



St. Joseph Guardian of the Holy Family Parish
Confirmation Name & Saint Paragraph Form

Due Date: October 19, 2025

Part of the Sacrament of Confirmation requires the Candidate to choose a Saint's name to be used during the Rite of Confirmation. The name selected should not be chosen simply because the candidate likes the name or it belongs to a friend; rather, the Confirmation name should be the name of a Saint with whom the candidate can relate his/her life experiences or someone he/she would look up to. After Confirmation, it is the Church's hope that the young person would be able to turn to their Saint for inspiration and guidance.

1. Choose a Saint's name as explained above. Write your name and the chosen Confirmation name lines below.
2. In 2-3 paragraphs on a separate sheet of paper, please briefly explain the life of the Saint you have chosen and why his or her life has inspired you to make this choice. Attach the explanation sheet to this form and return it to your confirmation mentor.

Confirmation Candidate's Name:

Chosen Confirmation Name:
