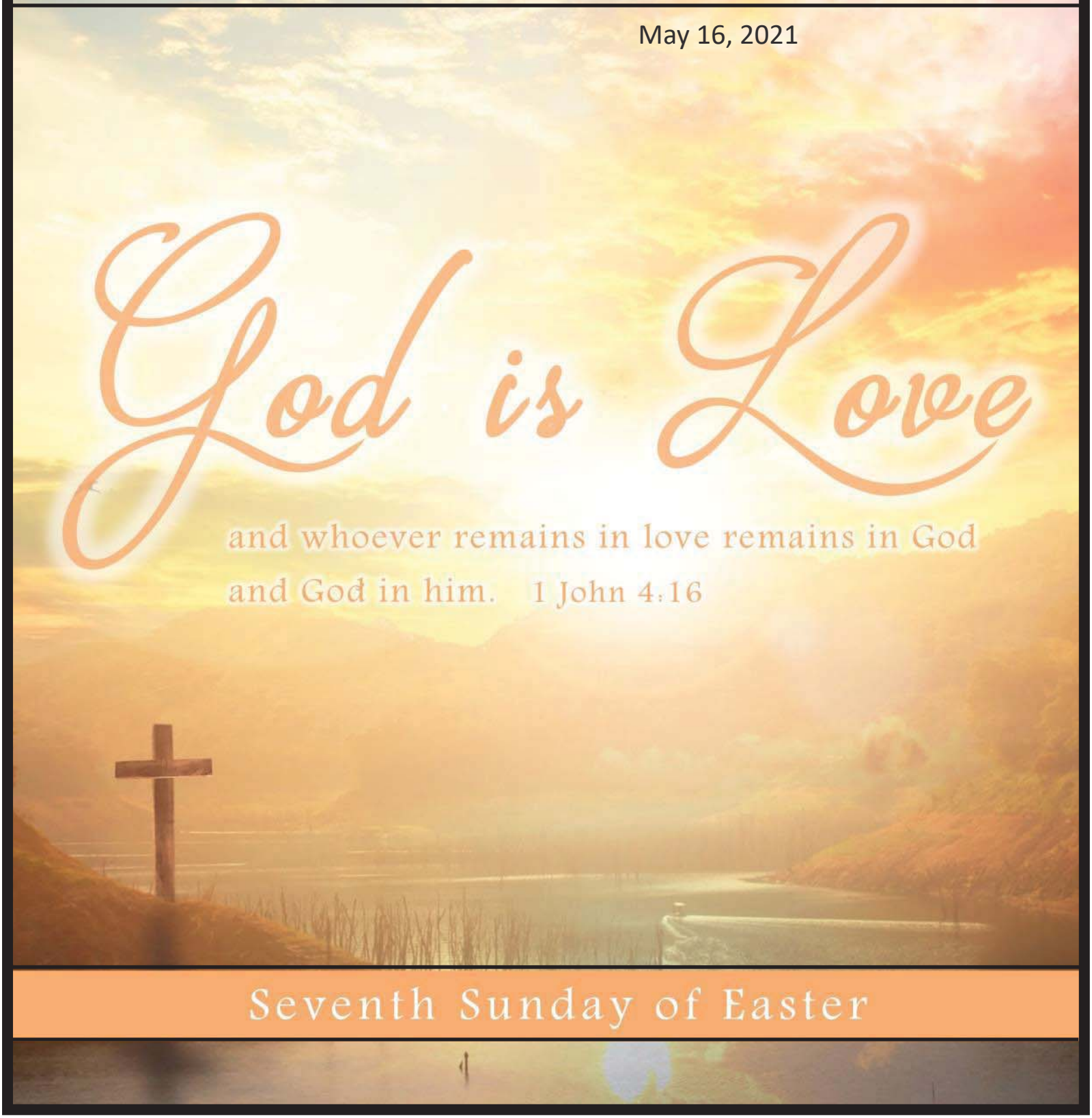
The Reading Catholic Community

Saint Athanasius Church
300 Haverhill Street
Reading, MA

Saint Agnes Church
186 Woburn Street
Reading, MA

May 16, 2021



PLEASE PRAY FOR THE MEN AND WOMEN IN MILITARY SERVICE

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones. Grant them courage, compassion, strength, and all they need for the living of these days. Sustain them through their every trial. Through Jesus Christ our Lord we pray. Amen.

