



ReadingCatholic.org

The Reading Catholic Community

Saint Agnes Church
186 Woburn Street
Reading, MA

Saint Athanasius Church
300 Haverhill Street
Reading, MA

December 11, 2022



Third Sunday of Advent

*Be patient, brothers and sisters, until the coming of the Lord.
Make your hearts firm, because the coming of the
Lord is at hand.*

REJOICE IN THE LORD ALWAYS

The third Sunday of Advent, also known as Gaudete Sunday, comes from the Latin word, *Gaudete* meaning “rejoice”. We have come more than halfway through Advent, and it is time to focus even more intently on the joy we will soon know with the Nativity of Christ. And it is also a most appropriate occasion to realize that we are also awaiting His Second Coming. We have an obligation to prepare ourselves for life everlasting by living each day in Christ’s company. “Make your hearts firm because the coming of the Lord is at hand. Do not complain, brothers and sisters about one another, that you may not be judged” (James 5:8-9).



During Advent, our attention is often geared to the more social aspects of the Christmas season. Of course, we want to make plans for family get-togethers and parties with friends, as well as putting up a tree and other decorations, buying presents, sending cards, and on and on. Yet all these things can get in the way of our spiritual lives. Impossible as it seems, we need to find a way to spend even a little extra time in prayer, in reading Scriptures or other religious material each day. More than that, we must think about neighbors in need and consider how we can help. Our church and other community groups can use our assistance to benefit others – children, elderly, the sick and those who are vulnerable in body or spirit. We already know that the weeks of Advent are designed to lead us to the wondrous birth of our Savior and help us contemplate our unique relationship with Him. As long as we remember that December 25th is really a *holy day* and not just a holiday, we will do the right thing. And, ultimately, we will have a much more joyful Christmas. And so will the people around us.

Let us celebrate Gaudete Sunday by doing something positive to bring joy into the life of someone who could use our attention. Perhaps by visiting, sharing a meal, or doing a chore for that person, we can help them rejoice in our Lord.

SOURCE: <https://blog.missio.org/>

SACRAMENT OF RECONCILIATION: PREPARING FOR OUR LORD’S COMING

The Sacrament of Reconciliation: A Gift from God: Saturdays, 2:45pm - 3:45pm at St. Athanasius Church

We do many things to get ourselves ready for our celebration of Christmas: purchase gifts, prepare Christmas cards, decorate our homes. By the third week of Advent, many of us have already jumped ahead to the celebration of Christmas. But, when we do this, we miss the important steps of preparation for the Lord's coming.

One way in which we prepare for Jesus' coming is by our repentance from sin. The peace of mind and soul which this sacrament imparts to us is one for which there is no substitute. It is a peace that flows from a certainty, rather than from an unsure hope, that our sins have been forgiven and that we are right with God.

The sacrament of Reconciliation reunites the soul to God; sanctifying grace is restored to the soul.

MASS SCHEDULE St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 7:30AM, 9:00AM, 11:00AM
9:00AM Weekday: St. Agnes - Monday, Wednesday, Friday | St. Athanasius - Tuesday, Thursday
(Livestream Mass: 4:00PM Vigil, 11:00AM)

CONFESSION St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment

ADORATION St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

A Note from the Pastor

Dear Parishioners,

Happy Gaudete (Rejoice) Sunday! I hope and pray that you are taking some time this Advent to spiritually prepare for the celebration of the birth of God's Son at Christmas? As December 25th is looming over the horizon, it sure is hard not to jump in and go with the flow but if we slow down a bit and spiritually prepare, Christmas can be even better.

Checkout many of our Advent resources on our web page. Thanks to all who contributed toward the success of our Advent Retreat.

Proposed Merger News – As mentioned last weekend we will be voting on a possible patron saint for the new parish name this weekend but the final decision is made by Cardinal O'Malley. Our Parish Council decided to take the proposed names that had more than one vote and ask for a vote from the community. This Thursday morning I will be presenting our proposal to merge to Cardinal O'Malley and the Presbyteral Council. If their questions are answered satisfactorily they will probably take a vote that day. Cardinal O'Malley will then review all the materials and make his decision and at the same time choose a patron saint's name.

