



# Catholic Parishes OF ARLINGTON

December 10, 2023

St. Camillus and St. Agnes



## *The Candle of* PEACE

O God of peace, fill our hearts with Your peace,  
and our lives with Your love, that these may flow  
our words and deeds and into our world.



cparlingtonma

WWW.CPARL.ORG | INFO@CPARL.ORG | 781.648.0220

NAME:

THIS SECOND WEEK OF ADVENT, MY ACT OF GENEROSITY WILL BE:

CUT THIS OFF AND PLACE IN THE MANGER AT CHURCH



Very Rev. Marc J. Bishop, VF  
Pastor St. Camillus and St. Agnes

Dear Faith Family,

I have been in communication with Fr. Chungu in Zambia. He informed me that soon the floor will

be installed for the Church. He also invited me to visit with him and his parish community after Easter. I will be traveling to Zambia on or about April 1st and returning around April 12th of next year. If you are interested in joining me or would like to support the trip, please contact me directly. Flights vary in cost and route. The community in Zambia will host me/us once I/we arrive.

Many in our Faith Family are living with grief this holiday season. Blue Christmas is a healing service to support those who need comfort. If you are feeling grief this season, Blue Christmas is a wonderful opportunity for you. The service will be in Mercy Chapel (St. Agnes Lower Church), on Sunday, December 10th at 3:00 PM.

You can still participate in the Increased Prayer Program. Check the bulletin for Details (see page 3).

Recently Fr. Brian Flatley chose to move into Regina Cleri, the senior priest living community of the Archdiocese of Boston. Fr. Flatley has been a great supporter of mine over the last five years. I appreciate his many kindnesses and commitment to prayer.

The address to Regina Cleri:  
60 William Cardinal O'Connell Way,  
Room 214  
Boston, MA 02114.

Happy Advent,  
Fr. Marc

## THE GIVING MANGER

We see through the eyes of love as we prepare food and gifts for those we hold most dear. Then we look out and see more. We see the people in need, and we realize we have the talents and treasure to help them. We prepare our hearts, by expanding them with the love of neighbor.

We give through our Giving Tree, we give through our collections, we give at year end when we have enough and can share. We know that we are called to remain generous and giving of ourselves throughout the year. Our hearts remain in the Lord when filled with love, for God, for our families, and for others.

## THE GIVING MANGER INSTRUCTIONS

The Giving Manger helps us shift the focus of Christmas back to giving. A piece of straw "paper" found on the cover of the bulletin, is placed in the manger for each kind deed or act of service performed. On Christmas Day, the Baby is placed in the manger filled with service and love.

## NEW EXAMPLES FOR THE GIVING MANGER

Babysit for free, bake a dessert for a neighbor, pay for a person behind you in a drive-thru line, help make dinner, bring your neighbors garbage cans up for them, pray for someone in need.





## MARIAN MONDAY

You are invited to join the Marian Monday rosary service and potluck dinner for the Feast of Our Lady of Guadalupe

A great opportunity for families and friends to celebrate the feast of Our Lady of Guadalupe together. We will have activities for youth and the young at heart! Festive food and drink will also follow the rosary service. We hope you can join us!

Location: St Camillus (main church for the rosary and downstairs for potluck dinner)

Date: Monday, December 11th

Timing: Rosary 6:30 PM Fellowship 7:00 PM

## ADVENT PRAYER BY HENRI NOUWEN

Lord Jesus, Master of both the light and the darkness, send your Holy Spirit upon our preparations for Christmas.

We who have so much to do and seek quiet spaces to hear your voice each day,  
We who are anxious over many things look forward to your coming among us.

We who are blessed in so many ways long for the complete joy of your kingdom.  
We whose hearts are heavy seek the joy of your presence.

We are your people, walking in darkness,  
yet seeking the light.

To you we say, "Come Lord Jesus!"  
Amen.

