

Fourth Sunday in Ordinary Time- February 1, 2026

# Apple Valley Catholic Community Two Parishes - One Mission



*"Blessed are they  
who hunger and thirst  
for righteousness, for  
they will be satisfied.  
Blessed are the merciful,  
for they will be shown  
mercy." Matthew 5:6-7*

St. Elizabeth of Hungary Parish  
89 Arlington St. Acton, MA 01720



St. Isidore Parish  
429 Great Rd. Stow, MA 01775

**We Welcome YOU!**

At the Apple Valley Catholic Community, we live out the commandment Jesus gave to His disciples when He said "Love one another. As I have loved you, so you also should love one another." (John 13:34). We live this commandment by acknowledging we are all, in one way or another, our sister's and brother's keepers.

We affirm the dignity and worth of each person regardless of your race, nationality or ethnic group, gender, sexual orientation, immigration status, age, socioeconomic class, married, single, divorced, Mass attendance, or anything else. We affirm that we are all God's children and part of the one family of God and that means We Welcome YOU.

Mass Intentions

Saturday January 31, 5:00PM  
Sean O'Sullivan

Sunday February 1, 10:45AM  
Julia Normand

☀ Parent Reminder:



To help us maintain a safe and secure environment for all children, we kindly ask that parents or guardians accompany their child to the restrooms during Mass.

Confession Time Change -  
For **Wednesday Feb 4<sup>th</sup>** Only -  
Confessions at St Isidore will run from 4-5:30pm.



Upcoming Events

**February 7** - Trivia Night to benefit Household Goods at St. Elizabeth

**February 18** - Ash Wednesday

**March 1** - Children's Mass at St Elizabeth

**March 7** - Taste and See at St Elizabeth



February 18th

**St Isidore**

9:00 AM Mass and Distribution of Ashes

**St Elizabeth**

4:00 PM Liturgy of the Word and Distribution of Ashes

7:00 PM Mass and Distribution of Ashes

Social Justice Ministry

Promoting and Protecting Human Life



A great crowd joined us as Monsignor Bryan Hehir spoke last week about the church's teaching on respecting life.



APPLE VALLEY CATHOLIC COMMUNITY  
PRESENTS

# TRIVIA NIGHT

TO BENEFIT  
HOUSEHOLD GOODS

**Saturday**

**February 7th**

St. Elizabeth Of Hungary  
Parish Center Hall  
(behind the church)  
89 Arlington St., Acton

Doors open at: 6:30pm  
Trivia starts at: 7:00pm



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## ***Fourth Sunday in Ordinary Time- February 1, 2026***

Brothers and Sisters in Christ;

This weekend we hear one of the most beloved passages in all of Scripture: The Beatitudes from the Gospel of Matthew (5:1-12a). These words are not simply beautiful sayings. They are Jesus' teaching on what a truly blessed life looks like, and they are meant to shape us as His disciples today.

The word beatitude means blessing, happiness, or deep joy. But Jesus is not describing a life of comfort or ease. He is revealing that real blessing is found not in having a perfect life, but in belonging to God and living according to His Kingdom.

Jesus teaches the Beatitudes on a mountain, showing us that this is more than advice, it is the heart of Catholic/Christian life. And what He teaches is surprising:

Blessed are the poor in spirit.  
Blessed are those who mourn.  
Blessed are the meek.  
Blessed are those who hunger and thirst for righteousness.  
Blessed are the merciful.  
Blessed are the clean of heart.  
Blessed are the peacemakers.  
Blessed are those who are persecuted for righteousness.



These are not the qualities the world typically celebrates. Our world often praises power, success, and self-protection. But Jesus teaches something different: God's Kingdom belongs to the humble, the faithful, the merciful, and the courageous.

One of the most powerful ways to understand the Beatitudes is this: they describe Jesus Himself. He is poor in spirit, trusting completely in the Father. He mourns with the suffering. He is meek and gentle of heart. He is mercy and compassion in the flesh. He makes peace, heals division, and blesses even those who reject Him.

So, when Jesus proclaims the Beatitudes, He is not placing a burden on us. He is revealing His own heart, and inviting us to live like Him.

The Beatitudes matter because they speak directly to our lives today. Many people carry burdens that others never see, anxiety, grief, stress, division, or discouragement. The Beatitudes remind us that God is especially near to those who struggle, those who seek what is right, and those who rely on Him.

This week, I invite you to do something simple and powerful: choose one Beatitude and ask Jesus to help you live it.

Be merciful.  
Make peace.  
Stand for what is right.  
Comfort someone who is mourning.  
Trust God more deeply than your fears.

If we take these words seriously, we won't just hear the Beatitudes, we will become them.

With prayerful gratitude for you and loved ones,

Fr. Jeff

Fourth Sunday in Ordinary Time- February 1, 2026



# TASTE & SEE

*"Taste and see the goodness of the Lord"  
Psalm 34:8*



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**March 7th  
6:30-9:30pm**

**St. Elizabeth of Hungary Church Hall  
89 Arlington St., Acton**

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## LIFT Groups for Lent 2026

Looking for a way to engage more deeply with your faith and our community this Lent?

Our LIFT Small Groups for Adults will soon be open for registration for the Lent 2026 Season. LIFT is all about bringing your life and faith together through small group conversation, prayer, and community. Groups typically meet every other week in parish spaces or homes, and each one is a little different in style and focus.

Lent is a perfect time to recommit to your spiritual life, and joining a LIFT group is a great way to take that step. Several groups still have room for new participants, and as always if you have an idea for a group you'd like to start, we're always open to forming something new.

