



# ST. JOSEPH

## GUARDIAN OF THE HOLY FAMILY

### PARISH

**MARCH 22, 2026: FIFTH SUNDAY OF LENT**



ST. ANTHONY



ST. ELIZABETH SETON



ST. JOSEPH CHAPEL



ST. PATRICK



ST. THOMAS CHAPEL

**Office Address: 167 East Falmouth Hwy., East Falmouth, MA 02536**

**Phone: 508-548-0108 | Web: [www.FalmouthCatholic.org](http://www.FalmouthCatholic.org)**

## WEEKEND MASS SCHEDULE

### SATURDAY VIGIL

St. Anthony: 4:00 PM  
St. Elizabeth Seton: 4:00 PM  
St. Patrick: 7:00 PM Brazilian Mass

### SUNDAY

St. Anthony: 8:00 AM, 11:00 AM  
St. Elizabeth Seton: 10:00 AM  
St. Patrick: 9:00 AM, 5:00 PM

## DAILY MASS SCHEDULE

### St. Anthony

8:00 AM Monday - Friday

### St. Elizabeth Seton

9:00 AM Tues, Wed, Thurs

### St. Patrick

8:00 AM Saturday

As members of St. Joseph, Guardian of the Holy Family Parish, we strive to grow as disciples of Jesus Christ by encountering His presence in Word and Sacrament, and as His Body, the Church, to participate in Jesus' saving mission by actively sharing our faith and carrying His life and love out into the world.

## PARISH CLERGY



### Pastor

**Rev. Msgr. Stephen J. Avila**  
frsavila@diocese-fr.org

### Parochial Vicar

**Rev. Bryan R. Bangs**  
frbbangs@diocese-fr.org



**Deacon James "Gus" Adams:**  
gadams@falmouthcatholic.org

**Deacon Peter M. Guresh:**  
pguresh@falmouthcatholic.org

**Deacon Paul Harney:**  
pharney@falmouthcatholic.org

**Deacon William W. Hays:**  
whays@falmouthcatholic.org

**Deacon Kaique Santos:**  
ksantos@falmouthcatholic.org

## PARISH STAFF

**Daniel M. Cunha,**  
**Director of Business & Operations:**  
dcunha@falmouthcatholic.org - ext. 103

**Michael J. Cadieux,**  
**Assistant Director of Operations**  
mcadieux@falmouthcatholic.org - ext. 105  
For Facilities Emergencies Only: 508-415-5617

