



Catholic Parishes OF ARLINGTON

MARCH 3, 2024

ST. CAMILLUS AND ST. AGNES

WORSHIP SCHEDULE

ADORATION

Monday – Saturday

6:00 AM | St. Agnes

WEEKDAY MASSES

Monday – Saturday

7:00 AM | St. Agnes

9:00 AM | St. Camillus

Monday - Thursday

5:30 PM | St. Agnes/Mercy Chapel

Friday

5:30 PM | St. Agnes

CONFESSION

Thursdays 6:00 PM | St. Agnes

Saturdays 9:30 AM | St. Camillus

Saturdays 3:00 PM | St. Agnes

WEEKEND MASSES

Saturday Vigil Masses

4:00 PM | St. Agnes

4:30 PM | St. Camillus

5:30 PM | St. Agnes

Sunday Masses

7:00 AM | St. Agnes

8:00 AM | St. Camillus

9:00 AM | St. Agnes

10:00 AM | St. Camillus

12:00 PM | St. Agnes



THE THIRD SUNDAY OF
LENT



WWW.CPARL.ORG | INFO@CPARL.ORG | 781.648.0220

WELCOME



Very Rev. Marc J. Bishop, VF
Pastor St. Camillus and St. Agnes

Dear Faith Family,
This weekend, we will hear from our Catholic Appeal Coordinators how we may participate in the yearly campaign to support the works of our local Church. You may have seen the appeal video in which the Catholic Parishes of Arlington is prominently displayed. Our collaborative is a model for our local church and the Church in the United States. I and the staff often receive inquiries from parishes all over the Archdiocese of Boston and the country to ask: "How are you doing it?" The answer is always: "Our faith family chose to serve one another."

I am grateful for being able to give such an answer and proud to give it often. Your work and willingness to do your part to grow and improve our faith family lets me sleep well at night. I know I am not alone in committing to our mission. Your support makes what we are achieving possible and ensures that we will continue to discern a path forward that best serves our community.

The Catholic Appeal aids the archdiocese in providing all the "hidden" works that allows us to be mission oriented. We have the institutional support provided by the appeal, to be better focused on evangelization and not solely managing buildings and finances. For example: the extensive work in budgeting and planning that is associated with our Fidelity House Building Project would be a full-time job; but, because of the appeal the archdiocese provides subject matter experts to do the leg work and keep the project rolling. Oh, yes, the ball is rolling. More on that soon, I hope.

I am grateful for your consistent giving to the appeal that supports not only us but the much-needed support of parishes that serve the poorest and neediest of our local Church. They can open their doors each day because of people throughout our local Church make the commitment to support the Catholic Appeal.

Next weekend we will participate in the in-pew pro-

cess. To some (including me) this is tedious. However, it reminds all of us of the people who need our help. It also gives the opportunity for new families to walk the path where so many of you have chosen to lead.

This year, with the pending announcement of the successor of Cardinal O'Malley, as Archbishop of Boston, the appeal is more important. We can ensure the new Archbishop has a firm financial foundation from which to lead the Church of Boston. I hope he can sleep as well as I do.

God Bless,
Fr. Marc



During this interim period of the Synod on Synodality, we have been asked to offer input to the Synod process. The North Region listening session is scheduled on Thursday, March 7th from 7:00 PM to 9:00 PM at St. Theresa Parish Hall, 63 Winter St., North Reading.

During the listening session, we will prayerfully explore two questions:

1. Where have I seen or experienced successes – and distresses – within the Church's structure (s)/organization/leadership/life that encourage or hinder the mission?
2. How can the structures and organization of the Church help all the baptized to respond to the call to proclaim the Gospel and to live as a community of love and mercy in Christ?

To REGISTER: northregion@rcab.org

SAVE THE DATE!

Our collaborative Lenten Mission will be held at St. Camillus Church from March 18th-20th from 6:30 PM – 8:00 PM.

The three-night event will be a follow-up to our Collaborative Convocation (Fall 2019) using a Synod-style approach and conclude with Adoration and the Sacrament of Reconciliation.



Roger Mansen
Director of Liturgy and Music

MUSIC NOTES *from Roger*
Every religious tradition includes some form of chant in its rituals. Singing chant is a form of rhythmic, repetitive vocalization practiced in a wide range of cultures.

American Indian, Eastern Orthodox, Islamic, Hindu, Jewish, and Christian Gregorian Chant; the list goes on and on. Chant is in fact the most simple and basic form of musical expression and performance. In our case of tradition and study, chanting in worship has its origins in the ancient liturgies of the Israelites. From songs of worship in the wilderness to the psalms chanted in the Temple, many of our chants trace their way back through millennia. Jesus and his disciples certainly would have been aware of, and sung, these chants in their worship.

In Christianity, chant continued to evolve in the early Church and during the papacy of St. Gregory I (590-604 AD) the tradition of early Christian chant was collected and codified into what we know as Gregorian Chant. Simple in its structure of unison line and rhythm that follows the flow of the text, Gregorian Chant is among the most meditative styles of musical prayer. There is no meter (defined rhythm) or sung harmony to any of this music.

It is simple and straight forward to carry the intent of the text. The *Chant Mass* that we use during Lent is a great example of this style of music, as is the beautiful Marian Antiphon, *Ave Regina Caelorum*, at the end of every Mass during Lent. You will also notice that we have been singing some more familiar chant tunes during our communion music. Last week we sang the chant *Jesu Dulcis Memoria*, and this week we sing *Adoro te devote*. These chants, although arranged into verses, have no meter signature or sung harmony; they are simply chant melodies that allow the text to carry the worshipper on through a time of meditation in the act of praying together in song to the one Lord.

