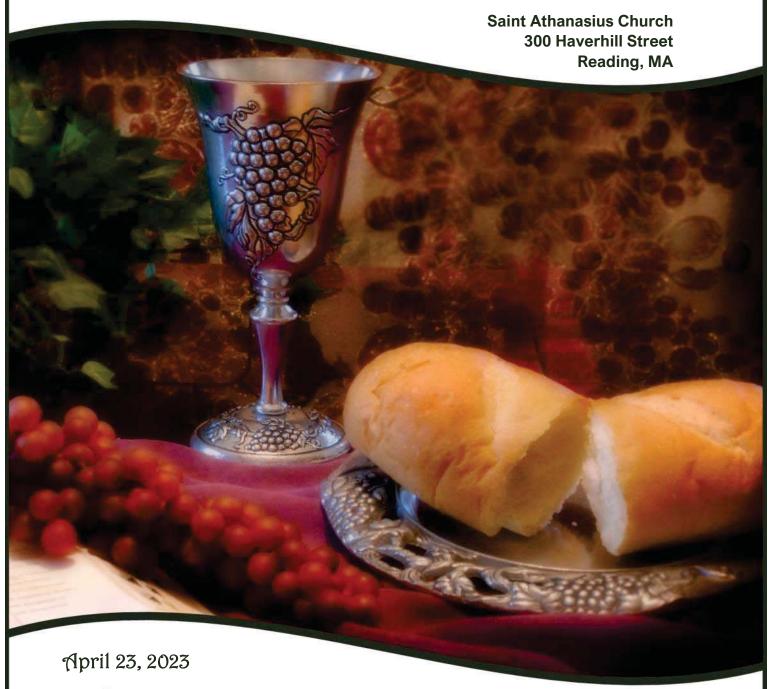
CHRIST THE KING PARISH



ReadingCatholic.org

Saint Agnes Church 186 Woburn Street Reading, MA





THE APPEARANCE ON THE ROAD TO EMMAUS

And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him.

Luke 24:30-31

THIS WEEK'S SAINTS

St. Fidelis of Sigmaringen, Priest and Martyr - Feast Day, Monday, April 24

Saint Fidelis of Sigmaringen's Story: If a poor man needed some clothing, Fidelis would often give the man the clothes right off his back. Complete generosity to others characterized this saint's life. Born in 1577, Mark Rey became a lawyer who constantly upheld the causes of the poor and oppressed people. Nicknamed "the poor man's lawyer," Rey soon grew disgusted with the corruption and injustice he saw among his colleagues. He left his law career to become a priest, joining his brother George as a member of the Capuchin Order. Fidelis was his religious name. His wealth was divided between needy seminarians and the poor.

Reflection: Fidelis' constant prayer was that he be kept completely faithful to God and not give in to any lukewarmness or apathy. He was often heard to exclaim, "Woe to me if I should prove myself but a halfhearted soldier in the service of my thorn-crowned Captain." His prayer against apathy, and his concern for the poor and weak make him a saint whose example is valuable today. The modern Church is calling us to follow the example of "the poor man's lawyer" by sharing ourselves and our talents with those less fortunate and by working for justice in the world.

♦ St. Mark, Evangelist - Feast Day, Monday, April 25

Saint Mark's Story: Most of what we know about Mark comes directly from the New Testament. He is usually identified with the Mark of Acts 12:12. The oldest and the shortest of the four Gospels, the Gospel of Mark emphasizes Jesus's rejection by humanity while being God's triumphant envoy. Probably written for gentile converts in Rome—after the death of Peter and Paul sometime between A.D. 60 and 70. Like another Gospel writer Luke, Mark was not one of the 12 apostles. We cannot be certain whether he knew Jesus personally.

Reflection: Mark fulfilled in his life what every Christian is called to do: proclaim to all people the Good News that is the source of salvation. In particular, Mark's way was by writing. Others may proclaim the Good News by music, drama, poetry, or by teaching children around a family table.

