

January 30, 2022 Fourth Sunday in Ordinary Time

Welcome to ...



800 Avila Court
Pittsburgh, PA 15237
www.MountCarmelPgh.org

Our Lady of Mount Carmel Parish (412) 367-9001

St. Athanasius Church
7 Chalfonte Ave. West View, PA 15229

Incarnation of the Lord Church
4071 Franklin Rd. Pittsburgh, PA 15214

Holy Cross Academy (412) 364-7171
307 Siebert Rd. Pittsburgh, PA 15237

St. Sebastian Church
311 Siebert Rd. Pittsburgh, PA 15237

St. Teresa of Avila Church
1000 Avila Court Pittsburgh, PA 15237

Education & Community Center (412) 585-5575
2 Wentworth Ave. Pittsburgh, PA 15229

Pastor's Perspective

Reverend John R. Rushofsky
Pastor

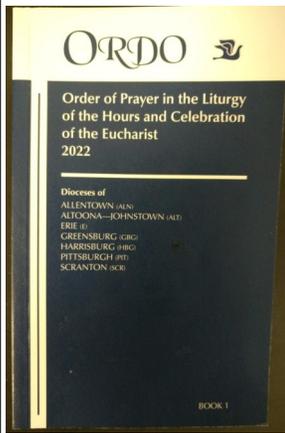
412-367-9001
jrushofsky@mountcarmelpgh.org



NOT AS HARD AS IT LOOKS

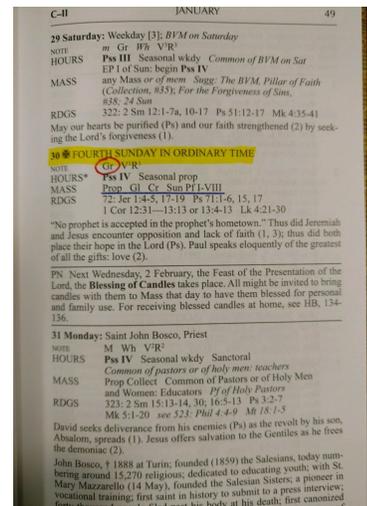
Last week we saw what the liturgical colors mean and how they're used. But this caused someone to ask: *How do you know what feast day falls on a certain date and what the Scripture readings will be?*

We have a small (4" x 6 1/2") booklet, published every liturgical year, that serves all the dioceses of Pennsylvania except for the Archdiocese of Philadelphia, for some reason. It's called the **Ordo** because it **keeps our liturgies in order**, including the **Liturgy of the Hours** (or Breviary), which consists of the Psalms, Scripture readings, and prayers that those of us in religious life pray five times each day.



In the example below, we see page 49, which gives a kind of road map for navigating through this Sunday's Masses and Breviary prayers. The **Fourth Sunday in Ordinary Time** on January 30 uses green vestments (which I've circled in red). The Mass instructions also tell us there are **Proper Prayers** for the Fourth Sunday, that we will pray the **Gloria** and the **Creed**, and that the priest may choose any one of the eight **Sunday Prefaces**.

The **Scripture readings**, which should not be changed, are carefully noted, followed by a brief **summary of their content**.



The **Scripture readings**, which should not be changed, are carefully noted, followed by a brief **summary of their content**.

The **HOURS** notation tells us we begin **Week IV of the Psalter**, which is a four-week rotation of Psalms and prayers. It all looks very complicated but after following it for about 40 years it becomes a little easier.

IN OTHER NEWS: As hard to believe as this may be, the **season of Lent** begins in just 4 1/2 weeks, on **March 2**. We can't make the excuse that it's sneaking up on us this year because this is a rather late start for Lent. **Easter falls on April 17**, which is only a few days short of the latest that Easter can be. The date for Easter is calculated by the formula: The first Sunday after the first full moon after the Spring Equinox. Thus the earliest Easter can be is March 22. The good thing about a late Easter is better weather. Maybe....Stay tuned for more news....

SOMETHING TO THINK ABOUT: "Please don't kill the child. I want the child, Please give me the child. I am willing to accept any child who would be aborted and to give that child to a married couple who will love the child and be loved by the child.."

