



ST. JOSEPH

GUARDIAN OF THE HOLY FAMILY

PARISH

FEBRUARY 1, 2026: FOURTH SUNDAY IN ORDINARY TIME



ST. ANTHONY



ST. ELIZABETH SETON



ST. JOSEPH CHAPEL



ST. PATRICK



ST. THOMAS CHAPEL

Office Address: 167 East Falmouth Hwy., East Falmouth, MA 02536

Phone: 508-548-0108 | Web: www.FalmouthCatholic.org

WEEKEND MASS SCHEDULE

SATURDAY VIGIL

St. Anthony: 4:00 PM
St. Elizabeth Seton: 4:00 PM
St. Patrick: 7:00 PM Brazilian Mass

SUNDAY

St. Anthony: 8:00 AM, 11:00 AM
St. Elizabeth Seton: 10:00 AM
St. Patrick: 9:00 AM, 5:00 PM

DAILY MASS SCHEDULE

St. Anthony

8:00 AM Monday - Friday

St. Elizabeth Seton

9:00 AM Tues, Wed, Thurs

St. Patrick

8:00 AM Saturday

As members of St. Joseph, Guardian of the Holy Family Parish, we strive to grow as disciples of Jesus Christ by encountering His presence in Word and Sacrament, and as His Body, the Church, to participate in Jesus' saving mission by actively sharing our faith and carrying His life and love out into the world.

PARISH CLERGY



Pastor

Rev. Msgr. Stephen J. Avila
frsavila@diocese-fr.org

Parochial Vicar

Rev. Bryan R. Bangs
frbbangs@diocese-fr.org



Deacon James "Gus" Adams:
gadams@falmouthcatholic.org

Deacon Peter M. Guresh:
pguresh@falmouthcatholic.org

Deacon Paul Harney:
pharney@falmouthcatholic.org

Deacon William W. Hays:
whays@falmouthcatholic.org

Deacon Kaique Santos:
ksantos@falmouthcatholic.org

PARISH STAFF

Daniel M. Cunha,
Director of Business & Operations:
dcunha@falmouthcatholic.org - ext. 103

Michael J. Cadieux,
Assistant Director of Operations
mcadieux@falmouthcatholic.org - ext. 105
For Facilities Emergencies Only: 508-415-5617

Maura Polles,
Director of Faith Formation & Evangelization
508-548-3515 - mpolles@falmouthcatholic.org

Thomas P. Palanza Jr., Pastoral Coordinator:
tpalanzajr@falmouthcatholic.org - ext. 102

Jacqueline Hale, Youth Ministry:
jhale@falmouthcatholic.org - ext. 104

Sr. Juleanne Burns, Ministry to the Sick:
508-563-6079

Cindy LaRuffa, Bulletin & Funerals:
bulletin@falmouthcatholic.org - ext. 115

Peg Frederick, Baptisms & General Inquiries:
office@falmouthcatholic.org - 508-548-0108

Mary Voci, Registration & General Inquiries:
office@falmouthcatholic.org - 508-563-7770

ST. JOSEPH PARISH MUSIC MINISTRY DIRECTORS

Kathleen A. Kanaley,
St. Anthony Church
kkanaley@falmouthcatholic.org

Kari L. Fietek,
St. Elizabeth & St. Joseph
kfietek@falmouthcatholic.org

Barbara K. Leighton,
St. Patrick & St. Thomas
bleighton@falmouthcatholic.org

CHURCH & CEMETERY LOCATIONS & CONFESSION & ADORATION TIMES

St. Anthony of Padua Church
167 E. Falmouth Hwy., E. Falmouth
Office Hours: 9am-3pm, Mon-Fri

Confession: Mon. 6-7 pm &
Sat. 3-3:45 pm

Eucharistic Adoration:
Mon. 6-7 pm (except Holidays)

St. Elizabeth Ann Seton Church
481 Quaker Rd., N. Falmouth
(not a mailing address)

Confession: Thur. 9:30-10:30am &
Sat. 3-3:45 pm

Eucharistic Adoration:
Thur. 9:30-10:30 am (w/ Divine Mercy)

St. Patrick Church
511 Main St., Falmouth
(not a mailing address)

Confession: 1st Sat. of the Month,
8:30-9:30am

Eucharistic Adoration:
1st Fri. of the Month, 12-3 pm

St. Anthony Cemetery: 167 E. Falmouth Hwy. | **St. Joseph Cemetery :** 427 Gifford St.

