

30th Sunday in Ordinary Time

October 29, 2023

CHRIST THE KING PARISH

Saint Athanasius Church
300 Haverhill Street
Reading, MA

Saint Agnes Church
186 Woburn Street
Reading, MA



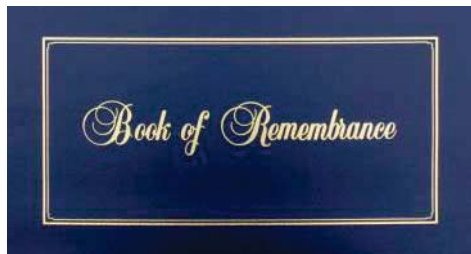
I love you, O LORD, my strength,
O LORD, my rock, my fortress, my deliverer. Psalm 18:2-3

Month of November: Dedicated to the Holy Souls

The month of November each year is dedicated to commemorating those who have died and departed to their heavenly home. It begins with All Saints Day celebrated on November 1 to remember all the numerous holy souls who died and are believed to have entered into Heaven. November 2 is celebrated as All Souls Day to remember all the faithful departed.

Christ the King Parish Mass of Remembrance - Sunday, November 5, 2023, 10:00 AM Mass at St. Athanasius Church

Our parish will honor departed loved ones, whose funerals were celebrated this past year at St. Agnes Church or St. Athanasius Church. As a community of Faith, we pray for the deceased and their families and friends who are grieving this loss. Visit ChristTheKingReading.org/mass-of-remembrance for our Parish's Remembrance Scroll.



BOOK OF REMEMBRANCE - Throughout November, a time in which our community prays for those who have passed away, we put out The Book of Remembrance, to honor, remember and pray for our community's deceased. Each church will have a Book of Remembrance available for parishioners to record names of loved ones who have passed away. The Book of Remembrance is placed by the altar.

The author of the Letter to the Hebrews wrote, "Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus, the leader and perfecter of faith" (12:1-2).

This passage is a beautiful description of the communion of saints, something so fundamental to the Christian faith that all Christians express their belief in it when reciting the Apostles' Creed.

A saint is someone who is in heaven — it is as simple as that. While "saint" as a title is reserved to those whose lives the church has thoroughly investigated, the term applies to anyone in heaven. Everyone from your saintly grandmother to the martyrs facing death for Christ: they are all part of the communion of saints. The church commemorates all these saints on All Saints' Day.

All Saints Day - Holy Day

Wednesday, November 1, 2023

9:00 AM Mass - St. Agnes

7:00 PM Mass - St. Athanasius



So how can we celebrate this wonderful feast of All Saints' Day?

Whether you are commemorating individually or in a group or a family, there are many ways to observe this solemnity. The most obvious is: Go to Mass! It is a holy day of obligation, and there is no more appropriate way to commemorate the saintly lives of those who have gone before us than the eucharistic sacrifice.

It is also good to do other liturgical or prayerful things to mark the day: Pray the Divine Office for All Saints' Day; read the lives of the saints; watch a movie about a saint; pray the litany of saints; think back to your confirmation saint and study that saint's life.

Similarly, if any of your children share the name of a saint, learn about that saint together: Read about the saint and pray together, asking for the saint's intercession.

All Saints' Day is the perfect time to pray to all these holy men and women, asking for their intercession for the conversion of sinners, so that we might all become saints.

SOURCE: <https://catholicreview.org/>

From the Parochial Vicar

Dear Parishioners and Extended Family Members,

Praised be Jesus Christ!

As I sit at my desk looking out the window, I cannot help but notice the autumn leaves are falling. It is like a preview of coming attractions. Sure, they will eventually fall and we all know what happens not too long after that. It also means that we have worked through getting things “started back up” in the parish.

Faith formation is fully underway. It is wonderful to see the children being brought by their parents in order to learn how much God the Father loves them in and through Jesus Christ. Our Faith Formation program helps the children to be familiar with Mass, especially when it is time to read God’s word. Children’s Liturgy of the Word are planned for the first Sunday of each month, including next Sunday’s 9:00 AM Mass. We appreciate all of the parents who see and understand the value of what is done during Faith Formation lessons during the week how the children are able to bring what they learn to Mass. Father Steve and I enjoy them immensely!

As we look at our world, we cannot help but notice the amount of fighting and have fear of an escalation. As we experience this, we acknowledge the evil that is terrorism. We also acknowledge that there are rules of engagement regarding innocent civilians and the intentional respect for their lives. When terrorists purposely hide among innocent civilians, that is when diplomacy is key, thereby allowing the world to assist the innocent caught in the turmoil of war. It does not do any good to give the people of a geographical region a generalized label. At the same time, every nation has a right to defend itself against terrorism. Let us insistently pray for a peace that will last, a peace based on justice guided by God through our world’s leaders. Let us be forever mindful that nothing is impossible for God.

During the month of October, every parish is required to count the number of congregants at each Mass. While we do indeed turn these numbers in to the Archdiocese, they are also good for helping Fr. Steve and the staff realize current trends and how to react to them. When you are given the opportunity, please make the effort to share why you continue to go to Mass, then invite the person you just shared this with to accompany you next time you attend. Sometimes that’s all it takes!

