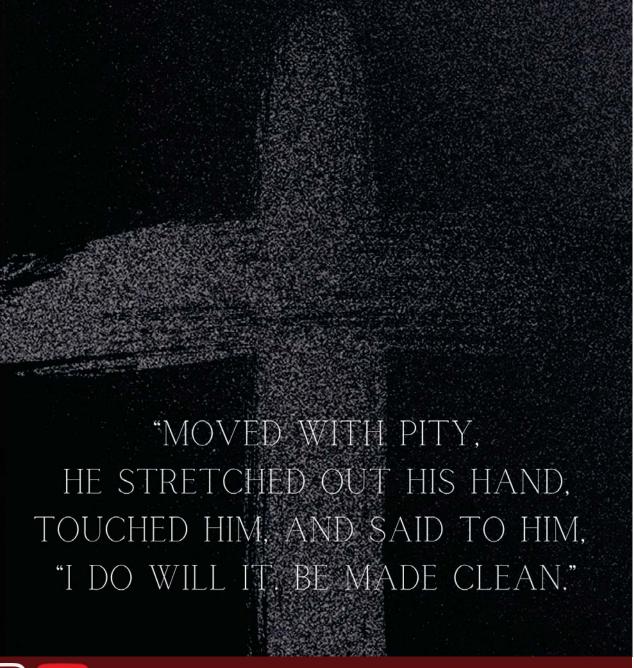
FEBRUARY 11, 2024

ST. CAMILLUS AND ST. AGNES

SIXTH SUNDAY OF ORDINARY TIME





## **WELCOME**





Very Rev. Marc J. Bishop, VF Pastor St. Camillus and St. Agnes

Dear Faith Family, You may have noticed that it has been quieter around St. Camillus Church recently. This is because we have silenced the bells. While making repairs to the brick of the tower, it was determined that there is the possibil-

ity that the bells were shaking the tower in such a way as to make it unstable. The Bell Tower is currently safe, but we need to ensure that it remains safe. That is why we employed the abundance of caution to silence the bells until a thorough review of the structure can be completed. There is currently no timeline, but I will keep you informed of the latest information.

Save the date: The Collaborative Mission will be held at St. Camillus Church from March 18th to March 20th. The first two nights will be an exercise in Synodality, and the third night will be a program of Adoration and the Sacrament of Reconciliation. As other have explained, during a Synod, all Catholics are invited to listen with open hearts and minds, to share from their own lived experiences, and to make space for the voices of those often marginalized or excluded. Our topics for discussion will center around the four marks of the Church: one, holy, catholic, and apostolic. How do we as a faith family embody and live as one, holy, catholic, and apostolic. To have these discussions we will be employing a similar format that the Pope led in Rome this past October. This will allow us to better understand the process of Synodality as presented by Pope Francis and to act as co-responsible members of the Body of Christ here at the Catholic Parishes of Arlington.

Our Mission is a natural follow-up to the Collaborative Convocation that occurred in the Fall of 2019. That meeting of parishioners was the foundation of our Pastoral Plan. I hope we can discern together how CPARL can continue to be a beacon of light and stability in our community, by embodying the mystery of one, holy, catholic, and apostolic.

God Bless, Fr. Marc

#### **WORLD MARRIAGE DAY**

#### Sunday, February 11th

Today, on World Marriage Sunday, we joyfully celebrate a love beyond words shared between a husband and wife in the marital covenant. We pray for all married couples called to be imitators of Christ's sacrificial love in the world. May their marriages be bright beacons of hope to family members and friends, living reminders of Jesus' love as they create nurturing homes, wellsprings of hospitality where the warmth of Jesus' love is shared and felt.

One of the blessings of marriage is the gift of children. Parents are the first teachers to their children, especially in the way of love. Where love is shared abundantly in a family, the family becomes a school of love, especially for children who watch their parents love each other with every gesture and expression of self-giving. Children notice every hug, kiss, sacrifice, and loving glance. May parents strive to mirror Christ's tender love before their children.