- *St. Teresa of Calcutta to President Bill Clinton & Government Officials, February 1994*

Our Lady of Mount Carmel

Parish Announcements

Welcome to Our New Parishioners

Jennifer Gingerich and
James Dorko

Daniel Theis

Robert and Anna
Schwerer

Robert Mogielski and
Linzy Farmerie

Nick Streiff and
Davie Habron

Sanctuary Lamp Intentions

St. Sebastian Church

Kathleen Hawn

Requested by Connie McVay

St. Teresa of Avila Church

Melanie (Funk) Olson

Requested by Ruth Funk

Recent Deaths

Loretta Doerschner

Grace Klocek

Anthony Mueller

Dorothy Redshaw

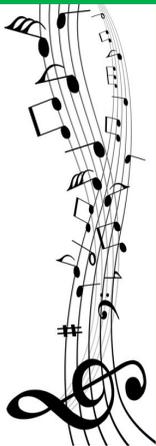
Lois Reubi

Louis Schneider

Second Collection Today—Spark of Hope

Six mornings a week, our parish SOH volunteers collect food from local supermarkets and distribute it to local food banks, soup kitchens and shelters. Please be generous!

January 30, 2022—Music



Music for the Fourth Sunday in Ordinary Time

**Storrington Mass—Gather # 230—238*

Gathering Hymn: **Sing of the Lord's Goodness**—Breaking Bread # 562

Responsorial Psalm: **By Name I Have Called You**—Song Sheet in Breaking Bread

Preparation of the Altar: **God of Might and God of Mercy**—Breaking Bread # 556

Communion Hymns: **Ubi Caritas**—Breaking Bread # 325

You Are the Light—Breaking Bread # 599

Sending Forth: **The Spirit Sends Us Forth**—Breaking Bread # 391

Readings

First Reading: *Jeremiah 1:4-5,17-19*

The Lord assures Jeremiah that he will deliver him from all who fight against him.

Second Reading: *1 Corinthians 12:31—13:13*

Paul describes love as the greatest of virtues.

Gospel Reading: *Luke 4:21-30*

Jesus is rejected in his hometown of Nazareth.

Follow Today's Readings Online

To access this weekend's readings on your Internet-connected mobile device, scan the code that appears at right. Readings are taken from the United States Conference of Catholic Bishop's website.



Our Lady of Mount Carmel



Free Home Test Kits Now Available

As you might have read or seen in the news, the U.S. Postal Service is now making home test kits available online for free. Each kit contains four tests, which is the limit per household. You can get them at <https://special.usps.com/testkits>.

Our parish COVID task force continues to actively monitor the pandemic and provide its recommendations to me in the interest of maintaining ongoing safety.

- At present, all parish events outside of Holy Mass must be cancelled, rescheduled or held virtually.

- Please consider wearing a face covering and practice social distancing when in church for your own safety and that of others. Hand sanitizer is available in all parish churches and the chapel at St. Teresa of Avila Church is currently designated as a mask-only area.
- All clergy, Extraordinary Ministers of Holy Communion, Ministers of Hospitality, and others who participate in Masses are mandated to wear masks when in church.
- Choirs and groups of Our Lady of Mount Carmel Music Ministry are suspended until further notice.
- Masks must be worn by all instructors and participants in Sunday and Tuesday Religious Education classes and activities.
- Our Community Center is closed until further notice.



Important! Parking During Masses

When parking at any of our four churches, please do not park in any spots or along any curbs with yellow lines. ***It is very important that we keep access open for emergency vehicles.***

This includes the fire lanes marked with an "X" in the center of St. Athanasius parking lot, the lower parking lots along the sides of St. Sebastian Church, and the upper circular driveway/drop-off at the main entrance to St. Teresa Church. Our local police departments have asked us to remind you to park in designated parking spots only. This is their final request before issuing parking tickets.

Our Lady of Mount Carmel

Mass Intentions Now Filled at St. Teresa of Avila Church Through the End of 2022

Although it's still January, our calendar of Mass intentions at St. Teresa of Avila Church is now completely filled through the end of 2022. Not to worry, though--intentions are still available at St. Athanasius and St. Sebastian churches and will again be available at Incarnation of the Lord Church once it reopens.

Also, consider a sanctuary lamp in a loved one's memory.

In addition, we are now offering week-long sanctuary lamps as a wonderful way to memorialize a loved one. These lamps burn in the sanctuary at our parish churches, with those intentions listed weekly in the bulletin as well.

You can get an order form in the church narthexes and at the front desk of the Parish Center.

