

CWL News & Views



Care for our

Common Home



**Our Lady of the Atonement
Catholic Women's League of Canada
Spring 2019**

A message from our Spiritual Adviser Fr. Rob Rocheleau



Dear friends:

We have begun the Lenten Season and with it, the call to embrace the call to holiness. Each year we are offered opportunities during these 40 days to stop and reflect on the state of our discipleship. Upon reflection and with the Lord's help, we make the necessary adjustments and move on! Traditionally we focus on prayer, fasting and almsgiving. These penitential practices have as their purpose encouraging us to better ourselves. During Lent I encourage you to take advantage of daily prayer, with a special focus on Friday and the spending of sometime in church before the Blessed Sacrament. This can be a powerful moment of grace.

Lent also offers us plenty of opportunity to celebrate the Sacrament of Reconciliation where we humbly admit our failings and entreat the Lord for mercy and forgiveness. Indeed the Lord is kind and merciful.

Take advantage of our opportunities to learn about conversion with our DVD series. We will offer it Tuesdays at 6:30 pm before mass and Wednesdays at 9:30 am before mass. Bishop Robert Barron of Word on Fire is the presenter and he will offer us plenty of biblical inspiration to help us learn more about the process of conversion.

All this will help us to prepare our hearts in time for Easter and the new life we will experience in the Resurrection.

As you know, these are challenging times and times of change. July will bring with it a whole new way of seeing ourselves as disciples. Belonging to a family of Parishes means we have opportunities to meet other disciples and find new ways of working together with all the groups of the parishes to spread the Gospel. Pray to the Holy Spirit for encouragement and wisdom as we embrace this new way of life.

Happy Lent and many blessings to all of us.

Fr. Rob

Lenten Reflection - From FASTING to FEASTING-
(For everyday living throughout the year)

Fast from judging others, **feast on seeing the best in people**

Fast from discontent, **feast on gratitude**

Fast from self-concern, **feast on compassion for others**

Fast from words that destroy, **feast on phrases that are encouraging**

Fast from bitterness, **feast on forgiveness**

Fast from hostility, **feast on peacemaking**

Fast from complaining, **feast on appreciation**

Introducing Penny Craig, President 2019 - 2020

Born and brought up in Ottawa Ontario. Married to the late William for 55 years. 2 sons and three grandchildren, and soon to be a great grandmother in May.

Background career is in nursing, graduated from the University of Windsor with BScN, and MA in Religious Studies and granted an honorary doctorate from Assumption University.

Retired Assistant Executive Director from the Hospice of Windsor and Essex county Inc. currently working on a consultant basis, as well as being a volunteer.

Currently a Scouter with Scouts Canada since 1974; began right here in Forest Glade.

A member of the Society of Saint Vincent de Paul Our Lady of the Atonement Conference since 1982. Currently, the immediate past president of the National Council of Canada; secretary of the Windsor Essex Central Council and member of the Our Lady of the Atonement Conference.

Member of the Therapeutic Touch Network of Ontario – Recognized teacher and practitioner.

Parish Membership: Have been an original member of the Parish of Atonement since it began in 1970. Involved with Baptismal Ministry at the time; member of the choir – playing guitar for the then ‘folk choir’ and subsequent adult choir since 1978 until retirement after 28 years. Served as lector, and currently serving Welcome Desk, Eucharist Minister; Usher.

CWL: Joined CWL Our Lady of the Atonement Council in 1993. Reasons for joining were basically to further the intentions of our faith as Catholic Women and promote the spirituality both within my being and assist other women in their journey to holiness as well. It is life-giving to be with like minded women who work for justice and faith while at the same time helping each other to become more of they are.

What I like about my membership is that I have learned to enjoy working with spirit-filled and spirit-led women who work toward a common goal of doing what they can for each other, the church and the parishioners of parishes with whom we have the pleasure of coming into contact. I have benefitted from the vast array of experiences of such dedicated women and basically enlarging my angle of view regarding so many issues affecting not only women, but the broader community in life, health and general family well being. All of which assist us to live out our faith through action/s and simply words.

As President, I am looking forward to the continued life-giving experience that exists currently in our council. I am hoping that I can continue to inspire my sisters in the same way that presidents that have gone before me have done. I am looking forward to seeing and working also with the larger community of Catholic Women’s League at the regional, diocesan and provincial levels. I hope to ensure ongoing collaboration with other colleagues such as Father Rocheleau, the Knights of Columbus, the Society of Saint Vincent de Paul, the parish council and of course our dear office staff.

My goals as president are to enhance the current administration of our council by making profoundly simple things, simply profound and meaningful for both young and older members -thereby encouraging our younger parish members to join as well as nourish and encourage our older members to remain dedicated. But most of all continue to find and enhance ways to have loads of fun being and working with each other while at the same time accomplishing what needs to be done!

Peace Love and Joy to all.





**The Catholic Women's League of
Canada**

Our Lady of the Atonement, Windsor

Spring 2019



**Care for our
Common Home**

"Care for our Common Home – Educate, Engage, Empower"

2019 Membership

A sincere thank you to all our members who have renewed their annual dues for 2019. There are still a few members who have not renewed and we encourage everyone to renew their membership in the largest Catholic Organization for women in Canada. We invite all women of our parish to consider a membership in the largest Catholic group of women in Canada.

