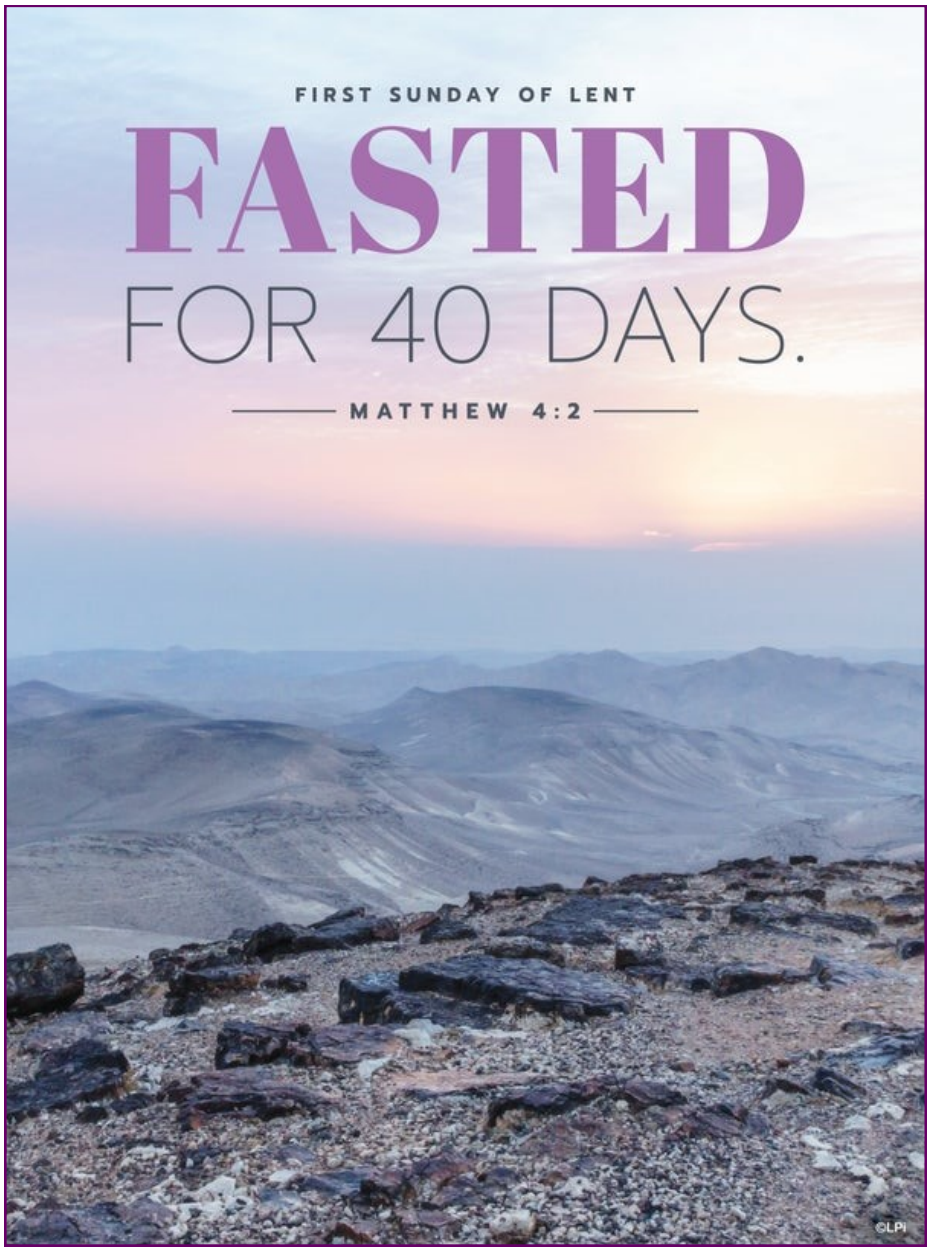
St. Mary of Nazareth

4600 Meredith Drive • Des Moines, Iowa 50310
P: 515-276-4042 • F: 515-252-1995 • E: stmarys@stmarysdsm.org



Fr. John Frost 515-276-4042
Dcn. Dan Maxcy 515-276-7589
Dcn. Greg Lievens 515-650-2738

Mass Schedule
Saturday: 5pm
Sunday: 9am and 11am
Weekdays: 8am Tuesday-Friday
Holy Days of Obligation: varies
Confession: Saturday 3:30pm-4:30pm

Marriage/Baptism
Contact Parish Office 515-276-4042

Pastoral Care If you or a family member is in a care facility, homebound, or hospitalized and wish a visit, please contact Fr. John at 515-276-4042 or Deacon Dan at 515-276-7589.

