

SAINT JAMES SCHOOL

OCTOBER 7, 2022

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Important Dates

- 9/26 - 10/13: MAP Testing
- 10/10: NO SCHOOL, Columbus Day
- 10/11: Confessions, Grades 6-8
- 10/14: 8 AM Mass, Grade 6
- 10/14: School Picture Day (PreK3 - 7th)
- 10/26: Blue Mass, 10:15 AM

FROM THE PRINCIPAL



Dear SJS Families,

Thank you to the many parents and guardians that attended our 3rd social event at the Burnt Mills Cider Company on Wednesday night. The weather cleared just in time for a fabulous evening of socializing and enjoying cider and pizza! Many thanks to Ana Victoria-Castro and her team for a memorable event and to our sponsors for their help in covering the costs!

This afternoon, our teachers and staff received training from the Bernards Police Department called "T.R.A.P." This training is focused on teachers' response action plan should we ever face an active shooter in our school. Once again, our teachers showed their mettle and willingness to do whatever it takes to keep our students safe. Thanks so much to Detective Phil Jasina and Sergeant Kevin Little for their presentation and special thanks to Detective Chris Albanese for repeatedly entering the room and allowing us to practice our defensive strategies on him! (He wore padding...) 😊

On Wednesday, October 26, we will celebrate and honor our local police personnel with our annual Blue Mass. All police personnel, especially those who are school families, are most welcome to attend this very special event. All parents are welcome to attend, too!

I hope you take some time to read the rest of this weekly News & Notes as it contains important information.

Have a great weekend!

Mrs. Florendo



The following students most exemplified the virtue of **PRAYERFULNESS** this week:

Teddy Long, Remy Christou,
Landon Recio, Liam Mulrane,
Theresa Clinton, Sofia Lim Juwana,
Alexandra Sovolos, Warren Pasmore,
Rose Schulenburg, Emilia Signorelli,
Ben Falcone, Josephina Diglio,
Avery Lawlor, Chelsea Jenkins,
Evangelina Centolanza, Sienna Woods,
Dylan Collins, Fiona Vaccaro,
Charlotte McLaughlin, Gabriella Santiago

From the School

BACK



SAINT JAMES SCHOOL
Christ-Centered Academic Excellence

6th Grade is currently conducting a collection of toys and children's winter clothing for our Service Project. Please consider donating gently used toys, as well as children's clothes and shoes, sizes infant through 14. We have placed collection bins in the gym for these items. Your donations will be distributed to needy families.

Thank you very much in advance!

You are invited

Saint James School's Blue Mass honoring all police personnel



Wednesday, October 26

10:15 AM Mass (church)

11:00 AM Presentation (outside)

Friday, 8 AM Mass

We encourage our students to attend Mass as often as possible. Each week, on Fridays, one class attends the 8 AM Mass together (grades 4-8). Since this is a weekday Mass, students get to school by 8:30 AM.

The schedule for the year is as follows:

Grade 8: 11/11; 1/13; 2/24; 4/21

Grade 7: 11/18; 1/20; 3/10; 4/28

Grade 6: 10/14; 12/2; 1/27; 3/17; 5/12

Grade 5: 10/21; 12/9; 2/10; 3/24; 5/19

Grade 4: 10/28; 12/16; 2/17; 3/31; 5/26

The school calendar contains these dates, too! Parents, please join the children!

VOLUNTEER



Virtus Training at Saint James Church

Two *Virtus: Protecting God's Children for Adults* training sessions have been scheduled at Saint James Church. They are Thursday, October 27, and Wednesday, November 2. Both will be in the Parish Center at 7:00pm.

To register, go to www.virtusonline.org. On the left side, click on "first-time registrant" and begin the registration process. Search for "Metuchen, Diocese, NJ" and locate the St. James Church Virtus class. Make your selection and proceed with the registration process.

Required "Volunteer Certification"

In order to volunteer for any student-related activities, HSA student events, playground duty, etc., you must be completely volunteer certified which includes:

- Fingerprint Background Check (expires every 3 years; renewal is online process only)
- Attend one *Virtus: Protecting God's Children for Adults* session
- Complete necessary paperwork -
 - Diocese of Metuchen Volunteer Application
 - Read the Code of Pastoral Conduct and sign Acknowledgement Form

Go to our school website at www.sjsbr.org/volunteer and scroll down to "Volunteer Requirements." All necessary instructions, links, and paperwork can be found there. Please contact Carolanne Patetta at cpatetta@sjsbr.org or (908) 766-4774 x223 with any questions or if you need any assistance with the process.

