



ILLUSTRATION BY PATT ILLLOULI

Sacred Heart Church

1040 THIRTY-NINTH STREET
SACRAMENTO, CALIFORNIA 95816
916-452-4136
[HTTPS://SACREDHEART.CHURCH](https://sacredheart.church)
OFFICE HOURS: M - F, 8:00 A.M. - 4:30 P.M.

PARISH STAFF

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DR. DONALD KENDRICK, MUSIC DIRECTOR, 916-847-0424

LITURGY SCHEDULE

WEEKEND MASSES:

SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,
AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)

WEEKDAY MASSES:

M - F: 8 A.M.; SAT 9 A.M.
FIRST FRIDAY: 8 A.M. AND 12 NOON
HOLY DAYS: PLEASE SEE BULLETIN
NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)

RECONCILIATION: SATURDAY 4-5 P.M.

BAPTISM: PLEASE CALL RECTORY

MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

Second Sunday of Lent

Transfigured with Christ in Lent

In the Responsorial Psalm, the psalmist shows his faith in the Lord to rescue him from his enemies. In this holy season of Lent, we ask ourselves, who are the enemies we wish God to deliver us from? Could they be the sin, selfishness, and loneliness we bring into our lives every time we subtly or consciously reject God? • In the Second Reading, St. Paul reminds us that living the Christian life is not always easy. We are tempted by this world. God created the world good, but we often misuse this world's goods (food, wealth, sex, etc.). Rather than using them for legitimate needs, we become their prisoners, enslaved by our passions. The only way out is to keep the proper perspective. We are citizens of heaven, so we live detached from what would drag us down. We are in the world, not of it, trying to behave as a saint would. • In St. Luke's Gospel, we find the Transfiguration account. Jesus went up the mountain to pray: to discern and obey the Father's will. Moses and Elijah appear with Him to show that Jesus is the fulfillment of the law (Moses) and the prophets (Elijah). In addition, Moses prayed for someone greater than himself, a Messiah to come, and Elijah was to appear in order to prepare the people for *the Day of the Lord*. The disciples (Peter, James, and John) were confused, *which often happens when one encounters the Holy*; they did not fully understand the meaning of it all. Here, at the Transfiguration, Jesus is proclaimed by God as His chosen Son, just as He was at His own Baptism, and again by the Roman centurion when Jesus hung on the

Faith First

Really Listen to the Father

"Love your enemies and pray for those who persecute you" (Matthew 5:44). • The question is how to go from an absurd life to an obedient life, from a deaf life to a listening life. If you are anxious and nervous and tense and upset, you don't listen because your anxiety allows you no space to listen. You can't receive the voice of God that assures us, "You are with me always, and all I have is yours." Let us try to give time and space to that amazing voice, speaking in our hearts. • Listening is creating the space in which you can hear the voice that says, "You are my beloved son, you are my beloved daughter, you are special to me. All that is mine is yours." The whole Gospel, the whole message of Jesus, is precisely that: "All that is mine is yours. All that I say is for you to hear, all that I know is for you to know, all that I do is for you to do." Jesus is saying, "Nothing that the Father gave me do I hold back from you." Really try to listen to that so as to gradually become like Jesus. That is the journey of our adult life. • *Loving God, help me to hear you and to become free and loving like you.*

-- Fr. Henri Nouwen

<shchurchoffice@gmail.com> or call to leave a message at 916-452-4830 to sign up for this class or to learn more about this opportunity.

This is my beloved Son, with whom I am well pleased; listen to him. --Matthew 17:5

cross. • May our lives proclaim Jesus, God's chosen one, to others.

Prayer of the Week

Let us pray in this season of Lent for the gift of integrity. • Father of light, in you I found no shadow of change but only the fullness of life and limitless truth. Open our hearts to the voice of your Word and free us from the original darkness that shadows our vision. Restore our sight that we may look upon your son who calls us to repentance and a change of heart, for he lives and reigns with you for ever and ever. Amen.

Stations of the Cross

On Fridays during Lent, we invite you to join us for the Stations of the Cross at 12(noon).

Confirmation for Adults

Did you or someone you know miss out on receiving the sacrament of Confirmation? If you would like to receive the sacrament of Confirmation there will be a morning class for adults to prepare them to receive the sacrament. The class will be held in the Parish Hall on Saturday, March 19, 9:00 am to 11:30 am. • Please contact our Adult Faith Formation director, Rita Spillane at

In Our Prayers

Daily Mass Intentions March 13 -- March 20

Sun	8:00am	For the People of the Parish
	9:30am	Dids Samonte (+)
	11:00am	Roslyn Kuvakos (+)
Mon	8:00am	Mark Lechich (+)
Tue	8:00am	Bro. Raphael Patton, FSC (+)
Wed	8:00am	Int...Lisa Madrigal
Thu	8:00am	Terence & Maura McCartan (+)
Fri	8:00am	Int...Catherine Koewler
Sat	9:00am	John Silveira (+)
	5:30 pm	For the People of the Parish
Sun	8:00am	Don & Anita Cerqui (+)
	9:30am	Roger Dhesi (+)
	11:00am	Patrick Valenzuela (+)

In Memoriam

Josephine O'Connell • February 27, 2022

Eternal rest grant unto her, O Lord.
And let perpetual light shine upon her.