Jesus' healing of the leper is a beautiful example for us. Jesus' love heals. Only His tremendous love can save and free us. Like the leper, we must kneel in faith and beg for Jesus the Divine Physician to enter into where we need healing or are bound by sin, to enter marriages that are hurting, to heal our families by His love from any division, anger, or resentment, to mend every human heart, and to bind up the wounds of the human family throughout the world with His healing and salvific love.

Like the psalmist, we pray, "I turn to you, Lord, in time of trouble, and you filled me with the joy of salvation." Lay your hand upon us and may the world overflow with your healing love.
Amen.

#### Join us

AT THE CONCLUSION OF EACH MASS, FOR A SPECIAL BLESSING TO ALL MARRIED COUPLES.

## **PRAYER**





#### **MASS SCHEDULE**

7:00 AM | St. Agnes 9:00 AM | St. Camillus 12:10 PM | St. Agnes 5:30 PM | St. Agnes 7:00 PM | St. Camillus

#### **SERVICE OF ASHES**

3:00 PM | St. Agnes

#### WHY ASHES?

The tradition of ashes has its roots in the Old Testament, where wearing ashes was a common sign of repentance for sins, and a sign of one's humility before God. Since Lent is a season of penitential renewal through prayer, fasting, and almsgiving, it's appropriate that this ancient sign marks the beginning of the season. The ashes themselves are usually made by burning the palm fronds from the previous year's Palm Sunday. This symbolically connects the beginning of Lent with its end, connecting our change of heart with Christ's passion, death, and resurrection.

#### THE PRACTICE OF SACRIFICE

The 40 days of Lent are a good time to work on our self-discipline. "Giving up" things that distract us from the love of God (such as too much screen time) or finding aspects of yourself that are less than Christ-like.

It can also be about doing more positive things that help you grow spiritually like praying more, spending time in Adoration, and doing acts of kindness for others.

The Catholic Church defines fasting as one full meal a day, with two snacks that together do not equal one meal and should be observed by anyone in good health and between the ages of 21 and 59.

#### WHY DO WE FAST?

Why fast? Our survival requires us to eat and drink. When we refrain from these most basic activities, it reminds us that "we do not live by bread alone." Fasting provides us with an opportunity to affirm our faith in God's providential care. Fasting as a spiritual practice falls into the category of sacrifice. As in other acts of religious sacrifice, fasting takes something away from us. Fasting stirs us to contemplate justice – many in this world go without food - and motivates us to pray in a deeper, richer way. Because we don't want to do it, fasting is regarded as a penitential practice: We do it in reparation for sin, ours and the world's. When you think of everything fasting can do encourage fidelity and humility, awaken the spirit of justice, enhance prayer, assist those who are tempted – the question becomes: Why not fast?

#### WHY FASTING MATTERS

When we're self-sufficient, it's easy to forget that God is our ultimate source of life and hope. Fasting is a visceral reminder to trust in God. Fasting helps us to detach from worldly things not because they are bad but to remind us that God is the source of all gifts.

From the Catechism of the Catholic Church: "Fasting and abstinence . . . help us acquire mastery over our instincts and freedom of heart" (2043).

(Adapted from preparetheword.com)

