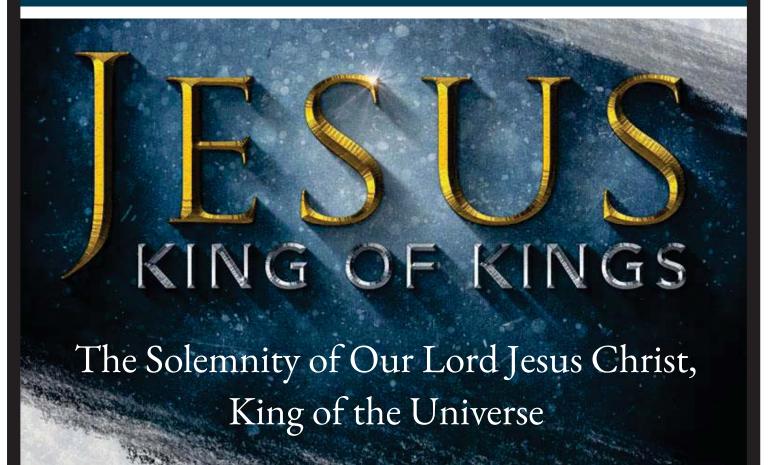
CHRIST THE KING PARISH

Saint Athanasius Church 300 Haverhill Street Reading, MA Saint Agnes Church 186 Woburn Street Reading, MA



ChristTheKingReading.org

November 26, 2023



Yours, LORD, are greatness and might, majesty, victory, and splendor.

For all in heaven and on earth is yours; yours, LORD, is kingship; you are exalted as head over all.

Riches and glory are from you, and you have dominion over all.

In your hand are power and might; it is yours to give greatness and strength to all.

Therefore, our God, we give you thanks and we praise the majesty of your name.

1 Chronicles 29:11-13

CHRIST THE KING PARISH NOVEMBER 26, 2023

A NIGHT AT THE NATIVITY

Be a part of the Team working on making this parish-wide, one-of-a-kind event become the reality! "A Night at the Nativity" will showcase creative, "Spirit"

inspired Nativity Scenes - created by you, or Nativity scenes that have been a part of your Advent/Christmas tradition! On December 16th and 17th, parishioners are invited to come and see! In addition to the Nativity - there will be a storytelling of "More Than Just a Star" at the top of each hour - for the "young of heart" - and also the "not-so-young-of-heart"! Sweet treats will also be on hand for all visitors.

HOW CAN YOU BE INCLUDED IN PLANNING FOR THIS EVENT?

- Contribute a Nativity Scene
- Be a story reader
- Provide a sweet treat

Sign up today using QR-Code, or email us at Christmas@ChristTheKingReading.org and let us know how you wish to be included in the planning!



CHRISTMAS EVE MASS AT THE READING HIGH SCHOOL FIELDHOUSE

The 4:00 PM Christmas Eve Mass at the RMHS Field House is a special opportunity for our Faith community to come together in preparation for - and in celebration of - the birth of our Savior. Many persons contribute their time and talents in bringing the Mass to the Field House. Now is the time to start thinking about how you, your family, your small group, can be included in the 4:00 PM Christmas Eve Mass. "Sign Up to Volunteer" will roll out on the weekend of November 25/26 - you can sign up electronically (Sign Up Genius) or on Sign Up Sheets .

Questions on the 4:00 PM Christmas Eve Mass - or any other Christmas-related question?

Email to: Christmas@ChristTheKingReading.org

Check the "Christmas" page on our website! ChristTheKingReading.org/christmas

NOVEMBER 25/26 - SIGN UP TO VOLUNTEER YOUR HELP

HELPING BEFORE CHRISTMAS EVE:

- Setup on Saturday, December 23rd, time TBA. Come for an hour or longer! Help with setting up seating, decorations, signs, etc.
- Publicity in November and December: Create posters for around town, write blog posts, help get the word out.
- Mailing: One-time volunteering to help with the Christmas postcard mailing.

