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ILLUSTRATION BY PATT ILLOULI

# Sacred Heart Church

1040 THIRTY-NINTH STREET  
 SACRAMENTO, CALIFORNIA 95816  
 916-452-4136  
 HTTPS://SACREDHEART.CHURCH  
 OFFICE HOURS: M - F, 8:30 A.M. - 5:00 P.M.

PARISH STAFF  
 MSGR. ROBERT P. WALTON, PASTOR  
 SERGIO DIAZ, DEACON  
 GILBERT PARRA, DEACON, RET.  
 MRS. THERESA SPARKS, SCHOOL PRINCIPAL  
 PARISH SCHOOL, 856 39TH STREET, 916-456-1576  
 TILA MADRIGAL, REL. ED. COORDINATOR, 916-947-2683  
 RITA SPILLANE, RCIA AND  
 ADULT FAITH FORMATION DIRECTOR, 916-452-4830  
 PAUL SUNDERMAN, YOUTH MINISTER, 916-456-1576  
 DR. DONALD KENDRICK, MUSIC DIRECTOR, 916-847-0424

LITURGY SCHEDULE  
 WEEKEND MASSES:  
 SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,  
 AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)  
 WEEKDAY MASSES:  
 M - F: 8 A.M.; SAT 9 A.M.  
 FIRST FRIDAY: 8 A.M. AND 12 NOON  
 HOLY DAYS: PLEASE SEE BULLETIN  
 NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)  
 LITURGY OF THE HOURS - MORNING PRAYER:  
 M - F: 7:30 A.M.; SAT 8:30 A.M.  
 RECONCILIATION: SATURDAY 4-5 P.M.  
 BAPTISM: PLEASE CALL RECTORY  
 MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

Church Bulletin #2 2020 Sacramento, CA 916 / 921-8584 or cbco@cbco.net • Sacred Heart Church

**Stay with Us, Lord**

The First Reading holds many important themes. First and most important: God's plan is fulfilled in Jesus' ministry, as was foretold in Psalm 16 quoted here. The second theme: those who crucified Jesus were lawless men who rejected God's plan. And third: as is found throughout Scripture, God would not allow the evil deeds of the Jewish leaders to destroy His plan, rather God destroyed their evil designs by raising Jesus from the dead. Since the people Peter is preaching to were eyewitnesses of these events, they had a special responsibility to respond to the wonders God worked in their midst. • The Responsorial is the psalm we encountered in the First Reading. It is one of trust in God's deliverance; even in the night, considered to be ruled by the enemy, the Lord's presence would distance every danger, especially eternal death (true night). Jesus' resurrection is the fulfillment of this psalm and the promise to all of us that we will share in His glory when we rise with Him. • The Second Reading reminds us of God's gracious gift of redemption by the precious Blood of Jesus, the new Paschal Lamb of our redemption. To keep a balanced perspective on this life we should see it as a sojourn to our true home with God in His glory. • In today's Gospel, St. Luke explains what happened after Jesus rose and its meaning. The women encounter the angels at the empty tomb (where they *hear* about Jesus), the two disciples encounter Jesus in the *word* and in the breaking of the Bread (the *Eucharist*). It is a series of encounters. This parallels real life; first, we *hear* about Jesus from others, then we *listen* to His word, and finally we

**Faith First**

**An Act of Spiritual Communion**

When we cannot attend Mass, we can still make an Act of Spiritual Communion, in which we express our faith in Christ and in His Presence in the Eucharist, and we ask Him to unite Himself with us. The basic elements of an Act of Spiritual Communion are an Act of Faith; an Act of Love; a desire to receive Christ; and an invitation to Him to come into your heart.

My Jesus, I believe  
that You are in the Blessed Sacrament.  
I love You above all things,  
and I long for You in my soul.  
Since I cannot now receive You sacramentally,  
come at least spiritually into my heart.  
As though You have already come,  
I embrace You and unite myself entirely to You;  
never permit me to be separated from You.  
Amen.

