



# ST. JOSEPH

## GUARDIAN OF THE HOLY FAMILY

### PARISH

**MARCH 8, 2026: THIRD SUNDAY OF LENT**



ST. ANTHONY



ST. ELIZABETH SETON



ST. JOSEPH CHAPEL



ST. PATRICK



ST. THOMAS CHAPEL

**Office Address: 167 East Falmouth Hwy., East Falmouth, MA 02536**

**Phone: 508-548-0108 | Web: [www.FalmouthCatholic.org](http://www.FalmouthCatholic.org)**

## WEEKEND MASS SCHEDULE

### SATURDAY VIGIL

St. Anthony: 4:00 PM

St. Elizabeth Seton: 4:00 PM

St. Patrick: 7:00 PM Brazilian Mass

### SUNDAY

St. Anthony: 8:00 AM, 11:00 AM

St. Elizabeth Seton: 10:00 AM

St. Patrick: 9:00 AM, 5:00 PM

## DAILY MASS SCHEDULE

### St. Anthony

8:00 AM Monday - Friday

### St. Elizabeth Seton

9:00 AM Tues, Wed, Thurs

### St. Patrick

8:00 AM Saturday

As members of St. Joseph, Guardian of the Holy Family Parish, we strive to grow as disciples of Jesus Christ by encountering His presence in Word and Sacrament, and as His Body, the Church, to participate in Jesus' saving mission by actively sharing our faith and carrying His life and love out into the world.

## PARISH CLERGY



### Pastor

Rev. Msgr. Stephen J. Avila  
frsavila@diocese-fr.org

### Parochial Vicar

Rev. Bryan R. Bangs  
frbbangs@diocese-fr.org



Deacon James "Gus" Adams:  
gadams@falmouthcatholic.org

Deacon Peter M. Guresh:  
pguresh@falmouthcatholic.org

Deacon Paul Harney:  
pharney@falmouthcatholic.org

Deacon William W. Hays:  
whays@falmouthcatholic.org

Deacon Kaique Santos:  
ksantos@falmouthcatholic.org

## PARISH STAFF

Daniel M. Cunha,  
Director of Business & Operations:  
dcunha@falmouthcatholic.org - ext. 103

Michael J. Cadieux,  
Assistant Director of Operations  
mcadieux@falmouthcatholic.org - ext. 105  
For Facilities Emergencies Only: 508-415-5617

Maura Polles,  
Director of Faith Formation & Evangelization  
508-548-3515 - mpolles@falmouthcatholic.org

Thomas P. Palanza Jr., Pastoral Coordinator:  
tpalanzajr@falmouthcatholic.org - ext. 102

Jacqueline Hale, Youth Ministry:  
jhale@falmouthcatholic.org - ext. 104

Sr. Juleanne Burns, Ministry to the Sick:  
508-563-6079

Cindy LaRuffa, Bulletin & Funerals:  
bulletin@falmouthcatholic.org - ext. 115

Peg Frederick, Baptisms & General Inquiries:  
office@falmouthcatholic.org - 508-548-0108

Mary Voci, Registration & General Inquiries:  
office@falmouthcatholic.org - 508-563-7770