I know that this process has been painful for some of our parishioners and I hope that if the Cardinal approves the merger that we can come together as the People of God. From Isaiah we read this weekend:

“The desert and the parched land will exult;
the steppe will rejoice and bloom.
They will bloom with abundant flowers,
and rejoice with joyful song.”

The Prophet is reminding us that God's plans for this world are far greater than our minds can grasp. God's dream is a big dream. Isaiah probably wasn't thinking about Reading, but God is, and he has big plans for us, he loves us. Are we willing to work with where the Holy Spirit is leading us? If we are, the future of the Reading Catholic Community is very bright and exciting. As the Birth of Jesus brought hope to a world in darkness the rebirth of the Reading Catholic Community can change the face of our community.

Let's continue to pray for each other.

Fr. Steve Rock

CHRISTMAS FLOWER MEMORIAL



Donations in memory of deceased loved ones support our Sanctuary decorations. Thank you. May the souls of our departed be granted eternal rest in God's Kingdom.



PRAY EVERY DAY THIS

Advent

We have partnered with Hallow this Advent to encourage all parishioners to prepare their heart this season by incorporating prayer into each day. Hallow is a Catholic prayer and meditation app that helps you deepen your relationship with God and create a daily habit of prayer through audio-guided prayer sessions. This Advent, we're inviting you to join Hallow's #Pray25 Challenge: Journey through Salvation History, featuring the cast of 'The Chosen.' The challenge will feature daily meditations that journey through Old and New Testament scripture to encounter the joy that Jesus' birth brings to the world. The app makes it easy to set and achieve a goal of daily prayer this Advent. You can even set reminders on your phone so you don't forget! In order to have full access to Hallow, including the Advent #Pray25

Challenge, you can scan the QR code at right, or on the pew card, or banner, then follow the signup instructions.

Enjoy the free trial of the full unlocked version and cancel anytime.



MARRIAGE VALIDATION CEREMONY

Officiated by Bishop Mark O'Connell on Saturday, December 31, 6:00 PM at St. Theresa, North Reading

If you are married, but not in the Catholic Church, you are invited to participate in the validation ceremony. During the wedding ceremony, each couple will say their vows separately before Bishop O'Connell and their two witnesses.

To get more information and see if you are free to marry and able to participate in the ceremony, please contact your parish. If you are not currently associated with a parish, please contact the Regional Bishop's Office at 978-531-1013 or NorthRegion@rcab.org

DAILY MASS AT ST. AGNES & ST. ATHANASIOUS

In order to conserve energy over the colder winter months, we will celebrate 9:00 AM Daily Mass in the St. Agnes Lower Church on Monday, Wednesday, and Friday; and in the St. Athanasius Parish Activity Center on Tuesday and Thursday.

CHRISTMAS BULLETIN DEADLINE

Notices to be included in the Christmas Bulletin must be submitted by Wednesday, December 14.

JANUARY 1ST BULLETIN DEADLINE

Notices to be included in the January 1st Bulletin must be submitted by Friday, December 23.

CHRISTMAS GIVING PROGRAM FOR CATHOLIC CHARITIES: ENDS THIS WEEKEND!

You can make a difference in a child's/family's Christmas! The Christmas Giving program to benefit Catholic Charities ends this weekend, but you still have time to participate! Donations will be passed on to Catholic Charities early this week.

Gift requests are on the Giving Boards located at both churches' entrances. Cards returned at St. Athanasius will benefit Catholic Charities North Families & Education Program. Cards returned at St. Agnes will benefit Catholic Charities Peabody Child Care Center. Return cards to the offertory basket or leave in box in the entryway near the St. Athanasius restroom, or at St. Agnes, located at the Woburn Street and Handicap entrances.

