



# CHRIST THE KING PARISH

**Saint Agnes Church  
186 Woburn Street  
Reading, MA**

**Saint Athanasius Church  
300 Haverhill Street  
Reading, MA**

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**February 11, 2024**

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**Sixth Sunday in  
Ordinary Time**

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**[ChristTheKingReading.org/LENT](https://ChristTheKingReading.org/LENT)**



## PARENT LENTEN FAITH SHARING GROUP

Do you ever feel like it's almost impossible to raise holy kids who love God (and sit still in Mass!) in our modern world? You're not alone. This six-episode series features real Catholic families like yours sharing their daily struggles and victories. Created by the Augustine Institute and Catholic Sprouts, The Catholic Parent aims to encourage you as a mom or dad as you embrace your God-given role

to form your family in the richness of the Catholic faith. To participate, email Paula Colpitts:

PColpitts@ChristTheKingReading.org

**Parent Lenten Faith Sharing Group Dates - Thursdays of Lent**  
all times are 7:30 PM, St. Agnes Parish Center

**February 15 - Theme: Confession**

**February 29 - Theme: Family Prayer**

**March 7 - Theme: Sacrifice**

**March 14 - Theme: Generosity**

**March 21 - Theme: Handing on the Faith**

## WORLD DAY OF THE SICK - FEBRUARY 11

World Day of the Sick is a Catholic Church awareness day, or observance, on February 11, aimed at praying and sharing, sacrificing one's suffering for the welfare of the church, and urging everyone to see the face of Christ in his or her ailing brother or sister. The day falls on the Feast of Our Lady of Lourdes, and it is an important occasion for individuals to reflect on how we care for those who are sick as well as those who care for them.

Excerpt of His Holiness Pope Frances XXXII Message on World Day of the Sick, 11 February 2024

*"Brothers and sisters, the first form of care needed in any illness is compassionate and loving closeness. To care for the sick thus means above all to care for their relationships, all of them: with God, with others – family members, friends, healthcare workers –, with creation and with themselves. Can this be done? Yes, it can be done and all of us are called to ensure that it happens. Let us look to the icon of the Good Samaritan (cf. Lk 10:25-37), to his ability to slow down and draw near to another person, to the tender love with which he cares for the wounds of a suffering brother."*

## BLESSING OF THE PRAYER SHAWLS - SATURDAY, FEBRUARY 10, 4:00 PM MASS, ST. ATHANASIUS CHURCH

In concert with the World Day of the Sick, we will have a blessing of Prayer Shawls, at the 4:00 PM Mass on Saturday, February 10. Our parishes have many ministries that bring compassion and care - the outpouring visible sign of our Faith. During the liturgy, prayer shawls created by the **Prayer Shawl Ministry** will be blessed and distributed. They are woven, as are knitted items made by those in the **Golden Threads Ministry**, with prayer in each stitch. Another Ministry that reaches out to the infirmed is **Our Lady of Comfort**, who visit and bring the Eucharist to the homebound, those in the hospital, and those in elder care facilities. Another group is **Lotsa Helping Hands**, who bring fresh baked goods to Sawtelle Hospice House sharing love and support for the staff and the family visitors. Each of these Ministries in their own unique way evangelizes - bringing God's love to those distanced by illness, as well as their caretakers, and attempts to bring them reassurance that God's love is ever present. Should you find yourself in need or are drawn to share your time and gifts in these ministries you are encouraged to call the Parish Office at 781-944-0490, or send us an email at [Contact@ChristTheKingReading.org](mailto:Contact@ChristTheKingReading.org)

## *From the Parochial Vicar*

Dear Parishioners and Extended Family Members,

Praised be Jesus Christ!

I begin by acknowledging Ash Wednesday and Valentine's Day are the same day this year. So what to do? Catholics who still wish to celebrate Valentine's Day could do so the day before on Shrove Tuesday – or Mardi Gras – a traditionally festive time before beginning our Lenten observance. The Church has done a lot to ease the requirements of fasting and abstinence. We can adjust as well.

Ash Wednesday marks the beginning of Lent, 40 days (the calendar does not include Sundays). As we enter into Lent, Holy Mother Church gives us the annual opportunity, yes, opportunity to enter into the disciplines of prayer, fasting, and almsgiving that we once again "reprioritize" and reflect on what role God plays in our life and how, through these disciplines, we bring God more to the center in all that we think, say, and do.

