



Catholic Parishes OF ARLINGTON

FEBRUARY 25, 2024

ST. CAMILLUS AND ST. AGNES

Then a cloud came, casting a shadow over them; then from the cloud came a voice, "This is my beloved Son. Listen to him." Mark 9:7 (NAB)

THE SECOND SUNDAY OF LENT

WORSHIP SCHEDULE

ADORATION

Monday – Saturday

6:00 AM | St. Agnes

WEEKDAY MASSES

Monday – Saturday

7:00 AM | St. Agnes

9:00 AM | St. Camillus

Monday - Thursday

5:30 PM | St. Agnes/Mercy Chapel

Friday

5:30 PM | St. Agnes

CONFESSION

Thursdays 6:00 PM | St. Agnes

Saturdays 9:30 AM | St. Camillus

Saturdays 3:00 PM | St. Agnes

WEEKEND MASSES

Saturday Vigil Masses

4:00 PM | St. Agnes

4:30 PM | St. Camillus

5:30 PM | St. Agnes

Sunday Masses

7:00 AM | St. Agnes

8:00 AM | St. Camillus

9:00 AM | St. Agnes

10:00 AM | St. Camillus

12:00 PM | St. Agnes



@cparlingtonma

WWW.CPARL.ORG | INFO@CPARL.ORG | 781.648.0220



Very Rev. Marc J. Bishop, VF
Pastor St. Camillus and St. Agnes

Dear Faith Family,
Lent is a time of prayer, fasting, and almsgiving. It is also a time of gratitude. I am grateful for many things. Since last Lent we have experienced many blessings: the prayerful response to the Increased Offertory Campaign, the Increased Prayer Program at Advent was well received as well, the growth of the school, and the impact of the Welcome Ministry.

We have moved forward with our plan for Perpetual Adoration. Soon, we will get permission to build a wall to separate Hope Hall and Mercy Chapel. We have found that the space is getting used so frequently that both sides need to be sound proofed and available. Once the wall is in place, we will begin the process to plan and promote Perpetual Adoration.

Last year, at the Collaborative Mission, I also spoke about the idea of opening a warming/cooling shelter at St. Agnes. After much discussion it was determined that our efforts would be better used in support of existing spaces. Our facilities continue to be available to the Town and other local agencies on an emergency basis. I am confident our social justice ministries would be able to support an occurrence.

Our collaborative Lenten Mission will be held, as I announced last weekend, at St. Camillus Church from March 18-20, 2024. The three-night event will be a follow-up to our Collaborative Convocation (Fall 2019) and conclude with Adoration and the Sacrament of Reconciliation.

I recently communicated with Fr. Matthias, in Zambia. He is well. The concrete for the floor of the Church was poured. Did you see the pics in last week's bulletin? He and his faith family have lots of milestones ahead in the building of their first church. They never cease to pray in thanksgiving for the support we have and continue to send them. On their behalf, I thank you for your generosity. As I shared earlier, I will be traveling to Zambia in April to see the work being done and to celebrate the most recent milestone.

I recently met with a church designer regarding the sanctuary at St. Camillus Church. We were looking into moving the main altar forward (closer to the congregation). However, that is not possible because the altar is one piece of beautiful marble that weighs many tons. The designer will propose a plan to lessen the gap between the altar and the congregation while moving the reserved Blessed Sacrament to the center of the sanctuary. Once the design is available, we will share it with the Faith Family. Simultaneous to this project we will be repairing the organ console by upgrading its wiring and moving it to a better place in the sanctuary. The result will be a smaller "footprint" and better sight/sound lines for the organist. This will ensure St. Camillus remains a worthy and welcoming place to worship and hopefully add some color.

God Bless,
Fr. Marc

SECOND SUNDAY OF LENT

The readings this week deserve to be read and reread and pondered. "God put Abraham to the test." Those words have an ominous sound, ones that sound worrisome. Think about what it feels like to say God put (insert YOUR name) to the test.

- What might that test look like in your life? How are you tested?
- How do you respond to difficult situations God asks you to face?

In our Gospel, we hear God speak "This is my beloved Son. Listen to Him." As you begin this second week of Lent, listen reflect on this awe-inspiring event, and invite the divine light of Jesus to transfigure your life. Let's climb our own metaphorical mountains, seeking the transformative encounter with God in our daily lives

The important message in our readings today is that God is faithful no matter the circumstances and trials we face.



SYNOD SUMMARY

As you may know, in 2021 Pope Francis convened the Synod on Synodality, a three-year process of listening and dialogue occurring each October. The entire Church is invited to reflect on a theme that is decisive for its life and mission: "It is precisely this path of synodality which God expects of the Church of the third millennium." This journey, which follows in the wake of the Church's "renewal" proposed by the Second Vatican Council, is both a gift and a task: by journeying together and reflecting together on the journey that has been made, the Church will be able to learn through Her experience which processes can help Her to live communion, to achieve participation, to open Herself to mission. (usccb.org)

It is an example of the co-responsibility where church members assemble to address and make recommendations regarding a situation or a matter of great importance.

A synod is not a deliberative body with decision-making powers. Rather, the assembly of leaders meets to engage in a structured conversation surrounding an issue, with the goal of making recommendations. "The exercise of co-responsibility is essential for synodality and is necessary at all levels of the Church," the 2023 summary report stated. "Every Christian is a mission in the world."

As Fr. Marc stated in this week's letter, our Lenten Mission will follow the structure of a synod, focusing on how we emulate, One, Holy, Catholic, and Apostolic Church. This spiritual process is characterized by: non-confrontational dialogue, a gathering of diverse ideas where everyone's voice is heard, and a general "temperature of the room" is recorded.

The synodal process takes time and effort. The goal is not efficiency, but rather effectiveness and engagement—a way of enabling members of the Body of Christ to influence how the Body will proceed. It is a Spirit-led, formational process that shapes the People of God.

WHAT WILL BE THE OUTCOME OF THIS SYNODAL PROCESS?