Gratefully yours in Christ,

Fr. Z

This Week in Church Signs:

“YOLO LOL jk BRB”

- Jesus

(Translation on page 6 of this bulletin)

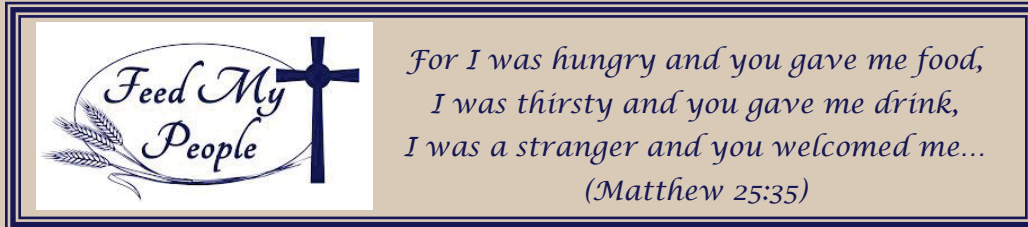
Father of our Lord Jesus Christ, in your unbounded *mercy* you have revealed
the beauty of your power through your constant forgiveness of our sins.
May the power of this *love* be in our hearts to bring your pardon and your kingdom to all we meet.

~ Roman Rite ~

CHRIST THE KING PARISH SUPERMARKET GIFT CARD COLLECTION

Our annual collection of supermarket gift cards benefiting the Reading Food Pantry and Catholic Charities is underway and will continue through November 19th. An increasing number of families in our area suffer from food insecurity. The rising cost of the necessities of life that we are all experiencing has an outsized impact on lower income families. As the cold weather arrives many face a decision whether to “heat or eat”.

The Reading Food Pantry supports approximately 150 families monthly, a significantly higher number than in past years. Catholic Charities is providing even more families with basic needs support than the agency was at the height of the COVID 19 pandemic.



Gift card drop off locations:

St. Agnes: Labelled lockboxes at both the Woburn Street and handicap entrances.

St. Athanasius: Blue and white collection box at the church entrance near the restroom.

Bringing hope and healing through encounters with the Living Christ.

AVE MARIA PARISH TOGETHER FOR PEACE

Join us at Saint Maria Goretti church, Lynnfield, on Monday, November 6 at 6:30 PM for a special Holy Hour for peace in Israel, the Middle East, Ukraine & in our world. www.avemariallynnfield.org



EVENING OF REMEMBRANCE AND HEALING FOR PREGNANCY AND INFANT LOSS WEDNESDAY, NOVEMBER 8, 7:00 PM, ST. PATRICK, STONEHAM

Miscarriage, stillbirth, abortion and the death of an infant are tragic, painful losses that many people carry in their hearts. Loved ones and friends often do not understand how to help console us in our grief. Focusing on the spirituality of our loss can bring consolation. Christ offers us His strength and hope in the promise of the Resurrection. When we gather in prayer, our very presence can provide comfort to one another, some of whom may otherwise suffer in silence.

Please join us on Wednesday, November 8th, at 7:00 PM in St. Patrick Parish Lower Church, 71 Central Street, Stoneham, for a service of remembrance and healing for anyone — parent, grandparent, sibling, aunt, uncle, friend — who is grieving the loss of a pregnancy or the death of an infant. All adults are welcome. There will be opportunities for the Sacrament of Reconciliation, private prayer or counseling after the service in addition to light refreshments. Please R.S.V.P. to Diane McCarthy, Pastoral Associate, at 781-438-0200 or dianemccarthy@stpatrickstoneham.org.



*“See! I will not forget you...
I have carved you in the palm of my hand”
Isaiah 49:15-16*

ROSARY/ADORATION - ST. AGNES CHURCH

In unison with the St. Vincent de Paul Society, the Knights of Columbus as part of our Faith in Action Rosary service program invite you to join the Reading Catholic Community in prayer. Please join us Tuesday, October 31st, at 7:00PM at Saint Agnes. Our intent is to help, "Build faithful families and communities through rosary prayer."

Why is the rosary so important? These mysteries represent the significant events in the life of Jesus Christ. The rosary is often used as a guide for other Catholic prayers. These prayers are related to challenges or celebrations in the life of one praying the rosary or on behalf of another for whom the prayers are said.

**ROSARY/ADORATION - ST. ATHANASIUS CHURCH**

Rosary and Adoration is also said on a weekly basis at St. Athanasius Church, on Thursdays, beginning at 7:00 PM.

PRAYERS FOR VOCATIONS

Give them courage and strength to follow God's holy will. Guide their uncertain steps, strengthen their resolutions, shield their chastity, fashion their minds, conquer their hearts, and lead them to the vineyards where they will labor in God's holy service. Amen.

Priests	Seminarians/Deacons
29-Oct Fr. James Rafferty	Henry Seuffert
30-Oct Fr. Robert Nee	Christopher Silebi
31-Oct Fr. Daniel Crowley	Chris Barton
1-Nov Fr. William Robinson	Alden Bronson
Nov 2 All Deceased Priests	Joe Jasinski
3-Nov Fr. Robert Monagle	Tim Walsh
4-Nov All Seminarians	Brian Daley

**God needs priests. Is He calling you?
If you are 30-60, you may be surprised.**

First Friday Visits, 5:00 PM

Pope St. John XXIII National Seminary
558 South Ave., Weston, MA

October 6, 2023

November 3, 2023

December 1, 2023

Join the Seminary community either **virtually** or **in person**
for prayer & fellowship

Holy Hour and Evening Prayer

In Person: Dinner with the seminarians and a tour of the Seminary

www.psjs.edu



RSVP/Information: Msgr William Fay, 781-899-5500 x134 or
Email at msgr.fay@psjs.edu



*A project of the Entire
Reading Community,
housed at Old South
Church, on Reading
Common
6 Salem Street, Reading*

ITEMS IN NEED:

- Laundry Detergent
- Solid white tuna in water
- Tissues
- White or brown rice (instant or regular)
- Spaghetti sauce (with or without meat)

Drop off is
Wednesdays
4:30 PM to 6:30 PM
at the back door.

