



ILLUSTRATION BY PATT ILLOULI

# Sacred Heart Church

1040 THIRTY-NINTH STREET  
SACRAMENTO, CALIFORNIA 95816  
916-452-4136  
[HTTPS://SACREDHEART.CHURCH](https://sacredheart.church)  
OFFICE HOURS: M - F, 8:00 A.M. - 4:30 P.M.

## PARISH STAFF

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GILBERT PARRA, DEACON, RET.

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DR. DONALD KENDRICK, MUSIC DIRECTOR, 916-847-0424

## LITURGY SCHEDULE

### WEEKEND MASSES:

SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,  
AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)

### WEEKDAY MASSES:

M - F: 8 A.M.; SAT 9 A.M.

FIRST FRIDAY: 8 A.M. AND 12 NOON

HOLY DAYS: PLEASE SEE BULLETIN

NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)

RECONCILIATION: SATURDAY 4-5 P.M.

BAPTISM: PLEASE CALL RECTORY

MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

## Second Sunday in Ordinary Time

### Our Lady Becomes Our Intercessor

In the First Reading from Isaiah, matrimonial imagery is used to describe the new relationship between God and His people, comparing the love between God and His people to the love between a husband and wife. This same comparison is presented in the Gospel where Jesus saves the wedding feast of the couple at Cana by changing water into wine, prefiguring His own marriage to the Church. • The Responsorial Psalm is an exuberant hymn of praise in which all nations are called to join in this song. This is one of the reasons we gather on Sunday: to sing His praise and glory. We are called to tremble before Him, not in fear but in awe of His works in our midst. • As in the Alleluia verse--echoing today's Gospel--God calls us to share in His glory, not in the sense of power or prestige but in a willingness to love and serve. • Today's Gospel describes Jesus' first miracle of changing the water into wine at the Wedding Feast at Cana. Jesus replaces the imperfect customs of the Old Testament with His love. He serves the better wine (the New Covenant) that replaces the earlier, inferior wine (the Old Covenant). Mary's role, as our intercessor, is very symbolic. She is no longer called by her name, but rather St. John calls her the Mother of Jesus. St. John does this to highlight her symbolic role. The miracle of water changed into wine prefigures the event that gives us access to the heavenly banquet: the cross--where Jesus gives us Mary as our Mother--when He says to John, behold your mother. (The hour Jesus spoke of, His hour of glory, our hour of redemption, is His death on the cross.) After the gift of Himself, Jesus' next best gift to us is Mary, His Mother,

### Faith First

as our Mother. May Mary intercede for us always, and may we always seek her intercession!

### Prayer of the Week

Almighty and ever-present Father, your watchful care reaches from end to end and orders all things in such power that even the tensions and the tragedies of sin cannot frustrate your loving plans. Help us to embrace your will, give us the strength to follow your call, so that your truth may live in our hearts and reflect peace to those who believe in your love. We ask this through Christ our Lord. Amen.

### Prayer for our Nation

God our Father, Giver of life, we entrust the United States of America to Your loving care. • You are the rock on which this nation is founded. You are the true source of our cherished rights to life, liberty, and the pursuit of happiness. Reclaim this land for Your glory and dwell among Your people. • Send Your Spirit to touch the hearts of our nation's leaders. Open their minds to the great worth of all human life and the responsibilities that accompany human freedom. Remind Your people that true happiness is rooted in seeking and doing Your will. • Through the intercession of Mary Immaculate, Patroness of our land, grant us the courage to reject a culture of death and division and to embrace a culture of life and the common good. Bring healing to us and grant us Your peace. • We ask this through Christ our Lord. Amen.

### Attend Mass Virtually!

Even though there is no public Mass at Sacred Heart, you can still attend Sunday Mass virtually online, either by watching the Mass streamed on the parish website or on YouTube. Many people watch on Sunday morning and then go to the church to receive Holy Communion (as long as they arrive before 10:30 am). This is different from when we could attend together as a parish family, but the normality of Sunday Mass, prayers, and Holy Communion is to be treasured in this abnormal time.

### Receiving Holy Communion

Mindful that Communion is the sustenance of our souls, you may receive Holy Communion in the church vestibule M-F between 8:00 am to 9:00 am, Sat. 9:00 am to 10:00 am, and Sun. 9:00 am to 10:30 am. Please act in a reverential manner as you are in the presence of God. Please do not congregate in the vestibule, but either enter the church to pray or leave the church altogether. Thank you for your anticipated cooperation.

## In Our Prayers

### Daily Mass Intentions January 17 -- January 24

<b>Sun</b>	8:00am	No Intention
	9:30am	For the People of the Parish
	11:00am	Marie Louise Schumacher (+)
<b>Mon</b>	8:00am	Eduardo Estolas, Sr. (+)
<b>Tue</b>	8:00am	George & Rita Godby (+)
<b>Wed</b>	8:00am	Polly Laurenson (+)
<b>Thu</b>	8:00am	Don, Philip & Izzy Ingolia (+)
<b>Fri</b>	8:00am	Int...Eduina Oliveira
<b>Sat</b>	9:00am	Jose, Anna & Lucy Oliveira (+)
	5:30pm	No Intention
<b>Sun</b>	8:00am	Mary Twomey (+)
	9:30am	No Intention
	11:00am	For the People of the Parish

### In Memoriam

Let us pray for all those who have died  
and are in need of prayer.  
May they enjoy light, happiness and peace.

