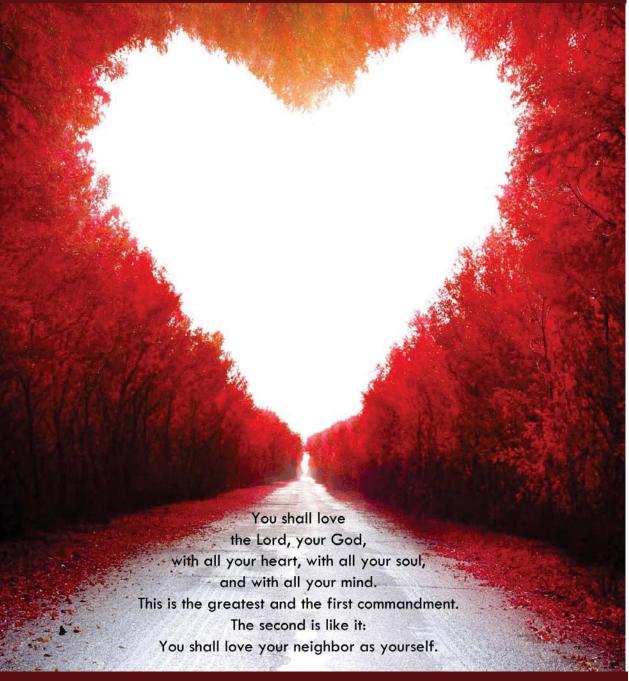


October 29, 2023

St. Camillus and St. Agnes





# **WELCOME**





Very Rev. Marc J. Bishop, VF Pastor St. Camillus and St. Agnes

Dear Faith Family, At Masses last weekend, the Church in the United States, celebrated World Mission Sunday. The Church does this by holding a special collection for the work of the missions. It also affords

us the opportunity to be thankful for those that came before us, providing us with beautiful places to worship and educate children.

I often pray for the good works that missionaries do in service to the Church in Central/South America and Africa. I am amazed by how much they do with little resources but great faith. Thank you for supporting their good work. We were notified recently that the Church Floor will be poured at St. Theresea Church, in Zambia. The next stage of the church building project will be to put a roof on the new structure. Many good works are being done. Keep praying for Fr. Mathais Chungu and his growing flock.

This weekend is the first part of the Grand Annual Collection. You will notice a letter from our Finance Councils along with the parishes' financial information. The Grand Annual is designed to support the capital needs of the Church. If you have any questions I, and the members of the Financial Councils, can assist you. Two immediate projects are: 1. Removal of asbestos from the St. Agnes Church Boiler Room; and 2. fixing a hole in the flat roof over the sacristy at St. Camillus Church. Thank you for your continued prayerful and sacrificial support.

As I conclude this letter, I wish to recognize the zeal of our Women's Ministry in support of young women and their children. The Baby Bottle Drive and the Baby Shower for the Unborn were true works of mercy. Their example of reaching out to support women in need is a wonderful example of Christian Discipleship. I thank all who supported and provided these good works.

God Bless, Fr. Marc

#### **WORSHIP SCHEDULE**

#### **ADORATION**

Monday – Saturday 6:00 AM | St. Agnes

#### **WEEKDAY MASSES**

Monday – Saturday 7:00 AM | St. Agnes 9:00 AM | St. Camillus

#### **CONFESSION**

Saturdays 9:30 AM | St. Camillus 3:00 PM – 3:45 PM | St. Agnes

#### **WEEKEND MASSES**

Saturday Vigil Masses 4:00 PM | St. Agnes 4:30 PM | St. Camillus 5:30 PM | St. Agnes

#### Sunday Masses

7:00 AM | St. Agnes 8:00 AM | St. Camillus 9:00 AM | St. Agnes 10:00 AM | St. Camillus 12:00 PM | St. Agnes

#### **MARK THE DATES**

All Saints Day – Holy Day of Obligation Tuesday, October 31st 4:00 PM Mass | St. Agnes

#### Wednesday, November 1st

7:00 AM Mass | St. Agnes 9:00 AM Mass | St. Camillus 12:10 PM Mass | St. Agnes 6:30 PM Mass | St. Camillus



#### FRIDAY, NOVEMBER 3RD FIRST FRIDAY MASS AND CONFESSION

St. Agnes Mercy Chapel in the lower Church (please use the

ramp entrance on Chestnut Street).