From Monsignor Cronin

[BACK](#)

My dear families:

This is the time of year when activities for the youngsters gear up and many organizations, sports, dance, socials, etc., have major and minor events on Sunday mornings. As Catholics it is our obligation to attend Holy Mass on Sundays and Holydays of Obligation. Since the Vatican Council II, the Church has made it easier for Catholics to fulfill their Sunday obligation by offering a Saturday evening Vigil Mass which 'counts' for our Sunday obligation. The Church of Saint James offers the Saturday Vigil Holy Mass at 5:30 pm.

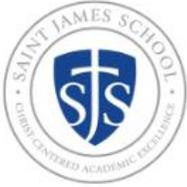
So, families, remember that offering your children every opportunity to participate in extracurricular activities is admirable, but please keep the obligation of attending Holy Mass as a family a priority on your schedule to receive the Sacramental graces from the Body, Blood, Soul and Divinity of Jesus, which flow abundantly from the Eucharist.

Best,
Msgr. Cronin



ADVANCEMENT

SAINT JAMES SCHOOL



Upcoming Events

Thursday November 3rd

- Comedy Night

Saturday November 12th

- Almost Winter Classic 5K



A Recap of Parents Night Out

WOW! What a way to kick off this school year! Thank you to all who attended and participated in the raffles at the event.

A big shout out to Burnt Mills for hosting us for the 3rd year in a row, the Parisi Family and the Florendo Family (50/50 winner) for their donations.

To our sponsors - THANK YOU, this event was made a success because of your support. Lastly to all who donated tickets to our teachers, we are grateful for you!



*"May His favor be upon you
 And a thousand generations
 And your family and your children
 And their children, and their children
 May His favor be upon you
 And a thousand generations
 And your family and your children
 And their children, and their children"*

*Song by Cody Carnes,
 Elevation Worship, and Kari Jobe*



PARENTS NIGHT OUT SPONSORS



Without Sponsors events like this and more would not be possible! THANK YOU for your partnership in growing SJS!

Ana Victoria-Castro

| AVICTORACASTRO@SJSBR.ORG



COMEDY

night

Thursday

NOVEMBER 3RD

WHEN WILL TICKETS GO ON SALE?

Friday, October 14th

WHAT WILL BE INCLUDED?

Dinner, Dessert and Entertainment

Charcuterie Boards for the tables will be available for purchase

RAFFLES & 50/50

BYOB EVENT



FEATURE
Brett Druck



HOST
Mollie Sperduto



HEADLINER
Joseph Anthony

Sponsor Opportunities

Would you like a chance to not only Sponsor this event but have your business in our newsletter and website?
Contact us below for more information.

QUESTIONS? avictoriacastro@sjsbr.org



SJS ALMOST WINTER CLASSIC 5K

Start Time

5K - 10 am

Fun Run & Walk - 10:30 am

Location

Pleasant Valley Park

Tobin Health Field

Basking Ridge, NJ

Tickets

<https://runsignup.com/Race/NJ/BaskingRidge/StJamesWinterClassic>

SATURDAY
NOVEMBER
12TH

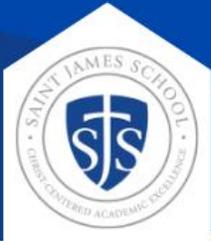
\$20



JOIN NOW



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ILLNESSES IN SCHOOL

If your child has significant cold symptoms, even with a negative COVID test, it's best to keep them home and rest and reduce the spread of the cold to others. Please remind children the importance of handwashing in and outside of school.

Please treat your child's allergies and asthma with medications prescribed.

Your child must be fever free for 24 hours without fever reducing medication before they can return to school and 24 hours after a last vomit or diarrhea.

If you are unsure if you should send your child to school, please email Beth DiDomenico at sjsnurse@sjsbr.org.

ATTENDANCE POLICY

For late and early dismissals, please contact the main office at 908-766-4774 ext. 0 or email soffice@sjsbr.org and email your child's teacher.

To report your child absent from school for any reason, email the nurse at sjsnurse@sjsbr.org or call 908-766-4774 ext. 228 and email your child's teacher.