♦ St. Catherine of Siena, Virgin and Doctor of the Church - Feast Day, Saturday, April 29

Saint Catherine of Siena's Story: The value Catherine makes central in her short life and which sounds clearly and consistently through her experience is complete surrender to Christ. What is most impressive about her is that she learns to view her surrender to her Lord as a goal to be reached through time. She was the 23rd child of Jacopo and Lapa Benincasa and grew up as an intelligent, cheerful, and intensely religious person. An active public apostolate grew out of her contemplative life. Her letters, mostly for spiritual instruction and encouragement of her followers, began to take more and more note of public affairs. Her public influence reached great heights because of her evident holiness, her membership in the Dominican Third Order, and the deep impression she made on the pope. She worked tirelessly for the crusade against the Turks and for peace between Florence and the pope.

Catherine ranks high among the mystics and spiritual writers of the Church. In 1939, she and Francis of Assisi were declared co-patrons of Italy. Pope Paul VI named her and Teresa of Avila doctors of the Church in 1970.

Reflection: Though she lived her life in a faith experience and spirituality far different from that of our own time, Catherine of Siena stands as a companion with us on the Christian journey in her undivided effort to invite the Lord to take flesh in her own life. Events which might make us wince or chuckle or even yawn fill her biographies: a mystical experience at six, childhood betrothal to Christ, stories of harsh asceticism, her frequent ecstatic visions. Still, Catherine lived in an age which did not know the rapid change of 21st-century mobile America. The value of her life for us today lies in her recognition of holiness as a goal to be sought over the course of a lifetime.

SOURCE: https://www.franciscanmedia.org/saint-of-the-day

Grant, we ask you, Almighty God, that the examples of your saints may move us to reform our lives, that while we celebrate their feasts, we may also imitate their actions, through our Lord Jesus Christ. Amen.

From the Parochial Vicar

Dear Parishioners and Extended Family Members,

Praised be Jesus Christ! He has risen! Truly, He has risen!

As I gaze out my office window, it is so hard not to be distracted by the sun shining and all the flora in bloom! Let me out!!

What is truly on my mind is the First Communions that started last weekend and finish this weekend at St. Athanasius Church for our parish (St. Agnes Church continues to be repaired, making it difficult to have First Communion there). Last weekend, it was such a treat for me to experience my first First Communion here in the parish. The children were beaming, as well as their families. Saturday, the children will be so full of joy, excitement, and anticipation before and during the upcoming Mass. To see them so anxious, so hungry to receive our Lord Jesus Christ in the Eucharist is one of the true joys and highlights of a priest's life.

There are three sacraments of the Church which are known as the Sacraments of Initiation: Baptism, Eucharist, and Confirmation (Confirmation will be celebrated in our parish next month). They can be all given at once, like the Orthodox faith does, or as the Catholic faith does when receiving an adult into the Church. Most of us receive them over a span of time, ending with Confirmation sometime during our teenage years. They, each in their own way, bring us into the "fullness" of the faith.

We try to make it a point when we meet with the parents / guardians of the children preparing to receive one of these sacraments, that they are not to view the celebration in church as a "one and done." The reception of these sacraments is what I like to refer to as "milestones" on our journey of faith. As we receive each of these, God generously gives us the grace to faithfully do his will in order to give effective Christian witness to the world through our lives. Yes, we have the right to claim the reception of these sacraments for either ourselves or our children. In doing so, the recipients or their guardians also assume the responsibility of living the life expected of us by God through His Church and her instruction. The Church, therefore, not only rejoices because she is happy for each of the individuals, but also because she is strengthened by the new commitment made by the members of her Body, the Body of Church with Jesus as the head, the Head of the Church. When we, therefore, witness or hear about those younger receiving each of these sacraments for the first time, we do well to reflect on our own journey of faith and allow their reception for the first time to inspire us as we continue on our own journeys.

Gratefully yours in the Risen Christ,

Fr. Steve

From This Week In Church Signs:

JC DOA, JC AWOL, OMG!, JC AOK

TODAY'S GOSPEL REFLECTION

On most Sundays during this Easter season, our Gospel is taken from the Gospel of John. This week's Gospel, however, is taken from the Gospel of Luke. As in last week's Gospel, today's Gospel shows us how the first community of disciples came to believe that Jesus had risen from the dead. In these stories we gain insight into how the community of the Church came to be formed.

