15229

**Incarnation of the Lord Church**  
4071 Franklin Rd. Pittsburgh, PA 15214

**Holy Cross Academy (412) 364-7171**  
307 Siebert Rd. Pittsburgh, PA 15237

**St. Sebastian Church**  
311 Siebert Rd. Pittsburgh, PA 15237

**St. Teresa of Avila Church**  
1000 Avila Court Pittsburgh, PA 15237

**Education & Community Center (412) 931-6633**  
2 Wentworth Ave. Pittsburgh, PA 15229



## Pastor's Perspective

**Reverend John R. Rushofsky**  
*Pastor*

412-367-9001  
[jrushofsky@mountcarmelphg.org](mailto:jrushofsky@mountcarmelphg.org)

# BETTER TRAFFIC FLOW

The demand at our first *Takeout Only Fish Fry* was so heavy on February 19, the first Friday in Lent, that approximately **950 dinners** were sold. We discovered that this was due not only to the quality and popularity of the dinners, but also because there are very few places able to have a Fish Fry this year.

The only complaint, however, was the long wait (top photo). So thanks to a couple suggestions from customers and some **redesigning of traffic patterns** by our Fish Fry team, a better system was developed (bottom photo). The kitchen and delivery crews also stepped up production.

The result was amazing. On the following Friday, February 26, not only was the **waiting time much shorter**—sometimes only a few minutes—but the **number of dinners sold rose to 1100**.

There are only a few Fish Fry Fridays left. Don't miss out on the best!

*Thanks to Bill Mascari for the photos.*



**IN OTHER NEWS:** It looks like the **COVID vaccines** are rolling out more quickly now. **Some of our staff have been immunized**, and I was able to receive the first (Moderna) shot on February 24 and will hopefully receive the second shot in late March. This was offered to the Pittsburgh priests by an independent pharmacist who knows one of our Regional Vicars. Those of us who are over 65 are especially grateful for this kindness. We are hoping that this summer and fall are much better than last year and that sometime in the near future we'll be able to **smile at each other again**....Stay tuned for more news....

## SOMETHING TO THINK ABOUT:

“Success is the ability to go from one failure to another with no loss of enthusiasm.”  
- Winston Churchill

# Our Lady of Mount Carmel Parish

## ALL ABOUT LENT

Join us this Lenten season for a full schedule of Masses, Stations, Penance services, Adoration, and more.

Your guide to Holy Week at Our Lady of Mount Carmel Parish can be found on page 4.

Our complete Lenten schedule is available online at

[www.mountcarmelpgh.org](http://www.mountcarmelpgh.org)

## Pre-Registration Mandatory for Masses and Other Parish Programs

Because of the continuing risks associated with COVID-19, pre-registration is mandatory when you wish to attend Masses, services and parish programs. Please be sure to register online at

[www.mountcarmelpgh.org](http://www.mountcarmelpgh.org)

or by phone at 412-219-9254.



## Lenten Evenings of Adoration and Reflection (LEAP) Continue



**March 10:**  
Dr. Jo Ann  
Paradise



**March 24:**  
Bishop David  
Zubik

This Wednesday (3/10) and Next (3/24)  
7:00 to 8:15 p.m. | St. Athanasius Church

Our Lady of Mount Carmel Parish's new series *Lenten Evenings of Reflection and Praise* (LEAP), continues this Wednesday and concludes next Wednesday, March 24. Join us for prayer, music, adoration, and guest speakers *Pre-registration is required*.

## READINGS / Third Sunday of Lent

**First Reading:** *Exodus 20:1-17*  
Moses is given the Ten Commandments.

**Second Reading:** *1 Corinthians 1:22-25*  
Paul preaches Christ crucified to the Corinthians.

**Gospel Reading:** *John 2:13-25*  
Jesus drives out the moneychangers from the Temple and says that he will destroy the temple and raise it up again.



