

Hello!

I pray that your Lenten season has been a time of prayerful reflection and spiritual growth. As we witness the suffering and devastation in Ukraine, we, as a people of hope and faith, unite our prayers and thoughts with our brothers and sisters affected by violence and war. Prayers for peace, efforts from Pope Francis, opportunities for humanitarian aid and more will continue to be shared on our social media platforms. Please see below for more ways that you can help locally and abroad.

Our "participation phase" of the archdiocesan synodal process wraps up on April 1st, but the Church encourages the "synodal way" of accompaniment and listening to continue. May we strive to find ways to reach out to those on the peripheries and listen to the needs and experiences of one another as we grow in community and faith.



Blessings and prayers,

Nadia

Stay Connected!

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www.romancatholic.kingston.on.ca/youth

Important Dates

Sunday, April 10 PALM SUNDAY

Thursday, April 14 HOLY THURSDAY

Friday, April 15 GOOD FRIDAY

Sunday, April 17 EASTER SUNDAY

Sunday, April 24 DIVINE MERCY SUNDAY UKRAINIAN EASTER

Friday, April 29 YOUNG ADULT HOLY HOUR FOR UKRAINE

MAY 2-7
CATHOLIC EDUCATION
WEEK



YOUTH MINISTRY NEWS



HOLY WEEK / EASTER RESOURCES

Check out our resources for youth and young adults on our resource page. This page is updated and added to regularly:

www.romancatholic.kingston.on.ca/outreach



SYNOD ON SYNODALITY

As of April 1st, the participation phase of the Archdiocesan synodal process will wrap up. The synodal spirit of listening to one another, accompaniment and reaching out to those on the peripheries must continue. May we find opportunities in our parishes, schools, community and relationships to walk together in faith.

Submitted synodal responses to the questions online and in listening sessions will be synthesized by members of the Archdiocesan Synod Team and shared with the Canadian Conference of Bishops to be forwarded onto the Synod of Bishops Office at the Vatican for upcoming meetings in 2023.

A big thank you to all those that participated in this process and for those who facilitated listening sessions or encouraged participation.



WORLD MEETING OF FAMILIES

The Family Office released a toolkit for parishes to use to plan and celebrate the World Meeting of Families this year on June 19 -26, 2022.

Lots of great ideas to engage all ages, especially our youth! You can access the toolkit HERE

Stay tuned for more info from the archdiocese on this in the coming months!



SUPPORT & PRAYERS FOR UKRAINE



SUPPORT FOR UKRAINE

The Archdiocese has recommended that if individuals or groups are looking to donate funds to humanitarian aid for Ukraine that you consider Catholic Near East Welfare Association
For more information on the work they are doing through Caritas Ukraine or to make a donation please visit their website



EMERGENCY SUPPORT FOR STUDENTS FROM UKRAINE IN KINGSTON

The Ukrainian Canadian Club in Kingston are raising funds to support Ukrainian international students currently studying in Kingston.

To make a donation you can write a cheque payable to "The Mayor's Fund for Students from Ukraine" and donate at any Kingston Community Credit Union branch or send

e-transfers to nluciuk@cogeco.ca

For more updates and info visit the Facebook group: The Mayor's Fund for Students from Ukraine



ST. MICHAEL THE ARCHANGEL, UKRAINIAN CATHOLIC CHURCH, KINGSTON

Did you know that there is a Ukrainian Catholic community that is part of the Byzantine rite here in Kingston? They worship at St. Michael the Archangel Church on Bagot Street. Fr. Roman is serves their community and we have been in contact with him to offer our prayers and support and to collaborate with him on initiatives to pray for peace and assist Ukrainians.

Stay tuned for more information from the Archdiocese surrounding some upcoming initiatives to offer prayerful support for peace in the Ukraine this month.

YOUNG ADULT NEWS



THE WAY EVENING SERIES

Young adults are invited to join in on our virtual faith formation evening series: The Way: A Guide for the Journey. Featuring Catholic artist and music minister Josh Blakesley, alongside speaker and author Paul George, The Way is a unique series of 10 worship-night style videos with reflection, music and discussion. For more info on the sessions. themes. and to watch а trailer please visit our website www.romancatholic.kingston.on.ca/young-adult

THIS MONTH: WED, APRIL 6 (7-8 PM) THEME: ADDICTION

Discussing the struggle of addiction and how a strong relationship with Christ can help along the way.



YOUNG ADULT HOLY HOUR FOR UKRAINE

On Friday, April 29 at 7 pm the Youth Office will be hosting a Holy Hour for Ukraine at St. Francis of Assisi Parish - 512 Frontenac Street, Kingston, We will have refreshments and an opportunity to socialize afterwards in the parish hall.

On the last Friday of the month Fr. Michel Quenneville offers a Holy Hour for young adults at St. Peter in Chains Parish in Trenton. Following the Holy Hour there are refreshments and time for socializing. Contact the <u>parish</u> for more info