When we read today's Gospel, we may be surprised to learn that these friends of Jesus could walk and converse with him at some length, and yet not recognize him. Again we discover that the risen Jesus is not always easily recognized. Cleopas and the other disciple walk with a person whom they believe to be a stranger; only later do they discover that the stranger is Jesus. We learn that the first community met and recognized Jesus in the breaking of the bread, just as we meet Jesus in the Eucharist.

We can imagine the feelings of the two disciples in today's reading. They are leaving their community in Jerusalem. Their friend Jesus has been crucified. Their hope is gone. They are trying to make sense of what has occurred, so that they can put the experience behind them. Jesus himself approaches the two men, but they take him for a stranger. Jesus asks them what they are discussing. He invites them to share their experience and interpretation of the events surrounding his crucifixion and death. When the two disciples have done so, Jesus offers his own interpretation of his crucifixion and resurrection, citing Jewish Scripture.

In this encounter we find the model for our Liturgy of the Word—what we do each time we gather as a community for the Eucharist. We reflect upon our life experiences and interpret them in light of Scripture. We gather together to break open the Word of God.

In the next part of the story, we find a model for our Liturgy of the Eucharist. The disciples invite the stranger (Jesus) to stay with them. During the meal in which they share in the breaking of the bread, the disciples' eyes are opened; they recognize the stranger as Jesus. In the Eucharist too we share in the breaking of the bread and discover Jesus in our midst. Just as the disciples returned to Jerusalem to recount their experience to the other disciples, we too are sent from our Eucharistic gathering. Our experience of Jesus in the Eucharist compels us to share the story with others.

SOURCE: https://www.loyolapress.com/catholic-resources

STORM THE HEAVENS IN PRAYER IN RESPONSE TO SATANCON

What is SatanCon? SatanCon is being billed as the "Biggest Satanic Gathering in History." It will take place in Boston on April 28-30.

The Archdiocese of Boston is asking us to "storm the Heavens with prayer" during the three days!

Lazarus Center for Healing Shrine is having a 56-hour perpetual adoration during this time.

Would you be able to sit with Christ for an hour?

We would like to have as many people
as possible each hour.

SatanCon is coming to the Boston Marriott Copley Place. Being billed as the "Biggest Satanic Gathering in History."

56 HOURS OF PERPETUAL ADORATION

Consider giving an hour of your time to be with Christ at the

Lazarus Center for Healing Shrine
47 Butler Ave., Wakefield, MA

April 28 at 9:30 AM to April 30 at 8:00 PM

Please help us fill the church by signing up one of 2 ways:

1. Online: Links at www.healingshrine.org or scan the QR Code.

2. A sign-up sheet in the lobby of the Shrine.



***Sign-ups are not required but are helpful for planning. If you are unable to commit to an hour now, please stop by for prayer if you have time. Please keep our adorers in your prayers.

If you are unable to commit to an hour now, please try to stop by during perpetual adoration when you have time. Please keep our adorers in your prayers, and pray for those who are attending SatanCon, that they may come to know Christ and repent in their choice to follow evil. For more information visit www.healingshrine.org

WHERE IS GOD ON MY TO-DO LIST? BEING CONSISTENT IN DAILY PRAYER

Almost every evening for the last 20 years, I create my "to-do list" for the next day. Even though I've been retired from my career as an underwriter for the last three years, I still want to plan my day and remember my daily priorities. Although I've made a list for many years, prayer was not always included, and definitely not at the top of the list as I was not a morning person. Over time, I realized how grounding it was to begin my day with prayer, but it still took time to be consistent. When I look back, certain questions came to mind as I tried to maneuver my busy life of husband, children, and career.

Matthew 6:33 says, "But seek ye first the kingdom of God and His righteousness and all these things will be added unto you."

As I began to seriously look at my daily routine, I thought about the following: Is God a priority in my daily schedule? Do I find that some days nothing seems to go right? Are there principles that guide my daily life?

I made the decision to begin one step at a time. As I prayed for direction, my godly conscience replaced my worldly conscience revealing to me what I needed to do. I began to understand that following what God wants you to do is not always easy, but there is such a feeling of peace and joy afterward.