## WORSHIP SCHEDULE

### ADORATION The Second Week of Advent

Our Increased Prayer Program

**Monday – Saturday**

6:00 AM – 7:00 AM | St. Agnes/upper church

**Monday, December 11th**

8:00 AM – 5:00 PM | St. Agnes/Mercy Chapel

**Tuesday, December 12th**

8:00 AM – 12:00 PM | St. Agnes/Mercy Chapel

3:00 PM – 5:00 PM | St. Agnes/Mercy Chapel

**Wednesday, December 13th**

12:00 PM – 9:00 PM | St. Agnes/Mercy Chapel

**Thursday, December 14th**

8:00 AM – 12:00 PM | TBD

7:00 PM – 9:00 PM | St. Agnes/Mercy Chapel

**Friday, December 15th**

8:00 AM – 2:00 PM | TBD

**Saturday, December 16th**

8:00 AM – 2:00 PM | St. Agnes/Mercy Chapel

### CHRISTMAS MASS SCHEDULE

**Sunday, December 24th**

4:00 PM | St. Agnes

4:30 PM | St. Camillus

6:00 PM | St. Agnes

6:30 PM | St. Camillus

10:00 PM | St. Agnes

**Monday, December 25th**

7:00 AM | St. Agnes

8:00 AM | St. Camillus

9:00 AM | St. Agnes

10:00 AM | St. Camillus

12:00 PM | St. Agnes

### CONFESSION

Saturdays

9:30 AM | St. Camillus

3:00 PM – 3:45 PM | St. Agnes

### ONLINE DAILY REFLECTIONS

As a way to further support a commitment to prayer this season, you are invited to visit [cparl.org](http://cparl.org) for an online book of daily prayer prompts, some written by parishioners and others by parish partners.



# PRAYER



## ST. AGNES MASS INTENTIONS

### SATURDAY, DECEMBER 9

7:00 AM Richard Sullivan  
4:00 PM William Hayes  
5:30 PM John & Eileen Healy

### SUNDAY, DECEMBER 10

7:00 AM For the People of our Collaborative  
9:00 AM James Wright  
12:00 PM Michael Colpitts

### MONDAY, DECEMBER 11

7:00 AM John Josep Nolan and Helen Spiers  
Nolan

### TUESDAY, DECEMBER 12

7:00 AM Jane Cummings

### WEDNESDAY, DECEMBER 13

7:00 AM Mass for All Souls

### THURSDAY, DECEMBER 14

7:00 AM Deborah Fallis

### FRIDAY, DECEMBER 15

7:00 AM Roger Amedeo Femia

### SATURDAY, DECEMBER 16

7:00 AM Margaret Wiseman  
4:00 PM Maryjane McCauley Rhodes  
5:30 PM Leonardo and Mary Minniti

### SUNDAY, DECEMBER 17

7:00 AM For People of our Collaborative  
9:00 AM Colleen Cronin  
12:00 PM Theresa Conti

## ST. CAMILLUS MASS INTENTIONS

### SATURDAY, DECEMBER 9

9:00 AM Rita & Peter Mart  
4:30 PM Annunziata & Antonio Pascuito

### SUNDAY, DECEMBER 10

8:00 AM For the People of our Collaborative  
10:00 AM James R. Fitzgerald Jr., James Sr., and  
Catherine Fitzgerald and Robert and Neil  
Fitzgerald

### MONDAY, DECEMBER 11

9:00 AM Mary Hannon

### TUESDAY, DECEMBER 12

9:00 AM Anna, James & Damian Pennacchio

### WEDNESDAY, DECEMBER 13

9:00 AM Jerry Mullane

### THURSDAY, DECEMBER 14

9:00 AM Alexander J. McKillop

### FRIDAY, DECEMBER 15

9:00 AM Mass for All Souls

### SATURDAY, DECEMBER 16

9:00 AM Gaetano DiDomenico  
4:30 PM Rosemary Fuoco

### SUNDAY, DECEMBER 17

8:00 AM For the People of our Collaborative  
10:00 AM Giacomo Giardini

## THE ST. CAMILLUS SANCTUARY LIGHT

The light will burn the week of December 17th for John, Lucy & Michael Sliney and Janet Carney

## PLEASE PRAY FOR

Carmella Nunes, Ralph Laundry, Constantino Livolsi, and Phyllis Troiano who died recently and for all the sick of our collaborative.

