



ROMAN CATHOLIC DIOCESE OF SACRAMENTO

ILLUSTRATION BY PATT ILOULI

Sacred Heart of Jesus Parish

1040 THIRTY-NINTH STREET
SACRAMENTO, CALIFORNIA 95816
916-452-4136

[HTTPS://SACREDHEART.CHURCH](https://sacredheart.church)

OFFICE HOURS: M - F, 8:00 A.M. - 4:30 P.M.

PARISH STAFF

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SERGIO DIAZ, DEACON
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RITA SPILLANE,

CHRISTIAN INITIATION AND FAITH FORMATION FOR ADULTS DIRECTOR,

CALL THE PARISH OFFICE, 916-452-4136 ext 2

DR. DONALD KENDRICK, MUSIC DIRECTOR, 916-847-0424

LITURGY SCHEDULE

WEEKEND MASSES:

SATURDAY VIGIL 5:30 P.M.; SUNDAY 8, 9:30,
AND 11 A.M. (MUSIC WITH SCHOLA CANTORUM)

WEEKDAY MASSES:

M - F: 8 A.M.; SAT 9 A.M.

FIRST FRIDAY: 8 A.M. FOLLOWED BY A HOLY HOUR

HOLY DAYS: PLEASE SEE BULLETIN

NATIONAL HOLIDAYS: 9 A.M. (NO 8 A.M.)

RECONCILIATION: SATURDAY 4-5 P.M.

BAPTISM: PLEASE CALL RECTORY

MARRIAGE: PLEASE CALL RECTORY SIX MONTHS IN ADVANCE

16th Sunday in Ordinary Time

Readings

Sunday, July 20



Faith First

Genesis 18:1-10a – The Lord appeared to Abraham, who welcomed three visitors with hospitality. One of them promised that Sarah would have a son within a year.

Psalms 15 – Those who live justly, speak truthfully, avoid harm, reject corruption, and act fairly will live with the Lord and never be shaken.

Colossians 1:24-28 – I suffer for you to share Christ's afflictions and reveal the mystery of Christ in you, our hope of glory.

Luke 10:38-42 – Martha, busy with serving, asked Jesus to tell Mary to help her. Jesus said Mary chose the better part by listening to him, and it won't be taken from her.

How do I Become a Catholic as an Adult?

Children born of Catholic parents are usually brought into the Church by Baptism within the first days after birth. But, for those who want to join the Church from the age of seven (the "age of reason") upwards, into adolescence and adulthood, there is a process known as the *Order of Christian Initiation of Adults* [OCIA]. (For those who remember, it used to be *RCIA*, the *Rite of Christian Initiation for Adults*).

For the unbaptized, this includes a period of inquiry and learning about the faith, leading to the celebration of Baptism, Confirmation and Eucharist at the

Easter Vigil. For those already baptized into a non-Catholic faith tradition, there is a similar process which leads to being formally "received into full communion," prior to being confirmed and receiving Holy Communion. This may happen at the Easter Vigil or at another time.



Putting Faith into Action:

"Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her." (Luke 10)

- How do I handle frustrations when things don't go as planned?
- How can I show hospitality in my daily life?
- What are some ways I can balance service and prayer?

Additionally, for those seven or older who may have been baptized Catholic as a child, but never received their Confirmation or First Communion, there are opportunities to complete those "sacraments of initiation" based on the needed level of education in the faith. This is especially important as completing the sacraments of initiation generally is required prior to getting married in the Church, serving as a godparent, or serving in certain ministries.

If you are interested in finding out more about how to become a Catholic or complete your sacraments,

please call the parish office. You can begin your inquiry at any time. But formal classes begin in the Fall. More information will be available in the weeks to come.

Prayer of the Week

Father, let the gift of your life continue to grow in us, drawing us from death to faith, hope, and love. Keep us alive in Christ Jesus. Keep us watchful in prayer and true to his teaching till your glory is revealed in us. Grant this through Christ our Lord. Amen.



In Our Prayers

Daily Mass Intentions July 20 - 27

Sun	8:00am	Int...Christine Paquette
	9:30am	Robert Sullivan (+)
	11:00am	The People of the Parish
Mon	8:00am	June Peters (+)
Tues	8:00am	Stefan Jankowski (+)
Wed	8:00am	Special Intention
Thu	8:00am	Joanne & Joseph Muscatelli (+)
Fri	8:00am	Holy Souls
Sat	9:00am	Gene Vittori (+)
	5:30pm	Int...Nora Trujillo
Sun	8:00am	The People of the Parish
	9:30am	Beverly Mumm (+)
	11:00am	Efren Santiago Andres (+)



In Memoriam

Let us pray for all those who have died and are in need of prayer. May they enjoy peace, happiness and light.