COVID INFORMATION

We will continue to follow the NJ guidelines for K-12 schools with some added guidance from the health department. Day 0: The first day of symptoms or positive test. Return day 6 and wear a mask through day 10. If your child is a close contact (even in the home), no mask required. Daily testing and close monitoring of symptoms is encouraged.

COVID cases are on the school website under the tabs, Parents, School Nurse.

https://www.nj.gov/health/cd/documents/topics/NCOV/PH_Recommendations_K-12_Childcare_Camp.pdf

RAINBOW FENTANYL

A concerning new drug form of Fentanyl targeting children has been found in the US. Please see the following links for more information.

<https://www.dea.gov/press-releases/2022/08/30/dea-warns-brightly-colored-fentanyl-used-target-young-americans>

<https://www.addictionresource.net/blog/rainbow-fentanyl/>

How to Help Your Child Cope With Change Positively

Change. One of the many things in life that is inevitable. We as adults have learned this through time and experience. Trying to cope with change can be hard on anyone of any age. But it can be especially hard on little ones. Big life changes such as a move, divorce, starting school, or any significant change in daily routines can set off a cornucopia of reactions.

Here is a list of 10 ways to help children cope with the stress of change:

1. Talk

Seems simple enough right? But all too often we as parents forget that our children need us to talk to them about what's going on in their lives.

It is important not to ignore the changes and expect your child to figure things out on his or her own. Acknowledge all of your child's new changes. Let them know you realize how hard it can be to get used to new things. Give them a few examples of how you felt during changes in your younger years. Kids love listening to stories about when their parents were little.

2. Listen

When your child is ready to talk (this may take time for some children), be sure to give them your ear. Letting them know you are there for them can make them feel more secure in their feelings.

3. Offer choices

Sometimes, children exhibit negative behavior during new changes because they feel out of control. They are used to one routine and now may not know what to expect from day to day.

- Offer them choices throughout the day and give them two options.
- Which one of these books would you like to read?
- Which one of these outfits would you like to wear today?
- Would you like to go to the park or the library this afternoon?
- Would you like to color or make a craft this morning?
- Letting them make some of their own choices, within reason, can be a huge help towards coping. Even we as adults can start to feel anxious and frustrated when we don't know what to expect. Or when someone else is making all of our decisions for us.

4. Let Them Be Upset

We all have emotions in response to change and children are no different. For most of us, there has been at least one time in our lives where we felt the need to have a good cry. Little ones need to be able to express their emotions just like adults do.

If your child is suddenly crying about something that seems silly to you, try not to scold or belittle them. This is one way for them to get their frustrations out about their current changes.

5. Keep a Routine

While it may not be the same routine as before, try to keep it similar. Children thrive on routine because it makes their daily lives feel predictable. Children need that type of predictability to feel secure, happy, and healthy. Without structure, our children will feel a sense of chaos which only breeds more stress.

6. Create New Rituals

Everyone likes to have something to look forward to. Whether it be going to the library on Tuesdays or movie night on Fridays, it's important to invite new daily or weekly ideas into your schedule.

Here are a few ideas of fun rituals that may help your child feel less stressed about change:

- craft day
- game night
- movie night
- nap time song
- back rub at bedtime
- silly faces in the morning
- Even the smallest of rituals once a day, or even once a week, is sure to put a smile on your child's face and give them the stability they need.

7. Give Warning

Talk to your child about new changes ahead of time. It will be much easier for your child to process their new lifestyle if they are given ample explanation of upcoming changes. This is a great coping tip that you can find in just about any article pertaining to changes for children.

Even though your child cannot predict how they will feel during the new changes, it is important to plant the seed. Let your child know what will be changing and how it might affect your day to day life.

In this aspect, repetition is going to be key. It will not be enough to warn your child once, or possibly even twice, of the impending changes. Continue to remind them until said changes have taken place.

8. Focus on the Positive

Even if your family's new changes circle around negative situations, it is always important to look on the bright side for your child's sake. Oftentimes our children feed off of our emotions. If you are constantly talking about the negative aspect of your new lifestyle, your child is going to do the same. To help ease their stress and anxiety, focus on the positive!

9. Accept That Coping Takes Time

Everyone copes with new changes in their own time. It is important not to put a time limit on how long your child is to be upset or stressed.

Although it may be frustrating if your child seems to be upset for longer than you'd hoped, remember that they are an individual and need to process their feelings and emotions in a time frame that works for them.