ST. VINCENT DE PAUL SOCIETY - Helpline: 508-563-7775

Office: St. Patrick Church Basement | **Thrift Shop:** 18 Davisville Rd., E. Falmouth, 508-540-0505

MASS INTENTIONS: SAT. JAN 31 - SUN. FEB 8

St. Anthony

Saturday, January 31st

4:00 PM: the Travers, Castleberry, Pingecki, and Clark Families

Sunday, February 1st

8:00 AM: the People of Our Parish

11:00 AM: Richard E Sullivan

Monday, February 2nd

8:00 AM: the Souls in Purgatory

Tuesday, February 3rd

8:00 AM: Jared Andrade (22nd Anniversary)

Wednesday, February 4th

8:00 AM: John O'Callaghan

Thursday, February 5th

8:00 AM: John Wilcox

Friday, February 6th

8:00 AM: Donald O'Driscoll

Saturday, February 7th

4:00 PM: Michael Touhey

Sunday, February 8th

8:00 AM: Diane Sullivan (1st Anniversary)

11:00 AM: Gertrude & Vinny Hayes

St. Elizabeth

Saturday, January 31st

4:00 PM: Robert J. Averill

Sunday, February 1st

10:00 AM: Elizabeth Emond

Tuesday, February 3rd

9:00 AM: Thomas Quinn

Wednesday, February 4th

9:00 AM: Leo Amendola

Thursday, February 5th

9:00 AM: Charles Trusk

Saturday, February 7th

4:00 PM: the People of Our parish

Sunday, February 8th

10:00 AM: Joseph Macaуда

St. Patrick

Sunday, February 1st

9:00 AM: Genevieve Haynes

5:00 PM: Winifred Grant

Saturday, February 7th

8:00 AM: Mary Green

Sunday, February 8th

9:00 AM: Kathleen & Joseph Costa

5:00 PM: James McDevitt

SAINT OF THE WEEK: ST. SIMEON (PRESENTATION OF THE LORD)



St. Simeon is mentioned in the Gospel of Luke. Promised by God that he would not die until he saw the Messiah, Simeon sings a hymn of thanks and praise to God upon seeing the child Jesus when Mary and Joseph bring him to the Temple for the first time. Simeon says, "Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation, which you prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for your people Israel." The hymn is sung each day at Night Prayer.

Jewish law required the first born male child be presented at the Temple and the mother being ritually purified 40 days after giving birth. Celebrated on February 2, the Presentation used to be the close of the Christmas Season. It is also known as Candlemas, when candles are blessed, a reference to Jesus as the "light for revelation."

THIS WEEK AT A GLANCE

SUNDAY, FEBRUARY 1

9:45-10:45 AM: Faith Formation Grades 1-8
St Anthony Basement and Fatima Hall

6:15-7:30 PM: ANCHOR High School Group
St Anthony Fatima Hall

MONDAY, FEBRUARY 2

6:00 PM: Adoration and Confession
St Anthony Church

7:00 PM: Lumen Young Adults: The SEARCH
St Anthony Fatima Hall

TUESDAY, FEBRUARY 3

8:30 AM: Holy Souls Apostolate
St. Anthony Church West Wing

9:40 AM-4PM: Blood Drive
St Anthony Fatima Hall

9:45 AM: Ladies Coffee and Conversation
St Elizabeth Seton basement

7 PM: Knights of Columbus Meeting
St Patrick Basement

THURSDAY, FEBRUARY 5

9:30-10:30 AM: Adoration and Confession
St Elizabeth Seton Church

10:00 AM: Prayer Shawl Ministry
St Anthony Fatima Hall

FRIDAY, FEBRUARY 6

12-3 PM: First Friday Adoration, Divine Mercy,
Benediction
St Patrick

SATURDAY, FEBRUARY 7

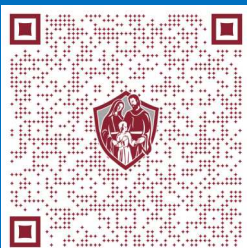
6:00-7:30 AM: That Man is You
St Anthony Basement

