

# HOLY FAMILY CATHOLIC CHURCH

2210 CALLAWAY STREET

HILLCREST HEIGHTS, MARYLAND 20748

**Rev. Philip Ilg, Administrator ext. 13**  
***pastor@holyfamilyparishmd.org***

**Rectory 301-894-2222**

**Office Hours: Tues-Thurs, 10:00 am— 3:00 pm**

***www.holyfamilyparishmd.org***

## CHURCH STAFF

**Deacon Gerald Collins, Permanent Deacon**  
*deaconjer1@gmail.com*

**Mr. Keith Poindexter, Parish Manager**  
ext. 10 *rectory@holyfamilyparishmd.org*

**Mr. Dominic Cipollone, Business Manager**  
ext. 14 *accountant@holyfamilyparishmd.org*

**Mrs. Bertha Wilson, Adult Faith Formation**

**Ms. Charnetta Dobbins-Green, Pianist**

**Mr. Pedro Hart, Organist**

*To join our parish family, call or visit the Rectory, or  
complete the Census form found in the Church.*

## **INTENTIONS FOR THE WEEK OF APRIL 16<sup>TH</sup>—APRIL 23<sup>RD</sup>**

<u>April 16th</u>	<u><b>DIVINE MERCY SUNDAY</b></u>
Sat. 4:00 pm	Antonio Mirabile +
Sun. 10:00 am	Verna Garrett (L)
1:00 pm	Parishioners of Holy Family
<u>Daily Masses</u>	
Mon. 9:00 am	Arthur J. Norris Sr. & Jr. (L)
Tues. 9:00 am	DeVille Family +
Thurs. 9:00 am	James Talley +
Fri. 9:00 am	Fred Poindexter +
<u>April 23rd</u>	<u><b>THIRD SUNDAY OF EASTER</b></u>
Sat. 4:00 pm	Carmelo Chillari +
Sun. 10:00 am	Demetrius Butler (L)
1:00 pm	Parishioners of Holy Family

***Find us on Facebook***  
***holyfamilycatholicparish/***

## SUNDAY MASS SCHEDULE

**Saturday: 4:00 pm**

**Sunday: 10:00 am**

**1:00 pm (Spanish)**

**Holy Days: As Announced**

## WEEKDAY MASS SCHEDULE

**Monday, Tuesday, Thursday, Friday:**  
**9:00 am**

## SACRAMENT OF CONFESSION

**Saturday afternoon from 3:30 - 3:45 pm.**

## BAPTISMS

**Scheduled upon request. Please contact  
Keith at the rectory (301) 894-2222, for  
more information.**

## **PRAYERS FOR THOSE WE KNOW AND LOVE:**

<u>Our</u>	<u>Homebound</u>	<u>Elsewhere</u>
<u>Parishioners</u>		
Phyllis Biscoe	Demetrius Butler	Francis Briscoe
Reggie Biscoe	Raymond Eldridge	Betty Furr
Joseph Booker	Carolyn Gantt	Iva McGee
Joanne Contee	Lawrence Green	Dorothy Nelson
Beatrice Curtis	Andre Johnson	Doris Pugh
Herman Davis	Mildred Jones	Gail Ruffin
Laverne Douglas	Peggy Kennerly	Annette Smith
Verna Garrett	Leroy Owens	Barbara Williams
Wilton Green	Fred Trefry	Wendell Young
Richard Hewins	Frank Wilson	Kadriye Brunson
Johnathan Hunter		
Lisa Makle-Brooks		
Iris Pierce		
Barbara Smith		

**In memoriam—we remember - Mr. Dalaneo  
Martin, and other victims of gun violence.**

**Offertory for April 2023****April 2<sup>nd</sup> —\$6,918.00****April 9<sup>th</sup> —\$8,417.00**

Please continue to send in your financial offerings as the parish depends on your contribution for payroll and our regular bills.

**ARCHDIOCESAN LIFE**

**CRS Rice Bowls** - Even though our shipment of rice bowls was not received this year and our **CRS Rice Bowl Lenten** journey has ended, our prayers, fasting and almsgiving continue as we seek a closer relationship with God and our global family. Let us hold in our hearts our sisters and brothers in Honduras, the Philippines and Kenya and commit to share our Easter joy with people in our local community and around the world. You can still make a donation either here at church (check made out to CRS Rice bowl) or donate online at [crsricebowl.org/donate](https://crsricebowl.org/donate).

**Celebrate Divine Mercy Sunday** at Saint John Paul II National Shrine on Sunday, April 16<sup>th</sup>. See scheduled of events below.

10:00 a.m. – Confession (Español)

11:00 a.m. – Mass (Español)

12:00 p.m. – Adoration (Español)

1:00 p.m. – Adoration and Confession  
(English)

2:00 p.m. – Mass (English), Procession, and the Divine Mercy Chaplet

6:00 p.m. – *Art of Prayer with Vespers*

7:00 p.m. – Mass (English)

*Confession from 10:00–11:00 a.m. (Español)  
and 1:00–6:00 p.m. (English)*

**The Church of the Incarnation** invites all to a Divine Mercy Sunday Celebration on April 16<sup>th</sup> at 1:30 pm. The celebration will be followed by the Exposition of the Blessed Sacrament (confession will be made available at that time). The Divine Mercy Chaplet and adoration will begin at the hour of Mercy, 3:00 pm after which all are invited downstairs for dinner in the Candlelight Room.

**Mother Lange canonization cause takes a step forward.**

Sister Rita Michelle Proctor, superior general of the Baltimore-based Oblate Sisters of Providence, said her religious community received a Feb. 27 email from the Holy See informing the sisters that the positio – the documentation on the life of Mother Lange, which includes both the theological and historical record of her life – has been approved by the Vatican.