CHRIST THE KING'S YOUTH SERVICE TRIP - JUNE 2024

How often does your teen get to experience the joy that comes from serving others? How often do they get time to reflect on God's blessings in their life? If you have a teen entering grade 9 or above in Fall 2024, we invite them to join us on another journey where faith comes alive through service.



WHAT: Catholic Heart Workcamp

"Transformative Mission Trips for Catholic Youth Groups
Inspiring Discipleship through Service"

WHEN: June 23-29, 2024

WHERE: Drexel Hill (Philly), PA

We will have informational sessions in early 2024. Limited spots will be available.

For more information about the program:

- visit www.heartworkcamp.com,
- visit our page on the Parish's website, christthekingreading.org/youth-in-ministry or
- email Youth4Ministry@ChristTheKingReading.org

CHILDREN'S CHOIR ON SUNDAY, NOVEMBER 5, 9:00 AM MASS

Please extend a warm welcome to this year's Children's Choir, as they sing at the 9:00 AM Mass!

You can expect to hear the children on the First Sunday of every month, at the 9:00 AM Mass. Questions about the Children's Choir? Would your child like to become involved? Email us at:

ChildrensChoir@ChristTheKingReading.org



This Week in Church Signs:

"YOLO LOL jk BRB" =

YOU ONLY LIVE ONCE, LAUGHING OUT LOUD,
JUST KIDDING, BE RIGHT BACK

~ JESUS

CHILDREN'S LITURGY OF THE WORD

Please keep in prayer the youth engaging in our parish's Children's Liturgy of the Word. On the First Sunday of each month at the 9:00 AM Mass, children are invited to hear the Liturgy of the Word and engage in complementary activities at an age-appropriate level. Children gather in the Lower Church and return to the family pews following the Gospel. Looking forward to next weekend's (November 5th) Children's Liturgy of the Word!



Fr. Z gives blessing to children prior to October's Children's Liturgy of the Word

CLOTHING DRIVE - THIS WEEKEND

Winter Clothing Drive for our brothers and sisters at Lazarus House, Reading Charitable Organizations and other locations

DATE: This weekend: October 28th and 29th

WHAT: NEW CLOTHING and GENTLY used - WE NEED items for toddlers, youth and adult men and women. (Would you give your donations to your sibling, aunt, uncle, niece/nephew?)

COLLECTION ITEMS: Sweatshirts and sweaters, boots, spring and fall coats, winter coats and sweatpants. Especially in need of: **NEW socks, winter gloves/hats**

Our goal is that parishioners donate in total, over 150 of each: new socks, new hats, and new gloves. If we do this, a "challenge" donor will contribute another \$250 worth of new goods.

DROP OFF: Drop off in front of Saint Athanasius (Bins will be supplied and marked for new socks, gloves, hats and gently used items). Drop off in front of Saint Agnes in front of the Beech tree.

CHRIST THE KING ROYAL CELEBRATION!

PROGRESSIVE DINNER:

Saturday, November 25

Join the team that is planning the Christ the King Progressive Potluck Dinner! What's in the works? A progressive potluck dinner after the 4:00 PM Mass on November 25. There will be appetizers/finger foods at St. Athanasius Parish Center followed by desserts at St. Agnes Parish Center.

Please contact Jessica Aiello at jaiello@gmail.com

Why this particular date? On the last Sunday of each liturgical year, the Church celebrates the Solemnity of Our Lord Jesus Christ, King of the Universe, November 26th this year. When we celebrate the Solemnity of Christ the King, we declare to the world and remind ourselves that Jesus is the Lord of the Church and of the entire universe.



HOSPITALITY: COFFEE, DONUTS, AND . . .

. . . PANCAKES!

WHEN? November 5 at St. Agnes (after all Masses) and on November 12 at St. Athanasius (after 10AM Mass)



The Reading Council 1031 of The Knights of Columbus will be hosting the Coffee Social at Saint Agnes Church on November 5 and on November 12 at St. Athanasius. In addition to the traditional coffee and donuts, please bring your appetite because we will also be providing the delicious and famous KofC Pancakes and Sausage. All are invited and we hope to see you there!



ST. AGNES WELCOMING SUNDAY NOV. 5

Following the 7:30AM, 9:00AM, 11:00AM Masses
Coffee & Doughnuts served in the St. Agnes Parish Center (2nd Floor)

Hosted by Knights of Columbus ~ All Are Welcome ~

Hospitality with coffee and donuts following 10:00 AM Mass - every Sunday - St. Athanasius PAC

CHRIST THE KING PARISH CHRISTMAS FAIRE: NOVEMBER 17, 4PM - 8PM AND NOVEMBER 18, 10AM -2PM

We need your donations! Drop Off dates:

Saturday, November 4, 2PM-5PM & Sunday, November 5, 9AM-11:30AM

Saturday, November 11, 2PM-5PM & Sunday, November 12, 9AM – 11:30AM

Location: St. Athanasius Church Parking Lot behind the Parish Center.