## **PRAYER**



#### ST. AGNES MASS INTENTIONS

#### **SATURDAY, FEBRUARY 10**

7:00 AM Katherine & Ann Kelly

4:00 PM Mary & James J. Moran Jr. & family

5:30 PM Madeline & Lawrence Babine

#### **SUNDAY, FEBRUARY 11**

7:00 AM Jimmy Hingston

9:00 AM For the People of our Collaborative

12:00 PM Marjorie Grace

#### **MONDAY, FEBRUARY 12**

7:00 AM Phyllis Gallo

#### **TUESDAY, FEBRUARY 13**

7:00 AM Phyllis & Anthony Gallo

#### WEDNESDAY, FEBRUARY 14—Ash Wednesday

7:00 AM John & Alice Doherty

#### THURSDAY, FEBRUARY 15

7:00 AM James, John & Patrick Walsh

#### FRIDAY, FEBRUARY 16

7:00 AM Joseph Oz

#### SATURDAY, FEBRUARY 17

7:00 AM Mass for All Souls 4:00 PM Adam Culhane 5:30 PM Denise Giers

#### **SUNDAY, FEBRUARY 18**

7:00 AM For the People of our Collaborative

9:00 AM Ellen LeVelle

12:00 PM For the Deceased members of the

Brennan, Lawler & Tighe families

#### ST. CAMILLUS MASS INTENTIONS

#### **SATURDAY, FEBRUARY 10**

9:00 AM Annunziata & Antonio Pascuito

4:30 PM Madeline Hanafin

#### **SUNDAY, FEBRUARY 11**

8:00 AM John & Catherine Comeau

10:00 AM Alice J. Walsh

#### **MONDAY, FEBRUARY 12**

9:00 AM Jack & Marge Coleman

#### **TUESDAY, FEBRUARY 13**

9:00 AM Alice Walsh

#### WEDNESDAY, FEBRUARY 14

9:00 AM Hazel Bigham

#### THURSDAY, FEBRUARY 15

9:00 AM Joseph Giuggio

#### FRIDAY, FEBRUARY 16

9:00 AM Gaetano DiDomenico

#### **SATURDAY, FEBRUARY 17**

9:00 AM Mass for All Souls

4:30 PM Saverio, Laura, Elena & Gilda Testa

#### **SUNDAY, FEBRUARY 18**

8:00 AM For the People of our Collaborative

10:00 AM Laurence & Mary Tosi

#### SIXTH SUNDAY OF ORDINARY TIME

St. Paul's words in the second reading today are clear but not necessarily the easiest to do: "whatever you do, do everything for the glory of God." This reading is a good attitude for us as we head into the Lenten season this week. Make it your prayer this week that in all things large and small, in your words and in your actions, your prayer and your intentions will be to give glory to God. Each evening, look back over your day to recall your day. Notice when you were aware of your intention to do things for God's glory and when you were not. Pray for the grace to act with right intentions in the coming day. As Lent begins, try to maintain this practice and notice the positive difference it makes in your life.

#### **PLEASE PRAY**

For Kathleen Jenkins, Carole Wessinger, Nick Venuti, Eileen Ziomek, Helen T. Brogan, Giovanni Vaudo, Carol Burvill, Dennis Mercurio and John McCadden who died recently and for the sick of our Collaborative.

For the protection of those who are serving in our Armed Forces and all affected by war and violence.

#### THE ST. CAMILLUS SANCTUARY LIGHT

The light will burn the week of February 11th for Alice J. Walsh.

#### SAINT AGNES PRESIDER SCHEDULE

Saturday, February 17th 4:00 PM Fr. Chris

5:30 PM Fr. Marc

Sunday, February 18th

7:00 AM Fr. Alwin
9:00 AM Fr. Marc

12:00 PM Fr. Marc

#### SAINT CAMILLUS PRESIDER SCHEDULE

Saturday, February 17th 4:30 PM Fr. Alwin

Sunday, February 18th

8:00 AM Fr. Chris 10:00 AM Fr. Kilroy

SCHEDULE MAY CHANGE WITHOUT NOTICE

## **STUDY**





Roger Mansen Director of Liturgy and Music

**MUSIC NOTES** 

from Roger

We have arrived at the end of a brief season of Ordinary Time, following our Christmas Season; that of 6 Sun-

days. Next week we celebrate Ash Wednesday and then begin the season of Lent with the first Sunday of Lent next weekend. As such, our liturgies will take on a more subdued spirit of prayer and penitence.

That leaves us this week to rejoice with Alleluias loud and clear, to laud and magnify the Holy name of God the Father and God the Son. The spirit of rejoicing shall fill our churches as we sing praise, especially in the opening and closing hymns. These hymns are filled with Alleluias and spirited rejoicing. The word Alleluia, beginning next week, will be absent from our worship for a time and will return only after a long season of penitent prayer and reflection.

Let us 'raise the rafters' in song as we conclude this joyous time in our Liturgical year and prepare for our Lenten fast.

Alleluia!

#### MEN'S CONFERENCE

Want to join our group for the Worcester Men's Conference? The Worcester Men's Conference is the oldest in the nation. It is taking place once again on **Saturday**, **March 16th**. We'll do carpools/vanpools (likely leaving from St. Camillus around 7:00 AM, but pickups can likely be arranged for guys who might not drive). Tickets are \$50.

