



GOOD NEWS MESSENGER

February 4, 2024



5TH SUNDAY IN ORDINARY TIME

So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee. - Mk 1:39

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

MASS

Sunday: 7:30 a.m./9 a.m.
10:30 a.m./Noon/6 p.m.
Saturday: 8 a.m./5 p.m.
Mon.-Fri.: 6:30 a.m./8 a.m.

CONFESSION

Saturdays: 4-4:45 p.m.
Wednesdays: 6-6:45 p.m.
Sundays: Before All Masses
By Appt: Call Fr. Keller or Fr. Buehler

CLERGY

Rev. Thomas Keller
Ext. 1202; kellert@assumptionstl.org
Rev. Raymond Buehler
Ext. 1205; buehlerr@assumptionstl.org
Deacon David Schaefer
Ext. 1254; schaeferd@assumptionstl.org
Deacon Michael Thompson
Ext. 1256; thompsonm@assumptionstl.org

CONNECT

Parish APP: myParish.com
Website: Assumptionstl.org
Facebook: [/assumptionparishstl](https://www.facebook.com/assumptionparishstl)
Twitter: [#AssumptionSTL](https://twitter.com/AssumptionSTL)
Instagram: [@assumptionstl](https://www.instagram.com/assumptionstl)
Phone: 314-487-7970
Fax: 314-892-5513
Livestream Mass: Assumptionlive.com
4725 Mattis Rd.
St. Louis, MO 63128

Keep in touch with us via email and text message with Flocknote!

Text assumptionstl to the number [84576](tel:84576) or visit us online at flocknote.com/assumptionstl

Text STOP to 84576 to stop text notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View full privacy policy & terms at flocknote.com/txt

Assumption Parish Mission

Our Mission:

- Worship God
- Share the Good News of Jesus
- Serve Christ in others

Our Vision:

- Continue the work of Jesus Christ

Our Goal:

Every parishioner – a saint!



Special Events

World Day of the Sick Sacraments & lite lunch	Feb. 12
Fish Fry	Feb. 16 & 23 Mar. 1, 8, 15, 22 & 29

Congratulations

Help us to
congratulate the
Knights of Columbus
Essay Award winners:
(Left to right)

CeCe Elmore
Megan Vautrain
Lauren Brandt



Knights who presented
the awards, Dan Haus
and Stan Buncher.

Registering at Assumption

<https://assumptionstl.org/online-registration>

Assumption Parish (Mattese) warmly welcomes you to our
family of Faith! I/We would like to register at Assumption:

Name: _____

Address: _____

Phone: _____

Zip Code: _____

Email: _____



*Please return this slip to the Parish Office (located in the Rectory) or drop
in the offertory basket, and we will be in touch soon to help you register here!
You may also visit the office Monday-Friday, between 8:30 a.m. and 4:30*

Stewardship

January 22 – January 28

#AssumptionTogether	\$370.00
All Saints' Day	\$20.00
Church in Central & Eastern Europe	\$10.00
Easter	\$20.00
Fill The Gap-Parish School	\$10.00
Formation of Permanent Deacons	\$20.00
General Fund	\$23,806.10
Lifeline Coalition	\$135.00
Maintenance	\$25.00
Memorial Donation	\$30.00
Partners in Education	\$587.00
Solemnity of Mary	\$22.00
St. Louis Review	\$406.00
St. Vincent de Paul	\$807.00
Tithe for the Poor	\$200.00
	\$26, 251.10