## ST. JOSEPH PARISH MUSIC MINISTRY DIRECTORS

Kathleen A. Kanaley,  
St. Anthony Church  
kkanaley@falmouthcatholic.org

Kari L. Fietek,  
St. Elizabeth & St. Joseph  
kfietek@falmouthcatholic.org

Barbara K. Leighton,  
St. Patrick & St. Thomas  
bleighton@falmouthcatholic.org

## CHURCH & CEMETERY LOCATIONS & CONFESSION & ADORATION TIMES

**St. Anthony of Padua Church**  
167 E. Falmouth Hwy., E. Falmouth  
Office Hours: 9am-3pm, Mon-Fri

**Confession:** Mon. 6-7 pm &  
Sat. 3-3:45 pm

**Eucharistic Adoration:**  
Mon. 6-7 pm (except Holidays)

**St. Elizabeth Ann Seton Church**  
481 Quaker Rd., N. Falmouth  
(not a mailing address)

**Confession:** Thur. 9:30-10:30am &  
Sat. 3-3:45 pm

**Eucharistic Adoration:**  
Thur. 9:30-10:30 am (w/ Divine Mercy)

**St. Patrick Church**  
511 Main St., Falmouth  
(not a mailing address)

**Confession:** 1<sup>st</sup> Sat. of the Month,  
8:30-9:30am

**Eucharistic Adoration:**  
1<sup>st</sup> Fri. of the Month, 12-3 pm

**St. Anthony Cemetery:** 167 E. Falmouth Hwy. | **St. Joseph Cemetery :** 427 Gifford St.

**ST. VINCENT DE PAUL SOCIETY - Helpline: 508-563-7775**

**Office:** St. Patrick Church Basement | **Thrift Shop:** 18 Davisville Rd., E. Falmouth, 508-540-0505

# MASS INTENTIONS: SAT. MAR 7- SUN. MAR 15

## St. Anthony

Saturday, March 7th

4:00 PM: Jacqueline Costa

Sunday, March 8th

8:00 AM: Joseph R Grano

11:00 AM: Gary Ham

Monday, March 9th

8:00 AM: Burngarner, Travers, and Pingelski Families

Tuesday, March 10th

8:00 AM: Mareen Smith

Wednesday, March 11th

8:00 AM: H Kerner Smith

Thursday, March 12th

8:00 AM: Joseph and Maria Aguiar

Friday, March 13th

8:00 AM: Anthony Feriera 14 years and Wilhemina Penn 8 years

Saturday, March 14th

4:00 PM: James & Anne Butler, the Horgan and Butler Families

Sunday, March 15th

8:00 AM: Lorraine Mahoney

11:00 AM: Cecile Lino

## St. Patrick

Sunday, March 8th

9:00 AM: Placido Melo

5:00 PM: Christopher Dixon Sr. and Christopher Dixon Jr

Saturday, March 14th

8:00 AM: John Baker and Margaret Scott

Sunday, March 15th

9:00 AM: Elaine Webb

5:00 PM: Helen Beford

## St. Elizabeth

Saturday, March 7th

4:00 PM: Raymond MacDonald

Sunday, March 8th

10:00 AM: Angelina Correia

Tuesday, March 10th

9:00 AM: Jack Driscoll

Wednesday, March 11th

9:00 AM: Fran McDonagh, Eileen "Lovey" Lewey, and Arne Quintiliani

Thursday, March 12th

9:00 AM: Joseph M Carney

Saturday, March 14th

4:00 PM: Parishioners

Sunday, March 15th

10:00 AM: Burns and Colegary

## LIVING THE THREE PILLARS OF LENT: PRAYER, ALMSGIVING, FASTING

Prayer, almsgiving, and fasting are the traditional practices that Catholics are called to focus on during Lent. Prayer provides an opportunity to grow in our spiritual life, to reflect upon our sinful patterns and distractions, and to spend more time focused on God. Almsgiving and fasting are the exterior signs of our interior closeness to God and neighbor which we deepen in prayer. St. Augustine describes fasting and almsgiving as the "two wings of prayer," because they are signs of humility and charity. Almsgiving and fasting are our way, Pope Francis noted, to be like the Good Samaritan "who bent down to his brother in need and took care of him."

There are many ways to deepen our practice of these pillars. Could your prayer life use a refresh? Try receiving the Sacrament of Reconciliation (Confession/Penance) to let go of old spiritual baggage and make room for the love that God longs to pour out into you! Not sure where to start with your relationship with Jesus? Check out our parish Bible study to spend time with the Word of God in small groups and share your experience with other parishioners. Consider fasting from snacks or dessert; tally up what you would have spent on those treats and donate that money to our St. Vincent de Paul Society or collection for Holy Family Catholic Parish in Gaza. However you decide to do it, use this Lent as an opportunity to grow as a disciple of Jesus!

