



ILLUSTRATION BY PATT ILLLOULI

Sacred Heart Church

1040 THIRTY-NINTH STREET
SACRAMENTO, CALIFORNIA 95816
916-452-4136
[HTTPS://SACREDHEART.CHURCH](https://sacredheart.church)
OFFICE HOURS: M - F, 8:00 A.M. - 4:30 P.M.

PARISH STAFF

MSGR. ROBERT P. WALTON, PASTOR
SERGIO DIAZ, DEACON

MRS. THERESA SPARKS, SCHOOL PRINCIPAL

PARISH SCHOOL, 856 39TH STREET, 916-456-1576
TILA MADRIGAL, REL. ED. COORDINATOR, 916-947-2683
RITA SPILLANE, RCIA AND
ADULT FAITH FORMATION DIRECTOR, 916-452-4830
PAUL SUNDERMAN, YOUTH MINISTER, 916-456-1576
DR. DONALD KENDRICK, MUSIC DIRECTOR, 916-847-0424

LITURGY SCHEDULE

WEEKEND MASSES:

SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,
AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)

WEEKDAY MASSES:

M - F: 8 A.M.; SAT 9 A.M.
FIRST FRIDAY: 8 A.M. AND 12 NOON
HOLY DAYS: PLEASE SEE BULLETIN
NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)

RECONCILIATION: SATURDAY 4-5 P.M.

BAPTISM: PLEASE CALL RECTORY

MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

Pentecost Sunday

The Holy Spirit's Love Strengthens Us

In the First Reading, we find Pentecost occurred on a great Jewish pilgrimage festival, which explains why there was such a large crowd of Jews present from every nation of the world. This foreshadows the Gospel eventually spreading to all nations. The *strong wind* recalls the Lord's Spirit hovering over the waters on the first day of creation. Pentecost is a *new creation* in which God's people are made into His Church, *Christ's Mystical Body*. • The Responsorial Psalm is a hymn of praise to God for sending out His Spirit to re-create the world. After we had sinned and damaged creation, He came to earth in the flesh, teaching us and loving us to death on the cross. After that, He sent forth His Spirit again to *renew* the earth, making us a *new creation*, no longer subject to the destructive effects of sin. This renewal is not complete, for we live in the *dawning* of God's kingdom, not its fulfillment. We have already received the Holy Spirit, God's down payment on the glory that awaits us. Like all living creatures, we cannot survive if God withholds His breath. Similarly, if He withholds His Spirit, we will spiritually suffocate. If we trust in Jesus and find our strength in Him, we will have nothing to fear, for He gives His Spirit to those who ask for It in His name. This life He gives is so profoundly powerful that even death cannot conquer it. • In the Second Reading, St. Paul attempts to correct the Corinthians' arrogance by teaching them that the gifts of the Spirit are given for the common good, not for personal profit. Each one's gifts complement the other's gifts. We need each other to be complete. To the Romans, St. Paul explains, it is God's Spirit that gives us the strength to say "no" to evil. God is a loving Father, so much so, that He tells us to call Him "daddy" (Abba). His Love gives us the courage and strength to live according to the Spirit. It is difficult to say "no" to temptation, but if we base our strength on God's love for us, then we can let go of the things that harm us. • In the Gospel, Jesus breathes on the disciples to impart the Holy Spirit to them, much the way God breathed His Spirit into Adam to bring him to life. Here, Jesus breathes His Holy Spirit into the disciples, and they have new life in Him.

Faith First

The Spirit is God's love so filled with mercy that it brings us pardon. May we always live according to the Holy Spirit, not presuming God's mercy and knowing all sin is forgivable.

Prayer of the Week

Let us pray in the Spirit who dwells within us. • Father of light, from whom every good gift comes, send your Spirit into our lives with the power of a mighty wind, and by the flame of your wisdom open the horizons of our minds. Loosen our tongues to sing your praise in words beyond the power of speech, for without your Spirit man could never raise his voice in words of peace or announce the truth that Jesus is Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

*Lord, send out your Spirit,
and renew the face of the earth.*
--- Psalm 104

What Does "Spirit" Mean?

A common philosophical definition describes *spirit* as "the life force of living beings." We occasionally use this same concept when we talk about groups like student bodies or athletic teams. Without spirit, there is no enthusiasm, no life. • *Spirit* can also mean the real sense or significance of something. The expression "the spirit of the law" reflects this meaning; so does the expression "the spirit of 76." • In a religious sense, we often refer to God as Spirit. The New Testament has many references to the Spirit in connection with Jesus and his followers. Jesus is conceived by the Holy Spirit; God's Spirit descended on him at his baptism; and the Spirit leads him into the desert. Jesus was filled with the Spirit as he preached and performed miracles. Jesus himself promised to send his followers the Spirit of truth who will glorify him. • Our bedrock Christian belief is that the Holy Spirit is the third person of the Blessed Trinity, of the same "substance" (nature) as the Father and the Son. The Holy Spirit is the breath (Spirit) of the Father with whom Jesus is totally filled. The Spirit is active in the Word and is the gift given by the Father and Son to all of Jesus' followers.