Confessions: 4:00 PM - 4:45 PM | Mass: 5:30 PM

# FOR REFLECTION





Rev. Alwin Chinnappan Parochial Vicar

The month of November is around the corner and we cannot believe how time flies by. There are a lot of things happening in the month of November. The daylight saving time will end on November 5th and we will turn back the clock for an hour. November is also known for famous American holidays like Thanksgiving and Veterans Day. The Liturgical calendar will be concluded at the end of November and the four weeks of Advent will begin - a time period to prepare for the birth of Christ. Could you imagine that there are only 57 days remaining to celebrate Christmas? Though there are so many special occasions in November, for us as Christians, this month is designated to remember our faithful departed who have gone before us marked with the sign of faith. In November, the Church invites us to pray for the re-

pose of the souls of all the departed souls, especially from our own families.

Mexican tradition explains death as follows: "the first death is the failure of the body, the second is the burial of the body, and the third is when there is no one left to remember us." According to the Mexican tradition, one dies not when his/her soul departs from the body but when there is no one to remember them. This month invites us to stop by our deceased members' graves to offer a prayer for them. In most of the dioceses in Southern India, it is a tradition for a newly ordained priest to offer his Mass of Thanksgiving to the deceased members of his family. I still vividly remember my First Mass of Thanksgiving - I offered it for my deceased family members.

Why do we have to pray for the dead? The 2 Maccabees 12:38-46 explains the necessity of praying for the dead - when the soldiers gather the slain soldiers for burial, they notice that they wear the pagan amulet around their neck. Seeing these pagan amulets, Judas Maccabee ordered that the sacrifice should be offered in the Jerusalem temple for the expiation of their sins. It is our belief that the deceased souls will be united with all the angels and saints and praise God unceasingly in heaven but it is not necessary with every soul. Though our faith tells us all of the dead will rise on the last day only those who die in the state of grace will enter the kingdom of God. Those who die of venial sin will go to the purification period which we call Purgatory. So, the Month of November facilitates us to offer prayer for the dead especially those who are in Purgatory. If you wonder what is the best prayer to offer for the dead - I would say Mass is the ultimate form of prayer.

In November, let us try to find a time to visit the graves of our beloved departed and offer Mass for their souls. Eternal Rest Grant unto them O Lord, and let perpetual light shine upon them.

#### IS GOD CALLING YOU TO HELP OTHERS IN GRIEF?

While the death of a loved one causes sadness and grief, we turn to Jesus Christ, our Lord, and rely upon Him and His words of comfort as proclaimed in His Sermon on the Mount, "Blessed are the sorrowful for they shall be consoled," (Matthew 5:4). Through the funeral Mass, we honor the deceased and commend their soul to God, believing that life has changed but not ended.

As members of the Body of Christ, we are called upon to bring comfort to those within our community who are suffering. Are you someone who can minister hope to someone who is grieving? Our funeral ministers will be called upon to compassionately assist a family during and after the funeral planning process by offering assistance, a follow-up call or note, and prayer. If you would like to learn more about funeral ministry, please contact Mary Wessel at info@cparl.org. Training and support will be provided.

