

22nd Sunday in Ordinary Time

August 29, 2021

The Reading Catholic Community

Saint Agnes Church
186 Woburn Street
Reading, MA

Saint Athanasius Church
300 Haverhill Street
Reading, MA

<https://ReadingCatholic.org>



All good giving and every perfect gift is from above, coming down from the Father of lights, with whom there is no alteration or shadow caused by change.

James 1:17

PLEASE PRAY FOR THE MEN AND WOMEN IN MILITARY SERVICE

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones.

Grant them courage, compassion, strength, and all they need for the living of these days.

Sustain them through their every trial.

Through Jesus Christ our Lord we pray.

Amen.

Please pray for all service members, especially for:

Capt. Jared Peledge (US Army),

2LT Jeff Peledge (US Army Rangers),

Spc. William T. Fisher (US Army),

LCPL Peter O'Connor (USMC), LCPL Dean Lepore

Cpl. Daniel Gonzales (US Marine Corps),

Capt. Nicholas Staffier (US Army),

Cpl. Robert Ciaccio (USMC)

1LT Luke Beaulieu (US Army), 26th "Yankee" Brigade

Cpl. Brenden Amico, Justin Whitmarsh,

PFC Michael Goddard, Chaplain Tom Whiteman,

USMC Major Zachary Johnson,

1st Lts. Ryan & Nolan Johnson (US Army)

PFC Christopher Lewis, USMC Capt. Katie Sliwoski,

1LT Gregory Connery, 3rd Infantry Div (US Army),

2nd Lieutenant Luke Sullivan (USMC),

Frank J. Pendergast (USMC)

Major Stephen Tyminski (US Army Rangers),

Cpl. David Goss (USMC), Timothy Thomas (Army),

Sgt. Brian A. Hartman, USMC, LT Kevin Plumer (Navy),

Jackson Nicolo (US Army Rangers),

Stephen Campo 1LT, USMC

St. Athanasius Bread & Wine Donation



*In loving memory of
Stephen Canty*

Week of August 29th

Sunday Masses: St. Athanasius - 4PM Vigil (Saturday) and 10AM
St. Agnes - 7:30AM | 9AM | 11AM

9AM Daily Mass

St. Agnes: Monday, Wednesday, Friday

St. Athanasius: Tuesday, Thursday, and 1st Saturdays, 9AM

Livestream: 11AM Sunday and Monday, Wednesday, Friday



SATURDAY, AUGUST 28

- 4:00 pm - John Ogles - 3rd Anniversary
- George Manzelli, Sr. - Memorial
- Norma & Bill Lucey - 50th Wedding Anniv.

SUNDAY, AUGUST 29 - TWENTY-SECOND SUNDAY IN ORDINARY TIME

- 7:30 am - No Mass Intention
- 9:00 am - Barbara Ann O'Connor - Birthday Memorial
- 10:00 am - Carmella Barletta - Birthday Memorial
- Marjorie Zecchino - Memorial
- 11:00 am - Wilson Menamena

MONDAY, AUGUST 30

- 9:00 am - No Mass Intention

TUESDAY, AUGUST 31

- 9:00 am - Francis White

WEDNESDAY, SEPTEMBER 1

- 9:00 am - Emilio Marotta, Sr. - Birthday Memorial

THURSDAY, SEPTEMBER 2

- 9:00 am - No Mass Intention

FRIDAY, SEPTEMBER 3

- 9:00 am - No Mass Intention

SATURDAY, SEPTEMBER 4 - FIRST SATURDAY

- 9:00 am - Edward Charest - Birthday Memorial
- 4:00 pm - Stephen Canty - Memorial
- David Finnegan

SUNDAY, SEPTEMBER 5 - TWENTY-THIRD SUNDAY IN ORDINARY TIME

- 7:30 am - No Mass Intention
- 9:00 am - No Mass Intention
- 10:00 am - May Rubbico - Memorial
- 11:00 am - No Mass Intention