I once had a parishioner ask me if singing music like this (chant) was going backwards? Nothing could be further from the truth. Although an ancient form of music, chant is vital in its place in our heritage and worship. Taizé chants (for example, *Jesus, Remember Me*) have arisen in the last hundred years, and continue to be written. In fact, during the revision of worship in the Catholic Church during the Second Vatican Council, it was stated that Gregorian Chant should be given “the main place, as being proper to the Roman Liturgy. Other kinds of sacred music, in particular polyphony, are in no way excluded, provided that they correspond to the spirit of the liturgical action and that they foster the participation of all the faithful.” (*General Instruction of the Roman Missal*, or GIRM). While chant is very different from music that we hear on the radio and on our playlists, as the primary form of sung prayer in the Church, it calls us out of the world of chaotic noise, into a sound designed to draw our attention towards heaven.

40 DAYS FOR LIFE

February 14th - March 24th

Help Save lives in Boston!

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion.

40 Days for Life consists of peaceful prayer in front of Planned Parenthood, 1055 Commonwealth Ave., Boston, and lasts from Ash Wednesday to Palm Sunday.

Please consider joining members of our collaborative in this campaign.

St. Agnes / St. Camillus has committed to covering two hours: Saturdays from 7:00 AM to 8:00 AM and Sundays from 3:00 PM to 4:00 PM.

For a ride on Saturdays, those interested in participating can call Eileen Cahill (617-335-8455). For Sundays, please call Tom Harvey (617-710-3616).

LENT AT CPARL



Lent reminds us of our weakness. Of course, even when we set simple goals for ourselves during Lent, we still have trouble keeping them. When we fast, we realize we're all just one meal away from hunger. In both cases, Lent shows us our weakness. This can be painful, but recognizing how helpless we are makes us seek God's help with renewed urgency and sincerity.

Don't do too much. It's tempting to make Lent some ambitious period of personal reinvention, but it's best to keep it simple and focused. There's a reason the Church works on these mysteries year after year. We spend our entire lives growing closer to God. Don't try to cram it all in one Lent. That's a recipe for failure.

Be patient with yourself. When we're confronted with our own weakness during Lent, the temptation is to get angry and frustrated. "What a bad person I am!" But that's the wrong lesson. God is calling us to be patient and to see ourselves as he does, with unconditional love.

Persevere. As you walk through this Lenten season, ask yourself if your practices are bringing you closer to Jesus. Remind yourself that the only way we can truly be saved is by Him—our Lenten activities serve as a path towards ever-deepening connections with Christ. Lean on the Lord throughout the journey; persevere in faith knowing whatever practice(s) you have chosen go beyond just giving up something; they move us into greater intimacy and awareness of God's passion for humanity.

Reach out in charity. As we experience weakness and suffering during Lent, we should be renewed in our compassion for those who are hungry, suffering or otherwise in need. The third part of the Lenten formula is almsgiving. It's about more than throwing a few extra dollars in the collection plate; it's about reaching out to others and helping them without question as a way of sharing the experience of God's unconditional love.

Learn to love like Christ. Giving of ourselves in the midst of our suffering and self-denial brings us closer to loving like Christ, who suffered and poured himself out unconditionally on cross for all of us. Lent is a journey through the desert to the foot of the cross on Good Friday, as we seek him out, ask his help, join in his suffering, and learn to love like him.

From Journey to the Foot of the Cross, Bishop David L. Ricken

LENTEN SCHEDULE

DAILY WORSHIP

Monday - Friday

6:00 AM Adoration | St. Agnes

7:00 AM Mass | St. Agnes

9:00 AM Mass | St. Camillus

5:30 PM Mass | St. Agnes

RECONCILIATION

Thursdays 6:00 PM | St. Agnes

Saturdays 9:30 AM | St. Camillus

Saturdays 3:00 - 3:45 PM | St. Agnes

STATIONS OF THE CROSS

Every Friday

3:00 PM | St. Camillus

6:15 PM | St. Agnes

Soup and Stations

Friday, March 22nd

immediately following Stations

St. Agnes/Hope Hall

LENTEN MISSION

Lenten Mission - Save the date!

March 18th, 19th, 20th

6:30 PM - 8:00 PM

St. Camillus Church

CPARL: One, Holy, Catholic, and

Apostolic Church

Join us on Monday and Tuesday for presentations and small group discussions following a synodal format.

Wednesday will feature Adoration and Reconciliation, followed by a reception in the lower church.

LENT AT CPARL



FAMILY SERVICE PROJECT

Living Lent with Love

Lent is a great opportunity to teach kids about the importance of service, and it becomes even more meaningful in the context of family participation. Empowering kids to serve will not only benefit those in need but also inspire kids to continue serving as they grow up.

On Sunday, March 10th, we are holding a community-wide project, preparing "busy bags" for children in pediatric care through the Ronald McDonald House and the Winchester Hospital.

How to participate:

1. We need donations for the bags. You may drop off small toys or crafts to keep children entertained while going through medical treatment.

Suggestions include:

- stickers
- crayons
- mini color pages/books
- mini Playdoh
- Fidget toys

2. Donation bins will be marked at each church between now and March 9th.

3. Join us on Sunday, March 10th and help us stuff the bags! We will gather in the lower church at St. Camillus, following the 10:00 AM Mass/Children's Liturgy of the Word. Refreshments will be provided.

