

*Christmas 2023*



*4th Sunday of Advent*



*December 24, 2023*

## 2023 Christmas Mass Schedule

### Christmas Eve, December 24

- 4:00 PM - High School Field House
- 5:30 PM - St. Athanasius
- 9:00 PM - St. Agnes

### Christmas Day, December 25

- 8:30 AM - St. Athanasius
- 10:30 AM - St. Agnes

### Sunday Mass Schedule

Begins December 30/31

4:00 PM - Saturday Vigil Mass at St. Athanasius  
 8:30 AM - St. Agnes Church  
 10:00 AM - St. Athanasius Church  
 11:30 AM - St. Agnes Church

### CHRISTMAS COLLECTION: CLERGY TRUST

Merry Christmas from all the priests of the Archdiocese of Boston. The Christmas Collection supports the retirement, medical and financial needs of priests in good standing throughout the Archdiocese of Boston. These priests have given their lives to faithfully serve Christ, the Church, and you. Please be generous to this important collection. For more information, please visit [www.clergytrust.org](http://www.clergytrust.org)

*While Mary and Joseph were there, the time came for her to have her child, and she gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn.*

(Luke 2:6-7)

The birth of Jesus, the savior of the world, is told in a single phrase: ***"She gave birth to her firstborn son."*** Those seven words describe God's entrance into the world. It's not that God's *messenger* is born into this world. *God* is born into our world.

The world will never be the same. Imagine God has signed on board this ship that we sail upon. We are never alone. The Lord is with us. Through life, every second. Through death, whenever, however it may come. Take a moment now to sense the Lord's presence within you.

*For the Mighty One has done great things for me, and holy is his name.*

(Luke 1:49)

*From The Little Blue Book, Advent and Christmas Seasons*

### PRAYERS FOR VOCATIONS

Give them courage and strength to follow God's holy will. Guide their uncertain steps, strengthen their resolutions, shield their chastity, fashion their minds, conquer their hearts, and lead them to the vineyards where they will labor in God's holy service. Amen.

	Priests	Seminarians/Deacons
24-Dec	Fr. John Capuci	Diego Mendoza
25-Dec	All Priests in the World	Kyle Ellis
26-Dec	Fr. Mark Noonan	Henry Seuffert
27-Dec	Fr. John Reardon	Tim Walsh
28-Dec	Fr. John Prusaitis	Fritz Anacreon
29-Dec	Fr. Thomas Kopp	Aaron Arbizo
30-Dec	Fr. Kevin Toomey	Giris Azize





## *Christmas Blessings from the Pastor*

Dear Parishioners,

On behalf of the Staff of Christ the King Parish, I wish you a very Merry Christmas and a Blessed New Year.

You hear us quite often talk about the Good News, but with all the negative news around us we might be tempted to say, "What's so good about it!" As we read in the Scripture, "There is nothing new under the sun," and this is why the Church gives us the Advent Season to help us cut through all the distractions that we worry about and encourages us to refocus on what the Good News really is. Mark's Gospel nailed it a few weeks ago with these words, "The beginning of the gospel of Jesus Christ, the Son of God." Jesus is the reason for the season!

The birth of Jesus was the fulfillment of God's promises that were announced by the Prophets, that God hadn't forgotten us and would send us a redeemer. We might say, "Ok, I get it, I've heard it all before but I'm still full of anxiety and worry, so how does this change anything?" This is where many of us go off the rails as **we** become the center of everything instead of Jesus being at the center. Christmas is a time of joy, celebrations with family and friends, a time of wonder for children and with incredible outdoor lights that brighten up the cold winter night. The birth of Jesus changes everything in that God became one of us, subject to all the issues that we deal with on a daily basis. The Gospels, tell us that he healed all that came to him, he preached the Good News that God loves each and every one of us, that we all have value, and he gave them hope. The words he spoke so long ago still have power today, "*Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest. For my yoke is easy and my burden light.*"

I hope and pray that you will be filled with the hope and joy of this season so that when we put the last of our decorations away we don't put our joy away as well! Let the New Year be a time that we continually refocus on the most important thing in our lives – Jesus Christ and let his light always shine brightly in our lives.

Fr. Steve Rock



## *Christmas Blessings from the Parochial Vicar*

Dear Parishioners and  
Extended Family Members,

Praised be Jesus Christ! Merry Christmas!