Catholic Charities Peabody Child Care Center serves children in Peabody, Salem, Beverly and Danvers. The Center is a year round child care facility. The early childhood program serves children ages 2.9 years through 7 years old. The school-age program is a year round program open to children ages 5 to 13 years.

Catholic Charities North Families & Education Program benefits young families receiving services from Catholic Charities who are struggling to provide the necessities for themselves. The recipients are participating in Catholic Charities' education program in an effort to build a self-supporting future for their families.

THE O ANTIPHONS

The "O Antiphons" are part of the evening prayer from the Liturgy of the Hours for December 17 to December 23. In them, Old Testament imagery is used to proclaim the coming of the Christ child.

Reflection: *The O Antiphons of Advent*, by Rev. Larry Rice, CSP (Source: USCCB.org)

The simple chant for Advent, "O Come, O Come Emmanuel." This song, with its longing for the coming of the Savior, genuinely belongs to Advent and not to Christmas. Its melody is based on Gregorian Chant, and its verses are all taken from the Church's "O" antiphons. These antiphons introduce the Magnificat, or canticle of Mary, at evening prayer from the Liturgy of the Hours, from December 17th through December 23rd. Each of them begins with a traditional title for Christ. . . . Each of these traditional titles for the Messiah connects the coming of Christ with the prophetic writings of the Old Testament.

In some Catholic parishes, the Sunday liturgies during Advent feature the tune of "O Come, O Come Emmanuel" as the setting for the Holy Holy, the Great Amen, and other sung parts of the Mass. While it's asking a lot for this simple tune to bear so much repetition for four weeks, this setting does anchor us firmly in the longing and anticipation of Advent. But the original hymn, with its pleading for Christ's coming, still serves as a welcome antidote to the onslaught of bad commercial Christmas music that we have to endure every November and December. It also connects us to the evening prayer of the whole Church in the last week of Advent.

Pray the "O Antiphons"

You can incorporate the "O Antiphons" into your prayer this Advent, perhaps when praying at meal time or when lighting your advent wreath. Pause and reflect how each antiphon expresses a different title for the Messiah, giving us insight into how our own lives are changed by the Lord.



O Antiphons

December 17 – O Wisdom

O Wisdom of our God Most High,
guiding creation with power and love:
come to teach us the path of knowledge!

December 18 – O Leader of Israel

O Leader of the House of Israel, giver of the
Law to Moses on Sinai: come to rescue us with
your mighty power!

December 19 – O Root of Jesse

O Root of Jesse's stem, sign of God's love for
all his people: come to save us without delay!

December 20 – O Key of David

O Key of David, opening the gates of God's
eternal Kingdom: come and free the prisoners
of darkness!

December 21 – O Radiant Dawn

O Radiant Dawn, splendor of eternal light, sun
of justice: come and shine on those who dwell
in darkness and in the shadow of death.

December 22 – O King of All

O King of all nations and keystone of the Church:
come and save man, whom you formed from the
dust!

December 23 – O Emmanuel

O Emmanuel, our King and Giver of
Law: come to save us, Lord our God!

<https://ReadingCatholic.org/Christmas>

2022 Christmas Mass Schedule



Christmas Eve, December 24

- 4:00 PM - High School Field House
- 5:30 PM - St. Athanasius
- 9:00 PM - St. Agnes

Christmas Day, December 25

- 9:00 AM - St. Athanasius
- 11:00 AM - St. Agnes

4:00 PM CHRISTMAS EVE MASS AT THE READING HIGH SCHOOL FIELDHOUSE

WHO CAN HELP:

- Individuals and Families; Small groups; Faith Formation Students and classes; Confirmation Candidates; High School Juniors and Seniors. You!
- Children ages 5-15 can be part of our Angel Choir, singing during the gospel and Living Nativity, then rejoining their families for the rest of the Mass.
- Help behind the scenes with Hospitality, the Remembrance Tree and Parking.
- Stay an extra 15-30 minutes after Mass to help with cleanup: stacking chairs, packing up decorations, picking up programs, etc.

