



JOYFUL NOISE

OFFICE OF FAMILY MINISTRIES & OUTREACH
ARCHDIOCESE OF KINGSTON

“The happiness you are seeking, the happiness you have a right to enjoy, has a name and a face: it is Jesus of Nazareth, hidden in the Eucharist.” - Pope Benedict XVI

Merry Christmas and Happy New Year! My prayer is that this Christmas season has been providing you with an abundance of tangible signs of God's personal love and care. Even if this has been a hard season, our Lord is still inviting you to enter into the mystery of the Incarnation. He became man to dwell with you. We can take the lessons of Christmas with us as we transition into the rhythms of Ordinary Time. After all, Christmas is too big for just one day. We can and should remain attentive to God's presence throughout the year, long after we have packed up our nativity scenes. Click here for suggestions from Fr. Mark-Mary on how to focus intentionally on Jesus's love and provision in 2026.

One way we can remain in God's love is by (long time readers will guess it) deepening your family's lived faith practices. January is traditionally dedicated to the Holy Name of Jesus. Click here to learn more about the devotion and ways you can honour His sacred name. Though my personal word of the year is craft, I want to remind you that living our faith doesn't have to mean themed meals and colouring pages for the kids (although those can be fun and meaningful too). Everyone, no matter their vocation or state in life, can incorporate faith practices into their homes so they may better fix their eyes on Jesus. Click here to read Abigail Wilkinson Miller's defense of simplified liturgical living. I know its the motivation I need as I continue to *craft* (see what I did there?) a home that is more warm, joyous, and faith-filled for my family this year.

+JMJ+

Taylor

Retrouvaille January & March dates This program is for marriages in crisis and can be of assistance to couples who have separated, but are willing to work on their relationship to help repair the difficulties that exist. Click here for more details about the upcoming Mississauga weekend, and here for Niagara Falls.

“The Fall” Catechesis Workshop Mar 7 Our next workshop will focus on the second movement of the Kerygma. All catechists and pastors are encouraged to attend. Click here for the poster.

Family is a Gift (FIG) offers pastoral talks and gatherings that support couples and families in strengthening marriage, nurturing faith in the home, and building healthy family life. Parishes interested in hosting a FIG session are welcome to connect with Jomari & Beverly Badilla; jomaibadilla@gmail.com, 613-539-2876.

CCCB Letter on Food Insecurity Our Daily Bread: Food Security and the Call to Solidarity was released on Nov 16, 2025, World Day of the Poor. Resources are available in our community for those struggling to find food. Click here for the 2025 Hastings Community Service Guide, here for a 2024 Kingston area guide, and here for a 2025 list of foodbanks in Leeds, Grenville and Lanark.

Have a question or need support? Want to share about your parish's ministry initiatives? Just want to chat?



LET'S STAY IN TOUCH

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