

Hello!

A big thanks to all of you that are participating and encouraging others to join in on the synodal process. We have had hundreds of voices shared in the last month or so and it is wonderful to see so many young people participating! Please continue to invite youth and their families to share their experience of Church with us.

As we move into the season of Lent, there are many resources up on our youth outreach page, some of which are highlighted below. I wish you a blessed Lenten season and pray it truly is a time of reflection, renewal and spiritual growth.

I hope you are well and if I can be of any assistance, please reach out.

Blessings and prayers,

Nadia



Stay Connected!

Facebook @youthofficekingston
Twitter @archkingstonYO
Instagram @youthofficekingston
www.romancatholic.kingston.on.ca/youth

Important Dates

Tuesday, March 1 SHROVE TUESDAY

Wednesday, March 2 ASH WEDNESDAY

Thursday, March 3 UNDERSTANDING THE MASS

Wednesday, March 9
THE WAY: THE CROSS

March 14-18 MARCH BREAK

Thursday, March 17 ST. PATRICK'S DAY

Wednesdays during March
LENTEN SERIES
GRIEF TO HEALING



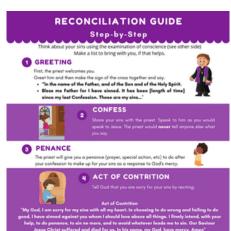
YOUTH MINISTRY NEWS



LENTEN VIRTUAL RESOURCES

Check out our Lenten resources for youth and young adults on our resource page. This page is updated and added to regularly:

www.romancatholic.kingston.on.ca/outreach



RECONCILIATION GUIDE FOR CHILDREN

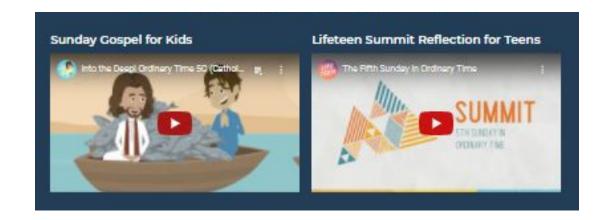
Looking for a reconciliation guide for children? Here is a one page step-by-step guide with an examination of conscience on the back! The guide can be downloaded and printed. Access guide HERE



OUTREACH RESOURCES

Virtual resources for youth! Weekly reflection videos on the Sunday's readings, liturgical year activities / content, prayers, faith videos, faith formation, youth events and more! Regularly updated!

www.romancatholic.kingston.on.ca/outreach





YOUTH MINISTRY NEWS



SYNOD ON SYNODALITY

For more information on our archdiocesan synodal process please visit:

www.romancatholic.kingston.on.ca/synod

Youth Ministry Contacts were emailed a copy of the **Synod Conversation Toolkit**. You can also find it on our synod website. This toolkit highlights what you need to know about the process and has some more general and user friendly questions to have conversations with young people, as we discussed at our Fall Youth Ministry Commission.

We are now in the participation phase of the synod so the online survey is open on the website as well! Share your voice and spread the word!





YOUNG ADULT NEWS



Let The Way provide a guide for strengthening your relationship with Jesus.

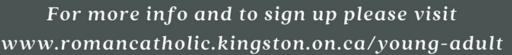


The Archdiocese of Kingston Youth Office and ALCDSB present A Young Adult Faith Formation Evening Series:





10 virtual sessions, Join in on as many sessions as you'd like! Wednesday evening from 7-8 pm once a month FREE to participate!





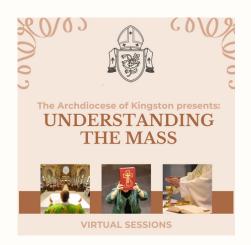
THE WAY EVENING SERIES

Young adults are invited to join in on our virtual faith formation evening series: The Way: A Guide for the Journey. Featuring Catholic artist and music minister Josh Blakesley, alongside speaker and author Paul George, The Way is a unique series of 10 worship-night style videos with reflection, music and discussion. For more info on the sessions, themes, and to watch a trailer please visit our website www.romancatholic.kingston.on.ca/young-adult

THIS MONTH WE WILL MEET ON WED, MARCH 9TH THEME: THE CROSS



VIRTUAL FAITH FORMATION OPPORTUNITIES - ADULTS



UNDERSTANDING THE MASS

Join us on Zoom as we explore the Mass on a deeper level with presenters Archbishop Paul Andre Durocher, Bishop of Gatineau and Rev. Fr. John Hibbard, pastor of St. Paul The Apostle Church, Kingston; Sessions include video presentations followed by small group discussions and sharing of insights. For more info click <u>HERE</u>

March 3rd from 7:00pm - 8:15pm

To join each session, click **HERE**

Zoom Meeting ID: 840 7886 3068 Passcode: 946387



LENTEN SERIES: FROM GRIEF TOWARD HEALING, RESPONDING TO THE CRISES OF OUR TIMES

The joint Anglican-Catholic Justice & Peace Commission is hosting a Lenten series on grief, involving four sessions on Wednesday evenings at 7pm during March. The sessions will consider grief (Mar 9 – James Reid Bereavement Team); grief as it pertains to the climate (Mar 16 – Mary Raddon); how grief is experienced as "the other" (Mar 23 – Mona Rahman) and finally, looking at grief through hope (Mar 30 – Sr. Pauline Lally). Please join via Zoom https://us02web.zoom.us/j/4905877033.