Fasting is to remind us of how Jesus suffered for our sins in order that we may be redeemed from our sinfulness. By doing so, he bought us back, so we may live with Him forever in heaven instead of in eternal punishment. By fasting, we actively demonstrate our appreciation of God the Father's gift of mercy he gives us through his Son, to the point of allowing it to convert us to be the man or woman God created us to be, instead of merely receiving it passively.

Prayer and almsgiving can be as a result of our fasting. The vast majority of our fasting results in the savings of time and / or money. Saving time can include watching the news less often during the day, putting aside an audio or visual pleasure signed to distract us, less time on the internet, or going through catalogs. Instead of "enduring" giving any of these things up, we can make it a point to pray, use a study guide to read a book of the Bible, or call someone we know is in need of a friendly voice. If we give up a specific food or habit that costs money, we do well to put that saved money aside and pray about how that money can benefit another. In light of that, I ask you to take home a Rice Bowl. While Catholic Relief Services does fine work, the mere presence of the Rice Bowl can be a reminder of the spirit we are "giving something up" in, and therefore, a source of Lenten encouragement.

A gentle reminder:

- Fasting is for those who are age 18 - 60.
- Abstinence (No meat on Ash Wednesday and the Fridays of Lent) is for those aged 14 and onward!

In Light of the above, I wish each of you a Blessed Lent!

Sincerely yours in Christ,

Fr. Z

### **This Week in Church Signs:**

"Do not criticize your wife's judgement  
- see whom she married."

### **Ash Wednesday Archdiocese Special Collection - February 14**

This Ash Wednesday, a special collection will be taken up for Catholic Charities of Boston. Catholic Charities works to serve nearly 200,000 families and individuals annually throughout the Archdiocese and help put them on a path to self-sustainability. Our services provide food and utility assistance, child care, enriching programs for at-risk youth, and adult education. We invite you to begin your Lenten almsgiving journey with us this Ash Wednesday.

Baskets will be located at both Churches' entrances. On behalf of those we serve, thank you in advance for your generosity.





Lent is a time of preparation. This 40-day journey almsgiving, beginning on Ash Wednesday, helps us

- **Prayer:** Deepens our relationship with God
- **Fasting and Abstinence:** Removes obstacles
- **Almsgiving:** Helps us serve those in need and live



**Wednesday, February 14, 2024**

**9:00 AM Mass with Ashes - St. Athanasius**

**7:00 PM Mass with Ashes - St. Agnes**

**3:30 PM Ash Service - St. Athanasius**

### **This Lent, Try This: One Sin, One Add-In, One Give-Up**

1. Concentrate or focus on one sin or fault that is getting in the way of your relationship with God and with others.
2. Add one positive activity that will deepen your prayer and spiritual life.
3. Deny yourself something you really like or are attached to.

### **Little Lenten Black Books**

The books are available at the churches' entrances. This book is filled with daily reflections. Feel free to take one for yourself, and another to share with family or friend!

### **Lenten Regulations**

**Abstinence** -- Catholics over 14 years of age are bound to the obligation of abstinence. On days of abstinence, meat may not be used at all. Abstinence is observed on Ash Wednesday and on all Fridays of Lent.

**Fast** -- Catholics over 18 and up to the beginning of their 60th year are bound to the obligation of fasting. **Ash Wednesday** and **Good Friday** are the days of fasting. On these days, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed.

Commendable, particularly during Lent, is generosity to local, national and world programs of sharing our abundance.

"Lent is a time of going very deeply into ourselves... What is it that stands between us and God? Between us and our brothers and sisters? Between us and life, the life of the Spirit?"

~ *Catherine Doherty*

*Catherine Doherty's cause for canonization as a saint was opened by Pope John Paul II in 2000, and she has been given the official title Servant of God*

of prayer, fasting and abstinence, and  
 deepen our relationship with Christ.  
 and helps us reflect on our lives.  
 between us and God.  
 Jesus' message of love.