10:00 AM: Seasons of Hope meeting
on ZOOM

SUNDAY, FEBRUARY 8

9:45-10:45 AM: Faith Formation Grades 1-8
St Anthony Basement and Fatima Hall

2:30 Community Meal
St Patrick Church



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SCAN THE QR CODE
TO VISIT OUR
FACEBOOK PAGE

MINISTRIES & GROUPS

Coffee and Conversation for Ladies: First Tuesday of the Month, 9:45 St Elizabeth Church

Cough Pillow Ministry: Second Tuesday of the Month, 9AM at St Anthony Fatima Hall.

Couples Club: First Sunday of the Month, evenings (March-December) Time and location change monthly. Contact: Ann Marie Cunha at Annmarie.cunha@gmail.com

Laudato si' Care For Creation Ministry: help us treasure God's gift of creation! Contact Paul Skudder for info: SkudderPaul@gmail.com

High School Youth Nights: Sundays from 6:15--7:30pm at St Anthony Fatima Hall. Contact: Jaqueline Hale a jhale@falmouthcatholic.org

Knights of Columbus: 1st Tues. 7pm. & 3rd Tues. 6:30pm, St Patrick . Email: Richard Castleberry at constantineandgerry@comcast.net

Lumen: Young Adult Group. Mondays 6PM Adoration, 7pm Meeting in Fatima Hall

Men's Club: Communication and events announced through club emails and the bulletin. Contact Joe Amaral at xcgav8r@juno.com

Millions of Monicas: Prayer Group for mother's whose children have left the church. Third Wednesday of the Month 6PM. St Anthony Mary Lou: 508-454-0034

Prayer Shawl Ministry: 1st Thursday of the Month, 10-11am at St Anthony Fatima Hall, Sept-June. Contact Nancy Sharp at 508 548-7317.

Saint Vincent de Paul Society: 2nd Tuesday of the Month 3:00 PM, St Patrick large meeting hall. Contact Kevin MacDonald: macdonajk@aol.com

Seasons of Hope: Sessions for those who mourn start several times/year on Saturday mornings. Contact: Donna at seasonsofhope35@gmail.com

Sisters in Spirit: Events announced in bulletin. Contact: Carolyn Malchodi mycapecodnana@hotmail.com

Summa Society: Study the teachings of St Thomas Aquinas. 4th Sunday of the Month, St Antony basement

That Man Is You: Sat. 6-7:30 am St Anthony, Deacon Paul: pharney@falmouthcatholic.org

HARBOR, VOYAGE AND ANCHOR MEET THIS WEEKEND!

NEXT FAITH FORMATION MEETINGS:

- + **Harbor (Grades 1-5): February 8**
9:45 am - 10:45 am in Fatima Hall
For Harbor questions email
Maura Polles: mpolles@falmouthcatholic.org
- + **Voyage (Grades 6-8): February 8**
from 9:45 am - 10:45 am
in St. Anthony Basement
- + **Anchor (High School): February 22**
6:15 pm - 7:30 pm in Fatima Hall
For Voyage or Anchor questions email
Jacqueline Hale: jhale@falmouthcatholic.org

COFFEE & CATHOLICISM

A gathering for parents to connect, learn, & drink coffee - all while your children are at Faith Formation!