10. Listen to Your Gut

We all have that parental instinct. If your gut is telling you that more is going on than the stress of your child's new routine, listen to it!

It is never a bad idea to make an appointment with a child therapist or child psychologist if you feel that your child's stress goes beyond your new changes.

If your family is going through new changes, take a moment to reflect on these questions:

- How much does my child know about this transition and the change that is coming?
- How have I been helping my child through this transition so far?
- Has my child been acting out since these new changes were implemented?
- In my child's eyes, what might be the hardest part of our new routine?
- How can I change my own attitude in a way that may help my child cope?
- Our lives are always changing and presenting our families with new obstacles and transitions. Remember that even changes you may think are positive can still be tough for your little one. Be ready to help your child transition in the smoothest way possible.

Source: afineparent.com



jessicah0524@aol.com

Welcoming all Saint James families to our annual **Trunk or Treat** on **Saturday, October 29th** from 1–3pm!! Dress up in your favorite costume and come trick or treating!

If you'd like to be creative and decorate your trunk, click the link below to sign up. Please remember all trunk decorators need to be volunteer certified.

[HSA: SJS Trunk or Treat \(signupgenius.com\)](http://signupgenius.com)

Any questions, contact Jen Mucciolo lasassjt@gmail.com or Jessica Harrison



It's time to get ready for our **Trunk or Treat on Saturday, October 29th!** To make this event a success, we are asking each family to donate one bag of peanut free candy or trinkets (stickers, tattoos/ pencils). Below is a list of peanut free candy. A bin will be put at the top of the steps starting **Monday, October 3rd** near the gym entrance. Parents and kids can easily leave the candy during morning drop off.

If you have any questions, please contact Jenn Mucciolo lasassjt@gmail.com or Jessica Harrison jessicah0524@aol.com

Thanks for your support!
The HSA

Peanut free candy suggestions

- Airheads
- Sour Patch Kids/Worms
- Twizlers
- Starbursts
- Tootsie Rolls
- Skittles
- Candy corns
- Bottlecaps
- Dots
- Dum Dums
- Enjoy Life Chocolate Bars
- Frito Lay
- Fun Dip
- Gimbals Jelly Beans
- Hot Tamales
- Hubba Bubba Bubble Gum
- Jolly Ranchers
- Jujubes
- Life Savers
- Mike & Ike
- Necco Wafers
- Nerds
- Nik-L-Lip

The logo consists of the letters 'HSA' in a white, bold, sans-serif font, centered within a dark blue square.

BACK



HSA is in the process of compiling our Family Directory for the 2022-23 School Year. With 321 students across 197 families, we hope that by creating and distributing this directory it will encourage parents to connect their families outside of the classroom, fostering friendships and connectivity and building our Saint James School Community.

Below is the link to the Google form. Participation in the directory is **completely voluntary!** Should you wish to participate, please only provide the information you wish to be included for your family. If participating, please complete the electronic form linked below no later than October 10. If you have any questions, please let us know!

<https://docs.google.com/forms/d/e/1FAIpQLSdqrX9WITuHDI9HE61FF66pGTS0BMzXwtvwqld021sq8Bbclw/viewform>



SAINT JAMES SCHOOL

THE CHRISTMAS VILLAGE

DECEMBER 1-2, 2022

A simple and easy way for your child to go Christmas shopping for the ones they love!



Don't forget to:

- 1. Complete the order form,**
- 2. Submit the forms to your class teacher,**
- 3. make your payment via e-catholic.**



<https://sjsbr.org/christmas-village>

Last day to order: 14 Oct 2022



Gift Options:

Jewelry, tools, toys, home decor, Christmas decor, pet items, cold weather accessories, home goods, gadgets, hair accessories, and more!

One of the great things about Saint James School is that we have a strong sense of community. We believe that coming together should happen not only in the classroom, but also as families. With this in mind, we will be creating a school wide family cookbook this fall. Our aim is to have all cookbooks printed and delivered before Christmas so that families may enjoy the many recipes together. We invite all families to participate and have created two ways to do so! You can donate as many recipes as you'd like and/or have your child participate in an artwork contest for the cookbook dividers. Included are the details for the artwork contest as well as a recipe submission form.

Important Dates to Know

Artwork Submissions Due October 14

Recipe Submissions Due October 31

If you have any questions or would like to get more involved, please contact Jess Hess at jess.a.hess@gmail.com



Saint James School Family Cookbook Recipe Form

Please submit recipes to main office % Jess Hess or email to jess.a.hess@gmail.com **no later than October 31, 2022**. You may submit as many recipes as you'd like.