All current CWL members should have recently received in the mail the winter edition of the National Council's Magazine titled "The Canadian League". It has many interesting articles, submitted by the National Council Executive members. If you have not received your copy please contact Deanna Leveque (519 979 0637) and she will investigate why. Thanks you.

We would like to ensure our record of years of service for all of our CWL members is correct. If you were a CWL member of another parish prior to becoming a member here at Our Lady of the Atonement and have not given us the number of years of prior membership, your record will only show the number of years served in our council. So please let us know.

We have honoured the following members with a gift membership for 2019 as they celebrated these significant milestones in 2018.

80th Birthday	Joanne Fortier	Mary Bellemore	Beda Willie	Diane Eid
	Marcella Bonner	Loris Mills	Regine Yorke	

85th Birthday	Hannchen Latkovskis	Millie Labaty	Bernadette Marier
---------------------------------	----------------------------	----------------------	--------------------------

50th Wedding Anniversary	Pam Meunier	Connie Stramacchia
	Jennifer Wright	Gloria Campbell

60th Wedding Anniversary	Dorothy Clement
--	------------------------

Congratulations and our very best wishes and prayers for many happy years ahead.

A very special welcome to the following new members of the CWL -:

Mary Ann Bushey

Ann Pellerin

We hope you find fun, fellowship and fulfillment as a CWL member

A reminder that if you know of any member who is -

- Celebrating their 80th, 85th, 90th 95th 100th Birthday
- Celebrating their 50th, 60th, 65th 70th 75th Wedding Anniversary
- In a Nursing Home
- Newly Married

Please let a member of the Executive know so we can honour them with a gift membership for 2020.

With Sincere Sympathy

We offered our sincere sympathy and prayers to the families of two Catholic Women's League member who died during the last six months. We will keep their memory as a CWL member in our Parish Book of Life.

Maureen Gervais

Andree Hallee

Many members have experienced the loss of a close family member also. Please know that our thoughts and prayers are with you at this time.

Lynn Cabagay – mother

Gloria Campbell – mother

Bernadette Chittle – nephew

Verna DeCoteau – husband, sister

Penny Craig – husband

Judy Haslam- sister in law

Taunia Phillips – father in law

Helen Pleau – brother in law

Cathy Wilber – father in law

Jennifer Wright – father in law

Connie Strammachia – brother in law

May the Souls of the Faithful Departed, Rest in Peace

We apologize if we have missed the recent loss of your loved ones. Please contact us and we will include them in the next newsletter. Call Caroline at 519 735 4223

The CWL has a long tradition of offering support to the families of members who have died. With approval of the family, our members can be involved in the prayers at the funeral home, as altar servers, lectors, choir members and Honour Guard at the funeral mass in the church. Please let your family know of your membership in the Catholic Women's League. We also can provide a nourishing hot meal to family members after all funerals held in the church.

Results of Income and Expenses for 2018

<u>Net Income (after expenditures)</u>	<u>BUDGET 2018</u>	<u>Actual Results 2018</u>
2017 Surplus funds needed to balance budget	\$ 3,160.00	
Garage Sale	\$ 3,500.00	\$ 2,675.00
Harvest Bazaar/Fruit Pies	\$ 3,500.00	\$ 3,680.00
Meat Pies	\$ 6,500.00	\$ 5,182.00
50/50	\$ 200.00	\$ 248.00
Chicken Pot Pies	\$ 5,500.00	\$ 5,166.00
Cards/donations		\$ 883.00
GIC matured + interest		\$ 4,022.00
Total Net Income	\$ 22,360.00	\$ 21,856.00
Expenditures - Charitable Donations - Parish CWL Council	\$ 3,500.00	\$ 2,390.00
St. Vincent de Paul	\$ 2,850.00	\$ 2,850.00
Diocesan/Provincial/National	\$ 1,000.00	\$ 916.00
Education Bursary	\$ 1,000.00	\$ 500.00
Spiritual - Masses	\$ 100.00	\$ 80.00
CWL Retreat Day	\$ 600.00	\$ 660.00
Christian Family Life - Receptions/Brochures/Medals etc	\$ 150.00	\$ 839.00
Christmas Families	\$ 1,500.00	\$ 1,250.00
Support for schools(Snack program & Gr 8 gift)	\$ 1,600.00	\$ 1,600.00
Gifts	\$ 250.00	\$ 250.00
Community Life	\$ 400.00	\$ 193.00
Social/Hospitality (includes \$2,000 for 25th Anniversary)	\$ 2,250.00	\$ 2,502.00
Supplies - paper, postage, photocopying etc.	\$ 1,000.00	\$ 1,232.00
Corresponding Secretary - cards/paper	\$ 50.00	\$ 238.00
League Development/Windsor Regional Fee	\$ 150.00	\$ -
CWL Diocesan Convention	\$ 2,000.00	\$ 1,823.00
Subscriptions - League Lingo/Trillium News	\$ 30.00	\$ -
Advertising	\$ 230.00	\$ 224.00
Parish Projects-coffee makers;prayer shawl	\$ 2,500.00	\$ 2,500.00
Payment to Parish for use of Hall &Kitchen	\$ 1,000.00	\$ 1,000.00
Miscellaneous -	\$ 200.00	\$ 89.00
Total Expenditures	\$ 22,360.00	\$ 21,136.00