MEN'S CONFERENCE

Want to join our group for the Worcester Men's Conference? The Worcester Men's Conference is the oldest in the nation. It is taking place once again on **Saturday, March 16th**. We'll do car-pools/vanpools (likely leaving from St. Camillus around 7:00 AM, but pickups can be arranged for guys who might not drive). Tickets are \$50.

Please let Scott Morin know if you'd like to attend. We'll arrange for the tickets and you can reimburse us later. Or if you prefer, you can order a ticket on the Worcester Men's Conference Website at catholicmenworc.com/.

BUILD A CHURCH IN ZAMBIA!

One hundred fifty years ago, parishioners joined hands to raise St. Malachy Church, now St. Agnes. This Lenten season, let us honor their legacy by helping St. Theresa Parish in Chainda, Zambia, a Catholic community faced with the daunting task of building a new church. With our support, Fr. Mathias Chungu and his parishioners are confident they will complete the project. There are three ways to give:

1. Scan the QR code.
2. Take home an offertory envelope located at each church/return by Palm Sunday
3. Visit <https://cparl.org/zambia>



"MINI" LENTEN WOMEN'S RETREAT

Ever feel like a Martha?

The Scripture passage of Mary and Martha is often used as a story that points out priorities. Martha is distracted with tasks while Mary sits at the feet of Jesus. Women often feel conflicted by this lesson as life is full of responsibilities and time is limited.

Join our Women's Group for this Lenten Retreat, led by Camille Carlisle, spiritual director, and Mary Wessel, Pastoral Associate, as we discuss the importance of praying like Mary and serving like Martha.

Saturday, March 16th 10:00 AM – 2:00 PM

Continental Breakfast: 9:30 AM – 10:00 AM

St. Agnes/Hope Hall

To register: bit.ly/LentenWomensRetreat

Or scan the QR Code



PRAYER



ST. AGNES MASS INTENTIONS

SATURDAY, MARCH 2

4:00 PM John & Carol Byrne
5:30 PM Kurt Brown

SUNDAY, MARCH 3

7:00 AM For the People of our Collaborative
9:00 AM Skerry Family
12:00 PM Helen Brogan (Month's Mind)

MONDAY, MARCH 4

7:00 AM Special Intention for (Richard Wilcox)

TUESDAY, MARCH 5

7:00 AM Joseph Bain

WEDNESDAY, MARCH 6

7:00 AM Special Intention for (Richard Wilcox)

THURSDAY, MARCH 7

7:00 AM Anatole Sykle
5:30 PM Joan McArthur

FRIDAY, MARCH 8

7:00 AM Mass for All Souls

SATURDAY, MARCH 9

7:00 AM Mass for All Souls
4:00 PM Francis T. McCauley
5:30 PM Hermano Mederios

SUNDAY, MARCH 10

7:00 AM Donna Wrenn
9:00 AM For All those Serving in our Armed Forces
12:00 PM For the People of our Collaborative

ST. CAMILLUS MASS INTENTIONS

SATURDAY, MARCH 2

4:30 PM Mary & John Thompson

SUNDAY, MARCH 3

8:00 AM Joseph Colbert
10:00 AM For the People of our Collaborative

MONDAY, MARCH 4

9:00 AM Hazel Bigham

TUESDAY, MARCH 5

9:00 AM Charles Woods

WEDNESDAY, MARCH 6

9:00 AM Alice Looney

THURSDAY, MARCH 7

9:00 AM Tommy MacDonald

FRIDAY, MARCH 8

9:00 AM Larry Brooks

SATURDAY, MARCH 9

9:00 AM Annunziata & Antonio Pascuito
4:30 PM Jeremiah Hanafin

SUNDAY, MARCH 10

8:00 AM For the People of our Collaborative
10:00 AM Eileen, Charles & Matthew Austin

PLEASE PRAY

For Ronald Pizzano, Edward S. Taylor, George Reynolds Jr., William Richard Sullivan, Regina Lordan, Kathleen A. O'Donnell-Green, Tommy MacDonald, Janet Duggan, Alice Looney, Joan Fiato, Paul Hegarty and Charles Woods who died recently and for the sick of our Collaborative.

THE THIRD SUNDAY OF LENT

In today's Gospel, Jesus may come across as harsh. Jesus knew well the wrongs and injustices that were prevalent in some temple practices. His action is meant to highlight those who made it difficult, if not impossible, for people to feel welcome in the house of God.

Are our attitudes or ways of behaving as church or as parish seen as snobbish or impersonal or unwelcoming? In our efforts to be a welcoming and evangelizing parish, it is important that each of us examine our attitudes and work to change what might keep people from feeling at home with us. During these Lenten days let us make it our mission to make our parish a place where everyone has a place, and no one feels excluded.

THE ST. CAMILLUS SANCTUARY LIGHT

The light will burn the week of March 3rd for Donna Wrenn Fontenot.

SAINT AGNES PRESIDER SCHEDULE

Saturday, March 9th

4:00 PM Fr. Marc
5:30 PM Fr. Alwin

Sunday, March 10th

7:00 AM Fr. Alwin
9:00 AM Fr. Chris
12:00 PM Fr. Bourke

SAINT CAMILLUS PRESIDER SCHEDULE

Saturday, March 9th

4:30 PM Fr. Chris

Sunday, March 10th

8:00 AM Fr. Kilroy
10:00 AM Fr. Alwin

SCHEDULE MAY CHANGE WITHOUT NOTICE



SACRIFICIAL GIVING

SAINT AGNES

Offertory February 24/25: \$15,806
YTD Offertory: \$478,955
YTD Offertory Budget: \$455,000
Variance: \$23,955

SAINT CAMILLUS

Offertory February 24/25: \$3,803
YTD Offertory: \$160,313
YTD Offertory Budget: \$140,000
Variance: \$20,313

BOSTON SOCK EXCHANGE

The next gathering is: Monday, March 25th
6:30 PM | St. Camillus kitchen/lower church.
Note the change of date due to the Collaborative Mission

The Boston Sock Exchange volunteers make 125 bagged lunches to be delivered to a soup kitchen in Waltham, every month. Drop in and see us at work.

