CHRIST THE KING PARISH

Saint Athanasius Church 300 Haverhill Street Reading, MA Saint Agnes Church 186 Woburn Street Reading, MA

December 3, 2023

SUNDAY
OF ADVENT

Jesus said to his disciples: "Be watchful! Be alert! You do not know when the time will come." Mark 13:33 **CHRIST THE KING PARISH DECEMBER 3, 2023**

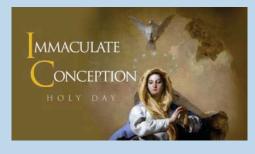
2023 Christmas Mass Schedule

Christmas Eve, December 24

- 4:00 PM High School Field House
- 5:30 PM St. Athanasius
- 9:00 PM St. Agnes

Christmas Day, December 25

- 8:30 AM St. Athanasius
- 10:30 AM St. Agnes



THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

~ HOLY DAY ~ Friday, December 8

9:00 AM Mass at St. Agnes Church 7:00 PM Mass at St. Athanasius Church

December 24 is the 4th Sunday of Advent and also Christmas Eve

this year! Not only is December 24th Christmas Eve, but this year because the 24th falls on a Sunday, it is also the 4th Sunday of Advent! What does this mean? Morning Masses on December 24th are celebrated for the 4th Sunday of Advent (8:30 AM at St. Agnes; 10:30 AM at St. Athanasius; as well as the 4PM Saturday Mass on December 23). Evening Masses on December 24th are celebrated for Christmas Eve.

4:00 PM CHRISTMAS EVE MASS AT THE READING HIGH SCHOOL FIELDHOUSE

The Christmas Eve Mass at the RMHS Field House is a special time. It involves hundreds of the Faithful; to "roll up their sleeves" in planning and preparing . . . and then Celebrating the coming of our Savior, Jesus Christ!

HELPING BEFORE CHRISTMAS EVE:

- Setup on Saturday 12/23, time TBA. Come for an hour or longer! Help with setting up seating, decorations, signs, etc.
- Mailing: One-time volunteering to help with the Christmas postcard mailing.

WHERE DO I SIGN UP:

Scan QR-Code to sign up electronically, or use the paper sign ups located at both Churches



CAN YOU HELP AS . . . ?

- Altar Server
- Angel Choir Singer
- Decorations Set Up
- Decorations Breakdown
- Eucharistic Minister
- Field House Set Up
- Field House Breakdown
- Greeter

- Hospitality, Set up
- Lectors
- Living Nativity
- Medical
- Musicians
- Parking Attendant
- Ushers

HELPING AT MASS:

- Serve at Mass as a Greeter, Usher, Eucharistic Minister, Musician, Lector, or Altar Server.
- Youth are encouraged to play various roles as part of our Living Nativity, acting out the Gospel as it is read. Roles include Mary, Joseph, the three Kings, the Star of Bethlehem, Shepherds, etc.
- Children ages 5-15 can be part of our Angel Choir, singing during the gospel and Living Nativity, then rejoining their families for the rest of the Mass.
- Help behind the scenes with Hospitality, the Remembrance Tree and Parking.
- Stay an extra 15-30 minutes after Mass to help with cleanup: stacking chairs, packing up decorations, picking up programs, etc.

FIRST SUNDAY OF ADVENT

CHRIST THE KING PARISH

From the Parochial Vicar

Dear Parishioners and Extended Family Members,

Praised be Jesus Christ!

This was my first Thanksgiving celebrated in the parish. As the celebrant of Tuesday evening's Thanksgiving Mass, I was very encouraged by the amount of you who took the time to join Fr. Steve and me giving thanks to God in the best manner we know as Catholics. Eucharist is Greek for Thanksgiving. I am glad that so many of you, His body, chose to participate in giving exactly this during that special Mass.

This Friday, December 8, we celebrate the Immaculate Conception, that Mary was conceived without the stain of original sin on her soul. (Jesus was conceived without original sin on the Annunciation, March 25). It is a Holy Day of Obligation in the United States since she is the Patroness of our country. Masses for this holy day will be at St. Agnes, 9AM and at St. Athanasius at 7PM.