Twenty-Second Sunday in Ordinary Time

Reading I

Dt 4:1-2, 6-8

Moses said to the people:

"Now, Israel, hear the statutes and decrees which I am teaching you to observe, that you may live, and may enter in and take possession of the land which the LORD, the God of your fathers, is giving you. In your observance of the commandments of the LORD, your God, which I enjoin upon you, you shall not add to what I command you nor subtract from it. Observe them carefully, for thus will you give evidence of your wisdom and intelligence to the nations, who will hear of all these statutes and say, 'This great nation is truly a wise and intelligent people.' For what great nation is there that has gods so close to it as the LORD, our God, is to us whenever we call upon him? Or what great nation has statutes and decrees that are as just as this whole law which I am setting before you today?"

Responsorial Psalm

Ps 15:2-3, 3-4, 4-5

R. (1a) The one who does justice will live in the presence of the Lord.

Whoever walks blamelessly and does justice; who thinks the truth in his heart and slanders not with his tongue.

R. The one who does justice will live in the presence of the Lord.

Who harms not his fellow man, nor takes up a reproach against his neighbor; by whom the reprobate is despised, while he honors those who fear the LORD.

R. The one who does justice will live in the presence of the Lord.

Who lends not his money at usury and accepts no bribe against the innocent. Whoever does these things shall never be disturbed.

R. The one who does justice will live in the presence of the Lord.

Reading II

Jas 1:17-18, 21b-22, 27

Dearest brothers and sisters:

All good giving and every perfect gift is from above, coming down from the Father of lights, with whom there is no alteration or shadow caused by change. He willed to give us birth by the word of truth that we may be a kind of firstfruits of his creatures. Humbly welcome the word that has been planted in you and is able to save your souls. Be doers of the word and not hearers only, deluding yourselves. Religion that is pure and undefiled before God and the Father is this: to care for orphans and widows in their affliction and to keep oneself unstained by the world.

Alleluia

R. Alleluia, alleluia.

The Father willed to give us birth by the word of truth that we may be a kind of firstfruits of his creatures.

R. Alleluia, alleluia.

Gospel

Mk 7:1-8, 14-15, 21-23

When the Pharisees with some scribes who had come from Jerusalem gathered around Jesus, they observed that some of his disciples ate their meals with unclean, that is, unwashed, hands. —For the Pharisees and, in fact, all Jews, do not eat without carefully washing their hands, keeping the tradition of the elders. And on coming from the marketplace they do not eat without purifying themselves. And there are many other things that they have traditionally observed, the purification of cups and jugs and kettles and beds.

—
So the Pharisees and scribes questioned him, "Why do your disciples not follow the tradition of the elders but instead eat a meal with unclean hands?" He responded, "Well did Isaiah prophesy about you hypocrites, as it is written:

This people honors me with their lips,
but their hearts are far from me;
in vain do they worship me,
teaching as doctrines human precepts.

You disregard God's commandment but cling to human tradition."

He summoned the crowd again and said to them, "Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile. "From within people, from their hearts, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile."

SPRING 2022 SACRAMENTS: FIRST RECONCILIATION, FIRST HOLY COMMUNION AND CONFIRMATION MASSES

Spring Confirmation dates: Sunday, May 1, 2022 at St. Athanasius, and Sunday, May 8, 2022 at St. Agnes.

Grade 2 Sacraments of First Reconciliation and First Holy Communion:

First Reconciliation - November 13, 2021 - 10AM & 11:30AM for May 2021 First Communicants

January 8, 2022 - 10AM & 11:30AM for Spring 2022 Communions

First Holy Communion - Saturday, May 14, 2022 - St. Athanasius - 10AM & 1PM

Saturday, May 21, 2022 - St. Agnes - 10AM & 1PM dates

Assignments for all Sacraments to be determined at a later date.

PLANNING FOR THE FALL PROGRAM!

It is not too late to enroll your child for Faith Formation this upcoming Fall! Classes begin week of October 17th.