Please Pray for the Sick

Buz Evicci, Christine Paquette, Judy Lee, Alice Bueb, Robert Steffens, Jeannine Rowser, Lois Considine, Thomas Still, Marion Slakey, Tom Slakey, Valerie Hoag, Carrie Dorsey, Cynthia Speed, Dave Wisner, Diane De Silva, Linda Childress, Vicki Lydecker, Susie Fogg, Megan Panson, Steve Barry, Paulina Cerezo-Rangel, Delia Chavez, Michael Kelly, Dick Grutzmacher, Robert McAleese, Diana Zuniga, Dale Wooldridge, Nancy McGarry, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Dena Foster-Cook



Your words, Lord, are Spirit and life;



Sunday Social after 11:00 Mass

Please join us at this week's Sunday Social following the 11:00am Mass to socialize with fellow parishioners and enjoy delicious snacks. This new ministry is scheduled to meet every other weekend after various Masses on a rotating basis.



Sacred Heart Parish School Bookkeeper Needed

Sacred Heart Parish School is looking for a bookkeeper to start as soon as possible, preparing for the new school year. Training will be provided by our current school bookkeeper but bookkeeping background is needed. The Bookkeeper provides day to day fiscal and operational services & computer input/output services in accordance with diocesan recommended internal control procedures. The bookkeeper is accountable to the principal, expected to implement the school mission & to follow the policies of the Diocese of Sacramento.

July Food Collection Soc. of St. Vincent de Paul

Our July food collection will be the weekend of **July 26/27**. Our Society of St. Vincent de Paul pantry is in need of cereal, Marinara sauce, canned meat such as chicken, ham, and SPAM, canned fruit and vegetables, meals in a can, peanut butter, jam/jelly, brownies, cookies or cakes mixes along with frosting, salad dressing, mustard and mayo. Please check the Expiration/Best by Date so expired food is not distributed. The students that visit the Catholic Newman Center at Sac State are on summer break so the next food collection for them will be in August. Please place your non-perishable food donations just inside the altar rail. Thank you, your ongoing generosity supports our neighbors in need.

Grief and Loss Support Group

Connect with others coping with loss in a supportive & safe environment. Weekly meetings on Sundays from 4:00-5:00 pm are guided by a trained facilitator. All are welcome, wherever you may be on your faith journey. Call the parish office for more information.

Meetings & Announcements



expresses the sense of belonging to the Church and **love and trust for the Holy Father**, in communion with Him, as

This Weekend Second Collection Peter's Pence

This week we will take up the Peter's Pence Collection to support the Holy Father's mission in providing immediate emergency and disaster relief, and aid to our brothers and sisters suffering the effects of war, natural disaster, or oppression throughout the world. No matter the size of your offering, it is of great symbolic value: It expresses the sense of belonging to the Church and **love and trust for the Holy Father**, in communion with Him, as Peter's Successor. Envelopes are in the vestibule. Please be generous. For more info, please visit www.obolodisanpietro.va/en.html

Parish Rosary Night

sponsored by K of C Council 953



Thursday, July 24th at 6pm, Sacred Heart Church. All parishioners are welcome to join us every 4th Thurs. at 6pm to pray the rosary together. Children are especially welcome to participate. More info: Mike Smiley (530) 318-9862.

Mass Times for Travelers

Going on vacation in the United States? Find the nearest parish to your destination and information on when Mass is offered at <https://masstimes.org>.



Register now, for **Children's Catholic Faith Formation** (for children not attending a Catholic school)

Forms are in the vestibule and online.



Pilgrimage to Our Lady of Guadalupe & the Colonial Towns of Mexico

Under the Spiritual Direction and Leadership of Rev. Mark Richards

**Sacred Heart Catholic Church
in Sacramento, California**

10-Days: April 13 to 22, 2026

Group Coordinators: Ms. Siobhan Geary & Ms. Tila Madrigal

For more info, view the detailed brochure at www.GoCatholicTravel.com/26013 For questions, please call Tila Madrigal at (916) 947-2683.



July 20 - Sunday Social after 11:00am Mass
July 20 - Grief Support Group
July 23 - Sun. Readings Bible Study Group
July 24 - Parish Rosary Night
July 26/27 - Food Collection





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