Diocesan Synod Preparation Continues

Would you like to serve as an advisor to His Holiness? As you probably know, Pope Francis has invited every Catholic to advise him on how to discern the Church's path forward. This process, called a "synod," means "journeying together."

Ongoing until spring, you have the opportunity to share what the Holy Spirit has laid on your heart.

This journey of listening will conclude in October 2023 in Rome, when Pope Francis will listen to bishops who have been listening to their people about what they believe are the best ways to discern the Church's path forward.

Get more information at
<https://diopitt.org/journeying-together>.

Get regular updates:
Text "Synod2021" to 84576.

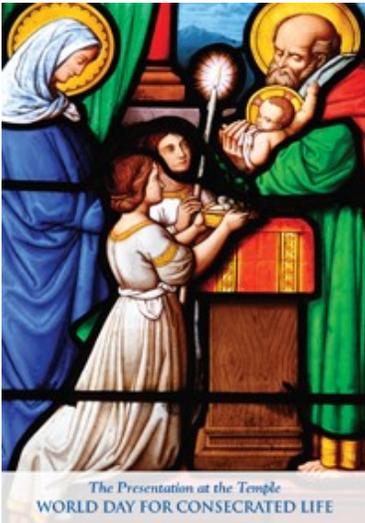
Legion of Mary Praying Rosary on Zoom Thursdays at 6:30 p.m.

The COVID pandemic might have temporarily halted some gatherings but not the online ones planned by our parish Legion of Mary members, who will pray the Rosary and other Legion of Mary prayers online each Thursday evening beginning February 3rd at 6:30 p.m. You can get the Zoom link on the parish website.

Our Legion—which is part of an international organization founded in 1921 as a Roman Catholic Marian Lay Apostolate, invites you to join our Rosary, which is accessible at the link below. In addition to praying to Our Lady, the members of the Legion are primarily engaged in serving our clergy, parishioners, and neighbors through the performance of the Spiritual Works of Mercy.

For additional information, please contact George Linkhauer, 412-952-4127 or Jane Sestric, 412-841-3923.

Our Lady of Mount Carmel



Tuesday, February 2:

World Day of Prayer for Consecrated Life

World Day for Consecrated Life will be celebrated in the Church on Wednesday, February 2, 2022 and in parishes over the weekend of February 5-6, 2022. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

Prayer of the Faithful

For those consecrated to God by the vows of chastity, poverty and obedience that they may seek to live their baptismal promises more intensely and have the grace to persevere in their commitment to the Lord and serve with open hearts and willing spirits. We pray to the Lord...

How (and When) to Submit Items to the Bulletin and Flocknote

Our Parish Bulletin is published each weekend. We ask that items for consideration be submitted by Monday, *at least two weeks in advance* of the requested publication date. (ex: by February 7th for the bulletin of the 19th and 20th, and so on).

Flocknote, our newsletter, is published each Friday. Items are needed *by the Monday of that week*.

Please send all items for consideration to jfries@mountcarmelpgh.org. Thanks!



Temporary Suspension of Activities Continues at Incarnation of the Lord Church

It will still be several more weeks until we can resume Masses and other activities at Incarnation of the Lord Church due to major heating issues. For the time being, the Sunday 8:00 a.m. Mass will be celebrated instead at St. Teresa of Avila Church, As soon as repairs are made, Incarnation of the Lord Church will reopen.

Our Lady of Mount Carmel

Parish Mission Statement

Our Lady of Mount Carmel Parish, with roots dating back more than 150 years, is a vibrant Catholic family of word, sacrament, prayer, and service.

Centered in Jesus Christ, we strive to live and proclaim the Good News, building a community worth sharing.

With Mary as our example and patron, we seek to deepen our faith and holiness, bringing help and hope to all.

Contact Us

Our Lady of Mount Carmel Parish
800 Avila Court
Pittsburgh, PA 15237
Phone: 412-367-9001
Fax: 412-366-8415
www.mountcarmelpgh.org

Important Information

Masses

Saturday, 4:00 p.m., St. Teresa of Avila

Saturday, 5:00 p.m., St. Athanasius

Saturday, 6:00 p.m. St. Sebastian

Sunday, 8:00 a.m., Incarnation of the Lord

Sunday, 9:00 a.m., St. Athanasius

Sunday, 10:00 a.m., St. Sebastian

Sunday, 11:00 a.m., St. Teresa of Avila

M-F, 8:30 a.m., St. Athanasius

M-F, 12:00 Noon, St. Sebastian

Mass Intentions

To schedule a Mass at any of our four churches, contact Julie Stiehler at 412-367-9001 or jstiehler@mountcarmelpgh.org.