Mass Intentions †	
Feb 4	Sunday
7:30 a.m.	Linda DeClue †
9:00 a.m.	Robert Roux †
10:30 a.m.	Kathleen Bierman †
noon	Susan Noonan †
6:00 p.m.	People of the Parish
Feb 5	Monday
6:30 a.m.	Kaitlyn Hogue
8:00 a.m.	Joseph Gudiswitz †
Feb 6	Tuesday
6:30 a.m.	Kristi Donovan
8:00 a.m.	Dell Massey †
Feb 7	Wednesday
6:30 a.m.	Cathleen Heitmann †
8:00 a.m.	Kenneth Lange †
Feb 8	Thursday
6:30 a.m.	Helen Bell †
8:00 a.m.	Vi & Al Camenzind †
Feb 9	Friday
6:30 a.m.	Bill Kelly
8:00 a.m.	Tony Ternak †
Feb 10	Saturday
8:00 a.m.	Veronica Furey †
5:00 p.m.	People of the Parish
Feb 11	Sunday
7:30 a.m.	Linda DeClue †
9:00 a.m.	Arthur Schaefer †
10:30 a.m.	Rosemarie Bergholtz †
noon	Katie Eason †
6:00 p.m.	Edward & Ruth Pfaff †
	† denotes deceased

In Our Prayers
Mary Ann Wheatley
Julie White
Olive Wilke
Pat Williamson
Edward Wohlstadter
Eric Wolf
Sheri Oldani Zambruski
Anna Zuellig
Joshua Allen
Josefina Antenor
Michael B.
Clarence Bailey
Jinny Bailey
OUR MILITARY <i>*denotes parishioner</i>
Justin Lock, USA
Fr. David Miloscia, USN
Stephen Miloscia, USN
Ryan Nardin
Todd Nicely, USMC*
Ryan O'Neil, USA
Jordan Osmack
Daniel Parker, USA
Michael Rapp, USN
Derek Ryan
Timothy Scott, USMC
Todd Smick, USN
Aaron Staryak

† Usual contributions for Mass offerings are \$10. Please stop by the Parish Office to arrange to have a Mass offered.

Weekly Readings
For the week of 2/4:
Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 (see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39
Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56
Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13
Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23
Thursday: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/Mk 7:24-30
Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/Mk 7:31-37
Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22/Mk 8:1-10
Next Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor 10:31—11:1/Mk 1:40-45

Deceased
Richard Geringer

Palms Collection
We are collecting old Palms for Ash Wednesday. Baskets can be found in the back of church until February 11th.



Pastor's Column

Fr. Thomas Keller

Lent is only 10 days away! Assumption's Fish Fry is only 12 days away!!!

Ash Wednesday is also on St. Valentine's Day. Take your date to Mass before a meat-free dinner entrée at the fancy restaurant of your choice. It is never a holy day of obligation; however, Catholics usually attend Holy Mass that day and receive the blessed ashes as a sign of interior repentance. Remember it is a day of fasting!

You might want to consider some opportunities for spiritual growth over Lent. But instead of waiting for the last minute, think about it now. Decide on something that will be truly beneficial.

Here's some options:

Prayer: Dedicate time each day for prayer, seeking a closer relationship with God. Reflect on your blessings and challenges and open your heart to God's guidance. Pray the Rosary daily or set aside some time every day for quiet prayer.

Fasting: Identify areas in your life where you can practice self-discipline. Whether it is abstaining from certain foods, habits, or distractions, fasting allows us to refocus on what truly matters. **Ash Wednesday, all Fridays of Lent and Good Friday are days of abstinence (refraining from meat) for all Catholics from age 14 onwards. On Ash Wednesday and Good Friday, these two days, fast, as well as abstinence is also obligatory for those from the ages of 18-59. Abstinence means refraining from meat. Fast means one full meal a day, with two smaller meals and nothing between meals (liquids are permitted). No**

Catholic will lightly excuse himself or herself from this obligation. A great idea for fish on Friday is the Assumption Fish Fry from 4:30 p.m. to 7 p.m.! It's America's favorite Fish Fry.

Almsgiving: Embrace the spirit of generosity by helping those in need. Consider contributing to charitable causes like our St. Vincent de Paul Society. Each year we host a "Lenten Challenge" where parishioners bring in different items each week. This year the challenge will support Our Lady's Inn.