Please let Scott Morin know if you'd like to attend. We'll arrange for the tickets and you can reimburse us later. Or if you prefer, you can order a ticket on the Worcester Men's Conference Website at catholicmenworc.com/.

#### **BLESSED WOMEN'S BRUNCH**

The more we get to know one another in a small group setting, it becomes clearer that we are all connected through our struggles, our suffering, our joys, and our faith. Nurturing our souls positively impacts our wellbeing, our families, and our communities.

**Saturday, February 17th** 10:00 AM | St. Agnes/Hope Hall

#### **SAVE THE DATE!**

Women's Lenten Retreat: Pray like Mary, Serve like Martha Saturday, March 16th 10:00 AM – 2:00 PM St. Agnes/Hope Hall

## BIBLE STUDY FOR MIDDLE SCHOOL GIRLS BY WALKING WITH PURPOSE

God is seeking out your special girl and we've got a great tool to open her eyes to her unique purpose, gifts, and His love. *Discovering My Purpose* is a six-session Bible study designed for girls in their tween/teen years. Perfect for Lent, it opens girls' eyes to their unique purpose, gifts, and God's love. It includes a Spiritual Gifts Inventory and a fabulous tool to help girls discern where God is calling them to be.

Six Thursday evenings Beginning February 29th

6:30 PM – 8:00 PM St. Agnes/Hope Hall Remaining weeks in ACHS library.

To register, visit <a href="https://bit.ly/CPARL-discover-your-purpose">https://bit.ly/CPARL-discover-your-purpose</a> Scan QR Code

Or reach out to Mary Wessel at <a href="mailto:info@cparl.org">info@cparl.org</a>

Cost: \$25 for materials Please register by Sunday, February 11th.



## **GENEROSITY**



## SACRIFICIAL GIVING

#### **SAINT AGNES**

Offertory February 3/4: \$14,905

YTD Offertory: \$437.600

YTD Offertory Budget: \$416,000

Variance: \$21,600

#### **SANCTA MARIA VISIT**

Sunday, February 25th

2:00 PM - 3:30 PM

The Sancta Maria Nursing Facility in Cambridge is sponsored by the Daughters of the Immaculate Conception and serves short-term rehab patients and long term residents. Many are in need of companionship.

Join us in spreading joy through conversation and hands-on activity.

Please pre-register <u>HERE</u> or contact the Collaborative Office at <u>info@cparl.org</u>.

#### **ARLINGTON EATS**

The spotlight items for February are:

- cereal
- crackers
- granola bars/cereal bars
- dish soap
- any gluten free items

Collection bins are located in both churches.

#### **SAINT VINCENT DE PAUL**



In the Gospel today Jesus moved with pity touched the leper and healed him. Let us pray today for the grace to be generous with our gifts to help those who are suffering.

By your gift to the Society of St. Vincent de Paul you indeed put your faith into action as you bring healing to the poor, hungry and weeping.

CONTACT US AT 781-648-0220, EXT 450

## SAINT CAMILLUS

Offertory February 3/4: \$5,614 YTD Offertory: \$147,304

YTD Offertory Budget: \$128,000

Variance: \$19,304

#### **BOSTON SOCK EXCHANGE**

Monday, February 19th

6:30 PM St. Camillus kitchen/lower church
The Boston Sock Exchange volunteers make 125
bagged lunches to be delivered to a soup kitchen in
Waltham, every month. Each lunch includes a sandwich, water, fruit, granola bar/snack, and socks.

What's needed this month? Ziploc sandwich size bags. Also, small size toiletries, and gently used hats, gloves and scarves are always appreciated. Please drop in the hampers marked SOCK EXCHANGE DONATIONS at each church. If you would like to be added to the email list for reminders and announcements, please email Sheila at: obriensmo@hotmail.com.

## SPECIAL COLLECTION FOR THE CHURCH IN LATIN AMERICA

Thank you for your support of the church in Latin America and Caribbean which funds the work of evangelization, formation of laity, religious and seminarians, as well as youth ministry and catechesis. A total of \$2,086 was raised in both parishes. You still can give on our website or using envelopes.