<https://readingcatholic.org/formation>

VOLUNTEER CATECHISTS: ALL GRADES!

We invite you to consider working with our students in the Faith Formation program as a Catechist Volunteer, joining a catechetical community of faith. Our catechists work with students whose faith is budding and growing: you will certainly make a contribution in this regard! Contact Paula Colpitts with questions (PColpitts@ReadingCatholic.org) or sign up to volunteer at: ReadingCatholic.org/catechist-corner

SPECIAL COLLECTION FOR HAITI RELIEF EFFORTS FOLLOWING EARTHQUAKE

Recognizing the suffering of the Haitian people and growing need for assistance following the August 14th earthquake, Cardinal Seán P. O'Malley, OFM Cap, has asked that a special collection for Catholic Relief Services and the Church in Haiti be taken up the weekend of August 28-29. Please address your check payable to the parish, with "Haiti Earthquake Relief" in the memo. We will also have a separate collection basket at the churches' entrances, specifically for Haiti Relief.

Reading Food Pantry Needs

We aim to address the food and personal care needs of our neighbors through high-quality, respectful service in a welcoming environment, with a goal of enhancing well-being in our community



- Laundry detergent
- Liquid dish detergent
- Spaghetti sauce
- Facial tissues
- Diapers, size 3 and 4
- Chunky peanut butter
- Canned ravioli
- Canned beefaroni
- Mandarin oranges

Drop off to 6 Salem St, Reading
Wednesdays 4:30pm - 6pm at the back door.

COFFEE & DONUTS FOLLOWING 10:00 AM SUNDAY MASS!

PLEASE NOTE: September 19th we will not have Coffee/Donuts due to the Community-wide Outdoor Mass and Picnic Following. On the 19th, instead of the usual Coffee/Donuts, come stop by for the Picnic!

(September 19 we will have a 10:30AM Outdoor Mass at St. Athanasius; therefore, we will not have the 10AM or the 11AM usual Sunday Mass)

Would you and/or your family like to help out in getting ready for the Coffee/Donut hour? Please contact Sophie Beninati at (781) 944-9085 for more information.



Saint of the Day for September 3 St. Gregory the Great

Gregory was content to be a monk, but he willingly served the Church in other

ways when asked. He sacrificed his own preferences in many ways, especially when he was called to be Bishop of Rome. Once he was called to public service, Gregory gave his considerable energies completely to this work. Gregory's description of bishops as physicians fits in well with Pope Francis' description of the Church as a "field hospital."



UPDATES: OUTDOOR MASS FOLLOWED BY READING CATHOLIC COMMUNITY PICNIC

Sunday, September 19, 10:30 AM Outdoor Mass at St. Athanasius

Mark your calendars for the Reading Catholic Community's Kickoff Mass and Picnic!

The Mass will be celebrated at 10:30am followed by a picnic. Note that on this date, we will not have the usual 10:00am and 11:00am Masses.

All in the Reading Catholic Community are invited to the picnic - whether you attend the 10:30am Mass or another Mass.

We will provide grilled burgers and hotdogs - OR - if you prefer: "BYOF" (Bring Your

Own Food): bottled water, soft drinks, coffee and ice cream (ice cream vendor) will be provided for all.

We are looking forward to coming together in community - in a manner in which all can feel comfortable. This is a time to celebrate our Faith, our good fellowship: our Reading Catholic Community is alive and well! Come join us for faith and fellowship! If you would like to be involved with the preparations, call the Collaborative office, or email at Contact@ReadingCatholic.org

NEW: TECHNICAL SERVICES MINISTRY!!

Now that we are getting the Mass Livestreamed from St. Athanasius Parish, we are in need of volunteers willing to help turn on the livestream before Mass begins. The benefits of this technology are great, but we need volunteers to help us "Go Live"!

We are seeking Volunteers for the Technical Services Ministry to help operate the cameras, projection equipment, and the livestream. Training will be provided.