*meet* Him face to face in the Eucharist. Another very interesting feature in this reading is that Jesus seems to be appearing in two different places at the same time (bilocating); while He was speaking to the disciples on the road to Emmaus, He was also appearing to Simon Peter in Jerusalem. His glorified body is no longer subject to the limitations of His earthly body. When we resurrect, we too will not be limited by time, space, suffering, or death; our emotions and our love will be purified. We will love as God loves. God's presence in the Word is underscored when we hear how the disciples' hearts burned when Jesus explained Scripture to them. Upon celebrating the Eucharist with them, they asked Him to stay. We also pray that Jesus will stay with us to guide, enlighten, fortify, and console us on this life's road to His house.

**Prayer of the Week**

Let us pray in confident peace and Easter hope. • Father in heaven and author of all truth, a people once in darkness has listened to your Word and followed your Son as he rose

from the tomb. Hear the prayer of this newborn people and strengthen your Church to answer your call. May we rise and come forth into the light of day to stand in your presence until eternity dawns. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*Cry out with joy to God, all the earth;  
O sing to the glory of his name. --Psalm 66*

**In Our Prayers**

**Daily Mass Intentions  
April 26 - May 3**

|            |         |                              |
|------------|---------|------------------------------|
| <b>Sun</b> | 8:00am  | Creighton Norris (+)         |
|            | 9:30am  | For the People of the Parish |
|            | 11:00am | John Maitland (+)            |
| <b>Mon</b> | 8:00am  | Nita York (+)                |
| <b>Tue</b> | 8:00am  | York & Reta Families (+)     |
| <b>Wed</b> | 8:00am  | Kang Simon Lee (+)           |
| <b>Thu</b> | 8:00am  | Mary Ann Rich (+)            |
| <b>Fri</b> | 8:00am  | Kang Simon Lee (+)           |
| <b>Sat</b> | 9:00am  | Katheryne Walton (+)         |
|            | 5:30pm  | no Mass                      |
| <b>Sun</b> | 8:00am  | Patricia Keller (+)          |
|            | 9:30am  | Kang Simon Lee (+)           |
|            | 11:00am | For the People of the Parish |

**In Memoriam**

Let us pray for all those who have died and are in need of prayer. May they enjoy light, happiness and peace.

**Please Pray for the Sick**

Dick Grutzmacher, Rick Barbaria, Gene Yeager, Adria Laubacher, Margarita Enriquez, Marjorie Green, Robert McAleese, Helena Enright, John Vostrez, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Patrick Valenzuela, Michael Fletcher, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

**Meetings & Events**

**Sunday's Scripture Readings**

*Acts 2:14,22-33; 1 Peter 1:17-21; Luke 24:13-35* • We as Jesus' followers come in a variety of ages and experiences, races and languages, various depths of understanding of the Lord and varying abilities to see Him in our daily lives. Today's readings give us a variety of ways to understand Jesus--the resurrected Lord. • In our readings today, we hear of what could be seen as competing images of Jesus: both the long-awaited Messiah, ready to take the throne of David, and as the unblemished lamb who shed His blood for our sake. In Acts, Peter says that Jesus *was delivered up by the set plan and foreknowledge of God* to suffer crucifixion and a horrible death to win our salvation--then to rise from the dead to restore our life, and ascend into heaven where He now sits at the right hand of the Father. • Turning to the Gospel, we see a compassionate and loving Jesus, walking with two of His despondent disciples as they describe their state of mind and the events of the past days. Jesus accepts them where they are, and helps them to understand that He is the fulfillment of the prophets in the Hebrew Scriptures. Then Jesus fully revealed Himself through *the breaking of the bread*. • Jesus' great love for the two disciples shines forth in His patience and understanding. Jesus brings them around in the way that they need to be taught--with a lengthy explanation of Scripture and a reminder of His actions during the Last Supper. Most importantly, Jesus shows a willingness to walk with the disciples, to let them tell their own story, and to teach them at their level, in the way that they will best understand. • Let us take some time today to ponder Christ's passion, death, and resurrection by which we are saved and redeemed, and given the promise and hope of eternal life. Let us focus on appreciating more fully God's gift of salvation, and try to live more fully in the power of the Resurrection so we can give a more faithful witness to the Gospel. Let us also do our best to imitate the actions of Jesus in today's Gospel by being willing to walk along with people we encounter in our daily lives--especially making an effort to listen to their stories with patience and gentleness. We just might be able to help them better understand what Jesus means in their lives. • At the same time, let us walk with open hearts and minds, knowing that for us, the people we encounter might be Jesus, walking with us to give us hope and to lead us on our way.