#### HELPING THE HOMEBOUND

If you know a parishioner who is confined to home and would like to receive the bulletin or Holy Communion, we can make arrangements for a pastoral visit.

Please call the Collaborative Office at 781.648.0220 or email us at info@cparl.org.

## COLLABORATIVE CALENDAR



#### **SUNDAY, FEBRUARY 11TH**

**Coffee Hour** 

10:00 AM | St. Agnes/Hope Hall

#### **Lenten Family Gathering**

Following the Noon Mass in St. Agnes/Hope Hall

#### **Bereavement Group**

3:00 PM | St. Agnes/Hope Hall *Newcomers are always welcome.* 

#### **MONDAY, FEBRUARY 12TH**

Cribbage Club

6:30 PM – 9:00 PM | St. Agnes/Hope Hall

#### **Adult Faith Formation**

7:30 PM | via Zoom Contact the Office for the link info@cparl.org.

#### **TUESDAY, FEBRUARY 13TH**

Walking with Purpose – Women's Bible Study

12:00 PM | St. Agnes/Hope Hall 7:00 PM | St. Agnes/Hope Hall

#### Rosary Group

7:00 PM | St. Agnes/upper church

#### FEBRUARY 14TH—ASH WEDNESDAY

MASS SCHEDULE

7:00 AM | St. Agnes

9:00 AM | St. Camillus

12:10 PM | St. Agnes

5:30 PM | St. Agnes

7:00 PM | St. Camillus

SERVICE OF ASHES

3:00 PM | St. Agnes

#### FRIDAY, FEBRUARY 16TH

Veteran's Coffee

8:30 AM | Arlington Community Center

Stations of the Cross 3:00 PM | St. Camillus

6:15 PM | St. Agnes

#### **SATURDAY, FEBRUARY 17TH**

Blessed Women's Brunch

10:00 AM | St. Agnes/Hope Hall

#### **WORSHIP SCHEDULE**

#### **ADORATION**

Monday – Saturday 6:00 AM | St. Agnes

#### **WEEKDAY MASSES**

Monday — Saturday

7:00 AM | St. Agnes

9:00 AM | St. Camillus

#### **CONFESSION**

Saturdays

9:30 AM | St. Camillus

3:00 PM - 3:45 PM | St. Agnes

#### **WEEKEND MASSES**

Saturday Vigil Masses

4:00 PM | St. Agnes

4:30 PM | St. Camillus

5:30 PM | St. Agnes

#### **Sunday Masses**

7:00 AM | St. Agnes

8:00 AM | St. Camillus

9:00 AM | St. Agnes

10:00 AM | St. Camillus

12:00 PM | St. Agnes

#### **NEW FOR LENT**

#### **Additional Daily Mass**

Monday – Thursday

5:30 PM | St. Agnes/Mercy Chapel

Friday

5:30 PM Mass | St. Agnes/upper church

#### **Stations of the Cross**

3:00 PM | St. Camillus

6:15 PM | St. Agnes

## **OUR SCHOOL**



#### ACDC PERFORMS GODSPELL

The Arlington Catholic Drama Club performed Godspell, an upbeat musical retelling of Jesus' ministry on Earth. Before the show opened to the public Thursday at the Regent Theatre, Saint Agnes students had the opportunity to see the show first on Wednesday. Congratulations to all of the ACDC members for their stellar performances! Thank you to the cast, crew members, and teachers who made the show successful!

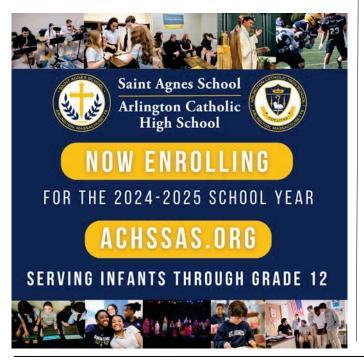


#### A TRADITION OF EXCELLENCE

Apply now for the 2024-2025 academic year! Spaces are filling fast. Please reach out with questions and schedule your tour today!

