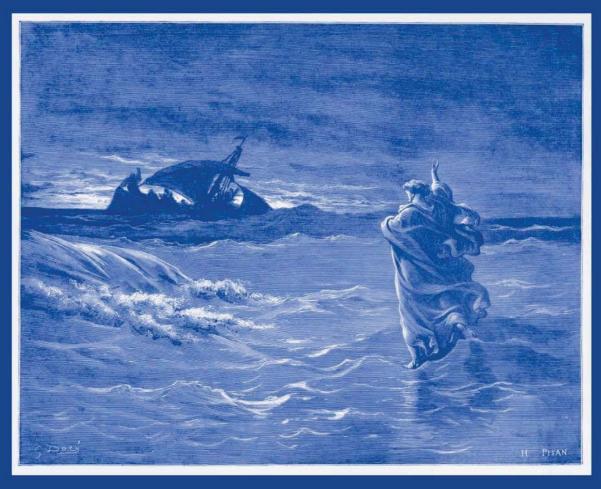
# CHRIST THE KING PARISH

Saint Athanasius Church 300 Haverhill Street Reading, MA Saint Agnes Church 186 Woburn Street Reading, MA



ChristTheKingReading.org

**August 13, 2023** 



# Nineteenth Sunday in Ordinary Time

When the disciples saw him walking on the sea they were terrified.

"It is a ghost," they said, and they cried out in fear.

At once Jesus spoke to them, "Take courage, it is I; do not be afraid."

Matthew 14:26-27

#### STRENGTHENING FAITH AMID STORMS

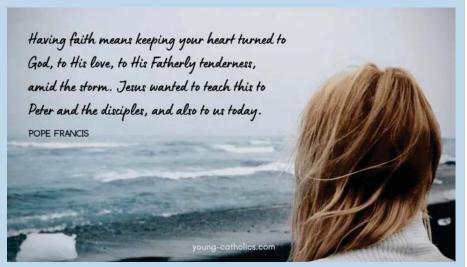
In today's Gospel, Jesus uses a stormy situation to strengthen the faith of his disciples. Despite being away, Jesus comes to their rescue, but they struggle to recognize him at first. When Jesus says, "Take courage. It is I," he emphasizes his divine presence, but the disciples still seek proof. Peter, with wavering faith, asks to walk on water towards Jesus but starts to sink due to fear. Jesus reminds them to trust and asks why they doubted.

Finally, as the storm calms, the disciples recognize Jesus as the Son of God.

This Gospel encourages us to have unwavering faith in the face of life's challenges, knowing that Jesus is always with us.

We are invited to examine our own faith journey. Like the disciples, we may face storms and challenges that test our faith, but Jesus reminds us to take courage, trust in Him, and step out in faith. Even when we falter, we can call out to Him, knowing that He is ever-present and ready to save us. Ultimately, by recognizing Jesus as the Son of God, we can find solace and strength, knowing that He walks with us through the storms of life, guiding us safely to the shores of His love and grace.

SOURCE: https://young-catholics.com



#### THE ASSUMPTION OF THE BLESSED VIRGIN MARY

All the feast days of Mary mark the great mysteries of her life and her part in the work of redemption. The central mystery of her life and person is her divine motherhood, celebrated both at Christmas and a week later (Jan. 1) on the feast of the Solemnity of Mary, Mother of God. The Immaculate Conception (Dec. 8) marks the preparation for



that motherhood, so that she had the fullness of grace from the first moment of her existence, completely untouched by sin. Her whole being throbbed with divine life from the very beginning, readying her for the exalted role of mother of the Savior.

The Assumption completes God's work in her since it was not fitting that the flesh that had given life to God himself should ever undergo corruption. The Assumption is God's crowning of His work as Mary ends her earthly life and enters eternity. The feast turns our eyes in that direction, where we will follow when our earthly life is over.

The feast days of the Church are not just the commemoration of historical events; they do not look only to the past.

\* They look to the present and to the future and give us an insight into our own relationship with God.

The Assumption looks to eternity and gives us hope that we, too, will follow Our Lady when our life is ended.

SOURCE: https://www.ewtn.com/catholicism/saints

"All-powerful and ever-living God: You raised the sinless Virgin Mary, mother of your Son, body and soul, to the glory of heaven. May we see heaven as our final goal and come to share her glory."