Please pray for all service members, especially for:

Capt. Jared Peledge (US Army),
2LT Jeff Peledge (US Army Rangers),
Spc. William T. Fisher (US Army),
LCPL Peter O'Connor (USMC), LCPL Dean Lepore
Cpl. Daniel Gonzales (US Marine Corps),
Capt. Nicholas Staffier (US Army),
Cpl. Robert Ciaccio (USMC)
1LT Luke Beaulieu (US Army), 26th "Yankee" Brigade
Cpl. Brenden Amico, Justin Whitmarsh,
PFC Michael Goddard, Chaplain Tom Whiteman,
USMC Major Zachary Johnson,
1st Lts. Ryan & Nolan Johnson (US Army)
PFC Christopher Lewis, USMC Capt. Katie Sliwoski,
1LT Gregory Connery, 3rd Infantry Div (US Army),
2nd Lieutenant Luke Sullivan (USMC),
Frank J. Pendergast (USMC)
Major Stephen Tyminski (US Army Rangers),
Cpl. David Goss (USMC), Timothy Thomas (Army),
Sgt. Brian A. Hartman, USMC, LT Kevin Plumer (Navy)

Let us pray for the success of the St. Agnes and St. Athanasius Collaborative. May we open our hearts to allow the Holy Spirit to work within and among us. May we intentionally seek to lead others to Jesus through our actions and build His Church in our community.

Sunday Masses: St. Athanasius - 4PM Vigil (Saturday) and 10AM
St. Agnes - 9AM and 11AM

9AM Daily Mass
St. Agnes: Monday, Wednesday, Friday
St. Athanasius: Tuesday, Thursday, and 1st Saturdays, 9AM
Livestream: 11AM Sunday and Monday, Wednesday, Friday

SATURDAY, MAY 15
4:00 pm - Thornton and Peters Family
- Bob Gibbons - 5th Anniversary

SUNDAY, MAY 16 - 7TH SUNDAY OF EASTER
9:00 am - Margaret Merkl - Month's Mind
10:00 am - No Mass Intention
11:00 am - Enrico Botta - Birthday Memorial

MONDAY, MAY 17
9:00 am - No Mass Intention

TUESDAY, MAY 18
9:00 am - Jim Babineau - Memorial

WEDNESDAY, MAY 19
9:00 am - No Mass Intention

THURSDAY, MAY 20
9:00 am - No Mass Intention

FRIDAY, MAY 21
9:00 am - No Mass Intention

SATURDAY, MAY 22
4:00 pm - Mary Cavedon - Memorial
- Stanley Quinlan - Memorial

SUNDAY, MAY 23 - PENTECOST SUNDAY
9:00 am - No Mass Intention
10:00 am - No Mass Intention
11:00 am - No Mass Intention

Reading Catholic Community
Collaborative Office
St. Agnes Parish Center, 1st Floor
184 Woburn Street, Reading MA
Hours: Monday through Friday, 10:00AM - 3:30PM

Seventh Sunday of Easter

Reading I — Acts 1:15-17, 20a, 20c-26

Peter stood up in the midst of the brothers - there was a group of about one hundred and twenty persons in the one place —. He said, "My brothers, the Scripture had to be fulfilled which the Holy Spirit spoke beforehand through the mouth of David, concerning Judas, who was the guide for those who arrested Jesus. He was numbered among us and was allotted a share in this ministry. "For it is written in the Book of Psalms: May another take his office. "Therefore, it is necessary that one of the men who accompanied us the whole time the Lord Jesus came and went among us, beginning from the baptism of John until the day on which he was taken up from us, become with us a witness to his resurrection." So they proposed two, Judas called Barsabbas, who was also known as Justus, and Matthias. Then they prayed, "You, Lord, who know the hearts of all, show which one of these two you have chosen to take the place in this apostolic ministry from which Judas turned away to go to his own place." Then they gave lots to them, and the lot fell upon Matthias, and he was counted with the eleven apostles.

Responsorial — Psalm 103:1-2, 11-12, 19-20

R. (19a) The Lord has set his throne in heaven.
or: **R. Alleluia.**
Bless the LORD, O my soul; and all my being, bless his holy name.
Bless the LORD, O my soul, and forget not all his benefits.
R. The Lord has set his throne in heaven.
or: **R. Alleluia.**
For as the heavens are high above the earth, so surpassing is his kindness toward those who fear him.
As far as the east is from the west, so far has he put our transgressions from us.
R. The Lord has set his throne in heaven.
or: **R. Alleluia.**
The LORD has established his throne in heaven, and his kingdom rules over all.
Bless the LORD, all you his angels, you mighty in strength, who do his bidding.
R. The Lord has set his throne in heaven.
or: **R. Alleluia.**

Reading II — 1 Jn 4:11-16

Beloved, if God so loved us, we also must love one another. No one has ever seen God.
Yet, if we love one another, God remains in us, and his love is brought to perfection in us.
This is how we know that we remain in him and he in us, that he has given us of his Spirit.
Moreover, we have seen and testify that the Father sent his Son as savior of the world.
Whoever acknowledges that Jesus is the Son of God, God remains in him and he in God.
We have come to know and to believe in the love God has for us.
God is love, and whoever remains in love remains in God and God in him.