The consultations are followed by discernment on the part of bishops chosen for the task, from common obedience to the Spirit of Christ. Attentive to the sense of the faith of the people of God – which they need to carefully distinguish from changing public opinion – the Synod Bishops will then work together for ecclesial consensus, which is not determined by the tallying of votes, but is the outcome of the working of the Holy Spirit which enlivens the one Church of Christ.

The results are then submitted to the Holy Father in his capacity as universal Pastor of the Church. Once the results have been accepted by the Holy Father, an implementation phase in every diocese follows, to initiate the reception of the Synod's conclusions. It must be remembered that given the diversity throughout the world, the results must be enculturated if they are to be respected and applied.



During this interim period of the Synod on Synodality, we have been asked to offer input to the Synod process. The North Region listening session is scheduled on Thursday, March 7th from 7:00 PM to 9:00 PM at St. Theresa Parish Hall, 63 Winter St., North Reading.

During the listening session, we will prayerfully explore two questions:

1. Where have I seen or experienced successes – and distresses – within the Church's structure (s)/organization/leadership/life that encourage or hinder the mission?
2. How can the structures and organization of the Church help all the baptized to respond to the call to proclaim the Gospel and to live as a community of love and mercy in Christ?

To REGISTER: northregion@rcab.org

LENT AT CPARL



LENTEN PRAYER FOR SUNDAYS

Heavenly Father,

As I enter another week of my Lenten journey, guide me to the path that leads to you. Fill my heart with gratitude, patience, strength, and peace as I strive to become the best-version-of-myself, honestly admitting my shortcomings and sins. As I renew my resolve each day to become a better person, let me hear your voice in the deepest reaches of my heart. Give me rest in you.

Help me to accept others, showing them your great love instead of casting judgment. Stay with me through the busy days this week and remind me that when I need comfort, solitude, wisdom, or guidance, I can always turn to you. Help me develop discipline and generosity through fasting and almsgiving, and come closer to you through prayer this Lent. In your name I pray, Amen.

THINGS TO GIVE UP FOR LENT

Make small sacrifices each day.

Forgo indulgences like your usual Starbucks. Pass on dessert or a glass of wine.

Give something away - every day.

Maybe it's not your wardrobe that needs cleaning out, but consider giving something away each day, or each week, during Lent.

Don't interrupt people.

We could probably all do well to spend more time listening, and less time interjecting.

Stop complaining.

Have you ever stopped to think about how many times a day you complain about something? What if, instead, you find constructive ways to talk about your difficulties? What if you look for the good in people instead of focusing on any inconvenience we experience?

Don't waste downtime.

You don't have to give up social media or the like entirely, but you can be intentional about not using it during specific times. Take that time instead to pray, to breathe, to reach out to someone around you. You'll be amazed at the difference it can make in your day.

DAILY WORSHIP

Monday - Friday

6:00 AM Adoration | St. Agnes

7:00 AM Mass | St. Agnes

9:00 AM Mass | St. Camillus

5:30 PM Mass | St. Agnes

RECONCILIATION

Thursdays 6:00 PM | St. Agnes

Saturdays 9:30 AM | St. Camillus

Saturdays 3:00 - 3:45 PM | St. Agnes

STATIONS OF THE CROSS

Every Friday

3:00 PM | St. Camillus

6:15 PM | St. Agnes

Soup and Stations

Friday, February 23rd and March 22nd

immediately following Stations

St. Agnes/Hope Hall

NIGHT LIGHT

Thursday, February 29th

6:00 PM - 7:00 PM

St. Agnes

Join us for Eucharistic Adoration, quiet music, and prayer by candlelight.

LENTEN MISSION

Lenten Mission - Save the date!

March 18th, 19th, 20th

St. Camillus Church

CPARL: One, Holy, Catholic, and
Apostolic Church

Join us on Monday and Tuesday for presentations and small group discussions following a synodal format.

Wednesday will feature Adoration and Reconciliation, followed by a reception in the lower church.

LENT AT CPARL



LIVING LENT WITH LOVE

A family service project

Lent is a great opportunity to teach kids about the importance of service, and it becomes even more meaningful in the context of family participation. Empowering kids to serve will not only benefit those in need but also inspire kids to continue serving as they grow up.

On Sunday, March 10th, we are holding a community-wide project, preparing "busy bags" for children in pediatric care through the Ronald McDonald House and the Winchester Hospital.

How to participate:

1. We need donations for the bags. You may drop off small toys or crafts to keep children entertained while going through medical treatment. Suggestions include:

- stickers
- crayons
- mini color pages/books
- mini Playdoh
- Fidget toys

2. Donation bins will be marked at each church between now and March 9th.

3. Join us on Sunday, March 10th and help us stuff the bags! We will gather in the lower church at St. Camillus, following the 10:00 AM Mass/Children's Liturgy of the Word. Refreshments will be provided.

MEN'S CONFERENCE

Want to join our group for the Worcester Men's Conference? The Worcester Men's Conference is the oldest in the nation. It is taking place once again on **Saturday, March 16th**. We'll do car-pools/vanpools (likely leaving from St. Camillus around 7:00 AM, but pickups can be arranged for guys who might not drive). Tickets are \$50.

Please let Scott Morin know if you'd like to attend. We'll arrange for the tickets and you can reimburse us later. Or if you prefer, you can order a ticket on the Worcester Men's Conference Website at catholicmenworc.com/.

THIS LENT YOU CAN HELP BUILD A CHURCH IN ZAMBIA!

For the third consecutive year, our Faith Family continues to build a long lasting legacy, a church for St. Theresa of Lisieux Parish in Chainda, Zambia.

There are three ways to give:

1. Scan the QR code.
2. Take home an offertory envelope located at each church/return by Palm Sunday
3. Visit <https://cparl.org/zambia>



"MINI" LENTEN WOMEN'S RETREAT

The Scripture passage of Mary and Martha is often used as a story that points out priorities. Martha is distracted with tasks while Mary sits at the feet of Jesus. Women often feel conflicted by this lesson as life is full of responsibilities and time is limited.