## From the Parochial Vicar

Dear Parishioners and Extended Family Members,

Praised be Jesus Christ!

Since we celebrate The Assumption of the Blessed Mother this Tuesday, I thought I would give a reminder of just what the church celebrates.

There is an old story about a workman on a scaffolding high above the nave of a cathedral who looked down and saw a woman praying before a statue of Mary. As a joke, the workman whispered, "Woman, this is Jesus." The woman ignored him. The workman whispered again, more loudly: "Woman, this is Jesus." Again, the woman ignored him. Finally, he said aloud, "Woman, don't you hear me? This is Jesus." At this point the woman looked up at the crucifix and said, "Be still now, Jesus, I'm talking to your mother."

Why do Catholics treasure Marian devotions and doctrines that their non-Catholic brothers and sisters do not? It is safe to assume that the Catholic Church is trying to tell the full story, to proclaim the full gospel.

The doctrine of the Assumption teaches that at the end of her earthly existence, the Blessed Virgin Mary was taken up (assumed), body and soul, into heaven. Through it, we see the cooperation of man and woman in the work of our salvation all the way from the Fall (Original Sin in the Garden of Eden) to the Redemption (Jesus' Passion, Death, and Resurrection) to sharing in the fruit of Redemption in heaven (Eternal Life). Without the Assumption to balance the Ascension of Jesus to heaven, the man Jesus alone, without the woman Mary, would be enjoying the fullness of salvation with God and we would be telling only a part of the story. The Assumption is the ultimate proof of the equality of man and woman before God.

Catholics do not pray to Mary *INSTEAD* of Jesus. Catholics pray to Jesus *THROUGH* His mother. The woman in prayer who thinks that Jesus should keep still because she is talking with his mother may not fully appreciate the perfect harmony of wills and hearts between Mary and Jesus. As they were - and still are - united in doing God's will. May we do His will daily through the example and prayers of our mother Mary.

Gratefully yours in Christ,

Fr. Z

#### This Week in Church Signs:

"Life becomes easier when you learn to accept the apology you never got."

#### THE ASSUMPTION OF THE BLESSED VIRGIN MARY - TUESDAY, AUGUST 15

9:00 AM MASS AT ST. ATHANASIUS 7:00 PM MASS AT ST. AGNES

In the light of the Assumption of Mary, it is easy to pray her Magnificat (Luke 1:46–55) with new meaning. In her glory she proclaims the greatness of the Lord and finds joy in God her savior. God has done marvels to her and she leads others to recognize God's holiness. She is the lowly handmaid who deeply reverenced her God and has been raised to the heights. From her position of strength she will help the lowly and the poor find justice on earth, and she will challenge the rich and powerful to distrust wealth and power as a source of happiness.

#### **ROSARY AND ADORATION**

The Knights of Columbus as part of our Faith in Action Holy Rosary service program invite you to join Christ the King Parish in weekly prayer and adoration. We encourage you to come and, "experience a deeper personal encounter with God."

Join us Thursday, August 17, 7:00 PM at Saint Athanasius



#### **COOKOUT INVITATION**

The Reading Knights of Columbus Council 1031 invite the men of Christ the King Parish to join us as we begin our fraternal year on Tuesday, August 22nd. We will be gathering in the Enos Hall parking

lot, 11 Sanborn Street, at 7:00 PM. We will be offering grilled treats, cold beverages, friendship and an opportunity to learn of our plan for the forthcoming year. Sign up at https://www.signupgenius.com/go/60B054CA8AC28ABF85-knights or scan the QR code to right.



For more information about the Knights of Columbus visit https://kofc.org/join or email us at gk1@readingkofc.org



#### SEEKING CATECHISTS FOR 2023/2024!!

Seeking catechists at all grade levels. Classes begin October 2023.

Grade 1 or 2 - Sundays, 10AM or Wednesdays 3:45 PM

Grade 3 - Tuesdays at 3:45 PM Grade 4 - Tuesdays at 5:00 PM

Grade 5 - Mondays at 3:45 PM Grade 6, 7, 8 - Mondays, 5:00 PM

Confirmation 1 Prep - Sundays at 4:00 PM

It is that time in our year where we begin to actively seek out persons to become a catechist in our Parish!