# **PRAYER**



# **SAINT AGNES**

#### **SATURDAY, OCTOBER 28**

7:00 AM Mass for All Souls 4:00 PM Michel Stocker 5:30 PM Elizabeth Ranaghan

#### **SUNDAY, OCTOBER 29**

7:00 AM Laura Keefe

9:00 AM For the People of our Collaborative

12:00 PM Thomas C. Driscoll

**MONDAY, OCTOBER 30** 

7:00 AM James & Mary McGrath

**TUESDAY, OCTOBER 31** 

7:00 AM Paul J. Doherty

#### WEDNESDAY, NOVEMBER1—All Saints Day

7:00 AM Thomas Moggan & Skerry Family

**THURSDAY, NOVEMBER 2** 

7:00 AM Mass for All Souls

FRIDAY, NOVEMBER 3

7:00 AM Frances & Philip Maney

**SATURDAY, NOVEMBER 4** 

7:00 AM John Walsh

4:00 PM James & Cecelia Foley and

Marjorie Dunning

5:30 PM Maria & Manuel Mederios

**SUNDAY, NOVEMBER 5** 

7:00 AM Lynne Martignetti

9:00 AM Frances Ladelfa Huisman

12:00 PM Rachel Bishop

#### SAINT AGNES PRESIDER SCHEDULE

Saturday, November 4

4:00 PM Fr. Alwin 5:30 PM Fr. Marc

Sunday, November 5

7:00 AM Fr. Chris 9:00 AM Fr. Alwin 12:00 PM Fr. Chris

#### SAINT CAMILLUS PRESIDER SCHEDULE

Saturday, November 4

4:30 PM Fr. Chris

Sunday, November 5

8:00 AM Fr. Marc 10:00 AM Fr. Marc

SCHEDULE MAY CHANGE WITHOUT NOTICE

# SAINT CAMILLUS

#### **SATURDAY, OCTOBER 28**

9:00 AM Hazel Sears

4:30 PM Eugene, Helen & Bobby Cullinane

**SUNDAY, OCTOBER 29** 

8:00 AM For the People of our Collaborative 10:00 AM Ronald Kerr, The Kerr & O'Connor

families

**MONDAY, OCTOBER 30** 

9:00 AM Suzanne Hall

TUESDAY, OCTOBER 31

9:00 AM Kelly Martin WEDNESDAY, NOVEMBER 1

9:00 AM For the Kelly family

THURSDAY, NOVEMBER 2

9:00 AM Mass for All Souls

**FRIDAY, NOVEMBER 3** 

9:00 AM Edward & Hazel Bigham

**SATURDAY, NOVEMBER 4** 

9:00 AM Phyllis Gallo 4:30 PM Sheila Tobio

SUNDAY, NOVEMBER 5

8:00 AM For the People of our Collaborative

10:00 AM Anna & Antonio DeStefano

#### THE ST. CAMILLUS SANCTUARY LIGHT

The light will burn the week of October 29th for Eugene & Helen Cullinane.

#### PLEASE PRAY

For Ann Hoag, Barbara Murphy, and Patricia Stevens who died recently and for the sick of our collaborative.

For all those who are serving in our Armed Forces that they will return home safely.

For those impacted by the war and violence in the Holy Land. May peace and healing prevail.

For the gift of life and respect for all stages. May we find the compassion to accompany and support others despite our differences.

# **GENEROSITY**



#### SOME OF THE WAYS

#### **WE GIVE**

Parishioners are called upon to support the church mission through various offerings and collections. Each method has unique recipients and benefits, but can be confusing at times. Here are three examples.

#### The Offertory

The weekly offering is to the parish what your paycheck is for your family. This is how the bills get paid: utility bills, insurance, salaries for clergy and staff, and all the day-to-day operations. The Increased Offertory Program was introduced because the weekly offertory is not meeting our budgetary projections. Thank you to all who have responded.

#### The Grand Annual Collection

This collection has a long tradition in the Archdiocese of Boston and was originally intended to supplement our operating income to provide for special expenses and projects that fall outside budgeted expenses, like building repairs or special projects, such as a chapel for perpetual Adoration. Unfortunately, over the years as budgets became strained, more and more of the Grand Annual collections have been used to pay parish obligations in the operating budget.

#### **Special Collections**

Other collections are taken up throughout the year as a second collection at Mass, as determined by the United States Conference of Catholic Bishops (USCCB). These provide for local, national, and international needs. Some are scheduled every year (such as the Clergy Trust) and others are special, one-time collections responding to a special need such as a natural disaster (such as Maui).

#### The Catholic Appeal

This annual campaign supports the work of the Central Ministries of the Archdiocese in a variety areas from training to financial expertise to real estate and engineering consulting to insurance and risk management services to evangelization training to youth ministry opportunities and formation that benefit each of our parishes.

