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Sacred Heart Church

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 916-452-4136
 HTTPS://SACREDHEART.CHURCH
 OFFICE HOURS: M - F, 8:30 A.M. - 5:00 P.M.

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 DR. DONALD KENDRICK, MUSIC DIRECTOR, 916-847-0424

LITURGY SCHEDULE
 WEEKEND MASSES:
 SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,
 AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)
 WEEKDAY MASSES:
 M - F: 8 A.M.; SAT 9 A.M.
 FIRST FRIDAY: 8 A.M. AND 12 NOON
 HOLY DAYS: PLEASE SEE BULLETIN
 NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)
 LITURGY OF THE HOURS - MORNING PRAYER:
 M - F: 7:30 A.M.; SAT 8:30 A.M.
 RECONCILIATION: SATURDAY 4-5 P.M.
 BAPTISM: PLEASE CALL RECTORY
 MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

Church Bulletin #2 2020 Sacramento, CA 916 / 921-8584 or cbco.net • Sacred Heart Church

Love as the Root of Humility

On Palm Sunday we have two Gospels, one for the procession of palms before Mass; the other, the Passion narrative at its regular time within the Liturgy. In the Processional Gospel, Jesus is riding a donkey into the city of Jerusalem (*filled to overflowing with Passover-time pilgrims about 50,000 native city-dwellers plus 250,000 pilgrims*). Unlike the worldly kings, the Messiah would enter the city with profound humility, on a colt (donkey). He was proclaimed as Son of David, the fulfillment of God's promise to David as founder of an eternal dynasty. They cry "Hosanna" i.e. "Yahweh, save us!" • The first Reading is a foreshadowing of Jesus in Isaiah's *Suffering Servant* song, the one who consoles the weary while suffering terribly himself. Later we find his suffering brings us forgiveness. (*Jesus says that He is the fulfillment of this prophecy.*) On the cross, He exhibits the ultimate faith in God, trusting in His deliverance, the Resurrection, while enduring intense suffering for our forgiveness and salvation. • The Responsorial is the Psalm Jesus quotes while dying on the cross. Though it begins lamenting sufferings, it shows great trust in God's deliverance; and ends praising God. Jesus gives us this great example of trust in time of suffering by echoing the inspired psalmist's words. • In the Second Reading, St. Paul wants us to see Jesus' profound humility and surrender. "Form of God" means that Jesus is God, as God the Father is God, yet He emptied Himself

Faith First

signifying spiritual *surrender and humility*. The ultimate degree of humility is *obedience*. Jesus set aside His power as God to obediently die that ignominious death on the cross. This obedience was possible because of His great love which gave Him the humility and surrender necessary to carry out God's plan of love and salvation. • The main Gospel is the Passion narrative. In addition to many samples of prophecy fulfilled, we find many accounts of betrayal, from mild in the three Apostles that fell asleep while Jesus agonized in the Garden, to the major betrayal by an intimate, Judas. St. Peter's betrayal ended in forgiveness caused by *his love of the Lord*, the root of his humility.

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A Coronavirus Prayer

Holy Virgin of Guadalupe, Queen of the Angels and Mother of the Americas, we fly to you today as your beloved children. We ask you to intercede for us with your Son, as you did at the wedding in Cana. • Pray for us, loving Mother, and gain for our nation and world, and for all our families and loved ones, the protection of your holy angels, that we may be spared the worst of this illness. • For those already afflicted, we ask you to obtain the grace of healing and deliverance. Hear the cries of those who are vulnerable and fearful, wipe away their tears and help them to trust. • In this time of trial and testing, teach all of us in the Church to love one another and to be patient and kind. Help us to bring the peace of Jesus to our land and to our hearts. • We come to you with confidence, knowing that you truly are our compassionate mother, health of the sick and cause of our joy. • Shelter us under the mantle of your protection, keep us in the embrace of your arms, help us always to know the love of your Son, Jesus. Amen.

Composed by Archbishop Jose Gomez, Archbishop of Los Angeles

Prayer of the Week

Almighty Father of our Lord Jesus

Christ, you sent your Son to be born of woman and to die on a cross, so that through the obedience of one man, estrangement might be dissolved for all people. Guide our minds by his truth and strengthen our lives by the example of his death, that we may live in union with you in the kingdom of your promise. Through our Lord Jesus Christ your Son who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Holy Week Confessions

Holy Thursday, April 9 from 10:00 am to 12(noon)

In Our Prayers

**Daily Mass Intentions
April 5 - April 12**

Sun	8:00am	For the Residents of Mercy McMahon Terrace
	9:30am	For the People of the Parish
	11:00am	John Reid (+)
Mon	8:00am	Anastacio & Tirsia Lambating (+)
Tue	8:00am	For First Responders
Wed	8:00am	For People with the Corona Virus
Thu	7:00pm	For Healthcare Personnel
Fri	8:00am	No Mass
Sat	8:00pm	For the People of the Parish
Sun	8:00am	Don & Anita Cerqui (+)
	9:30am	Terry Andrews (+)
	11:00am	No Mass

In Memoriam

Father Charles Brady • March 25, 2020
Pastor Emeritus of Holy Spirit Parish, Sacramento
Eternal rest grant unto him, O Lord.
And let perpetual light shine upon him.