Are you thinking of becoming a catechist? Or perhaps you know someone who is thinking about becoming a catechist? Contact Paula Colpitts or let us know online at:

ChristTheKingReading.org/catechists

PLEASE PRAYERFULLY CONSIDER JOINING A FANTASTIC GROUP OF CATECHISTS.

#### **QUESTIONS FOR THE WEEK**

- What can we learn from Elijah's journey about paying attention to God's quiet presence amidst the noise of the world? How can we find moments of calm to listen to God?
- How does the concept of God's "still, small voice" resonate with you? Why do you think God chooses to speak to us in gentle and subtle ways?
- In times of doubt and fear, how can prayer and meditation help us turn to God for support and guidance?

#### PRAYERS FOR VOCATIONS

Give them courage and strength to follow God's holy will. Guide their uncertain steps, strengthen their resolutions, shield their chastity, fashion their minds, conquer their hearts, and lead them to the vineyards where they will labor in God's holy service. Amen.

Priests	
13-Aug	Fr. Mark Mahoney
14-Aug	Msgr. Cornelius Rae
15-Aug	Pope Francis
16-Aug	Fr. Stephen Linehan
17-Aug	Fr. Thomas DeLorenzo
18-Aug	Msgr. Timothy Moran
19-Aug	Fr. John Murray

Seminarians/Deacons	
Vincenzo Caruso	
Mateus Martin	
Aaron Yohe	
Christian Ortez	
Rafael Stefano Rubio	
Isaac Velazquez	
Paulo Carvalho	

#### **SCHOOL SUPPLY COLLECTION**

Our annual school supply collection is underway! We are collecting new school supplies from the list below to benefit children whose families are experiencing difficult times. As you shop for your children's supplies - or if you wish to help families who are experiencing difficult times, please consider this collection that assists families who cannot afford to buy basic school supplies for their children. The collection will benefit students in grades K-12. Any of the following new supplies are appreciated:

- pens/pencils/crayons/colored pencils
- hand held pencil sharpeners
- sturdy two pocket folders with 3 holes for binders
- lined paper/notebooks/marble composition books
- 1 and 3 subject spiral notebooks

- pencil cases/boxes
- Backpacks
- glue sticks
- dry erase markers
- Scissors



**COLLECTION DATES:** August 6 through August 20th

**COLLECTION LOCATIONS:** St. Agnes Church - boxes for donations will be at the Woburn Street entrance

St. Athanasius Church - in the entry way of St. Athanasius near the restroom.

Thank you for helping more children get off to a good start this school year!

#### GARDENING PARTY! SUNDAY AUGUST 13, 3:00 PM to 5:00 PM



WHERE? St. Athanasius Church Grounds

We need volunteers to help with sprucing up the St. Athanasius grounds ahead of the outdoor mass that will be in September.

Come by and stay for as little or as long as you can. We will be weeding, pruning, and trimming.

Bring gardening tools if you have them or just bring yourself and your energy. No experience needed, we just need some of your time.

If you have questions, contact Ron Fotino, CALL or TEXT 603-285-5269 | Email Ron.Fotino@gmail.com

A project of the Entire Reading Community, housed at Old South Church on Reading Common

6 Salem Street, Reading

Addressing the food and personal care needs of our neighbors through high quality, respectful service in a welcoming environment, with a goal of enhancing wellbeing in our community.



#### **READING FOOD PANTRY COULD USE YOUR HELP**

Items in need are:

- Laundry Detergent
- Kleenex
- Decaf Coffee

- Tuna (solid white in water)
- Spaghetti Sauce with meat
- Crackers

Drop off time is Wednesdays from 4:30 PM to 6:30 PM at the back door.

Bringing hope and healing through encounters with the Living Christ.



A proverb says that great things come in small packages. That is often true. The small acts of love and appreciation that we do for each other can mean more than the most expensive gift. Coming home to a clean house, or supper prepared can mean more to a busy parent than a costly gift. The small gestures reach deep

into the heart and the message is full of love. In the unexpected, we see more clearly the love of our spouse and family. There is nothing to get in the way.