**Distance Learning at SHPS**

Sacred Heart Parish School was notified on Friday, March 13<sup>th</sup> around 2:30 in the afternoon that we would need to close school until further notice. The teachers quickly had the students gather their books and prepare for distance learning. By the following Tuesday, March 17<sup>th</sup> the students and teachers were ready to begin distance learning. Teachers have been conducting Zoom meetings with students, recording lessons and uploading them to Google Classroom, and taking attendance with daily questions. The distance learning has been going well but we sure do miss our students, our families and our colleagues. We pray that you are well and we cannot wait to be together again!

**Season of Easter**

Our celebration of Easter continues for 50 days until the feast of Pentecost, May 31. We focus on St. Luke's Acts of the Apostles. We are encouraged to open our Bibles or go to [USCCB.org](http://USCCB.org) to journey and pray with the first disciples. Though still apart, our prayers will unite us.

**Children's Faith Formation**

During this Stay-at-Home time, Catholic Faith Formation (CFF) classes, like school classes, are still taking place. Two catechists (teachers) are meeting with their classes using Zoom. Other teachers communicate by mailing materials home to the children, while still others use email to reach their students. • CFF Coordinator Tila Madrigal also emails parents where additional resources for the children can be found. The entire CFF staff can be reached by email, phone, or text for any CFF questions.

**New Security System**

During the quarantine, the Parish has, at the recommendation of our Safety Committee, had a new security system installed, consisting of

23 cameras covering all of the church's buildings, interior and exterior. Because the cameras are hardwired, they now cover areas that were previously unprotected by the prior wireless system. Other recommendations of the Safety Committee will be undertaken in the near future. Thank you to the committee members for their help in protecting our parishioners and our church buildings.

**Resources to Sustain our Faith and Prayer Life**

While celebration of the Mass is suspended, Sacred Heart Church will be open Mondays through Fridays from 8:00 am to 12:00 pm; Saturdays from 9:00 am to 12:00 pm and 3:30 pm to 5:00 pm; and on Sundays from 8:00 am to 12:00 pm for private prayer and adoration of the Blessed Sacrament. • Confessions will continue to be heard on Saturdays from 4:00 pm to 5:00 pm. **We have posted on the Parish Website at [www.sacredheart.church](http://www.sacredheart.church) some spiritual resources:**

- There are a number of websites that celebrate Mass daily.
- [Daily Mass with Word on Fire](#), Bishop Barron's website
- [EWTN](#) Eternal Word Television Network
- [Catholic TV](#)
- Salt and Light Media [Canadian Daily TV](#) on You Tube.

Here are some spiritual resources: You may also find the following daily meditations on the Readings of Mass helpful:

- St. Louis University has a brilliant website exploring the depths of Sunday readings. Explore historical cultural context, thoughts from the early church, scripture in depth, and other areas of significant import. Find it at [liturgy.slu.edu](http://liturgy.slu.edu)
- [Word on Fire](#) is Bishop Barron's website which is extremely popular. Bishop Barron explains the Sunday readings each week. The site has numerous videos, homilies, and other Catholic resources.