

SAINT JAMES SCHOOL
OCTOBER 28, 2022

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Important Dates

- 10/29: Trunk or Treat, 1 - 3 PM
- 10/31: Halloween Dress Down Day - see below
- 11/1: Winter Uniforms until Spring
- 11/1: All Saints Day Mass, 10:30 AM
- 11/3: Comedy Night, 7 PM
- 11/4: 12:45 Dismissal
- 11/9: Theology of the Body presentation, 7 PM

The following students most exemplified the virtue of **TRUSTWORTHINESS** this week:

Nora Dwyer, Jack Luzaj,
Emilia DiTomasso, Cain Boutilier,
Michael Conley, Fiona Thiemer,
Matthew Parisi, Boden Krennek,
Callie Dougherty, Victoria Kurylko,
Greer Sheehan, Thomas Malloy,
Claire Johnson, Vincent Sandomenico,
Aiden Healy, Gaby Bayas,
Declan Mack, Everett Hall,
Charlotte McLaughlin, Adriana Cardone

FROM
THE
PRINCIPAL

Dear SJS Families,

This week, we enjoyed our annual Blue Mass. The cards and banners made for our honorees were beautiful!

Many thanks, in advance, to the HSA for hosting the Trunk-or-Treat event tomorrow afternoon. I'm sure everyone will enjoy this fun, family event!

Next week, we are all looking forward to Halloween and the classroom parties. Reminder that it is a Halloween-themed dress down day with only students in PreK-Kindergarten wearing costumes. Students in grades 1-8 may wear Halloween colors or themed shirts. Also, next week, we hope you will join us for our second Advancement event of the year - Comedy Night! Get some friends together and get tickets for what promises to be an evening filled with laughter!

Please take some time to read the rest of this weekly News & Notes and have a great weekend!

Mrs. Florendo



Halloween Dress Down Day

Students in grades 1 – 8 may wear Halloween themed shirts, and/or black and orange. Students are to be reminded of the dress code for dress-down days in the Parent-Student Handbook.

ONLY students in PreK3, PreK4, and Kindergarten may wear costumes as directed by their teacher.

All classes will have Halloween parties in the afternoon (except PreK and Kindergarten who will celebrate in the morning.).



From the School

BACK

We will transition to
winter uniforms
on November 1

**Remember SJS
on Amazon
Smile!**

Friday, 8 AM Mass

We encourage our students to attend Mass as often as possible. Each week, on Fridays, one class attends the 8 AM Mass together (grades 4-8). Since this is a weekday Mass, students get to school by 8:30 AM.

The schedule for the year is as follows:

Grade 8: 11/11; 1/13; 2/24; 4/21

Grade 7: 11/18; 1/20; 3/10; 4/28

Grade 6: 12/2; 1/27; 3/17; 5/12

Grade 5: 12/9; 2/10; 3/24; 5/19

Grade 4: 12/16; 2/17; 3/31; 5/26

The school calendar contains these dates, too! Parents are most welcome to join!

VOLUNTEER



Virtus Training at Saint James Church

Two *Virtus: Protecting God's Children for Adults* training sessions have been scheduled at Saint James Church. They are Thursday, October 27, and Wednesday, November 2. Both will be in the Parish Center at 7:00pm.

To register, go to www.virtusonline.org. On the left side, click on "first-time registrant" and begin the registration process. Search for "Metuchen, Diocese, NJ" and locate the St. James Church Virtus class. Make your selection and proceed with the registration process.

Required "Volunteer Certification"

In order to volunteer for any student-related activities, HSA student events, playground duty, etc., you must be completely volunteer certified which includes:

- Fingerprint Background Check (expires every 3 years; renewal is online process only)
- Attend one *Virtus: Protecting God's Children for Adults* session
- Complete necessary paperwork -
 - Diocese of Metuchen Volunteer Application
 - Read the Code of Pastoral Conduct and sign Acknowledgement Form

Go to our school website at www.sjsbr.org/volunteer and scroll down to "Volunteer Requirements." All necessary instructions, links, and paperwork can be found there. Please contact Carolanne Patetta at cpatetta@sjsbr.org or (908) 766-4774 x223 with any questions or if you need any assistance with the process.