It's logical to expect God to express Himself in a way that is grand, glorious and powerful. It would be an awe-inspiring thing. But God does not want our awe; He wants our love. He comes to us in the small, unexpected moments of life, asking us to recognize Him and feel His presence. His small whisperings make Him available to everyone and even the smallest and weakest have no reason to fear Him. So when the loudness and busyness of life overwhelm you, sit quietly, search within for a moment of quiet and listen with your heart. Just focus on the quiet and ask the Lord to speak to you and know that God is near.

~James Gaffney © Pilot Bulletins

#### DID YOU KNOW? . . . AREA RESOURCES AND CONTENT YOU MIGHT FIND OF INTEREST . . .

#### **FORMED.org**

Parents, we invite you to explore new ways to share the Catholic faith with your children through a learning tool called FORMED, an online platform with over 4,000 Catholic studies, movies, cartoons, audio dramas, eBooks, and audio talks.

Consider having a MOVIE NIGHT - with a vast selection of movies to choose from (kids' movies, documentaries, Saints of history, men and women of Faith), you are sure to find one that speaks to your family!

Subscribe for free at *Signup.Formed.Org* 

Enter parish zip code.

Enter your name and email address. You're in! Tip: Download the app! FORMED is available on Roku, Apple TV, Android, and IOS.



The Catholic Faith. On demand.

# AVAILABLE ON APPLE TV: "WITH THIS LIGHT"

https://tv.apple.com/us/movie/with-this-light/

During her 70 years as a nun, Sister Maria Rosa Leggol helped over 87,000 Honduran children escape poverty and violence through an



ecosystem of social, educational and entrepreneurial projects, inspiring an international network of supporters to expand her work. In the midst of civil wars, economic collapse and natural disasters, she continued her charge to help young people, such as Maria and Rosa, break familial cycles of poverty and violence to create lives of their own. With This Light poetically interweaves the compelling present-day stories of these teenagers with the epic life and noble actions of Sister Maria Rosa.

#### CATHOLIC IN RECOVERY MEETINGS, WAKEFIELD, MA

Catholic in Recovery is a national association for people facing all forms of addiction. The Lazarus Center for Healing Shrine, holds a weekly support meeting every Sunday at 6:30 PM.

Lazarus Center for Healing, a shrine for healing in the Archdiocese of Boston, 47 Butler Ave, Wakefield MA Phone: (781) 245-2711 or email for more information: rose.healingshrine@gmail.com

# ASSUMPTION OF THE BLESSED VIRGIN MARY

## August 15th

#### What is the Assumption?

The first name of this solemnity was the Feast of Mary, Mother of God. Later, its name in the East carried over, the Dormition (or Falling Asleep) of Mary. In the West, it became known as the Assumption of the Blessed Virgin Mary.

This solemnity celebrates the fact that Mary's Assumption is "a pledge of the future participation of the members of the mystical Body of Christ in the paschal glory of the Risen Christ." It shows that the Lord "reserves a munificent reward for his humble Servant because of her faithful cooperation with the divine plan, which is a destiny of fullness, happiness, glorification of her immaculate soul, her virginal body, perfect configuration to her Risen Son" (Directory, no. 180). The Mass has a proper vigil, and the solemnity replaces the Mass of the day when it occurs on a Sunday in Ordinary Time.



#### What does this all mean?

On November 1, 1950, Pope Pius XII declared the Assumption of the Blessed Virgin Mary, which the Church celebrates every year on August 15. Simply put, the dogma of the Assumption states that at the end of her life, the Blessed Virgin Mary was taken, body and soul, into Heaven.

While this event isn't reflected in Sacred Scripture, it is clearly part of the Church's earliest observance. In the sixth century, St. John Damascene wrote in one of his sermons, "Your sacred and happy soul, as nature will have it, was separated in death from your most blessed and immaculate body, and although the body was duly interred, it did not remain in the state of death, neither was it dissolved by decay; your most pure and sinless body was not left on earth, but you were transferred to your heavenly throne."

Theologically speaking, death is often understood to be a consequence of original sin. Since Mary was conceived without Original Sin, some theologians have wondered if Mary died or if perhaps she was taken into Heaven without experiencing death. The Catechism of the Catholic Church doesn't answer this question but simply states, "The most blessed Virgin Mary, when the course of her earthly life was completed, was taken up body and soul into the glory of heaven" (no. 974)

The Solemnity of the Assumption reminds us of the unique role that Mary served in the process of our salvation. Although she was without sin, we have the possibility of receiving God's forgiveness for our sins through Christ. Her entry into Heaven prefigures our own hope of experiencing the same eternal life.