7-Day Sanctuary Lights

Dedications for the Sanctuary Light are available each week for \$20 at each of our four churches. To reserve a date contact Julie Stiehler at 412-367-9001 or jstiehler@mountcarmelpgh.org.

Confessions

Mondays, 12:30 p.m., St. Sebastian Church

Saturdays, 11:00 a.m.-Noon, St. Athanasius

Open for Private Prayer (Monday-Friday)

St. Athanasius, 8:00 a.m. to 3:00 p.m.

St. Teresa of Avila, 9:00 a.m. to 3:00 p.m.

St. Sebastian, 10:00 a.m. to 6:00 p.m.

Registering in the Parish

Contact Nancy Koslosky at 412-367-9001, ext. 9001 or nkoslosky@mountcarmelparish.org

Scheduling a Baptism

Call Maggie Nelson at 412-367-9001, ext. 8529, or email her at mnelson@mountcarmelpgh.org.

Religious Education

Please direct all questions about religious education and Catechesis of the Good Shepherd to Maggie Nelson, Faith Formation Department, at mnelson@mountcarmelpgh.org.

Confirmation

In our parish, Confirmation takes place in the spring. For more information contact Maggie Nelson, Faith Formation Department, at mnelson@mountcarmelpgh.org.

Becoming a Baptism or Confirmation Sponsor

Please direct all inquiries to Nancy Koslosky at 412-367-9001, ext. 8536 or nkoslosky@mountcarmelpgh.org.

Obtaining a Baptismal Certificate

These requests may be directed to the Diocesan Archives and Records Center at 412-456-3158.

Scheduling the Sacrament of Matrimony

To begin planning and scheduling the sacrament of marriage in one of our churches, contact Father Mike Zavage at mzavage@mountcarmelpgh.org.

Rosaries and Devotions

A full list of devotions scheduled each month is available at www.mountcarmelpgh.org/devotions.

Mass Intentions

Date	Time	Location	Intention	Requested By
Monday January 31 <i>St. John Bosco, Priest and Religious Founder</i>	8:30 AM	St. Athanasius	Brian Edward Burke †	Mom, Dad & Chris
	12 PM	St. Sebastian	Arthur J. Londino †	Linda & Gerry Gaylor
	12:30 PM	St. Sebastian	Confessions following the 12 PM Mass	
Tuesday February 1 <i>Weekday</i>	8:30 AM	St. Athanasius	Robert Benna †	Pat Benna
	12 PM	St. Sebastian	80th Birthday Joyce Jonas	Cook Family
Wednesday February 2 The Presentation of the Lord	8:30 AM	St. Athanasius	Marie Dougherty †	Dougherty Family
	12 PM	St. Sebastian	Wilma & Frank Baumann †	Lisa Bertocchi
Thursday February 3 <i>Weekday/St. Blaise, Bishop and Martyr; St. Ansgar, Bishop</i>	8:30 AM	St. Athanasius	David P. Wieszorek †	Wife
	12 PM	St. Sebastian	David Chieffe †	Dolly Chieffe
Friday February 4 <i>Weekday</i>	8:30AM	St. Athanasius	Mary E. Rodgers †	Robert G. Rodgers
	12 PM	St. Sebastian	Charles & Richard Loch †	Lois Loch
Saturday February 5 <i>St. Agatha, Virgin and Martyr</i>	11 AM	St. Athanasius	Confessions	
	4 PM Vigil Mass	St. Teresa of Avila	Domenic Iannacchione †	Donna Beer
	5 PM Vigil Mass	St. Athanasius	Sister Michelle Quinn †	Parishioners of OLMC
	6 PM Vigil Mass	St. Sebastian	Charles (C.J.) Rohelder †	Marie Rohelder
Sunday February 6 Fifth Sunday in Ordinary Time	8 AM	Incarnation of the Lord	Mary Jane Tegetoff Pearson †	Claire G. Dorsch
	9 AM	St. Athanasius	Joseph T. Cheetham †	Family
	10 AM	St. Sebastian	The People of Our Lady of Mount Carmel Parish	
	11 AM	St. Teresa of Avila	Deceased of the Boyle & Donatelli Families †	Jim & June Boyle