Here are suggestions that helped me and I hope they may help you as well:

Put God first - When I began reprioritizing my days, I noticed that the days I began with prayer were more peaceful and organized. They were not perfect days, but they gave me a different mindset. I realized that daily time with God, before I do anything else must become a priority. Developing a mindful morning routine helped me to start every day on the right foot.

Pray for direction - Spend time with pen and paper before God. I like to set aside a few minutes in the morning or the evening when my home is quiet — there are no distractions so I am able to focus. Using prayers from a trusted site or book of devotions helped me to establish my daily prayer time.

Monitor your attitude - I discovered that the way I react to others is the way they react to me. I know from personal experience that if I approach someone in anger, they usually respond back with anger. In the same way, when I remain calm when people approach, it tends to diffuse the situation. One of the most important things I practice as I work on my Christian character is thinking before I speak. Sometimes that means not even responding. It's a difficult practice, but a great way of learning humility and patience.

Don't give up - Whatever habits you have now didn't develop overnight, so change may not happen overnight. Be persistent, consistent, patient, and steadfast. Once I began to see the difference in my daily life, I was encouraged to continue turning towards God at various moments throughout the day. Even if I missed a day of following my morning pattern, I would just begin again the next day. It takes 21 days to form a habit, so don't let up.

Seek out virtuous friends - When we set challenging goals (completing a difficult project, exercising more, etc.) we sometimes ask someone to help us stay on target. There is an advantage to having godly friends because they can lend a spiritual perspective to the goals you set. Friends in faith, or accountability partners, are believers who will be honest with you when they see that you are slipping in your commitment. The best friends are not critical, but lovingly bring opportunities for growth to your attention. My accountability partner/friend has helped me tremendously over the years.

Spending time intentionally reviewing your lifestyle can reveal areas for growth. Living a faith-focused lifestyle can give you purpose, peace, joy, and contentment. For me, it provides a different atmosphere to my day in a chaotic world. I hope it can do the same for you!

BY LINDA WILLIAMS OCTOBER 17, 2022

SOURCE: (https://bustedhalo.com/life-culture)



LET'S CELEBRATE CHRIST THE KING PARISH!

"A Little Night Music"

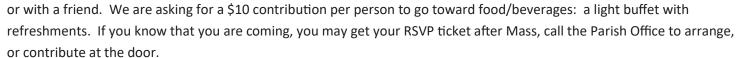
DATE: Saturday, May 6, 7:00 PM to 10:00 PM

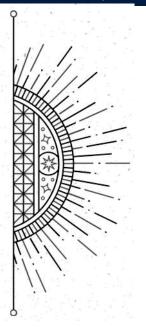
LOCATION: St. Agnes Parish Center

We are excited to share with you an event that we are having to celebrate Christ the King Parish. "A Little Night Music" features musical songs from Frank Sinatra, to Neil Diamond to the Beatles. There's sure to be songs that will bring back memories, and definitely songs that are fun to sing along with!

This is the first of what we hope to be many other community events. We are looking for persons with creative ideas who would like to see them happen here in our community. If this is you, please reach out to clergy or the Parish Office to share your ideas for the next event!

Save the date for "A Little Night Music", share the news, come as a group,





PROTECTING GOD'S CHILDREN FACILITATOR TRAINING

Have you thought on ways that you can be more involved with your Parish, what type of volunteer needs the Parish has? Perhaps, you might consider being a facilitator for "Protecting God's Children (for Adults)"? The Protecting God's Children program - offered to all parish volunteers - helps make churches safe for all people—especially children.

A key component of "Protecting God's Children (PGC)" is having trained facilitators for our Parish. We typically offer PGC in the Fall, and - as needed - at the beginning of the Summer. Your commitment would be facilitating one or two sessions per year, maybe less if we grow a Team of facilitators!

Upcoming Facilitator training:

May 6, 8:30 AM – 4:00 PM, Mass to follow - St Augustine Parish 43 Essex Street, Andover, MA June 10, 8:30 AM – 4:00 PM, Mass to follow - St Joseph Parish 173 Albion Street, Wakefield, MA

To register: Log into your account on virtusonline.org
In the box entitled "Current Training," click the "Register
for Training" link. More information and assistance in
registering, please contact Deacon Stephen May, RCAB,
Safe Environment Coordinator, smay@rcab.org

CALLING ALL CONTRACTORS!