## THIS WEEK AT A GLANCE

### SUNDAY, MARCH 8

9:45-10:45 AM: Faith formation Grades 1-8  
St Anthony Basement and Fatima Hall

6:15-7:30 PM: ANCHOR High School Group  
St Anthony Fatima Hall

### MONDAY, MARCH 9

8:30 AM: Lenten Bible Study  
St Anthony basement hall

6:00 PM: Adoration and Confession  
St Anthony Church

7:00 PM: Lumen Young Adult Group  
St Anthony Fatima Hall

### TUESDAY, MARCH 10

8:30 AM: Holy Souls Apostolate  
St. Anthony Church West Wing

10:00 AM: Cough Pillow Ministry  
St Anthony Fatima Hall

3:00 PM: Safe Environment Training/SVdP Meeting  
St Patrick basement

4:00 PM: Lenten Bible Study  
St Elizabeth basement

### WEDNESDAY, MARCH 11

8:00 PM: Lenten Bible Study  
Online

### THURSDAY, MARCH 12

9:30-10:30 AM: Adoration and Confession  
St Elizabeth Seton Church

6:30 PM: Safe Environment Training  
St Anthony basement hall

### FRIDAY, MARCH 13

11:30 AM: Stations of the Cross and Chowder and Chat  
St Anthony

4:00 PM: Stations of the Cross  
St Elizabeth Seton

### SATURDAY, MARCH 14

6:00-7:30 AM: That Man is You  
St Anthony Basement

10:00 AM: Seasons of Hope meeting  
on ZOOM

### SUNDAY, MARCH 15

9:45-10:45 AM: Faith formation Grades 1-8  
St Anthony Basement and Fatima Hall

2:00 PM: Confirmation  
St Anthony

## MINISTRIES & GROUPS

**Coffee and Conversation for Ladies:** First Tuesday of the Month, 9:45 St Elizabeth Church

**Cough Pillow Ministry:** Second Tuesday of the Month, 9AM at St Anthony Fatima Hall.

**Couples Club:** First Sunday of the Month, evenings (March-December) Time and location change monthly. Contact: Ann Marie Cunha at Annmarie.cunha@gmail.com

**Laudato si' Care For Creation Ministry:** help us treasure God's gift of creation! Contact Paul Skudder for info: SkudderPaul@gmail.com

**High School Youth Nights:** Sundays from 6:15--7:30pm at St Anthony Fatima Hall. Contact: Jaqueline Hale a jhale@falmouthcatholic.org

**Knights of Columbus:** 1st Tues. 7pm. & 3rd Tues. 6:30pm, St Patrick . Email: Richard Castleberry at constantineandgerry@comcast.net

**Lumen:** Young Adult Group. Mondays 7PM St Anthony Fatima Hall

**Men's Club:** Communication and events announced through club emails and the bulletin. Contact Joe Amaral at xcgav8r@juno.com

**Millions of Monicas:** Prayer Group for mother's whose children have left the church. Third Wednesday of the Month 6PM. St Anthony Mary Lou: 508-454-0034

**Prayer Shawl Ministry:** 1st Thursday of the Month, 10-11am at St Anthony Fatima Hall, Sept-June. For info or shawls, contact Maureen 774-305-5171

**Saint Vincent de Paul Society:** 2nd Tuesday of the Month 3:00 PM, St Patrick large meeting hall. Contact Kevin MacDonald: macdonajk@aol.com

**Seasons of Hope:** Sessions for those who mourn start several times/year on Saturday mornings. Contact: Donna at seasonsofhope35@gmail.com

**Sisters in Spirit:** Events announced in bulletin. Contact: Carolyn Malchodi mycapecodnana@hotmail.com

**Summa Society:** Study the teachings of St Thomas Aquinas. 4th Sunday of the Month, St Antony basement

**That Man Is You:** Sat. 6-7:30 am St Anthony, Deacon Paul: pharney@falmouthcatholic.org

## HOMILY SERIES: CATHOLIC ATHEISTS? I BELIEVE, BUT...

ALL WEEKEND MASSES OF LENT

Throughout Lent at all our churches, our parish priests and deacons will be preaching on 5 ways in particular in which we profess belief in God, but then act and think as if we do not trust him or as if he doesn't exist.

### FRIDAY STATIONS OF THE CROSS

- 6:00 am at St. Patrick in Portuguese
- 11:30 am at St. Anthony Church
- 4:00 pm at St. Elizabeth Church

### CHOWDER & CHAT

FRIDAYS, 11:30 AM AT ST. ANTHONY



Join us for Stations of the Cross followed by chowder and tuna sandwiches! We'll watch a short video during lunch that delves deeper into the week's homily theme with prayer cards given out to reflect on at home. \$12 lunch profiting the Catholic Church in Gaza.