Staff Directory

CLERGY TEAM

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412.367.9001, x8536



Sister Karen
Brink, OSB

Parish Social Ministry



**“For Christ plays in ten thousand places,
Lovely in limbs not His To the Father
through the features of men’s faces.” G.M.Hopkins, SJ**

LIHEAP ASSISTANCE AVAILABLE

If you need help paying your heating bills, the Low Income Home Energy Assistance Program can help. This federally funded program provides assistance to eligible customers. Grant amounts vary from \$500 to \$1500 and will be provided only while LIHEAP funding remains available. To be eligible the size of the grant is based upon income and household size. For a one-person household, monthly gross income is \$1610 or less, a family of five, \$3,880. and so on. Apply on-line at COMPASS.

FOOD PANTRY NEEDS

You may have noticed that from time to time the needs of the food pantry change. The Our Lady of Mount Carmel Food Pantry is well-stocked. When particular items are mentioned here, it usually means that the shelf is close to getting bare. And while all donations are welcome, sometimes we must put out a particular plea. Our current particular needs are ***detergent, juices, packages of instant mashed potatoes, Knorr pasta (not rice) and tea.***

We, and those served by our food pantry, are most grateful.

FRATELLI TUTTI (On Fraternity and Social Friendship) by *POPE FRANCIS*

“...we Christians are very much aware that ‘if the music of the Gospel ceases to resonate in our very being, we will lose the joy born of compassion, the tender love born of trust, the capacity of reconciliation that has its source in our knowledge that we have been forgiven and sent forth.’ (FT277)

“Each one of us is called to be an artisan of peace, by uniting and not dividing, by extinguishing hatred and not holding on to it, by opening paths of dialogue and not by constructing new walls.” (FT 284)

Ready for the challenge?!



Ted Rybka



I KNEW YOU
BEFORE I FORMED YOU
IN YOUR MOTHER'S WOMB
BEFORE YOU WERE BORN

I set you apart



Fourth Sunday in Ordinary Time

The God who formed Jeremiah in his mother's womb fortified him for his mission. In the Gospel, we witness Jesus' strength in overcoming the hostile crowd facing him in his hometown. In between, we hear from Saint Paul, who continually faced hostility, rhapsodize on the power of love. Let us nurture love in ourselves and each other and find in it the strength to overcome our hardships.

The Celebration of Candlemas

Candlemas, also known as the Feast of the Presentation of Jesus, the Feast of the Purification of the Blessed Virgin Mary, or the Feast of the Holy Encounter, is a Christian holy day commemorating the presentation of Jesus at the Temple. It falls on **February 2nd**, which is traditionally the 40th day of and the conclusion of the Christmas-Epiphany season. While it is customary for many Catholics to remove their Christmas decorations after Epiphany or the Baptism of the Lord, those in various parts of the world historically remove them after Candlemas. Many Catholic Christians also bless candles at Mass on this feast day, which we will also do here at Our Lady of Mount Carmel at the daily Masses this coming Wednesday. For us, our blessed candles serve as a symbol of Jesus Christ, whom we know and believe to be the Light of the World.



Christmas was, in the West, celebrated on December 25th from at least the year 354 AD when it was fixed by Pope Liberius. The Feast of the Presentation is one of the oldest feasts of the Christian Church, celebrated since the 4th century AD in Jerusalem.

In **France, Belgium, and Switzerland**, all the candles in the house should be lit, and crepes should be served for the meal. The pancakes, with their round shape and golden color reminiscent of the solar disc, refer to the return of spring after the dark and cold of winter.

In **Luxembourg**, the holiday is centered around children. They roam the streets in small groups holding a lighted lantern or homemade wand while singing traditional songs at each house.

In **Puerto Rico**, festivities include a procession where the statue of the "Virgen de la Candelaria" is carried on the shoulders, followed by Mass, a giant bonfire, and singing. Some even burn their dried Christmas trees as a culmination of the Christmas season.

In **Mexico**, the dressing and adoration of the Christ Child is an important tradition, as are family meals with tamales. This festival is closely linked to Epiphany, during which the tasting of the "kings cake" will determine who is responsible for organizing Candlemas. Whoever finds the small figurine hidden inside the cake is also named godparent of the next child in the family.