From Monsignor Cronin

[BACK](#)

My dear families:

This is the time of year when activities for the youngsters gear up and many organizations, sports, dance, socials, etc., have major and minor events on Sunday mornings. As Catholics it is our obligation to attend Holy Mass on Sundays and Holydays of Obligation. Since the Vatican Council II, the Church has made it easier for Catholics to fulfill their Sunday obligation by offering a Saturday evening Vigil Mass which 'counts' for our Sunday obligation. The Church of Saint James offers the Saturday Vigil Holy Mass at 5:30 pm.

So, families, remember that offering your children every opportunity to participate in extracurricular activities is admirable, but please keep the obligation of attending Holy Mass as a family a priority on your schedule to receive the Sacramental graces from the Body, Blood, Soul and Divinity of Jesus, which flow abundantly from the Eucharist.

Best,
Msgr. Cronin

Weekend Mass Schedule at St. James:

Saturdays:

4:00 pm Confessions and 5:30 pm Mass

Sunday Masses:

7:30 am, 9:00 am, 10:30 am, and 12:00 Noon



CLICK THE IMAGE TO PURCHASE TICKETS!



HOST



Mollie Sperduto

BYOB | DINNER | RAFFLES

COMEDY NIGHT

THURS. NOV 3RD

7PM DINNER | 8PM SHOW

LOCATION: SJS GYM

LOTTERY SCRATCH OFF
BASKET

GIFT BASKET RAFFLES

50/50



FEATURE

Brett Druck



HEADLINER

Joseph Anthony

TICKETS

\$45
PER PERSON

TICKET INCLUDES
SHOW, DINNER & DESERTS

ADDITIONAL OPTION TO ADD
A CHARCUTERIE BOARD
FOR YOUR TABLE



SPONSORS

THE LOMBARDI FAMILY
THE MANGANIELLO FAMILY
THE DEANGELIS FAMILY
THE KALENICH FAMILY



QUESTIONS?
AVICTORICASTRO@SJSBR.ORG



SATURDAY NOVEMBER 12TH

ALMOST WINTER CLASSIC 5K



Start 5K - 10 am
Fun Run & Walk - 10:30 am

Location Pleasant Valley Park
Tobin Health Field
Basking Ridge, NJ



REGISTER <https://runsignup.com/Race/NJ/BaskingRidge/StJamesWinterClassic>

TREK VERSA 3
WORTH over \$1,000



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PLATINUM SPONSORS



GALLAWAY & CRANE
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summit periodontics
& dental implants

BRONZE SPONSORS



GOLD SPONSORS



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NURSE'S NOOK

Over the past few weeks we have had the following in the school:

Flu

Stomach Bugs

Pink Eye

Strep Throat

Coxsackievirus (Hand, foot, mouth)

- **Handwashing is the number one way to help prevent these illnesses.**
- Please encourage your children to wash their hands frequently with soap and water: after school, sports, playdates, and especially before eating.
- Teachers will encourage students to wash their hands in school. There is also hand sanitizer in classrooms. **If you do not want your child to use hand sanitizer, please email your child's teacher.
- If your child is truly not feeling well, please do not send them into school. This will help prevent the spread of illnesses.

12 Tips to Raise Confident Children

How to build self worth in children and help them feel they can handle what comes their way

Right from birth, kids learn new skills at a dizzying rate. And along with those new abilities, they also acquire the confidence to use them.

As children get older, that confidence can be as important as the skills themselves. To thrive, kids need to trust in their own capabilities while, at the same time, knowing that they can handle it if they aren't successful at something. It's by experiencing mastery and rebounding from failure that they develop healthy self-confidence.

Here are 12 ways you can set kids up to feel capable and get the most mileage out of their skills and talents.

1. Model confidence yourself

Even if you're not quite feeling it! Seeing you tackle new tasks with optimism and lots of preparation sets a good example for kids. That doesn't mean you have to pretend to be perfect. Do acknowledge your anxiety, but don't focus on it—focus on the positive things you are doing to get ready.

2. Don't get upset about mistakes

Help kids see that everyone makes mistakes and the important thing is to learn from them, not dwell on them. Confident people don't let fear of failure get in their way—not because they're sure they won't ever fail, but because they know how to take setbacks in stride.