Spring and Summer CWL Activities and Programs -:

- ❖ **2019 Annual London Diocesan CWL Convention – To be held in Windsor at the St Clair Centre for the Arts from Monday April 29 – Wednesday May 1st 2019.**

We encourage our members to seriously consider attending the 2019 Diocesan Convention to be held in our community - there will be good speakers, uplifting spiritual programs and masses and fellowship with CWL women throughout the Diocese and it is being held in Windsor.

Our CWL council together with Good Shepherd, Essex, is responsible for providing hospitality to the delegates from the Diocese. We will greet the women on arrival, be available to assist in directing people to the Business rooms in St Clair College and assist in handing out material during the business session. If you are interested in helping us during the Convention, please contact Penny Craig 519 727 4784 or Caroline Ngui 519 735 4223 for more information and registration forms.

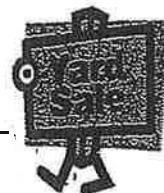
- ❖ **St Vincent De Paul Clothing Drive after all the masses the weekend of March 29/30th 2019**
The SSVP of Windsor and Essex County is in dire need of clothing and the Society truck will be our parking lot after both Masses to accept your generous donations of clothing. This is an excellent opportunity to purge your house of any unnecessary clothing cluttering up your cupboards and drawers.

- ❖ **May General Meeting and Crowning of Mary – Thursday May 9th 2019** in St Francis Hall.

- ❖ **CWL Indoor Yard and Bale Sale – Friday May 24th and Saturday May 25th 2019.**

- To be held on Friday May 24th from 3.00 – 6.00pm and Saturday May 25th from 9.00am – 1.00pm in the Atonement Family Centre.

Please save your gently used items including jewelry, books and small furniture in good condition. Please no computers or TV's. We will also be asking our members and friends to contribute homemade baked goods. Items can be brought to the Family Centre beginning Tuesday May 21st 2019. Please watch the bulletin for more information.



- ❖ **Windsor Essex County Right to Life Mother's Day Walk and Silent Vigil - Sunday May 12th**
from 2.30 – 4.00pm at Immaculate Heart Church Hall, 2153 Parkwood Ave. Windsor

- ❖ **St Vincent De Paul Annual Sleep Walk – Saturday May 25th 2019**

Beginning at Assumption Church at 8.00am. Pledge forms will be available from Bernie Amlin and members of the Parish St Vincent De Paul Society

- ❖ **CWL Day of Reflection at Holy Family Retreat House, Oxley – Thursday June 20th 2019**

We invite all women to come to Holy Family Retreat House and spend a day of prayer and reflection with our facilitator, Sister Yvonne Parent, from 9.30am – 3.00pm. we will car pool from the church, cost is \$15.00 for lunch. We invite all women from our Family of Parishes to attend. More information to follow.

- ❖ **Our Family of Parishes Day at Our Lady's Shrine, Merlin Ontario – August 22nd 2019**



Prayer for Lent

Compassionate Father, we are called to return to you with our 'whole heart' this season. But our pride is often an obstacle. We don't want to admit that we have strayed from your ways, that we need to repent as we are urged to do. Through reflection and prayer this holy season, may we open our hearts to the mercy you are offering us. Help us in our weakness to trust in you. May we hear your voice and know that you are calling us out of love. Amen

Rejoice



Easter

Blessings

He is Risen

Miscellaneous News from our Council

- Fr Rob installed Penny Craig as President of the CWL for 2019 -2020 at our January General meeting. He gave us a blessing and thanked everyone for our support given to him and the Parish. He spoke about the importance of team work and discipleship. We are to affirm each other and not discourage. 'To those who have been given much – much will be demanded'
- We congratulate Fr. Rob on his appointment as Pastor and Fr. Daniel Bombardier as Associate Pastor of our Family of Parishes effective July 2nd 2019. Exciting changing times ahead!!
- Sister Yvonne continues to give us inspiring Spiritual messages at our general meeting, this year she plans to focus on the spirituality of Music at every meeting. She encourages us to sing and use our hymns as a means of prayer. Come and join us on the 2nd Thursday of the month. Thank you, Sister, for your spiritual support.
- At the January general meeting, Amanda Pearce, the Anti Human Trafficking Project Coordinator of the Legal Assistance of Windsor, spoke eloquently to the members about the growth of Human Trafficking in Windsor and Essex County. The Project, WEFIGHT, seeks to engage our community to end Human Trafficking. She certainly raised the awareness of those present to the scope of the issue and the support given to survivors of Human Trafficking.
- Once again, grateful thanks to Maria Adam and the Giving Tree Committee for another successful Giving Tree during Advent 2018. The parishioners responded with generous monetary donations and gifts for those in need in our community. Thank you.
- **Chicken Pot Pies** are available for sale from the Parish office during regular office hours Tuesday to Friday 9.00am – 4.00pm. many thanks to the great team of dedicated women who gather on Tuesday mornings to make the chicken pies. They are very popular and sell well. No pies will be made during Lent due to the Knights of Columbus Fish Dinners.
- Thanks to all who supported the recent **Baby Shower** for Birthright and Our Lady of Guadalupe Home. Thanks to Mary Berthiaume for coordinating the event for our CWL.
- Thanks to the members who attended the World Day of Prayer Service, March 1st 2019 at St Anne's Church Tecumseh. Next year, the service will be prepared by the women of Zimbabwe
- Please support the Development and Peace Share Lent Campaign during Lent. The situation of the world's poor is not improving and needs our support. This year's campaign is "Share the Journey" and focusses on the increase worldwide of refugees and their plight.
- For more information about the CWL in Canada please visit the following websites-

