

# SACRED HEART CATHOLIC CHURCH

# GOOD



“Do not take a false oath,  
but make good to the  
Lord all that you vow.”

MATTHEW 5:33B

SIXTH SUNDAY IN ORDINARY TIME  
FEBRUARY 16, 2020

1110 14th St.  
Bellingham, WA 98225

Office Hours: Mon-Fri, 8-4  
360-734-2850

**SIXTH SUNDAY IN  
ORDINARY TIME  
February 16, 2020**

**SACRED HEART  
CATHOLIC CHURCH**

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**PARISH STAFF:**

PRIEST ADMINISTRATOR:	360-734-2850 x 302
Rev. Cody Ross fr.ross@shbham.org	Emergencies requiring the presence of a priest: 360-338-7245
<b>PASTORAL ASSISTANT FOR ADMINISTRATION:</b>	
Melissa Johnson melissa.johnson@shbham.org	360-734-2850 x 301
<b>ADMINISTRATIVE ASSISTANT:</b>	
Kim Walker kim.walker@shbham.org	360-734-2850 x 200
<b>PASTORAL ASSISTANT FOR FAITH FORMATION, RCIA, BAPTISMS:</b>	
Lila Ruiz lila.ruiz@shbham.org	360-734-2850 x 304
<b>PASTORAL ASSISTANT FOR YOUTH MINISTRY--EDGE AND LIFE TEEN:</b>	
April Jordan-Hulsey aprilj@assumption.org	360-734-2850 x 305

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**MINISTRY COORDINATORS:**

ALTAR SERVERS: DALE POLLARD, 360-201-3957, DPOLLARDO57@GMAIL.COM  
SACRISTANS: MARY ANN WOOD, 360-201-8747, EMAWOOD@COMCAST.NET  
USHERS: PAT KUST, 360-734-8460  
LECTORS: BELINDA GRANAT, 360-319-5422, LOOBALOO57@GMAIL.COM  
EMHC'S: ELLIE SPRING, 360-483-8427

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NEWMAN CAMPUS MINISTRY DIRECTOR: [WWW.WWUNEWMAN.COM](http://WWW.WWUNEWMAN.COM)  
Emma Fisher 360-410-0218  
emmafisher@wwunewman.com

ST. VINCENT DE PAUL OUTREACH: 360-734-2722

[WWW.SACREDHEARTBELLINGHAM.ORG](http://WWW.SACREDHEARTBELLINGHAM.ORG)

# Sacred Heart Parish, Bellingham ~ February 16, 2020

## Sunday, Feb 16, Sixth Sunday in Ordinary Time

8:30 am <b>Mass</b>	Church
9:45 am Coffee Hour	Hall
9:45 am *No RE Classes	
11:00 am <b>Mass</b>	Church
12:15 pm *No RCIA	
6:00 pm *No EDGE or Life Teen	
5:30 pm Newman Center Confession	WWU, CF 115
6:30 pm <b>Newman Center Mass</b>	WWU, CF 115

## Monday, Feb. 17, Seven Holy Founders of the Servites

—Office Closed—Presidents' Day

9:00 am \*No Mass

## Tuesday, Feb. 18

9:00 am <b>Mass</b>	Church
10:00 am Bellingham Catholic Moms	Hall
12:00 pm Angelus and Rosary	Church
1:00 pm Prayer Shawl Group	Hall

## Wednesday, Feb. 19

10:00 am Faith Formation— <i>Happiness</i>	Hall
12:00 pm Angelus and Rosary	Church

## Thursday, Feb. 20

11:00 am <b>Funeral Mass</b> for Barbara Crowley	Church
12:00 pm Funeral Reception	Hall

## Friday, Feb. 21, St. Peter Damian

11:00 am <b>Funeral Mass</b> for Bernice Ledray	Church
12:00 pm Funeral Reception	Hall
12:00 pm Adoration until 8:50 am Saturday	Chapel

## Saturday, Feb. 22, Chair of St. Peter

8:30 am Rosary	Chapel
8:50 am Benediction	Chapel
9:00 am <b>Mass</b>	Church
9:30 am St. Michael Chaplet	Church
3:30 pm Confession	Church
5:00 pm <b>Vigil Mass</b>	Church
6:30 pm Lock-In Retreat for Life Teen	Assumption