Scan code for acceptable donations:



Special Donations. We could use everyone's help. Kindly consider donating:

- New, as well as gently used toys
- Gift Cards for \$10 or \$20 to any local business or supermarket
- Commercially pre-packaged snacks: Power bars, Granola bars, full-size candy bars, Chips/pretzels, Cookies, Little Debbie snacks, mini muffins, nuts, trail mix - leave in bins at church entrance vestibules.
- Cellophane wrapped gift basket to be raffled - sign up <https://bit.ly/CtKGiftBaskets>
- Baked Goods to be sold - sign up <https://bit.ly/CtKBakeSale>
- Sports tickets or a "weekend away" to your cottage or condo for our Silent Auction

Donate Yourself ! We'd love for you to help us. We have a lot of fun! Might you donate an hour or two of time, especially the week leading up to and through the Faire - Nov 11-19? Email us at stathanchristmasfaire@gmail.com.

Feeling Lucky? Try our 50/50 Cash Raffle: <https://bit.ly/ctk5050>

Any questions? Email us at stathanchristmasfaire@gmail.com.

<https://christthekingreading.org/christmas-faire>

"We make a living by what we do, a life by what we give."

MASS St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 7:30AM, 9:00AM, 11:00AM
SCHEDULE 9:00 AM Weekdays: Mon, Wed, Fri at St. Agnes | Tues, Thurs at St. Athanasius
 1st Saturday 9:00 AM Mass at St. Athanasius | Livestream Masses: 4:00PM Vigil, 11:00AM
CONFESSION St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment
ADORATION St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

**PLEASE PRAY
FOR THE MEN AND WOMEN IN
MILITARY SERVICE**

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones. Grant them courage, compassion, strength, and all they need for the living of these days.

Sustain them through their every trial.

Through Jesus Christ our Lord we pray. Amen

Please pray for all service members, especially for:

Capt. Jared Peledge (US Army),
 Capt. Jeffrey Peledge (US Army),
 Spc. William T. Fisher (US Army),
 LCPL Dean Lepore, Timothy Thomas (US Army),
 Cpl. Daniel Gonzales (US Marine Corps),
 Capt. Nicholas Staffier (US Army),
 Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico,
 Justin Whitmarsh, Chaplain Tom Whiteman,
 USMC Major Zachary Johnson,
 1st Lts. Ryan & Nolan Johnson (US Army)
 PFC Christopher Lewis, USMC Capt. Katie Sliwoski,
 Frank J. Pendergast (USMC), LT Kevin Plumer (Navy),
 Jackson Nicolo (US Army Rangers),
 Capt. Stephen Campo (USMC),
 Spc4 Zachary Thomas, US Army,
 2nd LT Keegan Coulter, US Army
 2nd LT John O'Brien, US Army

Mass Intentions

SATURDAY, OCTOBER 28

4:00 PM - Paul and Louise Zukas

SUNDAY, OCTOBER 29 - THIRTIETH SUNDAY IN ORDINARY TIME

9:00 AM - Coach Squire

10:00 AM - Jean Hoyt

11:00 AM - Bob Beane

MONDAY, OCTOBER 30

9:00 AM - Giuseppe DiRico - 23rd Anniversary

TUESDAY, OCTOBER 31

9:00 AM - Francis Macklin

WEDNESDAY, NOVEMBER 1 - ALL SAINTS - HOLY DAY

9:00 AM - Holy Day Mass at St. Agnes

7:00 PM - Holy Day Mass at St. Athanasius

FRIDAY, NOVEMBER 3

9:00 AM - Brenda Norton - Birthday Memorial

SATURDAY, NOVEMBER 4

9:00 AM - First Friday - For an increase in Vocations

4:00 PM - Stephen Canty - Memorial

SUNDAY, NOVEMBER 5

7:30 AM - Jack Carley - Anniversary Memorial

9:00 AM - Arthur Pastore

10:00 AM - Mass of Remembrance at St. Athanasius

11:00 AM - Jerry Fiore and Anne Gray



*St. Agnes
Sanctuary Candle*

In loving memory of
DiRico and Federico Families

THE SANCTUARY CANDLE - is lit to remind us of the sacramental presence of Jesus Christ. It is a mark of honor to remind the faithful of the presence of Christ, and is a profession of their love and affection. If you wish to have the Sanctuary Lamp burning in memory of a loved one, to honor a special occasion, or a special intention make arrangements with the Collaborative Office. The Candle will burn for one week.