Join our Women's Group for this Lenten Retreat, led by Camille Carlisle, spiritual director, and Mary Wessel, Pastoral Associate, as we discuss the importance of praying like Mary and serving like Martha.

Saturday, March 16th 10:00 AM – 2:00 PM
Continental Breakfast: 9:30 AM – 10:00 AM
St. Agnes/Hope Hall
To register: bit.ly/LentenWomensRetreat
Or scan the QR Code



PRAYER



ST. AGNES MASS INTENTIONS

SATURDAY, FEBRUARY 24

- 4:00 PM Anthony, Christine & Philip Brillante & Emily Williams
5:30 PM Donald & Catherine Silva

SUNDAY, FEBRUARY 25

- 7:00 AM For the People of our Collaborative
9:00 AM Kathleen Jenkins (Month's Mind)
12:00 PM Salvatore, Elena & James "Jim" Intravia

MONDAY, FEBRUARY 26

- 7:00 AM Helen Spiers and John Joseph Nolan

TUESDAY, FEBRUARY 27

- 7:00 AM Donald Caniff

WEDNESDAY, FEBRUARY 28

- 7:00 AM Mass for All Souls

THURSDAY, FEBRUARY 29

- 7:00 AM Mary & James McGrath
5:30 PM Nick Venuto (Month's Mind)

FRIDAY, MARCH 1

- 7:00 AM Charlotte Fredo & Florence Viano

SATURDAY, MARCH 2

- 7:00 AM Mary Magdalene & John P. Kelly
4:00 PM John & Carol Byrne
5:30 PM Kurt Brown

SUNDAY, MARCH 3

- 7:00 AM For the People of our Collaborative
9:00 AM Skerry Family
12:00 PM Helen Brogan (Month's Mind)

ST. CAMILLUS MASS INTENTIONS

SATURDAY, FEBRUARY 24

- 4:30 PM Julia Livolsi

SUNDAY, FEBRUARY 25

- 8:00 AM For the People of our Collaborative
10:00 AM Santo Pullara

MONDAY, FEBRUARY 26

- 9:00 AM Raymond Sweeney III

TUESDAY, FEBRUARY 27

- 9:00 AM Frances Smith

WEDNESDAY, FEBRUARY 28

- 9:00 AM Thomas & Joan Wall

THURSDAY, FEBRUARY 29

- 9:00 AM Rita O'Connor Corkery

FRIDAY, MARCH 1

- 9:00 AM Edward & Hazel Bigham & Mary Martha Bigham

SATURDAY, MARCH 2

- 9:00 AM Ryan McTighe
4:30 PM Mary & John Thompson

SUNDAY, MARCH 3

- 8:00 AM Joseph Colbert
10:00 AM For the People of our Collaborative

PRAYER DURING THE DAY

Invite the Lord to your daily work by praying with scripture throughout the day. We gather every week-day on Zoom at 12:10 PM and 5:00 PM to pray the Divine Office. Prayer is 15-20 minutes to refresh and recharge your day with these moments of rest and reflection.

To be added to our email list and prayer reminders please email Franz at fsemprunf@gmail.com.

PLEASE PRAY

For William Kevin Looney, Alice M. Coughlin, Mary Brutti, James Hall, Thomas Wall, Thomas MacDonald, and Charles Woods who died recently and for the sick of our Collaborative.

For all those who are serving in our Armed Forces that they will return home safely.

We lift up all those impacted by war and conflict, including in the Holy Land and Ukraine. May safety, healing, peace, and love come to our world. May world leaders seek you, dearest Prince of Peace. We bring our deep and fervent prayer for peace to you.

THE ST. CAMILLUS SANCTUARY LIGHT

The light will burn the week of February 25th for Anna, Anna, Annemarie, and Pasquale.

SAINT AGNES PRESIDER SCHEDULE

Saturday, March 2nd

- 4:00 PM Fr. Bourke
5:30 PM Fr. Chris

Sunday, March 3rd

- 7:00 AM Fr. Alwin
9:00 AM Fr. Marc
12:00 PM Fr. Alwin

SAINT CAMILLUS PRESIDER SCHEDULE

Saturday, March 2nd

- 4:30 PM Fr. Marc

Sunday, March 3rd

- 8:00 AM Fr. Kilroy
10:00 AM Fr. Chris

SCHEDULE MAY CHANGE WITHOUT NOTICE



Roger Mansen
Director of Liturgy and Music

MUSIC NOTES *from Roger*
This week, I invited my wife, Dorie Mansen, PhD., a scholar of the Hebrew Bible, to share thoughts on the ancient roots of music in liturgy. Next week, we will continue this series, with a look into the history of chant.

Catholic liturgy has its roots in the worship of God in ancient Israel. Even before the First Temple was built by King Solomon in the 10th c. BC, we see elements of our worship as the Israelites wandered in the wilderness. They erected a portable tent for worship, called the tabernacle, in which was placed the Ark of the Covenant. The Ark of the Covenant contained two tablets on which were inscribed the commandments, a golden urn holding manna (living bread) from the wilderness, and Aaron's rod. All of these items served as evidence of the covenant between God and God's people. The Ark of the Covenant, in the Tabernacle, was a reminder that God was present in the midst of the people. In praise of God's presence, our ancient faith family raised their voice in prayer just as we do at Mass. Several worship songs from this time period are preserved for us in the Hebrew Bible (our Old Testament), including the song of Miriam. Once the Israelites returned to the Promised Land from their time in the wilderness and established Jerusalem as its political and religious capital under King David, they worshiped their (and our) God in the Temple in Jerusalem, offering prayers, sacrifice, and acts of generosity in accordance with the commandments handed down through generations. After the First Temple was destroyed in 587 BC by the Babylonians, and the resulting exile of the Jews, the Persian King Cyrus allowed the people to return to their homeland in the 540 BC, and rebuilt the Temple, aptly called the "Second Temple."