Each lunch includes a sandwich, water, fruit, granola bar/snack, and socks.

- What's needed this month?
Ziploc sandwich size bags
- small size toiletries
- gently used hats, gloves and scarves are always appreciated.

Please drop in the hampers marked SOCK EXCHANGE DONATIONS at each church.

If you would like to be added or removed to the email list for reminders and announcements, please email Sheila at: obriensmo@hotmail.com.

SAINT VINCENT DE PAUL



In today's Gospel Jesus is asked "What sign can you show us?" Every day we can see signs of how God has visited us in the blessings of our lives. Let us be a sign of God's love by being a blessing to others.

Is there a family you know who needs assistance? Please call the Society of St. Vincent de Paul so that together we can be a sign of God's love to the suffering and poor.

CONTACT US AT 781-648-0220, EXT 450

LIVING KIDNEY DONOR NEEDED!



Our friend Judi Raschko needs a kidney transplant, and a kidney from a living donor is her best chance of survival. As a member of St. Agnes, she would like to be more active in our Parish community, but because of her condition, she doesn't have the energy. She is also expecting her 1st grandchild in July, and can't wait to meet them. If you are healthy, over age 18 and willing to donate a kidney, please complete the form at MGHLivingDonors.org. If you wish to learn more about living donation, go to massgeneral.org/transplant/about/living-donor-program. If you wish to speak to Judi's husband John, please call 781.606.5725 or email jsraschko@verizon.net.

"Jesus, I trust in You."

SPECIAL COLLECTIONS FOR MARCH

Easter Flowers
March 3rd - Monthly Maintenance and Development
March 24th - Faith Formation
March 28th - Holy Thursday
March 29th - Holy Land Good Friday
March 31st - Easter - Clergy Benefit Trust

EASTER FLOWERS

You can help beautify our churches for Easter by making a donation in the memory of or in honor of a loved one. There are donation envelopes available at the entrances of both churches for Easter flowers. Please remember to neatly print the name of your loved one. You can put your envelope in the collection box near the entrance of each church or mail it to the Collaborative Office at 51 Medford Street.

COLLABORATIVE CALENDAR



SUNDAY, MARCH 3RD

Coffee Hour

9:00 AM | St. Camillus/lower church
10:00 AM | St. Agnes/Hope Hall
11:00 AM | St. Camillus/lower church

Root – The Villages

10:45 AM | St. Agnes/Hope Hall

RCIA

1:00 PM | St. Agnes/Hope Hall

Bereavement Group

3:00 PM | St. Agnes/Hope Hall

MONDAY, MARCH 4TH

Adult Faith Formation

7:30 PM | Zoom
Contact the Collaborative Office for the link.

TUESDAY, MARCH 5TH

Walking with Purpose – Women’s Bible Study

12:00 PM | St. Agnes/Hope Hall
7:00 PM | St. Agnes/Hope Hall

Rosary Group

7:00 PM | St. Agnes/upper church

WEDNESDAY, MARCH 6TH

President’s Coffee

6:30 PM – 7:45 PM | St. Agnes/Hope Hall

THURSDAY, MARCH 7TH

President’s Coffee

8:00 AM – 9:00 AM | St. Agnes/Hope Hall

Discover Your Purpose

Girls Tween Bible Study
6:30 PM | Arlington Catholic Library
Note different location!

Safety Team Meeting

7:00 PM | St. Agnes/Hope Hall

FRIDAY, MARCH 8TH

Stations of the Cross

3:00 PM | St. Camillus
6:15 PM | St. Agnes

SUNDAY, MARCH 10TH

Daylight Savings Time Begins!

Coffee Hour

10:00 AM | St. Agnes/Hope Hall

Children’s Liturgy of the Word

10:00 AM | St. Camillus

Lenten Family Project

Following 10:00 AM Mass | St. Camillus/lower church

MONDAY, MARCH 11TH

Cribbage Club

6:30 PM | St. Agnes/Hope Hall

Adult Faith Formation

7:30 PM | Zoom
Contact the Collaborative Office for the link.

TUESDAY, MARCH 12TH

Walking with Purpose – Women’s Bible Study

12:00 PM | St. Agnes/Hope Hall
7:00 PM | St. Agnes/Hope Hall

Rosary Group

7:00 PM | St. Agnes/upper church

THURSDAY, MARCH 14TH

Discover Your Purpose

Girls Tween Bible Study
6:30 PM | Arlington Catholic Library

FRIDAY, MARCH 15TH

Veteran’s Coffee

8:30 AM | Arlington Community Center

OUR COMMUNITY



FIDELITY HOUSE

Job Opportunities Fidelity House has immediate part time staff positions for our Preschool and School Age Program. A maintenance position is also available. Contact 781.648.2005 for further information.

School Age Full Day Programs – Fidelity House offers full day programs on all days that school is not in session. Upcoming full days include March 8th, and 15th, Saint Agnes – no school.