3. Encourage them to try new things

Instead of focusing all their energy on what they already excel at, it's good for kids to diversify. Attaining new skills makes kids feel capable and confident that they can tackle whatever comes their way.

4. Allow kids to fail

It's natural to want to protect your child from failure, but trial and error is how kids learn, and falling short on a goal helps kids find out that it's not fatal. It can also spur kids to greater effort, which will serve them well as adults.

5. Praise perseverance

Learning not to give up at the first frustration or bail after one setback is an important life skill. Confidence and self-esteem are not about succeeding at everything all the time, they're about being resilient enough to keep trying, and not being distressed if you're not the best.

6. Help kids find their passion

Exploring their own interests can help kids develop a sense of identity, which is essential to building confidence. Of course, seeing their talents grow will also give a huge boost to their self-esteem.

7. Set goals

Articulating goals, large and small, and achieving them makes kids feel strong. Help your child turn desires and dreams into actionable goals by encouraging them to make a list of things they'd like to accomplish. Then, practice breaking down longer-term goals into realistic benchmarks. You'll be validating their interests and helping them learn the skills they'll need to attain their goals throughout life.

8. Celebrate effort

Praising kids for their accomplishments is great, but it's also important to let them know you're proud of their efforts regardless of the outcome. It takes hard work to develop new skills, and results aren't always immediate. Let kids know you value the work they're doing, whether they're toddlers building with blocks or teenagers teaching themselves to play the guitar.

9. Expect them to pitch in

They might complain, but kids feel more connected and valued when they're counted on to do age-appropriate jobs, from picking up toys to doing dishes to picking up younger siblings from a play date. Homework and after-school activities are great, but being needed by your family is invaluable.

10. Embrace imperfection

As grown-ups we know perfection is unrealistic, and it's important for kids to get that message as early as possible. Help kids see that whether it's on TV, in a magazine, or on a friend's social media feed, the idea that others are always happy, successful, and perfectly dressed is a fantasy, and a destructive one. Instead, remind them that being less than perfect is human and totally okay.

11. Set them up for success

Challenges are good for kids, but they should also have opportunities where they can be sure to find success. Help your child get involved with activities that make him feel comfortable and confident enough to tackle a bigger challenge.

12. Show your love

Let your child know you love him no matter what. Win or lose the big game, good grades or bad. Even when you're mad at him. Making sure your child knows that you think they're great — and not just when they do great things — will bolster their self worth even when they're not feeling good about themselves.

Source: childmind.org



jessicah0524@aol.com

Welcoming all Saint James families to our annual **Trunk or Treat on Saturday, October 29th** from 1–3pm!! Dress up in your favorite costume and come trick or treating!

If you'd like to be creative and decorate your trunk, click the link below to sign up. Please remember all trunk decorators need to be volunteer certified.

[HSA: SJS Trunk or Treat \(signupgenius.com\)](https://signupgenius.com)

Any questions, contact Jen Mucciolo lasassjl@gmail.com or Jessica Harrison



Calling **Volunteer Certified** parents to sign up for **recess duty**! You can sign up by clicking the link below. Even just once a month is a huge help!

[Recess Volunteers: November and December Recess Duty \(signupgenius.com\)](https://signupgenius.com)

One of the great things about Saint James School is that we have a strong sense of community. We believe that coming together should happen not only in the classroom, but also as families. With this in mind, we will be creating a school wide family cookbook this fall. Our aim is to have all cookbooks printed and delivered before Christmas so that families may enjoy the many recipes together. We invite all families to participate and have created two ways to do so! You can donate as many recipes as you'd like and/or have your child participate in an artwork contest for the cookbook dividers. Included are the details for the artwork contest as well as a recipe submission form.

Important Dates to Know

Artwork Submissions Due October 14

Recipe Submissions Due October 31

If you have any questions or would like to get more involved, please contact Jess Hess at jess.a.hess@gmail.com



Saint James School Family Cookbook Recipe Form

Please submit recipes to main office % Jess Hess or email to jess.a.hess@gmail.com **no later than October 31, 2022**. You may submit as many recipes as you'd like.