Alleluia — Cf. Jn 14:18

R. Alleluia, alleluia.
I will not leave you orphans, says the Lord.
I will come back to you, and your hearts will rejoice.
R. Alleluia, alleluia.

Gospel — Jn 17:11b-19

Lifting up his eyes to heaven, Jesus prayed saying:
"Holy Father, keep them in your name that you have given me, so that they may be one just as we are one.
When I was with them I protected them in your name that you gave me, and I guarded them, and none of them was lost except the son of destruction, in order that the Scripture might be fulfilled.
But now I am coming to you.
I speak this in the world so that they may share my joy completely.
I gave them your word, and the world hated them, because they do not belong to the world any more than I belong to the world.
I do not ask that you take them out of the world but that you keep them from the evil one.
They do not belong to the world any more than I belong to the world.
Consecrate them in the truth. Your word is truth.
As you sent me into the world, so I sent them into the world.
And I consecrate myself for them, so that they also may be consecrated in truth."

PARISH FINANCE COUNCILS

As the Collaborative Pastoral Council was reorganized with new members the Finance Councils have been reorganized as well. The Archdiocesan Evangelization Program, Disciples in Mission, was established by Cardinal O'Malley to pull parishes closer together in the work of Evangelization. Every parish is assigned a consultant to help ensure that all parishes have the necessary support to implement this program. Chris Donoghue is helping us with Evangelization and writing a Pastoral Plan and Deacon Glenn Smith is working with our Financial Team, Gerry Sullivan and Deacon Bill Reidy, as well as the Finance Councils.

The establishment of the Finance Council is governed by Canon Law. It has the responsibility for providing counsel to the pastor concerning the administration of the parish finances, budget and property, fund raising. The pastor has a fiduciary responsibility to maintain the financial integrity of both St. Agnes and St. Athanasius Parishes. This means that St. Agnes funds cannot be used for St. Athanasius Parish and St. Athanasius funds cannot be used for St. Agnes. This is enforced by Archdiocesan Policy. Both parishes share common expenses, priest costs, office costs, Religious Education. These shared costs are decided by a percentage of each parish's income: offertory, special collections and fund drives. The funds from the sale of the Bainbridge House are for the use of St. Athanasius Parish alone.

I want to thank the outgoing members of our Finance Councils for their hard work: Joe McDonagh, Ellen Terry, Bob Ferrari, Cindi Canavan, Sue Coppola, Joe Lupi, Brendan Gray, Cathy Costello, and Beth Ferraro. I would like to welcome our new members: Martha Jane Gagnon, John Silva, Ellen Kearns, Bob Finigan, Freddy Santosuosso, Steve Goldner, and Jim Bedingfield.

God bless,

Fr. Steve Rock

ENROLLMENT FOR 2021/2022 FAITH FORMATION

ALL GRADES, 1 THROUGH 10 - SUMMER PROGRAM AND FALL/SPRING PROGRAM

Enrollment for the 2021/2022 Year is underway! Keep in mind that class sizes are limited: enroll today!

PROGRAM INFORMATION AND ENROLLMENT: https://readingcatholic.org/program

Enrollment closes on May 31st

SUMMER FAITH PROGRAM - this program is open to children who are entering grades 6, 7, or 8 in the Fall 2021.

PROGRAM DATES: Entering grade 8 - The week of July 12
Entering grade 7 - The week of July 19
Entering grade 6 - The week of July 26

NOTE: There are two options to choose from for on-site classes
OPTION #1: Monday, Wednesday, Friday from 8AM to 12Noon (Maximum of 30 students)
OPTION #2: Tuesday, Thursday from 8AM to 2PM (Maximum of 30 students)

FALL/SPRING PROGRAM - this program is open to all students, grade 1 through Confirmation Preparation (grade 10)

PROGRAM DATES: Opening session for All grades is the WEEK OF OCTOBER 17TH - following below schedule
Grade 1 and 2 - Sunday, 10AM-11AM, Maximum of 30 students per grade
Grade 1 and 2 - Wednesday, 4PM-5PM, Maximum of 30 students per grade
*** NOTE - if an Early Release day, class time is 1PM-2PM
Grade 3 - Tuesday, 3:45PM-4:45PM, Maximum of 30 students
Grade 4 - Tuesday, 5PM-6PM, Maximum of 30 students
Grade 5 - Monday, 3:45PM-4:45PM, Maximum of 30 students
Grade 6, 7, 8 - Monday, 5PM-6PM, Maximum of 20 students per grade
Confirmation - 1st Year of Preparation - Sunday, 4PM
Confirmation - 2nd Year of Preparation - Sunday, 7PM

BE FEARLESS, BE JOYFUL, BE RENEWED: LIVING THE SPIRIT OF EASTER

THE EASTER SEASON - beginning on Easter Sunday and continuing for 50 days—is an opportunity for us to cultivate a spirit that defines who we are as Christians. So what does living the spirit of the Easter season mean in practical terms? Here are three concrete suggestions.