Patricia Crane (Arlington Catholic High School) pcrane@achs.net

Katie (Pallotta) Waitt (Saint Agnes School) kwaitt@saintagnesschool.us



#### CATHOLIC SCHOOLS WEEK MASS

Arlington Catholic High School had its First Friday Mass during Catholic Schools Week! Campus Ministry students presented the AC Chaplain, Father Chris, and Alumni Relations Ambassador, Sister Barbara, with gift baskets for Vocation Appreciation Day!







# **OUR SCHOOL**



#### SAINT AGNES DISCIPLES IN ACTION

The SAS Student Council assembled 50 Blessing Bags from the school's donated items during Catholic Schools Week. Each bag had warm socks, hats & gloves, wipes, hand & toe warmers, protein snacks, soup, and Dunkin Donuts gift cards. One of our SAS students delivered the bags and extra donation items to the Somerville Homeless Coalition. They were received with so much gratitude. We love living our Faith!





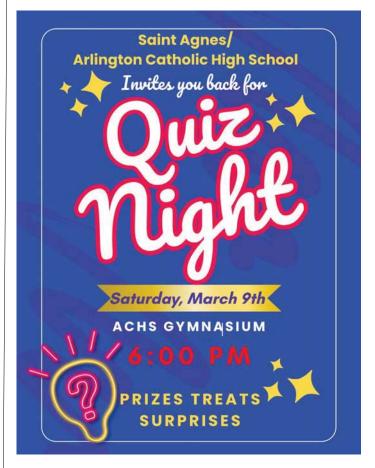


#### **QUIZ NIGHT**

Saturday, March 9th Arlington Catholic Gymnasium

To purchase tickets, Simply scan this QR Code:





#### **APPRECIATION BREAKFAST**

The President's Office hosted Staff & Faculty Appreciation Breakfasts during Catholic Schools week.

We are blessed to have these witnesses to the Faith forming our children daily in what is true, good, and beautiful.





## **OUR COMMUNITY**



#### **WE WELCOME**

We joyfully welcome Joseph, Mae, Elizabeth, and Jolynn who were baptized last Sunday. May the Lord continue to bless them and fill their lives with the light of faith.



#### CLOSING OUT CATHOLIC SCHOOLS WEEK

The Arlington Catholic High School Boys' Basketball team served at the 10:00 AM Saint Camillus Mass to close out Catholic Schools Week. Many AC and Saint Agnes students attended and enjoyed coffee and donuts with friends and family following Mass. Our School and parish genuinely live out this year's Catholic Schools Week theme: United in Faith and Community. Catholic Education is such a gift!



#### WHY REGISTERING WITH A PARISH IS IMPORTANT

Why Register?

*Isn't it enough that I attend Mass?* Registration is the official way to join a parish community. Your registration affects the parish in many ways. Census numbers help determine how many priests are assigned to a church; what benefits and obligations the community has to the diocese in which it belongs; and how Masses, Confessions, and devotions are planned and scheduled. Registration shows you belong! It lets the parish count on you, to call on you to assist in its mission. Registering in your parish is a statement of faith and confidence in the life and work of your parish! We welcome you and ask that you check out the many, many ways you can be involved and part of the community... being fed and feeding others through your very presence!

Visit: <a href="https://cparl.org/join-our-community">https://cparl.org/join-our-community</a>

Or scan the QR Code

#### **40 DAYS FOR LIFE IN BOSTON**

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion clinics. The Lenten 40 Days for Life in Boston will be from February 14th to March 24th. Our parish will be praying in Boston Saturdays 7:00 AM - 8:30 AM and Sundays 3:00 PM - 4:00 PM.

Contact saparishforlife@gmail.com with questions. Please prayerfully consider joining this prayer and fasting campaign to end abortion. More information can be found at the 40 Days for Life website.

https://www.40daysforlife.com/en/BOSTON.

## FIDELITY HOUSE



#### **JOB OPPORTUNITIES**

Fidelity House has immediate part time and full time staff positions for our Preschool and School Age Program. Preschool teacher candidates must be EEC qualified. School Bus Driver, Office assistant and custodial / handyman positions (part time/flexible hours) are also available. Contact 781-648-2005 for further information.