Members of Christ the King Parish who are builders, plumbers, electricians, landscapers, painters, or contractors of any kind are invited to join our Facilities Management Committee. We will collect



names for the next two weeks and then plan an initial meeting. We invite your participation as parishioners in



builders

assessing the short-, medium-, and longterm needs of both of our Worship Sites and their related buildings and grounds. The commitment will likely involve 1-2 meetings over the next 90 days to agree



on strategy, facilities walkthroughs to perform our assessment, and quarterly reviews to monitor progress. We are seeking your input and expertise as members of the Parish Community. To join the group, please email or call Jim Fitzgerald:

jfitzgerald@readingcatholic.org or (339) 222-8377



FIRST HOLY COMMUNION MASSES

This Spring, 74 youth received the Eucharist for the first time. Please keep in prayer all these children and their families. Congratulations!

We ask You to bless and assist all children who are preparing for their First Holy Communion! This is a tremendous blessing, and we ask You to help these young children and their parents to prepare well before receiving You. Help us to grow in love for You each day of our lives. Help us to always appreciate the great gifts You have given us for our salvation.

And in a very special way, many thanks of gratitude and appreciation for the volunteer Catechists who committed their time to selflessly share the Faith with our students. Thank You!

Stacey Bertocchí ~ Amy DeMartinis ~ Craig DiCarlo Jessica Garrity ~ Maryjane Judge ~ Christopher Matias Christine Schneeberg ~ Linda Tierney



Callout for Parents/Grandparents of Graduating
Seniors! Christ the King Parish will be hosting this year's
Class of 2023 Baccalaureate Service. We are seeking
parents and/or grandparents of graduating seniors to help
plan for this service. Join the Team!

PARENT PLANNING MEETING - BY ZOOM

Monday, May 1st, 7:00 PM

Email to PColpitts@ReadingCatholic.org to express

your intent to help with the planning and

to get the ZOOM Parent Planning Link

The Baccalaureate is one of many exciting events leading up to Graduation - to acknowledge these students' hard work and hopes for the future. In an especial way, the Baccalaureate Service is a worship service for the graduating class and their families and friends. It offers a quiet, intimate opportunity to pause and reflect on this rite of passage, hear a keynote speaker, a faculty member and student speakers.

HOSPITALITY WITH COFFEE & DONUTS St. Athanasius PAC

Join us at the Parish Activity Center following this morning's 10:00 AM Sunday Mass

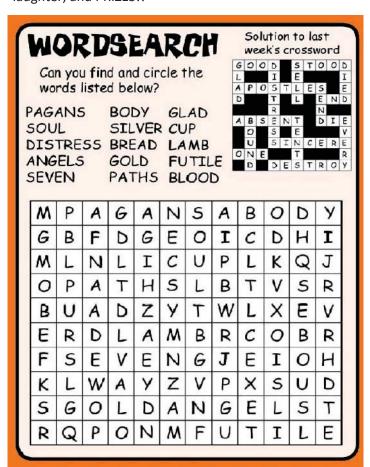
LADIES' PRIZE BINGO IS BACK!

DATE: Sunday, April 30th, 6:00 PM to 8:00 PM

LOCATION: St. Athanasius PAC This is a \$25, Potluck event

Contact: Cindy.canavan@comcast.net or 703-216-6103

Join us for what is sure to be a fun time filled with friends, laughter, and PRIZES!!



MASS St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 7:30AM, 9:00AM, 11:00AM

SCHEDULE 9:00 AM Weekdays: Mon, Wed, Fri at St. Agnes | Tues, Thurs at St. Athanasius

1st Saturday 9:00 AM Mass at St. Athanasius | Livestream Masses: 4:00PM Vigil, 11:00AM

CONFESSION St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment

ADORATION St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

PLEASE PRAY FOR THE MEN AND WOMEN IN MILITARY SERVICE

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones.

Grant them courage, compassion, strength, and all they need for the living of these days.

Sustain them through their every trial.