As we celebrate this day we all have been looking so forward to, I invite you to stop and consider why we celebrate. Human beings, by their own free will, chose to introduce sin into our world. Jesus, who we believe to be the Long-Awaited Messiah, came to save us by taking on our human condition that he may accept the punishment for our sins so that we may live with Him forever in heaven. By becoming one of us, he has restored the dignity of the human person to a level that is beyond comprehension. As we remember this we do well to consider how not only society, but the world community presently regards the dignity of the human person. In general, there is a tendency to reduce the whole human person to a particular trait. There are other instances which threaten human dignity such as human trafficking, sexual harassment in the workplace, and the disrespect that is more freely publicly expressed since both public officials and ordinary citizens get to do so on social media hiding behind their computer screens. We have witnessed this within the borders of our own country. Of course, we have also seen that some priests and bishops, through abuse, have disregarded the dignity of the human person.

The human dignity that inherently belongs to each and every person from the first moment of conception to the last moment of natural death is something each of us possesses because each of us is made in God's image and of the same "stock" Jesus freely chose to be born into.

This Christmas, let us carry the Light of Christ in ourselves. As we do so, we have the choice each and every day to ignore or build up the dignity of each and every human person we encounter, regardless of the manner in which we are treated by them. As bearers of Christ's Light, let us do this as we seek to proclaim the Newborn Christ in all we think, say, and do. The humanity Jesus Christ freely embraced to be our Savior is shared by each of us in all its glory as well as in all of its downfalls.

Perhaps the best gift we can give to each other this Christmas is seeing the face of Christ when we look at each other.

Gratefully yours in the Newborn Savior,

Fr. Z

*This Week In Church Signs: "Are you part of the inn crowd or of the stable few?"*



## A LOOK AT JANUARY 2024

We invite you to explore these Archdiocesan-sponsored opportunities: March for Life, Marriage Prep, and Mental Health Matters. To attend any of the events, you must visit the Archdiocese site to register:

<https://www.evangelizeboston.com/events/>

### MARCH FOR LIFE - WASHINGTON DC

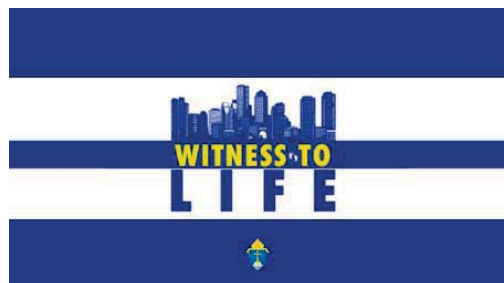
*Witness to Life with Cardinal Seán O'Malley*

*at the National March for Life on January 19, 2024!*

Depart Boston: Thursday evening, January 18, 10:00 PM

We begin our journey to Washington, D.C. on the evening of January 18. First thing Friday morning, we will celebrate life with Cardinal Seán and other archdiocesan pilgrims at Life Fest sponsored by the Sisters for Life before heading over to the March for Life. The 26-hour pilgrimage is \$75 per person and is open to families with children ages 12-17, adults, and small high-school youth groups.

**COST: \$75**, ticket is non refundable. It entitles the bearer to bus transportation, driver gratuity, a ticket to Life Fest, and a boxed lunch.



### MARRIAGE PREP VIRTUAL MINI-SERIES: JANUARY 2024

**DATES:** January 9, 11, and 17, 6:30 PM - 9:30 PM

*Transformed in Love* is the marriage preparation workshop of the Archdiocese of Boston for engaged couples and those civilly married seeking a convalidation. **The workshop is being offered virtually over Zoom.** This mini-series is an alternative, yet equivalent format of our marriage prep also referred to as Pre-Cana.

**REGISTRATION: 1 ticket per couple.** The \$195 cost includes registration, couple workbooks, resources, and a certificate of completion mailed to the bride's residence. Zoom links will be sent in a follow-up email 7 days prior to the start of the workshop.

**Payment is by credit card.** Financial assistance is available by contacting Liz Cotrupi, [marriageprep@rcab.org](mailto:marriageprep@rcab.org)



### MENTAL HEALTH MATTERS: A WORKSHOP TO EMPOWER PARENTS

**January 24, 2024, Virtual Zoom Meeting, 7:00 PM - 8:15 PM -**

Zoom link will be sent a week before the workshop.