## HOLY WEEK & EASTER SCHEDULE

### **Holy Thursday / April 1, 2021**

8:30 a.m. Morning Prayer at St. Athanasius Church

\*7:00 p.m. Mass of the Lord's Supper at St. Sebastian Church

\*7:00 p.m. Mass of the Lord's Supper at St Teresa of Avila Church

*Please note there will not be a church walk on Holy Thursday this year due to the sanitization of churches. Churches will be closed following Mass.*

### **Good Friday / April 2, 2021**

8:30 a.m. Morning Prayer at St. Athanasius Church

\*12:00 noon Stations of the Cross at St. Athanasius Church

\*12:00 noon Stations of the Cross at Incarnation of the Lord Church

\*2:00 p.m. Passion Liturgy at St. Sebastian Church

\*2:00 p.m. Passion Liturgy at St. Teresa of Avila Church

### **Holy Saturday / April 3, 2021**

8:30 a.m. Morning Prayer at St. Athanasius Church

11:00 a.m. Blessing of Easter Baskets at St. Teresa of Avila Church

\*8:30 p.m. Easter Vigil at St. Sebastian Church

### **Easter Sunday / April 4, 2021**

\*8:00 a.m. Mass at St. Teresa of Avila Church

\*8:30 a.m. Mass at St. Athanasius Church

\*9:00 a.m. Mass at St. Sebastian Church

\*10:00 a.m. Mass at Incarnation of the Lord Church

\*11:00 a.m. Mass at St. Teresa of Avila Church

\*11:30 a.m. Mass at St. Athanasius Church

\*12:00 noon Mass at St. Sebastian Church

*\*Indicates that registration is required.*

### **How and When to Register**

**Registration will open on March 1, 2021**

Online: [mountcarmelpgh.org](http://mountcarmelpgh.org)

By Phone: 412-219-9254

Registration for all of Holy Week (*Holy Thursday through Easter Sunday*) will **close** on Wednesday, March 31, 2021 at 4:00 p.m. (phone line) and at 5:00 p.m. (online).

**Please be sure to register for all of Holy Week in order to be guaranteed a seat each day.**

# Our Lady of Mount Carmel Parish

## Combined Second Collection Next Weekend Benefits Three U.S. Church Projects

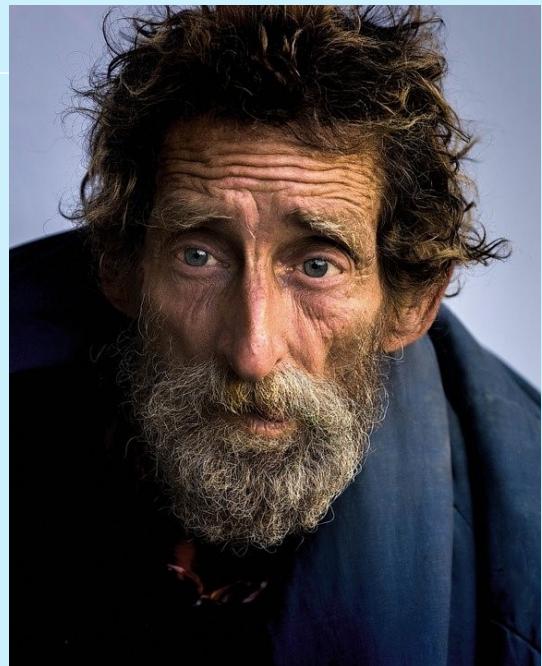
Next weekend, March 13 and 14, Our Lady of Mount Carmel Parish will offer a second collection to benefit three important projects within the Church in the United States.

### Catholic Home Missions Appeal

This appeal supports the Home Missions in places like Appalachia, the Deep South and the Rocky Mountain states where the Church struggles to keep parishes open amid priest shortages, poverty, and many other factors.

### National Collection for Black and Indian Missions

One of the oldest collections in the Church first taken in 1884, this project helps with evangelization of African-American, Native American, Eskimo, and Aleute communities. Poor churches and schools greatly depend on these funds to continue their programs and activities.



### Catholic Campaign for Human Development

Established 51 years ago, the CCHD helps low-income people across the nation break the cycle of poverty by supporting them as they work together to advance educational opportunities, create jobs and improve access to services for the disabled.