Through Jesus Christ our Lord we pray. Amen

Please pray for all service members, especially for:

Capt. Jared Peledge (US Army),
LT Jeff Peledge (US Army),
Spc. William T. Fisher (US Army),
LCPL Dean Lepore, Timothy Thomas (US Army),
Cpl. Daniel Gonzales (US Marine Corps),
Capt. Nicholas Staffier (US Army),
Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico,
Justin Whitmarsh, Chaplain Tom Whiteman,
USMC Major Zachary Johnson,
1st Lts. Ryan & Nolan Johnson (US Army)
PFC Christopher Lewis, USMC Capt. Katie Sliwoski,
Frank J. Pendergast (USMC),
Sgt. Brian A. Hartman (USMC), LT Kevin Plumer (Navy)

Sgt. Brian A. Hartman (USMC), LT Kevin Plumer (Navy),
Jackson Nicolo (US Army Rangers),
Capt. Stephen Campo (USMC),
PV2 Mikey Woods (US Army)
Spc4 Zachary Thomas, US Army



St. Athanasíus Church
Sanctuary Candle
In loving memory of

George Manzelli, Jr and Thomas Church

Mass Intentions

SATURDAY, APRIL 22

4:00 PM - Richard J. McNeil, Jr. - Birthday Memorial

SUNDAY, APRIL 23 - THIRD SUNDAY OF EASTER

7:30 AM - Evelyn Morse, Ann Marie Staffier

9:00 AM - Anthony Lalicata, Sr. - 11th Anniversary

10:00 AM - Nicholas Catino - 3rd Anniversary

11:00 AM - Amy and James McDonough, Michael James

MONDAY, APRIL 24

9:00 AM - No Mass Intention

TUESDAY, APRIL 25

9:00 AM - No Mass Intention

WEDNESDAY, APRIL 26

9:00 AM - Denis McKeown - 3rd Anniversary

THURSDAY, APRIL 27

9:00 AM - Josephine Marotta - Memorial

FRIDAY, APRIL 28

9:00 AM - No Mass Intention

SATURDAY, APRIL 29

4:00 PM - Anthony Zecchino - Birthday Memorial

SUNDAY, APRIL 30 - FOURTH SUNDAY OF EASTER

7:30 AM - Dorothy Prudente

9:00 AM - Mary Joyce

10:00 AM - Anncarol Saviano

11:00 AM - Ed and Muriel Murphy

THE SANCTUARY CANDLE - reminds us of the sacramental presence of Jesus Christ, and is a profession of their love and affection. If you wish to have the Sanctuary Lamp burning in memory of a loved one, to honor a special occasion, or a special intention please call the Parish Office. The Candle will burn for one week.

DID YOU KNOW?

Mass Cards are available at the Parish Office for the repose of the souls of deceased persons and for intentions of living persons (eg: For Healing). Mass Cards are a beautiful way to remember a loved one and to ask for God's blessing.

OFFICE: 184 Woburn Street, Reading, MA • HOURS: Monday thru Friday, 10:00 AM-3:30 PM

OFFICE: 781-944-0490 • FAX: 781-944-4403 • ReadingCatholic.org • Contact@ReadingCatholic.org

CLERGY

PASTOR

Very Rev. Stephen B. Rock, x220 email: FrSteve@ReadingCatholic.org

PAROCHIAL VICAR

Rev. Stephen Zukas, x224 email: FrZ@ReadingCatholic.org

SENIOR PRIEST IN RESIDENCE

Rev. Edward T. Malone, x211 email: FrEd@ReadingCatholic.org

DEACONS

Rev. Mr. Bill Reidy

email: DeaconBill@ReadingCatholic.org

Rev. Mr. Neil Sumner

email: NSumner@verizon.net

LAY STAFF

DIRECTOR OF EVANGELIZATION Paula Colpitts, x223

email: PColpitts@ReadingCatholic.org **DIRECTOR, OPERATIONS & FINANCE,** x210

DIRECTOR, LITURGICAL MUSIC & MINISTRIES

David Colpitts

email: DColpitts@ReadingCatholic.org, x218

COMMUNICATIONS: Jacqueline Steele, x217 email: JSteele@ReadingCatholic.org

ADMIN ASSISTANT: Luann Barretto, x216 email: LBarretto@ReadingCatholic.org

DISCIPLES IN MISSION: Janet Davidson-Dee email: JDavidson-Dee@ReadingCatholic.org

