

# St. MARY OF NAZARETH

4600 Meredith Drive • Des Moines, Iowa 50310  
P: 515-276-4042 • F: 515-252-1995 • E: [stmarys@stmarysdsdm.org](mailto:stmarys@stmarysdsdm.org)



**Fr. John Frost** 515-276-4042  
**Dcn. Dan Maxcy** 515-276-7589  
**Dcn. Greg Lievens** 515-650-2738

#### Mass Schedule

**Saturday:** 5pm

**Sunday:** 9am and 11am

**Weekdays:** 8am Tuesday-Friday

**Holy Days of Obligation:** varies

**Confession:** Saturday 3:30pm-4:30pm

#### Marriage/Baptism

Contact Parish Office 515-276-4042

**Pastoral Care** If you or a family member is in a care facility, homebound, or hospitalized and wish a visit, please contact Fr. John at 515-276-4042 or Deacon Dan at 515-276-7589.

#### New to the Parish?

Welcome!! Please fill out a registration form found in the Welcome Center or by downloading the form from our website.

#### Online Giving & Website

[www.stmarysdsdm.org](http://www.stmarysdsdm.org)

#### Publishing Deadline

8:00am on Monday for Bulletin, Email Blast and TV Monitors—email to: [stmarys@stmarysdsdm.org](mailto:stmarys@stmarysdsdm.org)

**August 17, 2025 • 20th Sunday In Ordinary Time**

### Celebrate Our New Parish Members With Us!

Join us after the 5 PM Mass on  
August 23rd at the Church.

We'll have some wine & cheese and other refreshments and snacks to enjoy as we take a few minutes to get acquainted with each other.

*See you there!*

### **Mass Intentions 2026**

You are welcome to book your Mass Intentions from January 1, 2026 to June 30 2026

Please contact Bridget in the office at  
**bridgetb@stmarysdsdmorg** or 515-276-4042

### **Guidelines**

- 2 weekend Masses and 6 weekday Masses per year for the same person.
- Family MAX of 12 Memorial Masses per year.

### **WE ARE NEEDING HELP!**

Our list of those who are homebound and needing Holy Communion is growing. Please consider this wonderful ministry. It only takes a few minutes each week and it brings great comfort to those in need.

Please contact Bridget or Deacon Dan  
515-276-4042

### **Mary's Meals Benefit Concert**

Thursday, August 28<sup>th</sup> 6pm to 9pm

Jasper Winery @ 2400 George Flagg Pkwy

Enjoy a fun evening with Nashville musicians Phoenix Mendoza, Josh Leo and Kitty Steadman. Proceeds benefitting Mary's Meals.

### **Food Pantry Weekend**

**August 16/17**

Nothing compares to having a meal on the family table. Thank you for your monetary donation to the Food Pantry. The donation basket is in the Gathering Area.

### **Experience Pietra Fitness®**

a retreat for mind, body & soul... Pietra Fitness is a stretching and strengthening workout class that incorporates Christian prayer in the Catholic Tradition. **Starting Thursday, August 14<sup>th</sup> we will meet at 4:15pm Parish Hall rooms 7/8 .**

Participants can wear comfortable clothes for movement/exercise and bring their mat. Fee \$15/class or \$125/10 session punch pass. Please contact Joy Nobles, a certified Pietra Fitness Instructor, at **joymnoblles@gmail.com** or 712-304-1082 — if you have any questions.

### **MASS REFLECTION QUESTIONS**

**Adults:** Are you willing to take a stand for Jesus? How?

**Teens:** Would you stand up for your faith in front of others if it were being ridiculed? How?

**Children:** Do you talk about Jesus with your family and friends? Why or why not?

### **A PRAYER FOR TEACHERS**

Dear God, We thank you for the gift of teachers and for their dedication to shaping the minds and hearts of our children. As they embark on a new school year, we ask for your wisdom to guide them in their teaching and your patience to help them navigate the challenges of the classroom.

***Amen***

### **KEEP UP WITH HAPPENINGS AT STM!**

**There is all kind of information on our website!**

You can read the bulletin each week on our website! Simply go to [www.stmarysdsdm.org](http://www.stmarysdsdm.org) Find the word BULLETIN top of page off to the right. Click it on, pick what bulletin you want to read!

You can sign up to receive email announcements! Simply go to [www.stmarysdsdm.org](http://www.stmarysdsdm.org) Scroll down until you see "Welcome to St. Mary's" Click on "Subscribe to Weekly Email"

Find us on Facebook and Instagram

Find us on YouTube where we stream 8am daily Masses Tuesday-Friday and 9am Mass on Sunday.

Join us for daily Mass: Tuesday-Friday at 8am and weekend Mass at 5pm on Saturday and 9 and 11 on Sundays.

