



ROMAN CATHOLIC DIOCESE OF SACRAMENTO

ILLUSTRATION BY PATT ILLOULI

Sacred Heart of Jesus Parish

1040 THIRTY-NINTH STREET
SACRAMENTO, CALIFORNIA 95816
916-452-4136

[HTTPS://SACREDHEART.CHURCH](https://sacredheart.church)

OFFICE HOURS: M - F, 8:00 A.M. - 4:30 P.M.

PARISH STAFF

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LITURGY SCHEDULE

WEEKEND MASSES:

SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,
AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)

WEEKDAY MASSES:

M - F: 8 A.M.; SAT 9 A.M.

FIRST FRIDAY: 8 A.M. FOLLOWED BY A HOLY HOUR

HOLY DAYS: PLEASE SEE BULLETIN

NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)

RECONCILIATION: SATURDAY 4-5 P.M.

BAPTISM: PLEASE CALL RECTORY

MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

Third Sunday in Ordinary Time

Readings - Sunday, January 22nd

Isaiah 8:23-9:3

1 Corinthians 1:10-13, 17

Matthew 4:12-23



Faith First

Out of Darkness, into Light

The theme of the First Reading is one of being led out of the darkness of present gloom into the great light of the Lord. The northern part of Israel was considered contaminated by pagan influences, for most of that area was Gentile. Isaiah promises a future hope of restoration where the Lord would call them from that darkness into light, as only He could do. • The Responsorial is a psalm of trust wherein we place ourselves into the hands of a loving God. Here again we find the theme of light and salvation. This psalm is a tremendous act of faith, especially when we want to believe and are unsure. • In the Second Reading, St. Paul addresses the difficulty of divisions arising in the community, for the new Christians were not yet mature in the faith. Though claiming fidelity to the Gospel, they betrayed it in what they said and did to each other. St. Paul wants his audience to realize that they are living in a worldly manner, only looking out for their own profit, not living the wisdom of the cross, which is one of service and

sacrifice, making others more important than self. • Once again, St. Matthew wants us to know that Jesus fulfills the prophets. Since it seemed absurd to the Jews that Jesus could have come from a region corrupted by Gentile ways, i.e., Galilee, St. Matthew wants to show that not only is it possible, but it was foretold so. Jesus preaches turning away from sin to embrace God's kingdom, experi-

enced here and now when we make God the center of our lives. – The importance of Jesus calling the Apostles is to show us that when serving Him, God asks us to use our talents and experience to serve others.

Putting Faith into Action: Reflection Questions for the Week

"I urge you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree in what you say, and that there be no divisions among you, but that you be united in the same mind and in the same purpose." (1 Corinthians 1)

- Where do I see light and darkness in our world today?
- How can I use my strengths and weaknesses to build up my parish community?
- Do I avoid cliques and factions in my Christian communities?
- How can I encourage and listen to diverse voices in the groups I belong to?

Elements of the Liturgy: The Preface

The solemn beginning of the Eucharistic Prayer begins with the Preface. The Preface itself begins with an opening dialogue between the priest and the congregation (*"The Lord be with you;" "And with your spirit;" Lift up your hearts..."*). This dialogue serves to unite them, as the priest, speaking on behalf of the people, continues with a prayer of praise focused on the particular season or feast, leading all to join the angels and saints in acclaiming the *Sanctus* (*the "Holy, holy..."*).

In Our Prayers

Daily Mass Intentions

January 22-29, 2023

Sun	8:00am	Antonio Vucica & family
	9:30am	The People of the Parish
	11:00am	Bro. Gene Thomas, MSC (+)
Mon	8:00am	Don, Philip & Izzy Ingoglia (+)
Tue	8:00am	Int...Irene Stone 103rd birthday
Wed	8:00am	Fr. Richard McBrien (+)
Thu	8:00am	Special Intention
Fri	8:00am	Celso Brida (+)
Sat	9:00am	Terry Stone (+)
	5:30pm	Brian Strickley (+)
Sun	8:00am	The People of the Parish
	9:30am	Holy Souls
	11:00am	Bonnie Vail (+)

In Memoriam

Let us pray for all those who have died
and are in need of prayer.
May they enjoy peace, happiness and light.