**Maura Polles,**  
**Director of Faith Formation & Evangelization**  
508-548-3515 - mpolles@falmouthcatholic.org

**Thomas P. Palanza Jr., Pastoral Coordinator:**  
tpalanzajr@falmouthcatholic.org - ext. 102

**Jacqueline Hale, Youth Ministry:**  
jhale@falmouthcatholic.org - ext. 104

**Sr. Juleanne Burns, Ministry to the Sick:**  
508-563-6079

**Cindy LaRuffa, Bulletin & Funerals:**  
bulletin@falmouthcatholic.org - ext. 115

**Peg Frederick, Baptisms & General Inquiries:**  
office@falmouthcatholic.org - 508-548-0108

**Mary Voci, Registration & General Inquiries:**  
office@falmouthcatholic.org - 508-563-7770

## ST. JOSEPH PARISH MUSIC MINISTRY DIRECTORS

**Kathleen A. Kanaley,**  
**St. Anthony Church**  
kkanaley@falmouthcatholic.org

**Kari L. Fietek,**  
**St. Elizabeth & St. Joseph**  
kfietek@falmouthcatholic.org

**Barbara K. Leighton,**  
**St. Patrick & St. Thomas**  
bleighton@falmouthcatholic.org

## CHURCH & CEMETERY LOCATIONS & CONFESSION & ADORATION TIMES

**St. Anthony of Padua Church**  
167 E. Falmouth Hwy., E. Falmouth  
**Office Hours: 9am-3pm, Mon-Fri**

**Confession: Mon. 6-7 pm &**  
Sat. 3-3:45 pm

**Eucharistic Adoration:**  
Mon. 6-7 pm (except Holidays)

**St. Elizabeth Ann Seton Church**  
481 Quaker Rd., N. Falmouth  
**(not a mailing address)**

**Confession: Thur. 9:30-10:30am &**  
Sat. 3-3:45 pm

**Eucharistic Adoration:**  
Thur. 9:30-10:30 am (w/ Divine Mercy)

**St. Patrick Church**  
511 Main St., Falmouth  
**(not a mailing address)**

**Confession: 1<sup>st</sup> Sat. of the Month,**  
8:30-9:30am

**Eucharistic Adoration:**  
1<sup>st</sup> Fri. of the Month, 12-3 pm

**St. Anthony Cemetery: 167 E. Falmouth Hwy. | St. Joseph Cemetery : 427 Gifford St.**

**ST. VINCENT DE PAUL SOCIETY - Helpline: 508-563-7775**

**Office: St. Patrick Church Basement | Thrift Shop: 18 Davisville Rd., E. Falmouth, 508-540-0505**

# MASS INTENTIONS: SAT. MAR 21- SUN. MAR 29

## St. Anthony

Saturday, March 21st  
4:00 PM: Ignazia Saladino  
Sunday, March 22nd  
8:00 AM: Lynda J. Tenaglia  
11:00 AM: Patricia Silva  
Monday, March 23rd  
8:00 AM: Paula Gaudett  
Tuesday, March 24th  
8:00 AM: Betty McCarty  
Wednesday, March 25th  
8:00 AM: Joao & Maria dos Amjos and  
Biatríz Botelho  
Thursday, March 26th  
8:00 AM: Rita Mason  
Friday, March 27th  
8:00 AM: Amy Hamilton Steele  
Saturday, March 28th  
4:00 PM: Antone & Dorothy Lima and  
Edward & Isabel Enos  
Sunday, March 29th  
8:00 AM: Andrea Cahill  
11:00 AM: Christopher Murphy

## St. Elizabeth

Saturday, March 21st  
4:00 PM: John B. Gwynn  
Sunday, March 22nd  
10:00 AM: The People of Our Parish  
Tuesday, March 24th  
9:00 AM: Lorraine Scanlon  
Wednesday, March 25th  
9:00 AM: Elizabeth Emond  
Thursday, March 26th  
9:00 AM: Bob O'Toole  
Saturday, March 28th  
4:00 PM: James Healy  
Sunday, March 29th  
10:00 AM: Lorraine McAllister

## St. Patrick

Sunday, March 22nd  
9:00 AM: Rev. Francis Xavier Wallace  
5:00 PM: Charles D. Haynes  
Saturday, March 28th  
8:00 AM: Joan Little  
Sunday, March 29th  
9:00 AM: The People of Our Parish  
5:00 PM: Joseph C. Gallagher

# HOLY WEEK SCHEDULE

## + Monday, March 30

- 6 - 7 pm: Confession & Adoration, St. Anthony

## + Holy Thursday, April 2:

- 7:00 pm: Mass of the Lord's Supper, St. Elizabeth Seton (in English & Portuguese)
- 8:30 pm - 6 am: Eucharistic Vigil, St. Elizabeth Seton
- 11:00 pm: Night Prayer, St. Elizabeth Seton

## + Good Friday, April 3

- Noon: Stations of the Cross, St Elizabeth Seton
- 3 pm: Good Friday Service, St Patrick

## + Holy Saturday, April 4

- No 4pm Vigil Masses
- 7 pm: Easter Vigil, St Anthony

## + Easter Sunday, April 5

- Regular Sunday Schedule, plus:
- 8:30 am, St. Elizabeth Seton
- 10:30 am, St. Patrick (Brazilian)