Preschool and Pre-Kindergarten Program

Fidelity House is now accepting applications for Preschool and Pre-Kindergarten Summer Programs and September Preschool and Pre-Kindergarten programs. There are also limited openings for this school year. Programs are licensed by the Department of Early Education. Register online or contact us for more information. Great programs at a great price.

Skills and Drills Basketball Clinics Weekly skills sessions for boys and girls will be offered for grades 5-8 and for grades 8-12 beginning the week of March 4th. All levels of players are welcome. Please register online at fidelityhouse.org.

New Program Offerings Many new programs begin after vacation week including Preschool Sports, Instructional Sports for K thru Grade 5, Basketball Skills and Drills, Basketball Leagues, Arts and Crafts, Nancy Drew Club, Chess, and more. Visit our website to register or for more information.

Men's Basketball League Plays Tuesday nights. New league begins soon. Teams or individuals are asked to contact Fidelity House. Drop in games are played Saturday mornings at 7:15 AM.

Mark Your Calendar Annual Basketball Marathon, March 23rd. Fidelity House's Annual Fund-raiser will be on Saturday evening, April 27th.

Please visit www.fidelityhouse.org to register on-line or call 781.648.2005 to get more information about our great programs.

SEPARATED/DIVORCED SUPPORT GROUP

A group for people experiencing separation or divorce takes place at St. Patrick Parish in Stoneham on the second and fourth Tuesdays of each month. The group focuses on the emotional, spiritual and practical aspects of separation and divorce. We will look at these topics through a Christian lens, taking note of the special considerations for Catholics, including the annulment process.

The group meets from 7:00 PM to 8:30 PM in the Youth Room/Library on the lower level of the Parish Center. For more information, please contact Diane McCarthy, Pastoral Associate and group facilitator, at 781.438.0200 or dianemccarthy@stpatrickstoneham.org.

THE SHROUD OF TURIN

The Shroud of Turin. Over the centuries it has been the most talked about and analyzed artifact associated with Christ. Is it the burial cloth of Christ?

Dr. Gilbert R. Lavoie, M.D., a well-known physician in the Boston area, has spent over 40 years studying the Shroud of Turin. Dr. Lavoie will speak on his new findings at **the Lazarus Center for Healing Shrine in Wakefield on Wednesday, March 6th**. Dr. Lavoie invites you on a fascinating adventure to examine the Shroud of Turin, juxtaposing his scientific findings with John's Gospel account of the death and Resurrection of Jesus. This story of the life of Jesus comes alive through relatable, real-world scientific witnesses who explore whether the image on the shroud is the work of human hands, a natural phenomenon, or a supernatural event.

The evening will begin with Mass at 6:00 PM. Dr. Lavoie will begin his talk at 6:30 PM. The evening will conclude with a Eucharistic Healing Service at approximately 7:30 PM.

The Lazarus Center for Healing Shrine is located at 47 Butler Ave., Wakefield, MA. For more information, visit www.healingshrine.org.

OUR SCHOOL



PRESIDENT'S COFFEES



President Keough will present the Strategic Plan for Saint Agnes/Arlington Catholic High School to the community at two coffees this week in Hope Hall. Wednesday, March 6th, from 6:30 PM – 7:30 PM and Thursday, March 7th, from 8:00 AM -9:00 AM. We hope you can join us.

ARLINGTON CATHOLIC CHEERLEADING

Congratulations to the AC Cheerleading Team for 1st place at the Black Hawk Invitational.

The team is moving on to the States!



A TRADITION OF EXCELLENCE

Apply now for the 2024-2025 academic year! Spaces are filling fast. Please reach out with questions and schedule your tour today! Contact Patricia Crane (Arlington Catholic High School) pcrane@achs.net or Katie (Pallotta) Waitt (Saint Agnes School) kwaitt@saintagnesschool.us



Saint Agnes School
Arlington Catholic
High School



NOW ENROLLING

FOR THE 2024-2025 SCHOOL YEAR

ACHSSAS.ORG

SERVING INFANTS THROUGH GRADE 12



ARLINGTON CATHOLIC MODEL UN

AC's Model UN Club attended a conference at Tufts University. Congratulations to all our student participants.



TICKET DEADLINE IS MARCH 3RD!

Quiz Night is the time-honored tradition you LOVE at Saint Agnes/Arlington Catholic High School! Quiz Master DJ Mr. Ed returns, and we can't wait for this beloved event! We look forward to bringing our Parish, School, and Family community together for an evening of fun!

To purchase tickets,
Simply scan this QR Code:



**Saint Agnes/
Arlington Catholic High School**
Invites you back for
**Quiz
Night**
Saturday, March 9th
ACHS GYMNASIUM
6:00 PM
**PRIZES TREATS
SURPRISES**

WORSHIP AID

ENTRANCE CHANT

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

OPENING HYMN

Forty Days and Forty Nights



1. For - ty days and for - ty nights You were fast - ing
2. Shall not we your sor - row share, And from earth - ly
3. And if Sa - tan, armed for war, Flesh or spir - it
4. So shall we have peace di - vine, Ho - lier strength, and
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant

1. in the wild; For - ty days and for - ty nights
2. joys ab - stain, Fast - ing with un - ceas - ing prayer,
3. should as - sail, You, his Van - quish - er be - fore,
4. glad - ness true; Round us, too, shall an - gels shine,
5. by your side; That with you we may ap - pear

1. Tempt - ed, and yet un - de - filed.
2. Glad with you to suf - fer pain?
3. Grant we may not faint or fail.
4. Such as min - is - tered to you.
5. At the e - ter - nal East - er - tide.