# SACRIFICIAL GIVING

#### **SAINT AGNES**

October 21/22 Offertory: \$12,050.42

YTD Offertory: \$190,891.34 YTD Offertory Budget: \$221,000

Variance: (\$30,108.66)

#### **SAINT CAMILLUS**

October 21/22 Offertory: \$4,729

YTD Offertory: \$65,058

YTD Offertory Budget: \$68,000

Variance: (\$2,942)

#### **OCTOBER 28/29 GRAND ANNUAL COLLECTION**

ST. AGNES PARISH **ANNUAL FINANCIAL REPORT, FISCAL YEAR 2023** 

Dear Parishioners:

The accompanying statement represents the financial condition of Saint Agnes Parish for the year ending June 30, 2023. It also highlights our financial budget for the 2024 fiscal year. This annual report is presented by the Parish Finance Council which provides financial oversight and advice to our Pastor on money matters for the Parish. We hope that it will help you understand how your contributions and gifts to our Parish are used and accounted for and will encourage your continued generosity.

St. Agnes Parish ended the 2023 fiscal year with an overall net loss of \$79,476. This resulted from a significant decline in our Offertory and Grand Annual collections. Our parish expenditures were lower than the prior fiscal year through a better allocation of common collaborative expenses between our two parishes. We were also fortunate to obtain a grant that covered the cost of our security upgrades. In the 2024 fiscal year, we will launch the Increased Offertory Program, an initiative to grow our regular weekly collections. As of June 30, 2023, reserves (including cash, investments, and money due to us) were \$867,757 compared to \$968,959 in the previous year.

# GRAND ANNUAL CAMPAIGN



The parish completed several significant capital improvement projects costing \$150,872. The boiler in the Church was replaced. Upgrades were made to the sound system and lighting at the Church. Much needed security improvements were made on our parish campus. In the following fiscal year, we will work on making some minor upgrades to the boiler as well as removing asbestos that was found in the boiler room. Work also needs to be done to secure its external exit and repair the old coal storage area. The Lower Church will be converted into a secure space for use as an Adoration Chapel and area for Reconciliation and counseling.

The Grand Annual collection takes place on the weekend of October 27-28, 2023. This collection remains a very important source of income for our parish. Once again, we are requesting that each working person donate \$350 to the first part of the Grand Annual Collection. We hope that those who are able, will respond by being even more generous.

During the year, our dedicated staff and volunteers have launched several new programs to meet the needs of our faith family. We are extremely thankful and grateful for all their efforts. 150 years ago, the Catholic Faith found a home in Arlington. We are confident that St.

#### Saint Agnes Parish Annual Financial Report Fiscal Year 2023

	Actual Fiscal Year 2023	Actual Fiscal Year 2022	Budget Fiscal Year 2024
REVENUES			
Offertory	\$598,022	\$597,225	\$663,000
Grand Annual	110,534	114,977	125,000
Religious Education	23,134	13,972	23,500
Sacramental Offerings	83,073	100,277	90,000
Gifts and Bequests	57,585	64,704	55,000
Catholic Appeal Rebate	18,993	16,784	20,000
Other Income	101,642	11,484	22,200
Unrealized Market Gains and Losses	30,481	-140,879	0
Interest Income	73,958	110,300	74,300
Total Revenue	1,097,422	888,844	1,073,000
EXPENSES			
Compensation and Benefits	547,571	574,137	547,000
Clergy Compensation and Benefits	65,715	91,959	94,000
Office and Administrative	67,226	65,649	68,620
Household	24,088	20,166	25,000
Utilities	79,099	84,365	85,400
Insurance	56,852	60,857	61,000
Buildings and Grounds	82,146	96,997	83,200
Pastoral and Liturgical	57,634	49,851	57,300
Central Ministry Tithe	41,524	46,370	41,600
School Support	0	50,000	0
Miscellaneous	4,171	4,253	4,880
Total Expenses	1,026,026	1,144,604	1,068,000
Net Operating Income / Loss	71,396	-255,760	5,000
Less - Capital Improvements	150,872	34,877	
Net Income / Loss	-\$79,476	-\$290,637	
Other Financial Information:			
Cash and Investments	\$867,757	\$968,959	
Current Liabilities	\$48,435	\$70,161	

Note - During Fiscal Year 2023 the Parish completed additional capital improvement projects of \$150,872:

- a. Church boiler for \$73,625, b. Church sound system for \$18,047, c. Church lighting for \$12,995,
- d. Rectory renovations for \$15,984, and e. Security improvments \$30,221.