LIVE WITH JOY - Joy is a deep-down gladness that cannot be taken away, even in the midst of sorrow. The Passion and Resurrection of Jesus teach us that suffering is transformed through faith in the Risen Christ. With this faith, we are able to hold on to an enduring sense of joy even in the midst of the sadness we experience from the loss of a loved one, a failure to achieve an important goal, or a setback during recovery from an illness.

LIVE WITHOUT FEAR - The Resurrection teaches us that God can overcome anything, even death. When the Risen Christ appears to the women at the tomb and later to his disciples, his first words are "Do not be afraid!" (Mt 28:5,10) These words speak to our hearts, helping us cope with the fear from the loss of a job, a serious illness, or a crumbling relationship. Our faith allows us to trust that God can overcome our most serious problems.

LIVE WITH NEW EYES - Easter means to live with a sense of newness. Just as the return of spring lifts our spirits and makes us feel like the whole world is new, the Resurrection of Jesus makes "all things new." (Rev. 21:5) The Easter spirit is a spirit of renewal that enables us to show up at work with a positive attitude, to renew relationships that have been taken for granted, and to express appreciation and affection to those closest to us. It means to see the world through new eyes - God's eyes.

We can use these 50 days to cultivate an Easter spirit that enables us to be truly Christian: embracing joy, living without fear, and seeing the world again—as if for the first time. ***Source: https://www.loyolapress.com/catholic-resources***

LOVE is not about patronizing and charity isn't about pity, it is about pouring ourselves out for others. Charity and love are the same - with charity you give love, so don't just give money but reach out your hand also.

~ Mother Teresa

FORMED®

PICK OF THE WEEK

FORMED LIVE: FEAST OF THE ASCENSION

Join Drs. Tim Gray and Ben Akers as they discuss the feast of the Ascension! In this video, these two scholars provide powerful insights about the significance of the number 40, Jesus' conquest as the new Joshua, and the Kingship of Christ!

LEARN

To Sign Up on FORMED:

1. Visit http://signup.formed.org 2. Enter our parish zip or name 3. Enter your name and email

'His Love is Brought to Perfection in Us' (1 John 4:12)

We know that soon we will celebrate the coming of the Holy Spirit at Pentecost. Today we hear more about why this great gift is so necessary.

We have heard a great deal about love from the writings of St. John in these weeks since Easter. And that is true today as well. In the second reading we are told that, "if we love one another, God remains in us and His love is brought to perfection in us" (1 John 4:12). It is rather overwhelming to pause and consider the idea of God living within us. Moreover, the thought that God's love comes to perfection in us, in His people, seems incredible; that is, unless we realize that love has its meaning in being shared. God created us, His precious people, because He already loved us. He longs for our love in turn. He also wants us to love each other. This ongoing relationship with the love of the Blessed Trinity and the children who are called to live in this love, reciprocate this love, and communicate this love – this is the perfection that God seeks.

So on this Sunday when we move from consideration of Jesus Ascension into heaven to those left behind. We know that soon we will celebrate the coming of the Holy Spirit at Pentecost. Today we hear more about why this great gift is so necessary. We who embrace our lives as followers of Christ must accept the need for grace. We cannot walk in the way of our Savior by ourselves. The world's temptations, the lure of evil, the self-centeredness that is so much a part of our humanity – all these call us away from God's love and our ability to love others. In the Gospel reading, Jesus prays to His Father on behalf of His disciples, then and now: "Consecrate them in the truth. Your word is truth. As you sent me into the world, so I sent them into the world and I consecrate Myself for them, so that they also may be consecrated in truth" (John 17:17-19). Only by carrying the truth of God's love and goodness in our hearts can we become the loved and loving children that He created us be.

Source: http://blog.missio.org/missioninscripture

KNIGHTS OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Into The Breach: Servant Leaders

Wednesday, May 19, 7:30PM - Zoom Video and Discussion

The Reading Knights of Columbus invite Catholic men to join us on Wednesday May 19th at 730PM for a one hour Zoom Video presentation and discussion about the importance of and characteristics of a servant leader.

This presentation is part of the Knights of Columbus *Into the Breach* series which examines the crisis of faith facing the Church today and presents a vision of the role of Catholic men in addressing it. It is our hope that by joining together in brotherhood, we will all grow together in virtue to take action to serve Christ and others.

To sign up go to http://bit.ly/KofC1031

The Knights of Columbus is the world's largest Catholic family fraternal service organization. It provides members and their families with volunteer opportunities in service to the Catholic Church, their communities, families and young people. The Reading Council 1031 was founded in 1905 and serves St. Agnes and St. Athanasius Parishes.