What is the Assumption? is an excerpt from the Essential Guide to Seasons and Saints, copyright © 2013, United States Conference of Catholic Bishops, Washington, DC. All rights reserved. What does this all mean? was written by Fr. Larry Rice, former vocations director for the Paulist Fathers. Copyright © 2018, United States Conference of Catholic Bishops, Washington DC. All rights reserved. Used with permission.

MASS St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 7:30AM, 9:00AM, 11:00AM

SCHEDULE 9:00 AM Weekdays: Mon, Wed, Fri at St. Agnes | Tues, Thurs at St. Athanasius

1st Saturday 9:00 AM Mass at St. Athanasius | Livestream Masses: 4:00PM Vigil, 11:00AM

**CONFESSION** St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment

**ADORATION** St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

# PLEASE PRAY FOR THE MEN AND WOMEN IN MILITARY SERVICE

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones.

Grant them courage, compassion, strength, and all they need for the living of these days.

Sustain them through their every trial.

Through Jesus Christ our Lord we pray. Amen

#### Please pray for all service members, especially for:

Capt. Jared Peledge (US Army), Capt. Jeffrey Peledge (US Army), Spc. William T. Fisher (US Army), LCPL Dean Lepore, Timothy Thomas (US Army), Cpl. Daniel Gonzales (US Marine Corps), Capt. Nicholas Staffier (US Army), Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico, Justin Whitmarsh, Chaplain Tom Whiteman, USMC Major Zachary Johnson, 1st Lts. Ryan & Nolan Johnson (US Army) PFC Christopher Lewis, USMC Capt. Katie Sliwoski, Frank J. Pendergast (USMC), LT Kevin Plumer (Navy), Jackson Nicolo (US Army Rangers), Capt. Stephen Campo (USMC), PV2 Mikey Woods (US Army), Spc4 Zachary Thomas, US Army, 2nd LT Keegan Coulter, US Army

## Mass Intentions

#### **SATURDAY, AUGUST 12**

4:00 PM - Dick Canty - Birthday Memorial

#### **SUNDAY, AUGUST 13 - NINETEENTH SUNDAY IN ORDINARY TIME**

9:00 AM - For the People of the Parish

10:00 AM - Salvatore Follo

11:00 AM - Loretta Boudreau - 2nd Anniversary

#### **TUESDAY, AUGUST 15 - HOLY DAY - ASSUMPTION OF MARY**

9:00 AM Mass at St. Athanasius 7:00 PM Mass at St. Agnes

#### **THURSDAY, AUGUST 17**

9:00 AM - Kathleen Kachichian

#### FRIDAY, AUGUST 18

9:00 AM - Celia Grace Gesmundo

#### **SATURDAY, AUGUST 19**

4:00 PM - Brian Power

#### SUNDAY, AUGUST 20 - TWENTIETH SUNDAY IN ORDINARY TIME

9:00 AM - Rene and Mickey Spillane - Anniversary

10:00 AM - Carmella Barletta

11:00 AM - John Ogles - 5th Anniversary

**MASS INTENTIONS -** One way we pray for people in need, both the living and dead, is through having a Mass said for that intention. Pope Paul VI said, "The Mass is the most perfect form of prayer," and is said in communion with the entire Universal Church. Mass intentions are a great treasure of the Church and have a spiritual weight

that is incalculable. The offering given to apply the Mass for their intention contributes to the good of the Church, and by that offering share its concern to support its ministries and works (Can.946).