**Note** - During Fiscal Year 2023 the Parish received a grant of \$60,442 to improve security of which \$30,221 was expended in Fiscal Year 2023 with the balance to be paid in Fiscal Year 2024.

#### **Finance Council Members**

Fr. Marc Bishop, Patricia Cullinane, Christopher Doyle, Shawn O'Rourke Valeria Ramdin, Theresa Tanner and Michelle Walata

Agnes Parish is well positioned to nurture and grow this faith in response to new trends and a community that has never forgotten the importance of worship and service.

#### Respectfully in Christ,

Fr. Marc Bishop, Patricia Cullinane, Christopher Doyle, Shawn O'Rourke, Valeria Ramdin, Theresa Tanner and Michelle Walata.

# GRAND ANNUAL CAMPAIGN



#### ST. CAMILLUS PARISH, ANNUAL FINANCIAL REPORT FISCAL YEAR 2023

	Actual Fiscal Year 2023	Actual Fiscal Year 2022	Budget Fiscal Year 2024
REVENUES			
Offertory	\$191,026	\$182,000	\$212,500
Grand Annual	63,785	46,142	65,000
Religious Education	2,286	1,940	3,000
Sacramental Offerings	18,565	21,645	19,000
Gifts and Bequests	17,440	3,797	5,500
Catholic Appeal Rebate	22,946	16,859	23,000
Flowers and Other Income	6,972	7,009	8,000
Other Income	80,741	0	0
Interest Income	2,999	3,063	3,000
Rental Income	172,270	273,667	181,000
Total Revenue	579,030	556,122	520,000
EXPENSES			
Compensation and Benefits	212,467	155,606	195,000
Clergy Compensation and Benefits	54,463	70,862	73,450
Office and Administrative	14,758	3,342	7,950
Household	8,218	7,219	9,000
Utilities	76,650	70,434	84,300
Insurance	50,935	46,546	54,500
Buildings and Grounds	51,726	60,784	51,000
Pastoral and Liturgical	18,696	10,135	11,900
Central Ministry Tithe	30,354	22,258	30,350
Miscellaneous	3,159	5,177	2,550
Total Expenses	521,426	452,363	520,000
Net Operating Income / Loss	57,604	103,759	0
Less - Capital Improvements	100,349	39,614	
Net Income / Loss	-\$42,745	\$64,145	
Other Financial Information:			
Cash and Investments	\$818,547	\$863,149	
Current Liabilities	\$16,663	\$11,587	

Note - During Fiscal Year 2023, the Parish completed additional capital improvement projects of \$100,349: a. Rectory roof for \$54,325, b. Rectory radiator for \$5,654, and c. Security improvements \$40,370

Note - During Fiscal Year 2023 the Parish received a grant of \$80,741 to improve security of which \$40,370 was expended in Fiscal Year 2023 with the balance to be paid in Fiscal Year 2024.

#### **Finance Council Members**

Fr. Marc Bishop, Anne Doherty, Edward Hurley, John Roma, Thomas Woodbury

#### Dear Parishioners:

The accompanying statement represents the financial condition of Saint Camillus Parish for the year ending June 30, 2023. It also highlights our financial budget for the 2024 fiscal year. This annual report is presented by the Parish Finance Council which provides financial oversight and advice to our Pastor on money matters for the Parish. We hope that it will help you understand how your contributions and gifts to our Parish are used and accounted for and will encourage your continued generosity.

Saint Camillus Parish ended the 2023 fiscal year with an overall net loss of \$42,745. This resulted from the significant decline in Rental Income. The community gas company work has been completed and the Town school bus parking needs are diminishing.

The Grand Annual Collections remain an important source of financial support to our Parish. While we rely on your continued generosity in the Offertory Collection to keep revenues in line with our current operating needs, the Grand Annual Collection was intended to provide both the funding for capital needs and a safety net to cover shortfalls. As reflected in our FY 2024 budget, we will focus our efforts this year on increasing our Grand Annual and Offertory Giving.