Canadian National CWL Council:	www.cwl.ca
Ontario Provincial CWL Council:	www.cwl.on.ca
London Diocesan CWL Council:	www.cwllondon.ca
Our Lady of the Atonement Parish:	www.atonement.dol.ca





Fall, 2018

Facts and Myths About Refugees in Canada
May 21, 2018 Human Rights, Refugee Law

Misinformation and False Facts About Immigration in Canada

As long as violence and conflict persist throughout the world and populations are subjected to violence and persecution, refugees will look to other countries such as Canada as a safe haven and home. Canada's history of welcoming and supporting refugees from around the world spans decades.

But the recent influx of refugees making news headlines, coupled with how quickly information and misinformation can spread via social media, has perpetuated several myths about refugees throughout Canada. These myths support bias and prejudice and contribute to ongoing anti-refugee sentiment.

While determining the accuracy of a headline may seem like a straightforward process, refugee lawyers and advocates often have an uphill battle pushing back against misinformation. Here are some of the most common myths about refugee rights and admittance to Canada and the truth behind them.

5 Myths and The Facts Behind Them

Myth: Refugees Get More Financial Aid than Canadian Pensioners | Fact: Refugees Receive Minimal Financial Support

Government-sponsored refugees receive minimal financial support (if any) during their first year in Canada for basic food and shelter costs. In fact, in Ontario, an individual refugee may receive \$781 per month, in addition to a one-time allowance payment of \$905 and a \$564 loan for housing rental and telephone line deposits.

Privately-sponsored refugees do not receive any support from the government when they arrive. It is up to their sponsors to cover their living costs until they can find employment or other sources of assistance.

Financial assistance for any refugee is not more than social assistance for Canadians.

Myth: Asylum Seekers Jump the Queue | Fact: Refugee Claims Do NOT Affect Other Immigration Applications

Under international law, refugees fleeing violence and persecution have a right to seek asylum in another country. And this application process is handled within a different stream of Canada's immigration system. As such, refugee claims do not interfere with other types of immigration applications.

Myth: Criminals Pose as Refugees to Enter Canada | Fact: Entering Canada as a Refugee is Difficult Due to Intense Security Scrutiny

Refugees undergo strict background checks and security screenings before their claims are processed. If any claimant poses a security risk, has a serious criminal background, has participated in organized crime, or has committed a human rights violation, they can be detained and not admitted to Canada.

The Canadian Security Intelligence Service (CSIS) checks all refugee claimants once they arrive in Canada. In fact, entering Canada as a refugee is far more difficult than as a visitor due to the number of security checks and lengthy and detailed interview process. The number of claimants who pose any sort of threat or security concern is statistically insignificant.

Myth: Refugees and Immigrants Contribute to Higher Crime Rates | Fact: Immigrants and Refugees Commit Fewer Crimes than Native-Born Canadians

Immigrants and refugees commit fewer crimes than other Canadians and are underrepresented in Canadian prisons. Just like any other population, there will always be a few who engage in criminal activity, but most people are law-abiding.

Furthermore, compared to other nations, Canada still has a remarkably small number of refugees per capita, according to a 2015 study. This United Nations High Commission for Refugees study found that Canada was home to around 4 refugees per 1,000 people.

Myth: Refugees Are a Burden on the Canadian Economy | Fact: Refugees and Immigration Actually Help the Economy

With Canada's low birth rate and aging population, immigrants and refugees help keep the economy stable by contributing to the declining workforce and economy. In fact, refugees who become entrepreneurs actually help create job opportunities in Canada.

What's more, refugees do not take jobs from Canadian citizens. Refugees and immigrants contribute to the size of Canada's working population and tax base in a big way, and the children of immigrants and refugees tend to outperform those of "natural-born" Canadians, academically and professionally.

Why It's So Important to Dispel These Myths

These myths are harmful to Canadian society. Compared to some other countries, Canada is fairly tolerant and values diversity. But if more people believe the myths they read online, then more people could develop an unfounded bias toward refugees in Canada.



