

A still life composition featuring a red apple, a stack of books, and a pencil holder with colorful pencils. The apple is positioned at the top center, resting on the top book. The books are stacked horizontally, with their spines visible. The pencil holder is a cylindrical metal mesh container filled with various colored pencils. The background is a dark, textured surface. The overall lighting is soft, highlighting the textures of the apple, books, and pencils.

I hope you had a wonderful and restful summer. As "Back to School" is upon us, our new ministry year tends to kick back up too! We are looking forward to supporting parishes and youth as we transition out of pandemic mode and life starts looking a little more normal.

I've made a few tweaks to the **"Youth Ministry Transition Planning During A Pandemic"** document that you can find on our youth page of the website. This resource is to assist you in this time, and to give some food for thought to parishes who may not have intentional youth ministry. If I can assist you and your parish in any way please reach out!

As always, resources and upcoming events for youth and young adults are shared on social media and the website.

We keep in our prayers educators, students and their families as the school year begins. May this be a fruitful and blessed year of learning and growth.

Blessings,
Nadia

Stay Connected!

Facebook @youthofficekingston

Instagram @youthofficekingston

Twitter @archkingstonYO

www.romancatholic.kingston.on.ca/youth

Youtube Channel: Archdiocese of Kingston Youth Office

Important Dates

Wednesday, Sept 1st
WORLD DAY OF PRAYER
FOR THE CARE OF
CREATION

Tuesday, Sept 7th
FIRST DAY OF SCHOOL

Thursday, Sept 23rd
VIRTUAL YOUTH
MINISTRY COMMISSION

Sunday, Sept 26th
WORLD DAY FOR
MIGRANTS & REFUGEES



YOUTH MINISTRY NEWS



YOUTH MINISTRY COMMISSION

Youth Ministry Commissions will start out virtually this year, but hopefully as the year goes on we may be able to offer a hybrid meeting option of in person / virtual.

Our next meeting will be Thursday, September 23rd.
An email will go out to Commission members.



OUTREACH RESOURCES

The youth office has a resource page dedicated to outreach. There are prayers, videos, activity ideas, faith formation, and more!

Constantly updated! If you have something to share please send along!

www.romancatholic.kingston.on.ca/outreach

YOUTH MINISTRY TRANSITION PLANNING

I've made a few tweaks to the "Youth Ministry Transition Planning During A Pandemic" document that you can find on our youth page of the website. This resource is to assist you in this time, and to give some food for thought to parishes who may not have intentional youth ministry programming. If I can assist you and your parish in any way please reach out!

Find link to doc [HERE](#)



Pandemic Reality

The Coronavirus has affected everyone around the world. Many have experienced social isolation, anxiety, stress, economic difficulties, mental illness and death. All of us have experienced change. In order to reduce the spread of COVID-19, we saw the cancellation of public gatherings and the closing of churches. These efforts distanced people from receiving the sacraments and from their faith communities.



Within this reality, some youth ministry programs in the Archdiocese of Kingston were able to offer virtual or other opportunities or reach out to young people and their families, preventing young people from being completely cut off from their parish friends and mentors.

Each parish has their own youth ministry needs. While responding to the pandemic, this time is an opportunity to critically analyze our approach to youth ministry, realizing what is good and should continue and ways that we may not be meeting essential youth ministry components, needs or issues at the parish. With prayer, planning and creativity, youth ministry and evangelization as a whole could see many positive changes.

What Has Been Done?

Before the pandemic, some parishes in the Archdiocese of Kingston facilitated youth ministry activities on church property. These were regular opportunities for youth to come together in prayer and fellowship, generally led by a volunteer or paid member of the parish community. These youth ministry leaders organized events, programs and other opportunities in response to the needs of the youth. Some went into Catholic schools to visit young people or to run collaborative programs, such as the Youth Alpha series. In general, the internet and social media were used to communicate programs and events and to connect with youth outside of their regular programs.



WORLD DAY FOR MIGRANTS & REFUGEES

Each year the Church remembers in a special way migrants and refugees.

The Holy Father's letter for this day can be found [HERE](#)

The Vatican website for Migrants & Refugees can be found [HERE](#)



YOUNG ADULT NEWS



STAY TUNED FOR SOME UPCOMING

YOUNG ADULT EVENTS

The Archdiocese of Kingston Youth Office is looking forward to hosting some young adult events again this year! Social, faith-filled and fun!

Follow our social media on Instagram & Facebook @youthofficekingston for updates
www.romancatholic.kingston.on.ca/young-adult



YOUNG ADULT EVENTS

Stay tuned for some upcoming young adult events this Fall!

Be sure to follow our social media on Instagram & Facebook @youthofficekingston for updates.

Event info can also be found on our webpage [HERE](#)

GOING AWAY FOR SCHOOL?

Connect with Catholic faith communities while away studying this year!

Campus ministries at a school near you can be found online [HERE](#)

Want to find a parish close by or active, vibrant youth / young adult ministry? Reach out to Nadia by e-mail and she will connect you!

GOING AWAY FOR SCHOOL?

Connect with a Catholic campus chaplaincy and parish / youth ministry near you while you are away!



STAY CONNECTED

To connect with a parish / campus ministry near you visit:
www.romancatholic.kingston.on.ca/young-adult