In Our Prayers

Daily Mass Intentions June 5 -- June 12

Sun	8:00am	Int...Rosemary & Jerry Kirrene
	9:30am	Joe McCarthy (+)
	11:00am	For the People of the Parish
Mon	8:00am	Special Intention
Tue	8:00am	Loretta Hocking (+)
Wed	8:00am	John & Mary Twomey (+)
Thu	8:00am	Int...Eduina Oliveira
Fri	8:00am	John Silveira (+)
Sat	9:00am	Jose, Anna & Lucy Oliveira (+)
	5:30pm	Patrick Valenzuela (+)
Sun	8:00am	For the People of the Parish
	9:30am	Michelle Perez (+)
	11:00am	Matthew Prentice (+)

In Memoriam

Joan McKee • April 29, 2022

Eternal rest grant unto her, O Lord.
And let perpetual light shine upon her.

Please Pray for the Sick

Veronica Castillon, Justin Plumhoff, Paulina Cerezo-Rangel, Joetta Connors, Delia & Santiago Chavez, Rosemary Kirrene, Tom Slakey, John O'Connor, Pam Milchrist, Diane Peters, Michael Kelly, Brian McKenna, Dick Grutzmacher, Margarita Enriquez, Robert McAleese, Diana Zuniga, Dale Wooldridge, Nancy McGarry, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Come, Holy Spirit, fill the hearts of your faithful

School Year Ends

Sacred Heart Parish School has dismissed its students for the 2021-2022 school year. We thank all of the school faculty and staff for their untiring work for our school children, especially given the stress of the ongoing pandemic. We hope all connected with the school, adults and children alike, have a restful summer break and return in August, refreshed and ready for new challenges.

Mass Times for Travelers

Going on vacation in the United States? You can easily find out the nearest parish to your destination and when Mass is offered so you don't miss your Sunday obligation. • Just consult <https://masstimes.org/> for information on Masses in the area where you are vacationing.

Children Faith Formation

The Children Faith Formation (CFF) program is now accepting applications for the 2022-2023 Program which will begin on Tuesday, September 6, 2022. The program is available to all Sacred Heart parishioners whose children do not attend Sacred Heart Parish School. Registration information and materials for the 2022-2023 CFF Program are now available in the church vestibule, the parish webpage, or by contacting the CFF Coordinator, Tila Madrigal at tilamadrigal@gmail.com or 916-947-2683.

Read the Bible in a Year

A group of 11 parishioners met to begin listening to the podcast presented by Fr. Mike Schmitz, of Ascension Faith Formation. It was a great beginning of a process that will help to increase our understanding of the Word of God. • You are welcome to join this group for one hour on Monday mornings at 8:45 in the Parish Hall. Call 916-452-4830 for more information.

Rite of Christian Initiation for Adults

We will begin our next RCIA (Rite of Christian Initiation for Adults) in the Fall. • Have you, or someone you know, missed out on receiving some of the sacraments, like First Communion or Confirmation? Have you, or someone you know, thought about becoming a Catholic? The RCIA class prepares adults to receive Baptism (if you have not already been baptized), Reconciliation, First Communion and Confirmation at the Easter Vigil on Saturday, April 8, 2023. • Please call the Ministry Office at 916-452-4830 and leave a message for RCIA director Rita Spillane to learn more about this opportunity.

Parish Financial Report: Third Quarter

The Parish Finance Council has prepared a financial report covering the period of July 1, 2021 through March 31, 2022. A copy of the report is available in the church vestibule for parishioners to pick up and review. • We thank parishioners who are financially supporting the Parish. If you are not, we encourage you to please consider doing so. Please contact the Parish Office to learn about the giving options. Thank you.

Meetings & Events

Reserve Your Place NOW
Farewell Gathering for Father Walton
On Sunday, June 26 from 12:30 to 2:00 pm, the Parish will say farewell to Father Walton at a reception at Sacred Heart Parish School before Father leaves to enjoy retirement on July 1. All are welcome to this Parish community gathering. • Since an outside vendor is providing the ice cream, an initial count is needed by June 8 so please **RSVP** and reserve your Ice Cream Sundae by visiting the Parish's website at www.sacredheart.church today, and click on Father Walton Goodbye Party, and use Signup Genius. • If you are without a computer or having trouble, call the Parish Office, 916 452-4136 ext. 2 and speak with Amy.

Altar Society News

The flowers which will adorn the Blessed Sacrament Altar this month are being provided by the Altar Society.