WAYS TO BE INVOLVED

- Altar Server
- Angel Choir Singer
- Decorations Set Up
- Decorations Breakdown
- Eucharistic Minister
- Field House Set Up
- Field House Breakdown
- Greeter
- Hospitality, Set up
- Lectors
- Living Nativity
- Medical
- Musicians
- Parking Attendant
- Ushers

FINAL PLANNING MEETING FOR 4PM MASS

DATE: Wednesday, December 14, 7:00 PM

LOCATION: St. Agnes Parish Center, 2nd Floor

Heading into the final week before Christmas we will have a final meeting to address last minute details for the 4:00 PM Christmas Eve Mass.

SPOTLIGHT ON THE ANGEL CHOIR!

Photo at left shows last year's Angel choir at the 4 PM Christmas Eve Mass at the High School - bringing back memories of how we all come together - young and old - to celebrate the birth of the promised Savior!



Check out this year's sign up to see who's participating in this year's Angel Choir! All are welcome and it is not too late to sign up! **ANGEL CHOIR - NEED TO KNOW INFORMATION:**

- Sunday, December 11 and Sunday, December 18 - PRACTICE - 12:00 PM at St. Agnes Church
 - Christmas Eve - December 24th - Plan to arrive to the Field House at 3:00 PM on Christmas Eve.
- Questions? Email to DColpitts@ReadingCatholic.org or barbara.ferrariwolfe@gmail.com

Volunteer Sign Up:
ReadingCatholic.org/Christmas
 or
 scan code at right



GRADE 2 FIRST RECONCILIATIONS

Many prayers and blessings for the grade 2 students who received the Sacrament of Reconciliation for the first time, this weekend at St. Athanasius. Next weekend, the remainder of the class will celebrate this Sacrament at St. Agnes church. Please keep these students and families in prayer as they continue preparations for First Holy Communion in the Spring.

UPCOMING FAITH FORMATION CLASSES

Grade 1 Sundays: December 11 and December 18
 Grade 2 Sundays: next class is January 8
 Grade 1 Wednesdays: December 14 and December 21
 Grade 2 Wednesdays: next class is January 11

Grade 3 and 4 on Tuesdays: December 13, December 20
 Grade 3 Sundays: December 11 and December 18
 Grade 5, 6, 7, 8: December 12, December 19

CONFIRMATION MEETINGS

Confirmation I - December 18, 4:30 PM
 Confirmation II - December 11, 6:30 PM

THANK YOU! Many "Thanks" to all the anonymous donors for all the lovely items for the St. Athanasius Faire Knit Table and Raffle Baskets. We received many compliments on the fine work that went into these items. Thank You, again and 'til next year, happy knitting and crocheting.
 Diane Bukowski, Knit Table & Prayer Shawl Ministry Coordinator.

VOTING FOR NEW PARISH NAME - DECEMBER 10 & 11

Voting deadline is 5:00 PM on Wednesday, December 14, 2022

Thank you to all who sent in suggestions for a new Parish name. This weekend we vote. You may choose to vote electronically, or if you prefer, you may cast a paper ballot. If you wish to vote electronically, use the code below. If you wish to vote by paper, you will find paper ballots at the Usher’s tables, or you can cut out the ballot below. Drop paper ballots in this weekend’s offertory basket, or deliver to the Collaborative office by Wednesday, December 14. If you would like to learn more about these Saints, there are many resources available. Some suggestions:
<https://mycatholic.life/saints> <https://www.catholic.org/saints/>

Scan code to cast your vote electronically



VOTE FOR ONE:

- Blessed Carlo Acutis
- St. Faustina
- Padre Pio
- Christ the King
- St. John Paul II

Your Name: _____

Fold ballot and place in drop box or drop ballot in today’s offertory basket

REQUESTING A MASS INTENTION - Due to the high requests for Intentions at certain Masses, we follow the guidelines here: As a rule, there is only one Mass intention per Mass. Multiple names are acceptable and are considered one Intention. If the requested Mass is not available, we will counsel that the Intention may be offered on another date. When an Intention is offered at Mass - whenever that Mass is celebrated - it is in communion with the Universal Church and carries a spiritual weight that is incalculable.