St. Athanasius
Sanctuary Candle
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Frank Goddard



Bread & Wine Donation

In loving memory of

Dick Canty

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#### CLERGY

#### **PASTOR**

Very Rev. Stephen B. Rock, x220

email: FrSteve@ChristTheKingReading.org

#### **PAROCHIAL VICAR**

Rev. Stephen Zukas, x224

email: FrZ@ChristTheKingReading.org

#### **SENIOR PRIEST IN RESIDENCE**

Rev. Edward T. Malone, x211

email: FrEd@ChristTheKingReading.org

#### **DEACONS**

Rev. Mr. Bill Reidy

email: DeaconBill@ChristTheKingReading.org

Rev. Mr. Neil Sumner

email: NSumner@verizon.net

#### **LAY STAFF**

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#### **DIRECTOR, LITURGICAL MUSIC & MINISTRIES**

**David Colpitts** 

DColpitts@ChristTheKingReading.org, x218

**OPERATIONS & FINANCE,** Jim Fitzgerald, x210 *JFitzgerald@ChristTheKingReading.org* 

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ADMIN ASSISTANT: Luann Barretto, x222

LBarretto@ChristTheKingReading.org

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Thomas Jones, St. Agnes
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**CHRIST THE KING PARISH COUNCIL** 

#### EMAIL: PARISHCOUNCIL@CHRISTTHEKINGREADING.ORG

Fr. Steve Rock, Bob Baynes, Stacey Bertocchi, Dana

Chesnulovitch, James Fitzgerald, Karen Fotino, Ron Fotino, Alicia Gallagher, Michelle Goldner, Marge Pearson, Ron Taupier,

Frank Tran

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#### EMAIL: FINANCECOUNCIL@CHRISTTHEKINGREADING.ORG

Jim Bedingfield, Bob Finigan, Ron Fotino, Martha Jane Gagnon, Steve Goldner, Ellen Kearns, Bill Lucey, Freddy Santosuosso

# MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR DCOLPITTS@CHRISTTHEKINGREADING.ORG

#### SOCIETY OF ST. VINCENT DE PAUL 781-258-8767

Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

#### WINCHESTER HOSPITAL CHAPLAIN 781.756.2295,

Mary Beth Moran

#### **RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

#### **ALTAR SERVERS**

Contact: Michelle Goldner, 508-942-9788

email: chelle1127@msn.com

ChristTheKingReading.org/liturgical-ministries

**GLUTEN ISSUES -** Please see a Priest or Deacon before Mass.

#### **EUCHARISTIC ADORATION**

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary Thursday 7:00pm at St. Athanasius Church with Rosary Friday 9:30am-12Noon at St. Agnes Church

#### MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

**PRAYER REQUESTS** - Call the Parish Office or submit online at: *ChristTheKingReading.org/prayer-request* 

#### **PARISH REGISTRATION:**

ChristTheKingReading.org/register-with-parish

#### **BULLETIN SUBMISSIONS**

Deadline: Monday 12Noon; for print in the upcoming weekend's bulletin. Email to: **Bulletin@ChristTheKingReading.org** 

#### SACRAMENTS

**† Baptism:** Maximum of 6 babies at each service We hold a Baptism Service twice a month on Sunday at 1:00 PM. Submit your request for baptism at: *ChristTheKingReading.org/baptism* The Parish Office will contact you to schedule the baptism date. Please call Office if you wish to have child baptized at Mass.

† BAPTISM PARENT MEETING: attend prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Athanasius PAC

#### **†** MARRIAGE:

Arrangements are made with a priest at least six months in advance.

#### **+** RECONCILIATION:

Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

- **4 ANOINTING OF THE SICK:** Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.
- **4 FUNERALS**: ChristTheKingReading.org/funerals or call the Parish Office, 781-944-0490



"I hurt my back playing golf. I went to the chiropractor. I went to the pain institute. I went to the spine institute. Nothing helped. The pain was debilitating, I went six or seven months without playing." ~ Rod O. (Peabody)

Chronic pain makes everyday life incredibly difficult. It prevents you from participating in activities you once loved, even simple daily tasks like grocery shopping become nearly impossible.

This was the case for Rod O. of Peabody, MA.

Rod would go on to explain that on a scale of one to ten his pain was well over a nine, every single day. Regardless of your age, back pain, whether caused by a sports injury, longstanding arthritis, or even specific conditions like scoliosis, can severely impact the quality of your life. In short, it stops you from doing the things you love with the people you love and that's not a great way to live.

On top of that, general practitioners, specialists, and surgeons are all too eager to prescribe medications whose side effects are often detrimental to your recovery or recommend invasive surgeries that often have less than desirable outcomes.