OFFICE 184 Woburn St, Reading, MA • HOURS: Monday thru Friday, 10:00 AM-3:30 PM • OFFICE: 781-944-0490
 • FAX: 781-944-4403 • <https://ChristTheKingReading.org> • Contact@ChristTheKingReading.org

CLERGY

PASTOR

Very Rev. Stephen B. Rock, x220
 email: FrSteve@ChristTheKingReading.org

PAROCHIAL VICAR

Rev. Stephen Zukas, x224
 email: FrZ@ChristTheKingReading.org

SENIOR PRIEST IN RESIDENCE

Rev. Edward T. Malone, x211
 email: FrEd@ChristTheKingReading.org

DEACONS

Rev. Mr. Bill Reidy
 email: DeaconBill@ChristTheKingReading.org

Rev. Mr. Neil Sumner
 email: NSumner@verizon.net

LAY STAFF

DIRECTOR OF EVANGELIZATION, Paula Colpitts, x223
PColpitts@ChristTheKingReading.org

DIRECTOR, LITURGICAL MUSIC & MINISTRIES, David Colpitts, x218
DColpitts@ChristTheKingReading.org

OPERATIONS & FINANCE, Jim Fitzgerald, x210
JFitzgerald@ChristTheKingReading.org

BOOKKEEPING, Anne Baynes, x210
Business@ChristTheKingReading.org

COMMUNICATIONS: Jacqueline Steele, x217
JSteele@ChristTheKingReading.org

ADMIN ASSISTANT: Luann Barretto, x222
LBarretto@ChristTheKingReading.org

DISCIPLES IN MISSION: Janet Davidson-Dee
JDavidson-Dee@ChristTheKingReading.org

PROPERTY MANAGERS

Steve Flannery, St. Athanasius
Flannerys91@gmail.com
 Larry Immerman, St. Agnes
Limmerman@ChristTheKingReading.org

PARISH COUNCIL, ParishCouncil@ChristTheKingReading.org

Fr. Steve Rock, Bob Baynes, Stacey Bertocchi, Dana Chesnulovitch, James Fitzgerald, Karen Fotino, Ron Fotino, Alicia Gallagher, Michelle Goldner, Marge Pearson, Ron Taupier, Frank Tran

HOW DO I BECOME A LECTOR? HOW DO I BECOME A EUCHARISTIC MINISTER?

If you would like to join this ministry:
 website: ChristTheKingReading.org/serve
 email: Contact@ChristTheKingReading.org
 Call the Parish Office for more information; talk to clergy

HOW DO I BECOME AN ALTAR SERVER?

If you would like to join this ministry:
 website: ChristTheKingReading.org/altar-server
 email: chelle1127@msn.com
 Call Michelle Goldner, 508-942-9788

MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR

Email inquiry to: DColpitts@ChristTheKingreading.org

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

GLUTEN ISSUES - Please see a Priest or Deacon before Mass.

EUCCHARISTIC ADORATION

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary
 Thursday 7:00pm at St. Athanasius Church with Rosary
 Friday 9:30am-12Noon at St. Agnes Church

MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

PRAYER REQUESTS - Call the Parish Office or submit online at:
ChristTheKingReading.org/prayer-request

SOCIETY OF ST. VINCENT DE PAUL 781-258-8767

In need? Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

WINCHESTER HOSPITAL CHAPLAIN 781.756.2295, Mary Beth Moran

PARISH REGISTRATION: ChristTheKingReading.org/register-with-parish

BULLETIN SUBMISSIONS

Deadline: Monday 12Noon; for print in the upcoming weekend's bulletin. Email to: Bulletin@ChristTheKingReading.org

FINANCE COUNCIL, FinanceCouncil@ChristTheKingReading.org

Jim Bedingfield, Bob Finigan, Ron Fotino, Martha Jane Gagnon, Steve Goldner, Ellen Kearns, Bill Lucey, Freddy Santosuoso

SACRAMENTS

† **BAPTISM**: Maximum of 6 babies at each service
 We hold a Baptism Service twice a month on Sunday at 1:00 PM. Submit your request for baptism at: ChristTheKingReading.org/baptism
 The Parish Office will contact you to schedule the baptism date. Please call Office if you wish to have child baptized at Mass.

† **BAPTISM PARENT MEETING**: *attend prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Athanasius PAC*

† MARRIAGE:

Arrangements are made with a priest at least six months in advance.

† RECONCILIATION:

Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

† **ANointing OF THE SICK**: Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.

† **FUNERALS**: ChristTheKingReading.org/funerals or call the Parish Office, 781-944-0490

LIVING LIFE AFTER COVID



“I have two words for Long Covid – the worst,” shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

“I got Covid early last year, and it was pretty bad,” shares Eric. “I was hospitalized for 9 days, and there was a point where I wasn’t sure I would make it. I’m still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn’t do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called ‘brain fog.’ I’d lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I’d had a stroke more than it did a virus.”

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

“I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me ‘this is the best we can do for you, it’s time you start thinking about how you’re going to live with Long Covid.’ Apparently, their best was letting me live what felt like half a life.”

Eric wasn’t satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. “I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I’ve used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac.”

You might think that a novel virus needs a novel solution, but you’d only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it’s a much more time-tested science that’s getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

“Our O3 ReBoot Therapy® has all-encompassing and powerful healing capabilities,” shares Clinical Director Rebecca Rinn. “Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive.” As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

“I’m in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door.”

Acupuncturist Min Jeon D.Ac. Lic.Ac. has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



Call (781) 221-0162 where an AWC Care Coordinator is waiting to help you achieve optimal health and wellness!

**Visit www.AWClinic.com to learn more
and to take advantage of their NEW PATIENT OFFER!**





THE THEOLOGICAL
INSTITUTE
of SAINT JOHN'S SEMINARY

www.sjs.edu/the-theological-institute
617-779-4104

Spring 2024 Courses

- Trinitarian Theology & Christology
- Faith & Reason
- Ecclesiology and others

Registration Opens Nov. 14





healthier priests, stronger communities.

Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

donate at clergytrust.org – OR –

SCAN HERE for Venmo, Google/Apple Pay, PayPal via Givebutter.





PROTECT WHAT MATTERS MOST

Whether you are home or away, protect what matters most from unexpected power outages with a Generac Home Standby Generator.

\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(617) 841-4985

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



FREE
7-Year Extended Warranty*
A \$735 Value!

GENERAC

AD SPACE AVAILABLE
617-779-3771



FAMILY OWNED & OPERATED
MEXICAN SCRATCH KITCHEN & BAR



VISIT US FOR DAILY WEEKDAY FOOD & BAR SPECIALS!

SERVING WEEKEND BRUNCH 11am-1pm

where friends become family

amigospeabody.com
978-532-0008

Northshore Mall
210 Andover Street
Peabody MA



EXCLUSIVE MONEY SAVING OFFER

0 DOWN | 0 PAYMENTS | 0% INTEREST

FOR 2 YEARS AND

BUY 2 WINDOWS GET 2 FREE!

SERVICE 99.5%
of our windows are installed right the first time, requiring no follow-up service.

SATISFACTION 96%
customer satisfaction on clean up & safety in over 150,000 homes.

SELECTION 1500+
locally-made, custom styles and options to choose from.

Call (855) 919-2625

*Offer Valid on Potomac and ComfortSmart Models. 4 Window Minimum. Cannot be combined with any other offer. Excludes labor. Based on 10 Georgetown model, Double hung/slider windows with standard installation. Subject to Credit Approval. Offer Ends 12/31/23. MA HIC #197968




Custom Pull-Out Shelves for your existing cabinets and pantry.




50% OFF INSTALL!

12 MONTH NO INTEREST NO PAYMENTS

Easy access, less stress, everything within reach.

Call for Your **FREE** Design Consultation:
(855) 625-9032

ShelfGenie
EVERYTHING WITHIN REACH
a neighborly company

*Limit one offer per household. Must purchase 5+ Classic/Designer Pull-Out Shelves. EXP 11/30/23. Independently owned and operated franchise. ©2023 ShelfGenie SPV LLC. All rights reserved.

11 Linden Street
Reading
781-944-1589

Doherty-Barile Family Funeral Home

Celebrating 100 Years *B* of Service to Reading

Advanced Funeral
Planning and Irrevocable
Trusts Available

Ralph A. Barile, Kevin M. Barile, Ralph A. Barile, Jr., Directors • Paul F. Doherty 1947-2005

www.barilefuneral.com

Douglass, Edgerley & Bessom Funeral Home

Family Owned and Operated Since 1960
John B. Douglass, Sr. and John B. Douglass, II
25 Sanborn Street • Reading, MA 01867
(781) 944-0284
www.douglassfuneralhome.com



Rosaries from Flowers

"Handmade from the Flowers
of your Loved One"

www.rosariesfromflowers.com

841 Main Street
Tewksbury, MA 01876
(978) 851-9103



Beth Stakem

CBR, REALTOR

bethstakem@gmail.com

Member of St. Agnes
Church for 46 years

LEADING EDGE REAL ESTATE



781-248-8406

248 Main St. Suite 201, Reading



583 Main Street • Reading

781-944-7274

www.pizzaworldtogo.com



**Vern Rich
Bob Moses**
(781) 245-2826

Free Estimates
Fully Insured

Removal • Lot Clearing • Firewood
Stump Grinding • Competitive Rates
Aerial Bucket & Crane Services



Reading Town Florist

781-205-9998

Anniversary, Birthdays, Funerals
Subscriptions Available

51 Harnden St., Reading



Dick DiNapoli
MASTER ELECTRICIAN

No Job Too Small
Call my Cell

617-201-0981



**iDeal
EYECARE**

"Precision testing
for your
iDeal Vision"

Dr. John McHale
OPTOMETRIST

315 Main Street (Rte 28) Reading (next to Bagel World)
www.ideal-eyecare.com

781-942-9400



TANGO

Design • Build • Remodel

781-944-8043

287 Lowell Street • Reading, MA 01867



Elder Law Estate Planning

LAW OFFICE OF

WILLIAM F. CROWLEY

159 Haven Street, Suite 1, Reading

(781) 942-2233

Probate

Real Estate

Monument Sales • Cemetery Lettering



Monument Sales • Cemetery Lettering

**COLIZZI
MEMORIALS, INC.**

Dave Erwin - Parishioner

978-674-7035

217 Merrimack St., Methuen

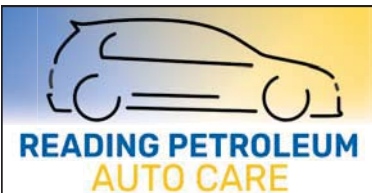
THE CATHOLIC SCHOOLS FOUNDATION

WE CHANGE LIVES
one student at a time



Help change a
life through
Catholic
education!

Your gift today gives
in-need students in the
greater Boston area the
opportunity to receive
a high-quality Catholic
education.
Learn more at
www.CSFBOSTON.org



**READING PETROLEUM
AUTO CARE**

459 Main Street, Reading
(781) 872-1689

• Computerized Diagnostics
• MA State Inspections
• Registered Emissions Repair Facility
• Breaks • Exhaust • Tune Ups • Air Conditioning
www.reading-petroleum.com



Function Hall Available!