### Fish Fry a Great Way to Enjoy Lenten Dining

More than 950 meals were served on the first night of our Parish Fish Fry on February 19 **and 1100 on February 26**. It was even featured on the *Pittsburgh Catholic* website! first night of our Parish Fish Fry on February 19,

On Fridays during Lent between 4:00 and 7:00 p.m., stop by to take advantage of our curbside service. It takes place at our St. Teresa of Avila campus. Just drive up, place your order and have it delivered to your vehicle.

Learn more at: [www.mountcarmelpgh.org/fish-fry](http://www.mountcarmelpgh.org/fish-fry)



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## Gathering Rite: Sacred Silence

1. Sacred silence, holy ocean, gentle water, washing over me;  
Help me listen, Holy Spirit. Come and speak to me.
2. God my Father, Christ my brother, Holy Spirit, sanctifying me;  
Lord, I'm sorry, please forgive me. Come and set me free.
3. Holy Mary, gentle mother, God's pure vessel, praying for me;  
Saints and angels, all in heaven, come and be with me.  
Come and be with me. Come and speak to me.

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## Responsorial Psalm: Words of Everlasting Life

REFRAIN: Lord, you have the words of everlasting life.  
*Tu tienes, Señor, palabras de vida eterna.*

1. The law of the Lord is perfect, it revives the soul.  
The decrees of the Lord are steadfast; they give wisdom to the simple. (Refrain)
2. The precepts of the Lord are right; they gladden the heart.  
The command of the Lord is clear; it gives light to the eyes. (Refrain)
3. The fear of the Lord is pure, abiding forever.  
The judgments of the Lord are true; they are, all of them, just. (Refrain)

Text: Psalm 19:8, 9, 10, 11; *The Revised Grail Psalms*, © 2010, Conception Abbey and The Grail, admin. By GIA Publications,, Inc.; English refrain trans. © 1969, ICEL; Spanish refrain trans. © admin. By Obra Nacional de la Buena Prensa; Music Tony E. Alonso, © 2003, GIA Publications, Inc..

## Lenten Gospel Acclamation

REFRAIN: Glory to You, O Word of God, Lord Jesus Christ! (Repeat after verse)

Text: ICEL, © 1969 Music: © 1988, GIA Publications, Inc.

## Preparation of the Altar: Seek the Lord

REFRAIN: Seek the Lord while he may be found; call to him while he is still near.

1. Today is the day and now the proper hour to forsake our sinful lives and turn to the Lord.  
(Refrain)
2. As high as the sky is above the earth, so high above our ways, the ways of the Lord.  
(Refrain)
3. Finding the Lord, let us cling to him. His words, his ways lead us to life. (Refrain)

Text: Based on Isaiah 55:6-9. Text and music @ 1975, 1996, Robert F. O'Connor, SJ, and OCP. All rights reserved.

## Distribution of Holy Communion: As the Deer

REFRAIN: As the deer yearns for water, so have I longed for you,  
Only in you, the living God, resting my whole life through.

1. Thirsting for you, my God. Knowing your truth within me.  
When can I see you as you are, God of my life? (Refrain)
2. Tears have become my bread, tears every night and morning.  
Questioning voices all day long: Where is your God? (Refrain)
3. Why so cast down, my soul? Why do you groan within me?  
Hope in God and praise him still, Savior and God. (Refrain)
4. Every new day you send me all your loving kindness.  
Through every night I sing your praise, God of my life! (Refrain)

Text based on Psalm 42. Text and music © 2013, Bernadette Farrell. Published by OCP. All rights reserved.

## Distribution of Holy Communion: Look Beyond

REFRAIN: Look beyond the bread you eat; see your Savior and your Lord.  
Look beyond the cup you drink; see his love poured out as blood.

1. Give us a sign that we might believe in you.  
Moses brought us manna from the sky. (Refrain)
2. I am the bread which from the heavens came;  
Those who eat this bread will never die. (Refrain)
3. The bread I give you will be my very flesh;  
My blood will truly be your drink. (Refrain)
4. This man speaks harshly; who can listen to his word?  
We shall no longer follow him. (Refrain)
5. You, my disciples, will you also leave?  
Lord, to whom shall we go? (Refrain)

Text: © 1969, 1979, Damean Music. All rights reserved. Used with permission.