Why is this history lesson so important? The Book of Psalms that we use every day in Catholic prayer and at every Mass is, in fact, the "Hymnbook of

the Second Temple." The Psalter includes 150 songs that faithful Israelites passed down--generation to generation-- to be used in worship. There are songs that likely date back from the time in the Wilderness, all the way until the 3rd c. BC. The Psalms often include the name of the tune to which the words are set, some indicate the composer of the tune, and some even reference the instruments that were used to accompany the music. As far back as we can trace worship in the Jewish tradition, singing and chanting prayers to God was included alongside the reading of sacred texts, teaching from the texts, and sacrifice to God. This weekend, as you pray before the Lord Jesus--whose Body, Blood, Soul, and Divinity is present in the Eucharist held safely in the tabernacle in our Church--consider the ancient roots of our faith that serve to remind us that God is always present to us, here in our midst. Just as in the ancient days, we too lift our voices in song, chanting the words of prayer in effort to literally make our voices one in praise of the One Lord.

40 DAYS FOR LIFE

February 14th - March 24th

Help Save lives in Boston!

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion.

40 Days for Life consists of peaceful prayer in front of Planned Parenthood, 1055 Commonwealth Ave., Boston, and lasts from Ash Wednesday to Palm Sunday. Please consider joining members of our collaborative in this campaign.

St. Agnes/St. Camillus has committed to covering two hours: Saturdays from 7:00 AM to 8:00 AM and Sundays from 3:00 PM to 4:00 PM.

For a ride on Saturdays, those interested in participating can call Eileen Cahill (617-335-8455). For Sundays, please call Tom Harvey (617-710-3616).



SACRIFICIAL GIVING

SAINT AGNES

Offertory February 17/18: \$13,217.16
YTD Offertory: \$463,149.12
YTD Offertory Budget: \$442,000
Variance: \$21,149.12

SAINT CAMILLUS

Offertory February 17/18: \$5,089
YTD Offertory: \$156,510
YTD Offertory Budget: \$136,000
Variance: \$20,510



FORWARD in FAITH

2024 CATHOLIC APPEAL

Next weekend, the 2024 Catholic Appeal will officially launch here in our parishes and across the Archdiocese.

One of the most meaningful ways that we witness the presence of Christ and deepen the impact of our Church's ministries is by supporting the Catholic Appeal. As your pastor, I strongly encourage you to join me in giving a gift to this year's appeal. Many of you have already done so and I am deeply grateful. As a parish, I am hoping for 100% participation! Every gift makes a difference in putting faith into action to support the parishes, schools, and communities within our Archdiocese.

When our parishes reach their assessments of \$56,195 for St. Agnes, and \$18,139 for St. Camillus, a portion of the additional funds received will be returned to us for use in the parishes.

To make a gift online, please visit www.bostoncatholicappeal.org or scan the QR code provided below.

On behalf of Cardinal Seán and all those who benefit from your generosity, Thank you!

SCAN HERE to
make your gift
or visit



bostoncatholicappeal.org/donate4

SPECIAL COLLECTION THIS WEEK SUPPORTS THE CHURCH AROUND THE WORLD

This week's second collection will support the Church in those underdeveloped areas of the world where there are insufficient resources for evangelization and formation. Catholic Relief Services (CRS), the Church in Africa and in Central and Eastern Europe and three national Catholic missions: The Military Archdiocese, Home Missions, and the Black and Indian Missions. Your generosity helps to fund the spiritual, educational and humanitarian needs of the Church around the world.

For more information about each of these organizations, please visit:

1. CRS: www.usccb.org/catholic-relief
2. Church in Africa: www.usccb.org/africa
3. Church in Central and Eastern Europe: www.usccb.org/ccee
4. Military Archdiocese: www.milarch.org
5. Catholic Home Missions: www.usccb.org/home-missions
6. Black and Indian Missions: <https://blackandindianmission.org/>

SAINT VINCENT DE PAUL



In today's Gospel, Jesus overcomes the temptations to wealth, power and esteem. As we begin Lent, may we open our hearts to the grace of prayer, fasting, and almsgiving.

This month, through your gifts, the Society of St. Vincent de Paul was able to assist Arlington families, providing help with food, and utility, rent and other bills. God Bless You!

CONTACT US AT 781-648-0220, EXT 450

COLLABORATIVE CALENDAR



SUNDAY, FEBRUARY 25TH

Children's Liturgy of the Word

9:00 AM | St. Agnes

10:00 AM Coffee Hour St. Agnes Canceled

God at Brunch—Young Adults

1:00 PM | Donut Villa

Sancta Maria Visit

2:00 PM | Sancta Maria Nursing Facility

Bereavement Group is not meeting today. The next session is Sunday, March 3rd.

Zeal for Teens

6:00 PM | Sullivan Center/St. Camillus

MONDAY, FEBRUARY 26TH

Cribbage Club

6:30 PM | St. Agnes/Hope Hall

Adult Faith Formation

7:30 PM | via Zoom

Contact the Office for the link info@cparl.org.

TUESDAY, FEBRUARY 27TH

Walking with Purpose—Women's Bible Study

12:00 PM | St. Agnes/Hope Hall

7:00 PM | St. Agnes/Hope Hall

Rosary Group

7:00 PM | St. Agnes/upper church

THURSDAY, FEBRUARY 28TH

Night Light

6:00 PM—7:00 PM | St. Agnes

Eucharistic Adoration, quiet music, and prayer by candlelight. Confession will be available.

Discover Your Purpose

Girls Tween Bible Study

6:30 PM | St. Agnes/Hope Hall

FRIDAY, MARCH 1ST - FIRST FRIDAY

Stations of the Cross

3:00 PM | St. Camillus

6:15 PM | St. Agnes

First Reconciliation

6:30 PM | St. Agnes/Mercy Chapel

SATURDAY, MARCH 2ND

Men's Hour

8:00 AM—9:00 AM | St. Agnes/Hope Hall

SUNDAY, MARCH 3RD

Coffee Hour

9:00 AM | St. Camillus/lower church

10:00 AM | St. Agnes/Hope Hall

11:00 AM | St. Camillus/lower church

Root—The Villages

10:45 AM | St. Agnes/Hope Hall

RCIA

1:00 PM | St. Agnes/Hope Hall

Bereavement Group

3:00 PM | St. Agnes/Hope Hall

TUESDAY, MARCH 5TH

Walking with Purpose—Women's Bible Study

12:00 PM | St. Agnes/Hope Hall

7:00 PM | St. Agnes/Hope Hall

Rosary Group

7:00 PM | St. Agnes/upper church

WEDNESDAY, MARCH 6TH

President's Coffee

6:30 PM—7:45 PM | St. Agnes/Hope Hall

THURSDAY, MARCH 7TH

President's Coffee

8:00 AM—9:00 AM | St. Agnes/Hope Hall

Discover Your Purpose

Girls Tween Bible Study

6:30 PM | Arlington Catholic Library

Note different location!