In this second week of Advent, our prayerful intention is for the healing of those suffering from chronic illness, especially cancer.

## CHRISTIANS IN THE HOLY LAND

Christians in the Holy Land produce olive wood religious items to support themselves living in the Holy Land. Representatives of Christian communities will be at St. Agnes Church on Saturday, December 9th and Sunday, December 10th. They will share the plight of Christians and sell art in support of those communities.

## SAINT AGNES PRESIDER SCHEDULE

Saturday, December 16th

4:00 PM Fr. Marc  
5:30 PM Fr. Kilroy

Sunday, December 17th

7:00 AM Fr. Alwin  
9:00 AM Fr. Chris  
12:00 PM Fr. Bourke

## SAINT CAMILLUS PRESIDER SCHEDULE

Saturday, December 16th

4:30 PM Fr. Chris

Sunday, December 17th

8:00 AM Fr. Kilroy  
10:00 AM Fr. Alwin

*SCHEDULE MAY CHANGE WITHOUT NOTICE*






Roger Mansen  
Director of Liturgy and Music

## **MUSIC NOTES** *from Roger*

A reminder that during this season of Advent, we are using new musical settings of the Holy, Holy and the Lamb of God. These settings are from the Mass of St Philip Neri written in 2011 by Paul Jernberg who lives in Lancaster, MA. You'll find that the settings are very simple and straight-forward to sing. In 2011 Paul Jernberg said he "sensed a great need for worthy new settings of the Mass that would correspond to the heightened beauty and integrity of the new translation." He explains that "this music can best be understood as an integration of two perennial traditions: that of Gregorian chant in the West and that of Byzantine (particularly Slavic) harmonized chant in the East." This setting has been enthusiastically received in parishes all over the US, Canada and England. One reviewer noted of the Mass: "its capacity to aid worshippers to enter more deeply and prayerfully into the reality of Christ's presence in the liturgy."

I find these settings to be very prayerful in their sound and spirit. They are easy to approach and very singable to incorporate into our worship. I hope you enjoy learning them and hearing them sung as they add a new spirit-filled musical change in our liturgy as we move through the Advent season and begin our Increased Prayer Program.

The third Sunday of Advent will be here soon, so don't forget to mark your calendars:



All are welcome to celebrate Advent & Christmas  
with a program featuring the sacred stories and  
songs of the season

# *A Festival of Nine Lessons & Carols*

*Featuring the St. Agnes Parish Choir*

**SUNDAY, DECEMBER 17TH AT 3 PM**  
**ST AGNES CHURCH**  
**MEDFORD STREET, ARLINGTON**

**RECEPTION TO FOLLOW IN HOPE HALL**



## SACRIFICIAL GIVING

### SAINT AGNES

December 2/3 Offertory: \$16,129  
YTD Offertory: \$287,396  
YTD Offertory Budget: \$299,000  
Variance: (\$11,604)

### ADVENT GIVING TREE

This weekend – December 9th and 10th is drop-off weekend. Thank you to everyone who has contributed to the in-person and online Giving Trees.

The online Giving Tree will remain available through the Advent Season. For the online Giving Tree, please scan the QR code or go to <https://www.cparl.org/2023-giving-tree>.

Your generous support brightening the holidays and spreading joy is greatly appreciated!



### ARLINGTON EATS

Food instability remains a concern for our neighbors, and Arlington Eats depends on the generosity of communities like ours.. During December they are requesting:

- soup
- tea
- coffee
- cocoa
- baked beans
- aluminum foil

Drop off bins are available at both churches. Ask an usher for assistance if needed.

### CHRISTMAS FLOWERS

Envelopes for Christmas flowers may be placed in the collection basket at any time. Please print name bold and clearly. Thank you.

### SAINT CAMILLUS

December 2/3 Offertory: \$5,767  
YTD Offertory: \$95,979  
YTD Offertory Budget: \$92,000  
Variance: \$3,979

### SPREAD JOY TO SANCTA MARIA

Sunday, December 17th | 2:00 PM – 3:30 PM  
Join us as we bring Christmas cheer and caroling to the residents of Sancta Maria Nursing Facility.  
Please register:  
<https://bit.ly/SanctaMariaDecember>

### BOSTON SOCK EXCHANGE

**The next gathering is: Monday, December 18th**  
6:00 PM St. Camillus kitchen/lower church  
The Boston Sock Exchange volunteers make 125 bagged lunches to be delivered to a soup kitchen in Waltham, every month.