Recipe Name:

Recipe Category:

- | | |
|--|---|
| <input type="checkbox"/> Beverages | <input type="checkbox"/> Breads & Rolls |
| <input type="checkbox"/> Dips & Appetizers | <input type="checkbox"/> Pasta & Casserole Dishes |
| <input type="checkbox"/> Soups, Salads & Sauces | <input type="checkbox"/> Vegetables & Side Dishes |
| <input type="checkbox"/> Breakfast, Brunch & Lunch | <input type="checkbox"/> Desserts |
| <input type="checkbox"/> Mains, Meats & Seafood | |

Family Name(s) to be printed with recipe:

Serves:

Ingredients:

*Please use these abbreviations: c., tsp., Tbsp., pkg., qt., pt., oz., lb.

Recipe:

Saint James Family Cookbook Artwork Contest

As part of this year's Saint James Family Cookbook design, we would like to open a contest to all students to create their own designs for each divider section of the cookbook. This contest will be open to students in grade K-8. Each grade is assigned a section to submit artwork for. All artwork submissions will be **due by October 14, 2022**. Artwork will be judged by the cookbook committee with all student names removed to create fair judging. Winners will be based on whose design best represents the given section of the cookbook. Student's art will be placed into the cookbook with recognition once chosen. Artwork will be printed black & white in the cookbook. All submissions must go to the school office % Jess Hess.

If you have any questions, please reach out to Jess Hess at jess.a.hess@gmail.com.

Beverages	5th Grade
Dips & Appetizers	4th Grade
Soups, Salads & Sauces	7th Grade
Breads & Rolls	3rd Grade
Breakfast, Brunch & Lunch	1st Grade
Pasta & Casserole Dishes	2nd Grade
Mains, Meats & Seafood	8th Grade
Vegetables & Side Dishes	6th Grade
Desserts	Kindergarten

November Box Top Challenge

The class with the most BOX TOP money in the month of November will win a prize!! Please see flyer below on how to download the app and start earning money for SJS!

EARN CASH FOR YOUR SCHOOL LITTLE BY LITTLE WE CAN MAKE A BIG DIFFERENCE.

The Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.

LOOK FOR THE LABEL:

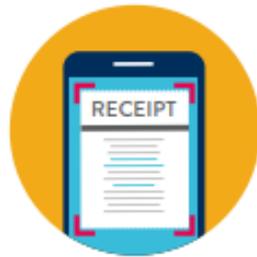


HERE'S HOW IT WORKS:



BUY BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



SCAN YOUR RECEIPT

Use the app to snap a photo of your receipt within 14 days of purchase.

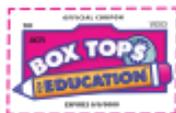


EARN CASH FOR YOUR SCHOOL

Box Tops earnings are identified and automatically updated online.

SHOPPING FOR GROCERIES ONLINE?

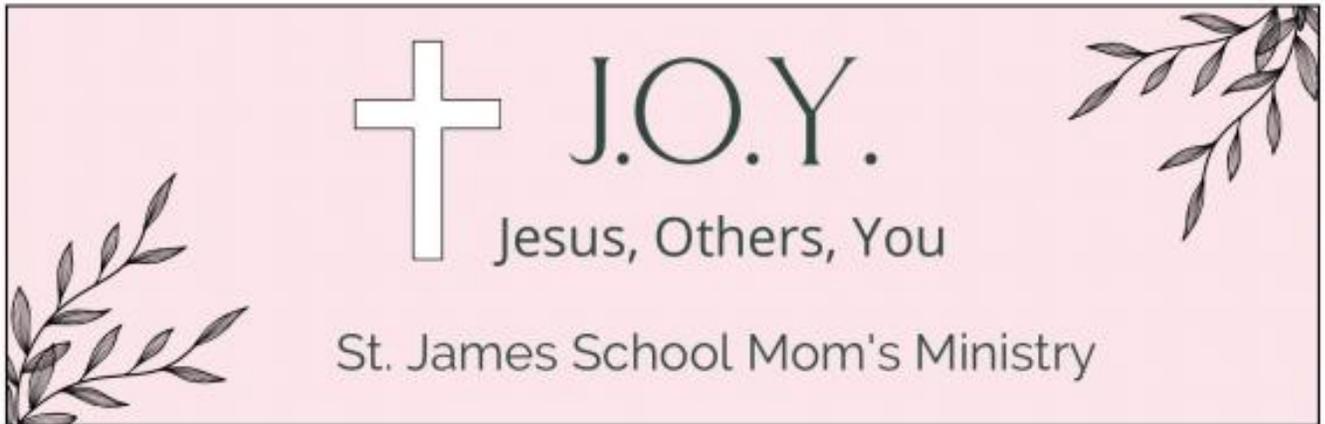
You can still earn Box Tops for your school with your e-receipt!
See how at [BTFE.com/emailgroceryreceipts](https://www.btfe.com/emailgroceryreceipts)