PROPERTY MANAGERS

Steve Flannery, St. Athanasius email: Flannerys91@gmail.com

Thomas Jones, St. Agnes

email: TJones@ReadingCatholic.org

CHRIST THE KING PARISH COUNCIL

EMAIL: PARISHCOUNCIL@READINGCATHOLIC.ORG

Fr. Steve Rock, Bob Baynes, Stacey Bertocchi, Dana Chesnulovitch, James Fitzgerald, Karen Fotino, Ron Fotino, Alicia Gallagher, Michelle Goldner, Marge Pearson, Ron Taupier,

Frank Tran

FINANCE COUNCIL

EMAIL: FINANCECOUNCIL@READINGCATHOLIC.ORG

Jim Bedingfield, Bob Finigan, Ron Fotino, Martha Jane Gagnon, Steve Goldner, Ellen Kearns, Bill Lucey, Freddy Santosuosso

MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR

DCOLPITTS@READINGCATHOLIC.ORG

SOCIETY OF ST. VINCENT DE PAUL 781-258-8767

Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

WINCHESTER HOSPITAL CHAPLAIN 781.756.2295,

Mary Beth Moran

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

ALTAR SERVERS

Contact: Michelle Goldner, 508-942-9788

email: chelle1127@msn.com

https://ReadingCatholic.org/altar-server

GLUTEN ISSUES - Please see a Priest or Deacon before Mass.

EUCHARISTIC ADORATION

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary and Confessions available

Thursday 7:00pm at St. Athanasius Church with Rosary

Friday 9:30am-12Noon at St. Agnes Church

MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

PRAYER REQUESTS - Call the Parish Office or submit online at:

https://readingcatholic.org/prayer-request

PARISH REGISTRATION - ReadingCatholic.org/register-with-parish

BULLETIN SUBMISSIONS

Deadline: Monday 12Noon; for print in the upcoming weekend's

bulletin. Email to: Bulletin@ReadingCatholic.org

SACRAMENTS

+ BAPTISM: Maximum of 6 babies at each service

† BAPTISM PARENT MEETING: attend prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Athanasius PAC

1:00 PM Baptism Service on:

1st & 3rd Sunday of the month at St. Agnes 2nd Sunday of the month at St. Athanasius or at Sunday Liturgy - call office to discuss

Schedule a baptism online, ReadingCatholic.org/baptism or call the Parish Office.

+ MARRIAGE:

Arrangements are made with a priest at least six months in advance.

† RECONCILIATION:

Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

- **4 ANOINTING OF THE SICK:** Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.
- **4 FUNERALS**: visit https://readingcatholic.org/funerals or call the Parish Office, 781-944-0490

ADVANCED **WOUNDS NEED ADVANCED CARE**

Local clinic is using ozone therapy to treat stubborn wounds and other skin problems with incredible results!

When you scraped your knee as a kid-the wound was able to heal with little more than leg and asked me what happened. I a bandaid and a hug from your mom. As you explained to her how slow I was healing get older however, your body's ability to repair itself diminishes due to several factors actually treats stubborn wounds!" including fewer stem cells existing in the skin, and chronic illnesses like diabetes.

Stubborn and chronic wounds affect approximately 6 million people in the U.S. and can have a significant impact on your quality of life. An open, advanced wound limits mobility and a person's ability to work and enjoy hobbies. In some extreme cases these wounds are unable to heal because they are infested with drug-resistant bacteria.

Healing these types of wounds requires a different approach.

Fortunately for Massachusetts residents, AWC | Acupuncture & Wellness Clinic is treating wounds using ATP Resonance BioTherapy® and O3 ReBoot Therapy®, innovative medical solutions that speed up the healing process and get patients back on their feet.

Billerica, MA resident Grace S. had recently had a skin biopsy. "I have a history of skin cancer in my family and am careful to have suspicious looking spots checked. So far I've been really lucky because my scans have come back negative, instead the wound left by my most recent biopsy was causing me some concern," shares Grace. "I was already seeing Min for my neuropathy

when she noticed the bandage on my after my biopsy and she told me that she explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!"