Interested in joining? Want more information? Contact Bob Baynes, Grand Knight, 781-942-1449 or visit the Knights of Columbus website: www.readingkofc.org

Evening of Healing & Intercessory Prayer

DATE: Tuesday, June 15, 2021

LOCATION: St. Theresa Parish
63 Winter Street, North Reading, MA

CELEBRANT: Fr. Thomas Reilly

6:00 pm: Adoration, Rosary & Confession until 6:45 pm
7:00 pm: Holy Mass with the Sacrament of the Sick
8:15 pm: Opportunity for personal prayer

Should you not be able to be here in person, you may watch on our website: www.sttheresanreading.org and email your intentions to: info@sttheresanreading.org
Please submit intentIons by Monday June 14th

"Jesus healed the centurion's servant from afar."
MT 8: 5-13

"Jesus Christ is the same yesterday, today and forever."
HEB 13: 8

More information, please call the office at 978 664 3412

SUNDAY FUNDAY

BIBLE DETECTIVE

See what you can discover for yourself about the background to the readings.

THE ACTS OF THE APOSTLES

Who wrote the Acts of the Apostles? Is this book part of the Old or New Testament?

What was the 'first book' to which the writer refers?

What would these 'books' have looked like? Were they printed, or written by hand? Can you find out how people made copies of books in those days, to pass on to others?

Have any of these early copies survived? What can you find out about the earliest samples we have of the Acts of the Apostles - and the other books of the New Testament?

FILL IN THE GAPS

The sentences below are missing key words. Can you find the correct ones? (They are all in today's readings.)

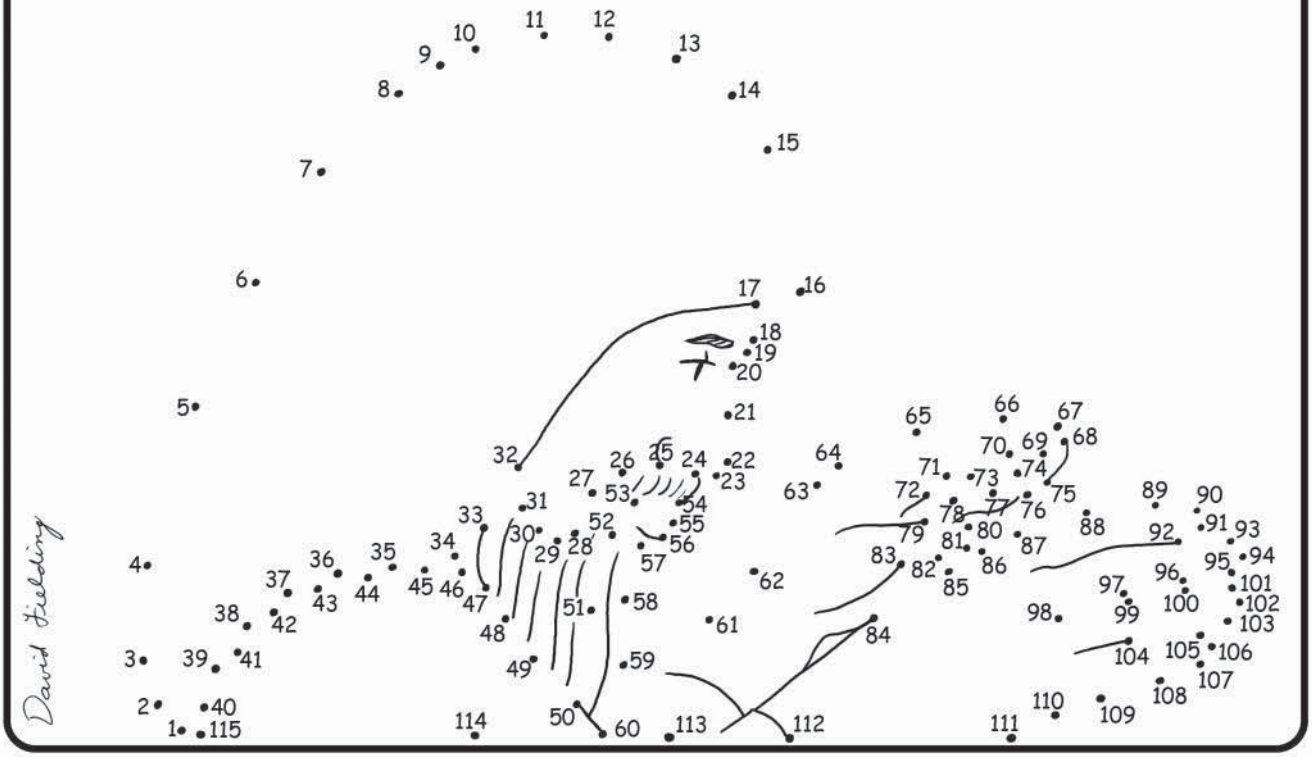
1. He presented himself _____ to them by many _____ after he had _____.
2. When he had said _____, as they were _____ on, he was _____ up.
3. Go into the whole _____ and proclaim the _____ to every _____.
4. Whoever _____ and is _____ will be _____.
5. They went _____ and _____ everywhere, while the Lord _____ with them.