WEFIGHT.CA

Engaging our Community to END Human Trafficking in Windsor/Essex

'Human Trafficking is the recruitment, transportation, transfer, harbouring or receipt of persons, by means of the threat or use of force or other forms of coercion, of abduction, of fraud, of deception, of abuse of power or of a position of vulnerability or of the giving or receiving of payments, or benefits to achieve the consent of a person having control over another person for the purpose of exploitation'

(United Nations 2000)

WEFIGHT provides direct services to survivors of human trafficking, including identification of risk factors and vulnerabilities, coordination with community partners and intensive case management/support.

At our January CWL general meeting Amanda Pearce was asked how can we be involved. This is an excerpt from the letter she sent to us -:

"With respect to preventing Human Trafficking, I think the best thing we can be doing is fostering a sense of community, while ensuring all community members are aware of human trafficking. We know that the majority of victims of HT come from fractured home environments, with limited positive support from social systems. By supporting our vulnerable community members to engage in positive social systems, we will hopefully be giving them ties to the community that will reduce their vulnerability and reduce the likelihood that they will be swept into a trafficking situation. Public education is the key piece in preventing HT, and we would be happy to provide further information/training sessions should anyone see fit.

In terms of supporting survivors, many of our clients rely heavily on donations. Should anyone be willing to donate grocery gift cards, (Walmart or Shoppers etc.) our clients would be deeply grateful (though it should be noted that we are not able yet to provide a tax receipt for charitable donations ...we are working on it). Perhaps if your members are renovating or upgrading and have gently loved furniture, clothing or household supplies that they are open to donating, they could reach out to us and let us know. Unfortunately, we do not have access to any storage space, but if we do have a client that happens to be in need at that time, we would be happy to take any donations off your hands. And, of course, if we do not have a client in need at the time, we'd be happy to redirect that donation to another group, e.g. St Vincent De Paul.

For those that are politically inclined, it is helpful to reach out to your MP and MPP to express your concern for this issue and ensure that your politicians are aware that this is an issue that matters to their constituents. This helps provide the political clout we need to have legislation and funding put in place to further support our survivors.

Thank you and don't hesitate to contact me if you have any questions.

Amanda Pearce,

WEFIGHT Coordinator, 519 256 7831

Legal Assistance of Windsor



Human Trafficking Awareness Month

Human Trafficking Myths

MYTH: Human trafficking and smuggling are the same.

FALSE: Human trafficking is the business of exploiting and profiting off of women, men and children, through the use of brute force, manipulation, fraud, or coercion to obtain some type of labor or commercial sex act. Movement across borders, states lines or any type of transportation is **NOT** required for it to be considered human trafficking, it can happen within your own neighborhood or city.

Human smuggling is the transportation of individuals across borders. Movement across a country's borders is a requirement to be considered human smuggling.

MYTH: People have free will and choose this lifestyle.

FALSE: Many times victims are lured and manipulated into trafficking with hopes of false love, fake jobs or threats of violence and harm. Traffickers use tactics of deception, force, threats and intimidation. Further, any individual being bought and sold for sex under the age of 18 is automatically a victim of trafficking.

MYTH: Human trafficking victims always come from low-income or rural areas.

FALSE: Poverty can be a factor in human trafficking because it is often an indicator of vulnerability but it is not the main cause. Trafficking victims can come from a range of income levels, and many may come from families with higher socioeconomic status. In fact, most trafficking victims come from the local area in which they live. Nevada reported in 2018 that 68% of children trafficked in the state were local residents.

MYTH: Victims of trafficking will seek out help and identify as victims.

FALSE: Victims may be fearful due to threats they have received from their trafficker. They may blame themselves for their situation or they may distrust offers of help. They have likely been coached by the trafficker on how to act and what to say.

MYTH: It is easy to spot a human trafficking victim.

FALSE: Many stereotypes about victims affect our ability to recognize trafficking; for example, victims of trafficking are not only heterosexual females – they may also be male or LGBTQ.

MYTH: If I see a trafficking victim, I should approach them to help.

FALSE: Remember, trafficking victims may be under surveillance by their trafficker. Your safety, as well as the safety of the victim, is paramount. **Do not attempt to confront a suspected trafficker directly or alert a victim to any suspicions.** Immediately contact a member of the security team, and let them know what you saw or heard that gave rise to your suspicions.

My Life with the Saints by Father James Martin S.J.



reviewed by Janet Panek Jan. 2019

This easy-to-read and interesting book talks about the lives of a number of saints and holy people. Father Martin, a Jesuit priest, has written a number of charming books on Catholic spirituality which can help us on the road to holiness.

It is interesting to see the many different ways that God's grace is shown in the lives of the saints, who come from such different backgrounds and have different challenges to face in their search for holiness. Their striving to know God and to do his will in their lives is a powerful example for each of us.

The chapter on Saint Bernadette Soubirous includes a detailed and sometimes humorous account of Father Martin's trip to Lourdes as the chaplain of a Catholic group helping sick people. The chapter on Pope John XXIII shows us his warmth and self-effacing humour.

The life of Dorothy Day, who founded the *Catholic Worker* newspaper, is the example of a holy person who helps the poor directly and also works to eliminate some of the causes of poverty, such as unjust working conditions. Father Martin writes also about the Ugandan martyrs, who lost their lives in the late 19th century.

The examples of these holy women and men can inspire us to seek God's grace and continue on our path to holiness.