**Sundays, 9:45-10:45 in the
Admin. Office at St. Anthony**

Hosted by Deacon Gus & Lisa Adams

Ministry to the Sick and the Sacrament of the Anointing of the Sick

The Gospels relate how Jesus cared for those who were sick by being present to them, laying hands upon them, and in many instances, healing them. He commissioned His disciples to go forth and do the same in His name.

Outreach to the sick has always been a priority in the ministry of the Church in order to bring Christ and the prayerful support of the Church to them at this critical moment in their lives.

The primary way that the Church brings Christ's presence to the sick is through the Sacrament of the Anointing of the Sick. However, there are other opportunities to be present to the sick as well: the administration of Holy Communion, the "final Communion" known as Viaticum (food for the journey), prayers for the dying, and prayers for the dead. While the Sacrament of the Sick and Viaticum can only be administered by a priest, Holy Communion can be offered by deacons and the faithful trained to administer the Eucharist and prayers for the dying or for those who have died may be prayed by the faithful, including members of the family.

In the past, most parishes had several priests assigned to the parish and would therefore be available, at a moment's notice, to visit those who were seriously ill and near dying. Because of this availability, many families would wait until their loved one was "actively dying" to call the priest, whether that be at home, nursing facility or the hospital. But, that is no longer the case. Most parishes now only have one priest, oftentimes responsible for several churches. While we here in Falmouth have 2 priests, remember we are covering what used to be 4 different parishes. And so, while priests do their best to be present, it is no longer realistic to assume a priest would be available to immediately respond to your request to visit the sick at the hour of their death.

In order to provide the sacraments to loved ones in need, we ask families to contact the parish when a person is seriously ill, infirmed or in advanced age, or prior to serious surgery, but certainly **as soon as a loved one is placed on palliative or hospice care**. This would be the appropriate time to request a priest to administer the sacraments of the Church. Celebrating the Sacraments while a person is still conscious and able to engage in the prayers and the ritual of the Church can be of great spiritual benefit to the person and their family, gathered in prayer. Sometimes, it affords the opportunity for the person to speak privately with the priest and go to confession, or allow them to receive Holy Communion while still able. In this way, the sick person is aware of the support and prayers of the Church in this time of need.

Please contact our parish office if you have any questions or would like someone to visit a loved one.

—Msgr. Avila

SVDP FOOD PANTRY

Coffee, crackers (in sleeves), pasta, Mac and cheese, canned fruit and soup.

HERE TO HELP - SWOT MINISTRY

The St Joseph Men's Club offers parishioners assistance in accomplishing small tasks. The SWOT (Spiritual Workers Odd-Job Taskforce) Ministry is available to provide support for tasks such as moving seasonal furniture, replacing smoke detector batteries, etc. To see if SWOT can help you, call or email Joe Voci at (508)274-2267 or jvvoci@gmail.com.



NOTARY SERVICES AVAILABLE

Dan Cunha, our Director of Business and Operations, is a certified public notary and is happy to offer limited notary services free of charge to our parishioners or for a fee for non-parishioners. Please contact Danny to schedule an appointment by phone 508-548-0108 ext. 103 or by email, dcunha@falmouthcatholic.org

REGISTER AS A PARISHIONER!



If you live in Falmouth, you are automatically a parishioner, BUT, we might not know it! Registering both confirms your commitment to the parish community and also allows us to better serve you! Not sure if you're registered, email the parish office: office@falmouthcatholic.org. Thank you!

CALLED BY NAME: HELPING THE HOLY SPIRIT INCREASE PRIESTLY VOCATIONS

Bishop Edgar would like your help inviting young men to learn more about discerning a priestly vocation! You can submit names on our website or by using the QR code above to visit the Fall River Diocese Vocations website. You can also submit names using the paper cards in church and putting them in the drop boxes near the vocation chalice.



VOCATION TO THE PERMANENT DIACONATE



Any men interested in considering this ordained ministry of service are asked to speak with one of our priests or deacons. Additional information and the preliminary application is found on the diaconate

website www.FallRiverDeacon.com



CEMETERY CHRISTMAS DECORATION CLEANUP BY FEBRUARY 1

Please remove all Christmas decorations from the cemeteries by Sunday, February 1st. After that date, our cemetery staff will remove and discard any Christmas décor. Thank you.