Join Dr. Mookie Manalili, a Catholic psychologist from Boston College together with retired psychologist Fr. Jim Ronan, and mental health clinician, author, and parent Suzanne Muldoon for a panel discussion on how parents can best support and care for their children and themselves in the midst of mental health concerns.



## EMBRACING THE MIRACLE

As we approach the celebration of Christmas, the story of God becoming man, it often strikes us as almost too good to be true. Why, we might ask, would an all-powerful God choose to walk among us, to feel our pain and share in our human experience? This divine mystery reflects the profound depth of God's love for us. In the Incarnation, we find the ultimate expression of this love: Jesus Christ, God made flesh. This act of humility and solidarity shows us that we are not mere creations but deeply cherished children of God. Christ's birth is a testament to the unbreakable bond between Creator and creation.

The Incarnation of Christ is not just a historical event to be remembered; it's a reality to be lived. The solidarity of God with His creation through Jesus Christ is a powerful reminder that we are never alone, never forgotten. This truth should fill our hearts with enduring hope. In every challenge, in every moment of despair, we must remember that God is here with us. Christ's presence in our world is a beacon of hope, guiding us through the darkest times. The knowledge that we are God's beloved should empower us to face life's trials with courage and resilience.

### Beloved Children

This Christmas season, let us hold close to our hearts the profound truth that we are far from being orphaned children left to wander aimlessly through life's complexities. Instead, we are the beloved children of God, deeply cherished and constantly watched over by a loving Father. In every step we take, be it on paths of joy or through valleys of challenges, we are accompanied by the unwavering presence of God. His love is our guide and strength, illuminating our decisions and actions.

This divine companionship invites us to transform the way we view ourselves and the world around us. It calls us to see each person through the lens of God's love, fostering a spirit of compassion, understanding, and unity. As we embrace our identity as God's children, our interactions become reflections of His grace, building bridges of empathy and kindness in a world often divided.

### Divine Solidarity

As we celebrate Christ's birth, let us open our hearts to fully embrace this gift of divine solidarity. Let the story of the Nativity not just be a tale we recount, but a reality we live. By embodying the love, humility, and compassion of Christ in our daily interactions, we make the Incarnation a living, breathing reality in our world. Let us be Christ's hands and feet on earth, spreading His message of hope and love to all corners of our lives.

Christmas is more than a season; it's a call to live in the reality of God's love and to share this love with the world. The birth of Christ is a promise of God's unwavering presence in our lives. Let us, therefore, live with hope, knowing that in Christ, God is ever-present. As His beloved children, let us walk in the light of His love, reflecting His grace and truth to a world in need of hope. Merry Christmas, and may the peace of Christ reign in your hearts now and always.

*SOURCE: <https://young-catholics.com/674>*

## ARE YOU SOMEONE - OR DO YOU KNOW SOMEONE WHO . . .

. . . Has expressed an interest in becoming Catholic? . . . Has a child over the age of seven who has not been baptized? . . . Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

We will have an opportunity to come together in a small group to learn more about our Catholic faith. Sessions will focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. For more information or to volunteer to help, please contact Paula Colpitts at 781-944-0490 x223



## FORMED.org - Did You Know?

Did you know that FORMED.org is an on-line platform filled with over 4,000 Catholic studies, movies, cartoons, audio dramas, ebooks, and talks – and it's free for every parishioner? Did you know that it is very easy to subscribe to FORMED.org? Did you know that we have had about 40 new sign ups this past month - Have you subscribed?

To subscribe:

1. Scan QR-Code (<https://signup.formed.org/>)
2. Enter zip code, 01867, to choose Christ the King Parish
3. Enter your name and email address. You're in!

After you Sign Up, download the FORMED App by searching "FORMED Catholic" in your App store. For technical support: <https://watch.formed.org/contact/support>



Here's a sampling of what you will find on FORMED.org - something for All Ages!



## KRISTOPH & THE FIRST CHRISTMAS TREE: A LEGEND OF ST. BONIFACE

Based on an ancient legend. It's Christmas Eve in the year 722, and the young orphan Kristoph is accompanying the missionary priest Boniface through the German countryside on their way to the first Christmas the boy will celebrate outside the orphanage. They are hurrying to reach the next village by nightfall when they come upon a group of men worshipping a sacred oak tree and preparing to sacrifice the son of the village chieftain.