THE PRINCIPLES OF CATHOLIC SOCIAL TEACHING

Catholic social teaching is the body of doctrine developed by the Catholic Church on matters of social justice, involving issues of poverty and wealth, economics, social organization and the role of the state.

Modern Catholic Social Teaching began with Pope Leo XIII in 1891, when he issued his Pastoral Letter: On the Condition of the Working Class. Catholic Social Teaching applies the Gospel to bring about social justice and social love.

"To teach and spread her social doctrine belongs to the church's evangelizing Mission and is an essential part of the Christian Message."

The seven principles of Catholic social teaching are:

- **Dignity of the Human Person:** human life is sacred and the dignity of the human person is the foundation of a moral vision for society.
- **Call to Family, Community and Participation:** how we organize our society – in economics and politics, in law and policy – directly affects human dignity and the capacity of individuals to grow in community.
- **Rights and Responsibilities:** human dignity can be protected and a healthy community can be achieved only if human rights are protected and responsibilities are met.
- **Preferential Option for and with People who are Poor:** a basic moral test is how our most vulnerable members are faring.
- **Dignity of Work and the Rights of Workers:** the economy must serve people, not the other way around.
- **Solidarity:** We are one human family whatever our national, racial, ethnic, economic, and ideological differences.
- **Care for God's Creation:** We show our respect for the Creator by our stewardship of creation.

FOR DISCUSSION

1. Why is Catholic social teaching an essential part of our Faith?
2. How are the principles of social justice and social love lived out through The Catholic Women's League of Canada?
3. Why do most Catholics have little interest in Catholic social teaching?

-Submitted by: Anna Tremblay, OPC Spiritual Development Chairperson

February 2019 ON-Line Newsletter

We need a winter in our lives,
a time of rest, a time to stand still, a time to
reacquaint ourselves with the faith in which we live.
It is only then, that we can draw strength from the
one in whom we are rooted, take time to grow and
rise through the darkness, into the warm glow of your
springtime, to blossom and flourish, bring colour and
vitality into this world, your garden.

Thank you Father for the seasons of our lives.



Prayer for Healing

God of my soul and of my earthly body, see me
today exactly as I am. Find me where I stand wait-
ing for you. See my illness and renew me, I pray.
See my weaknesses and bring me strength. See the
empty places in my life and fill them with your
presence. Heal me, O Lord, in the way that only you
know, I most need. *Amen.*

Steve Givens

Prayer for God's Will to Be Done

O Father, the first rule of our dear Savior's life was
to do your will. Let his will of the present moment
be the first rule of our daily life and work, with
no other desire but for its most full and complete
accomplishment. Help us to follow it faithfully so
that, doing what you wish, we will be pleasing to
you. *Amen.*

St. Elizabeth Ann Seton



THE CATHOLIC WOMEN'S LEAGUE OF CANADA

NATIONAL THEME 2019-2020

FOCUS FOR 2019: WATER

SAVE WATER
SAVE \$\$\$



Designed by Phyllis

The Ontario Provincial Council invites the CWL members in Ontario to focus on water conservation and preservation for 2019.

Each participating individual is asked to select one way of reducing water and/ consumption for themselves and others who share their living space.

Here are a few examples on conserving water at home:

- ❖ Turn off the tap while brushing your teeth and scrubbing your hands.
- ❖ Operate the dishwasher and washer only when full.
- ❖ Fix a leaky faucet.
- ❖ Shorten the number of minutes of each shower.
- ❖ Do not let water run continuously to rinse dishes.

More information can be found at www.cwl.on.ca under Care for our Common Home

=====

The Christmas letter received from Vijaya Rani in India –
(This is the family we support through the Save A Family Plan)



Dear Our Lady of the Atonement CWL,
Warm and seasonal greetings from Vijaya Rani (HB1300) and family.

I am very much pleased to write this letter to you. I hope you are doing well and this letter will make you delightful and happier. In my family we are all doing well. First of all, my family and I wish you a very happy Christmas and a prosperous New Year 2019.

We are very grateful for your generous and continual support. Because of your support is helping me to educate my child and expanded my Income Generation Activity, Petty Shop. From this activity I am getting monthly profit \$150.00. I am using this profit for child's education and daily maintenance of the family.

We are more hopeful and happier than earlier now. It is you who brought this change in our family. Thank you very much for your help, I assure you our prayers.

Yours loving,
Vijaya Rani

=====

- **God did not add another day in your life because you need it. He added it because someone needs you.**
- **It's better to know and be disappointed than to never know and always wonder.**
- **Do the best you can until you know better. Then when you know better do better.**
- **If you don't like something change it, If you can't change it change your attitude**
- **You are always with yourself, so you might as well enjoy the company.**
- **Nothing can dim the light that shines within.**



"Time

is but a shadow, a dream; already God sees us in glory and takes joy in our eternal beatitude. How this thought helps my soul! I understand then why He lets us suffer..."

— St. Thérèse, the Little Flower

From Gratitude to Justice

Praise the Lord, my soul!