## Sunday, Feb 23, Seventh Sunday in Ordinary Time

8:30 am <b>Mass</b>	Church
9:45 am Coffee Hour	Hall
9:45 am RE Classes	Atrium/Library
11:00 am <b>Mass</b>	Church
12:15 pm RCIA	Library
4:00 pm EDGE	Assumption
5:30 pm Newman Center Confession	WWU MPR
6:30 pm <b>Newman Center Mass</b>	WWU MPR

## Mass Intentions

Feb 18 John Byrnes +

Feb 22 Barb Haddad +

## The Holy Father's Prayer Intentions for February

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

## Sacred Heart's Stewardship of Treasure Report February 8 and 9

Envelopes (85)	\$ 5,873.25
Loose	\$ 776.51
Total	\$ 6,649.76
St. Vincent de Paul	\$ 340.00
Newman Center	\$ 308.00
Building Fund	\$ 112.00

## The Inexhaustible Spring of Life

Lord, who can comprehend even one of your words? We lose more of it than we grasp, like those who drink from a living spring. For God's word offers different facets according to the capacity of the listener, and the Lord has portrayed his message in many colors, so that whoever gazes upon it can see in it what suits him. Within it he has buried manifold treasures, so that each of us might grow rich in seeking them out.

The word of God is a tree of life that offers us blessed fruit from each of its branches. It is like that rock which was struck open in the wilderness, from which all were offered spiritual drink. As the Apostle says: *They ate spiritual food and they drank spiritual drink.*

And so whenever anyone discovers some part of the treasure, he should not think that he has exhausted God's word. Instead he should feel that this is all that he was able to find of the wealth contained in it. Nor should he say that the word is weak and sterile or look down on it simply because this portion was all that he happened to find. But precisely because he could not capture it all he should give thanks for its riches.

Be glad then that you are overwhelmed, and do not be saddened because he has overcome you. A thirsty man is happy when he is drinking, and he is not depressed because he cannot exhaust the spring. So let this spring quench your thirst, and not your thirst the spring. For if you can satisfy your thirst without exhausting the spring, then when you thirst again you can drink from it once more; but if when your thirst is sated the spring is also dried up, then your victory would turn to harm.

Be thankful then for what you have received, and do not be saddened at all that such an abundance still remains. What you have received and attained is your present share, while what is left will be your heritage. For what you could not take at one time because of your weakness, you will be able to grasp at another if you only persevere. So do not foolishly try to drain in one draught what cannot be consumed all at once, and do not cease out of faintheartedness from what you will be able to absorb as time goes on.

—Saint Ephraem, Deacon (+373)

# Sacred Heart Parish, Bellingham ~ February 16, 2020



## Welcome to Sacred Heart Parish

If you are just visiting, welcome! If you'd like to register at our parish, you can stop in at the parish office across the street, or go to [www.shbham.org](http://www.shbham.org) to get a registration form. You can come in and get a cup of coffee in the office Monday-Friday from 8 am to 4 pm. Our parish staff can help you connect with the parish community in many ways, including St. Vincent de Paul, social justice, homebound ministry, and more.

## PARISH LIFE

**The Knights of Columbus** are hosting a breakfast fundraiser for seminarians at Applebees on Sat., Feb. 22. Come and help support our seminarians! Tickets are only \$10 for a nice breakfast and will be available outside after Mass.

**Ash Wednesday** is Wed., Feb. 26, and the Mass at Sacred Heart is at 7 am. Assumption's Ash Wednesday Masses are scheduled for 12:30 pm, and then they'll have a bilingual Mass at 7 pm.

## STATIONS OF THE CROSS and LENTEN FISH DINNERS

Every Friday in Lent at Sacred Heart beginning February 28!

Adoration of the Blessed Sacrament at 9:45 am

Confessions from 5-6 pm

Stations of the Cross at 6 pm

Fish Dinner at 6:30 pm in the hall

Menu is salmon, baked potato, coleslaw, and macaroni and cheese.

**Young Adults:** Starting in February/March, we're planning several bi-weekly young adult small group events. These are intended for young adults in their 20s and 30s who would like to grow in Christian fellowship and faith. We'll tailor to the needs of each group so we can engage in fun, faith-building activities. Please contact [aprilj@assumption.org](mailto:aprilj@assumption.org) if you're interested in joining or hosting one!

**The Southside Food Bank** collection barrel is in the entryway of the church. Ideas for donations are: breakfast bars, canned beans and veggies, cereal, condiments, cup of noodles, pasta, pasta sauce, peanut butter, tuna, soup, and cleaning and hygiene products. Thank you!