Ready to volunteer? Want to learn more about the Technical Services Ministry and how you can help? Contact the parish office at 781.944.0490 or by email to Contact@ReadingCatholic.org.

GRACE FOR THE JOURNEY MASS

FOR THOSE TOUCHED BY THE PAIN OF ADDICTION

LOCATION: St. Theresa Parish, North Reading

DATE: Thursday, September 23 at 7:00 PM

CELEBRANT: Bishop Mark O'Connell

Any person or family whose life has been touched by the pain of addiction or loss, or who seeks the grace of our Lord and Savior Jesus Christ in the struggle for recovery is welcome.

For Information: Contact: Deborah Charewicz:

Charewiczdeborah@gmail.com

Phone: 978-664-3412 Ext 32

THE SATURDAY NIGHT CLUB: FRIENDS & FAMILY FEUD NIGHT!

DATE: SEPTEMBER 11, 6:30 PM - 8:30 PM

LOCATION: ST. ATHANASIOUS PAC

The Saturday Night Club is hosting a Friends and Family Feud Night with an Ice Cream Social. Bring your family or join up with friends to compete in this hilarious night of Family Feud fun and PRIZES, too. Don't want to play? Just come and watch and eat ice cream. All are welcome. Bring a friend. To sign up or for more information, contact Jody Roffi, tulipfrog@comcast.net

BEQUEST TO ST. ATHANASIOUS PARISH

St. Athanasius Parish has received a bequest from the Estate of Rose McLaughlin. Rose and her husband, William McLaughlin were longtime parishioners of St. Athanasius Parish. Please keep Rose and William in your prayers. If you are making or reviewing your will please consider making a gift to our parishes.

EMAIL AND TELEPHONE SCAMS: BEWARE! AT IT AGAIN

It is sad to say but people are still taking advantage of many of our senior citizens by sending emergency emails and text messages that have to be responded to immediately by sending gift cards and money. If you ever get one of these requests please talk to a family member or feel free to call our office for advice. As a reminder none of our priests, deacons or staff members will ever send requests asking for money or gift cards.

LOVE GOD BY LOVING OUR NEIGHBORS...

As followers of Jesus, we, too, are asked to embrace all that our Redeemer wants from us each day. In accepting the profound and divine gift of faith we must realize that God desires us to grow ever closer to Him. In the liturgical reading for this Sunday, we are called to value our life as Christians and what it means to offer obedience to God by expressing our faith through loving service. We are not really committed to God, no matter what we say, if we do not act in accordance with His merciful plan for us and for our brothers and sisters. Everything we are and everything we have comes from the Father. So whatever He asks us to do, we are called to respond in spirit and with deed. In today's first reading, we hear Moses instruct the Jewish people to follow all the commandments of God: "Observe them carefully, for thus will you give evidence of your wisdom and intelligence to the nations" (Deuteronomy 4:6). As followers of Jesus, we, too, are asked to embrace all that our Redeemer wants from us each day. In accepting the profound and divine gift of faith we must realize that God desires us to grow ever closer to Him. That means listening to the Word of God and praying with an open heart. It means answering the Lord's love with our own.

The reading from the letter of James offers clear and direct pastoral admonition for daily living. "Humbly welcome the word that has been planted in you and is able to save your souls. Be doers of the word and not hearers only, deluding yourselves.... Religion that is pure and undefiled before God and the Father is this: to care for orphans and widows in their affliction and to keep oneself unstained by the world" (James 1:21-22, 27). Through our Baptism into Christian faith we profess belief in our Savior. Yet only when we avoid sin and care for those who are suffering, whether in body or soul, do we confirm that we are Jesus' loyal disciples. There are not only orphans and widows in need, but also people who are lack medical care, proper housing, decent jobs and wages, good education, and so much more. Let us love God by loving our neighbors today.