What happens next recalls the legend of how evergreen trees became part of the celebration of Christmas.



Receive these daily reflections directly to your inbox and start your day off right. Be inspired and renewed each morning with a short video from Dr. Tim Gray.

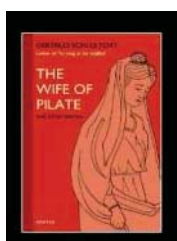
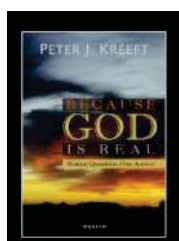
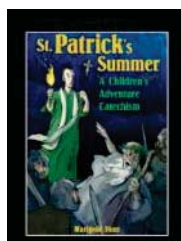


The Jesus Stories help children apply the lessons found in the parables of Jesus, each 10 minute episode includes

a story situation that children today can relate to, a parable, and a thought-provoking way to apply it.

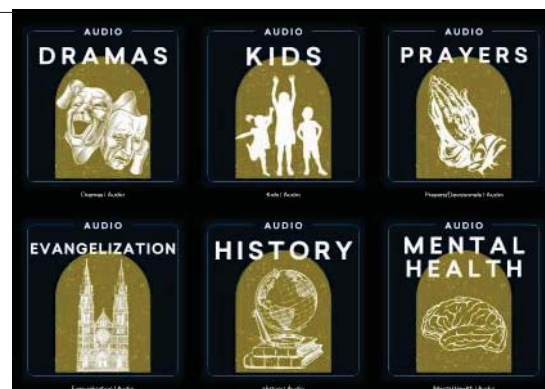
## Books!

Fiction - Kids&Teens - Being Catholic - Explore the Faith



## Audio!

Audio content covering over 20 different topics!





**MASS** St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 8:30AM, 11:30AM  
**SCHEDULE** 9:00 AM Weekdays: Mon, Wed, Fri at St. Agnes | Tues, Thurs at St. Athanasius  
 1st Saturday 9:00 AM Mass at St. Athanasius | Livestream Masses: 4:00PM Vigil, 11:30AM  
**CONFESSION** St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment  
**ADORATION** St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

**PLEASE PRAY  
FOR THE MEN AND WOMEN IN  
MILITARY SERVICE**

*God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones. Grant them courage, compassion, strength, and all they need for the living of these days.*

*Sustain them through their every trial.*

*Through Jesus Christ our Lord we pray. Amen*

**Please pray for all service members, especially for:**

Capt. Jared Peledge (US Army),  
 Capt. Jeffrey Peledge (US Army),  
 Spc. William T. Fisher (US Army),  
 LCPL Dean Lepore, Timothy Thomas (US Army),  
 Cpl. Daniel Gonzales (US Marine Corps),  
 Capt. Nicholas Staffier (US Army),  
 Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico,  
 Justin Whitmarsh, Chaplain Tom Whiteman,  
 USMC Major Zachary Johnson,  
 1st Lts. Ryan & Nolan Johnson (US Army)  
 PFC Christopher Lewis, USMC Capt. Katie Sliwoski,  
 Frank J. Pendergast (USMC), LT Kevin Plumer (Navy),  
 Jackson Nicolo (US Army Rangers),  
 Capt. Stephen Campo (USMC),  
 Spc4 Zachary Thomas, US Army,  
 2nd LT Keegan Coulter, US Army  
 2nd LT John O'Brien, US Army

**ST. ATHANASIOUS COFFEE & DONUTS  
HOSPITALITY**

We will not have coffee and donut hospitality on Sunday, December 24.

