

SAINT JAMES SCHOOL  
MARCH 17, 2023

- ✓ [From the School](#)
- ✓ [Advancement](#)
- ✓ [Nurse's Nook](#)
- ✓ [Counselor's Corner](#)
- ✓ [HSA](#)
- ✓ [Athletics](#)



Important Dates

- 3/21: Lenten Confessions; 9:30 AM
- 3/24: End of Marking Period 3
- 3/24: 8<sup>th</sup> Grade Field Trip
- 3/24: 8 AM Mass, Grade 5
- 3/24: Stations of the Cross, 2:15 PM

FROM  
THE  
PRINCIPAL

Dear SJS Families,

Many thanks to all who donated to our Spartan Day of Giving this year! We raised over \$46,000 for classroom technology and an upgrade to our 1<sup>st</sup> & 2<sup>nd</sup> floor wifi. If you didn't get a chance to donate, we'll leave the [portal open over the weekend](#). Thank you, again, for all your support of Saint James School!

Reminder that we will take our Bishop's Holiday on Wednesday, April 5. Our last (full) day of school before Easter will be Tuesday, April 4.

Please take some time to read this week's News & Notes and have a great weekend!

Mrs. Florendo

May the Strength of God guide us.  
May the Power of God preserve us.  
May the Wisdom of God instruct us.  
May the Hand of God protect us.  
May the Way of God direct us.  
May the Shield of God defend us.  
May the Angels of God guard us.  
- Against the snares of the evil one.

May Christ be with us!  
May Christ be before us!  
May Christ be in us,  
Christ be over all!

May Thy Grace, Lord,  
Always be ours,  
This day, O Lord, and  
forevermore.

Amen.



The following students most exemplified the virtue of **COURTESY** this week:

Nora Dwyer, Jack Luzaj,  
Emilia DiTomasso, Robby Vohden,  
Michael Conley, Piper Kilpatrick,  
Leonardo Bruschi, Bryson Washburn,  
Evette Elefante, Dominick Larosa,  
Olivia Battista, Avery Pfistner,  
CJ Hummel, John DiDomenico,  
Kelly Ziolkowski, Adam Kielczewski,  
Declan Mack, Harrison Wavro,  
Cristoforo Milelli, Sarah Bonilla



# From the School

## BACK

### UNDERSTANDING THE SCHOOL LATE POLICY



1. The gym doors open at 8:00 am. Your child remains in the gym until the first bell rings.
1. The first bell rings at 8:30 am.
2. The second bell rings at 8:40 am. The gym doors will close. Students are now considered late.
3. Prayers begin at 8:40 am. To be respectful, students are required to stop wherever they are and remain silent and prayerful until prayers are over.
4. Students arriving after the 8:40 am bell must go to the front desk to receive a late pass to be given to their teacher. **There may be times when a child is outside the gym doors when the 8:40 am late bell rings. They will be let in through the gym doors but would need to go to the main office for a late slip.**
5. Late slips must be shown to Mrs. Corcoran in order for students in grade 5-8 to obtain their chrome book.
6. After 8:40 am, your child should be dropped off at the main door.

Arriving late is a distraction for your child's teacher and classmates. Arriving on time helps set the stage for your child to have a less stressful day.

## **Friday, 8 AM Mass Attend as a family!**

We encourage our students to attend Mass as often as possible. Each week, on Fridays, one class attends the 8 AM Mass together (grades 4-8). Since this is a weekday Mass, students get to school by 8:30 AM.

The schedule for the year is as follows:

Grade 8: 4/21

Grade 7: 4/28

Grade 6: 5/12

Grade 5: 3/24; 5/19

Grade 4: 3/31; 5/26

## UPDATE

### IMPORTANT NOTICE TO ACTIVE VOLUNTEERS

Please be advised that all SJS active volunteers will be receiving an email communication from the Diocese of Metuchen on or about April 1<sup>st</sup> regarding important system changes. All active volunteers will be expected to respond to this email accordingly.

Parishsoft is the database system used to track all volunteer certification requirements. The Diocese was notified in the Fall that Parishsoft will no longer support the volunteer tracking component. The Diocese, and thus Saint James School, will be transitioning to a Virtus-based database. Part of this transition will require every volunteer to log in to Virtus and complete demographic information. Your completed certification components will be entered by me.

I will continue to send updates as I receive them from the Diocese. I appreciate your patience, cooperation, and timely response to the Diocesan request.