Each lunch includes a sandwich, water, fruit, granola bar/snack, and socks. The only thing we are in need of is PEANUT BUTTER! Please drop in the baskets marked SOCK EXCHANGE DONATIONS at each church.

### SAINT VINCENT DE PAUL



In today's Gospel John the Baptist urges us to "Prepare the way of the Lord." We are called to help prepare the way of the Lord by making the real meaning of Christmas come alive in our own hearts, in our family and to reach out to those in need.

Is there a family you know who needs assistance? Please call the Society of St. Vincent de Paul so that together we can help the suffering and poor to celebrate Christmas.

**CONTACT US AT 781-648-0220, EXT 450**

# COLLABORATIVE CALENDAR



## CHILDREN'S LITURGY OF THE WORD

Sunday, December 10th

9:00 AM | St. Agnes

10:00 AM | St. Camillus

## COFFEE HOUR

Sunday, December 10th

10:00 AM | St. Agnes/Hope Hall

## BLUE CHRISTMAS

Sunday, December 10th

3:00 PM | St. Agnes/Mercy Chapel

Gather with others who are grieving in seeking comfort in the presence of God.

## ADVENT FAMILY GATHERING

Sunday, December 10th

6:00 PM Activities | St. Camillus/lower church

7:00 PM Tree Lighting and Caroling outside

*All are welcome!*

## MARIAN MONDAY

Monday, December 11th

Feast of Our Lady of Guadalupe, Mexico

6:30 PM Rosary | St. Camillus

7:00 PM Fellowship | St. Camillus/lower church

A great opportunity for families and friends to celebrate Our Lady. Learn about her apparition in Guadalupe, Mexico, and join us in the rosary followed by a festive meal. We will have activities for youth and the young at heart!

## CRIBBAGE

Monday, December 12th

6:30 PM | St. Agnes/Hope Hall

All are welcome to join.

## ROSARY GROUP

Tuesday, December 12th

7:00 PM—8:30 PM | St. Agnes/upper church

All are welcome to join.

## COFFEE HOUR

Sunday, December 17th

10:00 AM | St. Agnes/Hope Hall

## FAMILY FAITH FORMATION

Sunday, December 17th

10:45AM—11:45 AM Seek | St. Agnes/Hope Hall

## GOD AT BRUNCH

Sunday, December 17th

1:15 PM | Donut Villa

## SANCTA MARIA

Sunday, December 17th

2:00 PM—3:30 PM | Sancta Maria

During this season of giving, parishioners are invited to join us in caroling with the residents at the Sancta Maria Nursing Facility at 799 Concord Avenue in Cambridge.

## NINE LESSONS AND CAROLS

Sunday, December 17th

3:00 PM—4:00 PM | St. Agnes/upper church

Reception to follow in Hope Hall.

## ZEAL FOR TEENS

Sunday, December 17th

6:00 PM | St. Camillus/Sullivan Center

## PROLIFE MEETING

Monday, December 18th

7:00 PM | St. Agnes/Hope Hall

## DECORATE ST. AGNES FOR CHRISTMAS

It is looking a lot like Christmas!

Join us on **Saturday, December 23rd, at 11:30 AM** to decorate St. Agnes Church for the Christmas Season.

## COMMUNITY HOLIDAY BRUNCH

Sunday, December 31st

1:00 PM | St. Agnes/Hope Hall

## WALKING WITH PURPOSE | BIBLE STUDY

**Note: our next meeting is Tuesday, January 9th**

It will be a video presentation on "Your Heart—You Are Captivating." *It's a great time to invite a friend!*



# OUR COMMUNITY



## WE WELCOME THE NEWLY BAPTIZED

Almighty God, we ask for Your goodness and blessings to be poured out on the newest members of our faith community. Father, cover and protect them now, encircle them with your promises and fill their hearts with joy.