New to the Parish?
Welcome!! Please fill out a registration form found in the Welcome Center or by downloading the form from our website.

Online Giving & Website
www.stmarysdsm.org

Publishing Deadline
8:00am on Monday for Bulletin, Email Blast and TV Monitors—email to: stmarys@stmarysdsm.org

February 22, 2026 · *First Sunday of Lent*

"God, give me strength, give me hunger for You. Let this set time of less be a chance for more of You."

Friday, February 27th

Knights of Columbus Fish Fry
serving from 5pm to 6:30pm
Stations of the Cross at 5:30pm

Early Bulletin Deadline

Items for the March bulletins and the April 5 bulletin will be due to the office by Monday, March 2 at 8am. Please email to **stmarys@stmarysdsm.org.**

2026 St. Mary's Mobile Hunger Fight

When: Sunday, March 8 from 12:30pm to4:30 pm
Goal: Raise $12,500 and pack 62,688 meals
Signup: bit.ly/2026mobile

Meals from the Heartland
Empowering people to save starving children

Come Holy Spirit Join Young Catholics of Des Moines on Wednesday, Feb. 25 for St. Catherine of Siena's annual Newman Lecture featuring author and speaker Joshua Mazrin, who will address how the Holy Spirit can help us engage with Lent on a deeper level.

The lecture begins at 7 p.m. at Grand View University's Luther Memorial Chapel. Need more information? Contact Megan Schultz at **campusminister@stcatherinedrake.org**.

FREDDY THE FISH!!

Hey kids….. Find "FREDDY THE FISH"
in the church each week and buy your parents and/or grandparents dinner at the Lenten Fish Fry!
Up to 4 people!
Freddy might even Father John's possession!
Go, find Freddy - he will be "floating around" in the church February 14/15, February 21/22, February 28/March 1
March 7/8 and March 20/21

See you at the Fish Fry!!

SAVE THE DATE

Christ Our Life Catholic Conference
to be held Sept 26 & Sept 27 at Casey's Center.

Growing in Faith Questions

Adults: What does "Character" mean to me?
Teens: What choices are hardest for me to make the right way, and how can my faith help me choose what's right when it's not easy?
Children: Sometimes people make bad choices because they think they will get something good from it. For example, someone might steal candy from the store because they think they will get to eat the candy. Bad choices are still bad choices and not right. How do you stop yourself from making a bad choice when it seems like a good idea?

Join us for a guided exploration of the Catholic world.
Catholicism: A Journey to the Heart of the Faith
Tuesday nights in the Parish Hall
Video presentation and discussion
6 to 7:30 starting February 24th.
Questions? Contact Deacon Dan
deacondan@stmarysdsm.org
515-276-7589

The Adult Choir Needs you!

The four cantors at the 9am Sunday Mass are Dean Wittry, Erin Schaffer, Wendy Heger, and Kraig Klopfenstein. They, along with Cathy Jordan and Linda Kausalik on Saturday, and several youth cantors at the Sunday 11am Mass are an integral component of the STM Music Ministry. If you are interested in adding your voice, all are welcome to join in song at any time.

Contact Mary Dunn Hayward 515-681-7261 regarding Choir and/or becoming an 11am cantor, or Cathy Jordan 515-669-7431 to assist on Saturdays.

