



ROMAN CATHOLIC DIOCESE OF SACRAMENTO

ILLUSTRATION BY PATT ILLOULI

# *Sacred Heart of Jesus Parish*

1040 THIRTY-NINTH STREET

SACRAMENTO, CALIFORNIA 95816

916-452-4136

[HTTPS://SACREDHEART.CHURCH](https://sacredheart.church)

OFFICE HOURS: M - F, 8:00 A.M. - 4:30 P.M.

## PARISH STAFF

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## LITURGY SCHEDULE

### WEEKEND MASSES:

SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,

AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)

### WEEKDAY MASSES:

M - F: 8 A.M.; SAT 9 A.M.

FIRST FRIDAY: 8 A.M. FOLLOWED BY A HOLY HOUR

HOLY DAYS: PLEASE SEE BULLETIN

NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)

RECONCILIATION: SATURDAY 4-5 P.M.

BAPTISM: PLEASE CALL RECTORY

MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

# The Most Holy Body and Blood of Christ - Corpus Christi

## Readings

Sunday, June 22



**Genesis 14:18-20** – Melchizedek, king of Salem and priest of God, brought bread and wine and blessed Abram. Abram gave Melchizedek a tenth of everything.

**Psalms 110** – The Lord declares an eternal priesthood in the line of Melchizedek, promises victory over enemies, and assures divine authority and power.

**1 Corinthians 11:23-26** – Jesus instituted the Eucharist at the Last Supper, saying the bread is his body and the cup is the new covenant in his blood, to be done in remembrance of him.

**Luke 9:11b-17** – Jesus fed a crowd of five thousand with five loaves and two fish. He blessed and broke the food, distributing it through his disciples. Everyone was satisfied, and twelve baskets of leftovers were collected.

## Friday, June 27 – Solemnity of the Most Sacred Heart of Jesus

This year marks the 350<sup>th</sup> anniversary of the revelation of the devotion to the Sacred Heart of Jesus to Saint Margaret Mary Alacoque. On this, our parish's patronal feast day, we celebrate the love of Jesus for all people. His heart is a symbol of His care, kindness, and mercy. This feast helps us remember how much He gave for us,



## Faith First

especially through His suffering and death on the cross. It is a reminder that His love never ends. He is always there for us, inviting us to come to Him when we are tired or feel alone, His heart is open to everyone who needs comfort and peace.

The Sacred Heart also calls us to love others as Jesus loves us. We are invited to share God's love with our families, neighbors, and even strangers, bringing kindness and healing to the world.

On this day, we pray that Jesus will help us have hearts like His. We ask Him to teach us to forgive, to show mercy, and to care for others. Through prayer and trust in His love, we grow closer to Him and learn to love more deeply. This feast is a chance to reflect on His love and to renew our commitment to live as His followers.

"Jesus, meek and humble of heart, give us hearts like yours."

## Putting Faith into Action:

*"Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd." (Luke 9)*

- How can I express my gratitude for the gift of the Eucharist in my daily life?
- What does the feeding of the crowd teach me about God's care for my spiritual needs?
- In what ways can I share God's blessings with those in need?

## Prayer of the Week

Lord Jesus Christ, we worship you living among us in the sacrament of your body and blood. May we offer to our Father in heaven a solemn pledge of undivided love. May we offer to our brothers and sisters a life poured out in loving service of that kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. Amen.



## In Our Prayers

## In Memoriam

### Daily Mass Intentions June 22 - 29

Sun	8:00am	Jonas Minton (+)
	9:30am	Bill Blucher (+)
	11:00am	The People of the Parish
Mon	8:00am	Int...Nora Trujillo
Tues	8:00am	The Silveira-Oliveira Family (+)
Wed	8:00am	Bonnie Cruickshank (+)
Thu	8:00am	Cornelius Crowley (+)
Fri	8:00am	Int...David LeBlanc
Sat	9:00am	Special Intention
	5:30pm	June Peters (+)
Sun	8:00am	Roger Dhesi (+)
	9:30am	Kathleen Phelan (+)
	11:00am	The People of the Parish



Let us pray for all those who have died and are in need of prayer. May they enjoy peace, happiness and light.