Scripture Reading: Immerse yourself in the teachings of the Bible. Choose a passage or theme to meditate on throughout Lent, allowing God's word to guide and inspire you. Or read one of the four Gospels slowly taking time each day to consider another episode in Jesus' life. I recommend starting with the Gospel according to Matthew.

Sacrament of Penance: Take advantage of confession to reconcile with God through humility and forgiveness. Experience the healing grace that comes from this sacrament.

Daily Mass: Consider attending daily Mass. We have a special schedule during Lent. Spend some time each day with Jesus and be strengthened by His grace.

Stations of the Cross: Stations of the Cross help us to reflect on the Lord's Passion and Death.

Eucharistic Adoration: Spend some time with Jesus in silent prayer in our Adoration Chapel. The chapel is always open for prayer. Sign up for one hour of prayer a week. We have many hours that are open, and we desperately need parishioners who are committed to prayer to sign up.

God bless,
Fr. Keller



LENTEN OPPORTUNITIES

Ash Wednesday: February 14, “Blessing and distribution of ashes” at all Masses, 6:30 a.m., 8:00 a.m., Noon, 5:30 p.m. and 7:00 p.m.

Lenten Weekdays: Masses Monday-Friday at 6:30 a.m., 8:00 a.m., and 5:30 p.m., Saturdays at 8:00 a.m.

Sundays of Lent: “Lenten Challenge” supporting Our Lady’s Inn.

1st Sunday of Lent, February 18, Bottled Water, Single serve juice

2nd Sunday of Lent, February 25, Baby bottles (plastic) Baby toys, Pacifier

3rd Sunday of Lent, March 3, Baby food/Enfamil formula

4th Sunday of Lent, March 10, Dreft/HE laundry detergent (no bleach)

5th Sunday of Lent, March 17, Toddler bedding/towels

Palm Sunday, March 24, Batteries- all sizes AAA-9V, Kids activity books

Mondays of Lent: “Life in the Spirit Seminar” sponsored by the Archdiocesan Catholic Renewal Center, February 19-March 18 at 7:00 p.m. in the Church Lower Level.

Fridays of Lent: Fish Fry from 4:30-7:00 p.m. - see assumptionfishfry.org and Stations of the Cross at 2:15 p.m. and 7:00 p.m.

Confessions: Wednesdays with Eucharistic Adoration from 6:00-7:00 p.m., Saturday from 4:00-4:45 p.m., Sundays 15 minutes before all Masses. A special Penance Service with additional confessors on March 13 from 6:00-7:00 p.m.

Public Rosary: Monday-Saturday 8:30 a.m. Saturday 4:30 p.m. Fatima Rosary Tuesdays at 6:00 p.m.

Parish Mission with Caitlyn Sextro: March 12, 13, and 14 at 7:00 p.m. Babysitting available.

Feast of St. Joseph: March 19, “Blessing of St. Joseph Bread” after 6:30 p.m., 8:00 a.m. and 5:30 p.m. Masses.

Palm Sunday: March 23/24, “Blessing and distribution of Palms” at all Masses, 5:00 p.m., 7:30 a.m., 9:00 a.m., 10:30 a.m., Noon, and 6:00 p.m.

Holy Thursday: March 28, the “Mass of the Lord’s Supper” at 7:00 p.m. Adoration at the Altar of Repose from 8:00 p.m.-Midnight.

Good Friday: March 29, Stations of the Cross at Noon, Confessions, and Tre Ore Reflections from Noon-3:00 p.m., Fish Fry from 4:30-7:00 p.m., the “Celebration of the Lord’s Passion” at 7:00 p.m.

Holy Saturday: March 30, the Easter Vigil at 8:00 p.m.

Easter Sunday: March 31, Masses at 7:30, 9:00, 10:30 a.m., and Noon.