**DATE:** Friday, February 16, 5:30 PM

**LOCATION:** St. Athanasius Parish Activity Center

As we did last Lent, all are invited to a Simple Supper at the St. Athanasius PAC on February 16th. The Supper will be followed by Stations of the Cross at 7:00 PM.

Each week, we plan to have a Simple Supper and Stations. Note your calendar that the first two Suppers will be:

Friday, February 16 at St. Athanasius

Friday, February 23 at St. Agnes

You are invited to bring a crockpot of your favorite (meatless) soup to share with others! It is amazing to see the many types of soups that are shared!



This Lent, in a busy world, take some time to meditate upon the intense sacrifice Jesus undertook for our salvation.

Friday, February 16, 7:00 PM - St. Athanasius

Friday, February 23, 7:00 PM - St. Agnes

Friday, March 1, 7:00 PM - St. Agnes

Friday, March 8, 7:00 PM - St. Athanasius

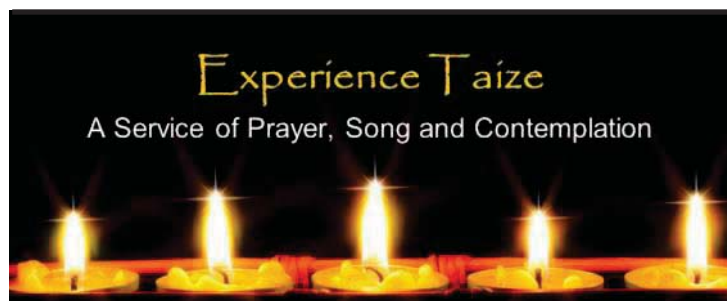
Friday, March 15, 7:00 PM - St. Athanasius

Friday, March 22, 7:00 PM - St. Agnes

### **Sacrament of Reconciliation**

During Lent CAR confessions can be heard on Wednesday evenings, 6:30pm until 8:00pm at St. Athanasius Parking Lot.

Confessions can also be heard on Saturdays from 2:45pm until 3:45pm at St. Athanasius - in Church.



Join us for TAIZÉ worship on Wednesday evenings at 7:30 PM at St. Agnes Church. Taizé worship is a creation of the monastic community in Taizé, France, emphasizing scripture, music, imagery and meditative prayer.

Wednesdays, February 21 thru March 20

## Lenten Gospel Giving

In keeping with the Lenten practice of almsgiving, we are encouraged to donate items suggested by each weekend's gospel readings listed below.

**DROP OFF LOCATIONS:** St. Athanasius - Foyer area by the Restroom by side door church entrance  
St. Agnes - Collection bin at Woburn Street entrance

### First Sunday of Lent: February 17 – 18

"The Spirit drove Jesus out into the wilderness.  
He was in the wilderness for 40 days...  
and he was with the wild animals."

- **Donate:** Pet Food, Pet Toys, Used Blankets, Sheets, Towels for local animal shelters, community pet food pantries and clients of Reading Food Pantry

### Second Sunday of Lent: February 24 – 25

"...and His clothes became dazzling white  
so as no fuller on earth could bleach them"

- **Donate:** Laundry Detergent, Dish Detergent and Paper Towels for Reading Food Pantry

### Third Sunday of Lent: March 2 – 3

"Destroy this temple and I will rebuild it in three days"

- **Donate:** Personal care items including shampoo, deodorant, lotion, feminine hygiene products, disposable razors, etc. to assist women living in shelters as they rebuild their lives after suffering domestic violence

### Fourth Sunday of Lent: March 9 – 10

"While I am in the world, I am the light of the world."

- **Donate:** 60, 75 and 100 Watt (or equivalent LED) Light Bulbs for Mission of Deeds
- **Donate:** New Books from list provided to benefit students at St. John Paul II Academy Dorchester

### Fifth Sunday of Lent: March 16 – 17

"Unless a grain of wheat falls to the ground and dies,  
it will no bear fruit."

- **Donate:** Individual Snack Packs for Housing Families of Malden's Youth Program
- NOTE: No peanut butter, jello or gummy snacks

### Palm Sunday of the Lord's Passion: March 23 – 24

"The very large crowd spread their cloaks on the road...  
crying out: Hosanna!"