#### PRESCHOOL AND PRE-KINDERGARTEN **VACATION WEEK**

Fidelity House will be offering half day (8:30-12:30) and full day programs (8:30-5:00) during February vacation week, Tuesday thru Friday. Early drop off is also available. Sign up for individual days or for all 4 days. There are also limited openings for this school year in the Preschool and Pre-K programs. Great programs at a great price.

#### TRIPS FOR 5TH - 8TH GRADERS

Fidelity House will be offering trips for 5th -8th graders over February vacation. Trips to Boda Borg, Snow Tubing, Fun World, and a trip to see Looney Tunes will be offered. Advanced registration required.

#### "PLAY MORE HOOP" BASKETBALL CLINICS

For boys and girls will be offered over February vacation.. The clinic will be offered Tuesday, Feb. 20-Friday, Feb. 23 from 9:00-12:00 pm for ages 6-11, and from 1:00-3:00 for ages 11-14. All levels of players are welcome. Register for individual days or all 4 days online at fidelityhouse.org

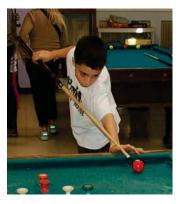
#### **FULL DAY PROGRAM**

Fidelity House School Age Program offers full day programs on all days school is not in session. Upcoming Full Day Programs include vacation week, February 20 - 24. Activities and trips include the FunWorld, Bowling, Roller-skating, Winter Olympics, and many other fun activities. Program is open to children in kindergarten thru grade 6. Summer Programs - Fidelity House will be offering a Summer Preschool Program, Kindergarten/1st Grade Camp and 2nd - 8th Grade Summer Camp. Brochures are now available. Register on line or stop in for more information.

#### MARK YOUR CALENDAR

Fidelity House's Annual Fundraiser will be held on, Saturday evening, April 27. More details to follow.

Please visit www.fidelityhouse.org to register online or call 781.648.2005 to get more information about our great programs









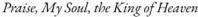
Serving Arlington and surrounding communities since 1955.



#### **ENTRANCE CHANT**

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

#### **OPENING HYMN**





#### **FIRST READING**

Lev 13: 1-2, 44-46

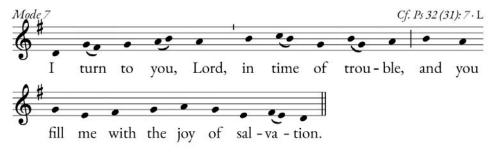
The LORD said to Moses and Aaron, "If someone has on his skin a scab or pustule or blotch which appears to be the sore of leprosy, he shall be brought to Aaron, the priest, or to one of the priests among his descendants. If the man is leprous and unclean, the priest shall declare him unclean by reason of the sore on his head.

"The one who bears the sore of leprosy shall keep his garments rent and his head bare, and shall muffle his beard; he shall cry out, 'Unclean, unclean!' As long as the sore is on him he shall declare himself unclean, since he is in fact unclean. He shall dwell apart, making his abode outside the camp."

## WORSHIP AID



#### **RESPONSORIAL PSALM**



Ps 32 (31): 1b-2, 5, 11

- V. Blessed is he whose fault is taken away, whose sin is covered.
  Blessed the man to whom the LORD imputes not guilt, in whose spirit there is no guile.
- Then I acknowledged my sin to you, my guilt I covered not.

  I said, "I confess my faults to the LORD," and you took away the guilt of my sin.
- V. Be glad in the LORD and rejoice, you just; exult, all you upright of heart.

#### **SECOND READING**

1 Cor 10: 31-11: 1

Brothers and sisters, Whether you eat or drink, or whatever you do, do everything for the glory of God. Avoid giving offense, whether to the Jews or Greeks or the church of God, just as I try to please everyone in every way, not seeking my own benefit but that of the many, that they may be saved. Be imitators of me, as I am of Christ.

#### **ALLELUIA**



Lk 7: 16

§. A great prophet has arisen in our midst, God has visited his people.