### Please Pray for the Sick

Rita Johnston, Anne Smith, Patrick Valenzuela, Tom Duval, Delia Chavez, Dick Grutzmacher, Rick Barbaria, Margarita Enriquez, Marjorie Green, Robert McAleese, Helena Enright, Robin Aurelius, Diana Zuniga, Suzy Riehl, Richard Honey, Dale Wooldridge, Nancy McGarry, Michael Fletcher, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

**We have found the Messiah:**

## Private Prayer in Church

Even though Mass cannot be offered at Sacred Heart during this current phase of the pandemic lockdown, Sacred Heart is open daily for an hour for private prayer. M-F between 8:00 am -9:00 am; Sat. 9:00 am -10:00 am & 4:00 pm -5:00 pm; and Sun. 9:00 am-10:30 am you are welcome to enter and pray quietly, bearing in mind there should be no more than 10 people at any given time in the church.

## Holy Communion for Those Staying at Home

If you, a family member, or friend have chosen to stay at home during the pandemic and would like to receive Holy Communion, please call the Parish Office (916-452-4136 ext. 2). We will try our best to have Holy Communion brought to you. Perhaps a family member or friend would be willing to come by the church and be trained to bring Holy Communion to you.

## Back to School

Sacred Heart Parish School students and employees returned to school, in person, on January 5<sup>th</sup>. All employees and students in 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades were COVID tested on Sunday, January 3<sup>rd</sup> with a rapid test and were cleared to return after a long Christmas break. There are about 60 students who continue to learn from home through our hybrid model. In order to continue our healthy approach for learning in person we have needed to make some additions to our daily protocols. In our 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades teachers are “zooming” in to teach their specialty classes rather than go into each of the classrooms. The goal is that there will be fewer contacts among cohorts. This way if someone in a group does become ill only one cohort would need to quarantine. • Cheers to a happy and healthier new year!

## Pietà Chapel Update

Currently, the wood paneling is being fabricated. The decorative ceiling design has been completed, and will be painted as soon as the paneling is installed. You will notice that the outside wrought iron work has been completed with the installation of a handrail. • The entire Pietà Chapel project, as well as new exterior lighting, and anti-graffiti sealant applied to the church, parish hall and rectory have been funded, not by the ordinary offertory contributions, but from the Parish Building Fund. • Thank you to all who have donated to the Building Fund.

## Baptism Class for Parents and Godparents

A baptism preparation class is offered the second Monday of every month at 6:30 pm via a Zoom meeting. The class usually lasts about one hour. • To participate you must sign up by calling the Parish Office at 452-4236 ext. 2. At the class, the necessity and importance of baptism are explained as are the obligations and duties of parents and godparents. Baptisms take place on the first and third Sundays of the month after the 11:00 am Mass (around 12:15 pm). Parents and godparents must attend a preparation class. • For more details, please call the Parish Office.

## Meetings & Events

### The Church's Ordinary Time

“Besides the times of the year that have their own distinctive character (e.g. Advent, Christmas, Lent, Easter), there remains in the Church's yearly cycle 33 or 34 weeks in which no particular aspect of the mystery of Christ is celebrated, but rather the mystery of Christ itself is honored in its fullness, especially on Sundays. This period is known as Ordinary Time” (Universal Norms, 43). • Ordinary Time begins on Monday, January 11, and continues through Tuesday, February 16, the day before Ash Wednesday and the beginning of the Lenten season. It will resume when the Easter season ends, that is, on Monday, May 24, the day following Pentecost.

## Email Addresses

The Parish is compiling a list of email addresses of everyone in the parish (if you have one). We are hoping you will sharing your email address with us. Use of email for routine communications will save us quite a lot of money in postage and allow for easy communication. • Please email your address to [shchurchoffice@gmail.com](mailto:shchurchoffice@gmail.com)

## Altar Society News

It is time for our annual membership drive. Annual dues are only \$20 per family. The purpose of the Altar Society is to clean and replace vestments for priests and altar servers, clean and replace altar cloths, purchase items for the sanctuary as needed, and assist in providing altar flowers. Current members will be receiving a renewal form in the mail. We invite all parishioners to join. If you would like to become a member, please contact Jackie Lofing at 916-955-2958. Thank you for your support of this important parish ministry.

## Annual Charitable Contribution Statements

This year, in order to save on postage, the Parish Office will not be automatically sending out contribution statements to parishioners who contributed to the offertory collection. If you would like to receive a statement, we are happy to print one up for you. • Please contact Amy Sparks in the Parish Office at 916

-452-4136 ext. 2. If you made a donation to the Annual Catholic Appeal, the Catholic Foundation of the Diocese of Sacramento will be sending out a separate statement to you. • Thank you for supporting the Church and its various ministries.

## Food Donation Weekend

The weekend of January 30/31, you are invited to bring non-perishable food donations to the church. Many local families rely on assistance from our Society of St. Vincent de Paul food pantry. The pantry is in need of marinara sauce, canned meat such as chicken, canned soup, cereal, jelly/jam, peanut butter, crackers, and cake, brownie, and/or cookie mixes. • Please check expiration dates on all items as we are not able to distribute out-of-date items. A bag filled with non-perishable, unexpired food may be left inside the altar rail. The church is open on Saturday from 9:00 am to 10:00 am and 4:00 pm to 5:00 pm and on Sunday from 9:00 am to 10:30 am. • Thank you for your generosity!

## Support for Advertisers and Local Businesses

During this pandemic, many small businesses in our neighborhood have been struggling due to loss of patronage. Some of these businesses advertise in our bulletin, others are nearby shops that are used to serving our parishioners. If you are financially able, please support these neighborhood establishments at this critical time for them. • We thank and appreciate the businesses who choose to advertise in our bulletin as well as those who serve our East Sacramento neighborhood community.





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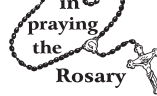
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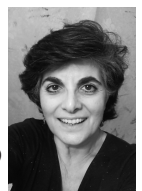
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