Elizabeth who was baptized last Saturday.



Jaxon, Mireya, Walker, Finlay, and Elizabeth (not pictured) were baptized last Sunday.

## COMMUNITY HOLIDAY BRUNCH

This time of year can bring on an onslaught of emotions from joy to anxiety to loneliness and everything in between. Loss, separation, and the frenetic pace of the world around us can take its toll on our well being. Join our faith family for a celebration of faith and fellowship.

All are invited to join our faith family for our second annual Christmas Brunch on Sunday, December 31st at 1:00 PM in St. Agnes/Hope Hall. Everyone in our community is welcome.

If you would like to contribute to the brunch, please reach out to Mary Wessel at [info@cparl.org](mailto:info@cparl.org) or scan the QR Code.



KoFC 109 PRESENTS

Games!  
Santa!  
Pizza!

Sunday  
**17**  
DECEMBER  
4:30-6:30

**Children's Christmas  
Party**

**Open to All!**

**Knights of Columbus Council 109**  
15 Winslow Street, Arlington, MA 02474

[WWW.KOFC109.COM](http://WWW.KOFC109.COM)





## FIRST RESPONDERS 1ST ANNUAL MASS

Saint Agnes School welcomed first responder family and friends to a beautiful Mass presided over by Father Alwin, followed by fellowship over coffee and donuts in Barton Hall. The gratitude students showed first responders was a timely message on Thanksgiving week.



## FIRST FRIDAY

Arlington Catholic students attended mass on December 1st with Father Chris, the AC chaplain. Father connected to students through sports, comparing Advent to a training camp for athletes. The message was well received as the new liturgical season of preparation began.

THE TRADITION CONTINUES...

# Christmas Centerpiece Night

Create a gorgeous arrangement with  
Arlington's own NICOLE COLEMAN  
from The Daily Bloom

**Monday, December 18th**  
**6:30pm**  
Arlington Catholic Cafeteria  
**\$50 per person**  
Sign Up Now - Space Is Limited

\*all materials will be provided

## CHRISTMAS CENTERPIECES

Saint Agnes School and Arlington Catholic High School are hosting a Christmas Centerpiece Night on **Monday, December 18th!** Create a gorgeous arrangement with Arlington's own Nicole Coleman from The Daily Bloom. All materials will be provided. Space is limited, so sign up ASAP!

Online registration and payment can be made here:

<https://forms.gle/5mw1t52wThsoq6jy7>

Cost is \$50 per person.

"THE PEOPLE WHO WALKED  
IN DARKNESS  
HAVE SEEN A GREAT LIGHT;  
THOSE WHO DWELT IN A LAND  
OF DEEP DARKNESS,  
ON THEM HAS LIGHT SHINED."  
ISAIAH 9:2



## **Luminary Walkway**

Fidelity House will be lighting up our walkway with luminaries leading up to the longest night of the year on December 14-21. Honor the past & present while helping a child's future and sponsor a luminary. Go to [fidelityhouse.org](http://fidelityhouse.org) to sponsor in Honor of, In Memory of, or simply support children's futures!

## **Full Day Programs**

Fidelity House will be offering Full Day Programs for Preschool, PreK, and School Age children over school vacation week, Dec. 27-29. Our programs will also offer full days on all days that St. Agnes is closed including Dec. 21 & 22. Registration forms and more information is online or available by calling or dropping by Fidelity House.

## **Play More Hoop**

Basketball 3 day clinic during School Vacation week!- Fidelity House will be offering a Skills Clinic on Wednesday Dec. 27 and Thursday, Dec 28 and Friday, Dec. 29. Separate age group times will be offered.. The clinics will be divided into skills, games, and contests. The clinic will be made up of kids having fun and still learning all the skills of dribbling, all aspects of shooting and individual moves. Register for individual days or all 3 days.

## **Family Gym Time**

Fidelity House's large gym will be open to families on Saturday, December 16, from 11:00-1:00 pm. We have plenty of equipment and space to have fun. There is no program fee but donations are welcome.