ASSUMPTION Lenten Challenge 2024

Each week during Lent, items will be collected and donated to our selected charity:



February 17 & 18
Bottled Water,
Single serve juice

Feb 24 & 25
Baby bottles
(plastic)
Baby toys, Pacifier

March 2 & 3
Baby
food/Enfamil
formula

March 9 & 10
Dreft/HE
laundry detergent
(no bleach)

March 16 & 17
Toddler
bedding/towels

March 23 & 24
(Palm Sunday)
Batteries- all sizes
AAA-9V,
Kids activity books

All items should be dropped off by the baptismal font near the front of church.
**THANK YOU
FOR YOUR
GENEROSITY!**

Catholic Schools Week Kicked Off With Brown Scapular

Last Week Assumption school celebrated Catholic Schools Week. Our own Dani Meyer and Pete Buncher lead praise and worship for the school kids. Enrollment in the brown scapular took place for second graders and those new to our school. Congratulations!





Assumption Catholic Church is selling \$5 tickets in our NEW progressive Queen of Hearts E-Raffle.

Please support Assumption by purchasing tickets and sharing the information with family, friends and business associates asking for their support.

The Queen of Hearts is a weekly drawing. If the Queen of Hearts card is not selected the JACKPOT carries over (progressive). However, to be eligible for the next drawing, NEW TICKETS MUST BE PURCHASED for each weekly drawing.

Our first drawing will be Friday, February 16, 2024 at 5:00 p.m. The winner does NOT need to be present to win.

Tickets are \$5, or BUY 5 Tickets and receive 1 Ticket FREE!

Purchase tickets at the link below or by scanning the QR code.

goraisedough.com/buy/2160



If your ticket is drawn and **your winning card is the Queen of Hearts, you will win 50% of the Jackpot** and the raffle will end.

All Raffle Winners will be contacted by Assumption Catholic Church within 15 business days of the drawing.

Prizes for other cards

- Joker Card pays \$250
- All Face Cards pays \$50
- Numbered Cards pays \$25



Raffle Rules:
goraisedough.com/rulesraffle2160rules.html

Our Lady Help of Christians Adoration Chapel

Christ is waiting to share an hour of his intimate presence with you each week!

Continual Exposition of The Blessed Sacrament would be impossible without faithful, committed adorers.

Will you make a commitment?

The hours of greatest need are:

Sunday

- 4:00 a.m.
- 1:00 p.m.
- 3:00 p.m.
- 4:00 p.m.

Monday

- 2:00 a.m.
- 11:00 p.m.

Tuesday

- 12:00 a.m.
- 5:00 a.m.
- 2:00 p.m.
- 3:00 p.m.

Wednesday

- 9:00 pm

Thursday

- 11:00 a.m.

Friday

- 2:00 p.m.
- 9:00 p.m.

Saturday

- 12:00 p.m. (noon)
- 1:00 p.m.

Adoration Intent Cards are available in the pews. Please return your completed card in the collection basket or to the parish office.

Questions? Visit the information table in the church basement during Donut Sunday or contact Deacon David at 314-487-7970 x1254.

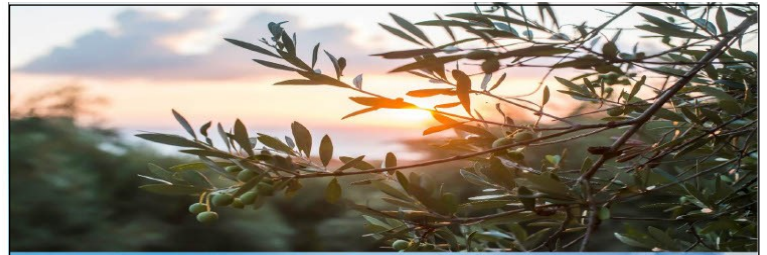
Anointing of Sick Prayer Service & Luncheon

February 12th is “World Day of the Sick”, an observation started by Pope John Paul II as a way for believers to offer prayers for those suffering from illnesses. All Seniors, as well as others who are in need of physical or spiritual healing are invited.

