

Nine Levels of Prayer
(Ascetical-Purgative Way)

- 1. Vocal Prayer**
- 2. Meditation**
- 3. Affective Prayer**
- 4. Acquired Recollection**

Bridge: Dark Night of the Senses
(Mystical or Infused Prayer Begins)

(Illuminative Way)

- 5. Infused Contemplation**
- 6. Prayer of Recollection and Quiet**

Bridge: Dark Night of the Soul

(Unitive Way)

- 7. Simple Union**
- 8. Conforming Union**
- 9. Transforming Union**