As for me, my Christmas tree and decorations are still up at home, including my nativity set. How will **you** celebrate Jesus, the Light of the World? Consider attending daily Mass, lighting some candles at home or at church, or preparing a special meal with your family. *Christ, be our light!*



Deacon Bob Koslosky

Faith Formation



Breaking Open the Word: 1 Corinthians 12:31-13:13



“Love is the greatest gift of God.” In today’s beloved passage from 1Corinthians, Paul tries to persuade his listeners that love is worth more than all other gifts. Love always seeks the good of another. Paul stresses that love is the touchstone of the mature Christian.

Listen to the Word: As you hear or read this reading, what words or phrases strike you? What in this reading touches your heart? What lingers in your memory?

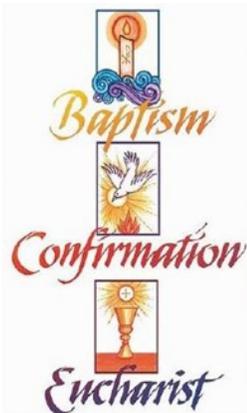
Look into Your Life:

Children: In what ways do you show God’s love to someone who is lonely or hurting?

Youth: Who are the people in your life who mean the most to you? How do you show them how important they are to you?

Adults: How do you show members of your family that you love them?

Incarnate the Word: Choose one of the following to further ‘enflesh’ our Sunday Scriptures: Together as a family, read the second reading for Sunday, 1 Corinthians 12:31-13:13, before the evening meal. During the meal, discuss one way your family will show love this week. Talk about the problems of injustice that family members see in your community. Talk about what you can do to bring a Christian response to the problems you see. As a family, decide on one thing you can do this week to show God’s love to someone in need. Prepare a meal from another culture. Have your children help cook the meal. Discuss how the meal is similar to and different from meals that are common in your home. Remind family members of God’s love for all people.



On Sunday, January 9, 2022 we introduced to 3 of our 4 candidates who are journeying towards full communion with the Catholic Church at the Easter Vigil. Moving from left to right in the picture with their sponsors are Birt Underwood, Annale O’Donnel and Carole Chieffe. Ava Neely was unable to join us.

Holy Cross Academy

Catholic Schools Week: Faith. Excellence. Service.

Sunday:
Mass 10:00 AM
Open House:
11:00-1:00

Monday:
Clash Day

Tuesday:
JA Day
Career Day
Teacher Appreciation

Wednesday:
Spirit Day
Volleyball Tournament

Thursday:
Favorite Jersey
Day
Out of the Box
Assembly

Friday:
Mass
All School Bingo

The **Holy Cross Academy Athletic Association** is once again holding our annual Super Bowl Block Pool Fundraiser. As in years past the pool consists of 100 blocks. Each block is \$50. Winners will receive \$1,300 based on the final score, \$600 based on the halftime score, and \$300 based on the 1st and 3rd quarter scores.

Please email Christian Wrabley at cwrabley@gmail.com if you are interested in participating.

Payment options are:

Venmo @Christian-Wrabley-1
Check mailed to my home address
217 Bellevue Road, Pgh, PA 15229
Apple Pay to my cell 412-498-3859



Please visit the **Giving Wall** in the back of church and take an envelope. Our goal is to fill all 200 envelopes and raise over \$20,000 for the school! Put the amount of money in that equals the number you took and return to school in the self-addressed envelope provided inside. (For example: if you take envelope #23, you are pledging to donate \$23 to Holy Cross Academy and will send \$23 to the school; If you take envelope #113, you are pledging to donate \$113 and will send \$113 to Holy Cross Academy.)

Giving Wall



DORMONT APPLIANCE
Your local appliance experts!

North Hills:
3447 Babcock Boulevard
Pittsburgh, PA 15237
412-369-0200

South Hills:
2875 West Liberty Avenue
Pittsburgh, PA 15216
412-531-9700

dormontappliance.com

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2678 Rochester Rd.

-North Hills- 412-364-0510
806 Perry Hwy.

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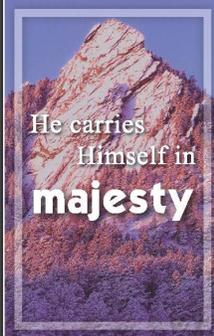
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