PRAYER SHAWL MINISTRY MEETING

The Prayer Shawl Ministry will meet on Thursday, February 5, 2026 at 10am in Fatima Hall. New members are always welcome.



PILGRIMAGE TO MEDJUGORJE

There is no better time to visit Medjugorje than September 2026 as we celebrate the 45th Anniversary of Our Lady's apparitions. Accompanied by Fr Ed Riley of the Lazarus Center for Healing as our Spiritual Director, this pilgrimage promises to be an extraordinary time of prayer, peace and renewal. Our Lady is calling.

Join us for a 12 day pilgrimage, September 20-October 1, 2026. An optional 4 night extension is available. If a 12 day trip doesn't fit your schedule, accommodations can be made to tailor the trip to you. All-inclusive cost: \$2979. For more information or to reserve your place contact Jenn Canzano at jenncanzano@gmail.com 222.206tours.com/jenncanzano

RETREAT FOR GRIEVING PARENTS

Losing a child under any circumstances is horrific. Focusing on the spirituality of the grieving process can help tremendously. The Emmaus Ministry is for parents whose children of any age have died by any cause, no matter how long ago. Join us for a one day Spiritual Retreat for Grieving Parents on Saturday, March 21st 9:30-6:30 at St Pius X Parish Life Center in South Yarmouth. Registration is required:

Contact Christine at 508-776-6309
or go to: www.emfgp.org



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JPII OPEN HOUSE

Are you looking for a school rooted in faith that provides a top-notch college preparatory experience for your child? Look no further than St John Paul II School, providing Catholic education on Cape Cod for grades 5-12. Sign up for a private tour, send your student to shadow in our Lion For A Day program or visit us at our **Mini Open House on February 5: Grades 5-8 from 9-10:30 AM and Grades 5-12 from 12:30-2:00 PM.** To register, or for more information, please visit www.jpilhyannis.org/admissions or call Admissions Director Michael Wahle at 508-862-6336 X 104.

2025 TAX STATEMENTS

To request your 2025 Contribution Statement, budget envelope users should email office@falmouthcatholic.org with your name, envelope number and whether you would like it emailed or mailed to you. WeShare users can get statements by signing into your WeShare account. If you have trouble logging into WeShare, contact Dan Cunha at 508-548-0108 Ext 103. Thank you!



CREATION CARE MINISTRY



Pope Leo continues to show interest for ecological issues recently saying, "We cannot love God, whom we cannot see, while despising his creatures. Nor can we call ourselves disciples of Jesus Christ without participating in his outlook on creation and his care for all that is fragile and wounded." Contact Dr. Paul Skudder, skudderpaul@gmail.com



Millions of Monicas meets at St Anthony on the 3rd Wednesday of the Month at 6pm. Upcoming dates include: Feb. 25 and March 18. Join with other women as we pray to grow in holiness & humility and for our children's return to the Catholic Church. For more info, contact Mary Lou: 508-454-0034 Or visit www.millionsofmonicas.com

SEVEN SISTERS APOSTOLATE



The Seven Sisters Apostolate encourages prayer for our priests. If you are interested in being a part of this ministry contact Deb Reichheld at deb.reichheld@gmail.com or at (603) 930-8331.



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BLOOD DRIVE

Sponsored by the Men's Club

Tuesday, February 3rd

9:40 am – 4 pm

@ St. Anthony's Fatima Hall - part of St. Joseph
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167 East Falmouth Highway – East Falmouth

Stop & Shop gift card for all donors.

Appointments are required.

To make an appointment please use QR code or visit our donor portal at
<https://srt.capecodhealth.org/donorportal>



For information about the Nicholas G. Xiarhos Blood Donor Program,
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Like us on Facebook: www.facebook.com/capecodbloodcenter

COMMUNITY MEAL: BUILDING COMMUNITY THE JESUS WAY - WITH FOOD!