During this season of Advent, we have been told to prepare for the coming of the Lord. Holy Mother Church's calendar typically is four weeks of preparation for Christmas. This year, she gives us three weeks and a day, the shortest the Season of Advent can possibly be! Let us make sure that each of us takes advantage of this time and be ready when the Expectant Christ arrives. Advent is an excellent time to ask ourselves, "How do I spend my time waiting?" Someone who lives a "normal" lifespan will spend a full three years of their life waiting. Whether it be in the doctor's office, dentist's office, traffic, public transportation, checkout line, on hold, we are given opportunities to make use of that time rather than wishing "things were different" (and the various ways we express that!) We could use that time to pray, perhaps for the people we are waiting with. We could make a list of who to pray for. We can download apps on our smartphones that help us pray the rosary, the Examen, or read the Bible. During this time of waiting for the Newborn Savior, let us make better use of the time we spend in waiting!

In the midst of all the business of the season, I invite you to please consider, even pray about, the means of outreach both of our parish's churches are offering. While the need may always be there, we ask you to kindly take advantage of these opportunities to help others in need with the spirit of generosity so evident, motivating us to do so during this time of the year.

Sister Lisa will be sharing with us her experiences as a missionary in order to allow us the opportunity to support her Order to keep up the work that they do. Please be attentive as well as generous in responding!

Finally, I apologize for forgetting my "Worst names in the Bible to give your child" installment last weekend. We pick it back up this weekend with Number 9:

Nahor [NAY-hor] - He is the son of Terah, the brother of Abraham, our father in faith. (Genesis 11: 27) While that may not seem overly exciting, the name means "The Great Snorer."

Husbands and wives, no calling your spouse names tonight, or

This Wook in Church Signs.

Gratefully yours in the Expectant Christ,

Fr. Z

any other night!!!

This Week in Church Signs:

"A long time ago, in a Galilee far, far away....The King was born!"

CHRIST THE KING PARISH DECEMBER 3, 2023



A NIGHT AT THE NATIVITY

DATE: Saturday, December 16, 2:00 PM to 7:00 PM Sunday, December 17, 12:00 PM to 5:00 PM

LOCATION: Christ the King Parish, St. Agnes Worship Site



Come One, Come All! Join us for a festive gathering with something for everyone to enjoy! Admire beautiful, one-of-a-kind handmade nativity sets. Savor a warm cup of coffee, tea, or hot cocoa, along with some delectable treats. Bring your little ones to the Nativity Story Hour, readings on December 16th at 3PM, 5PM, 6PM and on December 17th at 1PM 2PM, 3PM and 4PM

Suggested donation \$5 per person(\$15 family) to support Capuchin Mobile Ministry

Advent Tree Lighting and Blessing at St. Athanasius

To mark the beginning of the Advent Season of preparation, the Advent Tree at St. Athanasius Church will be blessed and lighted at the 4:00 PM Mass this weekend.
Following Mass you are invited to the Parish Activity Center for cookies, cocoa and Advent Activity Goody Bags for the children.



CHRISTMAS FLOWER MEMORIAL

Christmas Flower Memorial envelopes are out at the Usher's tables. Your donations in memory of deceased loved ones support our Sanctuary decorations. Thank you. May the souls of our departed be granted eternal rest in God's Kingdom.





Scan QR-Code to contribute a Nativity Scene, be a story reader, or provide a sweet treat for "A Night at the Nativity."



JESSE TREE TRADITIONS - Join with Christ the King Parish during this Advent Season, celebrating many Advent traditions! One tradition is putting up the Jesse Tree. At *St. Athanasius*, families decorate the biblical ornaments and place upon the Tree. St. Athanasius' Jesse Tree is located at the back of the church (by the baptismal font) along with the ornaments for families to take. Families may enjoy reading the bible stories behind each. At *St. Agnes*, the Jesse Tree symbolizes that we are all part of Christ's family. The Tree is located by the baptismal font, and families are invited to take a star of David ornament, decorated with their family name and



placed on the Jesse Tree.

Did you know? The Jesse tree helps us connect the custom of decorating Christmas trees to the events leading to Jesus' birth. It is named from Isaiah 11:1: "A shoot

shall come out of the stock of Jesse, and a branch shall grow out of his roots." Jesse was the father of King David. We adorn a Jesse tree with illustrated ornaments that represent the people, prophesies, and events leading up to the birth of Jesus. The ornaments of the Jesse tree tell the story of God in the Old Testament, connecting the Advent season with the faithfulness of God across four thousand years of history.