Safety Team Meeting

7:00 PM | St. Agnes/Hope Hall

OUR COMMUNITY



FIDELITY HOUSE

Job Opportunities Fidelity House has immediate part time staff positions for our Preschool and School Age Program. A maintenance position is also available. Contact 781.648.2005 for further information.

School Age Full Day Programs – Fidelity House offers full day programs on all days that school is not in session. Upcoming full days include March 8th, and 15th, Saint Agnes – no school.

Preschool and Pre-Kindergarten Program

Fidelity House is now accepting applications for Preschool and Pre-Kindergarten Summer Programs and September Preschool and Pre-Kindergarten programs. There are also limited openings for this school year. Programs are licensed by the Department of Early Education. Register online or contact us for more information. Great programs at a great price.

Skills and Drills Basketball Clinics Weekly skills sessions for boys and girls will be offered for grades 5-8 and for grades 8-12 beginning the week of March 4th. All levels of players are welcome. Please register online at fidelityhouse.org.

New Program Offerings Many new programs begin after vacation week including Preschool Sports, Instructional Sports for K thru Grade 5, Basketball Skills and Drills, Basketball Leagues, Arts and Crafts, Nancy Drew Club, Chess, and more. Visit our website to register or for more information.

Men's Basketball League Plays Tuesday nights. New league begins soon. Teams or individuals are asked to contact Fidelity House. Drop in games are played Saturday mornings at 7:15 AM.

Mark Your Calendar Annual Basketball Marathon, March 23rd. Fidelity House's Annual Fund-raiser will be on Saturday evening, April 27th.

Please visit www.fidelityhouse.org to register on-line or call 781.648.2005 to get more information about our great programs.

REFLECTION FROM DR. ANDREW KEOUGH



As most of you are aware, January 28th-February 3rd was Catholic Schools Week (CSW). We had a great celebration, holding a variety of events that brought people together, recognized our dedicated educators, and served as a celebration of our Faith.

As I walked through the many experiences for the first time, I could not help but be reminded of how valuable the gift of faith is to our students. It is the one tool that they can take away from their time at Saint Agnes School/ Arlington Catholic that will sustain them in life when dark times invariably come. Think about it.

For each of us Catholics, someone, somewhere along the line, loved us enough to teach us that there is a being greater than us who loves unconditionally and will sustain us no matter what. God, not only looks out for us but holds us in the palm of His hand. He never forgets us and never abandons us, no matter how much we abandon him... If that is not "power in your corner" as you enter out into the world, I don't know what is!

One of the final events of CSW was our Arlington Catholic Drama Club's (ACDC) performance of Godspell. It was amazing and a true demonstration of students learning about faith and community, in this case through song and dance. There were several powerful songs about God, but the one that really moved me personally was All Good Gifts. It brought me back to my youth and reminded me once again that all of the gifts I have received in life have come from God.

I am thankful to our fabulous students and staff who made the musical production of Godspell possible, but also to all of you who support our school. We are only here because you too know the value of faith and continually support our work. Thank you!

If you have Spotify, check out All Good Gifts by Matthias Claudius. It's a beautiful song.

OUR SCHOOL



STUMP THE PRIEST!

Father Marc stopped by our 4th Grade classrooms for a "Stump The Priest" Q&A session! The students had the opportunity to ask Father anything they wanted- religious or not. And, yes, he does watch the Boston Bruins!



A TRADITION OF EXCELLENCE

Apply now for the 2024-2025 academic year! Spaces are filling fast. Please reach out with questions and schedule your tour today!

Patricia Crane (Arlington Catholic High School) pcrane@achs.net or Katie (Pallotta) Waitt (Saint Agnes School) kwaitt@saintagnesschool.us



Saint Agnes School
Arlington Catholic
High School



NOW ENROLLING

FOR THE 2024-2025 SCHOOL YEAR

ACHSSAS.ORG

SERVING INFANTS THROUGH GRADE 12



SCHOOL MASS

Arlington Catholic High School students and staff began the Liturgical season of Lent with the celebration of Mass and distribution of ashes in honor of Ash Wednesday!



QUIZ NIGHT

Quiz Night is the time-honored tradition you LOVE at Saint Agnes/Arlington Catholic High School! Quiz Master DJ Mr. Ed returns, and we can't wait for this beloved event! We look forward to bringing our Parish, School, & Family community together for an evening of fun!



To purchase tickets,
Simply scan this QR Code:

**Saint Agnes/
Arlington Catholic High School**
Invites you back for
**Quiz
Night**
Saturday, March 9th
ACHS GYMNASIUM
6:00 PM
**PRIZES TREATS
SURPRISES**



ENTRANCE CHANT

Of you my heart has spoken: Seek his face. It is your face, O Lord, that I seek;
hide not your face from me.

OPENING HYMN

Lord, Who Throughout These Forty Days



1. Lord, who through - out these for - ty days For
2. As you with Sa - tan did con - tend, And
3. As you did hun - ger bear, and thirst, So
4. And through these days of pen - i - tence, And
5. A - bide with us, that so, this life Of



1. us did fast and pray, Teach us with you to
2. did the vic - t'ry win, O give us strength in
3. teach us, gra - cious Lord, To die to self, and
4. through your pas - sion - tide, For ev - er - more, in
5. suf - f'ring o - ver past, An East - er of un -



1. mourn our sins And close by you to stay.
2. you to fight, In you to con - quer sin.
3. chief - ly live By your most ho - ly Word.
4. life and death, Je - sus, with us a - bide.
5. end - ing joy We may at - tain at last.