ANSWERS

1. alive, proofs, suffered 2. this, looking, lifted
3. world, gospel, creature 4. believes, baptized, saved
5. forth, preached, worked

CONNECT THE DOTS

GOSPEL READING: MARK 16, 15-20



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READING CATHOLIC PARISH COUNCIL
Email: ParishCouncil@ReadingCatholic.org
Fr. Steve Rock, Rosemarie DeLacy, Jane Fiore, Jim Fitzgerald, Ron Fotino, Paul Lannon, Ron Taupier, James Taylor, Frank Tran and High School members: Aidan Conway, Isabella Staffier

READING CATHOLIC FINANCE COUNCIL
Email: FinanceCouncil@ReadingCatholic.org
Providing counsel to the pastor concerning the administration of the parishes' finances, budget and property, fund raising
Jim Bedingfield, Bob Finigan, Martha Jane Gagnon, Steve Goldner, Ellen Kearns, Freddy Santosuosso, John Silva

BEREAVEMENT MINISTRY
Chrissy Cerretani, Maureen Cannava, Paula Curren, Mary Fergusson, MaryEllen Hatfield, Bill Lucey, Ed Murphy, Maureen McKeown, Ed Norton, Anne Rand, John Silva, Jackie Steele, Ron Taupier, Larry Testa
CONTACT CHRISSY CERRETANI, CERRETANI@READINGCATHOLIC.ORG

MUSIC MINISTRY
Chrissy Cerretani, Paula Black, Nicole D'Entremont, Jim Fitzgerald, Paul Guazzaloca, Larry Immerman, CJ Jewer, Mario Maniscalco, Maria Morgan, Kathy Natale, Lisa Prato
CONTACT CHRISSY CERRETANI
CCERRETANI@READINGCATHOLIC.ORG

WINCHESTER HOSPITAL CHAPLAIN, 781.756.2295
Mary Beth Moran

GLUTEN ISSUES
Please see a Priest or Deacon before Mass.

SOCIETY OF ST. VINCENT DE PAUL 781-258-8767
St. Vincent de Paul known as the "Apostle of Charity" for dedicating his life to the service of the poor. Today, the Reading Catholic Community carries on his work in the confidential support of our Reading neighbors. Please call us if we can help you.

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)
Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

ALTAR SERVERS (For Youth in Grades 3 and up)
Currently suspended due to COVID-19
St. Agnes Contact: Michelle Goldner, 508-942-9788
email: chelle1127@msn.com
St. Athanasius Contact: Call the Office 781-944-0330

EUCHARISTIC ADORATION - IN PERSON AFTER THE DAILY MASS:
Friday 9:30am-12Noon at St. Agnes Church

MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS
Call the Parish Office to schedule

PRAYER REQUESTS
Call the Parish Office to add or renew a name of your loved ones or submit online at:
https://readingcatholic.org/prayer-request

PARISH REGISTRATION
Welcome to our Parish. Please call the Parish Office or register on our site at::
https://ReadingCatholic.org/register-with-parish

BULLETIN SUBMISSIONS
Due by Monday 12Noon for print in the upcoming weekend's bulletin. Email submissions to: ***bulletin@ReadingCatholic.org***

CALENDAR OF EVENTS

SATURDAY, MAY 15

7:00 AM - Men's Group Zoom Meeting
2:45-3:45PM - Reconciliation at St. Athanasius

SUNDAY, MAY 16 - 7TH SUNDAY OF EASTER

MONDAY, MAY 17

TUESDAY, MAY 18

7:00 PM - Tuesday Evening Rosary at St. Agnes
7:30 PM - Sanctity of Life Ministry Mtg
St. Agnes Parish Ctr

WEDNESDAY, MAY 19

THURSDAY, MAY 20

7:00 PM - Adoration & Rosary at St. Athanasius Church

FRIDAY, MAY 21

9:30AM-Noon - Eucharistic Adoration at St. Agnes Church

SATURDAY, MAY 22

7:00 AM - Men's Group Zoom Meeting
9:30 AM - St. Vincent de Paul - St. Agnes Parish Ctr
2:45-3:45PM - Reconciliation at St. Athanasius