## THIS WEEK AT A GLANCE

### SUNDAY, MARCH 22

9:30 AM: Pancake Breakfast  
St Patrick Basement

9:45-10:45 AM: Faith formation Grades 1-8  
St Anthony Basement and Fatima Hall

1:00 Summa Society Meeting  
St Anthony

6:15-7:30 PM: ANCHOR High School Group  
St Anthony Fatima Hall

### MONDAY, MARCH 23

8:30 AM: Lenten Bible Study  
St Anthony basement hall

6:00 PM: Adoration and Confession  
St Anthony Church

7:00 PM: Lumen Young Adult Group  
St Anthony Fatima Hall

### TUESDAY, MARCH 24

8:30 AM: Holy Souls Apostolate  
St. Anthony Church West Wing

4:00 PM: Lenten Bible Study  
St Elizabeth basement

### WEDNESDAY, MARCH 25

8:00 PM: Lenten Bible Study  
Online

### THURSDAY, MARCH 26

9:30-10:30 AM: Adoration and Confession  
St Elizabeth Seton Church

### FRIDAY, MARCH 27

11:30 AM: Stations of the Cross and Chowder and Chat  
St Anthony

4:00 PM: Stations of the Cross  
St Elizabeth Seton

### SATURDAY, MARCH 28

6:00-7:30 AM: That Man is You  
St Anthony Basement

### SUNDAY, MARCH 29

9:45-12 PM: Faith formation Gathering and Family  
Procession  
St Anthony Basement

## MINISTRIES & GROUPS

**Coffee and Conversation for Ladies:** First Tuesday of the Month, 9:45 St Elizabeth Church

**Cough Pillow Ministry:** Second Tuesday of the Month, 9AM at St Anthony Fatima Hall.

**Couples Club:** First Sunday of the Month, evenings (March-December) Time and location change monthly. Contact: Ann Marie Cunha at Annmarie.cunha@gmail.com

**Laudato si' Care For Creation Ministry:** help us treasure God's gift of creation! Contact Paul Skudder for info: SkudderPaul@gmail.com

**High School Youth Nights:** Sundays from 6:15--7:30pm at St Anthony Fatima Hall. Contact: Jaqueline Hale a jhale@falmouthcatholic.org

**Knights of Columbus:** 1st Tues. 7pm. & 3rd Tues. 6:30pm, St Patrick . Email: Richard Castleberry at constantineandgerry@comcast.net

**Lumen:** Young Adult Group. Mondays 7PM St Anthony Fatima Hall

**Men's Club:** Communication and events announced through club emails and the bulletin. Contact Joe Amaral at xcgav8r@juno.com

**Millions of Monicas:** Prayer Group for mother's whose children have left the church. Third Wednesday of the Month 6PM. St Anthony Mary Lou: 508-454-0034

**Prayer Shawl Ministry:** 1st Thursday of the Month, 10-11am at St Anthony Fatima Hall, Sept-June. For info or shawls, contact Maureen 774-305-5171

**Saint Vincent de Paul Society:** 2nd Tuesday of the Month 6:00 PM, St Patrick large meeting hall. Contact Kevin MacDonald: macdonajk@aol.com

**Seasons of Hope:** Sessions for those who mourn start several times/year on Saturday mornings. Contact: Donna at seasonsofhope35@gmail.com

**Sisters in Spirit:** Events announced in bulletin. Contact: Carolyn Malchodi mycapecodnana@hotmail.com

**Summa Society:** Study the teachings of St Thomas Aquinas. 4th Sunday of the Month, St Antony basement

**That Man Is You:** Sat. 6-7:30 am St Anthony, Deacon Paul: pharney@falmouthcatholic.org



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TO VISIT OUR  
FACEBOOK PAGE

## HARBOR, VOYAGE AND ANCHOR MEET THIS WEEKEND!

### NEXT FAITH FORMATION MEETINGS:

- + **Harbor (Grades 1-5): March 29**  
9:45 am - 10:45 am in Fatima Hall  
For Harbor questions email  
Maura Polles: [mpolles@falmouthcatholic.org](mailto:mpolles@falmouthcatholic.org)
- + **Voyage (Grades 6-8): March 29**  
from 9:45 am - 10:45 am  
in St. Anthony Basement
- + **Anchor (High School): April 12**  
6:15 pm - 7:30 pm in Fatima Hall  
For Voyage or Anchor questions email  
Jacqueline Hale: [jhale@falmouthcatholic.org](mailto:jhale@falmouthcatholic.org)

## COFFEE & CATHOLICISM

A gathering for parents to connect, learn, & drink coffee - all while your children are at Faith Formation!