The God of Jacob keeps faith forever,

secures justice for the oppressed... Psalm 146:1, 5, 7

Every day I hear people complain about the lack of justice in one situation or another. Primarily, their objective focus is on righting a wrong or fighting for equality. This psalm reminds me that justice comes from the heart and not the mind. God has not measured justice on a scale to judge our worthiness. The heart of God's justice cares deeply about the oppressed, the hungry and the captive soul. The psalm begins and ends by praising God with a grateful heart.

Gratitude gives birth to justice. We praise God's faithfulness and thank God for the gift of life. A grateful heart holds no resentment, anger or fear of being cast aside. When we can let go of selfishness, God's justice will reign. The oppressed will be free and the poor will be fed. We can become instruments of peace and justice in the world.

— Deborah A. Meister

A SUMMER PRAYER

Draw me closer to You this summer.

Teach me how I can pray no matter where I am or what I am doing.

Warm my soul with the awareness of Your presence, and light my path with

Your Word and Counsel.

As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for You

Morning Prayers

Good morning, dear God. I pray that you come into my waking as you were present in my nighttime. You know my fears for this day. Transform them by your love. You know my desires for today. Hold them for me, purify them and give them back, according to your will. You know my mission for this day. Walk with me that I may accomplish it. *Amen.*

Mary Marrocco

God of this morning and Lord of this day, help me to live and work today with an overwhelming awareness of your presence. From your presence, may I draw peace. From this peace, may I become more willing to serve. And in my service to others, may I reflect to them your love. May they see in me something they want for themselves. *Amen.*

Steve Givens

Loving God, thank you for the dawn of another day. Guide me today, leading me so that I might respond to every person I meet with love and compassion, alert to your presence in every encounter. *Amen.*

Amy Welborn

Evening Prayers

One more day has been given to me. How grateful I am that you have lived it with me. Thank you, God. May I continue to draw from your words: to love my neighbor as myself and love you with all my strength. Let the love I received today soak in and any love I have given grow and flourish. *Amen.*

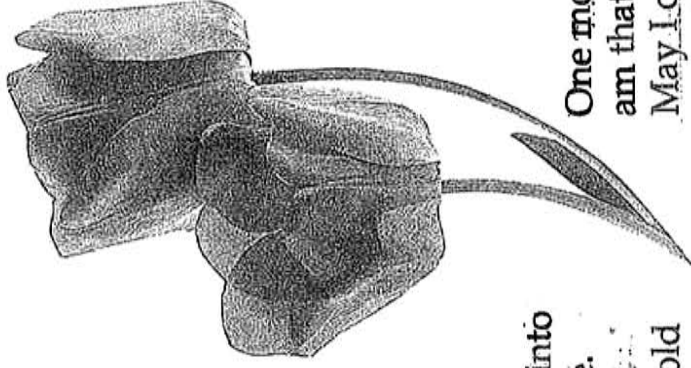
Mary Marrocco

Father, in the darkness of winter, I sometimes need to be reminded that your great glory always shines upon the world—in the laughter of a child, in the beauty of the earth, in the kindness of a stranger. If it be your will, guide me through this night and grant me the gift of a bright tomorrow. *Amen.*

Terence Hegarty

As night falls, I am grateful, Lord. Grateful for the beauty of this life, grateful for what I've been able to accomplish and for the surprises that have come my way today. Grateful for all of it, I trust myself to you and rest. *Amen.*

Amy Welborn



Beautiful Words to Live By

Someone has written these beautiful words. They are like the ten commandments to follow in life all the time.

1. Prayer is not a "spare wheel" that you pull out when in trouble but it is a "steering wheel" that directs the right path throughout.
2. So why is a car's windshield so large and the rear view mirror so small? Because our past is not as important as our future. So, look ahead and move on.
3. Friendship is like a book. It takes few seconds to burn, but it takes years to write.
4. All things in life are temporary. If it's going well, enjoy it, that won't last long. If it's going badly, don't worry, that won't last long either.
5. Old friends are gold! New friends are diamond! If you get a diamond, don't forget the gold! Because to hold a diamond, you always need a base of gold!
6. Often when we lose hope and think this is the end, God smiles from above and says, "Relax, sweetheart, it's just a bend, not the end!"
7. When God solves your problems, you have faith in His abilities; when God doesn't solve your problems, He has faith in your abilities.
8. A blind person asked St. Anthony, "Can there be anything worse than losing eye sight?" He replied, "Yes, losing your vision!"
9. When you pray for others, God listens to you and blesses them; sometimes, when you are safe and happy, remember that someone has prayed for you.
10. Worrying does not take away tomorrow's troubles, it takes away today's peace.

=====

"We must make our homes centers of compassion and forgive endlessly"

St Theresa of Kolkata

A little bit of Humour

I was walking home last night and decided to take a short cut through the cemetery ... 3 girls walked up to me and explained that they were scared to walk past the cemetery at night, so I agreed to let them walk with me. I told them "I understand... I used to get freaked out to when I was alive"

Never seen anyone run so fast!

The local bar was so sure that its bartender was the strongest man around that they offered a standing \$1000.00 bet. The bartender would squeeze a lemon until all the juice ran into a glass, and hand the lemon to a patron. Anyone who could get one more drop of juice from the lemon would win the money.