**PLEASE PRAY
FOR THE MEN AND WOMEN IN
MILITARY SERVICE**

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones. Grant them courage, compassion, strength, and all they need for the living of these days. Sustain them through their every trial. Through Jesus Christ our Lord we pray.

Amen

Please pray for all service members, especially for:

- Capt. Jared Peledge (US Army),
- 2LT Jeff Peledge (US Army Rangers),
- Spc. William T. Fisher (US Army),
- LCPL Dean Lepore, Timothy Thomas (US Army),
- Cpl. Daniel Gonzales (US Marine Corps),
- Capt. Nicholas Staffier (US Army),
- Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico,
- Justin Whitmarsh, Chaplain Tom Whiteman,
- USMC Major Zachary Johnson,
- 1st Lts. Ryan & Nolan Johnson (US Army)
- PFC Christopher Lewis, USMC Capt. Katie Sliwoski,
- Capt. Luke Sullivan (USMC),
- Frank J. Pendergast (USMC),
- Sgt. Brian A. Hartman (USMC), LT Kevin Plumer (Navy),
- Jackson Nicolo (US Army Rangers),
- Stephen Campo 1LT (USMC),
- PV2 Mikey Woods (US Army)
- Spc4 Zachary Thomas, US Army



SATURDAY, DECEMBER 10

- 10:00 AM - First Reconciliation at St. Athanasius
- 4:00 PM - Frank DelGreco - Memorial

SUNDAY, DECEMBER 11 - THIRD SUNDAY OF ADVENT

- 7:30 AM - Margaret and Vincent Connors
- 9:00 AM - Rhonda Gracilieri
- 10:00 AM - Jim Babineau - 5th Anniversary
- Rita Macklin
- 11:00 AM - David Castine - 45th Anniversary

MONDAY, DECEMBER 12

- 9:00 AM - Helen Silvestro - 1st Anniversary
- Mary Raymond - Birthday Memorial

TUESDAY, DECEMBER 13

- 9:00 AM - No Mass Intention

WEDNESDAY, DECEMBER 14

- 9:00 AM - No Mass Intention

THURSDAY, DECEMBER 15

- 9:00 AM - Lucy Bertoncini - Birthday Memorial

FRIDAY, DECEMBER 16

- 9:00 AM - No Mass Intention

SATURDAY, DECEMBER 17

- 10:00 AM - First Reconciliation at St. Agnes
- 4:00 PM - Catherine Lombardo; DiPasquale & Marcella Families; John Mattivello; Katie Knee

SUNDAY, DECEMBER 18 - FOURTH SUNDAY OF ADVENT

- 7:30 AM - No Mass Intention
- 9:00 AM - No Mass Intention
- 10:00 AM - Gregory Zager, Jean and Alfred Perry
- 11:00 AM - Benjamin Litchfield; Stephen LeFave

MASS INTENTIONS

One way we pray for people in need, both the living and dead (canon 945 §1), is through having a Mass said for that intention. Pope Paul VI said, "The Mass is the most perfect form of prayer," and is said in communion with the entire Universal Church. Mass intentions are a great treasure of the Church and have a spiritual weight that is incalculable. An offering is given freely, by the faithful, primarily out of their concern for the Church and their desire to support its material needs. The Christian faithful who give an offering to apply the Mass for their intention contribute to the good of the Church, and by that offering share its concern to support its ministers and works (Can. 946).