FIRST READING

Ex 20: 1-17

In those days, God delivered all these commandments: “I, the LORD, am your God, who brought you out of the land of Egypt, that place of slavery. You shall not have other gods besides me. You shall not carve idols for yourselves in the shape of anything in the sky above or on the earth below or in the waters beneath the earth; you shall not bow down before them or worship them. For I, the LORD, your God, am a jealous God, inflicting punishment for their fathers’ wickedness on the children of those who hate me, down to the third and fourth generation; but bestowing mercy down to the thousandth generation on the children of those who love me and keep my commandments.

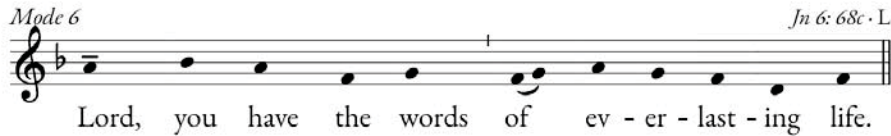
“You shall not take the name of the LORD, your God, in vain. For the LORD will not leave unpunished the one who takes his name in vain.

“Remember to keep holy the sabbath day. Six days you may labor and do all your work, but the seventh day is the sabbath of the LORD, your God. No work may be done then either by you, or your son or daughter, or your male or female slave, or your beast, or by the alien who lives with you. In six days the LORD made the heavens and the earth, the sea and all that is in them; but on the seventh day he rested. That is why the LORD has blessed the sabbath day and made it holy.

“Honor your father and your mother, that you may have a long life in the land which the LORD, your God, is giving you. You shall not kill. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor’s house. You shall not covet your neighbor’s wife, nor his male or female slave, nor his ox or ass, nor anything else that belongs to him.”

WORSHIP AID

RESPONSORIAL PSALM



℣. The law of the LORD is perfect,
refreshing the soul.
The decree of the LORD is trustworthy,
giving wisdom to the simple.

℣. The precepts of the LORD are right,
rejoicing the heart.
The command of the LORD is clear,
enlightening the eye.

℣. The fear of the LORD is pure,
enduring forever.
The ordinances of the LORD are true,
all of them just.

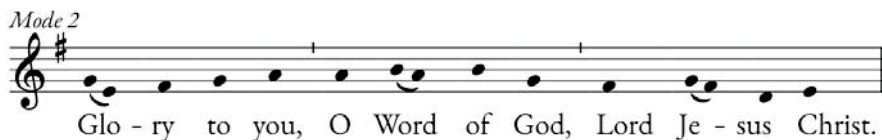
℣. They are more precious than gold,
than a heap of purest gold;
sweeter also than syrup
or honey from the comb.

SECOND READING

1 Cor 1: 22-25

Brothers and sisters: Jews demand signs and Greeks look for wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, Jews and Greeks alike, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength.

VERSE BEFORE THE GOSPEL



℣. God so loved the world that he gave his only Son,
so that everyone who believes in him might have eternal life.

GOSPEL

Jn 2: 13-25

Since the Passover of the Jews was near, Jesus went up to Jerusalem. He found in the temple area those who sold oxen, sheep, and doves, as well as the money changers seated there. He made a whip out of cords and drove them all out of the temple area, with the sheep and oxen, and spilled the coins of the money changers and overturned their tables, and to those who sold doves he said, "Take these out of here, and stop making my Father's house a marketplace." His disciples recalled the words of Scripture, / Zeal for your house will consume me. / At this the Jews answered and said to him, "What sign can you show us for doing this?" Jesus answered and said to them, "Destroy this temple and in three days I will raise it up." The Jews said, "This temple has been under construction for forty-six years, and you will raise it up in three days?" But he was speaking about the temple of his body. Therefore, when he was raised from the dead, his disciples remembered that he had said this, and they came to believe the Scripture and the word Jesus had spoken.

While he was in Jerusalem for the feast of Passover, many began to believe in his name when they saw the signs he was doing. But Jesus would not trust himself to them because he knew them all, and did not need anyone to testify about human nature. He himself understood it well.

WORSHIP AID

OFFERTORY HYMN

I Heard the Voice of Jesus Say



1. I heard the voice of Je - sus say, "Come
2. I heard the voice of Je - sus say, "Be -
3. I heard the voice of Je - sus say, "I

1. un - to me and rest; Lay down, O wea - ry
2. hold, I free - ly give The liv - ing wa - ter;
3. am this dark world's light; Look un - to me, thy

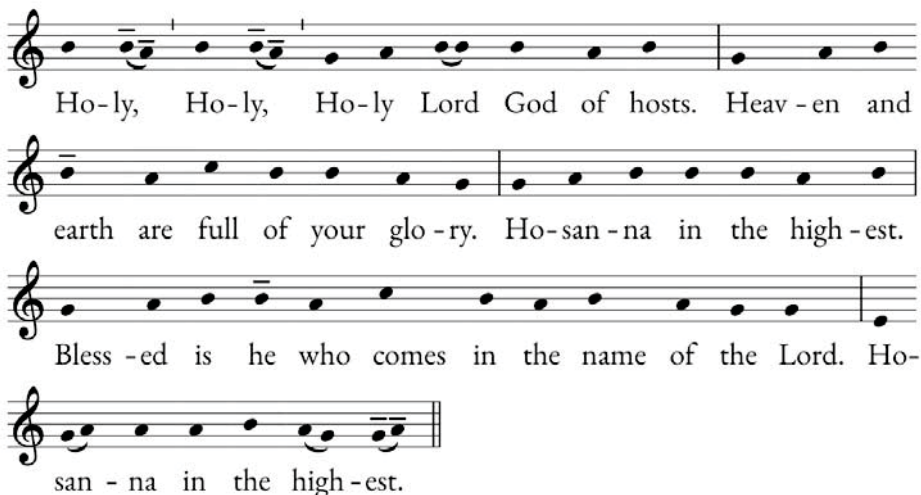
1. one, lay down Your head up - on my breast." I
2. thirst - y one, Stoop down and drink, and live." I
3. morn shall rise, And all your day be bright." I