Recipe Name:

Recipe Category:

- | | |
|--|---|
| <input type="checkbox"/> Beverages | <input type="checkbox"/> Breads & Rolls |
| <input type="checkbox"/> Dips & Appetizers | <input type="checkbox"/> Pasta & Casserole Dishes |
| <input type="checkbox"/> Soups, Salads & Sauces | <input type="checkbox"/> Vegetables & Side Dishes |
| <input type="checkbox"/> Breakfast, Brunch & Lunch | <input type="checkbox"/> Desserts |
| <input type="checkbox"/> Mains, Meats & Seafood | |

Family Name(s) to be printed with recipe:

Serves:

Ingredients:

*Please use these abbreviations: c., tsp., Tbsp., pkg., qt., pt., oz., lb.

Recipe:

Saint James Family Cookbook Artwork Contest

As part of this year's Saint James Family Cookbook design, we would like to open a contest to all students to create their own designs for each divider section of the cookbook. This contest will be open to students in grade K-8. Each grade is assigned a section to submit artwork for. All artwork submissions will be **due by October 14, 2022**. Artwork will be judged by the cookbook committee with all student names removed to create fair judging. Winners will be based on whose design best represents the given section of the cookbook. Student's art will be placed into the cookbook with recognition once chosen. Artwork will be printed black & white in the cookbook. All submissions must go to the school office % Jess Hess.

If you have any questions, please reach out to Jess Hess at jess.a.hess@gmail.com.

Beverages	5th Grade
Dips & Appetizers	4th Grade
Soups, Salads & Sauces	7th Grade
Breads & Rolls	3rd Grade
Breakfast, Brunch & Lunch	1st Grade
Pasta & Casserole Dishes	2nd Grade
Mains, Meats & Seafood	8th Grade
Vegetables & Side Dishes	6th Grade
Desserts	Kindergarten

HSA

BACK



EARN CASH FOR YOUR SCHOOL

LITTLE BY LITTLE WE CAN MAKE A BIG DIFFERENCE.

The Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.

LOOK FOR THE LABEL:

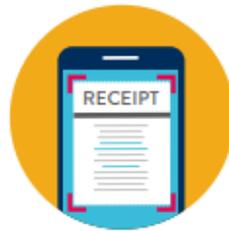


HERE'S HOW IT WORKS:



BUY BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



SCAN YOUR RECEIPT

Use the app to snap a photo of your receipt within 14 days of purchase.

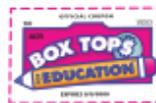


EARN CASH FOR YOUR SCHOOL

Box Tops earnings are identified and automatically updated online.

SHOPPING FOR GROCERIES ONLINE?

You can still earn Box Tops for your school with your e-receipt!
See how at [BTFE.com/emailgroceryreceipts](https://www.btfec.com/emailgroceryreceipts)



BOX TOPS CLIPS

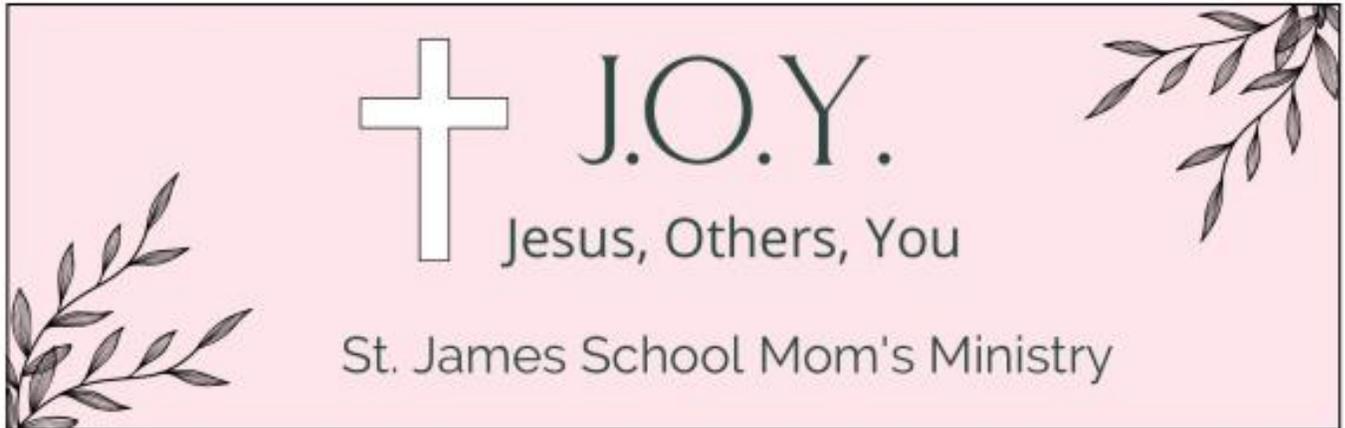
You may occasionally find an old Box Tops clip on packages in stores. You can still clip them and send them to school, as long as each clip has a valid expiration date.