## **End of Year Giving**

Fidelity House is a non-profit community center that relies on the generous donations of time, talent and resources of the greater community. Please consider donating to our Capital Campaign, General Fund, or Financial Aid Fund. Donations and/or pledges can be mailed or completed by visiting [fidelityhouse.org](http://fidelityhouse.org). WE GREATLY appreciate your support!

## **Preschool Vacation Week Programs**

Fidelity House will be offering Full Day Programs for Preschool, PreK over school vacation week. Registration forms and more information is online or available by calling or dropping by Fidelity House.

## **Preschool Teaching Position**

Fidelity House Preschool has a full time or afternoon hours position available. Candidate must be EEC Teacher or Lead Teacher qualified. Call 781-648-2005 or stop in for more information. School bus driver (part time/flexible hours), and volunteer positions are available.

## **Weekly News**

Please visit our Weekly Newsletter at the link below.  
<https://bit.ly/FidelityHouseNewsletter>.

Please visit [www.fidelityhouse.org](http://www.fidelityhouse.org)  
to register online or call 781-648-2005  
to get more information  
about our great programs

"REJOICE IN THE LORD ALWAYS.  
I SHALL SAY IT AGAIN: REJOICE!  
YOUR KINDNESS SHOULD BE KNOWN TO ALL. THE LORD IS NEAR."

Phillipians 4:4-5







## ENTRANCE CHANT

O people of Sion, behold, the Lord will come to save the nations, and the Lord will make the glory of his voice heard in the joy of your heart.

## OPENING HYMN

*The King Shall Come When Morning Dawns*

1. The King shall come when morn - ing dawns, And  
 2. Not as of old a lit - tle child To  
 3. The King shall come when morn - ing dawns, And  
 4. And let the end - less bliss be - gin, By  
 5. The King shall come when morn - ing dawns, And

1. light tri - um - phant breaks; When beau - ty gilds the  
 2. bear, and fight, and die, But crowned with glo - ry  
 3. earth's dark night is past; O haste the ris - ing  
 4. wea - ry saints fore - told, When right shall tri - umph  
 5. light and beau - ty brings: Hail, Christ the Lord! Your

1. east - ern hills, And life to joy a - wakes.  
 2. like the sun That lights the morn - ing sky.  
 3. of that morn: That day shall ev - er last.  
 4. o - ver wrong, And truth shall be ex - tolled.  
 5. peo - ple pray, Come quick - ly, King of kings.

## FIRST READING

*Is 40: 1-5, 9-11*

Comfort, give comfort to my people, says your God. Speak tenderly to Jerusalem, and proclaim to her that her service is at an end, her guilt is expiated; indeed, she has received from the hand of the LORD double for all her sins.

A voice cries out: In the desert prepare the way of the LORD! Make straight in the wasteland a highway for our God! Every valley shall be filled in, every mountain and hill shall be made low; the rugged land shall be made a plain, the rough country, a broad valley. Then the glory of the LORD shall be revealed, and all people shall see it together; for the mouth of the LORD has spoken.

Go up on to a high mountain, Zion, herald of glad tidings; cry out at the top of your voice, Jerusalem, herald of good news! Fear not to cry out and say to the cities of Judah: Here is your God! Here comes with power the Lord GOD, who rules by his strong arm; here is his reward with him, his recompense before him. Like a shepherd he feeds his flock; in his arms he gathers the lambs, carrying them in his bosom, and leading the ewes with care.



## RESPONSORIAL PSALM

*Mode 4* *Ps 85 (84): 8 · L*

Lord, let us see your kind - ness, and grant  
us your sal - va - tion.

- Ÿ. I will hear what God proclaims;  
the LORD—for he proclaims peace to his people.  
Near indeed is his salvation to those who fear him,  
glory dwelling in our land.
- Ÿ. Kindness and truth shall meet;  
justice and peace shall kiss.  
Truth shall spring out of the earth,  
and justice shall look down from heaven.
- Ÿ. The LORD himself will give his benefits;  
our land shall yield its increase.  
Justice shall walk before him,  
and prepare the way of his steps.