The Community Meal Ministry hopes to be a place where people can get to know each other. As Jesus ate and drank with all kinds of people, we hope that our shared meal can draw us closer to each other and to Jesus, whose face we see and whose needs are met especially in the most vulnerable of our community.

So far, we have held the meal every other week on Sunday afternoons at St. Patrick church. We are hoping to offer the meal EVERY Sunday, but need more volunteers in order to do so. Please take some time to pray about offering even one Sunday a year to helping the Community Meal! For more information about the program or how to volunteer, please email us at:

CommunityMeal@FalmouthCatholic.org

Or visit our website:

FalmouthCatholic.org/Community-Meal

PRAYER REQUESTS

Intercession - asking on behalf of another - has been characteristic of a heart attuned to God's mercy. Christian intercession participates in Christ's, as an expression of the communion of saints. - Catechism, 2635

Antone Afonso	Margaret Dixon	Jane Leonard	Margery O'Keefe
Natalia Amorim	Aimee Enos	Ginny Lewis	Georgette Ranauro
Jane Bailey	Anthony R Faria Jr	Muriel Locklin	Ann Roderick-Dumain
Eufenia Barboza	Nancy Fay	Cera Lopes	Kathleen Rumston
Debra Beaulieu	Richey Fields	Geraldine Lopes	Margi Ryder
Jonothan Benoit	James Fitzgerald	Jean Lopes	Gabriel Santos
Marjorie Benoit	Marie Lynn Gonsalves	Ed Lucas	Kayla Sharma
Martin Benoit	Dorothy Goodrich	John Mansfield	Nancy Sharp
Faith Bocce	Zach Graham	Dana Marchant	Christopher & Hyla
Danielle Boddie	Trinity LaBeet Green	Brendan McCarthy	Skudder & Family
Constance Brown	Colleen Hamill	Adele McConaghy	Anne Smith
Sandy Chadwick	Chris Hamsbauer	Philip McDonald	Eric Springer
Ryan Copeland	Lisa Hamsbauer	Baby Paul McGrath	John Sprissler
Dick Corey	Gregory Hazelton	Ken McIntyre	Maryann Stavlo
Kim Costa	Maryann Hazelton-	Matthew Mennoma	Patricia Stone
Marianne Dealla Costa	Sharp	Robert Mitchell	John Sullivan
Steve Costa Jr	Lillian Heffernan	Sharon Mitchell	John F Sullivan
Sally Cronin	Anne Hevner	Thomas Mitchell	Lauren Carroll Sullivan
Anne Crowell	Thomas Hevner	Robert Morley	Billy Tobia
Mary Crowell	Dolores Howard	Justine Morton	Tim Twomey
Walter Crowell	Grayson Jack	Bob Moura	Mike White
Susan Cullen	Mary Laves	Jack Murphy	Tara Willis
Dennis Destefano	Cecelia Lajoie	Betty O'Connor	Alice Zylinski
Rev Richard Deveer	Jane Lengyel		

PARISH SUPPORT

Your generosity is not only supplying the needs of the holy ones but is also overflowing in many acts of thanksgiving to God. - 2 Corinthians 9:11

DONATE BY PHONE

Scan the QR code below to donate on Venmo!



WEEKLY TOTALS

January 17 & 18

First Collection: \$10,433.00
Second Collection: \$4,024.00

January 24 & 25

First Collection: \$8,448.00
Second Collection: \$4,031.00

2ND COLLECTION APPLICATION

Jan 31 & Feb 1

Parish Assessment

February 7 & 8

Catholic University of America

WeShare Online Giving:

December: \$33,308.00

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For 2024-2025 retreat dates visit www.echoofcapecod.org or scan at left!

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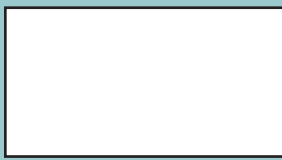
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