## Sending Forth: I Am the Bread of Life

1. I am the bread of life, you who come to me shall not hunger; and who believe in me shall not thirst. No one can come to me unless the Father beckons. (Refrain)

REFRAIN: And I will raise you up, and I will raise you up,  
And I will raise you up on the last day.

2. The bread that I will give is my flesh for the life of the world, and if you eat of this bread,  
You shall live forever, you shall live forever. (Refrain)
3. Unless you eat of the flesh of the Son of Man, and drink of his blood,  
And drink of his blood, you shall not have life within you. (Refrain)

Text: John 6:35, 44, 53-54; 11:25-27; Suzanne Toolan, RSM. Text and music © 1966, 1970, 1986, 1993, 2005, GIA Publications, Inc. All rights reserved. Used with permission.



# Mass Intentions



Date	Time	Location	Intention	Requested By
Monday March 8 <i>Lenten Weekday/ St. John of God, Religious</i>	8:30 AM	St. Athanasius	Deceased of Mihalic & Zunic Families †	Family
	12 PM	St. Sebastian	Francis Klein, Sr. †	Family
Tuesday March 9 <i>Lenten Weekday/ St. Frances of Rome, Religious</i>	8:30 AM	St. Athanasius	Richard Babicka †	Ron & Susan Poslusney
	12 PM	St. Sebastian	Asuncion Montalbo †	McEwen Family
Wednesday March 10 <i>Lenten Weekday</i>	8:30 AM	St. Athanasius	Tom Devlin †	Patrizio Family
	12 PM	St. Sebastian	Betty Klingman †	Karen Kramer
Thursday March 11 <i>Lenten Weekday</i>	8:30 AM	St. Athanasius	Marilyn Hite †	Cathy Scalamogna
	12 PM	St. Sebastian	Brian Balsomico †	Family
Friday March 12 <i>Lenten Weekday</i>	8:30AM	St. Athanasius	Deceased of Graf & Stiehler Families †	Megan Stiehler
	12 PM	St. Sebastian	Dolores E. Burnett †	Family
Saturday March 13 <i>Lenten Weekday</i>	11 AM	St. Athanasius	<b>Confessions</b>	
	4 PM Vigil Mass	St. Teresa of Avila	For the People of Our Lady of Mount Carmel Parish	
	5 PM Vigil Mass	St. Athanasius	Madeline (Midge) Malone †	Bob & Natalie Pleczynski
	6 PM Vigil Mass	St. Sebastian	Mary T. Miller †	Pauline Kocent
Sunday March 14 <i>Fourth Sunday of Lent</i>	8 AM	Incarnation of the Lord	Claudio Tolrentino & Irma Gonzalez †	Hannah Hernandez
	9 AM	St. Athanasius	Norm Roland †	St. Athanasius Ushers
	10 AM	St. Sebastian	Thomas Devlin †	Robert R. Ford
	11 AM	St. Teresa of Avila	Mary Pasewicz †	Annie Pasewicz



# Staff Directory



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## Catholic Social Teaching

Mary Jo Robbins

Many of us will make an extra effort to receive the sacrament of Reconciliation and improve ourselves as a part of our Lenten practice. Our Lady of Mount Carmel will offer parish penance services the evenings of March 23, 24 and 25.

The diocesan website has a Lenten Guide ([diopitt.org](http://diopitt.org)) with special links for examination of conscience as we prepare for confession. There is an examination of conscience in light of Catholic Social Teaching from the USCCB. Questions relating to the first two of the seven themes of Catholic Social Teaching are:

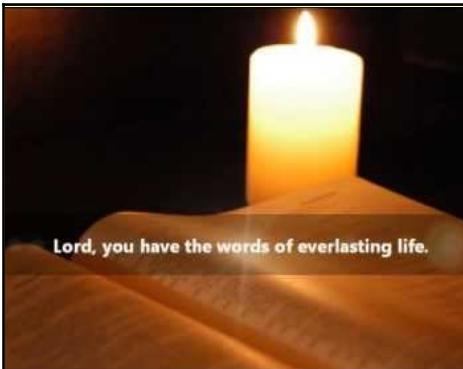
**Life and Dignity of the Human Person:** Do I respect the life and dignity of every human person from conception through natural death? • Do I recognize the face of Christ reflected in all others around me whatever their race, class, age, or abilities? • Do I work to protect the dignity of others when it is being threatened? • Am I committed to both protecting human life and to ensuring that every human being is able to live in dignity?