Please Pray for the Sick

Chris Schmidle, Megan Panson, Robin Aurelius, Steve Barry, Justin Plunhoff, Paulina Cerezo-Rangel, Joetta Connors, Delia & Santiago Chavez, Michael Kelly, Brian McKenna, Dick Grutzmacher, Margarita Enriquez, Robert McAleese, Diana Zuniga, Dale Wooldridge, Nancy McGarry, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Dena Foster-Cook, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, Norma Clark, Robert Clark, Jr.

Jesus proclaimed the Gospel of the kingdom

Saint of the Week:

Saint Thomas Aquinas – January 28



Saturday • January 28

St. Thomas Aquinas was a Dominican priest who lived in the 13th century. He is considered one of the Doctors (great teachers) of the Church. St. Thomas was influenced by the philosopher Aristotle and was known for his logical and reasoned approach to theology.

His best known work is *Summa Theologica* (Summary of Theology), which ironically, he was never able to finish.

His “Five Ways” which are included in the book are his logical proofs for the ex-

istence of God. These are the ways we can logically conclude that God exists. They are Motion, Efficient Cause, Possibility and Necessity, Graduation, and Design.

He is the patron saint of academics, book sellers, pencil makers, and philosophers.

Prayer of the Week

Almighty Father, the love you offer always exceeds the furthest expression of our human longing, for you are greater than the human heart. Direct each thought, each effort of our life, so that the limits of our faults and weaknesses may not obscure the vision of your glory or keep us from the peace you have promised. We ask this through Christ our Lord. Amen.

Meetings & Events

Braided Lives

The Sisters of Mercy in Sacramento, 1857-2008

by Sister Mary Katherine Doyle, RSM,

Meet the author - a native of Sacramento and a member of the Sisters of Mercy of the Americas, West-Midwest Community. Sister will be in the vestibule this Sunday, January 22, with copies of her book. Stop by for a signed copy. Join

us for her presentation on **Monday evening, January 23rd at 7:00 pm at Sacred Heart School cafeteria.** Sister will talk about her book and answer questions.

Altar Society News Annual Membership Drive

Members will be in the vestibule this weekend, January 21-22 for you to renew membership or to become a member. Dues are only \$20 per family. Thank you for your support.

Charitable Donation Statements

For a statement of your annual contributions, please contact Amy....She would be happy to send it to you by post or email. Due to rising costs of postage, the statements are sent out by request only. Thank you for your understanding.

Men's Retreat - Feb. 17-19 Women's Retreat - Feb 24-26

Join us for a relaxing, spiritually insightful weekend (Friday evening to Sunday noon) at the Christ the King Passionist Retreat Center, a sacred place located in nearby Citrus Heights. Don't miss out on this wonderful experience of spiritual & physical renewal. Register online at www.ChristTheKingRetreatCenter.org

Food Donation Weekend

The weekend of January 28/29, is our next food donation to support our Society of St Vincent DePaul and the Catholic Newman Center. Our pantry is in need of Marinara sauce, spaghetti, peanut butter, jam/jelly, small boxes of crackers, brownie, cookie or cake mixes along with frosting, canned fruit and vegetables, salad dressing, mayo, mustard, canned

meat such as chicken, ham, and SPAM. Many families in the St Mary's and Sacred Heart of Jesus Parishes rely on assistance from our food pantry. Food items for the students that visit the Newman Center at Sac State are also welcome. Think of grab and go, ready to eat, individual size items such as instant soup/meal in a cup, Top Ramen, energy/granola bars, instant oatmeal/cereal, fruit/dessert cups, tuna/chicken salad individual pouch/can, dried fruit/nut snack packs, small cracker packages, microwave popcorn and hot coco packets. When selecting items please keep in mind students only have access to a microwave and hot water. Many students that visit the Newman Center rely on your donations to get

them through the school day and study hours. A bag filled with non-perishable, unexpired food may be left inside the altar rail. Thank you for your ongoing generosity!

2023 Saints Day Calendars

Calendars for 2023 are now available in the church vestibule. Please feel free to pick up one.

Heart of the Revival Newsletter



Be Inspired: Subscribe at:
www.eucharisticrevival.org



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