St. Mary of Nazareth Collection—January 2026

	Actual	Last Year
Tithing Envelopes	$42,185.50	$36,588.00
Online Giving	$15,866.45	$14,847.91
Automatic Deposit	$ 1,580.00	$ 1,900.00
Monthly Total	$59,631.95	$53,335.91
Year-to-Date	$439.499.31	$384,678.00
Plate	$ 2,843.00	
Building Fund	$ 1,001.00	

MASS INTENTIONS

Sunday, February 22
9am For the Parish
11am James Mahany
Tuesday, February 24
8am Beverly Lamb
Wednesday, February 25
8am Bob Foss
Thursday, February 26
8am David Holeman
Friday, February 27
8am Eugene Daluga
Saturday, February 28
5pm Yvonne Schuh
Sunday, March 1
9am Evan Besperat
11am For the Parish

UPCOMING EVENTS

Sunday, February 22
Rosary Before Mass 8:30am
Children's Liturgy of the Word @ 9am Mass
Men's Bible Study 2:30pm
AA Meeting 7pm
Monday, February 23
Stephen Ministry 6:30pm
Tuesday, February 24
Knights of Columbus Leadership 8:45am
Social Crafts 9:30am
Catholicism: Journey to the Heart of the Faith 6pm
Wednesday, February 25
Women's Bible Study 9:30am
Choir Practice 5pm
Faith Formation & Youth Ministry Events
Guest Speaker Randy Kiel 7pm to 8:30pm
Thursday, February 26
Pietra Fitness 4:15pm
Knights of Columbus 6pm
Nazareth Nights Small Groups 7pm
Friday, February 27
Lenten Fish Fry 5pm to 6:30pm
Stations of the Cross 5:30pm
Saturday, February 28
BINGO Set Up

Join us for fun and fellowship!
BINGO in the Hall!!
Sunday, March 1st at 12 pm in the Parish Hall. Fun for all ages and you might just win a prize! Food and drinks will be provided. Best of all, it's free!

PARISH STAFF

Father John Frost: 515-276-4042
Dcn. Greg Lievens: 515-650-2738
Adult Faith Formation, Dcn. Dan Maxcy: 515-276-7589
Family Faith Formation, Jill Alonzo*:* 515-276-7589
Youth Ministry, Erica Schieffer**:** 515-251-7568
Parish Office, Bridget Brass: 515-276-4042
Bookkeeper, Rhonda Brown: 515-276-4042
Maintenance, Ed Causevic: 515-276-4042
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PARISH ORGANIZATIONS & MINISTRIES

Finance Council: Deb Tharnish-515-360-9394
Faith Formation Council: Allie Lee-515-480-1356
Women's Association: Barb Burkard-515-249-2954
Men's Club: Jim Cunningham-515-491-1047
Knights of Columbus: Howard Eikenberry-515-238-8744
Nazareth Nights Young Adult Catholic Group
Shannon Brand—815-900-8283
Vocations Committee: Peggy Heinen-515-254-9292
Growing Our Faith: Jennifer Kruse-515-402-8098
Stephen Ministry: Ann McGonegle-515-313-6671
St. Vincent de Paul: Joyce Schmitz-515-518-0335
Pastoral Council: Chris Burger-515-276-4042
Becoming Catholic: Diane Klopfenstein-515-865-7307
Women's Bible Study: Suzanne Ritchie-515-339-9782
Women's Bible Study: Mary Harper-515-494-0867
Men's Bible Study: Howard Eikenberry-515-238-8744
Habitat for Humanity: Glen Oglia-515-326-1528
Piecemakers-stmaryspiecemakers@gmail.com
Music/Choir: Mary Dunn Hayward-515-681-7261
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PLEASE REMEMBER IN YOUR PRAYERS

Colette Hayward who passed away on 2-12-2026.
Madonna Gerdes, Fred Steinbach, Henry Burkard, Marilyn Olsasky, Jim Easter, Donna Steele, Danny Roberts, Shad Dooly, Larry & Sharon Fettig, Clara Johnson

Please call the office if you wish to have your name or someone else's on the prayer list. We do need a person's permission to print their name.

JOIN US FOR AN EVENING WITH DEACON RANDY KIEL!

Who? Everyone 12+ (not recommended for children 11 and under)
What? When Low Becomes too Low, an Evening of Powerful Positivity
When? Wednesday, February 25, 7 PM – 8:30 PM
Where? St. Mary of Nazareth Catholic Church
Why? Find light in life's darkest moments
See you on the 25th!

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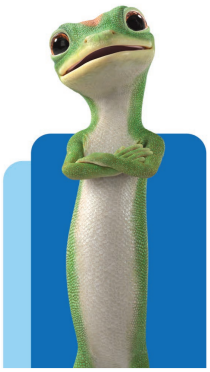

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