- **Donate:** new and gently worn Sweaters, Flannel Shirts, Sweatshirts and Hoodies for all ages for Lazarus House

### Holy Thursday, March 28 – Divine Mercy Sunday, April 7

"He began to wash the disciple's feet and dried them with  
the towel around His waist"

- **Donate:** Adult Size White Athletic Socks for Boston Healthcare for the Homeless

## PRAYERS FOR VOCATIONS

Give them courage and strength to follow God's holy will. Guide their uncertain steps, strengthen their resolutions, shield their chastity, fashion their minds, conquer their hearts, and lead them to the vineyards where they will labor in God's holy service. Amen.

Priests		Seminarians/	
Feb 11	Fr. Robert Kickman	Feb 11	Connor Roukey
Feb 12	Fr. Edward Gallagher	Feb 12	Paulo Carvalho
Feb 13	Fr. Gregory Vozzo	Feb 13	Nicholas Colon
Feb 14	Fr. Eric Cadin	Feb 14	Ryan Henderson
Feb 15	Fr. Robert Labrie	Feb 15	Jake Livingstone
Feb 16	Fr. John Mulloy	Feb 16	Christian Ortez
Feb 17	Fr. Christopher Boyle	Feb 17	Rafael Rubio



## CHINESE NEW YEAR PARTY

**DATE:** Saturday, February 17

**LOCATION:** St. Athanasius PAC

Here's what you will enjoy! All are welcome!

- CHINESE FOOD BUFFET
- CHINESE TRIVIA WITH PRIZES
- FUN GAMES

**TIME:** 6:30 PM to 9:00 PM

**One of our best evenings of FUN!**

\$20 per person. Pre-register with payment by WEDNESDAY, FEBRUARY 14

RSVP to Jody Roffi,  
[tulipfrog@comcast.net](mailto:tulipfrog@comcast.net) or  
contact at 781-710-3393



Have you tried singing prayers or using a song as prayer?

Praying with music can be a powerful way to pray.

WE SING AND PLAY BEAUTIFUL MUSIC EVERY WEDNESDAY EVENING

7:00 pm at St. Agnes Church  
All are welcome!

*Let the Song Be Your Prayer*

## Music Ministry

Love to sing? Play an instrument? Then this is for YOU!

Attention all vocalists and musicians, the Music Ministry needs you! If you or if you know someone that would like to join let us know. We rehearse beautiful music every Wednesday evening at 7pm at St. Agnes Church. All are welcome! Reach out to David Colpitts for more information. God Bless!

[DColpitts@ChristTheKingReading.org](mailto:DColpitts@ChristTheKingReading.org)

*Bringing hope and healing through encounters with the Living Christ.*



Drop off is Wednesdays  
4:30 PM to 6:30 PM  
at the back door.

### ITEMS IN NEED:

- Laundry Detergent
- Granola bars
- Apple or Grape Juice boxes
- Pancake Syrup
- Canned chopped clams
- Paper towels

*Addressing the food and personal care needs of our neighbors through high quality, respectful service in a welcoming environment, with a goal of enhancing wellbeing in our community.*

## 2024 SACRAMENT OF CONFIRMATION

Please keep in prayer the students in our Faith Formation program who will be receiving the Sacrament of Confirmed this year.



### CONFIRMATION

Saturday, April 6, 6:00 PM at St. Athanasius  
(Rehearsal is Wednesday, April 3, 7:00 PM)

Sunday, April 7, 2:00 PM at St. Agnes  
(Rehearsal is Thursday, April 4, 7:00 PM)

### CONFIRMATION CANDIDATES

**Have you sent in your Confirmation Name and your Confirmation Sponsor?**

**MASS** St. Athanasius: Vigil 4:00PM, 10:00AM | St. Agnes: 8:30AM, 11:30AM  
**SCHEDULE** 9:00 AM Weekdays: Mon, Wed, Fri at St. Agnes | Tues, Thurs at St. Athanasius  
 1st Saturday 9:00 AM Mass at St. Athanasius | Livestream Masses: 4:00PM Vigil, 11:30AM  
**CONFESSION** St. Athanasius: Saturday, 2:45PM - 3:45PM; or by appointment  
**ADORATION** St. Agnes: Tuesday, 7:00 PM & Friday, 9:30AM | St. Athanasius: Thursday, 7:00 PM