## ARCHDIOCESAN EVENTS

**Considering Separation or Divorce?** Wait—there is an alternative! Retrouvaille has brought healing to tens of thousands of troubled marriages worldwide. For confidential information about Retrouvaille, or to register for the program on the weekend of Feb. 21-23, go to [www.helpourmarriage.org](http://www.helpourmarriage.org) or call 206-706-2608.

**Rachel's Corner:** Are you haunted by the circumstances and experience of an abortion? God longs to heal your heart! The next Rachel's Vineyard™ Retreats available are March 6-8 or April 24-26. Call for a compassionate, confidential conversation in English: (206) 920-6413 or Español: (206)-450-7814. Website is [ccsww.org/projectrachel](http://ccsww.org/projectrachel).

**8th Annual Seattle Catholic Men's Conference coming soon!** Do you want to be the man that God has always called you to be? Grow closer to God with powerful speakers like Fr. Robert Spitzer, SJ and Archbishop Paul Etienne. Join us Sat., Mar. 21 at St. Stephen the Martyr in Renton! Registration is open at <http://www.seattlemensconference.org>.

**Worldwide Marriage Encounter:** Sign up today to attend the next Marriage Encounter weekend at the Sheraton Hotel in Bellevue, April 24-26. Apply at [wwme.org](http://wwme.org). For more information call 206-772-2344.

**Palisades Retreat Center:** *Habits of a Very Loving Marriage*, May 1-3, is a marriage enrichment retreat that is like an extended date-night for married couples. Participants will learn to clearly define their vision as a family, build a common sense of purpose, values, and goals, and discover how to achieve better communication. Please join Father Freitag as he leads this positive, prayerful seminar. Register at [palisadesretreatcenter.org](http://palisadesretreatcenter.org).

## Pray for those in the Military:

HM1 Benjamin Chapin, USN

LT COL Gregory DeMarco

MAJ Tyler Ripley, USAF

CMC Paul McFadden, USN

MT6 David Varner

SGT Luke Bradshaw, US Army

CAPT Jason Taylor

LTCDR Casey Oswald, USN

TSGT John Coder, USAG

AT1 Jon Silver, USN

CAPT Jonathan Brent

SGT Davis Glass, USMC

Jared Santos

James Robinson

MAJ Kiel Gilliland, USAFR

MAJ Sharon Gilliland, USAG

LT Andrew Remien, USN

MCPO Anthony Edward Vega

SGT Chelsea Torvik, US Army

E1 Dylan Bailey, USN

CAPT Joe Knutson, USAF

1LT Bridgett Knutson, USAF

E3 Cole H. Trolinder, US Army

LT CDR Scott Higbee, USCG

SFC Casey Gursley, US Army

LTCOL Andrew Hoffman, USAF

PFC John Vincent, USMC

SGT Matthew Mashburn, USMC

A1C Jacob Bean, USAF

1 LT Nikolas Karaffa, US Army

SGT Nelson Fitzsimmons, US Army

E4 Jacob Townsend, US Navy

## Please remember in your prayers those who have died, especially:

Barbara Crowley, Bernice Ledray

Archbp. Alexander Brunett,

Syl Therrien, Roman Wazny,

Jerry Main, Cliff Adams,

Mary Montag, Arlene McClelland,

Carol Weibe, Constance Barnard,

Richard Sullivan, Pat Warren,

Pat Duarte, Meagan Meagher,

Corinne O'Brien, Finn Blaylock,

Rosemary Dahlquist,

Fr. Raymond Heffernan,

Moyna Guinn, and Dale Boudreau.

## Memorial candle burns for:

Bernadette Aaker

2/16-2/22



**Sacred Heart Parish is pleased to announce a new way of communicating with parishioners, available beginning February 23rd. Flocknote is a handy phone and desktop app for communicating between ministries, parish events, schedule changes --and even amazing small group content.**

**Get ready to be connected on February 23rd!**

*He pours light into our minds, arouses our desire and gives us strength... As the soul is the life of the body, so the Holy Spirit is the life of our souls.*

—St. Peter Damian

Did you see the movie *Unplanned*? It is the story of Abby Johnson and how her abortion facility closed due to 40 Days for Life prayers. A 40 Days for Life campaign will happen this Lent in Bellingham! It will begin with a vigil at Planned Parenthood in Bellingham on Mon., Feb. 24 at 7 pm. Bring a light or candle. For more information and to sign up, go to [40daysforlife.com](http://40daysforlife.com) or call Michelle Lindsey, 360-510-3073.