**Sundays, 9:45-10:45 in the  
Admin. Office at St. Anthony**

Hosted by Deacon Gus & Lisa Adams



Mark Your calendar!

### **Palm Sunday Family Celebration!**

Don't Miss it!

**Sunday March 29**

9:45 AM in St. Anthony's Hall (downstairs)

Prepare the Way of the Lord with your kids!

Games, treats, crafts and more.

Get a picture with Liza the Donkey!

Get your palms and join in the procession for the  
11AM Family Mass!

Please join us as we wrap up  
the Faith Formation year.

A GREAT event  
for all Families!

Siblings invited too!



### ST JOSEPH PARISH SCHOLARSHIPS



The St Joseph Parish Men's Club, Sisters in Spirit, and the Bonanno Family, in memory of Maureen and Phil Bonanno, are offering five \$2,000 scholarships to current High School Seniors attending college next year. Applicants must be parish members and active in the parish. Applications can be found on our website, [www.falmouthcatholic.org](http://www.falmouthcatholic.org) and must be postmarked by May 1st.

### SISTERS IN SPIRIT SCHOLARSHIP FUND DRIVE

Sisters in Spirit invites you to support graduating High School seniors of our parish. We are collecting spare change –quarters, dimes and nickels— for the 2026 St Joseph Parish Scholarships. Ziploc bags will be passed out at all Masses on April 11/12 and will be collected on April 18/19. Thank You!

## FRIDAY STATIONS OF THE CROSS

- 6:00 am at St. Patrick in Portuguese
- 11:30 am at St. Anthony Church
- 4:00 pm at St. Elizabeth Church

### LAST CHOWDER & CHAT

FRIDAY, MARCH 27 11:30 AM AT ST. ANTHONY



Join us after Stations for chowder and tuna sandwiches! We'll watch a short video during lunch that delves deeper into the week's homily theme with prayer cards given out to reflect on at home. \$12 lunch profiting the Catholic Church in Gaza.

### "What Christ Suffered"



Dr. Paul DeMeo will explain the medical aspects of the Passion and Death of Jesus Christ on Saturday March 28th following the 8 am mass at St. Patrick's Church. Additionally, there will be a discussion on the meaning of His suffering and on the topic of redemptive suffering.

# GOOD FRIDAY PILGRIMAGE

JOIN US FOR THE WAY OF THE CROSS ON THE SHINING SEA BIKEWAY

# SEVEN MILES

10AM  
3PM

BREAKFAST AT SAINT ELIZABETH CHURCH

VENERATION OF THE CROSS AT SAINT PATRICK CHURCH



MORE INFO + RSVP HERE

## EASTER ADULT CHOIR

REHEARSALS: MARCH 23 & 30

Our seasonal choir will rehearse on Mondays from 7:30 - 8:30 pm at St. Anthony Church. For more information or to join the email list, please contact our music director, Kari Fietek at

[kfietek@falmouthcatholic.org](mailto:kfietek@falmouthcatholic.org)



Congratulations to our 17 Young Parishioners Confirmed by Bishop Edgar on March 15th! Please keep them in your prayers!

## SVDP FOOD PANTRY

Brownie mix, Jiffy corn mix, juice packs and shampoo. Thank you!

## MEN'S CLUB RAFFLE WINNER

Week 1: Robert Corradi

## CEMETERY SPRING CLEANUP



Please remove all Christmas decorations from the cemeteries. Our cemetery staff will soon remove and discard any Christmas décor. Thank you.