**PLEASE PRAY  
FOR THE MEN AND WOMEN IN  
MILITARY SERVICE**

*God of compassion, we pray for our loved ones in the military, who offer themselves for the sake of others and who are separated from family and loved ones. Grant them courage, compassion, strength, and all they need for the living of these days.*

*Sustain them through their every trial.*

*Through Jesus Christ our Lord we pray. Amen*

**Please pray for all service members, especially for:**

Capt. Jared Peledge (US Army),  
 Capt. Jeffrey Peledge (US Army),  
 Spc. William T. Fisher (US Army),  
 LCPL Dean Lepore, Timothy Thomas (US Army),  
 Cpl. Daniel Gonzales (US Marine Corps),  
 Capt. Nicholas Staffier (US Army),  
 Capt. Luke Beaulieu (US Army), Cpl. Brenden Amico,  
 Justin Whitmarsh, Chaplain Tom Whiteman,  
 USMC Major Zachary Johnson,  
 1st Lts. Ryan & Nolan Johnson (US Army)  
 PFC Christopher Lewis, USMC Capt. Katie Sliwoski,  
 Frank J. Pendergast (USMC), LT Kevin Plumer (Navy),  
 Jackson Nicolo (US Army Rangers),  
 Capt. Stephen Campo (USMC),  
 Spc4 Zachary Thomas, US Army,  
 2nd LT Keegan Coulter, US Army  
 2nd LT John O'Brien, US Army

## Mass Intentions

### SATURDAY, FEBRUARY 10

4:00 PM - Rose McLaughlin - Memorial

### SUNDAY, FEBRUARY 11

8:30 AM - Ted Chisholm

10:00 AM - Anthony Zecchino - 25th Anniversary

11:30 AM - Adele Blunt

### TUESDAY, FEBRUARY 13

9:00 AM - Jim Babineau

### WEDNESDAY, FEBRUARY 14 - ASH WEDNESDAY

9:00 AM - Mass with Ashes - St. Athanasius

3:30 PM - Ash Service - St. Athanasius

7:00 PM - Mass with Ashes - St. Agnes

### THURSDAY, FEBRUARY 15

9:00 AM - Louise Resca - 9th Anniversary

### SATURDAY, FEBRUARY 17

4:00 PM - Peter DelGreco

### SUNDAY, FEBRUARY 18 - FIRST SUNDAY OF LENT

8:30 AM - Robert Sullivan - 4th Anniversary

10:00 AM - Alfred and Jean Perry

11:30 AM - Linda Melley, Jim Carroll, Don Koffman and Jack Garvey

**THE SANCTUARY CANDLE** - is lit to remind us of the sacramental presence of Jesus Christ. It is a mark of honor to remind the faithful of the presence of Christ, and is a profession of their love and affection. If you wish to have the Sanctuary Lamp burning in memory of a loved one, to honor a special occasion or a special intention, please make arrangements with the Parish Office. The Candle will burn for one week.



*St. Athanasius  
Sanctuary Candle*

In loving memory of  
Anthony Zecchino



**OFFICE** 184 Woburn St, Reading, MA • HOURS: Monday thru Friday, 10:00 AM-3:30 PM • OFFICE: 781-944-0490  
 • FAX: 781-944-4403 • <https://ChristTheKingReading.org> • [Contact@ChristTheKingReading.org](mailto:Contact@ChristTheKingReading.org)

## CLERGY

### PASTOR

Very Rev. Stephen B. Rock, x220  
 email: [FrSteve@ChristTheKingReading.org](mailto:FrSteve@ChristTheKingReading.org)

### PAROCHIAL VICAR

Rev. Stephen Zukas, x224  
 email: [FrZ@ChristTheKingReading.org](mailto:FrZ@ChristTheKingReading.org)

### SENIOR PRIEST IN RESIDENCE

Rev. Edward T. Malone, x211  
 email: [FrEd@ChristTheKingReading.org](mailto:FrEd@ChristTheKingReading.org)

### DEACONS

Rev. Mr. Bill Reidy  
 email: [DeaconBill@ChristTheKingReading.org](mailto:DeaconBill@ChristTheKingReading.org)  
 Rev. Mr. Neil Sumner  
 email: [NSumner@verizon.net](mailto:NSumner@verizon.net)