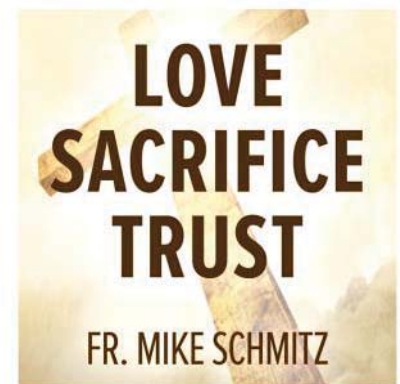
Source: <https://blog.missio.org/preachingmission>

FORMED®

PICK OF THE WEEK

LOVE, SACRIFICE, TRUST: HE SHOWED US THE WAY BY FR. MIKE SCHMITZ

In this talk, Fr. Mike Schmitz shares with us the need to pick up our crosses and embrace Christ in our own suffering. He reminds us that love often means sacrifice!



To Sign Up on FORMED: 1. Visit <http://signup.formed.org> 2. Enter our parish zip or name
3. Enter your name and email

*You can pray while you work. Work doesn't stop prayer and prayer doesn't stop work.
It requires only that small raising of the mind to Him: I love you God, I trust you,
I believe in you, I need you now. Small things like that.
These are wonderful ways to pray and wonderful prayers.
~ Mother Teresa*

READING CATHOLIC PARISH COUNCIL

EMAIL: PARISHCOUNCIL@READINGCATHOLIC.ORG

Fr. Steve Rock, Rosemarie DeLacy, Jane Fiore, Jim Fitzgerald, Ron Fotino, Paul Lannon, Ron Taupier, James Taylor, Frank Tran and High School members: Aidan Conway, Isabella Staffier

READING CATHOLIC FINANCE COUNCIL

EMAIL: FINANCECOUNCIL@READINGCATHOLIC.ORG

Providing counsel to the pastor concerning the administration of the parishes' finances, budget and property, fund raising

Jim Bedingfield, Bob Finigan, Martha Jane Gagnon, Steve Goldner, Ellen Kearns, Freddy Santosuosso, John Silva

MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR

Paula Black, Chrissy Cerretani, Nicole D'Entremont, Jim Fitzgerald, Paul Guazzaloca, Larry Immerman, CJ Jewer, Mario Maniscalco, Maria Morgan, Kathy Natale, Lisa Prato

DCOLPITTS@READINGCATHOLIC.ORG

SOCIETY OF ST. VINCENT DE PAUL 781-258-8767

St. Vincent de Paul known as the "Apostle of Charity" for dedicating his life to the service of the poor. Today, the Reading Catholic Community carries on his work in the confidential support of our Reading neighbors. Please call us if we can help you.

WINCHESTER HOSPITAL CHAPLAIN 781.756.2295,

Mary Beth Moran

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

ALTAR SERVERS

Contact: Michelle Goldner, 508-942-9788
email: chelle1127@msn.com
<https://ReadingCatholic.org/altar-server>

GLUTEN ISSUES

Please see a Priest or Deacon before Mass.

EUCCHARISTIC ADORATION

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary and Confessions available

Thursday 7:00pm at St. Athanasius Church with Rosary

Friday 9:30am-12Noon at St. Agnes Church

MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

PRAYER REQUESTS

Call the Parish Office to add or renew a name of your loved ones or submit online at:
<https://readingcatholic.org/prayer-request>

PARISH REGISTRATION

Welcome to our Parish. Please call the Parish Office or register on our site at:
<https://readingcatholic.org/register-with-parish>

BULLETIN SUBMISSIONS

Due by Monday 12Noon for print in the upcoming weekend's bulletin. Email submissions to: bulletin@ReadingCatholic.org

CALENDAR OF EVENTS

SATURDAY, AUGUST 28

7:00 AM - Men's Group Meeting
11:30 AM - Retrouvaille - St. Athanasius PAC
2:45-3:45PM - Reconciliation at St. Athanasius