FIRST READING

Gn 22: 1-2, 9a, 10-13, 15-18

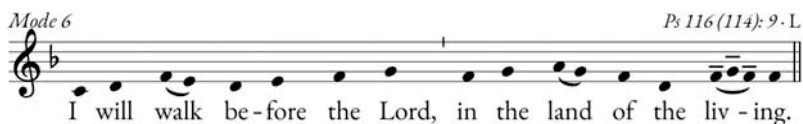
God put Abraham to the test. He called to him, "Abraham!" "Here I am!" he replied. Then God said: "Take your son Isaac, your only one, whom you love, and go to the land of Moriah. There you shall offer him up as a holocaust on a height that I will point out to you."

When they came to the place of which God had told him, Abraham built an altar there and arranged the wood on it. Then he reached out and took the knife to slaughter his son. But the LORD's messenger called to him from heaven, "Abraham, Abraham!" "Here I am!" he answered. "Do not lay your hand on the boy," said the messenger. "Do not do the least thing to him. I know now how devoted you are to God, since you did not withhold from me your own beloved son." As Abraham looked about, he spied a ram caught by its horns in the thicket. So he went and took the ram and offered it up as a holocaust in place of his son.

Again the LORD's messenger called to Abraham from heaven and said: "I swear by myself, declares the LORD, that because you acted as you did in not withholding from me your beloved son, I will bless you abundantly and make your descendants as countless as the stars of the sky and the sands of the sea-shore; your descendants shall take possession of the gates of their enemies, and in your descendants all the nations of the earth shall find blessing – all this because you obeyed my command."



RESPONSORIAL PSALM



℣. I believed, even when I said,
"I am greatly afflicted."

Precious in the eyes of the LORD
is the death of his faithful ones.

℣. O LORD, I am your servant;
I am your servant, the son of your handmaid;
you have loosed my bonds.
To you will I offer sacrifice of thanksgiving,
and I will call upon the name of the LORD.

℣. My vows to the LORD I will pay
in the presence of all his people,
In the courts of the house of the LORD,
in your midst, O Jerusalem.

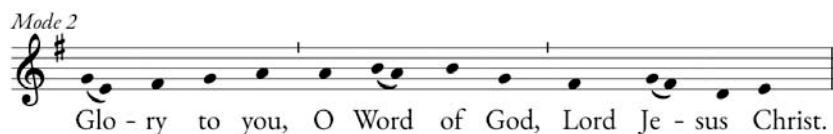
SECOND READING

Rom 8: 31b-34

Brothers and sisters: If God is for us, who can be against us? He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him?

Who will bring a charge against God's chosen ones? It is God who acquits us. Who will condemn? Christ Jesus it is who died — or, rather, was raised — who also is at the right hand of God, who indeed intercedes for us.

VERSE BEFORE THE GOSPEL



℣. From the shining cloud the Father's voice is heard:
This is my beloved Son, listen to him.

GOSPEL

Mk 9: 2-10

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them.

As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant.



OFFERTORY HYMN

What Wondrous Love



1. What won-drous love is this, O my soul, O my soul!
 2. To God and to the Lamb, I will sing, I will sing;
 3. And when from death I'm free, I'll sing on, I'll sing on;

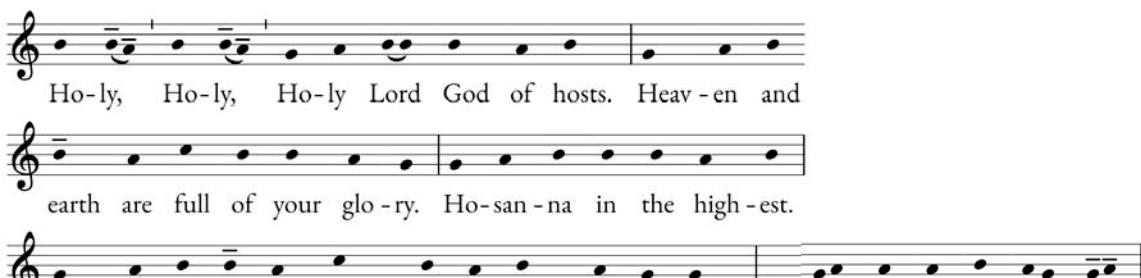
1. What won-drous love is this, O my soul! What
 2. To God and to the Lamb, I will sing. To
 3. And when from death I'm free, I'll sing on. And

1. won-drous love is this That caused the Lord of bliss To
 2. God and to the Lamb Who is the great "I Am," While
 3. when from death I'm free I'll sing and joy-ful be; And

1. bear the dread-ful curse for my soul, for my soul, To
 2. mil-lions join the theme, I will sing, I will sing; While
 3. through e-ter-ni-ty, I'll sing on, I'll sing on; And

1. bear the dread-ful curse for my soul.
 2. mil-lions join the theme, I will sing.
 3. through e-ter-ni-ty I'll sing on.

SANCTUS



Ho-ly, Ho-ly, Ho-ly Lord God of hosts. Heav-en and
 earth are full of your glo-ry. Ho-san-na in the high-est.
 Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high-est.

AGNUS DEI



Lamb of God, * you take a-way the sins of the world,
 have mer-cy on us. Lamb of God, * you take a-way the
 sins of the world, have mer-cy on us. Lamb of God, *
 you take a-way the sins of the world, grant us peace.