## Mass Intentions

### SATURDAY, DECEMBER 23

4:00 PM - Catherine Lombardo - Birthday Memorial

### SUNDAY, DECEMBER 24 - FOURTH SUNDAY OF ADVENT

8:30 AM - Chuck Schena and Brenda Norton

10:30 AM - Thomas Murray

### SUNDAY, DECEMBER 24 - CHRISTMAS EVE

4:00 PM - Christmas Eve Mass - RMHS Field House

5:30 PM - Christmas Eve Mass - St. Athanasius Church

9:00 PM - Christmas Eve Mass - St. Agnes Church

### MONDAY, DECEMBER 25 - NATIVITY OF THE LORD

8:30 AM - St. Athanasius Christmas Day Mass

10:30 AM - St. Agnes Christmas Day Mass

### TUESDAY, DECEMBER 26

9:00 AM - Nicholas Catino

### WEDNESDAY, DECEMBER 27

9:00 AM - Anthony and John Emerald

### SATURDAY, DECEMBER 30

4:00 PM - Jean and Al Perry and Gregory Zager

### SUNDAY, DECEMBER 31

10:00 AM - Marion Flaherty - 10th Anniversary

**THE SANCTUARY CANDLE** - is lit to remind us of the sacramental presence of Jesus Christ. It is a mark of honor to remind the faithful of the presence of Christ, and is a profession of their love and affection. If you wish to have the Sanctuary Lamp burning in memory of a loved one, to honor a special occasion, or a special intention make arrangements with the Collaborative Office. The Candle will burn for one week.



**OFFICE** 184 Woburn St, Reading, MA • HOURS: Monday thru Friday, 10:00 AM-3:30 PM • OFFICE: 781-944-0490  
 • FAX: 781-944-4403 • <https://ChristTheKingReading.org> • [Contact@ChristTheKingReading.org](mailto:Contact@ChristTheKingReading.org)

## CLERGY

### PASTOR

Very Rev. Stephen B. Rock, x220  
 email: [FrSteve@ChristTheKingReading.org](mailto:FrSteve@ChristTheKingReading.org)

### PAROCHIAL VICAR

Rev. Stephen Zukas, x224  
 email: [FrZ@ChristTheKingReading.org](mailto:FrZ@ChristTheKingReading.org)

### SENIOR PRIEST IN RESIDENCE

Rev. Edward T. Malone, x211  
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### DEACONS

Rev. Mr. Bill Reidy  
 email: [DeaconBill@ChristTheKingReading.org](mailto:DeaconBill@ChristTheKingReading.org)

Rev. Mr. Neil Sumner  
 email: [NSumner@verizon.net](mailto:NSumner@verizon.net)

## LAY STAFF

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### PROPERTY MANAGERS

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 Larry Immerman, St. Agnes  
[Limmerman@ChristTheKingReading.org](mailto:Limmerman@ChristTheKingReading.org)

**PARISH COUNCIL**, [ParishCouncil@ChristTheKingReading.org](mailto:ParishCouncil@ChristTheKingReading.org)

Fr. Steve Rock, Bob Baynes, Stacey Bertocchi, Dana Chesnulovitch, James Fitzgerald, Karen Fotino, Ron Fotino, Alicia Gallagher, Michelle Goldner, Marge Pearson, Ron Taupier, Frank Tran

## SACRAMENTS

† **BAPTISM**: Maximum of 6 babies at each service  
 We hold a Baptism Service twice a month on Sunday at 1:00 PM. Submit your request for baptism at: [ChristTheKingReading.org/baptism](https://ChristTheKingReading.org/baptism)  
 The Parish Office will contact you to schedule the baptism date. Please call Office if you wish to have child baptized at Mass.

† **BAPTISM PARENT MEETING**: *attend prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Agnes Parish Ctr*

**HOW DO I BECOME A LECTOR? HOW DO I BECOME A EUCHARISTIC MINISTER?** If you would like to join this ministry:

website: [ChristTheKingReading.org/serve](https://ChristTheKingReading.org/serve)  
 email: [Contact@ChristTheKingReading.org](mailto:Contact@ChristTheKingReading.org)  
 Call the Parish Office for more information; talk to clergy

**HOW DO I BECOME AN ALTAR SERVER?** If you would like to join this ministry:

website: [ChristTheKingReading.org/altar-server](https://ChristTheKingReading.org/altar-server)  
 email: [chelle1127@msn.com](mailto:chelle1127@msn.com)  
 Call Michelle Goldner, 508-942-9788

**MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR**

Email inquiry to: [DColpitts@ChristTheKingReading.org](mailto:DColpitts@ChristTheKingReading.org)

**RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

**GLUTEN ISSUES** - Please see a Priest or Deacon before Mass.

**EUCCHARISTIC ADORATION**

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary  
 Thursday 7:00pm at St. Athanasius Church with Rosary  
 Friday 9:30am-12Noon at St. Agnes Church

**MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS**

Call the Parish Office to schedule

**PRAYER REQUESTS** - Call the Parish Office or submit online at:

[ChristTheKingReading.org/prayer-request](https://ChristTheKingReading.org/prayer-request)