Congratulations to the SH School Grads

Last week, Sacred Heart 8th graders graduated and are now moving on to high school in the fall. They are part of a tradition of more than 80 years, taking their Sacred Heart knowledge and using it as a base for the rest of their education. This year's class is: Julia Bornia, Sophia Brennan, Jarvis Brown, Sophia Bryant, Reiner Caneda, Lyla Chavez, Mercy Collier, Max Ford, Madeline Groppo, Liam Higgins, Stevie Hughes, James Johnston, Colton Kapicka, Maya Kapur, Reed Knapp, Emma Kolitsos, Charlie Kramer, Addison Laird, James Lazio, Lucy Lederer, Hazel Macko, Daisy Mahan, Ava Montelongo, Jacob Norman, Veronica O'Neill, Sam Oxsen, Gianna Palermo, Will Patton, Alex Quigley, and Addison Smith-Stabler. We are proud of you. Go on to light the world on fire with God's love!

Looking for Rosary Makers

The ROMA rosary maker's ministry is returning after a very long break! We are looking for new members. If you know or are interested in learning how to make rosaries, the ROMA rosary maker's ministry is looking for you. The rosaries are donated to nursing homes, hospitals, and Sacred Heart parishioners. The Group meets on the first and third Thursday of the month from 10 to 12 p.m. • If you are interested please contact Tila Madrigal at 916-947-2683 or email tilamadrigal@gmail.com.

Automated External Defibrillator (AED)

The Parish has installed an automated external defibrillator (AED). The device is located in the hallway from the church nave leading to the sacristy (the door near the St. Anne Chapel). An AED is a portable device that checks the heart rhythm and then sends an electric shock to restore normal rhythm. • The Parish is always collecting the names of parishioners with medical and/or CPR certification to be members of the Parish Medical Response ministry. • If you have medical training and would like to be part of this ministry, please contact the Parish Office at 916-452-4136 ext. 2.

Please Remember

Since we do not have security around the church, please, for your child protection and safety, always accompany him/her to the restrooms located in the church vestibule. We are located on a busy corner with increasing foot traffic.

Camp Pendola Registration

Kids 6 to 17 are eligible to attend Camp Pendola, the summer camp operated by the Diocese of Sacramento. Located in Camptonville CA in the Tahoe National Forest, the camp offers traditional summer camp fun such as hiking, arts and crafts, and campfires. • For more information and registration, visit <https://www.pendola.org/>.



EL DORADO SAVINGS BANK

John Cook - Chief Executive Officer
George Cook, Jr. - Chairman of the Board
4768 J Street • 916-454-4800
5500 Folsom Blvd • 916-452-2613

EMERGENCY J & J Plumbing

Contractor's License # 552529

Plumbing ♦ Remodels
Sewer & Drain Work

Ed: 761-4990 or 455-9432

RICH CAZNEAUX

REAL ESTATE GROUP

(916) 454-0323

eastsac.com

CaIDRE#01447558



COLDWELL BANKER
REALTY



All ages & levels
taught by
Riverdance Star

McKEEVER

SCHOOL OF IRISH DANCE
SACRAMENTO, CALIFORNIA

McKeeverDance@gmail.com



DRE#
01913499



Lindsey McLaughlin
916-995-5944
L.WatermanRE@gmail.com
PARISHIONER



Buy & Sell
with Lindsey!



916-638-4554

Owned and Operated by the Lewis Family
Parishioners and Alumni
www.nationalgaragedoor.com



Sharon's Garden Childcare
Creative Learning Environment
Ages 3-5



Childcare FT & PT ♦ 7am - 7pm

Dennis: 916-988-2669

(4th Degree Knight of Columbus)

2 FREE Hours w/Registration

Breakfast, Lunch, Snacks incl.

Open House: Saturdays 11am - 1pm



W.F. Gormley & Sons
Family Tradition of Dignified
& Compassionate Service
www.gormleyandsons.com
916 443-6513 Fd#134
Funeral Directors since 1897



(916) 531-7495

Happily helping Sacred Heart
parishioners and neighbors
for decades!

Call: David Kirrene

DRE Brokers License #01115041

DUNNIGAN
Realtors



CALIFORNIA PROLIFE
For this we pray!
Californiaprolife.org

The
Casagrande Family
Proud supporters of
Sacred Heart



Church & School



24 Hour National Pregnancy HELP HOTLINE:
1-800-712-HELP (4357) or www.optionline.org



Play*
Inspire*
Educate*
MGAsoccer.com
Maverick Goalkeeper Academy



Consult with a team
you can trust!

Rick Brown &
Margo Reid Brown

(916) 716.8713



Lic. #02031539
& 02031538



LYON
REAL ESTATE

CAPITAL
PEDIATRIC DENTISTRY



David J. Crippen, DDS, Inc.
920 29th Street
Sacramento, CA 95816
Phone: (916) 476-3972
www.capitalpd.com



Mercy McMahon Terrace

Across from Sacred Heart Church
Assisted Living At It's Best

3865 J St • 916-733-6510

Protecting Our Seniors During Difficult Times

www.mercymcmahonterrace.org

Holy Communion Available + Mass on Saturdays

MARY KAY®

Isabelle
Cammarota
Beauty
Consultant

916-247-6279

Call or text

Virtual / in-person, try before you buy!
www.marykay.com/isabellec