CLERGY:**PASTOR**

Very Rev. Stephen B. Rock, x220
email: FrSteve@ReadingCatholic.org

SENIOR PRIEST IN RESIDENCE

Rev. Edward T. Malone, x211
email: Fred@ReadingCatholic.org

DEACONS

Rev. Mr. Bill Reidy
email: DeaconBill@ReadingCatholic.org

Rev. Mr. Neil Sumner

email: NSumner@verizon.net

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PROPERTY MANAGERS

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email: TJones@ReadingCatholic.org

READING CATHOLIC PARISH COUNCIL

EMAIL: PARISHCOUNCIL@READINGCATHOLIC.ORG
Fr. Steve Rock, Stacey Bertocchi, Dana Chesnuloitch, James Fitzgerald, Karen Fotino, Ron Fotino, Paul Lannon, Marge Pearson, Ron Taupier, James Taylor, Frank Tran

READING CATHOLIC FINANCE COUNCIL

EMAIL: FINANCECOUNCIL@READINGCATHOLIC.ORG
St. Agnes: Jim Bedingfield, Bob Finigan, Martha Jane Gagnon, Steve Goldner
St. Athanasius:
Ron Fotino, Ellen Kearns, Bill Lucey, Freddy Santosuosso

MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR
DCOLPITTS@READINGCATHOLIC.ORG**SOCIETY OF ST. VINCENT DE PAUL 781-258-8767**

Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

SACRAMENTS:

† **BAPTISM:** Maximum of 6 babies at each service

† **BAPTISM PARENT MEETING:** *Parents must attend a baptism meeting prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Athanasius PAC*

1:00 PM Baptism Service on:

1st & 3rd Sunday of the month at St. Agnes

2nd Sunday of the month at St. Athanasius

Call Collaborative Office to discuss other dates

Schedule a baptism: <https://readingcatholic.org/baptism>

Or Call the Parish Office, 781-944-0490

† **MARRIAGE:**

Arrangements are made with a priest at least six months in advance.

† **RECONCILIATION:**

Saturdays, 2:45PM - 3:45PM at St. Athanasius
or by appointment with Clergy

† **ANOINTING OF THE SICK:** Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.

† **FUNERALS:** visit <https://readingcatholic.org/funerals>
or call the Collaborative Office, 781-944-0490

WINCHESTER HOSPITAL CHAPLAIN 781.756.2295, Mary Beth Moran

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

ALTAR SERVERS

Contact: Michelle Goldner, 508-942-9788
email: chelle1127@msn.com
<https://ReadingCatholic.org/altar-server>

GLUTEN ISSUES - Please see a Priest or Deacon before Mass.

EUCCHARISTIC ADORATION

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary and Confessions available

Thursday 7:00pm at St. Athanasius Church with Rosary

Friday 9:30am-12Noon at St. Agnes Church

MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

PRAYER REQUESTS - Call the Collaborative Office or submit online at: <https://readingcatholic.org/prayer-request>

PARISH REGISTRATION - [ReadingCatholic.org/register-with-parish](https://readingcatholic.org/register-with-parish)

BULLETIN SUBMISSIONS

Deadline: Monday 12Noon; for print in the upcoming weekend's bulletin. Email to: Bulletin@ReadingCatholic.org



“

HER TREATMENTS GOT ME BACK ON THE GOLF COURSE

Local clinic uses modern medical solutions to treat chronic pain and get patients back to doing the things they love with the people they love.

“I hurt my back playing golf. I went to the chiropractor. I went to the pain institute. I went to the spine institute. Nothing helped. The pain was debilitating, I went six or seven months without playing.” ~ Rod O. (Peabody)

Chronic pain makes everyday life incredibly difficult. It prevents you from participating in activities you once loved, even simple daily tasks like grocery shopping become nearly impossible.

This was the case for Rod O. of Peabody, MA.

Rod would go on to explain that on a scale of one to ten his pain was well over nine, every single day. Regardless of your age, back pain, whether caused by a sports injury, longstanding arthritis, or even specific conditions like scoliosis, can severely impact the quality of your life. In short, it stops you from doing the things you love with the people you love and that’s not a great way to live.

On top of that, general practitioners, specialists, and surgeons are all too eager to prescribe medications whose side effects are often detrimental to your recovery or recommend invasive surgeries that often have less than desirable outcomes.

Fortunately for the people of the North

Shore of Boston, Acupuncturist Min and her team at AWC|Acupuncture & Wellness Clinic have pioneered non-pharmaceutical, non-surgical innovative medical solutions that actually treat your pain!