1. came to Je - sus as I was, So wea - ry, worn, and
2. came to Je - sus, and I drank Of that life - giv - ing
3. looked to Je - sus, and I found In him my Star, my

1. sad; I found in him a rest - ing place, And
2. stream; My thirst was quenched, my soul re - vived, And
3. Sun; And in that light of life I'll walk Till

1. he has made me glad.
2. now I live in him.
3. trav' - ling days are done.

SANCTUS



Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav - en and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho -
san - na in the high - est.

WORSHIP AID

AGNUS DEI



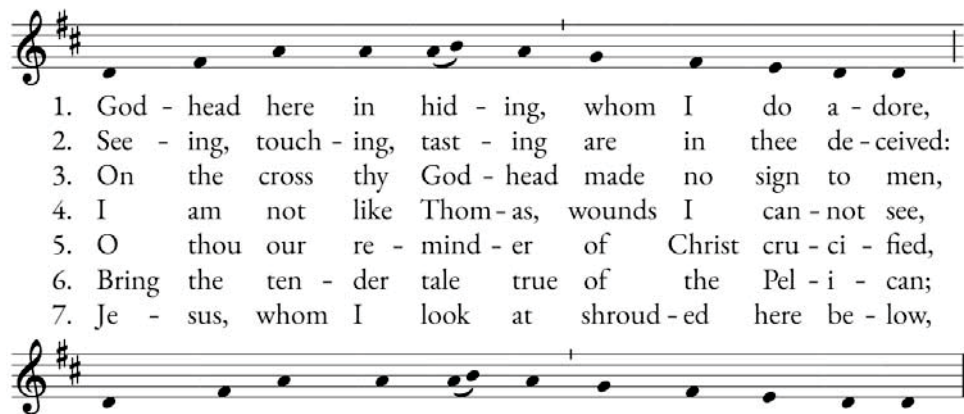
Lamb of God, * you take a - way the sins of the world,
have mer - cy on us. Lamb of God, * you take a - way the
sins of the world, have mer - cy on us. Lamb of God, *
you take a - way the sins of the world, grant us peace.

COMMUNION CHANT

One does not live by bread alone, but by every word that comes forth from the mouth of God.

COMMUNION HYMN

Godhead Here in Hiding



1. God - head here in hid - ing, whom I do a - dore,
2. See - ing, touch - ing, tast - ing are in thee de - ceived:
3. On the cross thy God - head made no sign to men,
4. I am not like Thom - as, wounds I can - not see,
5. O thou our re - mind - er of Christ cru - ci - fied,
6. Bring the ten - der tale true of the Pel - i - can;
7. Je - sus, whom I look at shroud - ed here be - low,
1. Masked by these bare shad - ows, shape and noth - ing more,
2. How says trust - y hear - ing? that shall be be - lieved;
3. Here thy ver - y man - hood steals from hu - man ken:
4. But can plain - ly call thee Lord and God as he;
5. Liv - ing Bread, the life of us for whom he died,
6. Bathe me, Je - sus Lord, in what thy bos - om ran
7. I be - seech thee, send me what I thirst for so,

WORSHIP AID

COMMUNION HYMN CONT'D



1. See, Lord, at thy ser - vice low lies here a heart Lost,
2. What God's Son has told me, take for truth I do; Truth
3. Both are my con - fes - sion, both are my be - lief, And
4. This faith each day deep - er be my hold - ing of, Dai -
5. Lend this life to me then: feed and feast my mind, There
6. Blood where - of a sin - gle drop has pow'r to win All
7. Some day to gaze on thee face to face in light And



1. all lost in won - der at the God thou art.
2. him - self speaks tru - ly or there's noth - ing true.
3. I pray the pray - er of the dy - ing thief.
4. ly make me hard - er hope and dear - er love.
5. be thou the sweet - ness man was meant to find.
6. the world for - give - ness of its world of sin.
7. be blest for ev - er with thy glo - ry's sight. A - men.

RECESSIONAL HYMN

Ave Regina Caelorum



A - ve, Re - gí - na cæ - ló - rum, A - ve, Dó - mi - na an - ge -



ló - rum: Sal - ve, ra - dix, sal - ve, por - ta Ex qua mun - do lux est



or - ta: Gau - de, Vir - go glo - ri - ó - sa, Su - per om - nes spe - ci -



ó - sa, Va - le, o val - de de - có - ra, Et pro no - bis



Chris - tum ex - ó - ra.

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Please introduce yourself to an usher or staff member. Or fill out the connect card in the pew or scan the QR code to complete an online “Connect Card,” and we will reach out to you soon.



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Rev. Alwin Chinnappan ~ Parochial Vicar
Rev. Christopher Boyle ~ Parochial Vicar
Rev. Paul Kilroy ~ Senior Priest in Residence - St. Camillus
Rev. Charles Bourke ~ Senior Priest in Residence - St. Agnes
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RITE OF CHRISTIAN INITIATION OF ADULTS

Adults wishing to become Catholics or complete the Sacraments of Christian Initiation (Baptism, Confirmation, Eucharist) should contact Meredith Smith.