Visit [avcatholic.org/LIFT](http://avcatholic.org/LIFT) or email Tom at [toms@avcatholic.org](mailto:toms@avcatholic.org)



**LIVING IN FAITH TOGETHER**



# Fourth Sunday in Ordinary Time- February 1, 2026

## Weekend Mass Times

**Saturday Mass, 5:00 p.m.— St. Elizabeth**  
**Sunday Mass, 8:45 a.m.— St. Isidore**  
**Sunday Mass, 10:45 a.m.— St. Elizabeth**

## Weekday Mass Times

**Monday Mass 9:00 a.m.— St. Elizabeth**  
**Tuesday Mass 9:00 a.m.— St. Isidore**

**Confessions: Saturday, 4:00-4:45 p.m., St. Elizabeth**  
**1st Wednesday of the Month: St. Isidore 4:00-6:00 p.m.**

## Apple Valley Catholic Parish Team

Pastor: Rev. Jeffrey Archer  
frjeff@avcatholic.org, (978) 263-4305 ext. 115

Weekend Presider & Prof. of Philosophy and Theology at Pope St. John XXIII National Seminary: Msgr. Fay

Deacon: Charles A. Cornell  
charliec@avcatholic.org, (978) 562-7447

Comptroller, Joe Nelson,  
joen@avcatholic.org, (978) 263-4305 ext. 111

Financial Consultant: Annmarie Mazzucotelli  
annmariem@avcatholic.org

Director of Evangelization - Baptism, LIFT, Communications:  
Tom Spataro toms@avcatholic.org, (978) 263-4305 ext. 113

Director of Music - Arline Carboneau,  
arlinec@avcatholic.org, (978) 263-4305 ext. 112

Director of Religious Education - Youth Ministry:  
Sheila Bauer, sheilab@avcatholic.org,  
(978) 263-4305 ext. 123

Coordinator of Faith Formation Grades 5-7:  
Adam Tocci  
adamt@avcatholic.org, (978) 263-4305 ext. 116

Coordinator of Faith Formation K-4: Kelley Christie  
kelleyc@avcatholic.org, (978) 26-4305 ext. 117

Finance & Operations Administrative Assistant:  
Judy Richardson  
judyr@avcatholic.org, 978 263-4305 ext. 119

Office Coordinator/Communications:  
Kaitie Duhamel  
kaitied@avcatholic.org, 978-263-4305 ext. 110

Liturgical Coordinator: Mary Ryan  
maryr@avcatholic.org, (978) 263-4305 ext. 135

Collaborative Rite of Christian Initiation of Adults  
("RCIA") Trina Toups trinat@avcatholic.org, (978) 263-4305 ext. 122

Alpha Coordinator: Bernice Higdon  
alpha@avcatholic.org, (978) 263-4305 ext. 124

Custodian: Daniel Farah  
daniel@avcatholic.org

St. Elizabeth's St. Vincent DePaul  
Conference of Acton/Boxborough: (978) 263-4305 ext.114

St. Isidore's St. Vincent De Paul  
Conference of Stow: (978) 263-4305 ext.121

## Thank You

Jesus Christ seeks to be in relationship with each and everyone one of us. To encounter Jesus is to experience his love in a meaningful and life transforming way. Your support of our parishes is a reflection of your faith that Jesus Christ is Lord, and your desire that our generation and following generations come to know this. Our faith in action is life changing for ourselves and for those who encounter us. Thank You for your continued engagement and support!

### CONTRIBUTIONS FOR PARISH SUPPORT ST. ELIZABETH

For the week ending 1/18/26

Cash & Check offertory \$ 6,721  
Electronic offertory (EFT & Online): \$ 9,419  
Total Parish Support \$ 16,140

St. Vincent de Paul collection: \$ 230

### CONTRIBUTIONS FOR PARISH SUPPORT ST. ISIDORE

For the week ending 1/18/26

Cash & Check offertory \$ 1,735  
Electronic offertory (EFT & Online): \$ 5,457  
Total Parish Support \$ 7,192

St. Vincent de Paul collection: \$ 4

Please note that only online donations to Saint Vincent de Paul are recorded. Cash left in the door boxes and checks made out directly to Saint Vincent de Paul are not included in our records.

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ATTORNEYS AT LAW

MARK L. SCHEIER  
[mscheier@skactonlaw.com](mailto:mscheier@skactonlaw.com)

REGINA H. BUCKLEY  
[rbuckley@skactonlaw.com](mailto:rbuckley@skactonlaw.com)

HEATHER L. DUMONT  
[hdumont@skactonlaw.com](mailto:hdumont@skactonlaw.com)

BARBARA J. EPSTEIN  
[bepstein@skactonlaw.com](mailto:bepstein@skactonlaw.com)

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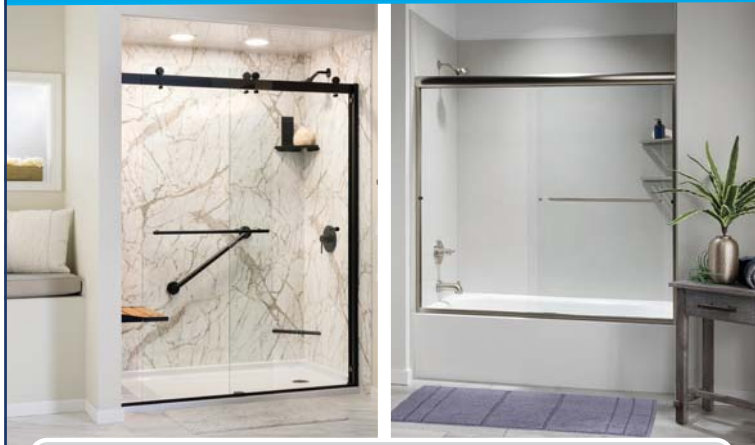
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