HOW YOU CAN HELP AT MASS:

- Serve at Mass as a Greeter, Usher, Eucharistic Minister, Musician, Lector, or Altar Server.
- Youth Living Nativity, acting out the Gospel as it

- read. Roles include Mary, Joseph, the three Kings, the Star of Bethlehem, Shepherds, etc.
- Children ages 5-15 can be part of our Angel Choir, singing during the gospel and Living Nativity, then rejoining their families for the rest of the Mass.
- Help behind the scenes with Hospitality, the Remembrance Tree and Parking.
- Stay an extra 15-30 minutes after Mass to help with cleanup: stacking chairs, packing up decorations, picking up programs, etc.

WHO CAN HELP:

 Individuals and Families; Small groups; Students and classes - You!

From the Parochial Vicar

Dear Parishioners and Extended Family Members,

Happy Thanksgiving (weekend)! I am actually extending this greeting to you well in advance, since my writing deadlines are earlier than usual this month with November having two holiday weekends.

How curious it is that our nation (under President Abraham Lincoln) has set aside a day "to give thanks." As we celebrate, and hopefully count, our blessings, it is very important to remember WHO we are thanking. It is not Lady Luck, it is not karma, it is not good fortune. It is indeed God, the origin and giver of all that is good. As we offer God prayers of thanks, how important it is that we keep our eyes focused on God and what we are thanking God for, as opposed to letting our eyes and attention wander to the left or to the right in order to compare our blessings with those of others. There are many "intangible" blessings we can count that we have received from God, such as the ability to love, listen, appreciate, advise, laugh, trust, be generous, be thankful... We thank God for the roof over our head, the meal we sit before, the bed we sleep in, the heat that warms us, the warm love of another, the health that we do have. We also thank God for this great nation we live in, and all the freedoms we enjoy. St. Ignatius of Loyola said that all sin is rooted in being ungrateful. Let us always be grateful and always remember who we are to be grateful to. Let us pray for an "attitude of gratitude."

This weekend, we also honor Christ the King. He is King of Heaven, King of Earth, King of the Universe. When instructing our children how to receive in First Communion class, we tell them to make a "throne" with their hands and raise them "heart high." Where is His "throne" in our hearts? Does He "reign" in our lives? We celebrate Jesus being "King of Kings", then enter a season of preparation before we celebrate his birth as a King, as acknowledged by the Three Wise Men. Let each of us ask for the grace to allow Jesus to "reign" more in our lives and to offer back to him what He has generously given us so that we may give Him glory.

Hope to see you at the parish's Progressive Supper on Saturday, it begins at the St. Athanasius PAC after the 4:00 PM Mass!

Gratefully yours in the King of Kings,

Fr. Z

This Week in Church Signs:

"Thanksgiving is not only a day, it is a lifestyle."



CHRIST THE KING ROYAL CELEBRATION AND PROGRESSIVE DINNER

November 25th

Join us following the 4:00 PM Mass!

Christ the King Royal Progressive Dinner! Saturday,

November 25, St. Athanasius PAC following the 4PM Mass. Enjoy apps/finger foods at the PAC and then progress to St. Agnes for desserts. In celebration of our Parish Community and to honor our Parish's Patron, "Christ the King" Feast Day.

CHRIST THE KING PARISH NOVEMBER 26, 2023

A PRIMER ON CLIMATE CHANGE

DATE: Tuesday, November 28, 7:00 PM

LOCATION: St. Agnes Parish Center, 2nd Floor

Presented by Ron D'Addario, parishioner

Climate Change is now the buzz word of every other weather report - historic forest fires, floods, droughts, storms, and disease spread. Climate change is pointed to as a cause or an accelerant of these catastrophes. This primer discusses the basic science of climate change and how carbon dioxide (CO₂), the gas we exhale and the crucial gas in photosynthesis, causes our planet to warm and how that warming affects the world's climate and weather. This presentation is an opportunity for you to ask your questions in a safe and informal setting. Correctly understanding this process is critical as we discuss it with our family and friends. Pope Francis recently wrote an addendum to his encyclical Laudato Si called Laudate Deum, To All People of Good Will on the Climate Crisis. We will include his counsel in our discussion.