SOURCE: Loyola Press

FIRST SUNDAY OF ADVENT CHRIST THE KING PARISH

CHRISTMAS GIVING PROGRAM TO SUPPORT CATHOLIC CHARITIES

You can make a difference in a child's/family's Christmas! The Christmas Giving program to benefit Catholic Charities has begun and will end on Thursday, December 14th. This is a long standing tradition at both parishes that supports the efforts of Catholic Charities. Catholic Charities requests Store Cards only, to allow families to decide upon unique and specific needs of their family. Please take a gift request from the Giving Boards located at both churches' entrances.



- Cards returned at St. Athanasius will benefit Catholic Charities North Families & Education Program.
- Cards returned at St. Agnes will benefit Catholic Charities Peabody Child Care Center.

Gift cards can be dropped in the offertory basket or in the collection box at St. Athanasius in the entryway near the restroom; or in the collection boxes (labelled) at St. Agnes located at the Woburn Street entrance and the Handicap entrance.

Catholic Charities Peabody Child Care Center serves children in Peabody, Salem, Beverly and Danvers. The Center is a year round child care facility. The early childhood program serves children ages 2.9 years through 7 years old. The schoolage program is a year round program open to children ages 5 to 13 years.

Catholic Charities North Families & Education Program benefit young families receiving services from Catholic Charities who are struggling to provide the necessities for themselves. The recipients are participating in Catholic Charities' education program in an effort to build a self-supporting future for their families.

CHRIST THE KING ROYAL CELEBRATION, PROGRESSIVE DINNER!

Last Saturday, we had the makings of a new Christ the King Parish Tradition! Following the 4:00 PM Feast of Christ the King Mass, many parishioners made their way to the PAC for the start of the Royal Celebration Progressive Dinner. After enjoying a spread of appetizers and finger foods we progressed to the St. Agnes Center to end the evening with delicious desserts. A resounding joyous occasion! Plans are already on the calendar for next year's "Royal Celebration"!











CHRIST THE KING PARISH DECEMBER 3, 2023

CONFIRMATION CANDIDATE SERVICE

"...I was hungry and you gave me food..."

Following the 9:00 Mass of the Solemnity of Our Lord Jesus Christ, King of the Universe, Confirmation candidates gathered in the parish center for a light breakfast. As part of preparation for Confirmation, candidates perform three acts of service- one for their parish, one for their greater community and



one may be completed outside the community. Pictured above: following breakfast, candidates and friends prepared sandwiches for Capuchin Mobile Ministries – a ministry of spiritual caregiving to our homeless sisters and brothers.

ADAPTIVE RELIGIOUS EDUCATION

ChristTheKingReading.org/Adaptive

The next Adaptive
Religious Education session
is this weekend, Sunday,
December 3, 10:15 AM to
11:00 AM (following the
9AM Mass) on the 3rd
floor of the St. Agnes



Parish Center. (Future meetings: January 7, February 4, March 3, May 5)



Please keep in prayer our students who will be receiving the Sacrament of Reconciliation for the first time. We will have two separate celebrations to

accommodate our class of over 90 students! Celebrations are Saturday, December 9, 10AM at St. Athanasius, and Saturday, December 16, 10AM at St. Agnes.

SEEKING "ANGELS" FOR THE 4PM CHRISTMAS EVE ANGEL

The sounds of children singing bring smiles to

CHOIR!

many! Christ
the King Parish's Children's Chair sine

the King Parish's Children's Choir sings every First Sunday at the 9:00 AM Mass.

A special event for Christmas is the "Angel Choir" that sings at the 4:00 PM Christmas Eve Mass as part of the Living Nativity tableau. All children are invited to be a part of this special ANGEL CHOIR! (Whether they sing with the 9AM Mass Children's Choir, or not.)

There will be two practices of the Angel Choir:

Wednesday, December 13, 5:00 PM - 6:00 PM Wednesday, December 20, 5:00 PM - 6:00 PM

Practices will be at the St. Agnes Parish Center.

FR. Z IS GOING TO THE OPERA!

All tickets for the January 6th performance of "Nabucco" showing at the Woburn Showcase Cinema have been sold. The next performance will be "Carmen" showing on January 27, 12:55PM - and we have a limited number of tickets.

We are now taking ticket orders for "Carmen". First come, first served! Stop in at the Parish Office to purchase your tickets, or talk with Fr. Z. Make a check to "Christ the King Parish" for \$29.00 per person / \$27 for seniors. Memo the check "1/27 opera." For more information: visit showcasecinemas.com, choose "Woburn" for My Theater, choose "Event Cinema" and find the opera/s you are interested in.