## MILLIONS OF MONICAS



Millions of Monicas meets at St Anthony on the 3rd Wednesday of the Month at 6pm. Upcoming dates include: **March 18, April 15 and May 20**. Join with other women as we pray to grow in holiness & humility and for our children's return to the Catholic Church. For more info, contact Mary Lou at 508-454-0034 Or visit [www.millionsofmonicas.com](http://www.millionsofmonicas.com)

## KNIGHTS OF COLUMBUS PANCAKE BREAKFAST



The Knights of Columbus Council #813 will host a Pancake Breakfast on **Sunday, March 22 after the 9am Mass in St Patrick's basement.** Pancakes,

sausage, baked goods, coffee and tea will be served buffet style. The cost will be a "free will" donation to support the charitable work of the K of C. All are welcome.

## PARISH

# PICNIC

**Save the date!** Our Parish Picnic will be Sunday, June 14th! Hope to see you there!

## 2025 TAX STATEMENTS



To request your 2025 Contribution Statement, budget envelope users should email [office@falmouthcatholic.org](mailto:office@falmouthcatholic.org) with your **name, envelope number and whether you**

**would like it emailed or mailed to you.** WeShare users can get statements by signing into your WeShare account. If you have trouble logging into WeShare, contact Dan Cunha at 508-548-0108 Ext 103. Thank you!

## COUPLES' CLUB MEETING

The Couple's Club March meeting has been rescheduled to Sunday, March 22nd at 6:30pm in St Anthony's basement.

## PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry will meet on Thursday, April 2nd at 10AM in Fatima Hall. New members are always welcome.

## SEASONS OF HOPE BEREAVEMENT MINISTRY



**Lost a loved one? Struggling with your grief?** St Joseph's Seasons of Hope faith-based program can help. It offers consolation, hope,

positive ways to cope, and new friends in Christ. **A new six-week season begins Saturday, April 11.** For details, take a brochure at the church doors or visit [falmouthcatholic.org](http://falmouthcatholic.org) homepage. Call Donna at 508-477-1401 to save your spot.

## SUMMA SOCIETY



Interested in learning more about our Catholic Faith through the lens of St. Thomas Aquinas, one of the most influential theologians in the Catholic tradition? If so, email Tom Palanza to be added to the emailing list for updates: [tpalanzajr@falmouthcatholic.org](mailto:tpalanzajr@falmouthcatholic.org)

## CREATION CARE MINISTRY IDEAS FOR A GREEN LENT



Have you considered trying a “Green Lent?” Green Lent incorporates our practice of self discipline during Lent, but guides them in light of Catholic Social and Environmental Teaching.

This Lent, strive to use all the food you purchase and try composting what you don’t use. Growing plants and raising animals for food requires a lot of water, fertilizer, and energy. 70% of global water usage is on agriculture. Food rotting in landfills accounts for about 20% of greenhouse gas emissions.

The Town of Falmouth provides FREE compost collection bins at the School Administration Building (340 Teaticket Highway), the Waste Management Facility, and East Falmouth Elementary School (33 Davisville Rd).

## SEVEN SISTERS APOSTOLATE



The Seven Sisters Apostolate encourages prayer for our priests. If you are interested in being a part of this ministry contact Deb Reichheld at [deb.reichheld@gmail.com](mailto:deb.reichheld@gmail.com) or at (603) 930-8331.

## MINISTRY TO THE SICK & DYING

### WHAT WE CAN OFFER & WHEN TO CALL US

The Gospels relate how Jesus cared for those who were sick by being present to them, laying hands upon them, and healing them. He commissioned His disciples to do the same in His name. Outreach to the sick has always been a priority for the Church in order to bring Christ and the prayerful support of the Church to them at this critical moment in their lives.