Ron has studied this topic for the last 20 years and spoken on it both here and at many other locations.

SATURDAY NIGHT SOCIAL - DECEMBER'S **EVENT!**

DATE: Saturday, December 9, 6:30PM - 8:30PM

LOCATION: St. Athanasius PAC

December's Saturday Night Social is sure to put us in the mood for the Advent and Christmas Seasons! It's a busy time of year but you won't want to miss the fun playing

YANKEE

SWAP

BINGO

COOKIE

SWAP

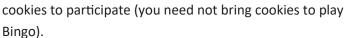
YANKEE SWAP BINGO or

participate in the COOKIE SWAP!

Yankee Swap: bring a gift with a value of between \$5-\$10 to play

Cookie Swap: For those

interested, bring two dozen



ALL ARE WELCOME so bring a friend and spread the word. Light refreshments will be served.

WORKBOOK FOR LECTORS FOR THE NEW LITURGICAL YEAR NOW AVAILABLE IN EACH CHURCH'S SACRISTY

Fr. Z is going to the Opera! Saturday, January 6

Fr. Z cordially invites anyone who would like to join him for any or all of four operas this season from the Metropolitan Opera in New York City televised at Showcase Cinema in Woburn.

The first opera is "Nabucco" on Saturday, January 6th, beginning at 12:55PM - make plans now! We are now taking ticket orders for "NABUCCO." Make a check to "Christ the King Parish" for \$29.00 per person / \$27 for seniors. (So we don't have to wait for each other in line at the theatre.) Please write "1/6 opera." The due date is December 15. See you there! For more information: visit showcasecinemas.com, choose "Woburn" for My Theater, choose "Event Cinema" and find the opera/s you are interested in.

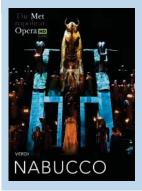
January 6 - Nabucco (taking ticket orders NOW!)

January 27 - Carmen

March 23 - Romeo and Juliet

May 11 - Madama Butterfly

All shows begin at 12:55 PM



Overview of Nabucco, by GIUSEPPE VERDI

Ancient Babylon comes to life in a classic Met staging of biblical proportions. True to its biblical inspiration, Nabucco is an opera of UNAPOLOGETICALLY epic proportions: rulers challenge their gods, love struggles against empire, and religious revelation goes hand in hand with divine retribution. Verdi's inspired treatment of the Israelites' enslavement and the Babylonian King Nebuchadnezzar's dramatic conversion to Judaism captivated audiences and made the young composer famous.

CONFIRMATION PREPARATION MASS & BREAKFAST ON NOVEMBER 26

The next "Mass & Breakfast" for Confirmation
Preparation Candidates is Sunday, November 26th.

CANDIDATES, PLEASE CHECK IN WITH YOUR GROUP

CANDIDATES, PLEASE CHECK IN WITH YOUR GROUP LEADER FOR WHEN YOUR CLASS IS ATTENDING "MASS and BREAKFAST"

FAITH FORMATION CLASSES - NOVEMBER

Classes for Grades 1 through 8 will resume on: Monday, December 4

ARE YOU SOMEONE - OR DO YOU KNOW SOMEONE WHO . . .

. . . . Has expressed an interest in becoming Catholic?
. . . . Has a child over the age of seven who
has not been baptized?
. . . . Was baptized Catholic as a child, but has not
celebrated the Sacraments of
Confirmation and Eucharist?