11:00 a.m. - Rosary & Confession
11:30 a.m. - Sacrament of Anointing of the Sick & Reception of Holy Communion
12:00 p.m. - Lunch and fellowship church lower level

All are welcome including caregivers. Make a reservation at 314-487-7970 x1228. Need a ride? Go to assumptionstl.org/shuttle or contact our Transportation Coordinator, Judy Talleur, by calling 314-487-7970 x1228 or email shuttle-bus@assumptionstl.org

Questions? Contact Deacon David at 314-487-7970 x1254.



Peace Be With You

HOW CAN WE, AS CHURCH, RESPOND TO THE MENTAL HEALTH CRISIS FACING OUR REGION?

Please join us for an evening of prayer, information, and discussion on:

February 6th, 2024 at 6:30 PM
Knights of Columbus Hall
316 N. Adams St.
Festus, Mo. 63028

Our Panelists include:

Fr. Mike Lydon, Episcopal Vicar for the Southern Vicariate-Pastoral Theology
Amy Maus, Assistant Director at West County Psychological Associates
Phillip Hutsler, Director of Outpatient Services at Queen of Peace Center
Nancy McCarthy, Former Director of Mo. Probation and Parole
Deacon Mark Byington, Criminal Justice Professor at Jefferson College

If possible, please RSVP before the event to Debbie Koeller
314-502-0340/dkoeller@ccstl.org



REGISTRATION OPENS 2/15

assumptionstl.org/camp-assumption

Raising Our Catholic Kids



JOIN US!
FOLLOWING 9AM MASS
Sunday 2/18

Enjoy donuts and fellowship with family friendly Lenten activities in the church lower level. Reservations are not required but appreciated to plan for food and supplies. If you have any questions, please contact the AELC Director Ms. Andrea at boesera@assumptionstl.org



LIFE IN THE SPIRIT SEMINAR

Come find peace in The Lord, seek the power of the Holy Spirit that Jesus desires for us.

When: 5 Mondays starting 2/19 - 3/18

Time: 6:30 - 8:30 p.m.

Where: Assumption Mattese Church lower level



REGISTER NOW!



Week 1: God's Love - Salvation
(we are covering two sessions, so God's love is also included with Salvation)

Week 2: New Life
Week 3: Receiving God's Gift
Week 4: Baptism in the Holy Spirit
Week 5: Growth - Transformation

Need help registering? Contact Rita Baughman rita.baughmanofs@gmail.com 314-416-4274. Questions? Contact Jean Schlueter jeanschlueter@sbcglobal.net

ARCHSTL.ORG/CATHOLIC-RENEWAL-CENTER/MINISTRIES-AND-SEMINARS/LIFE-IN-THE-SPIRIT-SEMINARS



Senior Ministry Upcoming Events!

February 5	10:30 a.m.	SoulCore
February 6	10:30 a.m.	Ladies Scripture Study
February 6	1:00 p.m.	Dominoes
February 13	10:30 a.m.	Ladies Scripture Study
February 13	1:00 p.m.	Cards
February 19	12:00 p.m.	Speaker Series
February 20	10:30 a.m.	Ladies Scripture Study
February 20	1:00 p.m.	Dominoes
February 26	10:30 a.m.	SoulCore
February 27	10:30 a.m.	Ladies Scripture Study

Questions? Please contact...
Dominoes: Marilyn Hogenmiller 314-894-8194
Cards: Ron Reiter 314-347-5881

Registration Open

Totus Tuus Summer Camp

JUNE 17-21

Register online:
assumptionstl.org/totus-tuus

9 AM-3PM
Open to Grades 1-6




Ladies of the Little Flower

The Ladies of the Little Flower will meet on Monday, February 12th in the church lower level. The meeting starts 1:00 p.m. We will have our meeting and then play a trivia game. We will also be handing out a list of items needed for Angel Arms.