The primary way that the Church brings Christ’s presence to the sick is through the Sacrament of the Anointing of the Sick. However, there are other opportunities to be present to the sick as well: the administration of Holy Communion, the “Final Communion” known as Viaticum (food for the journey), prayers for the dying, and prayers for the dead. While the Sacrament of the Sick and Viaticum can only be administered by a priest, Holy Communion can be offered by deacons and the faithful trained to administer the Eucharist. Prayers for the dying or for those who have died may be prayed by any of the faithful, including members of the family.

Unfortunately, most people only think of reaching out to the Church when a loved one is actively dying. But the Church wants to support BOTH the sick who expect to get better and those who have started their final journey to God. It is never a good idea to wait until someone is dying to contact the parish; your loved one has much to gain from an early visit from one of our Eucharistic ministers, deacons, and/or priests. With this in mind, we ask families to request the Anointing of the Sick when loved ones fall seriously ill, are about to have surgery, or even due to infirmity or advanced age. **At the latest, when a loved one is placed on palliative or hospice care.** Celebrating the Sacraments while a person is still conscious is of great spiritual benefit to the person and their family. It affords the opportunity for the person to speak privately with the priest and go to confession, or allows them to receive Holy Communion while still able. Please contact our parish office if you have questions or would like to request a visit from one of our ministers. - Fr. Stephen Avila, *pastor*

# PRAYER REQUESTS

*Intercession - asking on behalf of another - has been characteristic of a heart attuned to God's mercy.  
Christian intercession participates in Christ's, as an expression of the communion of saints. - Catechism, 2635*

Antone Afonso	Anthony R Faria	Paul Kelly	Ann Roderick-Dumain
Eufenia Barboza	Richey Fields	Jane Leonard	Kathleen Rumston
Jonothan Benoit	James Fitzgerald	Cera Lopes	Gabriel Santos
Marjorie Benoit	Marie Lynn Gonsalves	Geraldine Lopes	Kayla Sharma
Martin Benoit	Dorothy Goodrich	Jean Lopes	Joe Sharp
Faith Bocce	Trinity LaBeet Green	Brendan McCarthy	Nancy Sharp
Danielle Boddie	Colleen Hamill	Maureen McClain	Christopher & Hyla
Constance Brown	Chris Hamsbauer	Philip McDonald	Skudder & Family
Sandy Chadwick	Lisa Hamsbauer	Baby Paul McGrath	Anne Smith
Ryan Copeland	Gregory Hazelton	Ken McIntyre	Eric Springer
Dick Corey	Maryann Hazelton-	Matthew Mennoma	John Sprissler
Norman Corey	Sharp	Robert Mitchell	Maryann Stavlo
Marianne Dealla Costa	Lillian Heffernan	Sharon Mitchell	John F Sullivan
Steve Costa Jr	Anne Hevner	Thomas Mitchell	Lauren Carroll Sullivan
Anne Crowell	Thomas Hevner	Robert Morley	Tim Twomey
Mary Crowell	Dolores Howard	Justine Morton	Mike White
Walter Crowell	Grayson Jack	Bob Moura	Alice Zylinski
Susan Cullen	Cecelia Lajoie	Jack Murphy	
	Karen Huber Linnane	Georgette Ranauro	

# PARISH SUPPORT

*Your generosity is not only supplying the needs of the holy ones  
but is also overflowing in many acts of thanksgiving to God. - 2 Corinthians 9:11*

## DONATE BY PHONE

Scan the QR code below  
to donate on Venmo!



## WEEKLY TOTALS

March 14 & 15

**First Collection:** \$10,783.00

**Second Collection:** \$4,011.00  
*Catholic Relief Services*

## 2<sup>ND</sup> COLLECTION APPLICATION

March 21 & 22

*Church Maintenance*

**WeShare Online Giving:**  
February: \$22,036.00

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Let God.

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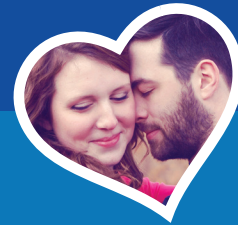


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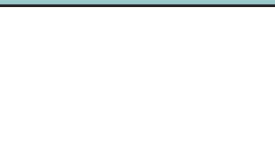


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