# **Prayers to Know**

Prayer is an integral part of our faith. There are many kinds of prayers. Saying what is in your heart to God is the best prayer to model for your children. Children should experience a variety of ways to pray including both memorized prayers and spontaneous prayers. Parents need to help children learn these prayers and make them a part of their lives. Here are the classic Catholic prayers to teach your child and use to pray together as a family and a church.

### Kindergarten

### The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## Guardian Angel

Angel of God, my guardian dear, to who his love commits me here, ever this day (night) be at my side, to light and guard, and rule and guide. Amen

#### Grade 1

### The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## Hail Mary

Hail Mary, full of grace! The Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

#### Grade 2

## An Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ, suffered and died for us. In his name, my God, have mercy. Amen.

#### Prayer Before Meals

Bless us, 0 Lord and these Your gifts, which we are about to receive from Your bounty, through Christ our Lord. Amen.

#### Grade 3

## The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; On the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. AmenAmen.

#### 3<sup>rd</sup> Grade continued

## **Morning Offering**

I thank you, Heavenly Father, for giving me another day, I offer you the things I do, and everything I think and say. With you Son and Holy Spirit, helping me in all I do, I want to use your gifts to me, to show You that I love You, Amen.

#### Grade 4

**The Rosary** The mysteries and how to say it will be sent home when introduced at CCRE

#### Grade 5

### An Act of Faith

0 my God, I firmly believe that You are one God in three Divine Persons, Father, Son, and Holy Spirit; I believe that your Divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

## An Act of Hope

0 my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

## An Act of Love

0 my God, I love You above all things, with my whole heart and soul, because You are all-good and worthy of all love. I love my neighbor as myself for the love of You.

I forgive all who have injured me, and I ask pardon of all whom I have injured.



### Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love. Send forth your Spirit, 0 Lord, and they shall be created. And you shall renew the face of the earth.

### Prayer of St. Francis

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

Divine Master, grant that I may not seek so much to be consoled as to comfort; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardon; and it is in dying that we are born to eternal life. Amen

Praying doesn't stop at Grade 7. By reviewing through the years and modeling a life of prayer for your child they will have the roots for a rich prayer life. It is a very rewarding habit to just speak your mind and lift up what's in your heart to God and listen. And don't forget the greatest

prayer of all: Mass