Kitchen Access

Capacity: 90
people

Handicap
Accessible

Tables & Chairs

Ample Parking

Full Bar

Air Conditioned

Call Steve:

978-314-9507

gki@readingkoc.org

STERLING HOME IMPROVEMENT

**ROOFING
SIDING • WINDOWS
100% FINANCING**

Free
Estimates

Denis Giorgione

888-898-6898

Since
1979

www.sterlinghomeimprovement.com

Elegant Independent and Assisted Living, with Exceptional Alzheimer's Care.

Ask about our
**30 Day
Trial Stay.**
Taste our food,
enjoy the
many activities,
and relax!

North of Boston,
Off I-93 at Exit 38



WINDSOR PLACE

An Assisted Living Residence



Call for a tour: 978-988-2300 • WindsorPlaceOfWilmington.com

**AD SPACE
AVAILABLE**
617-779-3771



COOK'S Chris Cook
owner

SIMPLE PAINTING CO.

Residential & Commercial ~ Interior & Exterior
781-944-8606

www.CooksSimplePainting.com ~ Reading, MA



Thomas Burke & Sons

ROOFING • GUTTERS

FREE ESTIMATES www.BurkeRoofs.com FULLY INSURED
781-246-5622

A FAMILY BUSINESS SINCE 1941

LIVING LIFE AFTER COVID



“I have two words for Long Covid – the worst,” shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

“I got Covid early last year, and it was pretty bad,” shares Eric. “I was hospitalized for 9 days, and there was a point where I wasn’t sure I would make it. I’m still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn’t do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called ‘brain fog.’ I’d lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I’d had a stroke more than it did a virus.”

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

“I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me ‘this is the best we can do for you, it’s time you start thinking about how you’re going to live with Long Covid.’ Apparently, their best was letting me live what felt like half a life.”

Eric wasn’t satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. “I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I’ve used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac.”

You might think that a novel virus needs a novel solution, but you’d only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it’s a much more time-tested science that’s getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

“Our O3 ReBoot Therapy® has all-encompassing and powerful healing capabilities,” shares Clinical Director Rebecca Rinn. “Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive.” As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

“I’m in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door.”

Acupuncturist Min Jeon D.Ac. Lic.Ac. has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



Call (781) 221-0162 where an AWC Care Coordinator is waiting to help you achieve optimal health and wellness!

Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!



THE THEOLOGICAL INSTITUTE

of SAINT JOHN'S SEMINARY



SPRING 2024 COURSES

- Trinitarian Theology & Christology
- Faith & Reason
- Ecclesiology
- and others

Registration
Opens Nov. 14

www.sjs.edu/the-theological-institute
617-779-4104

PROTECT WHAT MATTERS MOST

Whether you are home or away, protect what matters most from unexpected power outages with a Generac Home Standby Generator.

\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

REQUEST A FREE QUOTE

CALL NOW BEFORE THE NEXT POWER OUTAGE

(617) 841-4985

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

GENERAC



Make the smart and **ONLY CHOICE**
when tackling your roof!



ERIE
Metal Roofs

FREE ESTIMATE
1.855.720.0765
Expires 12/31/2023

Limited Time Offer!
SAVE!

up to
50% OFF
ON YOUR INSTALLATION
+
TAKE AN ADDITIONAL
10% OFF

Additional savings for military, health workers and first responders

New orders only. Does not include material costs. Cannot be combined with any other offer. Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf of Erie Construction Mid-West, Inc. ("Erie"). Offer terms and conditions may apply and the offer may not be available in your area. If you call the number provided, you consent to being contacted by telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register. Please review our Privacy Policy and Terms of Use on homeservices.compliance.com. All rights reserved. License numbers available at eriemetalroofs.com/erie-licenses/. MA: 159905.



MADE IN THE U.S.A.

Custom Pull-Out Shelves for your existing cabinets and pantry.



Easy access, less stress, everything within reach.

Call for Your **FREE** Design Consultation:

(855) 625-9032

ShelfGenie
EVERYTHING WITHIN REACH
a neighborly company

*Limit one offer per household. Must purchase 5+ Classic/Designer Pull-Out Shelves. EXP 11/30/23. Independently owned and operated franchise. ©2023 ShelfGenie SPV LLC. All rights reserved.

LeafFilter
GUTTER PROTECTION

**CLOG-FREE GUTTERS
FOREVER**



EXCLUSIVE LIMITED TIME OFFER!