**Call to Family, Community, and Participation:** Do I try to make positive contributions in my family and in my community? • Are my beliefs, attitudes, and choices such that they strengthen or undermine the institution of the family? • Am I aware of problems facing my local community and involved in efforts to find solutions? Do I stay informed and make my voice heard when needed? • Do I support the efforts of poor persons to work for change in their neighborhoods and communities? Do my attitudes and interactions empower or disempower others?

**40 Days for Life:** Our OLMC Pro-Life Committee has committed to pray outside the Liberty Avenue Planned Parenthood this **Tuesday, March 9th from 1:00 – 2:30 PM**. Won't you join us? We will go to noon Mass at St. Sebastian and carpool from there or you can meet us in town. Please contact Dianne at [dianinem15237@aol.com](mailto:dianinem15237@aol.com) so we know to look for you.

**Food Pantry Needs:** Juice, Progresso soup, Campbell's tomato soup, oatmeal (not packets) egg noodles, carrots, beets, baked beans, peanut butter, jelly, applesauce, teabags, hamburger helper, boxed potatoes, Uncle Bens rice, Rice A Roni, canned chicken or pears. We have set two food collection bins outside of Haber Hall at the St. Sebastian site. You can also drop off donations in the narthex at St. Athanasius Church when it is open, or leave in the bin outside of Athanasian Hall. *Also, we have recently put collection boxes at St. Teresa Church in the narthex and lower level. Thank you!*

**Help to Build a Better Community:** AARP and Age-Friendly Greater Pittsburgh want to hear from you about ways to make our region a better place to live. Allegheny County residents ages 45 and older are invited to complete a 15 minute survey and share your opinions about what you'll need as you get older. Take the survey at: <https://survey.cmix.com/3E06803E/G10DF6LT/en-US>. Plus if you complete the survey, you can enter a drawing to win prizes, including a new iPad. Your views are important. Thank you for helping make the Pittsburgh region a great place to grow up and grow old.



### Third Sunday of Lent

Today we hear of the foundations of our faith. First, we are reminded of the commandments God gave the Chosen People to guide them in their behavior. Saint Paul explains how Jesus' self-sacrifice was neither foolish nor weak, for in it he showed the strength of love over death. John explains that when Jesus lashes out at those who profane the temple and then declares

that he will raise it up in three days, he is referring to the temple of his body. Let us listen to these readings as people of faith, finding wisdom in God's word.



Ted Rybka

### Parish Traditions



It seems rather strange to suggest a brand new parish like Our Lady of Mount Carmel would have parish traditions. After all, we're only nine months old! But we have four churches that are a lot older than nine months, and it is in these sacred spaces where we continue to carry out many of our time-honored traditions from our former parishes. Here is one example:

If you attend Mass at Incarnation of the Lord Church at all throughout the Lenten season, you will notice that the sanctuary seems rather dark. It has been customary at Incarnation for as long as anyone can remember that the stained glass throughout the sanctuary remain unlit until Easter, and there's a good explanation why we continue to do this even though we are part of the new Our Lady of Mount Carmel Parish. If you look closely, you will see that the top panel of the high altar is a depiction of the Risen Christ. It is for this very reason that the glass remains dark during Lent. Not to worry! We will backlight the entire sanctuary again when we celebrate the Resurrection of the Lord on Easter Sunday.



Tickets for the 300 Club have sold out! The first of 62 cash drawings begins on March 17th. Keep an eye on your mailbox for the next 365 days because you never know when there might be a check or two or three in the mail! Thank you very much for supporting our music ministry through this exciting new fundraiser, and good luck!