Please Pray for the Sick

Dick Grutzmacher, Rick Barbaria, Gene Yeager, Adria Laubacher, Margarita Enriquez, Marjorie Green, Robert McAleese, Helena Enright, John Vostrez, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Patrick Valenzuela, Michael Fletcher, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Meetings & Events

Sunday's Scripture Readings

Today is one of those unique days in the Church calendar when we ordinarily hear two Gospel passages very different in tone and sentiment, and certainly in content. If we were able to come together for today's Mass, we would begin the liturgy with a presentation of an enthusiastic and exuberant crowd as Jesus enters Jerusalem, the capital of David's kingdom. Along the way he is hailed as *Son of David; the prophet, from Nazareth;* and the one *who comes in the name of the Lord*. He gets the red-carpet treatment: cloaks and cut branches from the trees laid down on the dusty road; cries of Hosanna; the crowd growing in number.

• Then, as the Mass progresses--and somewhat all of a sudden--the mood changes: Our Gospel announces that the king has been degraded to the level of a common criminal. The victory confetti is replaced by whips, spitting, and choking dust. Jesus the prophet and Davidic Savior is now Jesus the criminal, the blasphemer, the rebel. The donkey that once carried him in triumph has disappeared, and on his own back he now carries the heavy cross. Cries of celebration have turned to calls for death; shouts of joy have given way to the sound of the whip; the parade has become an execution march. • It is enough to make our spiritual head spin. For in this yearly remembrance of the passion, death, and resurrection of Jesus, we are well-reminded of the nature of our own temptations and sins. We can often find ourselves with Jesus for the easy part of the journey, but they vanish when the pressure rises and the threats of death fill the air. We examine how deep is our own loyalty to Christ in a world where faith is so easily mocked and the name of Christ so easily denigrated. We think about the times when we want to skip ahead to the empty tomb without first walking to Golgotha. As Jesus tells us, the human spirit can be very willing, but the flesh very weak. But there can be no resurrection without the cross; there can be no new life with first dying to oneself. There is no Easter without Good Friday. • So let us not be like the crowd: inconsistent, swaying with the latest wind of popularity and fame, afraid to stand up for justice and truth--for the innocent one. But as we journey this Holy Week, in these extraordinary and difficult times facing our nation and the world, let us keep our eyes firmly fixed on Jesus. Let us focus on his patience, his total and unyielding dedication to doing the will of the Father fully and completely. Then let us take up our cross and follow him, so that having shared in his cross, we might share in his resurrection.

Suspension of All Public Masses

Bishop Jaime Soto has suspended the public celebration of Sunday and weekday Masses for the Diocese of Sacramento until further notice. • Visit the Diocese of Sacramento website at <https://www.scd.org/coronavirus> for more information and resources.

All Parish Meetings Cancelled

In accordance with Bishop Soto's directive and the order of Governor Newsom, all parish meetings are currently cancelled and will be rescheduled for later dates.

Coping with "Social" Distancing

The request that we keep a social distance from others is a misnomer. We should *physically* keep distance but we need, more than ever, to keep in communication with friends and family. You can telephone people just to check on them. If your computer or phone has the capability to use Skype, GoogleDuo, or FaceTime, use those apps to see friends and family as you talk with them. This is especially useful for grandparents who want to keep in touch with grandchildren but cannot physically visit. Finally, don't forget to go outside and get fresh air! If you want a change of scenery, take a drive to the foothills (if there's no snow) or check out the North American Flyway for migrating birds, north and west of Sacramento. If you can't attend Mass, visit the church any day before noon and spend some quiet time with the Lord. No distancing needed from that! Finally, pray every day for those who have been affected by the virus, and pray especially for the emergency and medical personnel who daily risk their own safety to care for others.

Like the crowds who acclaimed Jesus in Jerusalem let us go forth in peace

Resources to Sustain our Faith and Prayer Life

While celebration of the Mass is suspended, Sacred Heart Church will be open Mondays through Fridays from 8:00 am to 12:00 pm; Saturdays from 9:00 am to 12:00 pm and 3:30 pm to 5:00 pm; and on Sundays from 8:00 am to 12:00 pm for private prayer and adoration of the Blessed Sacrament. • Confessions will continue to be heard on Saturdays from 4:00 pm to 5:00 pm. **We have posted on the parish website at www.sacredheart.church some spiritual resources:** There are a number of websites that celebrate Mass daily. • [Daily Mass with Word on Fire](#), Bishop Barron's website • [EWTN](#) Eternal Word Television Network • [Catholic TV](#) • Salt and Light Media [Canadian Daily TV](#) on You Tube. Here are some spiritual resources: You may also find the following daily meditations on the Readings of Mass helpful: • The University of St. Louis has a brilliant website exploring the depths of Sunday readings. Explore historical cultural context, thoughts from the early church, scripture in depth, and other areas of significant import. Find it at liturgy.slu.edu • [Word on Fire](#) is Bishop Barron's website which is extremely popular. Bishop Barron explains the Sunday readings each week. The site has numerous videos, homilies, and other Catholic resources.