Questions? Contact Robbie Hesse 314-229-1202

Contact Us

CLERGY		314-487-7970
Reverend Thomas Keller Pastor	Ext. 1202	kellert@assumptionstl.org
Reverend Raymond Buehler Senior Associate Pastor	Ext. 1205	buehlerr@assumptionstl.org
Deacon David Schaefer	Ext. 1254	schaeferd@assumptionstl.org
Deacon Michael Thompson	Ext. 1256	thompsonm@assumptionstl.org
PARISH STAFF		314-487-7970
Mrs. Michelle Foster Receptionist	Ext. 1215	fosterm@assumptionstl.org
Mrs. Lauren Hankins Digital Communications Specialist	Ext. 1203	hankinsl@assumptionstl.org
Miss Shari Heitmann Office Manager	Ext. 1232	heitmanns@assumptionstl.org
Miss Dani Meyer Director of Youth Ministry	Ext. 1233	meyerd@assumptionstl.org
Mrs. Nancy Pyle Music Director	Ext. 1229	pylen@assumptionstl.org
Deacon Jim Sigillito Director of Operations & Finance	Ext. 1235	sigillitoj@assumptionstl.org
Mr. Matt Yates Maintenance Coordinator	Ext. 2235	yatesm@assumptionstl.org
PARISH and SCHOOL EDUCATION STAFF		314-487-6520
Ms. Andrea Boeser Assumption Early Learning Center Director	Ext. 1227	boesera@assumptionstl.org
Miss Valerie Stringer Director of Elementary Religious Education	Ext. 2218	stringerv@assumptionstl.org
Mrs. Jennifer Sykora School Principal	Ext. 2121	sykoraj@assumptionstl.org

Good News Messenger

Issue **Deadline (4 p.m.)**

February 11 February 1

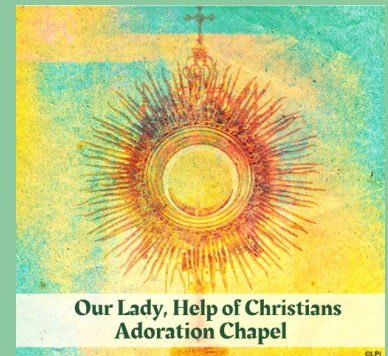
February 18 February 8

February 25 February 15

- Please go to www.assumptionstl.org/bulletin-submissions and submit an online form to request event promotion and/or book a room
- PDF files cannot be used
- .jpg files required for any photos/graphics

Questions or comments?

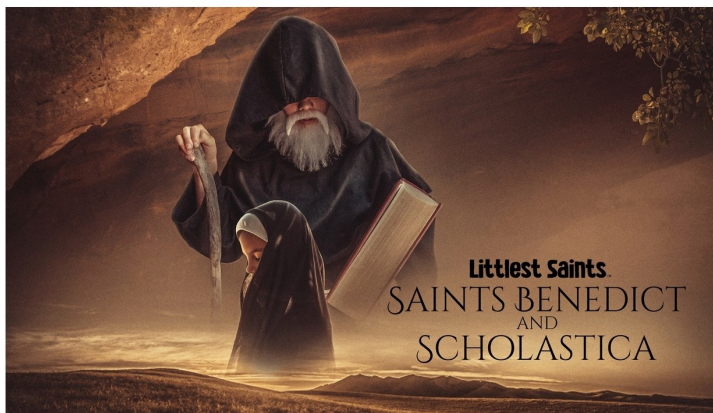
newsletter@assumptionstl.org



**Our Lady, Help of Christians
Adoration Chapel**

Open 24/7! Contact the Parish
Office for the keycode.

**The Society of
St. Vincent de Paul Hotline:
314-289-6101, ext. 2227**



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Our parish has a FORMED subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the FORMED app to your phone.



An offering from the AUGUSTINE INSTITUTE and ignatius press