Mrs. Patetta

**From the  
School**

BACK



**THE 2022-2023 YEARBOOK IS ON SALE  
FROM MONDAY, MARCH 13<sup>TH</sup>  
THROUGH FRIDAY, MARCH 24<sup>TH</sup>!**

If you wish to order a 2022-2023 yearbook, please place an order at [www.sjsbr.org/yearbook](http://www.sjsbr.org/yearbook). The cost of a yearbook is \$ 40.00. Yearbook sales will close at the end of the day on Friday, March 24th. This is the only chance yearbooks will be available for purchase so don't forget to place your order. Yearbooks will be distributed in early June.

**Important Note for 8<sup>th</sup> Grade Parents/Guardians:** It is not necessary to place an order for your 8<sup>th</sup> grade student. Yearbooks will be ordered for all 8<sup>th</sup> grade students by the school.



# SPARTAN DAY OF GIVING

MARCH 16 & 17, 2023



## Thanks to YOU!

# MORE THAN \$46,000

Raised in 24 Hours



### 2023 STATS

## 100%

Staff & Faculty  
contribution

OVER

## 150

Total Donations



# Advancement

BACK

[Click HERE to Register Today](#)

**Saint James**  
**3RD ANNUAL**

*Golf Outing*



FIDDLER'S ELBOW COUNTRY CLUB,  
BEDMINSTER  
10AM TO 5PM - 12PM SHOTGUN

**MAY 15, 2023**



*Tapas & Cocktails*  
*After Party*

5pm to 8pm  
Tapas, Open Bar  
& Raffles

**\$125 - Per Person**

*Golfers*

- **Single Golfer - \$415**
- **Foursome - \$1600**

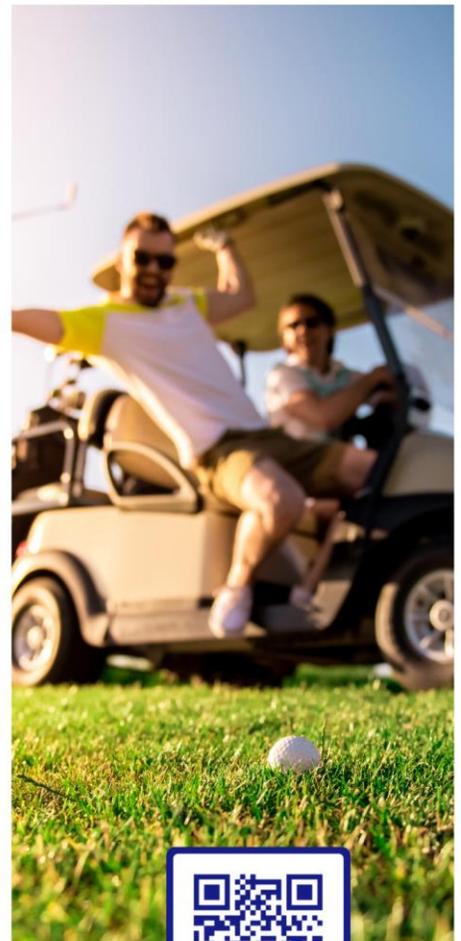
Golfers entry includes:  
Breakfast, a round of golf, lunch,  
on-course snacks and drinks, swag  
gift and a ticket to our Tapas and  
Cocktails After Party.

**First 50 Golfers will  
receive an extra Gift!**

**SPONSOR  
OPPORTUNITIES**

Help us reach our fundraising goals  
by choosing one of the many  
sponsoring opportunities today!

✉ [avictoriacaastro@sjsbr.org](mailto:avictoriacaastro@sjsbr.org)



**SCAN ME**

## STAYING HEALTHY

Respiratory viruses, strep throat, and the stomach bug are going around.

Please encourage your children to:

- Wash their hands frequently with soap and water or hand sanitizer if they cannot wash, especially before eating, after going to the bathroom, and after blowing their nose.
- Cough into his or her elbow.
- Stay home when sick.



## ALLERGIES-Now is a good time to start medications.

- Antihistamines work best if started weeks before your allergy symptoms usually begin.
- Itchy, watery eyes are a common symptom of allergies. Please be aware that the nurse's office does not keep allergy eye drops on hand. If your child needs them, please give at home according to your doctor's advice, or you can send them into the nurse's office with a note.
- Giving allergy medications daily and consistently according to your doctor's plan will help reduce the symptoms they may have. Asthma and Allergy Foundation of America: <https://aafa.org/>

### **PLEASE REMEMBER TO REPORT YOUR CHILD ABSENT**

For **late and early dismissals**, please contact the main office at 908-766-4774 ext. 0 or email [soffice@sjsbr.org](mailto:soffice@sjsbr.org) and email your child's teacher.