January 6 - Nabucco (all tickets sold)

January 27 - Carmen - Taking ticket orders NOW!

March 23 - Romeo and Juliet

May 11 - Madama Butterfly

All shows begin at 12:55 PM, Woburn Showcase Cinema

FIRST SUNDAY OF ADVENT CHRIST THE KING PARISH

THE LITTLE BLUE BOOK

The Little Blue Books for the Advent and Christmas Seasons are now out on the Ushers' tables. Please take one for yourself and maybe another to share with others. On the first Sunday of Advent, we begin our program of "Six Minutes a Day": six minute reflections of the Infancy Narrative of Luke. This Advent, make a commitment to set aside time during your day to reflect upon the Advent/Christmas Seasons, the feast of the day, or various traditions and customs.

BULLETIN DEADLINES

Notices that you wish to have in the December 24/25 bulletin must be submitted by Thursday, December 14.

Notices that you wish to have in the December 31 bulletin must be submitted on or before December 25th.

Submissions to: Bulletin@ChristTheKingReading.org

WELCOMING SUNDAY AT ST. AGNES

Coffee and doughnuts will be served on the 2nd Floor of St. Agnes Parish Center following the 7:30AM, 9:00AM and 11:00AM Masses this weekend. Come join us, all are welcome. This month's Welcoming Sunday is hosted by Our Lady of Comfort.

MORE ABOUT OUR LADY OF COMFORT MINISTRY:

Our Lady of Comfort is a group of parishioners who bring the Eucharist to homebound parishioners, the Nursing Homes in Reading once a month and visit Sawtelle House on an as-needed basis. Beautiful friendships have flourished by sharing Jesus through the Eucharist and spending time with the homebound and Nursing Home residents. The Lord said "that you comforted me when you visit the sick." If you know of someone who would like a visit or if you are interested in finding out how you can help, contact the Parish Office or contact Anne Rand by email at: amlr9@aol.com

ST. ATHANASIUS COFFEE & DONUTS HOSPITALITY

Join us at the St. Athanasius Parish Activity Center every Sunday morning following the 10:00 AM Mass, for coffee, donuts, and hospitality!

SATURDAY NIGHT SOCIAL - DECEMBER'S EVENT!

DATE: Saturday, December 9, 6:30PM - 8:30PM

LOCATION: St. Athanasius PAC

December's Saturday Night Social is sure to put us in the mood for the Advent and Christmas Seasons! It's a busy time of year but you won't want to miss the fun playing

YANKEE

SWAP

BINGO

COOKIE

SWAP

YANKEE SWAP BINGO or

participate in the COOKIE SWAP!

Yankee Swap: bring a gift with a value of between \$5-\$10 to play

Cookie Swap: For those interested, bring two dozen

cookies to participate (you need not bring cookies to play Bingo).

ALL ARE WELCOME so bring a friend and spread the word. Light refreshments will be served.

MISSIONARY COOPERATIVE APPEAL: DECEMBER 2/3

Please welcome Sister Lisa Valentini, MSC, a Missionary Sister of the Most Sacred Heart of Jesus, from Reading, Pennsylvania. She is with us today to share about the work of her Sisters in different countries, as well as to speak about her own life-changing Mission experiences in Peru, Mexico, Haiti, the Dominican Republic and India. During this Advent Season, may we ever recall that it is through living witness to our faith that the Good News of God's Love is spread to the ends of the earth. THIS IS THE MISSION OF EVERY CATHOLIC – a mission entrusted to us by Jesus – as proof that He is alive. . . and that through His Holy Spirit, He continues to live in US!!!! Sister Lisa's Mission gives each of us a unique and blessed opportunity to be a part of the work of the MSC Sisters for the year ahead. She assures us of remembrance in her prayers, and in the prayers of all her Sisters. May we respond with generous support, and by making a commitment to remember the MSC Sisters and their Missions in prayer throughout this year. Thank you and God bless you.