The parish completed several capital improvement projects costing \$100,349. These included the Rectory Roof, Rectory Radiator and repair of the Bell Tower wall. A new Collaborative Facilities committee was established to create and administer a plan for maintaining and updating our aging facilities. Much needed security improvements were made. We were fortunate to secure a grant to cover most of the security improvement expenses.

During this challenging year, our dedicated collaborative staff and volunteers launched several new initiatives to meet the needs of our faith family. We are confident that Saint Camillus Parish is well positioned to continue its mission of proclaiming the Good News of Jesus Christ, and forming missionary disciples sent to transform the world through prayer, study, generosity, and evangelization.

Respectfully in Christ, Fr. Marc Bishop, Anne Doherty, Edward Hurley, John Roma, Thomas Woodbury

# OCTOBER IS RESPECT LIFE MONTH



#### **GOSPEL REFLECTION**

Jesus doesn't mince words in today's Gospel. "The whole law and the prophets depend on these two commandments" - love God with your whole being and love your neighbor as yourself. Jesus didn't give any wiggle room then or now, as to what is of importance. While we strive to follow the commandments that Christ presents to us, we must also admit that at times we fall short. Make it a daily practice to do prayerful examen in which we honestly acknowledge the times we were responsive to God's initiation or were not. This practice can help us recognize the ways God comes to us/ speaks to us in all the people and events of our day.

#### **HOW TO PRAY THE EXAMEN**

- 1. Place yourself in God's presence. Give thanks for God's great love for you.
- Pray for the grace to understand how God is acting in your life.
- Review your day recall specific moments and your feelings at the time.
- 4. Reflect on what you did, said, or thought in those instances. Were you drawing closer to God, or further away?
- 5. Look toward tomorrow think of how you might collaborate more effectively with God's plan. Be specific, and conclude with the "Our Father."

#### **KEEP CHRIST IN CHRISTMAS Knights Of Columbus Youth Essay Contest**

A "Keep Christ in Christmas" poster contest grades K through eight, and "citizenship essay" is underway for grades eight through 12, details can be found at KoC109.com.

Electronic submissions are due Friday, November 10th. All are invited to participate.

All contestants are welcome to an awards and pizza party on Tuesday, December 5 6:30 PM at Our Winslow St., Knights Of Columbus Hall.

#### SAINT VINCENT DE PAUL CLOTHING DRIVE



Are you going through your closets as you switch over for the fall and winter seasons? Please consider donating any clothes you can to the SVdP Clothing Drive. We will be collecting donated clothes from 3:30 PM to 5:30 PM on Saturday, November 4th, and 6:30 AM to

12:30 PM on Sunday, November 5th at St Agnes Church.; just look for SVdP tent on Medford Street where Vincentians can help unload your car. With winter approaching, needs are high, and your generosity will be greatly appreciated!

In this Sunday's Gospel we find the truth that loving God isn't merely a matter of fervor in our hearts, but that it must be expressed in doing good for the sake of others.

This month, through your gifts, the Society of St. Vincent de Paul was able to show that we indeed love our neighbors by assisting families, providing help with food, utility and rent bills, etc. Thank You! CONTACT US AT 781-648-0220, EXT 450

#### WOMEN HELPING WOMEN IN NEED

**Baby Bottle Drive** 

-to Benefit Heartbeat Pregnancy

Returning your bottle

Baskets are available at each church to drop off your bottle. Or give online at:

https://bit.ly/CPARLheartbeatpregnancy Or by scanning the QR code Through Sunday, November 12th.



If you'd like to contribute to the "baby shower" to benefit Heartbeat Pregnancy, playpens are available at each church for drop off. Donations will be accepted through Sunday, November 5th.

#### Get Involved!

If you'd like to learn more about the Women Helping Women in Need Ministry, please reach out to Mary Wessel at info@cparl.org.