Min Jeon's O3 ReBoot Therapy® utilizes the antibiotic and disinfectant properties of ozone. And the ATP Resonance BioTherapy® targets specific frequencies that enable the body to utilize it's existing ability to heal and repair itself.

"By using ozone to treat stubborn wounds," shares Min "we are forcing oxygen into the cells of the body which gives them the energy and building blocks they need to do the job that they were designed to do, reproduce and repair. Layer that with our ATP therapy and now those cells are supercharged; capable of reproducing and repairing at an incredible rate."

Ozone also triggers white blood cells to produce antibodies which prevents the immune system from attacking healthy cells. Healthy cells are the ones responsible for creating new skin and tissue and closing wounds and ozone aids in their ability to do that.

"My regular dermatologist can't believe my progress", says Ann. "He is very impressed with how well my wound is healing. Even better, now I don't have to worry about missing my trip to see my granddaughter graduate!"

If you're wondering what an O3 ReBoot Therapy® or ATP Resonance BioTherapy® treatment looks like, Min assures us they are quick and painless. "Your average O3 treatment takes only 3-5 minutes and is applied using a localized blowing method, what we refer to as a cupping or bagging technique. ATP protocols average around 25-30 minutes and are performed using microcurrent, again virtually painless." These treatments are repeated several times until the maximum improvement is seen and the wound is closed.

If you or someone you love has been struggling with stubborn wounds it's time to try AWC's O3 ReBoot Therapy®. Beyond wounds, ozone therapy is also extremely effective for combating skin problems such as eczema, herpes virus, even acneand pimples!

While you're there, be sure to ask about the other conditions they're treating using ozone and ATP Resonance BioTherapy®; everything from brain fog to knee pain to poor gut health and beyond.

For more incredible testimonials about AWC and their services find them on Facebook @AcupunctureClinic or check out their YouTube Channel. To schedule a consultation call (781) 221-0162 and do so quickly because they are currently offering consultations to new patients!

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ADVANCED WOUNDS NEED ADVANCED CARE

Local clinic is using ozone therapy to treat stubborn wounds and other skin problems with incredible results!

When you scraped your knee as a kid-the wound was able to heal with little more than leg and asked me what happened. I a bandaid and a hug from your mom. As you explained to her how slow I was healing get older however, your body's ability to repair itself diminishes due to several factors actually treats stubborn wounds!" including fewer stem cells existing in the skin, and chronic illnesses like diabetes.

Stubborn and chronic wounds affect approximately 6 million people in the U.S. and can have a significant impact on your quality of life. An open, advanced wound limits mobility and a person's ability to work and enjoy hobbies. In some extreme cases these wounds are unable to heal because they are infested with drug-resistant bacteria.

Healing these types of wounds requires a different approach.

Fortunately for Massachusetts residents, AWC | Acupuncture & Wellness Clinic is treating wounds using ATP Resonance BioTherapy® and O3 ReBoot Therapy®, innovative medical solutions that speed up the healing process and get patients back on their feet.

Billerica, MA resident Grace S. had recently had a skin biopsy. "I have a history of skin cancer in my family and am careful to have suspicious looking spots checked. So far I've been really lucky because my scans have come back negative, instead the wound left by my most recent biopsy was causing me some concern," shares Grace. "I was already seeing Min for my neuropathy

when she noticed the bandage on my after my biopsy and she told me that she explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!"

Min Jeon's O3 ReBoot Therapy® utilizes the antibiotic and disinfectant properties of ozone. And the ATP Resonance BioTherapy® targets specific frequencies that enable the body to utilize it's existing ability to heal and repair itself.

"By using ozone to treat stubborn wounds," shares Min "we are forcing oxygen into the cells of the body which gives them the energy and building blocks they need to do the job that they were designed to do, reproduce and repair. Layer that with our ATP therapy and now those cells are supercharged; capable of reproducing and repairing at an incredible rate."

Ozone also triggers white blood cells to produce antibodies which prevents the immune system from attacking healthy cells. Healthy cells are the ones responsible for creating new skin and tissue and closing wounds and ozone aids in their ability to do that.

"My regular dermatologist can't believe my progress", says Ann. "He is very impressed with how well my wound is healing. Even better, now I don't have to

worry about missing my trip to see my granddaughter graduate!"

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