**SOCIETY OF ST. VINCENT DE PAUL 781-258-8767**

In need? Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

**WINCHESTER HOSPITAL CHAPLAIN 781.756.2295**, Mary Beth Moran

**PARISH REGISTRATION**: [ChristTheKingReading.org/register-with-parish](https://ChristTheKingReading.org/register-with-parish)

**BULLETIN SUBMISSIONS**

Deadline: Monday 12Noon; for print in the upcoming weekend's bulletin. Email to: [Bulletin@ChristTheKingReading.org](mailto:Bulletin@ChristTheKingReading.org)

**FINANCE COUNCIL**, [FinanceCouncil@ChristTheKingReading.org](mailto:FinanceCouncil@ChristTheKingReading.org)

Jim Bedingfield, Bob Finigan, Ron Fotino, Martha Jane Gagnon, Steve Goldner, Ellen Kearns, Bill Lucey, Freddy Santosuosso

### † MARRIAGE:

Arrangements are made with a priest at least six months in advance.

### † RECONCILIATION:

Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

† **ANointing OF THE SICK**: Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.

† **FUNERALS**: [ChristTheKingReading.org/funerals](https://ChristTheKingReading.org/funerals) or call the Parish Office, 781-944-0490



# “ IT'S LIFE CHANGING

Finally! A local practitioner is helping cancer survivors live their lives free from the constant pain and suffering associated with **Peripheral Neuropathy!**

Irreversible is not a word you want to hear from your Doctor but it's a common one if you've been diagnosed with Chemotherapy-Induced Peripheral Neuropathy or CIPN.

Elliott S. of Burlington survived testicular cancer only to be living life with constant pain. He felt as though he was walking on pins and needles, becoming weaker and weaker every day. "I was beginning to be worried that one day I would be wheelchair-bound."

**Nearly half of patients who undergo chemotherapy will develop Chemotherapy-Induced Peripheral Neuropathy or CIPN.**

Chemotherapy meds travel throughout the body and attack cancer cells; sadly they can also cause severe damage to healthy nerves. CIPN can begin within weeks of starting treatment and can worsen as treatment continues. Many people will endure the symptoms associated with CIPN for months, even years after they've completed chemo.

When asked how CIPN was affecting his quality of life, he responded, "It was difficult to even walk up and downstairs and do other things we usually take for granted."

**The most common symptoms include:**

- **pain, tingling, burning, weakness, or numbness in arms, hands, legs or feet**
- **sudden, sharp, stabbing or shocking pain sensations**
- **loss of touch sensation**
- **clumsiness and trouble using hands to pick up objects or fasten clothing**
- **loss of balance and falling**

For some, their nerves will recover over time. For most, the nerve damage is 'irreversible.' Which is what Elliott had been told by a series of Doctors and specialists. Essentially, they could cure his cancer but couldn't fix the damage done by the drugs used to cure his cancer.

Elliott then made a call to Acupuncturist Min Jeon of AWC|Acupuncture & Wellness Clinic, right here in Burlington, MA. Acupuncturist Min Jeon is using the time-tested science of Acupuncture and technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

After a series of treatments, Elliott was taking stairs with stride!

"We have a house and it has stairs. This morning I walked right down the stairs and got in the car," Elliot shared.

**"I remember thinking, 'that's become mighty easy for me', I didn't have to hold on to the handrail or anything! It's life-changing to have this mobility back!"**

Again and again, we meet with patients who were once diagnosed as "untreatable" or "incurable" but after receiving Min Jeon's treatments they are now living lives free from pain and suffering. For over 20 years she has been reversing the effects of CIPN and other varieties of Peripheral Neuropathy, including that caused by diabetes without invasive surgeries and medications that come with uncomfortable side effects.

If you've recently beat cancer only to find that you're living a life in constant pain and discomfort or you're struggling with the same symptoms as a result of either Idiopathic Neuropathy or Diabetic Peripheral Neuropathy, Acupuncturist Min Jeon and the incredible team at AWC can help!

Min Jeon Lic. Ac. D.Ac is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Call **(781) 221-0162** now to schedule a consultation.