## SECOND READING

2 Pet 3: 8-14

Do not ignore this one fact, beloved, that with the Lord one day is like a thousand years and a thousand years like one day. The Lord does not delay his promise, as some regard “delay,” but he is patient with you, not wishing that any should perish but that all should come to repentance. But the day of the Lord will come like a thief, and then the heavens will pass away with a mighty roar and the elements will be dissolved by fire, and the earth and everything done on it will be found out.

Since everything is to be dissolved in this way, what sort of persons ought you to be, conducting yourselves in holiness and devotion, waiting for and hastening the coming of the day of God, because of which the heavens will be dissolved in flames and the elements melted by fire. But according to his promise we await new heavens and a new earth in which righteousness dwells. Therefore, beloved, since you await these things, be eager to be found without spot or blemish before him, at peace.

## ALLELUIA

*Mode 1*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Lk 3: 4, 6

- Ÿ. Prepare the way of the Lord, make straight his paths:  
all flesh shall see the salvation of God.



## GOSPEL

Mk 1: 1-8

The beginning of the gospel of Jesus Christ the Son of God.

As it is written in Isaiah the prophet: "Behold, I am sending my messenger ahead of you; he will prepare your way. A voice of one crying out in the desert: "Prepare the way of the Lord, make straight his paths." John the Baptist appeared in the desert proclaiming a baptism of repentance for the forgiveness of sins. People of the whole Judean countryside and all the inhabitants of Jerusalem were going out to him and were being baptized by him in the Jordan River as they acknowledged their sins. John was clothed in camel's hair, with a leather belt around his waist. He fed on locusts and wild honey. And this is what he proclaimed: "One mightier than I is coming after me. I am not worthy to stoop and loosen the thongs of his sandals. I have baptized you with water; he will baptize you with the Holy Spirit."

## OFFERTORY HYMN

*Comfort, Comfort, O My People*

1. Com - fort, com - fort, O my peo - ple,  
 2. For the her - ald's voice is cry - ing  
 3. Straight - en that which long was crook - ed,

1. Speak of peace, thus says our God;  
 2. In the de - sert far and near,  
 3. Make the rough - er plac - es plain:

1. Com - fort those who sit in dark - ness,  
 2. Bid - ding all men to re - pent - ance,  
 3. Let your hearts be true and hum - ble,

1. Mourn - ing 'neath their sor - row's load;  
 2. Since the king - dom now is here.  
 3. As be - fits his ho - ly reign,

1. Speak un - to Je - ru - sa - lem  
 2. O that warn - ing cry o - bey!  
 3. For the glo - ry of the Lord

1. Of the peace that waits for them;  
 2. Now pre - pare for God a way!  
 3. Now o'er earth is shed a - broad,

1. Tell her that her sins I cov - er,  
 2. Let the val - leys rise to meet him,  
 3. And all flesh shall see the to - ken

1. And her war - fare now is o - ver.  
 2. And the hills bow down to greet him.  
 3. That his word is nev - er bro - ken.





## SANCTUS

Ho - ly, Ho - ly, Ho - ly Lord God of  
hosts. Heav - en and earth are full of your  
glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho -  
san - na in the high - est.

## AGNUS DEI

Lamb of God, you take a - way the sins of the  
world, have mer - cy on us. Lamb of God, you  
take a - way the sins of the world, have mer - cy on us.  
Lamb of God, you take a - way the sins of the world,  
grant us peace.

## COMMUNION CHANT

Jerusalem, arise and stand upon the heights, and behold the joy which comes to you from God.



## COMMUNION HYMN

*Immaculate Mary*

1. Im - mac - u - late Mar - y, your prais - es we sing. You  
 2. In heav - en the bless - ed your glo - ry pro - claim; On  
 3. We pray for our Moth - er, the Church up - on earth, And

1. reign now in splen - dor with Je - sus our King.  
 2. earth we your chil - dren in - voke your fair name.  
 3. bless, Ho - ly Mar - y, the land of our birth.

A - ve, A - ve, A - ve, Ma - rí - a! A - ve, A - ve, Ma -  
 rí - a!