# Faith Formation



Deacon Bob  
Koslosky

## Be Who You Are! A Child of God!

### Breaking Open the Word: Exodus 20:1-17

“Keep my commandments.” In every covenant, there are laws, duties, and responsibilities that are mandated and followed. The Ten Commandments express the central law of the covenant made on Mt. Sinai. The Decalogue outlines the characteristic relationships with God and with neighbor.

**Listen to the Word:** Listen to this familiar Scripture Reading with fresh hearing. What in this reading touches you? Is there one line or phrase in this reading that is lingering in your thoughts?

### Look into Your Life:

**Children:** Think about or share with your family one way in which you “honor your father and mother.”

**Youth:** Jesus was angry – as we all get at times. When is your anger a good thing? When is it not?

**Adults:** As you hear the Commandments proclaimed today, which one is challenging you to reform your life?

**Incarnate the Word:** Choose one of the following activities to further reflect on the Sunday Readings: Have a family discussion about anger. When is anger useful or justified? When is anger destructive?

Have each family member talk about how he or she can communicate his or her angry feelings in a positive way.

Participate in the parish reconciliation service during Lent with your family. Remind children that God always loves us and is always willing to forgive us.

## Youth Ministry Corner

by Katie Dorman  
*Youth Minister*



Ms. Katie  
Dorman

### Teen Sponsored Masses:

March 14th - 11:00 am Mass

April 11th - 10:00 am Mass

May 9th - 9:00 am Mass

The second Sunday of each Month during the school year is our ‘Teen Sponsored Mass’. Come on out to hear and see the youth from the Parish help celebrate the Mass! Signups are open and available. Email Katie to volunteer: kdorman@mountcarmelpgh.org.

**What is this journey in between  
the event we call “birth” and the one we  
call “death”?**

Is the journey taking you somewhere, or are you leading yourself to some kind of destination – a destination that could extend beyond your last breath? What do you want from your life during the in between? The questions are there. And, the answers are too.

**Join Formed.org!** New registrants browse the website. To register sign in with Our Lady of Mount Carmel 15237.



## Confirmation Candidates

Your Virtual Retreat  
is Coming! STAY TUNED!!!!!!



# EASTER FLOWER SALE

The Holy Cross Academy 8th Grade Class and their parents are pleased to help you celebrate the beauty of the Easter season by providing you with the opportunity to purchase lovely spring flowers to decorate your home or give as gifts!



Mrs. Osekowski  
Principal



**Order Deadline - Monday, March 22, 2021**

**Flower Pick - up - Friday, March 26, 2021**

**3:30 - 6:30 pm**

**In the Upper Parking Lot of St. Sebastian Church**



Questions can be directed to Carla Costello: 412-302-7772

*Flowerama, located on Babcock Blvd. in North Hills, is supplying these gorgeous flowers. Each flower will be wrapped with colorful foil ready for gifting!*

## **Easter Flower Sale 2021 – Holy Cross Academy 8<sup>th</sup> Grade**

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **(We'll remind you about pick-up!)**

**Email Address:** \_\_\_\_\_

### 6" pot Tulips

Red	Pink	Yellow	Purple	White	Total # of Flowers	x \$10.00 (each) =	Total Cost
						x \$10.00	

### 6" pot Hyacinths

Blue	Pink	White	Total # of Flowers	x \$10.00 (each) =	Total Cost
				x \$10.00	

### 6" pot Daffodils

Yellow	Total # of Flowers	x \$10.00 (each) =	Total Cost
		x \$10.00	

### 6" pot Lilies (5+ blooms)

White	Total # of Flowers	x \$10.00 (each) =	Total Cost
		x \$10.00	

**\*\*\*first choice color may not be available\*\*\***

Please make checks payable to "Holy Cross Academy" and please write  
"Easter Flowers/8th Grade Events" on the memo line.  
Submit orders to the school office or mail to:

Holy Cross Academy  
307 Siebert Road  
Pittsburgh, PA 15237

Thank you for your support and have a Happy and Holy Easter

Seller's Name \_\_\_\_\_



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