CHRIST THE KING PARISH DECEMBER 3, 2023

MASS St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 7:30AM, 9:00AM, 11:00AM

SCHEDULE 9:00 AM Weekdays: Mon, Wed, Fri at St. Agnes | Tues, Thurs at St. Athanasius

1st Saturday 9:00 AM Mass at St. Athanasius | Livestream Masses: 4:00PM Vigil, 11:00AM

CONFESSION St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment

ADORATION St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

PLEASE PRAY FOR THE MEN AND WOMEN IN MILITARY SERVICE

God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones.

Grant them courage, compassion, strength, and all they need for the living of these days.

Sustain them through their every trial.

Through Jesus Christ our Lord we pray. Amen

Please pray for all service members, especially for:

Capt. Jared Peledge (US Army), Capt. Jeffrey Peledge (US Army), Spc. William T. Fisher (US Army), LCPL Dean Lepore, Timothy Thomas (US Army), Cpl. Daniel Gonzales (US Marine Corps), Capt. Nicholas Staffier (US Army), Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico, Justin Whitmarsh, Chaplain Tom Whiteman, USMC Major Zachary Johnson, 1st Lts. Ryan & Nolan Johnson (US Army) PFC Christopher Lewis, USMC Capt. Katie Sliwoski, Frank J. Pendergast (USMC), LT Kevin Plumer (Navy), Jackson Nicolo (US Army Rangers), Capt. Stephen Campo (USMC), Spc4 Zachary Thomas, US Army, 2nd LT Keegan Coulter, US Army 2nd LT John O'Brien, US Army

THE SANCTUARY CANDLE - is lit to remind us of the sacramental presence of Jesus Christ. It is a mark of honor to remind the faithful of the presence of Christ, and is a profession of their love and affection. If you wish to have the Sanctuary Lamp burning in memory of a loved one, to honor a special occasion, or a special intention make arrangements with the Collaborative Office. The Candle will burn for one week.

Mass Intentions

SATURDAY, DECEMBER 2

9:00 AM - First Saturday Mass at St. Athanasius

- For an Increase in Vocations

4:00 PM - Katie Knee

SUNDAY, DECEMBER 3 - FIRST SUNDAY OF ADVENT

9:00 AM - Fares Dababneh - Memorial

10:00 AM - Richard DeLacy, Sr.

11:00 AM - Eleanor Selvitella - 25th Anniversary

FRIDAY, DECEMBER 8 - HOLY DAY - IMMACULATE CONCEPTION

9:00 AM - Holy Day Mass at St. Agnes 7:00 PM - Holy Day Mass at St. Athanasius

SATURDAY, DECEMBER 9

4:00 PM - Frank DelGreco

SUNDAY, DECEMBER 10 - SECOND SUNDAY OF ADVENT

9:00 AM - Rhonda Gracilieri

10:00 AM - Vincent Connors

- Jim Babineau - 6th Anniversary

11:00 AM - Carmine and Dora DeGuglielmo

MASS INTENTIONS - Mass Intentions can be booked up to four months in advance; we hope to afford more people the opportunity to have a Mass said for a loved one, and we thank all our parishioners for your patience, understanding, and prayers.

A Mass Intention is one way we pray for people in need, both the living and dead. Pope Paul VI said, "The Mass is the most perfect form of prayer," and is said in communion with the entire Universal Church. Mass intentions are a great treasure of the Church and have a spiritual weight that is incalculable. The offering given to apply the Mass for their intention contributes to the good of the Church, and by that offering share its concern to support its ministries and works (Can.946).

FIRST SUNDAY OF ADVENT CHRIST THE KING PARISH

OFFICE 184 Woburn St, Reading, MA • HOURS: Monday thru Friday, 10:00 AM-3:30 PM • OFFICE: 781-944-0490

• FAX: 781-944-4403 • https://ChristTheKingReading.org • Contact@ChristTheKingReading.org

CLERGY

PASTOR

Very Rev. Stephen B. Rock, x220

email: FrSteve@ChristTheKingReading.org

PAROCHIAL VICAR

Rev. Stephen Zukas, x224

email: FrZ@ChristTheKingReading.org

SENIOR PRIEST IN RESIDENCE

Rev. Edward T. Malone, x211

email: FrEd@ChristTheKingReading.org

DEACONS

Rev. Mr. Bill Reidy

email: DeaconBill@ChristTheKingReading.org

Rev. Mr. Neil Sumner

email: NSumner@verizon.net

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PROPERTY MANAGERS

Steve Flannery, St. Athanasius Flannerys91@gmail.com Larry Immerman, St. Agnes LImmerman@ChristTheKingReading.org HOW DO I BECOME A LECTOR? HOW DO I BECOME A EUCHARISTIC