# COLLABORATIVE CALENDAR



#### **COFFEE HOUR**

**Sunday, October 29th** 10:00 AM | St. Agnes/Hope Hall

#### SANCTA MARIA VISIT

Sunday, October 29th 2:00 PM - 3:30 PM

#### BEREAVEMENT GROUP

**Sunday, October 29th** 3:00 PM – 4:30 PM | St. Agnes/Hope Hall There's always a seat for newcomers.

#### HIGH SCHOOL FAITH FORMATION

**Sunday, October 29th** 6:00 PM – 7:00 PM Zeal | St. Camillus/ Sullivan Center

#### ADULT FAITH FORMATION

7:30 PM | via Zoom Please contact the Collaborative Office for the link.

# WALKING WITH PURPOSE BIBLE STUDY

Please note, we will not meet this Tuesday, October 31st. Next session: Tuesday, November 7th.

#### ROSARY GROUP

**Tuesday, October 31st** 7:00 PM – 8:30 PM | St. Agnes/upper church

#### **ALL SAINTS DAY MASSES**

Wednesday, November 1st Tuesday, October 31st 4:00 PM Mass | St. Agnes

Wednesday, November 1st 7:00 AM Mass | St. Agnes 9:00 AM Mass | St. Camillus 12:10 PM Mass | St. Agnes 6:30 PM Mass | St. Camillus

#### **ALPHA**

**Wednesday, November 1st** 7:00 PM – 8:30 PM | St. Agnes/Hope Hall

#### MASS OF REMEMBRANCE

**Thursday, November 2nd** 6:00 PM Mass | St. Agnes 7:00 PM Reception | Hope Hall *All are welcome.* 

Sunday, November 5th 10:00 AM Mass | St. Camillus 11:00 AM Reception | Lower Hall All are welcome.

#### **MEN'S HOUR**

Saturday, November 4th 8:00 PM – 9:00 AM | St. Agnes/Hope Hall Men of all ages and stages are invited to enjoy coffee (good!) and conversation.

#### SAINT VINCENT DE PAUL CLOTHING DRIVE

Saturday, November 4th and Sunday, November 5th Look for the van outside church on Medford Street.

#### DAYLIGHT SAVINGS TIME ENDS

Sunday, November 5th

#### **COFFEE HOUR**

Sunday, November 5th
9:00 AM | St. Camillus/lower church
10:00 AM | St. Agnes/Hope Hall
11:00 AM | St. Camillus/lower church—Mass of
Remembrance Reception

#### FAITH FORMATION/THE VILLAGES

Sunday, November 5th 9:00 AM Seek | St. Camillus/lower church 10:45 AM – 11:45 AM Seek | St. Agnes/Hope Hall

#### **IMMEDIATE PREP CONFIRMATION**

Sunday, November 5th 6:00 PM - 7:00 PM | St. Camillus/Sullivan Center

# **OUR COMMUNITY**



#### **FIDELITY HOUSE**

#### Tot / Preschool Halloween Party

In Fidelity House's large gym, Tuesday, October 31, 10:30-11:30. The party is free and open to the community. Includes costume parade, make your own jack-o-lantern, Halloween games and activities. Join the fun and bring a friend.

#### **Full Day Programs**

Fidelity House's School Age Child Care Program will be offering Full Day Programs for 5 - 13 year olds on all days there is no school. Upcoming full days include; Wednesday, November 1 includes a trip to the Museum of Science, Friday, November 10 (trip to Constitution Museeum), Friday, November 17 (Saint Agnes - no school - trip to Cowabunga). Full days include special events, sports, arts & crafts, games and age appropriate activities.

#### After School Sports for Grades K -5

Floor Hockey begins on Tuesdays, Nov. 7. Soccer will meet on Wednesdays. Basketball begins on Friday, Nov. 3. Separate age groups for K - 2 and for 3rd - 5th grade. Join the fun!

#### Play More Hoop Basketball

Basketball Clinic will be offered on Friday, November 10. Ages 6-11 will meet from 9-12 noon. Ages 11 and up will meet from 1:00-3:00. This basketball clinic that will focus on offensive skills: dribbling, shooting, passing, moving without the ball and transition offense. The annual "Turkey Tune-up" a great preseason high school basketball clinic, will meet over Thanksgiving weekend

#### **Tot Sports Academy**

Sports Programs offered for children ages 3-5 years old - Basketball on Monday, Floor Hockey on Tuesday, Soccer on Friday. Program meets from 12:30-1:15.