## LAY STAFF

**DIRECTOR OF EVANGELIZATION**, Paula Colpitts, x223  
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**DIRECTOR, LITURGICAL MUSIC & MINISTRIES**, David Colpitts, x218  
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**DISCIPLES IN MISSION**: Janet Davidson-Dee, x235  
[JDavidson-Dee@ChristTheKingReading.org](mailto:JDavidson-Dee@ChristTheKingReading.org)

### PROPERTY MANAGERS

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[Flannerys91@gmail.com](mailto:Flannerys91@gmail.com)  
 Larry Immerman, St. Agnes, x232  
[Limmerman@ChristTheKingReading.org](mailto:Limmerman@ChristTheKingReading.org)

**PARISH COUNCIL**, [ParishCouncil@ChristTheKingReading.org](mailto:ParishCouncil@ChristTheKingReading.org)

Fr. Steve Rock, Bob Baynes, Stacey Bertocchi, Dana Chesnulovitch, James Fitzgerald, Karen Fotino, Ron Fotino, Alicia Gallagher, Michelle Goldner, Marge Pearson, Ron Taupier, Frank Tran

### HOW DO I BECOME A LECTOR? HOW DO I BECOME A EUCHARISTIC MINISTER?

If you would like to join this ministry:  
 website: [ChristTheKingReading.org/serve](http://ChristTheKingReading.org/serve)  
 email: [Contact@ChristTheKingReading.org](mailto:Contact@ChristTheKingReading.org)  
 Call the Parish Office for more information; talk to clergy

### HOW DO I BECOME AN ALTAR SERVER?

If you would like to join this ministry:  
 website: [ChristTheKingReading.org/altar-server](http://ChristTheKingReading.org/altar-server)  
 email: [chelle1127@msn.com](mailto:chelle1127@msn.com)  
 Call Michelle Goldner, 508-942-9788

### MUSIC MINISTRY, DAVID COLPITTS, DIRECTOR

Email inquiry to: [DColpitts@ChristTheKingReading.org](mailto:DColpitts@ChristTheKingReading.org)

### RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Interested in becoming Catholic? Baptized but not Confirmed? Call us, we are here to answer your questions!

**GLUTEN ISSUES** - Please see a Priest or Deacon before Mass.

### EUCCHARISTIC ADORATION

Tuesday, 7PM-8PM at St. Agnes Church - with Rosary  
 Thursday 7:00pm at St. Athanasius Church with Rosary  
 Friday 9:30am-12Noon at St. Agnes Church

### MASS AND SANCTUARY LIGHT INTENTIONS, MASS CARDS

Call the Parish Office to schedule

### PRAYER REQUESTS

- Call the Parish Office or submit online at:

[ChristTheKingReading.org/prayer-request](http://ChristTheKingReading.org/prayer-request)

### SOCIETY OF ST. VINCENT DE PAUL 781-258-8767

In need? Worldwide organization of lay Catholics, following Christ's call to serve the poor, the suffering, and the deprived.

### WINCHESTER HOSPITAL CHAPLAIN 781.756.2295, Mary Beth Moran

**PARISH REGISTRATION:** [ChristTheKingReading.org/register-with-parish](http://ChristTheKingReading.org/register-with-parish)

### BULLETIN SUBMISSIONS

Deadline: Monday 12Noon; for print in the upcoming weekend's bulletin. Email to: [Bulletin@ChristTheKingReading.org](mailto:Bulletin@ChristTheKingReading.org)

**FINANCE COUNCIL**, [FinanceCouncil@ChristTheKingReading.org](mailto:FinanceCouncil@ChristTheKingReading.org)

Jim Bedingfield, Bob Finigan, Ron Fotino, Martha Jane Gagnon, Steve Goldner, Ellen Kearns, Bill Lucey, Freddy Santosuosso

## SACRAMENTS

### † BAPTISM: Maximum of 6 babies at each service

We hold a Baptism Service twice a month on Sunday at 1:00 PM. Submit your request for baptism at: [ChristTheKingReading.org/baptism](http://ChristTheKingReading.org/baptism)  
 The Parish Office will contact you to schedule the baptism date. Please call Office if you wish to have child baptized at Mass.