MINISTER? If you would like to join this ministry: website: ChristTheKingReading.org/serve email: Contact@ChristTheKingReading.org

Call the Parish Office for more information; talk to clergy

HOW DO I BECOME AN ALTAR SERVER? If you would like to join this

ministry:

website: ChristTheKingReading.org/altar-server

email: chelle1127@msn.com Call Michelle Goldner, 508-942-9788

MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR

Email inquiry to: DColpitts@ChristTheKingreading.org

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Interested in becoming Catholic? Baptized but not Confirmed? Call

us, we are here to answer your questions!

GLUTEN ISSUES - Please see a Priest or Deacon before Mass.

EUCHARISTIC ADORATION

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary Thursday 7:00pm at St. Athanasius Church with Rosary Friday 9:30am-12Noon at St. Agnes Church

MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

PRAYER REQUESTS - Call the Parish Office or submit online at: ChristTheKingReading.org/prayer-request

SOCIETY OF ST. VINCENT DE PAUL 781-258-8767

In need? Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

WINCHESTER HOSPITAL CHAPLAIN 781.756.2295, Mary Beth Moran

Parish Registration: ChristTheKingReading.org/register-with-parish

BULLETIN SUBMISSIONS

Deadline: Monday 12Noon; for print in the upcoming weekend's

bulletin. Email to: Bulletin@ChristTheKingReading.org

PARISH COUNCIL, ParishCouncil@ChristTheKingReading.org
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SACRAMENTS

- **† BAPTISM:** Maximum of 6 babies at each service We hold a Baptism Service twice a month on Sunday at 1:00 PM. Submit your request for baptism at: *ChristTheKingReading.org/baptism*The Parish Office will contact you to schedule the baptism date. Please call Office if you wish to have child baptized at Mass.
- BAPTISM PARENT MEETING: attend prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Agnes Parish Ctr

+ MARRIAGE:

Arrangements are made with a priest at least six months in advance.

† RECONCILIATION:

Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

- **† ANOINTING OF THE SICK:** Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.
- **+ FUNERALS**: *ChristTheKingReading.org/funerals* or call the Parish Office, 781-944-0490



When you scraped your knee as a kid-the wound was able to heal with little more than leg and asked me what happened. I a bandaid and a hug from your mom. As you explained to her how slow I was healing get older however, your body's ability to repair itself diminishes due to several factors actually treats stubborn wounds!" including fewer stem cells existing in the skin, and chronic illnesses like diabetes.

Stubborn and chronic wounds affect approximately 6 million people in the U.S. and can have a significant impact on your quality of life. An open, advanced wound limits mobility and a person's ability to work BioTherapy® targets specific frequencies and enjoy hobbies. In some extreme cases these wounds are unable to heal because they are infested with drug-resistant bacteria.

Healing these types of wounds requires a different approach.

Fortunately for Massachusetts residents, AWC | Acupuncture & Wellness Clinic is treating wounds using ATP Resonance BioTherapy® and O3 ReBoot Therapy®, innovative medical solutions that speed up the healing process and get patients back on their feet.

Billerica, MA resident Grace S. had recently had a skin biopsy. "I have a history of skin cancer in my family and am careful to have suspicious looking spots checked. So far I've been really lucky because my scans have come back negative, instead the wound left by my most recent biopsy was causing me some concern," shares Grace. "I was already seeing Min for my neuropathy

when she noticed the bandage on my after my biopsy and she told me that she explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!"

Min Jeon's O3 ReBoot Therapy® utilizes the antibiotic and disinfectant properties of ozone. And the ATP Resonance that enable the body to utilize it's existing ability to heal and repair itself.

"By using ozone to treat stubborn wounds," shares Min "we are forcing oxygen into the cells of the body which gives them the energy and building blocks they need to do the job that they were designed to do, reproduce and repair. Layer that with our ATP therapy and now those cells are supercharged; capable of reproducing and repairing at an incredible rate."

Ozone also triggers white blood cells to produce antibodies which prevents the immune system from attacking healthy cells. Healthy cells are the ones responsible for creating new skin and tissue and closing wounds and ozone aids in their ability to do that.

"My regular dermatologist can't believe my progress", says Ann. "He is very impressed with how well my wound is healing. Even better, now I don't have to worry about missing my trip to see my granddaughter graduate!"