#### **Donate Your Car**

Donate your unwanted car, boat or other vehicle to Fidelity House. Free pick up, a tax receipt and all required RMV processing will be

provided. 70-80% of the net proceeds will go to Fidelity House. Please visit www.donateforcharity.com and designate Fidelity House.

#### **Job Openings**

Group Leaders in our School Age Child Care Program and part time Preschool Teachers positions are available. High School staff, a school bus driver (part time/flexible hours), and volunteer positions are also open.

Please visit <u>www.fidelityhouse.org</u> to register online or call 781-648-2005





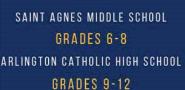






















10:00AM-NOON

ACHSSAS.ORG









#### ENTRANCE CHANT

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.

#### OPENING HYMN



in

the

dis - tills

#### FIRST READING

Ex 22: 20-26

Thus says the LORD: "You shall not molest or oppress an alien, for you were once aliens yourselves in the land of Egypt. You shall not wrong any widow or orphan. If ever you wrong them and they cry out to me, I will surely hear their cry. My wrath will flare up, and I will kill you with the sword; then your own wives will be widows, and your children orphans.

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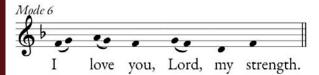
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rain.

"If you lend money to one of your poor neighbors among my people, you shall not act like an extortioner toward him by demanding interest from him. If you take your neighbor's cloak as a pledge, you shall return it to him before sunset; for this cloak of his is the only covering he has for his body. What else has he to sleep in? If he cries out to me, I will hear him; for I am compassionate."

# he Gatholic Harishes of Helington

#### **RESPONSORIAL PSALM**



Ps 18 (17): 2 · L

Ps 18 (17): 2-3, 3-4, 47, 51

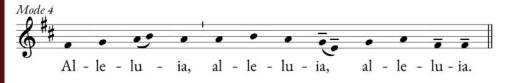
- §. I love you, O LORD, my strength,
  O LORD, my rock, my fortress, my deliverer.
- v. My God, my rock of refuge, my shield, the horn of my salvation, my stronghold! Praised be the LORD, I exclaim, and I am safe from my enemies.
- v. The LORD lives! And blessed be my rock! Extolled be God my savior, You who gave great victories to your king and showed kindness to your anointed.

#### SECOND READING

1 Thes 1: 5c-10

Brothers and sisters: You know what sort of people we were among you for your sake. And you became imitators of us and of the Lord, receiving the word in great affliction, with joy from the Holy Spirit, so that you became a model for all the believers in Macedonia and in Achaia. For from you the word of the Lord has sounded forth not only in Macedonia and in Achaia, but in every place your faith in God has gone forth, so that we have no need to say anything. For they themselves openly declare about us what sort of reception we had among you, and how you turned to God from idols to serve the living and true God and to await his Son from heaven, whom he raised from the dead, Jesus, who delivers us from the coming wrath.

#### **ALLELUIA**



In 14: 23

§. Whoever loves me, will keep my word,
and my Father will love him and we will come to him.



#### **GOSPEL**

Mt 22: 34-40

When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together, and one of them, a scholar of the law tested him by asking, "Teacher, which commandment in the law is the greatest?" He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments."

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"I have two words for Long Covid – the worst," shares Eric T. of Burlington, MA

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

"I got Covid early last year, and it was pretty bad," shares Eric. "I was hospitalized for 9 days, and there was a point where I wasn't sure I would make it. I'm still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn't do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called 'brain fog.' I'd lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I'd had a stroke more than it did a virus."

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

"I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me 'this is the best we can do for you, it's time you start thinking about how you're going to live with Long Covid.' Apparently, their best was letting me live what felt like half a life."

Eric wasn't satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. "I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I've used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac."

You might think that a novel virus needs a novel solution, but you'd only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it's a much more time-tested science that's getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

"Our O3 ReBoot Therapy® has allencompassing and powerful healing capabilities," shares Clinical Director Rebecca Rinn. "Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive." As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

"I'm in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door."

Acupuncturist Min Jeon D.Ac. Lic.Ac.has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



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"I have two words for Long Covid – the worst," shares Eric T. of Burlington, MA.

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