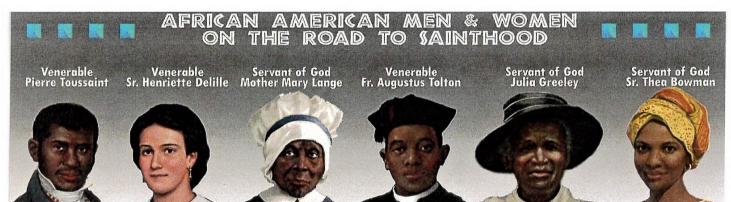
**PARISH LIFE**

Holy Family Church presents a **Paint and Sip Fundraiser** this Friday, April 21<sup>st</sup> at 7:00 pm in the Allen Drury Room. Wine and light refreshments will be served. Tickets are \$50.00 per person to support the roof fundraiser. For ticket information, contact Cynthia Washington: (301) 818-4442 or see any of the Paint and Sip committee members after all masses. Adults only! Contact Cynthia Washington for details.

The inaugural meeting & prayer service in honor of **Sister Thea's Friends** will be held on Saturday May 13<sup>th</sup> after the 4:00 pm Mass here in the church. For more information contact: Thelma Adams at (301) -848-9840) or [thelmaadams1@verizon.net](mailto:thelmaadams1@verizon.net), Bertha F. Wilson at [berthafw@gmail.com](mailto:berthafw@gmail.com) or Gloria Lessington, [Queenasi52@verizon.net](mailto:Queenasi52@verizon.net).

We continue to offer **Prayers of Healing and Comfort** for Ashley Prentice, Bertha Wilson, Demetrius Butler, Annette Smith, Wilton Green, Kadriye Brunson and Christian Applewhite.

**Birthday Blessings** to Gloria Fitzgerald, Helen Greene, Johnnie Hooper, Frank Wilson, Odera Ndubisi and Kimberly Fuentes-Baiza.



# March is **National Kidney Month**

Get to know your hard working kidneys

6

## WAYS KIDNEYS KEEP YOU HEALTHY



Regulate fluid levels

Activate Vitamin D for healthy bones

Filter wastes from the blood

Directs production of red blood cells

Regulate blood pressure

Keep blood minerals in balance

8

## PROBLEMS KIDNEY DISEASE CAN CAUSE



Nerve damage



Cardiovascular disease



Weak bones



Heart attack



High blood pressure



Stroke



Kidney Failure



Anemia/ low red blood cell count

4

## RISK FACTORS

Diabetes

High blood pressure

Age 60+

Family history

7

## SYMPTOMS



Swelling: face, hands, abdomen, ankles, feet

Blood in urine  
Foamy urine

Puffy eyes

Difficult, painful urination

Increased thirst

Fatigue

2

## TESTS YOU CAN TAKE (BLOOD AND URINE)



**Urine albumin-to-creatinine ratio** estimates the amount of a type of protein, albumin, that you excrete in your urine.

**Glomerular Filtration Rate (GFR)** tells how well your kidneys are working to remove wastes from your blood. It is the best way to check kidney function. Doctors measure blood creatinine (waste build up) levels and perform a calculation based on race, age and gender.



National  
Kidney  
Foundation®

Learn more at [kidney.org](https://kidney.org)

My name is John Riley and I have chronic kidney disease. Even though my doctors have worked to keep my diabetes under control, it has weakened my body and my kidneys. I have learned that a kidney transplant from a living donor is a better option for me because the wait for a kidney from a deceased donor would be eight years or more. I am currently on a plethora of medications to maintain the many health issues I have as a result of my kidney disease -- high blood pressure, neuropathy, severe anemia and arteriovenous malformation (AVM).

I need your help to have a better quality of life. Receiving a new kidney would add days to my life and life to my days so that I can look forward to spending time with my wife, kids and extended family members. For this reason, I am asking for you to share my story and link (attached below) on your social media or by email. By sharing my story, you can help to save my life. Thank you for reading my story.

<https://nkr.org/ZWX876>





# HOLY FAMILY CATHOLIC CHURCH

2200 Callaway Street Hillcrest Heights, Maryland 20748

Allen Drury Room

## *Roof Fundraiser*

April 21, 2023 - 7pm

*Paint and Sip*

**Tickets: \$50.00**

Wine and Light refreshments will be served

For tickets contact: Cynthia Washington: 301.818.4442

Melody Atkinson, Avis Clark, Anton Hooper, Cheryl Hooper, Jessica Humphries,  
Sherri Moxley, NA Wallace, Diane Yates, and Philip Yates

**Tickets on sale after all Masses**

*With Derrick & Millie of Derrick's Paintbrush*

**\*\*ADULTS ONLY\*\***





# SISTER THEA'S FRIENDS

PRESENT

## Pray It Up: Her Journey/His Victory

### INAUGURAL MEETING & PRAYER SERVICE IN HONOR OF SISTER THEA BOWMAN, FSPA, PH. D

Saturday, May 13, 2023

after 4 PM Mass

Holy Family Roman Catholic Church

2210 Callaway Street

Temple Hills, MD 20748

*There is a time for everything,  
and a SEASON for every activity under the heavens:  
He has made everything beautiful in its time...*

*Ecclesiastes 3:1 & 3:11A*

Contact Us:

Thelma Adams 301.848.9840 [thelmaadams1@verizon.net](mailto:thelmaadams1@verizon.net)

Bertha F. Wilson [berthafw@gmail.com](mailto:berthafw@gmail.com)

Gloria Lessington [queenasi52@verizon.net](mailto:queenasi52@verizon.net)