SUNDAY, MAY 23 - PENTECOST SUNDAY

MAY 1 THROUGH MAY 31: ON-LINE ENROLLMENT FOR 2021/2022 FAITH FORMATION
ALL GRADES, 1 THROUGH 10 - SUMMER PROGRAM AND FALL/SPRING PROGRAM

PROGRAM INFORMATION AND ENROLLMENT: https://readingcatholic.org/program

Mass Schedule

Saint Agnes Church

Sunday: 9:00AM
Sunday: 11:00AM (also live-streamed)
Daily Mass: 9:00AM on Monday, Wednesday, Friday (also live-streamed)

Saint Athanasius Church

Saturday: 4:00PM
Sunday: 10:00AM
Daily Mass: Tuesday 9:00AM
Thursday 9:00AM
First Saturday: 9:00AM

Contact Us:

Office: 184 Woburn Street, Reading, MA | Hours: Monday thru Friday, 10AM-3:30PM
ReadingCatholic.org • Contact@ReadingCatholic.org • 781.944.0490 Fax 781.944.4403

Clergy:

Pastor
Very Rev. Stephen B. Rock, x220
email: FrSteve@ReadingCatholic.org

Parochial Vicar
Rev. Victor Vitug, x224
email: FrVictor@ReadingCatholic.org

Senior Priest
Rev. Edward T. Malone, x211
email: Fred@ReadingCatholic.org

Priest In Residence
Rev. Richard M. Erikson

Deacons
Rev. Mr. Bill Reidy
email: DeaconBill@ReadingCatholic.org

Rev. Mr. Neil Sumner
email: NSumner@verizon.net

Lay Staff:

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Director, Finance & Operations Gerry Sullivan x210
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Director of Music: Chrissy Cerretani
email: CCerretani@ReadingCatholic.org

Communications: Jacqueline Steele, x217
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Admin Assistant: Luann Barretto, x216
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Dynamic Parish Initiative Janet Davidson-Dee
email: JDavidson-Dee@ReadingCatholic.org

Bereavement Chrissy Cerretani
email: CCerretani@ReadingCatholic.org

Property Managers
Steve Flannery, St. Athanasius
email: Flannerys91@gmail.com
Thomas Jones, St. Agnes
email: TJones@ReadingCatholic.org

Sacraments:

✝ **Baptism:** Maximum of 5 babies at each service

✝ **Baptism Parent Meeting:** ***Parents must attend a baptism meeting prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, currently by ZOOM meeting.***

St. Agnes Baptisms:
1PM Service - 1st & 3rd Sunday of the month

St. Athanasius Baptisms:
1PM Service - 2nd Sunday of the month

Schedule a baptism: https://readingcatholic.org/baptism
Or Call the Parish Office, 781-944-0490

✝ **Marriage:**
Arrangements are made with a priest at least six months in advance.

✝ **Reconciliation:**
Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

✝ **Anointing of the Sick:** Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.

✝ **Funerals**: Are held in the church subject to physical distancing and mask wearing

“I WAS TIRED OF LIVING WITH MY FIBROMYALGIA PAIN

Fibromyalgia has been difficult to treat and even more difficult to understand, UNTIL NOW! Acupuncturist Min provides patients with much needed relief from Fibro symptoms!

If you’re suffering from Fibromyalgia you understand this sentiment all too well. Local resident Elyse K. found herself at a turning point when she noticed her diagnosis had started to take a toll on her marriage.

“I was angry all the time because of all the things I couldn’t do anymore because of my Fibromyalgia. That anger cycled through to depression and affected everyone around me, my husband more than anyone. It made our lives miserable.”

Fibromyalgia affects the entire body. To make things complicated it affects everyone’s body a little differently. To make things even more complicated, those effects can change on a daily basis. Sometimes you’re plagued with wide-spread muscle pain and fatigue, and other days it’s a headache and heightened sensitivity to touch.

“I could barely stand to have the light weight of bedsheets touching me, much less a hug from my husband.” explains Elyse.

This is what it’s like to suffer from Fibromyalgia. Symptoms make everyday life incredibly difficult. Mundane, daily tasks are nearly impossible.

And too often, these symptoms are only made worse because practitioners find it difficult to understand and even more troublesome to treat. It’s characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles and tissues.

Then your primary care doctors suggest dietary changes, pain liniments and, prescription medications to the point where your life is no longer ruled by Fibromyalgia. It’s now ruled by a difficult routine and pill regimen that are supposed to aid in avoiding flare ups.

Elyse put it this way,
“My life was no longer my own.”

Eventually Elyse did her own research and discovered that acupuncture can improve the quality of life in Fibro patients. Determined to find the best in the business, she discovered AWC | Acupuncture & Wellness Clinic lead by Acupuncturist Min Jeon.

Min Lic.Ac has been successfully treating difficult to manage, chronic pain cases for two decades.