HOMEBOUND

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“ IT'S LIFE CHANGING

Finally! A local practitioner is helping cancer survivors live their lives free from the constant pain and suffering associated with **Peripheral Neuropathy!**

Irreversible is not a word you want to hear from your Doctor but it's a common one if you've been diagnosed with Chemotherapy-Induced Peripheral Neuropathy or CIPN.

Elliott S. of Burlington survived testicular cancer only to be living life with constant pain. He felt as though he was walking on pins and needles, becoming weaker and weaker every day. "I was beginning to be worried that one day I would be wheelchair-bound."

Nearly half of patients who undergo chemotherapy will develop Chemotherapy-Induced Peripheral Neuropathy or CIPN.

Chemotherapy meds travel throughout the body and attack cancer cells; sadly they can also cause severe damage to healthy nerves. CIPN can begin within weeks of starting treatment and can worsen as treatment continues. Many people will endure the symptoms associated with CIPN for months, even years after they've completed chemo.

When asked how CIPN was affecting his quality of life, he responded, "It was difficult to even walk up and downstairs and do other things we usually take for granted."

The most common symptoms include:

- **pain, tingling, burning, weakness, or numbness in arms, hands, legs or feet**
- **sudden, sharp, stabbing or shocking pain sensations**
- **loss of touch sensation**
- **clumsiness and trouble using hands to pick up objects or fasten clothing**
- **loss of balance and falling**

For some, their nerves will recover over time. For most, the nerve damage is 'irreversible.' Which is what Elliott had been told by a series of Doctors and specialists. Essentially, they could cure his cancer but couldn't fix the damage done by the drugs used to cure his cancer.

Elliott then made a call to Acupuncturist Min Jeon of AWC|Acupuncture & Wellness Clinic, right here in Burlington, MA. Acupuncturist Min Jeon is using the time-tested science of Acupuncture and technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

After a series of treatments, Elliott was taking stairs with stride!

"We have a house and it has stairs. This morning I walked right down the stairs and got in the car," Elliot shared.

"I remember thinking, 'that's become mighty easy for me', I didn't have to hold on to the handrail or anything! It's life-changing to have this mobility back!"

Again and again, we meet with patients who were once diagnosed as "untreatable" or "incurable" but after receiving Min Jeon's treatments they are now living lives free from pain and suffering. For over 20 years she has been reversing the effects of CIPN and other varieties of Peripheral Neuropathy, including that caused by diabetes without invasive surgeries and medications that come with uncomfortable side effects.

If you've recently beat cancer only to find that you're living a life in constant pain and discomfort or you're struggling with the same symptoms as a result of either Idiopathic Neuropathy or Diabetic Peripheral Neuropathy, Acupuncturist Min Jeon and the incredible team at AWC can help!

Min Jeon Lic. Ac. D.Ac is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Call **(781) 221-0162** now to schedule a consultation.

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Finally! A local practitioner is helping cancer survivors live their lives free from the constant pain and suffering associated with **Peripheral Neuropathy!**

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Elliott S. of Burlington survived testicular cancer only to be living life with constant pain. He felt as though he was walking on pins and needles, becoming weaker and weaker every day. "I was beginning to be worried that one day I would be wheelchair-bound."

Nearly half of patients who undergo chemotherapy will develop Chemotherapy-Induced Peripheral Neuropathy or CIPN.

Chemotherapy meds travel throughout the body and attack cancer cells; sadly they can also cause severe damage to healthy nerves. CIPN can begin within weeks of starting treatment and can worsen as treatment continues. Many people will endure the symptoms associated with CIPN for months, even years after they've completed chemo.

When asked how CIPN was affecting his quality of life, he responded, "It was difficult to even walk up and downstairs and do other things we usually take for granted."

The most common symptoms include:

- **pain, tingling, burning, weakness, or numbness in arms, hands, legs or feet**
- **sudden, sharp, stabbing or shocking pain sensations**
- **loss of touch sensation**
- **clumsiness and trouble using hands to pick up objects or fasten clothing**
- **loss of balance and falling**

For some, their nerves will recover over time. For most, the nerve damage is 'irreversible.' Which is what Elliott had been told by a series of Doctors and specialists. Essentially, they could cure his cancer but couldn't fix the damage done by the drugs used to cure his cancer.

Elliott then made a call to Acupuncturist Min Jeon of AWC|Acupuncture & Wellness Clinic, right here in Burlington, MA. Acupuncturist Min Jeon is using the time-tested science of Acupuncture and technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

After a series of treatments, Elliott was taking stairs with stride!

"We have a house and it has stairs. This morning I walked right down the stairs and got in the car," Elliot shared.

"I remember thinking, 'that's become mighty easy for me', I didn't have to hold on to the handrail or anything! It's life-changing to have this mobility back!"

Again and again, we meet with patients who were once diagnosed as "untreatable" or "incurable" but after receiving Min Jeon's treatments they are now living lives free from pain and suffering. For over 20 years she has been reversing the effects of CIPN and other varieties of Peripheral Neuropathy, including that caused by diabetes without invasive surgeries and medications that come with uncomfortable side effects.

If you've recently beat cancer only to find that you're living a life in constant pain and discomfort or you're struggling with the same symptoms as a result of either Idiopathic Neuropathy or Diabetic Peripheral Neuropathy, Acupuncturist Min Jeon and the incredible team at AWC can help!

Min Jeon Lic. Ac. D.Ac is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Call **(781) 221-0162** now to schedule a consultation.

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