Fortunately for the people of the North

Shore of Boston, Acupuncturist Min and herteam at AWC|Acupuncture & Welness Clinic have pioneered non-pharmaceutical, non-surgical innovative medical solutions that actually treat your pain!

"My patients are also people who would normally require surgery but would either have a difficult time going under the knife or have simply decided that they would rather explore other options. There is more to healthcare than prescription pills, elimination diets, and scapels," shares Acupuncturist Min. "By offering several integrative therapies, we are able to combat your pain from several angles ensuring the best possible outcome."

This approach makes AWC an authority in treating seemingly hopeless cases of chronic pain.

Rod easily attested to this claim, "I highly recommend her to anybody. I thank the Lord today that I met Acupuncturist Min and she was able to help me because I can play golf again!"

Each new patient that comes to AWC receives a comprehensive consultation and then is prescribed a personalized treatment program that is tailored to their specific needs and goals. "While every treatment I perform is based on a framework cultivated from decades of education and experience, no two cases are the same and so every person

under my care is treated that way," tells Acupuncturist Min.

"Unlike other solutions to chronic pain, O3 Therapy® corrects the pathology of the problem, allowing the body to heal itself naturally. This is a wonderful alternative to more traditional methods and incredibly safe and highly successful."

Acupuncturist Min and the team at AWC are using 03 Therapy® to treat a myriad of chronic pain issues including neck pain, arthritis, knee pain, plantar fasciitis, chronic injuries, and so much more!

To schedule a consultation and complete evaluation call (781)221-0162 and do so quickly because AWC is only taking a limited number of new patients. For more information on O3 Therapy and to take advantage of their new patient offer visit Awclinic.com.



Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!



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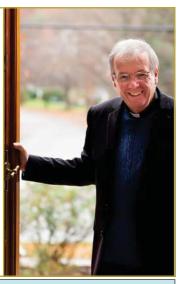




Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

donate at clergytrust.org





#### "Be a Servant" Matthew 20:26



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"I hurt my back playing golf. I went to the chiropractor. I went to the pain institute. I went to the spine institute. Nothing helped. The pain was debilitating, I went six or seven months without playing." ~ Rod O. (Peabody)

Chronic pain makes everyday life incredibly difficult. It prevents you from participating in activities you once loved, even simple daily tasks like grocery shopping become nearly impossible.

This was the case for Rod O. of Peabody, MA.

Rod would go on to explain that on a scale of one to ten his pain was well over a nine, every single day. Regardless of your age, back pain, whether caused by a sports injury, longstanding arthritis, or even specific conditions like scoliosis, can severely impact the quality of your life. In short, it stops you from doing the things you love with the people you love and that's not a great way to live.

On top of that, general practitioners, specialists, and surgeons are all too eager to prescribe medications whose side effects are often detrimental to your recovery or recommend invasive surgeries that often have less than desirable outcomes.

Fortunately for the people of the North

Shore of Boston, Acupuncturist Min and her team at AWC|Acupuncture & Wellness Clinic have pioneered non-pharmaceutical, non-surgical innovative medical solutions that actually treat your pain!

"My patients are also people who would normally require surgery but would either have a difficult time going under the knife or have simply decided that they would rather explore other options. There is more to healthcare than prescription pills, elimination diets, and scalpels," shares Acupuncturist Min. "By offering several integrative therapies, we are able to combat your pain from several angles ensuring the best possible outcome."

This approach makes AWC an authority in treating seemingly hopeless cases of chronic pain.

Rod easily attested to this claim, "I highly recommend her to anybody. I thank the Lord today that I met Acupuncturist Min and she was able to help me because I can play golf again!"

Each new patient that comes to AWC receives a comprehensive consultation and then is prescribed a personalized treatment program that is tailored to their specific needs and goals. "While every treatment I perform is based on a framework cultivated from decades of education and experience, no two cases are the same and so every person

under my care is treated that way," tells Acupuncturist Min.

"Unlike other solutions to chronic pain, O3 Therapy® corrects the pathology of the problem, allowing the body to heal itself naturally. This is a wonderful alternative to more traditional methods and incredibly safe and highly successful."

Acupuncturist Min and the team at AWC are using 03 Therapy® to treat a myriad of chronic pain issues including neck pain, arthritis, knee pain, plantar fasciitis, chronic injuries, and so much more!

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Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

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