She uses the time tested science of acupuncture and integrates it with modern medical advancements that encourage healing and recovery. Acupuncture is a form of Chinese medicine that is commonly used to reduce various forms of pain.

Acupuncture works by reducing inflammation, stimulating the release of endorphins and offers much needed, effective symptom relief for Fibromyalgia.

Then Acupuncturist Min skillfully layers other non invasive therapies like ATP Resonance BioTherapy™ and O3 Regenerative Therapy™ for amplified, long-lasting results.

“I feel like a new person. My husband comes with me to my appointments. He spends most of it thanking Acupuncturist Min for giving him back the woman he married.
And for the first time since we moved here, one of my neighbors told me I looked good! It’s a miracle she treated my Fibro, I don’t know how else to explain it.”

If you’re looking for a doctor and a practice who not only understands your diagnosis but also has a proven solution for chronic pain, look no further than AWC.

Elyse describes AWC almost as enthusiastically as she does their treatments. “I love it here!”

Acupuncturist Min's success stories can be viewed by finding AWC on Facebook, @AcupunctureClinic!

Additional information about Min Lic. Ac. and her various treatments can be found by visiting **www.AWClinic.com.**

Acupuncturist Min is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Only 10 new fibromyalgia patients will be accepted before June 15th, 2021 so call (781)221-0162 now to schedule a consultation.

Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!

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“I WAS TIRED OF LIVING WITH MY FIBROMYALGIA PAIN

Fibromyalgia has been difficult to treat and even more difficult to understand, UNTIL NOW! Acupuncturist Min provides patients with much needed relief from Fibro symptoms!

If you’re suffering from Fibromyalgia you understand this sentiment all too well. Local resident Elyse K. found herself at a turning point when she noticed her diagnosis had started to take a toll on her marriage.

“I was angry all the time because of all the things I couldn’t do anymore because of my Fibromyalgia. That anger cycled through to depression and affected everyone around me, my husband more than anyone. It made our lives miserable.”

Fibromyalgia affects the entire body. To make things complicated it affects everyone’s body a little differently. To make things even more complicated, those effects can change on a daily basis. Sometimes you’re plagued with wide-spread muscle pain and fatigue, and other days it’s a headache and heightened sensitivity to touch.

“I could barely stand to have the light weight of bedsheets touching me, much less a hug from my husband.” explains Elyse.

This is what it’s like to suffer from Fibromyalgia. Symptoms make everyday life incredibly difficult. Mundane, daily tasks are nearly impossible.

And too often, these symptoms are only made worse because practitioners find it difficult to understand and even more troublesome to treat. It’s characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles and tissues.

Then your primary care doctors suggest dietary changes, pain liniments and, prescription medications to the point where your life is no longer ruled by Fibromyalgia. It’s now ruled by a difficult routine and pill regimen that are supposed to aid in avoiding flare ups.

Elyse put it this way,
“My life was no longer my own.”

Eventually Elyse did her own research and discovered that acupuncture can improve the quality of life in Fibro patients. Determined to find the best in the business, she discovered AWC | Acupuncture & Wellness Clinic lead by Acupuncturist Min Jeon.

Min Lic.Ac has been successfully treating difficult to manage, chronic pain cases for two decades.

She uses the time tested science of acupuncture and integrates it with modern medical advancements that encourage healing and recovery. Acupuncture is a form of Chinese medicine that is commonly used to reduce various forms of pain.

Acupuncture works by reducing inflammation, stimulating the release of endorphins and offers much needed, effective symptom relief for Fibromyalgia.

Then Acupuncturist Min skillfully layers other non invasive therapies like ATP Resonance BioTherapy™ and O3 Regenerative Therapy™ for amplified, long-lasting results.

“I feel like a new person. My husband comes with me to my appointments. He spends most of it thanking Acupuncturist Min for giving him back the woman he married.
And for the first time since we moved here, one of my neighbors told me I looked good! It’s a miracle she treated my Fibro, I don’t know how else to explain it.”

If you’re looking for a doctor and a practice who not only understands your diagnosis but also has a proven solution for chronic pain, look no further than AWC.

Elyse describes AWC almost as enthusiastically as she does their treatments. “I love it here!”

Acupuncturist Min's success stories can be viewed by finding AWC on Facebook, @AcupunctureClinic!

Additional information about Min Lic. Ac. and her various treatments can be found by visiting **www.AWClinic.com.**

Acupuncturist Min is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Only 10 new fibromyalgia patients will be accepted before June 15th, 2021 so call (781)221-0162 now to schedule a consultation.

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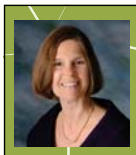
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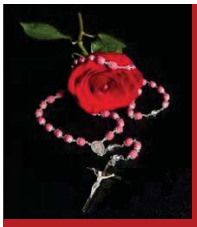

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