### GOOD FRIDAY PILGRIMAGE



- 10 am: Meet at St. Elizabeth for breakfast
  - 10:30 am: begin 7 mile walk to St. Patrick
  - 3 pm: Good Friday Service at St. Patrick
- Walk-Ins welcome, RSVP by phone (508-548-0108) or email:

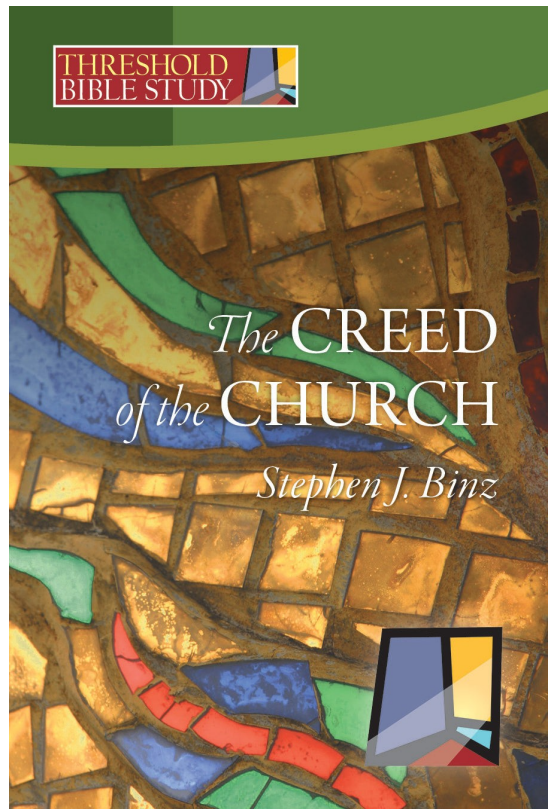
[jhale@falmouthcatholic.org](mailto:jhale@falmouthcatholic.org)

### "What Christ Suffered"

Dr. Paul DeMeo will explain the medical aspects of the Passion and Death of Jesus Christ on Saturday March 28th following the 8 am mass at St. Patrick's Church. Additionally, there will be a discussion on the meaning of His suffering and on the topic of redemptive suffering.

## LENTEN BIBLE STUDY: THE CREED BEGINNING WEEK OF MARCH 1

THRESHOLD  
BIBLE STUDY



- Mondays, 8:30 am - St. Anthony
- Tuesdays, 4:00 pm - St. Elizabeth Seton
- Wednesdays, 8:00 pm - Online!

Because of the storm, our Bible study will begin this week, starting Monday, March 2. Those who would like to join online can pick up a book from the parish office Monday—Friday 9-3 or email Tom Palanza to schedule another time to pick up the book: [tpalanzajr@falmouthcatholic.org](mailto:tpalanzajr@falmouthcatholic.org)

### EASTER ADULT CHOIR

REHEARSALS: MARCH 9, 16, 23, 30



Our seasonal choir will rehearse on Mondays from 7:30 - 8:30 pm at St. Anthony Church. For more information or to join the email list, please contact our music director, Kari Fietek at

[kfietek@falmouthcatholic.org](mailto:kfietek@falmouthcatholic.org)

## HARBOR, VOYAGE AND ANCHOR MEET THIS WEEKEND!

### NEXT FAITH FORMATION MEETINGS:

- + **Harbor (Grades 1-5): March 15**  
9:45 am - 10:45 am in Fatima Hall  
For Harbor questions email  
Maura Polles: [mpolles@falmouthcatholic.org](mailto:mpolles@falmouthcatholic.org)
- + **Voyage (Grades 6-8): March 15**  
from 9:45 am - 10:45 am  
in St. Anthony Basement
- + **Anchor (High School): March 22**  
6:15 pm - 7:30 pm in Fatima Hall  
For Voyage or Anchor questions email  
Jacqueline Hale: [jhale@falmouthcatholic.org](mailto:jhale@falmouthcatholic.org)

## COFFEE & CATHOLICISM

A gathering for parents to connect, learn, & drink coffee - all while your children are at Faith Formation!

**Sundays, 9:45-10:45 in the  
Admin. Office at St. Anthony**

Hosted by Deacon Gus & Lisa Adams



### CATHOLIC SCHOOL TUITION ASSISTANCE

The 2026-27 FACE tuition assistance application is open for students who will be in Kindergarten through 8th grade at a Diocese of Fall River Catholic school!

Families are encouraged to apply as these needs-based awards range from \$250-\$2750 per student and can cover up to 50% of tuition, depending on the school.

Applications must be completed by March 31, 2026.



