

# EAST DIABLO CYO

## *Rules of Note for Season 2024-2025*

Effective: 2024-2025 Season

Revised: November 14, 2024

### Protocol prior to Game Start

- Fees Per Team (Cash): Referee \$25 (grades 3<sup>rd</sup>-5<sup>th</sup>) \$30 (6<sup>th</sup>-8<sup>th</sup>)
- Home Teams to provide: Timekeeper & Game Ball
- Visiting Teams to provide: Scorekeeper

### Ball Size

Grade	Division	Ball Size	Exception
3 <sup>rd</sup> Grade	Boys & Girls	27.5	None
4 <sup>th</sup> to 8 <sup>th</sup>	Girls	28.5	None
4 <sup>th</sup> to 5 <sup>th</sup>	Boys	28.5	None
6 <sup>th</sup> to 8 <sup>th</sup>	Boys	29.5	None

### Length of Games & Time Outs

Grade	Time Outs	Qtrs	Length	Exception
3 <sup>rd</sup> - Boys	4-per game	4	10-minute running time	
4 <sup>th</sup> & 5 <sup>th</sup>	4-per game	4	6-minute stop clock	
6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup>	4-per game	4	7-minute stop clock	
Overtime	1-time out	n/a	3-minute stop clock	*See below*

\* Overtime consists of a 3-minute period. If game is still tied, a second period is to be played. If after these periods the game is still tied, game enters "Sudden Death" where the first Team wins by made basket or free throw.

### Full Court Press & 20 Point Lead Protocol

Grade	Press	Exception
3 <sup>rd</sup>	No	No exceptions
4 <sup>th</sup> American	Yes	No full court press after 15-point lead.
4 <sup>th</sup> National	No	Full court press allowed at the final minute of the game. Same rule applies if game goes into overtime.
5 <sup>th</sup> to 8 <sup>th</sup>	Yes	May not press after a 15-pt lead or trap at half court.

#### Score Leads of 20 points or more

Running clock is implemented & remains in effect if lead exceed 20 pts (2<sup>nd</sup> half only). No exceptions.

Scores cleared on scoreboard. The Scoresheet and Time clock remain in effect.

Team in the lead must guard inside the three-point line, No trapping at half court.

Team in the lead cannot fast break, they must walk the ball up the court and make sure all players have crossed into the frontcourt before beginning their attempt to score.

Violations will lead to warnings, followed by technical fouls.

\* Coaches should utilize good judgement to properly asses' opponents and adjust game plans accordingly.

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### Free Throw & 3 Point Shot

Grade	Division	3-Point Shot	Free Throw Exceptions
3rd	Boys	No	Line up at 12 feet
4th	Girls	No	Line up at 12 feet
4th	Boys	No	Line up at free throw line, ok to step over
5th	Boys/Girls	No	Per NFHS rulebook
6th to 8th	Boys/Girls	Yes	Per NFHS rulebook

### Protest Protocol

How to file a protest	
Who	Only certified coaches or Athletic Directors may file a protest.
What	Only point of rules or player eligibility can be protested.
When	For the exception of player eligibility, protests must be declared during the game.
How	Made at the time of the infraction, referee advised, scoresheet noted.
Officials	Scoresheet notes at the time of the protest; Quarter, time on game clock, Score & fouls. Parish monitoring gym, collects scoresheet and transmit to Protest Chairperson.

### Undershirts, Compression Shorts, Tights and Shooting Sleeves (NFHS)

- Allows under garments worn under team uniforms to be black or a single solid color similar to the torso of the jersey. All teammates wearing under garments must wear the same solid color. Ex, if one player choses a white under garment, all teammates who wears a under garment must also wear white.

### Coaches Reminders:

- Coaches' certification card must be worn and visible during the game. Technical foul will be assessed if a coach does not have the certification card and cannot sit on the bench.
- If short of players, teams may start a game with 4 players. Opposing team to also play with 4 players.

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### **Pre-Game Prayer: (Players, Coaches & Officials)**

Father in Heaven,

We ask Your blessing on the game we are about to play. Give each one of us the courage to play the game in a manner, which by our words and our actions, is pleasing to you.

Let us enter this competition in a spirit of sportsmanship and respect for members of the opposing team. We ask you, Father, to bless each one of us, and grant understanding and compassion to our coaches, officials, players, and fans.

Keep us under your protection and help all of us gathered here to be aware of your presence with us in the game. We pray this in the name of Jesus, our Lord. Amen