We are in the process of planning an opportunity to come together in a small group to learn more about our Catholic faith. Sessions will focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting. For information or to volunteer to help, please contact Paula Colpitts at

ITEMS IN NEED:



781-944-0490 x223

- Laundry Detergent
- Solid white tuna in water
- Ritz/Townhouse Crackers
- Soap (Dial, Dove, Irish Spring, etc.)
- Canned peaches or mandarin oranges

Drop off is Wednesdays, 4:30 PM to 6:30 PM at the back door.

ADAPTIVE RELIGIOUS EDUCATION

ChristTheKingReading.org/Adaptive

The next Adaptive Religious Education session will be Sunday, December 3, 10:15 AM (following the 9AM Mass) on the 3rd floor of the St. Agnes Parish Center.

This Program is designed for families interested in participating in a small group program for children with special learning styles! Come join us!

If you missed the first meeting in November, you are more than welcome to come on board with us at the December meeting!

The session begins after the 9:00 AM Mass on Welcoming Sunday, December 3rd. We will meet at Christ the King's St Agnes Parish Center, 3rd Floor Rm #4.

Visit *ChristTheKingReading.org/Adaptive* to learn more



about the Adaptive
Program and to
download the Parent
Survey, so we may know
more about your child in
order to provide a
positive fun and faith
filled experience!

If you would like to volunteer, you do not need a background in special education, you need to have a love of children and God! Contact Paula Colpitts for more information, email to:

Colpitts@ChristTheKingReading.org

This year's "A" Team Schedule ~ 2023-2024 CALENDAR

CLASS TIME: 10:15 AM to 11:00 AM, following 9AM Mass

LOCATION: St. Agnes Parish Center, 3rd Floor, Room #4

- Sunday, November 5 "Come & See" God Our Creator
- Sunday, December 3rd God Loves all He Created
- Sunday, January 7th The Church, Our Community
- Sunday, February 4th Sacraments, Our way of Life/ Sacramental Preparation
- Sunday, March 3rd Our Lived Faith & Liturgical Seasons
- Sunday, May 5th Mary Mother of God

Hospitality with coffee and donuts following 10:00 AM Mass, St. Athanasius PAC

CHRIST THE KING PARISH NOVEMBER 26, 2023

Missionary Cooperative Appeal: December 2/3 Each year we are asked to become more conscious of and more involved in the Missionary Activity of the Catholic Church throughout the world by participating in the Mission Co-op Plan of the Society for the Propagation of the Faith. Our Missionaries this year are the Missionary Sisters of the Most Sacred Heart of Jesus, from Reading, Pennsylvania. On the weekend of December 2nd and 3rd, Sister Lisa Marie Valentini, MSC will visit us to share with us about the Missionary commitment of her Congregation. The MSC Sisters were founded in 1900 - specifically to be missionaries -- and are currently serving in 20 countries throughout the world including: India, Namibia, Angola, the Philippines, Rumania, Perú, Guatemala, El Salvador, the Dominican Republic, Korea, China, and Vietnam. Sister Lisa first went to the Missions in Peru 40 years ago, and additionally, throughout the past 30 years, she has also organized short-term "Mission Immersion Experiences" for young people (high school and college students) and Parish groups. This past July, she led a Mission Immersion Experience to the Dominican Republic for a group of young missionaries from Canada. It was her 70th group! Having just celebrated Thanksgiving, may our gratitude for the gift of our FAITH be reflected by our generosity to the Missions – knowing that in this way we will share in the Mission work of our Church and support the MSC Sisters. May God bless you always.

During Advent and Lent, Pope John Paul II would put on a simple black cassock and sneak into a confessional at St. Peter's Basilica to help hear the confessions of thousands. Although he was the Pope, JPII never forgot that he was a servant-leader, and the needs of the people came first. He was a priest first, and his actions reflected his belief.

Jesus reminds us that those who wish to be great in the Kingdom of God must serve the needs of others. There is no room for greed or selfishness, or for oppression or indifference. If we are all members of the same Body of Christ, then the suffering of one member becomes the suffering of all members, the needs of one become the needs of all. Want and suffering demand a response so that each person lives with human dignity intact and human destiny in mind.