**FIND US ON FACEBOOK!  
SCAN THE QR CODE  
TO VISIT OUR  
FACEBOOK PAGE**

### ST JOSEPH PARISH SCHOLARSHIPS



The St Joseph Parish Men's Club, Sisters in Spirit and the Bonanno Family, in memory of Maureen and Phil Bonanno, are offering five \$2000 scholarships to current High School Seniors who will be furthering their education next year. Applicants must be parish members and active in the parish. Applications can be found on our Parish website, [www.falmouthcatholic.org](http://www.falmouthcatholic.org). Applications must be postmarked by May 1st.

### FAITH FORMATION FAMILY GATHERING SUNDAY MARCH 29, 9:45 AM,



Parents join their children for our final Faith Formation session at St. Anthony Church in the church lower hall! We'll have coffee, juice, snacks, activities, and a presentation on Easter. All will then join for the blessing and Procession with Palms to begin the 11 am Mass.

## SVDP FOOD PANTRY

Canned pasta, baked beans, canned peas, cookies, paper towels and toilet paper.

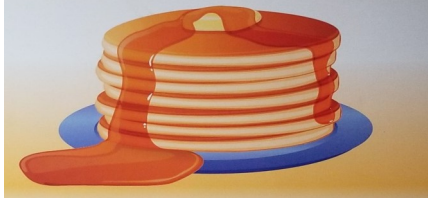
## SUMMA SOCIETY



Interested in learning more about our Catholic Faith through the lens of St. Thomas Aquinas, one of the most influential theologians in the Catholic tradition? If so, email Tom Palanza to be added to the emailing list for updates:

[tpalanzajr@falmouthcatholic.org](mailto:tpalanzajr@falmouthcatholic.org)

## Pancake Breakfast



## KNIGHTS OF COLUMBUS PANCAKE BREAKFAST

The Knights of Columbus Council #813 will host a Pancake Breakfast on Sunday, March 22 after the 9am Mass in St Patrick's basement. Pancakes, sausage, baked goods, coffee and tea will be served buffet style. The cost will be a "free will" donation to support the charitable work of the K of C. All are welcome



## Confirmation

The Sacrament of Confirmation will be celebrated on Sunday, March 15th at 2pm at St. Anthony Church. Bishop da Cunha will be coming to our parish to confirm 17 parishioners as well as parishioners from St. John's in Pocasset. Please continue to pray for our young people in their final days of preparation!

## 2025 TAX STATEMENTS

To request your 2025 Contribution Statement, budget envelope users should email [office@falmouthcatholic.org](mailto:office@falmouthcatholic.org) with your **name, envelope number and whether you would like it emailed or mailed to you.**

WeShare users can get statements by signing into your WeShare account. If you have trouble logging into WeShare, contact Dan Cunha at 508-548-0108 Ext 103. Thank you



## SEVEN SISTERS APOSTOLATE

The Seven Sisters Apostolate encourages prayer for our priests. If you are interested in being a part of this ministry contact Deb Reichheld at [deb.reichheld@gmail.com](mailto:deb.reichheld@gmail.com) or at (603) 930-8331.



**Save the date!** Our Parish Picnic will be Sunday, June 14th! Hope to see you there!



## MILLIONS OF MONICAS

Millions of Monicas meets at St Anthony on the 3rd Wednesday of the Month at 6pm. Upcoming dates include: March 18. Join with other women as we pray to grow in holiness & humility and for our children's return to the Catholic Church. For more info, contact Mary Lou at 508-454-0034 Or visit [www.millionsofmonicas.com](http://www.millionsofmonicas.com)

### IS YOUR VOLUNTEER STATUS UP-TO-DATE?

Many of our parish volunteers need to renew their online training called Safe Environment. We will be showing the video for renewing volunteers only (not new volunteers) on two occasions in March:

**Tuesday, March 10th at 3PM** at St Patrick Church during the Saint Vincent de Paul meeting.

**Thursday, March 12th at 6:30 PM** in St Anthony's basement.

If you're unsure whether you need to complete your renewal training, email [office@falmouthcatholic.org](mailto:office@falmouthcatholic.org) If you're training is due to be renewed in the next 2 months, you can attend. This is a quick and easy way to complete the training without needing your password! All are welcome to attend either session. If you need to renew your CORI, you can do also do that.