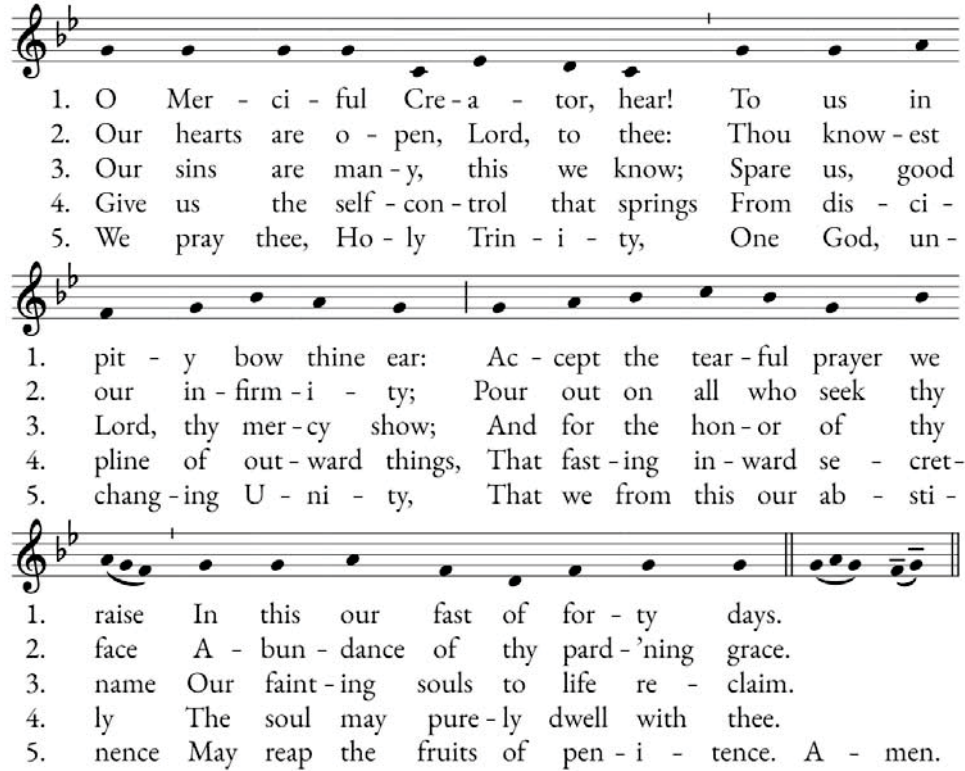


COMMUNION CHANT

This is my beloved Son, with whom I am well pleased; listen to him.

COMMUNION HYMN

O Merciful Creator, Hear



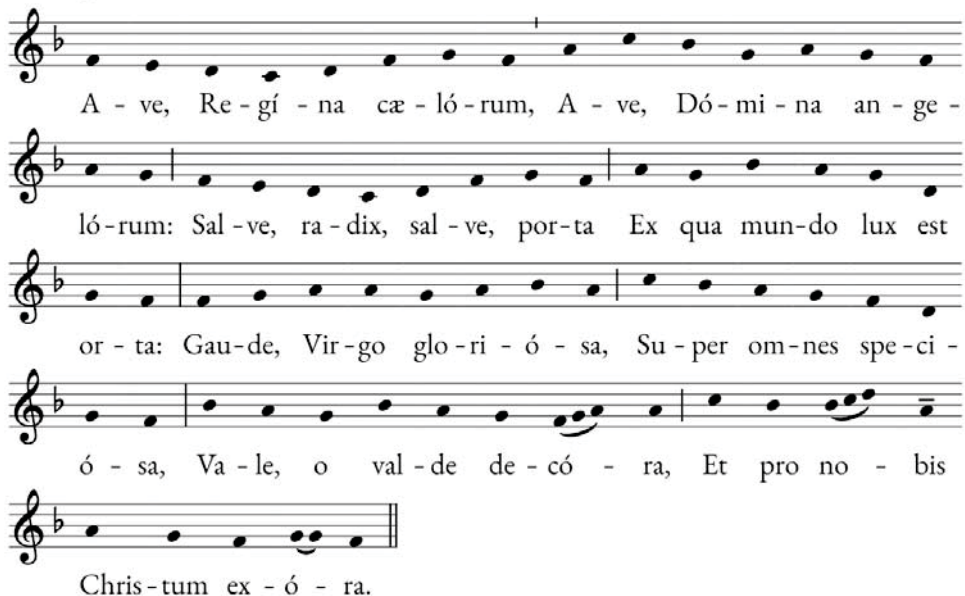
1. O Mer - ci - ful Cre - a - tor, hear! To us in
 2. Our hearts are o - pen, Lord, to thee: Thou know - est
 3. Our sins are man - y, this we know; Spare us, good
 4. Give us the self - con - trol that springs From dis - ci -
 5. We pray thee, Ho - ly Trin - i - ty, One God, un -

1. pit - y bow thine ear: Ac - cept the tear - ful prayer we
 2. our in - firm - i - ty; Pour out on all who seek thy
 3. Lord, thy mer - cy show; And for the hon - or of thy
 4. pline of out - ward things, That fast - ing in - ward se - cret -
 5. chang - ing U - ni - ty, That we from this our ab - sti -

1. raise In this our fast of for - ty days.
 2. face A - bun - dance of thy pard - 'ning grace.
 3. name Our faint - ing souls to life re - claim.
 4. ly The soul may pure - ly dwell with thee.
 5. nence May reap the fruits of pen - i - tence. A - men.

RECESSIONAL HYMN

Ave Regina Caelorum



A - ve, Re - gí - na cæ - ló - rum, A - ve, Dó - mi - na an - ge -
 ló - rum: Sal - ve, ra - dix, sal - ve, por - ta Ex qua mun - do lux est
 or - ta: Gau - de, Vir - go glo - ri - ó - sa, Su - per om - nes spe - ci -
 ó - sa, Va - le, o val - de de - có - ra, Et pro no - bis
 Chris - tum ex - ó - ra.

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Please introduce yourself to an usher or staff member. Or fill out the connect card in the pew or scan the QR code to complete an online “Connect Card,” and we will reach out to you soon.



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Adults wishing to become Catholics or complete the Sacraments of Christian Initiation (Baptism, Confirmation, Eucharist) should contact Meredith Smith.

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Please call (781-648-0220) or email us if any family member is ill (hospitalized or at home) or if anyone is unable to attend church services because of a disability, illness, or age.

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“ I WAS TIRED OF LIVING WITH MY FIBROMYALGIA PAIN

Fibromyalgia has been difficult to treat and even more difficult to understand, **UNTIL NOW!**

Acupuncturist Min provides patients with much needed relief from Fibro symptoms!