Reserve your table for the Growing Great Kids Auction, which is Sat., Mar. 7. One of the live auction items this year is a Filipino meal for 10, hosted by four of our school families. The last two years, our auction has been a sold-out event—so reserve your table soon!

Recently, Mr. Anderson shared his annual State of the School address with school families. He illustrated the school's successes in the past year, reflected on current challenges, and reiterated the vision for the school's future. To see the presentation that he shared with the school, please go visit the link at the school's website at [school.assumption.org](http://school.assumption.org).

## EDGE Middle and High School Youth News



**High School Lock-In** is Feb. 22-23 in the Assumption gym. We will begin with Ask-a-Priest at 6:30 pm with Fr. Moore. It's free to attend—all we ask is for each teen to bring a food item to share with the group. Contact April Jordan-Hulsey for more information or to RSVP.

### ASSUMPTION EVENTS

**Protecting God's Children:** This is an in-class, 3-hour training for new volunteers and employees. It is designed to teach participants how to keep our ministries, programs, and schools safe. Any volunteers who have previously taken the *Called To Protect for Ministries* training DO NOT need to take this class. It is required for new employees and volunteers with ongoing, unsupervised contact with minors or vulnerable adults. It will be Sat., Mar. 14 at 9 am in the school library. Register online at [www.virtusonline.org](http://www.virtusonline.org).

**I AM LOVE:** Frederick Mabalot, PA for Music and Liturgy, will conduct two concerts with the Bellingham Chamber Chorale on Sat., Mar. 14 at 7:30 pm and Sun., Mar. 15 at 5 pm at the Church of the Assumption. Tickets are available online at [bellinghamchamberchorale.org](http://bellinghamchamberchorale.org). Prices are \$20 for general admission and \$10 for students. The program is based on the theme of love and consists of mostly sacred and some secular choral music. Pianist is Rachel Roulet.

### Social Justice Corner

In his message for the 53rd World Day of Peace, Pope Francis gave special focus on the need for an "ecological conversion." The following are some excerpts from his comments:

"Faced with the consequences of our hostility towards others, our lack of respect for our common home or our abusive exploitation of natural resources—seen only as a source of immediate profit, regardless of local communities, the common good, and nature itself—we are in need of an ecological conversion."

"This journey of reconciliation also calls for listening and contemplation of the world that God has given us as a gift to make our common home. Indeed, natural resources, the many forms of life, and the earth itself have been entrusted to us to *till and keep* (Gen 1:15), also for future generations, through the responsible and active participation of everyone. We need to change the way we think and see things, and to become more open to encountering others and accepting the gift of creation, which reflects the beauty and wisdom of its Creator."

"The ecological conversion for which we are appealing will lead us to a new way of looking at life, as we consider the generosity of the Creator who has given us the earth and called us to a share of it in joy and moderation. ... For Christians, [this conversion] requires that the effects of their encounter with Jesus Christ become evident in their relationship with the world around them."

In your prayers this week, ask God how this ecologic conversion might manifest itself in our hearts and lives.

—Elaine Brent

# RESPECTING LIFE AT THE END OF LIFE

Thursday, February 27, 2020

10:30 AM – 12:00 PM

Sacred Heart Parish Center  
1110 14<sup>th</sup> St., Bellingham

*"And if I go and prepare a place for you, I will come back again and take you to myself, so that where I am you also may be." - John 14:3*

## SR. SHARON PARK

Sister Sharon Park, OP was the Executive Director of the Washington State Catholic Conference (WSCC), which represents the Catholic Bishops of our state on issues of public policy. For almost 40 years, she was staff to the WSCC.

She is a member of the Dominican Sisters and has a bachelor's degree in Nursing and a master's degree in Theological Studies with a concentration in Biomedical Ethics.

She is a frequent lecturer on *Faithful Citizenship* and public policy subjects with a focus on life issues and the concerns of people experiencing poverty. She is also a consultant on biomedical ethical issues and offers presentations on end of life issues.



## GOALS OF THE PRESENTATION

- **Catholic Teaching on Life**- Foundational Principles and how they pertain to end-of-life decisions
- **Moral Decision Making**- Formation of Conscience
- **Advance Directives**-Living Will, Power of Attorney- Health Care

### *A Guide to Making Good Decisions for the End of Life*

The Bishops of Washington State and the Washington State Catholic Conference have prepared this booklet as a resource to assist you in making choices about your health care and in communicating your decisions to others. These will be available at the presentation.