SUNDAY, AUGUST 29

MONDAY, AUGUST 30

TUESDAY, AUGUST 31

7PM - 8PM - Adoration & Rosary; Confession available
St. Agnes Church

WEDNESDAY, SEPTEMBER 1

THURSDAY, SEPTEMBER 2

7:00 PM - Adoration & Rosary at St. Athanasius Church

FRIDAY, SEPTEMBER 3

9:30 AM - Adoration at St. Agnes Church

SATURDAY, SEPTEMBER 4

7:00 AM - Men's Group Meeting
2:45-3:45PM - Reconciliation at St. Athanasius

SUNDAY, SEPTEMBER 5

1:00 PM - Baptism Service at St. Agnes

We pray for the success of the St. Agnes and St. Athanasius Collaborative, opening our hearts to allow the Holy Spirit to work within and among us. May our actions lead others to Jesus and build His Church in our community.

LABOR DAY SEPTEMBER 6, 2021

The Collaborative Office will be closed on Monday, September 6, in observance of Labor Day.

MASS SCHEDULE

SAINT AGNES CHURCH

Sunday: 7:30AM | 9:00AM

Sunday: 11:00AM (also live-streamed)

Daily Mass: 9:00AM on Monday, Wednesday, Friday
(also live-streamed)

SAINT ATHANASIUS CHURCH

Saturday: 4:00PM Vigil Mass | Sunday: 10:00AM

Daily Mass: Tuesday 9:00AM

Thursday 9:00AM

First Saturday: 9:00AM

CONTACT US:

Office: 184 Woburn Street, Reading, MA | Hours: Monday thru Friday, 10AM-3:30PM
ReadingCatholic.org • Contact@ReadingCatholic.org • 781.944.0490 Fax 781.944.4403

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PASTOR

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email: FrSteve@ReadingCatholic.org

PAROCHIAL VICAR

Rev. David Campo
email: FrCampo@ReadingCatholic.org

SENIOR PRIEST

Rev. Edward T. Malone, x211
email: Fred@ReadingCatholic.org

PRIEST IN RESIDENCE

Rev. Richard M. Erikson

DEACONS

Rev. Mr. Bill Reidy
email: DeaconBill@ReadingCatholic.org

Rev. Mr. Neil Sumner
email: NSumner@verizon.net

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Steve Flannery, St. Athanasius
email: Flannerys91@gmail.com
Thomas Jones, St. Agnes
email: TJones@ReadingCatholic.org

SACRAMENTS:

† **BAPTISM:** Maximum of 6 babies at each service

† **BAPTISM PARENT MEETING:** *Parents must attend a baptism meeting prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, currently by ZOOM meeting.*

St. Agnes Baptisms:

1PM Service - 1st & 3rd Sunday of the month

St. Athanasius Baptisms:

1PM Service - 2nd Sunday of the month

Schedule a baptism: <https://readingcatholic.org/baptism>
Or Call the Parish Office, 781-944-0490

† **MARRIAGE:**

Arrangements are made with a priest at least six months in advance.

† **RECONCILIATION:**

Saturdays, 2:45PM - 3:45PM at St. Athanasius
or by appointment with Clergy

† **ANointing OF THE SICK:** Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.

† **FUNERALS:** visit <https://readingcatholic.org/funerals>
or call the Collaborative Office, 781-944-0490

GOOD LIFE

By Cynthia Kaan



PRAY FOR PRUDENCE IN A HOT HOUSING MARKET

If you find yourself house-hunting, you may be shocked by what an accepted offer currently includes. Thousands over list price, appraisal gaps (agreeing to pay a certain amount over what the bank appraises the value to be) and waived inspections are almost expected these days. So what do you do? Pray to be strengthened by these fruits of the Holy Spirit to stay prudent in decision-making:

Self-control.

Whatever your situation may be, pray to be able to practice a pause before jumping on something in a rush. It's easy to get caught up in the frenzy and submit an offer you are uncomfortable with when it seems like everyone else is buying. Take time to determine your housing needs – not wants. Bigger is not always better, and you do not need to purchase a home for a certain amount just because the bank said you could.

Patience.