**Visit [www.awclinic.com](http://www.awclinic.com) to learn more  
and to Take Advantage of the New Patient Offer!**



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Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

donate at [clergytrust.org](http://clergytrust.org) — OR — 



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# “ IT'S LIFE CHANGING

Finally! A local practitioner is helping cancer survivors live their lives free from the constant pain and suffering associated with **Peripheral Neuropathy!**

Irreversible is not a word you want to hear from your Doctor but it's a common one if you've been diagnosed with Chemotherapy-Induced Peripheral Neuropathy or CIPN.

Elliott S. of Burlington survived testicular cancer only to be living life with constant pain. He felt as though he was walking on pins and needles, becoming weaker and weaker every day. "I was beginning to be worried that one day I would be wheelchair-bound."

**Nearly half of patients who undergo chemotherapy will develop Chemotherapy-Induced Peripheral Neuropathy or CIPN.**

Chemotherapy meds travel throughout the body and attack cancer cells; sadly they can also cause severe damage to healthy nerves. CIPN can begin within weeks of starting treatment and can worsen as treatment continues. Many people will endure the symptoms associated with CIPN for months, even years after they've completed chemo.

When asked how CIPN was affecting his quality of life, he responded, "It was difficult to even walk up and downstairs and do other things we usually take for granted."

The most common symptoms include:

- **pain, tingling, burning, weakness, or numbness in arms, hands, legs or feet**
- **sudden, sharp, stabbing or shocking pain sensations**
- **loss of touch sensation**
- **clumsiness and trouble using hands to pick up objects or fasten clothing**
- **loss of balance and falling**

For some, their nerves will recover over time. For most, the nerve damage is 'irreversible.' Which is what Elliott had been told by a series of Doctors and specialists. Essentially, they could cure his cancer but couldn't fix the damage done by the drugs used to cure his cancer.

Elliott then made a call to Acupuncturist Min Jeon of AWC|Acupuncture & Wellness Clinic, right here in Burlington, MA. Acupuncturist Min Jeon is using the time-tested science of Acupuncture and technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

After a series of treatments, Elliott was taking stairs with stride!

"We have a house and it has stairs. This morning I walked right down the stairs and got in the car," Elliot shared.

**"I remember thinking, 'that's become mighty easy for me', I didn't have to hold on to the handrail or anything! It's life-changing to have this mobility back!"**

Again and again, we meet with patients who were once diagnosed as "untreatable" or "incurable" but after receiving Min Jeon's treatments they are now living lives free from pain and suffering. For over 20 years she has been reversing the effects of CIPN and other varieties of Peripheral Neuropathy, including that caused by diabetes without invasive surgeries and medications that come with uncomfortable side effects.

If you've recently beat cancer only to find that you're living a life in constant pain and discomfort or you're struggling with the same symptoms as a result of either Idiopathic Neuropathy or Diabetic Peripheral Neuropathy, Acupuncturist Min Jeon and the incredible team at AWC can help!

Min Jeon Lic. Ac. D.Ac is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Call **(781) 221-0162** now to schedule a consultation.

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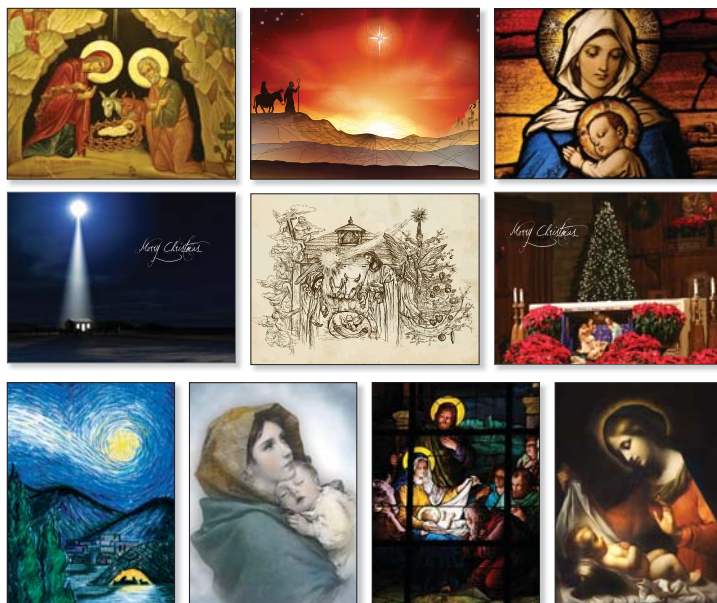
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