



ROMAN CATHOLIC DIOCESE OF SACRAMENTO

ILLUSTRATION BY PATT ILLOULI

# *Sacred Heart of Jesus Parish*

1040 THIRTY-NINTH STREET  
SACRAMENTO, CALIFORNIA 95816  
916-452-4136  
[HTTPS://SACREDHEART.CHURCH](https://sacredheart.church)  
OFFICE HOURS: M - F, 8:00 A.M. - 4:30 P.M.

#### PARISH STAFF

REVEREND MARK R. RICHARDS, PASTOR  
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PAUL SUNDERMAN, YOUTH MINISTER, 916-456-1576  
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#### LITURGY SCHEDULE

##### WEEKEND MASSES:

SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,  
AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)

##### WEEKDAY MASSES:

M - F: 8 A.M.; SAT 9 A.M.

FIRST FRIDAY: 8 A.M. FOLLOWED BY A HOLY HOUR

HOLY DAYS: PLEASE SEE BULLETIN

NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)

RECONCILIATION: SATURDAY 4-5 P.M.

BAPTISM: PLEASE CALL RECTORY

MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

# 20th Sunday in Ordinary Time

## Stepping out in Faith & Trust

These past Sundays we have heard about the need to trust in God, not in our own riches. This Sunday takes this theme one step further, telling us that if we hold on to God, we'll have to endure persecution. • The First Reading speaks of the Prophet Jeremiah's persecution. Jeremiah had been called by God to warn the Israelites of their pending destruction if they did not turn away from their decadence. They ignored him, continued in their sin, but when the foretold destruction came, they blamed Jeremiah and tried to kill him. Ironically, a foreigner intervened, and he was saved. • The Responsorial reminds us of the suffering we will incur when witnessing to God's word in our lives. Often the reaction to suffering is depression, anger, or frustration. Like the psalmist, we wonder why God is not helping us, why He is not intervening for us after we have waited so long. Truth requires great humility, realizing that our understanding of what God is calling us to be, will grow over time. • So, in the Second Reading, St. Paul exhorts us to persevere in running the race that lies before us, unburdening ourselves of all the sinfulness that weighs us down. If we really understood how much Jesus has done for us, then we'd be willing to do whatever it took to live in His love. St. Paul reminds

## Faith First

us of all who have gone before us in Faith, beginning with Jesus, enduring horrible things out of love for us. This love should inspire the strength we need to reject temptation and imitate the previous exemplars. • We should not be surprised when Jesus tells us that He came to bring division not peace, for living God's love brings rejection, often by those closest to us. We may not have to die or be tortured for our Faith, but we will be made fun of or taken advantage of. May we have the grace to live our Faith, whatever the cost, remembering the ultimate goal of eternal heavenly peace and bliss with Our Lord and those who have gone before us in Faith.



**Putting Faith into Action:  
Reflection Questions for the Week**

*I have come to set the earth on fire, and how I wish it were already blazing! There is a baptism with which I must be baptized, and how great is my anguish until it is accomplished! (Luke 12)*

- Do I find the fire of Jesus comforting or disturbing or both?
- How has Jesus transformed me?
- How can I transmit the fire of God in my life to others?

## Elements of the Liturgy: The Penitential Act

In the Penitential Act, the whole assembly, recognizing ourselves as sinful before God, and in need of continuing conversion, seeks reconciliation with God and each other. After an invitation to recall our sinfulness and a period of silent reflection, there is a common proclamation of our sin in either the *Confiteor (I confess...)* or a set of invocations incorporated into the *Kyrie (Lord, have mercy...)*. The priest then concludes with the absolution, the prayer requesting forgiveness.

## In Our Prayers

### Daily Mass Intentions August 14 -- August 21

<b>Sun</b>	8:00am	Don & Anita Cerqui (+)
	9:30am	John O'Connor (+)
	11:00am	For the People of the Parish
<b>Mon</b>	8:00am	For the People of the Parish
<b>Tue</b>	8:00am	Charles Carey (+)
<b>Wed</b>	8:00am	Frank A. Werry (+)
<b>Thu</b>	8:00am	Jose, Anna & Lucy Oliveira (+)
<b>Fri</b>	8:00am	Phillip Fougere (+)
<b>Sat</b>	9:00am	Special Intention
	5:30pm	For the People of the Parish
<b>Sun</b>	8:00am	Roger Dhesi (+)
	9:30am	John & Carolyn Reid (+)
	11:00am	Lorraine Cutting (+)

### In Memoriam

#### Peter Conaty • July 31, 2022

Eternal rest grant unto him, O Lord.  
And let perpetual light shine upon him.