### † BAPTISM PARENT MEETING: attend prior to the baptism. Meetings are held on the 1st Friday of every month at 7:00PM, at the St. Agnes Parish Ctr

### † MARRIAGE:

Arrangements are made with a priest at least six months in advance.

### † RECONCILIATION:

Saturdays, 2:45PM - 3:45PM at St. Athanasius or by appointment with Clergy

### † ANOINTING OF THE SICK: Call the Parish Office to request. Extraordinary Ministers are also available to bring the Eucharist to the homebound.

### † FUNERALS: [ChristTheKingReading.org/funerals](http://ChristTheKingReading.org/funerals) or call the Parish Office, 781-944-0490

# ADVANCED WOUNDS NEED ADVANCED CARE

Local clinic is using ozone therapy to treat stubborn wounds and other skin problems with incredible results!

When you scraped your knee as a kid- the wound was able to heal with little more than a bandaid and a hug from your mom. As you get older however, your body's ability to repair itself diminishes due to several factors including fewer stem cells existing in the skin, and chronic illnesses like diabetes.

Stubborn and chronic wounds affect approximately 6 million people in the U.S. and can have a significant impact on your quality of life. An open, advanced wound limits mobility and a person's ability to work and enjoy hobbies. In some extreme cases these wounds are unable to heal because they are infested with drug-resistant bacteria.

Healing these types of wounds requires a different approach.

**Fortunately for Massachusetts residents, AWC | Acupuncture & Wellness Clinic is treating wounds using ATP Resonance BioTherapy® and O3 ReBoot Therapy®, innovative medical solutions that speed up the healing process and get patients back on their feet.**

Billerica, MA resident Grace S. had recently had a skin biopsy. "I have a history of skin cancer in my family and am careful to have suspicious looking spots checked. So far I've been really lucky because my scans have come back negative, instead the wound left by my most recent biopsy was causing me some concern," shares Grace. "I was already seeing Min for my neuropathy

when she noticed the bandage on my leg and asked me what happened. I explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!" explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!"

Min Jeon's O3 ReBoot Therapy® utilizes the antibiotic and disinfectant properties of ozone. And the ATP Resonance BioTherapy® targets specific frequencies that enable the body to utilize it's existing ability to heal and repair itself.

**"By using ozone to treat stubborn wounds," shares Min "we are forcing oxygen into the cells of the body which gives them the energy and building blocks they need to do the job that they were designed to do, reproduce and repair. Layer that with our ATP therapy and now those cells are supercharged; capable of reproducing and repairing at an incredible rate."**

Ozone also triggers white blood cells to produce antibodies which prevents the immune system from attacking healthy cells. Healthy cells are the ones responsible for creating new skin and tissue and closing wounds and ozone aids in their ability to do that.

"My regular dermatologist can't believe my progress", says Ann. "He is very impressed with how well my wound is healing. Even better, now I don't have to

worry about missing my trip to see my granddaughter graduate!"

If you're wondering what an O3 ReBoot Therapy® or ATP Resonance BioTherapy® treatment looks like, Min assures us they are quick and painless. "Your average O3 treatment takes only 3-5 minutes and is applied using a localized blowing method, what we refer to as a cupping or bagging technique. ATP protocols average around 25-30 minutes and are performed using microcurrent, again virtually painless." These treatments are repeated several times until the maximum improvement is seen and the wound is closed.

If you or someone you love has been struggling with stubborn wounds it's time to try AWC's O3 ReBoot Therapy®. Beyond wounds, ozone therapy is also extremely effective for combating skin problems such as eczema, herpes virus, even acne and pimples!

**While you're there, be sure to ask about the other conditions they're treating using ozone and ATP Resonance BioTherapy®; everything from brain fog to knee pain to poor gut health and beyond.**

For more incredible testimonials about AWC and their services find them on Facebook @AcupunctureClinic or check out their YouTube Channel. To schedule a consultation call (781) 221-0162 and do so quickly because they are currently offering consultations to new patients!