If you're wondering what an O3 ReBoot Therapy® or ATP Resonance BioTherapy® treatment looks like, Min assures us they are quick and painless. "Your average O3 treatment takes only 3-5 minutes and is applied using a localized blowing method, what we refer to as a cupping or bagging technique. ATP protocols average around 25-30 minutes and are performed using microcurrent, again virtually painless." These treatments are repeated several times until the maximum improvement is seen and the wound is closed.

If you or someone you love has been struggling with stubborn wounds it's time to try AWC's O3 ReBoot Therapy®. Beyond wounds, ozone therapy is also extremely effective for combating skin problems such as eczema, herpes virus, even acne and pimples!

While you're there, be sure to ask about the other conditions they're treating using ozone and ATP Resonance BioTherapy®; everything from brain fog to knee pain to poor gut health and beyond.

For more incredible testimonials about AWC and their services find them on Facebook @AcupunctureClinic or check out their YouTube Channel. To schedule a consultation call (781) 221-0162 and do so quickly because they are currently offering consultations to new patients!

Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!



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- Faith & Reason
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- and others

Registration Opens Nov. 14

New Image Laser Hair Removal

Nancy Ramsdell, RE, Licensed Laser Tech 22 Woburn St., Ste 31, Reading 781-942-2930

- Laser Hair Removal Electrolysis
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f Statewide o

Painting • Light Carpentry • Snow Removal





Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes

donate at clergytrust.org





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Stubborn and chronic wounds affect approximately 6 million people in the U.S. and can have a significant impact on your quality of life. An open, advanced wound limits mobility and a person's ability to work BioTherapy® targets specific frequencies and enjoy hobbies. In some extreme cases these wounds are unable to heal because they are infested with drug-resistant bacteria.

Healing these types of wounds requires a different approach.

Fortunately for Massachusetts residents, AWC | Acupuncture & Wellness Clinic is treating wounds using ATP Resonance BioTherapy® and O3 ReBoot Therapy®, innovative medical solutions that speed up the healing process and get patients back on their feet.

Billerica, MA resident Grace S. had recently had a skin biopsy. "I have a history of skin cancer in my family and am careful to have suspicious looking spots checked. So far I've been really lucky because my scans have come back negative, instead the wound left by my most recent biopsy was causing me some concern," shares Grace. "I my progress", says Ann. "He is very was already seeing Min for my neuropathy

when she noticed the bandage on my after my biopsy and she told me that she explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!"

Min Jeon's O3 ReBoot Therapy® utilizes the antibiotic and disinfectant properties of ozone. And the ATP Resonance that enable the body to utilize it's existing ability to heal and repair itself.

"By using ozone to treat stubborn wounds," shares Min "we are forcing oxygen into the cells of the body which gives them the energy and building blocks they need to do the job that they were designed to do, reproduce and repair. Layer that with our ATP therapy and now those cells are supercharged; capable of reproducing and repairing at an incredible rate."

Ozone also triggers white blood cells to produce antibodies which prevents the immune system from attacking healthy cells. Healthy cells are the ones responsible for creating new skin and tissue and closing wounds and ozone aids in their ability to do that.

"My regular dermatologist can't believe impressed with how well my wound is healing. Even better, now I don't have to worry about missing my trip to see my granddaughter graduate!"

If you're wondering what an O3 ReBoot Therapy® or ATP Resonance BioTherapy® treatment looks like, Min assures us they are quick and painless. "Your average O3 treatment takes only 3-5 minutes and is applied using a localized blowing method, what we refer to as a cupping or bagging technique. ATP protocols average around 25-30 minutes and are performed using microcurrent, again virtually painless." These treatments are repeated several times until the maximum improvement is seen and the wound is closed.

If you or someone you love has been struggling with stubborn wounds it's time to try AWC's O3 ReBoot Therapy®. Beyond wounds, ozone therapy is also extremely effective for combating skin problems such as eczema, herpes virus, even acne and pimples!

While you're there, be sure to ask about the other conditions they're treating using ozone and ATP Resonance BioTherapy®; everything from brain fog to knee pain to poor gut health and beyond.

For more incredible testimonials about AWC and their services find them on Facebook @AcupunctureClinic or check out their YouTube Channel. To schedule a consultation call (781) 221-0162 and do so quickly because they are currently offering consultations to new patients!

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Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

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