

VOLLEYBALL RULES – NORTHERN LEAGUE 2019-2020

Game time is forfeit time (for the first game of the match). The second game (and the match) will result in a forfeit if it does not begin 15 minutes after original game time. Scorekeepers will put 15 minutes on the clock for a countdown. All grace periods begin after the timed warm-up. (For Thursday night games, a grace period of 5 minutes will be allotted. Scorekeepers will put 5 minutes on the clock for a countdown.)

Teams may start with 5 players, however, if teams start with 5 players, the game must end with 5 players or the game is a forfeit.

Each player must have a clearly visible number on the front and back of her jersey. She must wear kneepads. No jewelry or hard hair accessories can be worn. Only religious or medical necklaces are allowed, but must be worn inside the jersey and taped down.

Each healthy, uniformed player present must play during either the first or second game of the match.

Substitutions are only allowed after the 12th point in Games 1 and 2.

There are no substitution restrictions in Game 3.

Each team will be assigned a referee by the League Volleyball Coordinator. All referees are certified and approved by the Diocese. Referees must be 9th grade or above. **Referees in all grades will be paid \$15 per game.** If only one referee is present, each team is responsible for paying the one referee. Please come prepared with your referee payment.

Each team will pay **\$5.00** to an approved league scorekeeper at the score table. Home team will provide one volunteer or assistant coach to run scoreboard.

Prior to each match, the home team coach will conduct a “Code of Conduct” Speech.

Upon completion of the match, both teams must exit the court immediately. If a match ends early, teams are not allowed to stay on the court to practice or scrimmage (the teams playing in the match that follows may begin warm ups on the court). In the case of a forfeited match, the team present may scrimmage until 15 minutes before the start of the next game.

There will be a minimum warm-up period of 5 minutes. This period will be adhered to even if the scheduled games are running behind.

It is every coach’s responsibility to manage his/her sideline, including spectators. Coaches are expected to ask spectators who are behaving inappropriately to stop or leave.

All trash must be picked up in player’s area after each match.

Prayer:

All matches will begin with an opening prayer and Code of Conduct Speech

Serving Line:

The D Division's (4th and 5th grade) serving line shall be marked 3 feet in front of the back boundary line. Coaches may agree to move up the serving line. D Division uses volley-lite balls.

The C Division (6th grade) must serve behind the back boundary line.

C Division uses volley-lite balls.

The A and B Divisions (8th and 7th grade) must serve behind the back boundary line.

Serving Rotation:

7th grade and under must rotate after 5 serves.

8th grade continues to serve until a side out is called.

Game Results:

AD's must forward game results via email to: Gina Velez at jukichg@gmail.com

Please make sure to email your results so that the standings will be correct (for playoffs).

The 1st and 2nd place teams in each A, B and C Division (Grades 6, 7, & 8) will be sent to the Diocesan playoffs. The best records will be used to determine these teams. If two or more teams are tied at the end of the season, playoff games will be scheduled using the same format as basketball.

Reschedules:

Games may only be rescheduled for the following reasons and only by the league scheduler with league approval:

- a. There are no acceptable referees available**
- b. The scheduled gym becomes unavailable after the schedule has been issued**
- c. Parish or School, pre-approved functions only**

Social Media:

Per Diocesan Policy, there is to be NO posting of videos to Social Media of any CYO games.

Northern League shall have final interpretation in matters pertaining to these rules.