Ask the Holy Spirit to guide you to the house in

which you are meant to live and the community

you are meant to serve – and the patience to wait until that comes your way. The housing market won't stay so intense, and the house that is meant for you may not be listed just yet. Pray for the patience to wait and the ability to act when the time is right.

Faithfulness.

Trust that God is in control. In Jeremiah 29:11, God declares he has plans “to give you a future of hope.” If you do feel led to purchase your home while the market is on fire, pray to St. Joseph to intercede for you. Offer a novena with the prayer to find your home.

In addition,

Pray for the ability to utilize the gift of wisdom from the Holy Spirit: “Jesus, help us trust in your promises, and give us the patience to wait patiently. Amen.”



“ I WAS TIRED OF LIVING WITH MY FIBROMYALGIA PAIN

Fibromyalgia has been difficult to treat and even more difficult to understand, UNTIL NOW!

Acupuncturist Min provides patients with much needed relief from Fibro symptoms!

If you're suffering from Fibromyalgia you understand this sentiment all too well. Local resident Elyse K. found herself at a turning point when she noticed her diagnosis had started to take a toll on her marriage.

“I was angry all the time because of all the things I couldn't do anymore because of my Fibromyalgia. That anger cycled through to depression and affected everyone around me, my husband more than anyone. It made our lives miserable.”

Fibromyalgia affects the entire body. To make things complicated it affects everyone's body a little differently. To make things even more complicated, those effects can change on a daily basis. Sometimes you're plagued with wide-spread muscle pain and fatigue, and other days it's a headache and heightened sensitivity to touch.

“I could barely stand to have the light weight of bedsheets touching me, much less a hug from my husband.” explains Elyse.

This is what it's like to suffer from Fibromyalgia. Symptoms make everyday life incredibly difficult. Mundane, daily tasks are nearly impossible.

And too often, these symptoms are only made worse because practitioners find it difficult to understand and even more troublesome to treat. It's characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles and tissues.

Then your primary care doctors suggest dietary changes, pain liniments and, prescription medications to the point where your life is no longer ruled by Fibromyalgia. It's now ruled by a difficult routine and pill regimen that are supposed to aid in avoiding flare ups.

**Elyse put it this way,
“My life was no longer my own.”**

Eventually Elyse did her own research and discovered that acupuncture can improve the quality of life in Fibro patients. Determined to find the best in the business, she discovered AWC | Acupuncture & Wellness Clinic lead by Acupuncturist Min Jeon.

Min Lic.Ac has been successfully treating difficult to manage, chronic pain cases for two decades.

She uses the time tested science of acupuncture and integrates it with modern medical advancements that encourage healing and recovery. Acupuncture is a form of Chinese medicine that is commonly used to reduce various forms of pain.

Acupuncture works by reducing inflammation, stimulating the release of endorphins and offers much needed, effective symptom relief for Fibromyalgia.

Then Acupuncturist Min skillfully layers other non invasive therapies like ATP Resonance BioTherapy™ and O3 Regenerative Therapy™ for amplified, long-lasting results.

“I feel like a new person. My husband comes with me to my appointments. He spends most of it thanking Acupuncturist Min for giving him back the woman he married.

And for the first time since we moved here, one of my neighbors told me I looked good! It's a miracle she treated my Fibro, I don't know how else to explain it.”

If you're looking for a doctor and a practice who not only understands your diagnosis but also has a proven solution for chronic pain, look no further than AWC.

Elyse describes AWC almost as enthusiastically as she does their treatments. “I love it here!”

Acupuncturist Min's success stories can be viewed by finding AWC on Facebook, @AcupunctureClinic!

Additional information about Min Lic. Ac. and her various treatments can be found by visiting www.AWCLinic.com.

Acupuncturist Min is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Only 10 new fibromyalgia patients will be accepted before June 15th, 2021 so call (781)221-0162 now to schedule a consultation.