If you're suffering from Fibromyalgia you understand this sentiment all too well. Local resident, Elyse K. found herself at a turning point when she noticed her diagnosis had started to take a toll on her marriage.

“I was angry all the time because of all the things I couldn't do anymore because of my Fibromyalgia. That anger cycled through to depression and affected everyone around me, my husband more than anyone. It made our lives miserable.”

Fibromyalgia affects the entire body, and it can impact everyone a little differently. To make things even more complicated, those effects can change on a daily basis. Sometimes you're plagued with widespread muscle pain and fatigue, while other days it's a headache and heightened sensitivity to touch.

“I could barely stand to have the light weight of bedsheets touching me, much less a hug from my husband.” explains Elyse.

This is what it's like to suffer from Fibromyalgia. Symptoms make everyday life incredibly difficult. Mundane, daily tasks are nearly impossible.

Far too often, these symptoms are only made worse because practitioners find it difficult to understand and even more troublesome to treat. It's characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles and tissues.

Then your primary care doctors may suggest dietary changes, pain liniments, and, prescription medications to the point where your life is no longer ruled by Fibromyalgia - It is now ruled by a difficult routine and pill regimen that is supposed to aid in avoiding flare-ups.

**Elyse put it this way,
“My life was no longer my own.”**

Eventually, Elyse did her own research and discovered that acupuncture can improve the quality of life in Fibro patients. Determined to find the best in the business, she discovered AWC | Acupuncture & Wellness Clinic led by Acupuncturist Min Jeon.

Acupuncturist Min Lic. Ac has been successfully treating difficult to manage, chronic pain cases for two decades.

She uses the time-tested science of acupuncture and integrates it with modern medical advancements that encourage healing and recovery. Acupuncture is a form of Chinese medicine that is commonly used to reduce various forms of pain.

Acupuncture works by reducing inflammation, stimulating the release of endorphins, and offering much-needed, effective symptom relief for Fibromyalgia.

Then Acupuncturist Min skillfully layers other non-invasive therapies like ATP Resonance BioTherapy® and O3 Therapy™ for amplified, long-lasting results.

“I feel like a new person. My husband comes with me to my appointments.

He spends most of it thanking Acupuncturist Min for giving him back the woman he married.

And for the first time since we moved here, one of my neighbors told me I looked good! It's a miracle she treated my Fibro, I don't know how else to explain it.”

If you're looking for a doctor and a practice who not only understands your diagnosis but also has a proven solution for chronic pain, look no further than AWC.

Elyse describes AWC almost as enthusiastically as she does their treatments. “I love it here!”

Acupuncturist Min's success stories can be viewed by finding AWC on Facebook, @AcupunctureClinic!

Additional information about Min Lic. Ac. and her various treatments can be found by visiting **www.AWClinic.com**.

Acupuncturist Min is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Call **(781) 221-0162** now to schedule a consultation.

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Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

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“ I WAS TIRED OF LIVING WITH MY FIBROMYALGIA PAIN

Fibromyalgia has been difficult to treat and even more difficult to understand, **UNTIL NOW!** Acupuncturist Min provides patients with much needed relief from Fibro symptoms!

If you're suffering from Fibromyalgia you understand this sentiment all too well. Local resident, Elyse K. found herself at a turning point when she noticed her diagnosis had started to take a toll on her marriage.

“I was angry all the time because of all the things I couldn't do anymore because of my Fibromyalgia. That anger cycled through to depression and affected everyone around me, my husband more than anyone. It made our lives miserable.”

Fibromyalgia affects the entire body, and it can impact everyone a little differently. To make things even more complicated, those effects can change on a daily basis. Sometimes you're plagued with wide-spread muscle pain and fatigue, while other days it's a headache and heightened sensitivity to touch.

“I could barely stand to have the light weight of bedsheets touching me, much less a hug from my husband.” explains Elyse.

This is what it's like to suffer from Fibromyalgia. Symptoms make everyday life incredibly difficult. Mundane, daily tasks are nearly impossible.

Far too often, these symptoms are only made worse because practitioners find it difficult to understand and even more troublesome to treat. It's characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles and tissues.

Then your primary care doctors may suggest dietary changes, pain liniments, and, prescription medications to the point where your life is no longer ruled by Fibromyalgia - It is now ruled by a difficult routine and pill regimen that is supposed to aid in avoiding flare-ups.

**Elyse put it this way,
“My life was no longer my own.”**

Eventually, Elyse did her own research and discovered that acupuncture can improve the quality of life in Fibro patients. Determined to find the best in the business, she discovered AWC | Acupuncture & Wellness Clinic led by Acupuncturist Min Jeon.

Acupuncturist Min Lic. Ac has been successfully treating difficult to manage, chronic pain cases for two decades.

She uses the time-tested science of acupuncture and integrates it with modern medical advancements that encourage healing and recovery. Acupuncture is a form of Chinese medicine that is commonly used to reduce various forms of pain.

Acupuncture works by reducing inflammation, stimulating the release of endorphins, and offering much-needed, effective symptom relief for Fibromyalgia.

Then Acupuncturist Min skillfully layers other non-invasive therapies like ATP Resonance BioTherapy® and O3 Therapy™ for amplified, long-lasting results.

“I feel like a new person. My husband comes with me to my appointments.

He spends most of it thanking Acupuncturist Min for giving him back the woman he married.

And for the first time since we moved here, one of my neighbors told me I looked good! It's a miracle she treated my Fibro, I don't know how else to explain it.”

If you're looking for a doctor and a practice who not only understands your diagnosis but also has a proven solution for chronic pain, look no further than AWC.

Elyse describes AWC almost as enthusiastically as she does their treatments. “I love it here!”

Acupuncturist Min's success stories can be viewed by finding AWC on Facebook, @AcupunctureClinic!

Additional information about Min Lic. Ac. and her various treatments can be found by visiting **www.AWClinic.com**.

Acupuncturist Min is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Call **(781) 221-0162** now to schedule a consultation.

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