# he Catholic Aarishes of Helington

#### **GOSPEL**

Mk 1: 40-45

A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean." The leprosy left him immediately, and he was made clean. Then, warning the him sternly, he dismissed him at once.

He said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them."

The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly. He remained outside in deserted places, and people kept coming to him from everywhere.

#### OFFERTORY HYMN

O Breathe on Me, O Breath of God



#### COMMUNION CHANT

They are and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

1.

2.

#### **COMMUNION HYMN**



#### **RECESSIONAL HYMN**

and

to

can

Crown.

sing.

boast.

Ye Watchers and Ye Holy Ones

Joy,

heart

heav'n



# CONNECT WITH US



#### WELCOME!

If you are new to the Catholic Parishes of Arlington or are visiting again or for the first time, we hope you will find a "home" here where you feel comfortable exploring your faith journey more deeply. Our goal is to accompany you in becoming the best version of yourself.

Please introduce yourself to an usher or staff member.
Or fill out the connect card in the pew or scan the QR code to complete an online "Connect Card," and we will reach out to you soon.

It is our honor to serve you.

## CONTACT US

Very Rev. Marc J. Bishop, VF ~ Pastor

Rev. Alwin Chinnappan ~ Parochial Vicar

Rev. Christopher Boyle ~ Parochial Vicar

Rev. Paul Kilroy ~ Senior Priest in Residence - St. Camillus

Rev. Charles Bourke ~ Senior Priest in Residence - St. Agnes

Deacon Peter Bujwid ~ Permanent Deacon

Mrs. Fabiola Aguilera ~ Communications and Office Manager

Ms. Charlene Camara ~ Administrative Assistant

Mr. John Graceffa ~ Principal, St. Agnes School/ACHS

Mr. William Healey ~ Business Manager

Mr. James Judge ~ Facilities Manager

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Stubborn and chronic wounds affect approximately 6 million people in the U.S. and can have a significant impact on your quality of life. An open, advanced wound limits mobility and a person's ability to work BioTherapy® targets specific frequencies and enjoy hobbies. In some extreme cases these wounds are unable to heal because they are infested with drug-resistant bacteria.

Healing these types of wounds requires a different approach.

Fortunately for Massachusetts residents, AWC | Acupuncture & Wellness Clinic is treating wounds using ATP Resonance BioTherapy® and O3 ReBoot Therapy®, innovative medical solutions that speed up the healing process and get patients back on their feet.

Billerica, MA resident Grace S. had recently had a skin biopsy. "I have a history of skin cancer in my family and am careful to have suspicious looking spots checked. So far I've been really lucky because my scans have come back negative, instead the wound left by my most recent biopsy was causing me some concern," shares Grace. "I my progress", says Ann. "He is very was already seeing Min for my neuropathy

when she noticed the bandage on my after my biopsy and she told me that she explained to her how slow I was healing after my biopsy and she told me that she actually treats stubborn wounds!"

Min Jeon's O3 ReBoot Therapy® utilizes the antibiotic and disinfectant properties of ozone. And the ATP Resonance that enable the body to utilize it's existing ability to heal and repair itself.

"By using ozone to treat stubborn wounds," shares Min "we are forcing oxygen into the cells of the body which gives them the energy and building blocks they need to do the job that they were designed to do, reproduce and repair. Layer that with our ATP therapy and now those cells are supercharged; capable of reproducing and repairing at an incredible rate."

Ozone also triggers white blood cells to produce antibodies which prevents the immune system from attacking healthy cells. Healthy cells are the ones responsible for creating new skin and tissue and closing wounds and ozone aids in their ability to do that.

"My regular dermatologist can't believe impressed with how well my wound is healing. Even better, now I don't have to worry about missing my trip to see my granddaughter graduate!"

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If you or someone you love has been struggling with stubborn wounds it's time to try AWC's O3 ReBoot Therapy®. Beyond wounds, ozone therapy is also extremely effective for combating skin problems such as eczema, herpes virus, even acne and pimples!

While you're there, be sure to ask about the other conditions they're treating using ozone and ATP Resonance BioTherapy®; everything from brain fog to knee pain to poor gut health and beyond.

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