**Visit www.AWCLinic.com to learn more
and to take advantage of their NEW PATIENT OFFER!**

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enjoy the
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☺ **PLEASE HELP SAVE A LIFE** ☺

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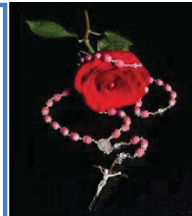
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Pictured: Msgr. Frank Kelley and Lyndia Downey, President, Pine Street Inn



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Acupuncturist Min provides patients with much needed relief from Fibro symptoms!

If you're suffering from Fibromyalgia you understand this sentiment all too well. Local resident Elyse K. found herself at a turning point when she noticed her diagnosis had started to take a toll on her marriage.

“I was angry all the time because of all the things I couldn't do anymore because of my Fibromyalgia. That anger cycled through to depression and affected everyone around me, my husband more than anyone. It made our lives miserable.”

Fibromyalgia affects the entire body. To make things complicated it affects everyone's body a little differently. To make things even more complicated, those effects can change on a daily basis. Sometimes you're plagued with wide-spread muscle pain and fatigue, and other days it's a headache and heightened sensitivity to touch.

“I could barely stand to have the light weight of bedsheets touching me, much less a hug from my husband.” explains Elyse.

This is what it's like to suffer from Fibromyalgia. Symptoms make everyday life incredibly difficult. Mundane, daily tasks are nearly impossible.

And too often, these symptoms are only made worse because practitioners find it difficult to understand and even more troublesome to treat. It's characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles and tissues.

Then your primary care doctors suggest dietary changes, pain liniments and, prescription medications to the point where your life is no longer ruled by Fibromyalgia. It's now ruled by a difficult routine and pill regimen that are supposed to aid in avoiding flare ups.

**Elyse put it this way,
“My life was no longer my own.”**

Eventually Elyse did her own research and discovered that acupuncture can improve the quality of life in Fibro patients. Determined to find the best in the business, she discovered AWC | Acupuncture & Wellness Clinic lead by Acupuncturist Min Jeon.

Min Lic.Ac has been successfully treating difficult to manage, chronic pain cases for two decades.

She uses the time tested science of acupuncture and integrates it with modern medical advancements that encourage healing and recovery. Acupuncture is a form of Chinese medicine that is commonly used to reduce various forms of pain.

Acupuncture works by reducing inflammation, stimulating the release of endorphins and offers much needed, effective symptom relief for Fibromyalgia.

Then Acupuncturist Min skillfully layers other non invasive therapies like ATP Resonance BioTherapy™ and O3 Regenerative Therapy™ for amplified, long-lasting results.

“I feel like a new person. My husband comes with me to my appointments. He spends most of it thanking Acupuncturist Min for giving him back the woman he married.

And for the first time since we moved here, one of my neighbors told me I looked good! It's a miracle she treated my Fibro, I don't know how else to explain it.”

If you're looking for a doctor and a practice who not only understands your diagnosis but also has a proven solution for chronic pain, look no further than AWC.

Elyse describes AWC almost as enthusiastically as she does their treatments. “I love it here!”

Acupuncturist Min's success stories can be viewed by finding AWC on Facebook, @AcupunctureClinic!

Additional information about Min Lic. Ac. and her various treatments can be found by visiting www.AWCLinic.com.

Acupuncturist Min is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Only 10 new fibromyalgia patients will be accepted before June 15th, 2021 so call (781)221-0162 now to schedule a consultation.

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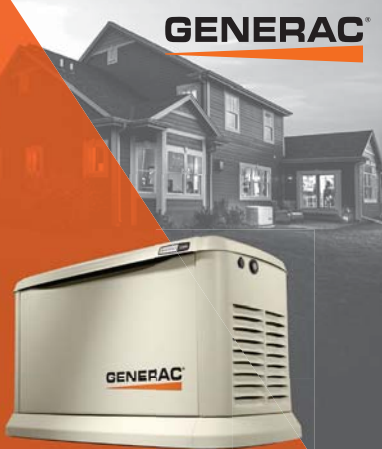
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Pictured: Msgr. Frank Kelley and Lyndia Downey, President, Pine Street Inn



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