# GOOD FRIDAY PILGRIMAGE

JOIN US FOR THE WAY OF THE CROSS ON THE SHINING SEA BIKEWAY **SEVEN MILES**

**10AM**  
**3PM**

BREAKFAST AT SAINT ELIZABETH CHURCH

VENERATION OF THE CROSS AT SAINT PATRICK CHURCH



[MORE INFO + RSVP HERE](#)

ST. JOSEPH, GUARDIAN OF THE HOLY FAMILY PARISH | FALMOUTH, MA

### SISTERS IN SPIRIT SPRING LUNCH IN HONOR OF ST. JOSEPH, MARCH 19

Please join the Sisters in Spirit of St. Joseph Parish at our Spring Brunch in honor of St. Joseph, our Parish Patron, on his feast day, Thursday, March 19.

The event includes: 9:00 am: Mass at St. Elizabeth Seton Church, 9:45 am: Rosary at St. Elizabeth Seton Church 10:15 am: Arrive at Bucatino's Restaurant for Brunch (7 Nathan Ellis Hwy., North Falmouth).

All are welcome to join for Mass and the Rosary. The cost of Brunch is \$36 per person.

If you would like to join, please mail the bottom of this flyer with your check **payment by March 12** to:

**St. Joseph Parish Main Office, 167 E. Falmouth Hwy.  
E. Falmouth, MA 02536, Attn: Sisters in Spirit**

If you have questions, please contact Lou Gagnon at [RLGagnon2@hotmail.com](mailto:RLGagnon2@hotmail.com) or 774-392-0234 or Carolyn Malchodi at 774-238-8523



I would like to attend the Brunch on Thursday, March 19, 2026 at Bucatino's for \$36 per person.

Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Check due by March 12 made out to "St. Joseph Parish" Memo: Sisters in Spirit Brunch

# PRAYER REQUESTS

*Intercession - asking on behalf of another - has been characteristic of a heart attuned to God's mercy.  
Christian intercession participates in Christ's, as an expression of the communion of saints. - Catechism, 2635*

Antone Afonso	Susan Cullen	Karen Huber Linnane	Ann Roderick-Dumain
Natalia Amorim	Anthony R Faria	Paul Kelly	Kathleen Rumston
Eufenia Barboza	Richey Fields	Jane Leonard	Gabriel Santos
Jonothan Benoit	James Fitzgerald	Cera Lopes	Kayla Sharma
Marjorie Benoit	Marie Lynn Gonsalves	Geraldine Lopes	Joe Sharp
Martin Benoit	Dorothy Goodrich	Jean Lopes	Nancy Sharp
Faith Bocce	Trinity LaBeet Green	Brendan McCarthy	Christopher & Hyla
Danielle Boddie	Colleen Hamill	Philip McDonald	Skudder & Family
Constance Brown	Chris Hamsbauer	Baby Paul McGrath	Anne Smith
Sandy Chadwick	Lisa Hamsbauer	Ken McIntyre	Eric Springer
Ryan Copeland	Gregory Hazelton	Matthew Mennoma	John Sprissler
Dick Corey	Maryann Hazelton-Sharp	Robert Mitchell	Maryann Stavlo
Norman Corey	Lillian Heffernan	Sharon Mitchell	John Sullivan
Marianne Dealla Costa	Anne Hevner	Thomas Mitchell	John F Sullivan
Steve Costa Jr	Thomas Hevner	Robert Morley	Lauren Carroll Sullivan
Anne Crowell	Dolores Howard	Justine Morton	Tim Twomey
Mary Crowell	Grayson Jack	Bob Moura	Mike White
Walter Crowell	Cecelia Lajoie	Jack Murphy	Alice Zylinski
		Georgette Ranauro	

# PARISH SUPPORT

*Your generosity is not only supplying the needs of the holy ones  
but is also overflowing in many acts of thanksgiving to God. - 2 Corinthians 9:11*

## DONATE BY PHONE

Scan the QR code below  
to donate on Venmo!



## WEEKLY TOTALS

February 28/March 1

First Collection: \$11,287.00

Second Collection: \$4,949.00

Energy

## 2<sup>ND</sup> COLLECTION APPLICATION

March 7 & 8

Church Maintenance

March 14 & 15

Catholic Relief Services

WeShare Online Giving:

February: \$22,036.00

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Let God.

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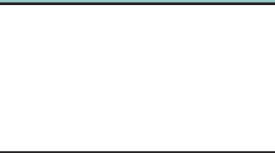


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