SEE PRODUCTS & LEARN MORE ABOUT THE BOX TOPS APP AT [BTFE.COM](https://www.btfec.com)

© General Mills

DON'T HAVE THE BOX TOPS APP YET? DOWNLOAD IT NOW:





Thank you to Beth DiDominico for organizing the distribution of scapulars today after our school Mass. This is such a meaningful St. James School tradition!

All students in first grade will receive scapulars, as well as all new students. Please see the below website to learn more about the brown scapular.

<https://www.sistersofcarmel.com/brown-scapular-information.php>



If you would like to host the traveling Our Lady of Fatima statue in your home, please email [Beth DiDomenico](mailto:bethdido@hotmail.com) at bethdido@hotmail.com.

Monthly Meeting

Tuesday October 11th
8:45am and 7:00pm
in the chapel basement



Join us every Thursday mornings at 8:45am in the Chapel basement for Bible Study!

Fall Clothing Drive Oct. 28th

Drop off at the Church multipurpose room 9:00am-6:00pm. Jointly sponsored by the St. James Women's Ministry & Cherubs and Angels Children's Clothing. Proceeds go to directly help the needs of local kids or fund Women's Ministry Expenses. No clothes are shredded! For additional info contact Mary Chabak at: 908-423-2447, marychabak301@gmail.com
- VOLUNTEERS NEEDED TO HELP -

Tomorrow at Borough Park in Mendham
Come support our wonderful Sisters of Christian Charity



The poster features a dark background with a faint image of a group of nuns. At the top right is a white outline of a running shoe with a red flame logo. The text '5K FUN RUN' is centered in white, flanked by two white starburst graphics. Below this, 'Sisters of Christian Charity' is written in a white cursive font, followed by 'RUN FOR A NUN' in large, bold, white capital letters. Three circular inset photos show nuns: one in a blue shirt, one holding a white t-shirt with a logo, and two in blue shirts with 'DISTANCE' printed on them. At the bottom, white text reads 'JOIN US FOR OUR 9TH ANNUAL 5K FUN RUN TO SUPPORT THE EDUCATION FUND FOR OUR SISTERS'. A white double-headed arrow spans the width of the poster, framing the date and time on the left and the location on the right. The date '10-8-22' is in large white font, with '8:30-10:00 AM' below it. The location 'Borough Park Mendham, NJ 09745' is in white. At the bottom center, the website 'SCEAST.ORG/RUNFORANUN' is written in white.

5K FUN RUN

Sisters of Christian Charity
RUN FOR A NUN

JOIN US FOR OUR 9TH ANNUAL 5K FUN RUN TO
SUPPORT THE EDUCATION FUND FOR OUR SISTERS

10-8-22
8:30-10:00 AM

**Borough Park
Mendham, NJ
09745**

SCEAST.ORG/RUNFORANUN

For more information about sponsorship or registrations contact us at:
runforanun@gmail.com

Volleyball Schedule:

10/5- 4:30pm HOME v. Assumption (x2)
10/6- 4:30pm HOME v. St. Elizabeth
10/11- 4:30pm AWAY @ Assumption (x2)
10/14- 4:30pm HOME v. St. Patrick (x2)
10/17- 6pm AWAY @ Assumption (x2)
10/20- 4:30pm HOME v. St. Vincent Martyr
10/25- 4:30pm AWAY @ St. Elizabeth
10/28- 4:30pm AWAY @ St. Patrick (x2)
11/2- 6pm HOME v. Assumption (x2)
11/3- 4:30pm AWAY @ St. Vincent Martyr

- (x2) = Double header
- Each game will take no longer than an hour