## Please Pray for the Sick

Judy Lee, Alice Bueb, Robert Steffens, Jeannine Rowser, Lois Considine, Thomas Still, Marion Slakey, Tom Slakey, Valerie Hoag, Carrie Dorsey, Cynthia Speed, Dave Wisner, Diane De Silva, Linda Childress, Vicki Lydecker, Susie Fogg, Megan Panson, Steve Barry, Paulina Cerezo-Rangel, Delia Chavez, Michael Kelly, Dick Grutzmacher, Robert McAleese, Diana Zuniga, Dale Wooldridge, Nancy McGarry, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Dena Foster-Cook



**I am the living bread that came down from heaven, says the Lord;**



## Pope Leo XIV's Prayer to the Sacred Heart of Jesus

*As June is traditionally considered the month dedicated to the Sacred Heart of Jesus, Pope Leo XIV released a new prayer.*

Lord, I come to your tender heart today,  
to you who have words that set my heart ablaze, to you who  
pour out compassion on the little ones and the poor,  
on those who suffer, and on all human miseries.

I desire to know you more, to contemplate you in the  
Gospel, to be with you and learn from you and from the  
charity with which you allowed

yourself to be touched by all forms of poverty.  
You showed us the Father's love by loving us without  
measure with your divine and human heart.  
Grant all your children the grace of encountering you.  
Change, shape, and transform our plans, so that we seek  
only you in every circumstance:  
in prayer, in work, in encounters, and in our daily routine.  
From this encounter, send us out on mission, a mission of  
compassion for the world in which you are the source  
from which all consolation flows.  
Amen.



## Meetings & Announcements

this weekend

### Missionary Cooperative Appeal

The Missionary Cooperative Appeal is an annual program designed to increase awareness of missionary work and raise funds to support ongoing evangelization efforts. This year, the Diocese of Sacramento selected 50 different missions to participate in the Appeal. This weekend, Brother Ron Travers, S.C. with The Brothers of the Sacred Heart, will share with us their evangelization efforts on behalf of the Catholic Church and give us an opportunity to support their work. The Brothers of the Sacred Heart in their work as missionaries assist with the education of children in schools and in parish schools of Religion. A second collection will be taken up following the presentation. Envelopes are available in the vestibule. Checks should be made payable to the parish. All funds collected throughout the Diocese will be equally divided among the 50 missionary organizations visiting the Diocese of Sacramento this year. Thank you in advance for your generosity.

### Summer Food Collection



Our summer food collection will be the weekend of **June 28/29**. Our Society of St. Vincent de Paul pantry is in need of cereal, Marinara sauce, spaghetti, canned meat such as chicken, ham, and SPAM, canned fruit and vegetables, meals in a can, peanut butter, jam/jelly, brownies, cookies or cakes mixes along with frosting, salad dressing, mustard and mayo. Please check the Expiration/Best By Date so expired food is not distributed. The students that visit the Catholic Newman Center at Sac State are on summer break the next food collection for them will be in August. Please place your non-perishable food donations just inside the altar rail. Your ongoing generosity supports our neighbors in need. Thank you!

### Sunday Social Ministry

**Sunday Social** is a new parish ministry. The Sunday Social will be held every other weekend after one of the weekend Masses. Check the parish bulletin for details. If you



are interested in volunteering with this new project please call the Parish office and parishioner Connie Ross will contact you with more information. The first Sunday Social will follow the **9:30am Mass on July 6th.**

### Sunday Readings Bible Study Group

We meet weekly on Wednesdays from 4:00 pm - 5:00 pm in the Red Room. Join us to read, study, and meditate on the upcoming Sunday readings (1st/ 2nd readings, Psalm & Gospel). **All are welcome.** If you

are interested, please call the rectory for information & ask for contact info. for Joe Sison or just show up by the side gate/marble statue of Jesus.

### Mass Times for Travelers within the US

Going on vacation in the United States? Find out the nearest parish to your destination and when Mass is offered. Just consult <https://masstimes.org> for info on Masses in the area you are visiting.

### Support our Bulletin Advertisers

We are thankful to the businesses that advertise on the back of our weekly bulletin. They make our bulletin possible by keeping our costs down. Please consider them for your needs.

**June 22** - Grief Support Group  
**June 25** - Sun. Readings Bible Study Group  
**June 26** - Parish Rosary Night  
**June 28/29** - Food Collection  
**July 6** - Sunday Social after 9:30 Mass





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