Many people had tried... over time, weightlifters, longshoremen, etc., but nobody could do it.

One day a scrawny little fellow came into the bar, wearing thick glasses and a polyester suit, and said in a small voice. "I'll like to try the bet" After the laughter had died down, the bartender said "OK", grabbed the lemon and squeezed away. Then he handed the wrinkled remains of the rind to the little fellow.

But the crowd's laughter turned to silence... as the man clenched his little fist around the lemon ... and six drops fell into the glass.

As the crowd cheered, the bartender paid the \$1000.00, and asked the little man. What do you do for a living? Are you a lumberjack, a weight-lifter or what?"

The little fellow quietly replied
"I work for Revenue Canada"

Technically Moses was one of the first person with a tablet downloading data from the cloud.

I've often been asked "What do you do now that you are retired?"

Well, I'm fortunate to have a chemical engineering background and one of the things I enjoy the most is converting beer, wine and vodka into urine. I do it every day and I really enjoy it!



I hate it when you cannot figure out how to operate the iPad or tablet and the resident experts are asleep. Because he/she is 8 years old and it is past their bedtime.

Two Indians and an Irishman were walking through the woods. All of a sudden ran up the hill to the mouth of a small cave.

"Wooooo! Wooooo! Wooooo!", He called into the cave and listened. He then tore off his clothes and ran into the cave.

The Irish man was puzzled and asked the remaining Indian what it was all about : " Was the other Indian crazy or what?"

The Indian replied, "No, it is our custom during mating season when Indian Men see cave, they holler "Wooooo' Wooooo' Wooooo" onto the opening. If they get an answer back, it means there's a beautiful squaw in there waiting for us.

Just then, they came upon another cave. The second Indian ran up to the cave, stopped and hollered. "Wooooo.Wooooo, Wooooo"

Immediately there was an answer from deep inside the cave "Wooooo, Wooooo, Wooooo".

He tore off his clothes and ran into the opening. The Irishman wandered around in the woods alone for a while, and then spied a third larger cave. AS he looked in amazement at the size of the huge opening, he was thinking "Look at the size of this cave! It is bigger than those the two Indians found. There must be some really big fine women in this cave.

He stood in front of the opening and hollered with all his might, "Wooooo,Wooooo,Wooooo" Like the others he heard an answering call "WOOOOOO, WOOOOOOO WOOOOOO"

With a gleam in his eye and a smile on his face, he raced into the cave, tearing off his clothes as he ran.

The following day, the headline in the local newspaper read.....

Naked Irish man run over by a speeding train.

Why

Why is the time of day with the slowest traffic called rush hour?

Why do we leave cars worth thousands of dollars and put useless junk in our Garage?

Why didn't Noah swat those two mosquitoes?

Important Dates to Remember

Good Friday/Easter Sunday April 19 – 21st 2019
London CWL Diocesan Convention, London, April 29th – May 1st 2019
Feast of Our Lady of Good Counsel - April 26th 2019
CWL 12 Hours of Prayer for Good Palliative Care - Friday May 4th 2019
General Meeting and Crowning of Mary - Thursday May 9th 2019
Mother's Day Right to Life Silent Walk and Vigil - Sunday May 12th 2019
Indoor Garage and Bake Sale – May 24th – 25th 2019
St Vincent de Paul Annual Sleepwalk – Saturday May 25th 2019
CWL Retreat Day, Holy Family Retreat House, Oxley – Thursday June 20th 2019
Feast of Our Lady of the Atonement – July 9th 2019
CWL Diocesan Day at Our Lady's Shrine, Merlin ON – July 10th 2019
Ontario Council CWL Convention, Kingston, July 13th – 17th 2019
National CWL Convention, Calgary AB - August 18th – 21st 2019
Feast of the Assumption of Mary, - August 15th 2019
Parish Family Day at Our Lady's Shrine, Merlin ON – August 22nd 2019
Fruit Pie Making – Wednesday October 30th 2019
Harvest Bazaar – November 1st – 2nd 2019
Giving Tree begins – November 23rd – 24th 2019
CWL Windsor Region Advent Tea – Monday November 25th 2019
Meat Pie Making – December 2nd – 4th 2019
Feast of the Immaculate Conception – December 8th 2019
CWL Christmas Social – Thursday December 12th 2019

The regular monthly CWL general meetings will be held in St Francis Hall on the second Thursday of the month on the following dates: March 14^t, April 11th, May 9th, September 12th, October 10th and November 14th 2019

Final Note from the Editor

Once again, a sincere thank you for your contributions to our CWL News and Views.
Hope you continue to enjoy reading and I look forward to hearing your comments – positive or negative!
Many thanks to Deanna Leveque and Emma Ellul for their assistance with the newsletter
Closing Date for submissions for the next edition of the newsletter will be September 28th 2019
Thank you,
Caroline Ngui, Past President – phone 519 735 4223
Deanna Leveque, Communications Chairperson – phone 519 979 0637
Our Lady of the Atonement Catholic Women's League of Canada,
2940 Forest Glade Drive, Windsor, N8R 1L5