**Visit [www.AWClinic.com](http://www.AWClinic.com) to learn more  
and to take advantage of their NEW PATIENT OFFER!**



**Ultimate Vitamins Plus**

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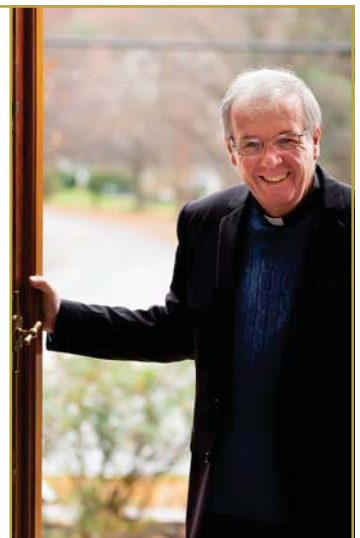
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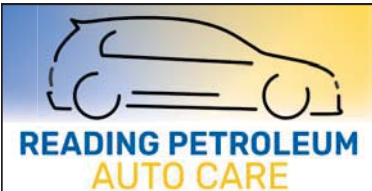
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Local clinic is using ozone therapy to treat stubborn wounds and other skin problems with incredible results!

When you scraped your knee as a kid- the wound was able to heal with little more than a bandaid and a hug from your mom. As you get older however, your body's ability to repair itself diminishes due to several factors including fewer stem cells existing in the skin, and chronic illnesses like diabetes.

Stubborn and chronic wounds affect approximately 6 million people in the U.S. and can have a significant impact on your quality of life. An open, advanced wound limits mobility and a person's ability to work and enjoy hobbies. In some extreme cases these wounds are unable to heal because they are infested with drug-resistant bacteria.

Healing these types of wounds requires a different approach.

**Fortunately for Massachusetts residents, AWC | Acupuncture & Wellness Clinic is treating wounds using ATP Resonance BioTherapy® and O3 ReBoot Therapy®, innovative medical solutions that speed up the healing process and get patients back on their feet.**

Billerica, MA resident Grace S. had recently had a skin biopsy. "I have a history of skin cancer in my family and am careful to have suspicious looking spots checked. So far I've been really lucky because my scans have come back negative, instead the wound left by my most recent biopsy was causing me some concern," shares Grace. "I was already seeing Min for my neuropathy

when she noticed the bandage on my leg and asked me what happened. I explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!" explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!"

Min Jeon's O3 ReBoot Therapy® utilizes the antibiotic and disinfectant properties of ozone. And the ATP Resonance BioTherapy® targets specific frequencies that enable the body to utilize it's existing ability to heal and repair itself.

**"By using ozone to treat stubborn wounds," shares Min "we are forcing oxygen into the cells of the body which gives them the energy and building blocks they need to do the job that they were designed to do, reproduce and repair. Layer that with our ATP therapy and now those cells are supercharged; capable of reproducing and repairing at an incredible rate."**

Ozone also triggers white blood cells to produce antibodies which prevents the immune system from attacking healthy cells. Healthy cells are the ones responsible for creating new skin and tissue and closing wounds and ozone aids in their ability to do that.

"My regular dermatologist can't believe my progress", says Ann. "He is very impressed with how well my wound is healing. Even better, now I don't have to

worry about missing my trip to see my granddaughter graduate!"

If you're wondering what an O3 ReBoot Therapy® or ATP Resonance BioTherapy® treatment looks like, Min assures us they are quick and painless. "Your average O3 treatment takes only 3-5 minutes and is applied using a localized blowing method, what we refer to as a cupping or bagging technique. ATP protocols average around 25-30 minutes and are performed using microcurrent, again virtually painless." These treatments are repeated several times until the maximum improvement is seen and the wound is closed.

If you or someone you love has been struggling with stubborn wounds it's time to try AWC's O3 ReBoot Therapy®. Beyond wounds, ozone therapy is also extremely effective for combating skin problems such as eczema, herpes virus, even acne and pimples!

**While you're there, be sure to ask about the other conditions they're treating using ozone and ATP Resonance BioTherapy®; everything from brain fog to knee pain to poor gut health and beyond.**

For more incredible testimonials about AWC and their services find them on Facebook @AcupunctureClinic or check out their YouTube Channel. To schedule a consultation call (781) 221-0162 and do so quickly because they are currently offering consultations to new patients!

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