To report your child **absent** from school for any reason, email the nurse at [sjsnurse@sjsbr.org](mailto:sjsnurse@sjsbr.org) or call 908-766-4774 ext. 228 and email your child's teacher.

## Healthy Habits

Tips for supporting your child with developing healthy habits

### Encouraging Good Sleep

A key to good sleep habits is consistency. Stick to a sleep routine that is predictable, screen-free and works with your family. For example, your routine may include bath time, reading, and a nighttime conversation, followed by lights out.

The predictability can help serve as a wind-down time and encourage your child to feel tired on their own.

### Setting Screen Time Limits

It is important to set consistent limits and establish rules about screens in your household. A good rule is to ensure screen time doesn't interfere with school and home expectations.

For example, set an agreement that screen time can only happen when homework is complete, family dinner is finished, and chores are done. In addition, incorporate days during the week that are entirely screen-free and find other activities to participate in with your child.

### Finding Balance With Scheduling

Afterschool activities are a great way to provide structure, routine, and socialization, as well as build confidence.

While extracurriculars offer opportunities to teach children lifelong skills, it is crucial to avoid overscheduling.

Helpful questions to consider:

- Can your child complete their homework?
- Does your child have time for friends and family?
- Does your child get enough sleep?

Check in with your child to see how they feel about their balance of activities. Most kids can find their limits and know when they are overextended.

### Get Outside

Spending time outdoors is necessary for your child's health and well-being. There are many positive effects from being outdoors. For instance, researchers agree that kids are happier, more attentive, less anxious, and more confident when they spend time outside.

In addition, being outdoors can foster creativity and imagination, provide exercise, and give kids the opportunity to learn about taking care of the living things around us.

## **Completing Homework**

Develop clear routines and expectations around homework. Establish with your child a homework completion time and location.

For older children and teens, help create a homework plan by breaking down short-term and long-term assignments in a planner, which can assist with developing organizational and planning skills.

Source: [childmind.org](http://childmind.org)

## HSA Upcoming Events

**Please put these following fun events on your calendar!!**

**Friday, April 21<sup>st</sup> - Father-Daughter Event**

**Sunday, May 7<sup>th</sup> - Mother-Son Event**

**Friday, June 9<sup>th</sup> - Middle School Spring Dance - Let us know if you're interested in helping organize this end of the year dance! Email Megan [mmr042017@gmail.com](mailto:mmr042017@gmail.com)**



We've added a new sign up for the rest of the year!! Looking for any and all volunteer certified parents to **PLEASE** sign up for recess duty!! We need your **HELP**!! Please click the links below to sign up.

<https://www.signupgenius.com/go/409094FAFA829A7FE3-march>  
[Recess Volunteers: May and June Recess Volunteers \(signupgenius.com\)](https://www.signupgenius.com/go/409094FAFA829A7FE3-march)



Do You Want to be a **CHAMPION?**  
Join the 2021 & 2022 XC Champions—  
On the Track

*St. James Track and Field*  
*Open House on Wednesday March 15 @ SJS*  
*Practice Starts on Wednesday March 22 @ RHS*

*SJS accepts runners of all skill levels in grades 1-8*

- *Practices are three times per week, every Monday, Wednesday and Friday.*
  - *Practices start at 6:00 PM.*
  - *Practice is at held at Pleasant Valley Park and at Ridge HS*
- *ALL INFORMATION and Registration Forms are available on the TeamSnap site:*

*If you need any information about the program, you can contact  
Coach Wizeman at 917.854.5012 or [matthewwizeman@yahoo.com](mailto:matthewwizeman@yahoo.com)  
Coach Johnson at 732.331.3509 or [linda.y.johnson@gmail.com](mailto:linda.y.johnson@gmail.com)*

Best of luck to all our teams playing in championship games this weekend!

6th Grade Boys Henderson— play at 9:30a at St. Bernard

4th Grade Girls Engdahl — play at 9am at Immaculate Conception Somerville

6th Grade Girls Travers — play at 3p at St. James

7th Grade Boys LaMonica — play at 11:15a at St. James

7th Grade Boys Vinhal — play at 11:15a at St. James

8th Grade Boys Travers — play at 4:15p at St. James

8th Grade Girls Larner — play at 10:15a at Immaculate Conception Somerville

HS Varsity Boys Venturi - play at 6:45p at St. James

**We have 8 teams playing in championship games, which is the most by far in the league (no other program has more than 4 teams playing)**