### **HELP THE KNIGHTS SUPPORT OTHERS IN NEED.**

Next weekend, please help our STM Knight families as they seek donations for our annual **Tootsie Roll Drive for Persons with Intellectual Disabilities** outside the **Grimes Hy-Vee**. Your donations help **Iowa Special Olympics**, plus **Links Associates** and **MOSAIC**, two local agencies that also help in many ways those with intellectual disabilities. Stop by 9-3 next Saturday or 11-3 next Sunday.

## **MASS INTENTIONS**

### **Sunday, August 17**

9:00am Bob Eades  
11:00am For the Parish

### **Tuesday, August 19**

8:00am Coleen Janssen

### **Wednesday, August 20**

8:00am JoAnn Kimmel

### **Thursday, August 21**

8:00am Loren & Paul Wagner

### **Friday, August 22**

8:00am Father Nelo Leto

### **Saturday, August 23**

5:00pm Bud & Jo Burger

### **Sunday, August 24**

9:00am Russ & Dick Stebbins  
11:00am For the Parish

## **UPCOMING EVENTS**

### **Sunday, August 17**

Rosary Before Mass 8:30am  
AA Meeting 7pm

### **Tuesday, August 19**

Social Crafts 9:30am  
Piecemakers 9:30am

### **Thursday, August 21**

Pietra Fitness 4:15pm  
Growing Our Faith 7pm

### **Saturday, August 23**

Celebrate New Parishioners  
Wine & Cheese After Mass at 6pm

## **Catholics in Recovery**

There's a resource and support for Catholics struggling with addictions, compulsions, and unhealthy attachments.

Catholics in Recovery helps individuals and families find freedom from these challenges through the 12-Step program and the Catholic faith.

They meet every Monday at 7:30 p.m. in Room 4 at St. Francis of Assisi in West Des Moines.

Questions? Contact

Taylor B. at [taylorbennett123@gmail.com](mailto:taylorbennett123@gmail.com)

## **MISSION TRIP WITH FATHER RAY MCHENRY**

If you have been praying about going on a Mission Trip, it's not too late to join Father Ray McHenry on his annual Mission Trip to South Africa. The next trip will be January 15-27, 2026. There will be an informational meeting on Monday September 8 at 6:30 at St. Francis of Assisi in the Serra Room. You can contact Fr. Ray with any questions at: [fraydsm@gmail.com](mailto:fraydsm@gmail.com).

## **PARISH STAFF**

Father John Frost.....515-276-4042  
Dcn. Dan Maxcy, *Adult Faith Formation*.....515-276-7589  
Dcn. Greg Lievens.....515-650-2738  
Jill Alonzo, *Faith Formation*.....515-276-7589  
Erica Schieffer, *Youth Ministry*.....515-251-7568  
Bridget Brass, *Secretary*.....515-276-4042  
Rhonda Brown, *Bookkeeper*.....515-276-4042  
Ed Causevic, *Maintenance*.....515-276-4042  
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## **PARISH ORGANIZATIONS & MINISTRIES**

Finance Council: James Hart.....515-778-3757  
Faith Formation Council: Erin Besperat.....317-727-3051  
Faith Formation Council: Nicole Baugh.....515-205-1974  
Women's Association: Barb Burkard.....515-249-2954  
Men's Club: Jim Cunningham.....515-491-1047  
Knights of Columbus: Howard Eikenberry..515-238-8744  
Pro-Life Committee: .....515-276-7589  
Vocations Committee: Peggy Heinen.....515-254-9292  
Growing Our Faith: Jennifer Kruse.....515-402-8098  
Stephen Ministry: Ann McGonegle.....515-313-6671  
St. Vincent de Paul: Joyce Schmitz.....515-599-1710  
Pastoral Council: .....515-276-4042  
Becoming Catholic: Diane Klopfenstein.....515-865-7307  
Women's Bible Study: Suzanne Ritchie.....515-339-9782  
Women's Bible Study: Mary Harper.....515-494-0867  
Men's Bible Study: Howard Eikenberry.....515-238-8744  
Habitat for Humanity: Glen Oglia.....515-326-1528  
Piecemakers.....stmaryspiecemakers@gmail.com  
Music/Choir: Mary Dunn Hayward.....515-681-7261  
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## **PLEASE REMEMBER IN YOUR PRAYERS**

The Langan Family, Kyle Slifka, Fred Steinbach,  
Harvey & Donna Boeckholt, Norma Thelen, Marilyn  
Olsasky, Jim Easter, Donna Steele, Lori Edler-Bisbee,  
Danny Roberts, Shad Dooly, Larry & Sharon Fettig,  
Clara Johnson.

**Please call the office if you wish to have your name  
or someone else's on the prayer list. We do need  
a person's permission to print their name.**

## **Victim Assistance Advocate**

The Diocese's victim Assistance Advocate, Sam Porter, is a staff member at Polk County Victim Services.

He helps people who are, or were, minors when they were victims of abuse by the clergy through a complaint process. He also helps them seek support and counseling services.

Porter can be reached at 515-286-2024 or

**[Sam.Porter@polkcountyia.gov](mailto:Sam.Porter@polkcountyia.gov)**.



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