We honor Christ as King, the servant-leader whose throne is a cross and whose crown is made of thorns. Follow His example of sacrifice and love. Practice the Spiritual and Corporal Works of Mercy in the Gospel today. Meet the needs of others and you will meet the King.

~James Gaffney © Pilot Bulletins

THE CORPORAL WORKS OF MERCY

The Corporal Works of Mercy have their roots in the teachings of Jesus Christ and have been practiced by Christians throughout history. The concept of the Corporal Works of Mercy can be traced back to the Gospel of Matthew, where Jesus says, "For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me." (Matthew 25:35-36)

These acts of kindness towards the vulnerable and marginalized have been recognized as essential aspects of Christian faith and have been practiced by Catholics for centuries. The Corporal Works of Mercy include feeding the hungry, giving drink to the thirsty, sheltering the homeless, visiting the sick, visiting those in prison, burying the dead, and giving alms to the poor. These works are not only seen as ways to help those in need, but also as a way for individuals to grow in holiness and to emulate the love and compassion of Christ.

In addition to the Corporal Works of Mercy, there are also seven Spiritual Works of Mercy, which include instructing the ignorant, counseling the doubtful, comforting the sorrowful, admonishing sinners, forgiving offenses, bearing wrongs patiently, and praying for the living and the dead.

Together, the Corporal Works of Mercy and Spiritual Works of Mercy provide a comprehensive framework for how Catholics can live out their faith by serving others and practicing compassion towards all people. The Works of Mercy are not only a way for Catholics to help those in need, but also a way to grow in faith and deepen their relationship with God.

Source: https://young-catholics.com

Business Supporters of 2023 Christ The King Parish Christmas Faire

Many, many thank you's to those businesses in and around town that supported our Christmas Faire with gift cards and gift certificates!





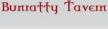


































































- Exotic Nails
- Wakefield Bowladrome



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CHRIST THE KING WORD SEARCH PUZZLE

The Christ the King Word Search Puzzle contains thirteen words related to Jesus Christ's passion and kingship. The puzzle is an engaging activity to help children focus on the significance of the Feast. In solving the puzzle, engage children in conversation about key aspects of Christ's life and reign.

CAN YOU FIND THESE?

Christ Forgive Purple Chosen Remember Jesus Cross Savior King Crown of Thorns

Paradise Soldiers CHRIST THE KING PARISH NOVEMBER 26, 2023

MASS St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 7:30AM, 9:00AM, 11:00AM

SCHEDULE 9:00 AM Weekdays: Mon, Wed, Fri at St. Agnes | Tues, Thurs at St. Athanasius

1st Saturday 9:00 AM Mass at St. Athanasius | Livestream Masses: 4:00PM Vigil, 11:00AM

CONFESSION St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment

ADORATION St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

PLEASE PRAY FOR THE MEN AND WOMEN IN MILITARY SERVICE

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones.

Grant them courage, compassion, strength, and all they need for the living of these days.

Sustain them through their every trial.

Through Jesus Christ our Lord we pray. Amen

Please pray for all service members, especially for:

Capt. Jared Peledge (US Army), Capt. Jeffrey Peledge (US Army), Spc. William T. Fisher (US Army), LCPL Dean Lepore, Timothy Thomas (US Army), Cpl. Daniel Gonzales (US Marine Corps), Capt. Nicholas Staffier (US Army), Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico, Justin Whitmarsh, Chaplain Tom Whiteman, USMC Major Zachary Johnson, 1st Lts. Ryan & Nolan Johnson (US Army) PFC Christopher Lewis, USMC Capt. Katie Sliwoski, Frank J. Pendergast (USMC), LT Kevin Plumer (Navy), Jackson Nicolo (US Army Rangers), Capt. Stephen Campo (USMC), Spc4 Zachary Thomas, US Army, 2nd LT Keegan Coulter, US Army 2nd LT John O'Brien, US Army

THE SANCTUARY CANDLE - is lit to remind us of the sacramental presence of Jesus Christ. It is a mark of honor to remind the faithful of the presence of Christ, and is a profession of their love and affection. If you wish to have the Sanctuary Lamp burning in memory of a loved one, to honor a special occasion, or a special intention make arrangements with the Collaborative Office. The Candle will burn for one week.