BOX TOPS CLIPS

You may occasionally find an old Box Tops clip on packages in stores. You can still clip them and send them to school, as long as each clip has a valid expiration date.





Labyrinth Walk at The Sisters of Christian Charity in Mendham.
Wednesday November 2nd at 10:00am

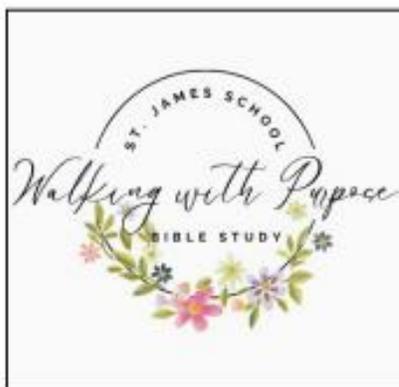
Labyrinth walking is an ancient practice used by many different faiths for



spiritual centering, contemplation, and prayer. Entering the serpentine path of a labyrinth, you walk slowly while quieting your mind and focusing on a spiritual question or prayer.

Walking a labyrinth is a form of active meditation which is unique from meditation while standing still, sitting, or lying down. Active meditation provides many benefits, and labyrinth

walking is a unique spiritual experience. Learn more about labyrinth walking meditation and its potential benefits. To join email deirdrevolve@gmail.com



Help pray for babies! It's not too late to sign up for the Spiritual Adoption Program. Sign up using this QR code.





If you would like to host the traveling Our Lady of Fatima statue in your home, please email Beth DiDomenico at bethdido@hotmail.com.

Volunteers Needed!

The SEEDS program at the 9am Mass is coming back. If you would like to volunteer, please contact Kathy Mastriano at kmastriano@verizon.net

We are looking for help hosting the fellowship hour after the 9am Mass once a month. If you are interested in helping please contact Deirdre Volpe at deirdrevolpe@gmail.com

Monthly Meeting

Our next monthly meeting will be held
Tuesday November 8th
at 8:45am in the chapel basement.
Come get to know fellow SJS moms!

Mark Your Calendars!

- Fall Clothing Drive - October 28th in the Church Multipurpose room.
- Walking with Purpose Bible study, every Thursday morning at 8:45 in the chapel basement.
- Pray the Rosary every 1st Friday of the month in the Chapel at 3pm. Bring your kids!
- Confession every Saturday from 4-5pm in the Church.
- Pray the Divine Mercy Chaplet with your kids after school, ever 3rd Friday at 3:00pm



Join our facebook group: J.O.Y. SJS Moms Ministry



The Spartan Volleyball season had another great week. We took on Saint Vincent the Martyr and scored a convincing win 25-11 and 25-18 win. The next day proved more challenging when we took on the Assumption School 8th grade team. In the first set we came out on fire, recording a 25-19 win. In the second set, Assumption rallied and won 25-22. The deciding set was also a hard-fought loss, 25-20. Despite the score, the team executed very well and was in every set. The next game the Spartans rallied and swept the next two sets 25-22 and 25-21 for a win and a split of the two games. On Tuesday, we traveled to Saint Elizabeth's to avenge an earlier loss this season. The Spartans played their best game of the season with decisive wins of 25-11 and 25-18. Next week is the end of the regular season with a doubleheader on Wednesday at Assumption School starting at 5:00. Our last regular season game is at Saint Vincent the Martyr on Thursday at 4:30. Hope to see you there to cheer on our Spartans!!!