“My patients are also people who would normally require surgery but would either have a difficult time going under the knife or have simply decided that they would rather explore other options. There is more to healthcare than prescription pills, elimination diets, and scalpels,” shares Acupuncturist Min. “By offering several integrative therapies, we are able to combat your pain from several angles ensuring the best possible outcome.”

This approach makes AWC an authority in treating seemingly hopeless cases of chronic pain.

Rod easily attested to this claim, “I highly recommend her to anybody. I thank the Lord today that I met Acupuncturist Min and she was able to help me because I can play golf again!”

Each new patient that comes to AWC receives a comprehensive consultation and then is prescribed a personalized treatment program that is tailored to their specific needs and goals. “While every treatment I perform is based on a framework cultivated from decades of education and experience, no two cases are the same and so every person

under my care is treated that way,” tells Acupuncturist Min.

“Unlike other solutions to chronic pain, O3 Therapy™ corrects the pathology of the problem, allowing the body to heal itself naturally. This is a wonderful alternative to more traditional methods and incredibly safe and highly successful.”

Acupuncturist Min and the team at AWC are using O3 Therapy™ to treat a myriad of chronic pain issues including neck pain, arthritis, knee pain, plantar fasciitis, chronic injuries, and so much more!

To schedule a consultation and complete evaluation call (781)221-0162 and do so quickly because AWC is only taking a limited number of new patients. For more information on O3 Therapy and to take advantage of their new patient offer visit Awclinic.com.



Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!



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"Jesus Wept." John 11:35



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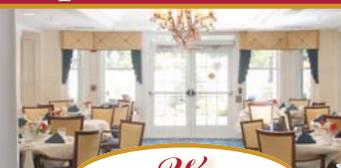
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“I hurt my back playing golf. I went to the chiropractor. I went to the pain institute. I went to the spine institute. Nothing helped. The pain was debilitating, I went six or seven months without playing.” ~ Rod O. (Peabody)

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This was the case for Rod O. of Peabody, MA.

Rod would go on to explain that on a scale of one to ten his pain was well over a nine, every single day. Regardless of your age, back pain, whether caused by a sports injury, longstanding arthritis, or even specific conditions like scoliosis, can severely impact the quality of your life. In short, it stops you from doing the things you love with the people you love and that’s not a great way to live.

On top of that, general practitioners, specialists, and surgeons are all too eager to prescribe medications whose side effects are often detrimental to your recovery or recommend invasive surgeries that often have less than desirable outcomes.

Fortunately for the people of the North

Shore of Boston, Acupuncturist Min and her team at AWC|Acupuncture & Wellness Clinic have pioneered non-pharmaceutical, non-surgical innovative medical solutions that actually treat your pain!

“My patients are also people who would normally require surgery but would either have a difficult time going under the knife or have simply decided that they would rather explore other options. There is more to healthcare than prescription pills, elimination diets, and scalpels,” shares Acupuncturist Min. “By offering several integrative therapies, we are able to combat your pain from several angles ensuring the best possible outcome.”

This approach makes AWC an authority in treating seemingly hopeless cases of chronic pain.

Rod easily attested to this claim, “I highly recommend her to anybody. I thank the Lord today that I met Acupuncturist Min and she was able to help me because I can play golf again!”

Each new patient that comes to AWC receives a comprehensive consultation and then is prescribed a personalized treatment program that is tailored to their specific needs and goals. “While every treatment I perform is based on a framework cultivated from decades of education and experience, no two cases are the same and so every person

under my care is treated that way,” tells Acupuncturist Min.

“Unlike other solutions to chronic pain, O3 Therapy™ corrects the pathology of the problem, allowing the body to heal itself naturally. This is a wonderful alternative to more traditional methods and incredibly safe and highly successful.”

Acupuncturist Min and the team at AWC are using O3 Therapy™ to treat a myriad of chronic pain issues including neck pain, arthritis, knee pain, plantar fasciitis, chronic injuries, and so much more!

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