Mass Intentions

SATURDAY, NOVEMBER 25 - FEAST OF CHRIST THE KING

4:00 PM - Kenny Harkins - 3rd Anniversary

SUNDAY, NOVEMBER 26 - FEAST OF CHRIST THE KING

7:30 AM - Chuck Schena

10:00 AM - Anna Follo

11:00 AM - Ricard, Carolyn, Anne Collari

MONDAY, NOVEMBER 27

9:00 AM - Emery Nunes

FRIDAY, DECEMBER 1

9:00 AM - Jason, Ida, and Eddie Bachiller

SATURDAY, DECEMBER 2

9:00 AM - First Saturday Mass at St. Athanasius

- For an Increase in Vocations

4:00 PM - Katie Knee

SUNDAY, DECEMBER 3 - FIRST SUNDAY OF ADVENT

9:00 AM - Fares Dababneh - Memorial

10:00 AM - Richard DeLacy, Sr.

11:00 AM - Eleanor Selvitella - 25th Anniversary



OFFICE 184 Woburn St, Reading, MA • HOURS: Monday thru Friday, 10:00 AM-3:30 PM • OFFICE: 781-944-0490

• FAX: 781-944-4403 • https://ChristTheKingReading.org • Contact@ChristTheKingReading.org

CLERGY

PASTOR

Very Rev. Stephen B. Rock, x220

email: FrSteve@ChristTheKingReading.org

PAROCHIAL VICAR

Rev. Stephen Zukas, x224

email: FrZ@ChristTheKingReading.org

SENIOR PRIEST IN RESIDENCE

Rev. Edward T. Malone, x211

email: FrEd@ChristTheKingReading.org

DEACONS

Rev. Mr. Bill Reidy

email: DeaconBill@ChristTheKingReading.org

Rev. Mr. Neil Sumner

email: NSumner@verizon.net

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DIRECTOR, LITURGICAL MUSIC & MINISTRIES, David Colpitts, x218 *DColpitts@ChristTheKingReading.org*

OPERATIONS & FINANCE, Jim Fitzgerald, x210 JFitzgerald@ChristTheKingReading.org

BOOKKEEPING, Anne Baynes, x210 *Business@ChristTheKingReading.org*

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DISCIPLES IN MISSION: Janet Davidson-Dee JDavidson-Dee@ChristTheKingReading.org

PROPERTY MANAGERS

Steve Flannery, St. Athanasius Flannerys91@gmail.com Larry Immerman, St. Agnes LImmerman@ChristTheKingReading.org

HOW DO I BECOME A LECTOR? HOW DO I BECOME A EUCHARISTIC

MINISTER? If you would like to join this ministry: website: ChristTheKingReading.org/serve email: Contact@ChristTheKingReading.org

Call the Parish Office for more information; talk to clergy

HOW DO I BECOME AN ALTAR SERVER? If you would like to join this

ministry:

website: ChristTheKingReading.org/altar-server

email: chelle1127@msn.com Call Michelle Goldner, 508-942-9788

MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR

Email inquiry to: DColpitts@ChristTheKingreading.org

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Interested in becoming Catholic? Baptized but not Confirmed? Call

us, we are here to answer your questions!

GLUTEN ISSUES - Please see a Priest or Deacon before Mass.