Please Pray for the Sick

Paulina Cerezo-Rangel, Joetta Connors, Delia & Santiago Chavez, Rosemary Kirrene, Tom Slakey, Bill Blucher, John O'Connor, Pam Milchrist, Diane Peters, Michael Kelly, Brian McKenna, Dick Grutzmacher, Margarita Enriquez, Robert McAleese, Diana Zuniga, Dale Wooldridge, Nancy McGarry, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Ammon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

From the shining cloud the Father's voice is heard:

Meetings & Events

Annual Appeal Continues

The Annual Catholic Appeal is continuing. Please, if you have not yet donated, you can do so by using an envelope found in the vestibule (or received in the mail from the Diocese) or by donating online by going to the website <<https://www.scd.org/catholic-foundation/donate-annual-catholic-appeal>>. There is also a QR code on the donation envelope and on the poster in the vestibule. Remember, 25% of your donation is returned to the parish. (Be sure to write on the donation envelope and on the check in the memo field, "Sacred Heart Parish, Sacramento." This will ensure that we receive credit for your donation. Thank you.)

Crab Feed at Sacred Heart Parish School

Are you ready for a crackin' good time? After a 2-year hiatus, the Sacred Heart School Crab Feed is back! This event will take place under the stars on Saturday April 9 from 5-10 pm. The highlights include our amazing dinner menu of: crab with melted butter, crab cakes, Caesar salad, bread and vegetarian & meat pasta along with our gift basket raffle, photo booth, dancing and dessert auction. Tickets for the event are on sale now through March 25th. Individual tickets are \$75 and table of 10 for \$750. Wine is welcome for a \$10 corkage fee. No host bar. Register for tickets online at: <<https://sacredheartcrabfeed.ticketspice.com/sacred-heart-crab-feed-2022>>.

Altar Society News

The next meeting of the Sacred Heart Altar Society will be held in the Parish Hall on Friday, March 18 at 10:00 am. All members are invited to attend.

Youth Group Update

March looks to be a busy month for the Sacred Heart Youth Group. The group is incredibly excited to be hosting an exciting Lenten service project: *The Sacred Heart Youth Group Charity Cornhole Tournament*. • The tournament will be held on Wednesday, March 30 at 6:30 pm in the Saint Anthony Hall located on the School campus. The tournament is open to students in grades 8 through 12. Proceeds from the event will be donated to Shriner's Children's Hospital to support the amazing work they do to care for sick children in our community. Students will compete in two-person teams to win some excellent prizes. The group is asking for a suggested donation of \$10 per team. We will also be selling refreshments to help raise even more money for this great cause. • The youth group will also meet this Wednesday, March 16 to work on planning and publicity for the tournament. The planning meeting will also be at 6:30 p.m. • If you are a student in grades 8 through 12, please consider joining us for one of our upcoming meetings. • If you have any questions, please do not hesitate to contact Mr. Sunderman <psunderman@sacredheartschool.net>.

Looking for Rosary Makers

The ROMA rosary maker's ministry is returning after a very long break! We are looking for new members. If you know or are interested in learning how to make rosaries, the ROMA rosary maker's ministry is looking for you. The rosaries are donated to nursing homes, hospitals, and Sacred Heart parishioners. The Group meets on the first and third Thursday of the month from 10 to 12 p.m. • If you are interested please contact Tila Madrigal at 916-947-2683 or email <tilamadrigal@gmail.com>.

Academic Decathlon

Congratulations to Sacred Heart Parish School's Academic Decathlon Team! • On Saturday, March 5 we competed against 18 other Catholic schools in ten

different subjects. There were also two team competitions: Logic Quiz and Super Quiz. In the individual subjects these are the results: Amelin P. earned First Place, with a perfect score in Religion; Avelin P. earned First Place in Fine Arts; and James J. earned a Second Place in Math. In the team category Sacred Heart placed Second in Logic. Overall Sacred Heart earned a Second Place! We are grateful to our hardworking students and coaches!

Basketball Season

Basketball season has been exciting at Sacred Heart! Our JV Recreational girls ended the season undefeated! Our Varsity boys are currently playing in the Tournament of Champions and they had an undefeated season in league play. Two weeks ago Varsity boys were the champions of the Monsignor Higgins Tournament at Presentation school. All teams had a great season and we are always proud of our Panthers and their coaches. Congratulations!

Sacred Heart's Schola Cantorum

Schola Cantorum, under the direction of Dr. Donald Kendrick, choir director, is now celebrating their 30th anniversary of bringing great choral music to our church. Don founded the all-volunteer group in 1992 with 8 singers. Today, the group has grown to almost 40 singers. Schola has presented concerts and undertaken numerous international tours and recordings over the years, including two separate performances at the Vatican for two different Popes. For three decades the choir has brought outstanding music to our church. • If you would like to honor their work through a donation, you are invited to visit their website at <scholacantorum.com> and make a tax-deductible donation. • We are blessed and grateful to have such a dedicated and talented choir.

Kathy Dana Art Show

Parishioner Kathy Dana has been selected by PBS-KVIE Gallery for an art show entitled "Ocean Obsession." The show, which runs to April 1, can be seen between 9:00 am -- 5:00 pm, Monday through Friday at 2030 W. El Camino Ave. We encourage you to make a visit to the studio gallery. The paintings are amazing. • Congratulations, Kathy, for the recognition you are receiving for your beautiful paintings and wonderful artistic talent.

Please Remember

Since we do not have security around the church, please, for your child's protection and safety, always accompany him/her to the restrooms located in the church vestibule. We are located on a busy corner with increasing foot traffic.

Support for Advertisers and Local Businesses

During this pandemic, many small businesses in our neighborhood have been struggling due to loss of patronage. Some of these businesses generously advertise in our bulletin, others are nearby shops that are used to serving our parishioners. If you are financially able, please support these neighborhood establishments at this critical time for them. • We thank and appreciate the businesses who choose to advertise in our bulletin, as well as those who serve our East Sacramento neighborhood community.



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