## The Church of St. Helena 950 Grove Ave. Edison, NJ 08820

Dear Sponsor,

Congratulations! What better compliment can your candidate bestow than to choose you as their sponsor for the Sacrament of Confirmation! This is a very important role you have agreed to play in your candidate's journey.

As sponsor, you will act as a spiritual guide, mentor and advisor to your candidate. Your candidate may look to you for spiritual guidance, prayer, role model and as a witness of faith. Your role as sponsor began the moment you accepted sponsorship for our candidate.

These months of preparation ahead of us are important to both you and your candidate. Give some thought as to how you can make this time more meaningful to both of you. Perhaps you have a faith journey you would like to share. Maybe there is a faith defining moment in your life that your candidate would find inspirational. Perhaps you could affirm your candidate's strengths and point out ways he or she could grow in their own faith. If your candidate has not yet chosen a Confirmation name, you could review some saints with him or her and research them together. The internet is valuable source of information on the saints.

Your role as sponsor will not end at Confirmation. You can encourage your candidate's spiritual growth directly through your own prayer, advice and good works. Lead by example, actions always speak louder than words. Walk with your candidate as he or she makes their own journey of faith. It will be both a rewarding and faith filled experience.

Thank you for accepting the honor that your candidate has bestowed on you. Please return the sponsor eligibility forms before April 27, 2022. We hope to have a date for Confirmation by late January. Feel free to email the Religious Education office: MCullinan@sthelenaedison.org with any questions you may have. Thank you. Be blessed.