EUCHARISTIC ADORATION

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary Thursday 7:00pm at St. Athanasius Church with Rosary Friday 9:30am-12Noon at St. Agnes Church

MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

PRAYER REQUESTS - Call the Parish Office or submit online at: ChristTheKingReading.org/prayer-request

SOCIETY OF ST. VINCENT DE PAUL 781-258-8767

In need? Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

WINCHESTER HOSPITAL CHAPLAIN 781.756.2295, Mary Beth Moran

PARISH REGISTRATION: ChristTheKingReading.org/register-with-parish

BULLETIN SUBMISSIONS

Deadline: Monday 12Noon; for print in the upcoming weekend's bulletin. Email to: *Bulletin@ChristTheKingReading.org*

PARISH COUNCIL, ParishCouncil@ChristTheKingReading.org
Fr. Steve Rock, Bob Baynes, Stacey Bertocchi, Dana
Chesnulovitch, James Fitzgerald, Karen Fotino, Ron Fotino,
Alicia Gallagher, Michelle Goldner, Marge Pearson, Ron
Taupier, Frank Tran

FINANCE COUNCIL, FinanceCouncil@ChristTheKingReading.org
Jim Bedingfield, Bob Finigan, Ron Fotino, Martha Jane Gagnon,
Steve Goldner, Ellen Kearns, Bill Lucey, Freddy Santosuosso

SACRAMENTS

- **4 BAPTISM:** Maximum of 6 babies at each service We hold a Baptism Service twice a month on Sunday at 1:00 PM. Submit your request for baptism at: *ChristTheKingReading.org/baptism*The Parish Office will contact you to schedule the baptism date. Please call Office if you wish to have child baptized at Mass.
- † BAPTISM PARENT MEETING: attend prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Agnes Parish Ctr

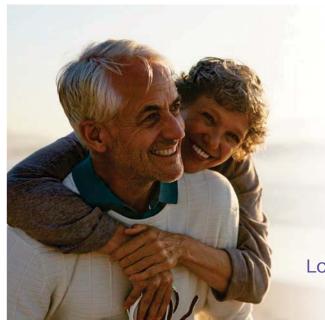
+ MARRIAGE:

Arrangements are made with a priest at least six months in advance.

† RECONCILIATION:

Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

- **4 ANOINTING OF THE SICK:** Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.
- **+ FUNERALS**: ChristTheKingReading.org/funerals or call the Parish Office, 781-944-0490



I CAN WALK BAREFOOT ON THE BEACH AGAIN!

Local acupuncture clinic is treating the untreatable, peripheral neuropathy with incredible results!

Pain comes in many shapes and sizes. One of the most debilitating being the burning and tingling that comes with peripheral neuropathy. A disease that comes with years of shooting, stabbing pain that gradually ends in numbness, balance problems, and on occasion, amputations. A disease that was once classified as irreparable.

David R. of Waltham, MA was facing such a fate.

"I stopped golfing. I wasn't taking walks on the beach with my wife. I was living on gabapentin and antidepressants and everywhere I went; my doctor, the specialists, the pain institute, told me there was no cure. How are you supposed to live your life knowing that everyday brings pain and suffering?"

Peripheral neuropathy is a result of damage to the nerves, commonly caused by a lack of blood flow to the nerves in the hands and feet. This causes the nerves to begin to degenerate due to lack of nutrient flow. Most peripheral neuropathy sufferers experience a heightened sensitivity to touch making it almost impossible for those diagnosed to even wear shoes, much less enjoy life.

"It was like walking on sharp river rocks. I barely left my recliner." shares David, whose experience is not uncommon for those diagnosed with peripheral neuropathy.

That is until he found Min Jeon of AWC|Acupuncture & Wellness Clinic of Burlington Massachusetts. Min and her staff have pioneered a cutting edge, medical solution to treat neuropathy, eliminate or greatly reduce its symptoms and give people their lives back. And they're doing it without the use of prescription medications and invasive surgeries.

"Acupuncture is incredible at restoring blood flow and stimulating damaged nerves, preventing them from dying off," tells Min Jeon. "We take our treatments a step further by integrating ATP Resonance BioTherapy® which targets specific nerves in the body using microcurrent. ATP therapy is like watering a plant. This treatment will stimulate the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair."

Three months later David is thrilled with his progress, "I can walk barefoot on the beach again!" Success stories like David's are not atypical for the staff at AWC. "We have a 90% success rate in treating neuropathy," shares Min.

The number of treatments needed to allow the nerves to fully recover will vary from person to person and can only be determined after a detailed neurological and vascular evaluation. So long as you have not sustained more than 85% nerve damage AWC offers hope where there once was none.

While David's peripheral neuropathy was idiopathic, meaning the cause is unknown, Min's treatments can also help people whose neuropathy is caused by diabetes or chemotherapy.

"We have seen tremendous success in treating neuropathy of all types through very personalized treatments, specifically tailored to treat each individual case."

To schedule a consultation and complete evaluation call (781)221-0162 but do so quickly because AWC is taking a limited number of new neuropathy patients. For more information and to take advantage of their new patient offer visit AWClinic.com.

Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!



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www.sjs.edu/the-theological-institute

617-779-4104



Spring 2024 Courses

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- Faith & Reason
- **Ecclesiology**
- and others

Registration Opens Nov. 14

New Image Laser Hair Removal

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- Laser Hair Removal Electrolysis
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f Statewide o

Painting • Light Carpentry • Snow Removal





Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes

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Pain comes in many shapes and sizes. One of the most debilitating being the burning and tingling that comes with peripheral neuropathy. A disease that comes with years of shooting, stabbing pain that gradually ends in numbness, balance problems, and on occasion, amputations. A disease that was once classified as irreparable.

David R. of Waltham, MA was facing such a fate.

"I stopped golfing. I wasn't taking walks on the beach with my wife. I was living on gabapentin and antidepressants and everywhere I went; my doctor, the specialists, the pain institute, told me there was no cure. How are you supposed to live your life knowing that everyday brings pain and suffering?"

Peripheral neuropathy is a result of damage to the nerves, commonly caused by a lack of blood flow to the nerves in the hands and feet. This causes the nerves to begin to degenerate due to lack of nutrient flow. Most peripheral neuropathy sufferers experience a heightened sensitivity to touch making it almost impossible for those diagnosed to even wear shoes, much less enjoy life.

"It was like walking on sharp river rocks. I barely left my recliner." shares David, whose experience is not uncommon for those diagnosed with peripheral neuropathy.

That is until he found Min Jeon of AWC|Acupuncture & Wellness Clinic of Burlington Massachusetts. Min and her staff have pioneered a cutting edge, medical solution to treat neuropathy, eliminate or greatly reduce its symptoms and give people their lives back. And they're doing it without the use of prescription medications and invasive surgeries.

"Acupuncture is incredible at restoring blood flow and stimulating damaged nerves, preventing them from dying off," tells Min Jeon. "We take our treatments a step further by integrating ATP Resonance BioTherapy® which targets specific nerves in the body using microcurrent. ATP therapy is like watering a plant. This treatment will stimulate the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair."

Three months later David is thrilled with his progress, "I can walk barefoot on the beach again!" Success stories like David's are not atypical for the staff at AWC. "We have a 90% success rate in treating neuropathy," shares Min.

The number of treatments needed to allow the nerves to fully recover will vary from person to person and can only be determined after a detailed neurological and vascular evaluation. So long as you have not sustained more than 85% nerve damage AWC offers hope where there once was none.

While David's peripheral neuropathy was idiopathic, meaning the cause is unknown, Min's treatments can also help people whose neuropathy is caused by diabetes or chemotherapy.

"We have seen tremendous success in treating neuropathy of all types through very personalized treatments, specifically tailored to treat each individual case."

To schedule a consultation and complete evaluation call (781)221-0162 but do so quickly because AWC is taking a limited number of new neuropathy patients. For more information and to take advantage of their new patient offer visit AWClinic.com.

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Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

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