15% OFF + **10% OFF** + **0%**
YOUR ENTIRE PURCHASE SENIORS & MILITARY! APR FOR 24 MONTHS**



Promo Code: 285

FREE GUTTER ALIGNMENT + FREE GUTTER CLEANING*



CALL US TODAY FOR
A FREE ESTIMATE

1-877-319-0949

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

A COMPANY OF
LEAFHOME

**Wells Fargo Home Projects credit card is issued by Wells Fargo Bank, N.A., an Equal Housing Lender. Special terms for 24 mo. apply to qualifying purchases of \$1,000 or more with approved credit. Minimum monthly payments will not pay off balance before end of promotional period. APR for new purchases is 28.99%. Effective: 01/01/2023 - subject to change. Call 1-800-431-5921 for complete details. The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." *For those who qualify. One coupon per household. No obligation estimate valid for 1 year. Offer valid at time of estimate only. See Representative for full warranty details. Manufactured in Plainville, Michigan and processed at LMT Mercier Group in Ohio. AR #0366920922, CA #1035795, CT #HIC0649905, FL #CFC056678, IA #C127230, ID #RCE-51604, LA #559544, MA #176447, MD #MHIC148329, MI #2102212986, #262000022, #262000403, #2106212946, MN #IR731804, MT #226192, ND 47304, NE #50145-22, NJ #13VH09953900, NM #408693, NY #H-19114, H-52229, OR #218294, PA #PA069383, RI #GC-41354, TN #7656, UT #10783658-5501, VA #2705169445, WA #LEAFFNW822J, WY #WV056912.

Douglass, Edgerley & Bessom
Funeral Home
Family Owned and Operated Since 1960
John B. Douglass, Sr. and John B. Douglass, II
25 Sanborn Street • Reading, MA 01867
(781) 944-0284
www.douglassfuneralhome.com



THE CATHOLIC SCHOOLS FOUNDATION
WE CHANGE LIVES
one student at a time



Help change a life through Catholic education!

Your gift today gives in-need students in the greater Boston area the opportunity to receive a high-quality Catholic education.
Learn more at www.CSFBOSTON.org



AD SPACE AVAILABLE
617-779-3771

MOYNIHAN LUMBER

Lumber & Plywood
Doors & Molding
Kitchen Cabinets
Andersen Windows
Paint & Stain
Free Delivery

82 RIVER STREET • BEVERLY 978-927-0032 164 Chestnut STREET • N. READING 781-944-8500 • 978-664-3310 12 Old Road • PLAISTOW, NH 603-382-1535
www.moynihanlumber.com

Doherty Barile Family Funeral Homes

11 Linden Street Reading 781-944-1589
482 Main Street Stoneham 781-438-2280
Advanced Funeral Planning and Irrevocable Trusts Available • www.barilefuneral.com




841 Main Street
Tewksbury, MA 01876
(978) 851-9103

Rosaries from Flowers
"Handmade from the Flowers of your Loved One"
www.rosariesfromflowers.com

TANGO
Design • Build • Remodel
781-944-8043
287 Lowell Street • Reading, MA 01867

"God is Love" 1 John 4:8

LOMBARDO & SAVIO
BUILDING CONTRACTORS
Building Remodeling Home Improvement
Guaranteed Workmanship Fully Insured
(781) 944-4283
www.lombardobuilding.com

Dynamik Sports TEAM OUTFITTERS
SPORTING GOODS FOR ALL SEASONS
Owned by Parishioners, Mark Doherty & Family
(781) 942-1153
163 Main Street • Reading, MA • Exit 38B of Rte 128

Elder Law Estate Planning
LAW OFFICE OF
WILLIAM F. CROWLEY
159 Haven Street, Suite 1, Reading
(781) 942-2233
Probate Real Estate

Little Treasures Pre-school program Kindergarten Enrichment After-School Program
SCHOOLHOUSE
www.littletreasureschoolhouse.com
781-944-7907
311 Haverhill Street • Reading, MA
Across the Street from Saint Athanasius Parish

"Jesus Wept." John 11:35

COOK'S Chris Cook owner
SIMPLE PAINTING CO.
Residential & Commercial ~ Interior & Exterior
781-944-8606
www.CooksSimplePainting.com - Reading, MA

Dick DiNapoli
MASTER ELECTRICIAN
No Job Too Small
Call my Cell
617-201-0981

Beth Stakem
CBR, REALTOR
bethstakem@gmail.com
Member of St. Agnes Church for 46 years

LEADING EDGE REAL ESTATE
781-248-8406
248 Main St. Suite 201, Reading

STERLING HOME IMPROVEMENT
ROOFING
SIDING • WINDOWS
100% FINANCING

Free Estimates Denis Giorgione Since 1979
888-898-6898
www.sterlinghomeimprovement.com

Elegant Independent and Assisted Living, with Exceptional Alzheimer's Care.

Ask about our **30 Day Trial Stay.**
Taste our food, enjoy the many activities, and relax!
North of Boston, Off I-93 at Exit 38



WINDSOR PLACE
An Assisted Living Residence

TOP RATED CARE
NORTH OF BOSTON

Call for a tour: 978-988-2300 • WindsorPlaceOfWilmington.com

WINDOW NATION

EXCLUSIVE MONEY SAVING OFFER

0 DOWN 0 PAYMENTS 0% INTEREST FOR 2 YEARS AND BUY 2 WINDOWS GET 2 FREE!

SCHEDULE YOUR FREE IN-HOME CONSULTATION TODAY!

Call (855) 919-2625

*Offer Valid on Picturas and ComfortSmart Models. 4 Window Minimum. Cannot be combined with any other offer. Excludes labor. Based on 10 Georgetown model. Double hung/sliding windows with standard installation. Subject to Credit Approval. Offer Ends 12/31/23. MA HIC #197968



clergytrust healthier priests. stronger communities.

Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

donate at clergytrust.org - OR - SCAN HERE for Venmo, Google/Apple Pay, PayPal via Givebutter.