## RECESSIONAL HYMN

*O Come, O Come, Emmanuel*

1. O come, thou Rod of Jes - se, free Thine  
 2. O come, thou Day - spring, come and cheer Our

1. own from Sa - tan's tyr - an - ny; From depths of hell thy  
 2. spir - its by thine ad - vent here; Dis - perse the gloom - y

1. peo - ple save, And give them vic - t'ry  
 2. clouds of night, And death's dark shad - ows

1. o'er the grave. Re - joice! Re - joice! Em - man - u -  
 2. put to flight. el shall come to thee, O Is - ra - el.

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This tragic story was shared with us by Dan S. a Burlington resident who has peripheral neuropathy. And while no one was hurt in this accident, Dan S. had suffered almost everyday of his life with tingling and burning in his feet until numbness set in and he could no longer feel even the brake pedal beneath his foot.

“The first stage is pain.” shares Acupuncturist Min Jeon of AWC| Acupuncture & Wellness Clinic. “You feel burning, tingling, sharp pains, or you feel like you’re walking on tacks or marbles. This pain eventually subsides and the numbness sets in. Unfortunately, the numbness brings with it a whole other host of problems.”

This was the case with Dan. “I said I wasn’t going to drive again. What if that had been a pedestrian?”

It is terribly common that peripheral neuropathy and its debilitating symptoms interfere with a person’s ability to live their life. Dan was now reliant on his wife to drive him around, even the simple pleasure of cruising down Route 1 or taking her out to dinner was outside of his capabilities. Even more common, Dan’s general practitioner and several specialists told him there was nothing they could do other than prescribe him pills that would ease the pain of his neuropathy.

**That’s where Acupuncturist Min and her staff at AWC come in. “About 75% of our current patients come to us suffering from the same condition as Mr. Dan,” tells Min Jeon Lic.Ac.**

“They’re in constant pain from neuropathy and it prevents them from not only living their lives but more importantly, it prevents them from enjoying it. Depending on the severity of their nerve damage, we typically see tremendous progress in 3-4 months of treatment. I like to say we’re in the business of making your golden years golden.”

**“I can’t lie,” confides Dan.**

**“I was skeptical at first. The folks down at Mass General told me there was nothing that could be done and then there’s an Acupuncturist right here in Burlington who tells me she can help. Turns out she was right! About three months after treatment I was able to confidently drive myself to my appointments! My wife and I celebrated by buying ourselves a new car! It’s hard to put into words how incredible this is, quite frankly Acupuncturist Min Jeon gave me my life back.”**

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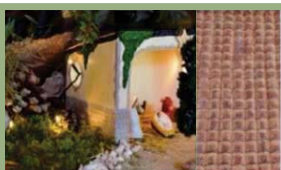
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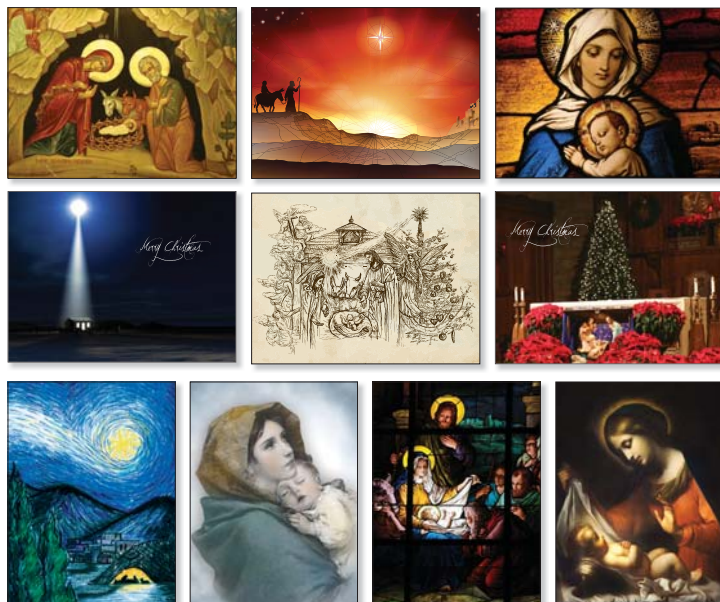
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