#### Please Pray for the Sick

Steve Barry, Justin Plumhoff, Paulina Cerezo-Rangel, Joetta Connors, Delia & Santiago Chavez, Diane Peters, Michael Kelly, Brian McKenna, Dick Grutzmacher, Margarita Enriquez, Robert McAleese, Diana Zuniga, Dale Wooldridge, Nancy McGarry, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

**My sheep hear my voice, says the Lord;**

## Saint of the Week:

Saint Bernard of Clairvaux – August 20

St. Bernard of Clairvaux was a 12th century monk and theologian who was known for his ability to arbitrate disputes. He counseled kings and popes, yet valued the time he spent in prayer and contemplation.

He wrote much on the Blessed Virgin Mary and is known for emphasizing the importance of *Lectio Divina*, the practice of reflecting on Sacred Scripture and applying it to one's daily life.

St. Bernard founded the Cistercian order, a stricter branch of the Benedictines, at the Clairvaux Abbey. St. Bernard is the patron saint of beekeepers and candlemakers.

## Prayer of the Week

Almighty God, ever-loving Father, your care extends beyond the boundaries of race and nation to the hearts of all who live. May the walls, which prejudice raises between us, crumble beneath the shadow of your outstretched arm. We ask this through Christ our Lord. Amen.

## Meetings & Events

### Church in Latin America:

#### Special Collection

This weekend, we take up the Collection for the Church in Latin America. Many people in Latin America and the Caribbean do not have access to church programs and ministries because of a rising secular culture, difficult rural terrain, and a shortage of ministers. Your generosity makes it possible for our brothers and sisters in Latin America and the Caribbean to share in the life of the Church and grow closer to Christ. Please be generous! To learn more, visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america).

### Bible in a Year

Meets every Monday at 8:45 in the Parish Hall to listen to the podcast presented by Fr. Mike Schmitz, of Ascension Faith Formation. Join Us!

### Christian Initiation of Adults

We will begin our next RCIA (Rite of Christian Initiation of Adults) in the Fall. Have you, or someone you know, missed out on receiving some of the sacraments, like First Communion or Confirmation? Have you, or someone you know, thought about becoming a Catholic? The RCIA class prepares adults to receive Baptism (if you have not already been baptized), Reconciliation, First Communion and Confirmation at the Easter Vigil on Saturday, April 8, 2023. Please call the Ministry Office at 916-452-4830 and leave a message for RCIA director Rita Spillane to learn more about this opportunity.

### Children's Faith Formation

The Children's Faith Formation (CFF) Program is now ac-

cepting applications for the 2022-2023 Program. Registration packets are available in the vestibule. There will be a registration table in the church vestibule August 27/28 at all Masses. A required parent orientation meeting is scheduled for Monday, August 29, 2022, from 6:30-8:00 pm at the Parish Hall. Religious education classes are for children in grades 1st-8th attending a non-Catholic school. Preparation for First Holy Communion and Confirmation are also available for children. Classes will begin on September 6, 2022, on Tuesdays from 4:00 to 5:00 pm at Sacred Heart Parish School, located at 856 39th Street. If you have any questions please contact Tila Madrigal, CFF Coordinator at (916) 947-2683 or email [tilamadrigal@gmail.com](mailto:tilamadrigal@gmail.com)

### The Assumption of the Blessed Virgin Mary

The feast this year falls on a Monday and therefore, it is not a Holy Day of Obligation. Mass will be at 8am that day on August 15.

### Your Generosity Acknowledged

Thank you to everyone who contributed to The Society of St. Vincent de Paul food collection in July. Families and individuals who live in the St. Mary's and Sacred Heart of Jesus Parish areas appreciate your generosity. The next food collection will be August 27/28.

### First Day of School

We welcome our new and returning students to Sacred Heart Parish School this week. Please keep our young parishioners and school staff in your prayers.



### Sacred Heart Children's Choir

Great news! Dr. Donald Kendrick is forming a professional level Children's Choir this Fall and will accept auditions for students in Grade 5, 6, 7, and 8.

The choir will meet Tuesdays and Thursdays from 3:30-4:45 PM in the Parish Hall starting on August 22 with membership dues of \$50 per semester. Successful candidates will receive the highest level of music and theory lessons from top professionals in the field and will appear in concert with Schola Cantorum and also with the Sacramento Choral Society and Orchestra in Memorial Auditorium and in the brand new SAFE Credit Union Performing Arts Center. Don't miss this amazing opportunity for your child. For an audition please contact Dr. Kendrick at [kendrick@csus.edu](mailto:kendrick@csus.edu) or by calling (916) 847-0424.



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