



“The Message”

a weekly newsletter of St. Mark School

February 16, 2023

A note from Mrs. Bingham

Dear Parents,

Lent will begin on Wednesday. Lent is a period of preparation in the Church and this week provides a great opportunity to help your child(ren) decide how they will live out the three pillars of Lent: almsgiving, fasting, and prayer.

Almsgiving is a way that we give back to those in need. How can we do that? Lots of ways—one way is to have simple meals during Lent and use the saved money to put in the rice bowl. Another would be to clean out our toys and our closets and donate items in good condition that we no longer use. How can you as a family give to others this Lent?

Fasting is the “giving up” something for Lent. It should be something we do daily so that we remember Jesus’ sacrifice for us.

Prayer is what keeps us connected to God. In almsgiving and fasting we imitate our Lord’s sacrifice. It is important to keep ourselves united to Him in prayer. Let us use this Lent to draw wholeheartedly back to the Heart of Christ.

St. Mark, Pray for Us,

Mrs. Bingham

REMINDER

There is no school on Friday, February 17th and Monday, February 20th.



Leaders of the Pack

The Leaders of the Pack meeting scheduled for Thursday, February 16th has been cancelled.

March Hot Lunch

Below is the link to preorder lunch for March. Please complete your order by February 23rd. The March lunch menu is attached.

<https://forms.gle/6qBNaLwB7EFuFzmv9>



Lent begins on February 22nd. Students will attend Ash Wednesday Mass at 8:00 a.m.



Please mark your calendars for our upcoming Fish Fry dates.

❖ 4:30pm-7:00pm

- **February 22nd**
- **March 10th**
- **March 24th**
- **April 7th**



The students will pray the Stations of the Cross each Friday during Lent. You are always welcome to join us.

- February 24, 2023 ~ 2:05pm
- March 3, 2023 ~ 11:00am
- March 10, 2023 ~ 2:05pm
- March 24, 2023 ~ 2:05pm
- March 31, 2023 ~ 2:05pm

Upcoming EVENTS

February 17, 2023 ~ No School ~ Faculty Professional Development Day

February 20, 2023 ~ No School ~ President's Day

February 22, 2023 ~ Ash Wednesday / Fish Fry

February 24, 2023 ~ Spirit Day

March 3, 2023 ~ 12:00 Dismissal/Faculty Meeting/Spirit Day

March 15, 2023 ~ End of 3rd Quarter

March 16-21, 2023 ~ No School

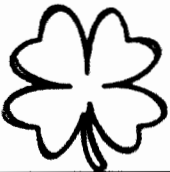

March 24, 2023 ~ Spirit Dress Down Day

March 25, 2023 ~ 1st Communion Retreat- 10am-12pm



MARCH

Lunch Menu

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | NOTES |
|--|---|---|---|--|--|---|-------|
| I like people who smile when it's raining. | | | 1 Chicken Rings Butter Noodles Fruit | 2 Nachos Corn Fruit | 3 Noon Dismissal No Lunch | 4 | |
| 5  | 6 Toasted Ravioli Green beans Fruit | 7 Grilled Cheese French Fries Fruit | 8 Chick-Fil-A Day 5 nuggets or 1 sandwich | 9 Corn dog French fries Fruit | 10 Bosco Stick Broccoli Fruit | 11 | |
| 12 | 13 French Toast Sticks Sausage Fruit | 14 Chicken Quesadilla Corn Fruit | 15 Spaghetti with Meatballs Vegetable Fruit | 16 No School | 17 No School | 18 | |
| 19 | 20 No School | 21 No School | 22 Waffles Sausage Fruit | 23 Chicken rings Butter Noodles Fruit | 24 Cheese pizza Carrot sticks Fruit | 25 | |
| 26 | 27 Chicken Sandwich with cheese Corn Fruit | 28 Toasted Ravioli Green beans Fruit | 29 Chick-Fil-A Day 5 nuggets or 1 sandwich | 30 Cheeseburger French Fries Fruit | 31 Cheese Quesadilla Corn Fruit |  | |

ST. MARK'S Fish Fries



FEBRUARY 22

Ash Wednesday

March 10

March 24

April 7

Good Friday

NEW
DATES!

4:30-7:00 pm

Carry outs available!

ST. MARK PARISH CENTER

4220 Ripa Avenue, St. Louis, MO 63125

(314) 743-8600

\$14 Full Meal/Combo • \$8 1/2 Meal

FULL MEAL: 2 Fish *or* 8 Shrimp and 2 sides

FULL COMBO: 1 Fish *and* 4 Shrimp and 2 sides

1/2 MEAL: 1 Fish *or* 4 Shrimp *or* cheese sandwich
and 2 sides

All dine-in meals include coffee or tea and dessert!

- MENU -

MAIN: *Hand-breaded* fried cod and jack salmon, baked cod, shrimp, and grilled cheese sandwich

SIDES: *Famous* coleslaw, french fries, green beans, spaghetti, and macaroni and cheese

Sweet corn hushpuppies available - 3 for 50¢

Cheese sandwich available - \$2

DRINKS: Coffee and iced tea

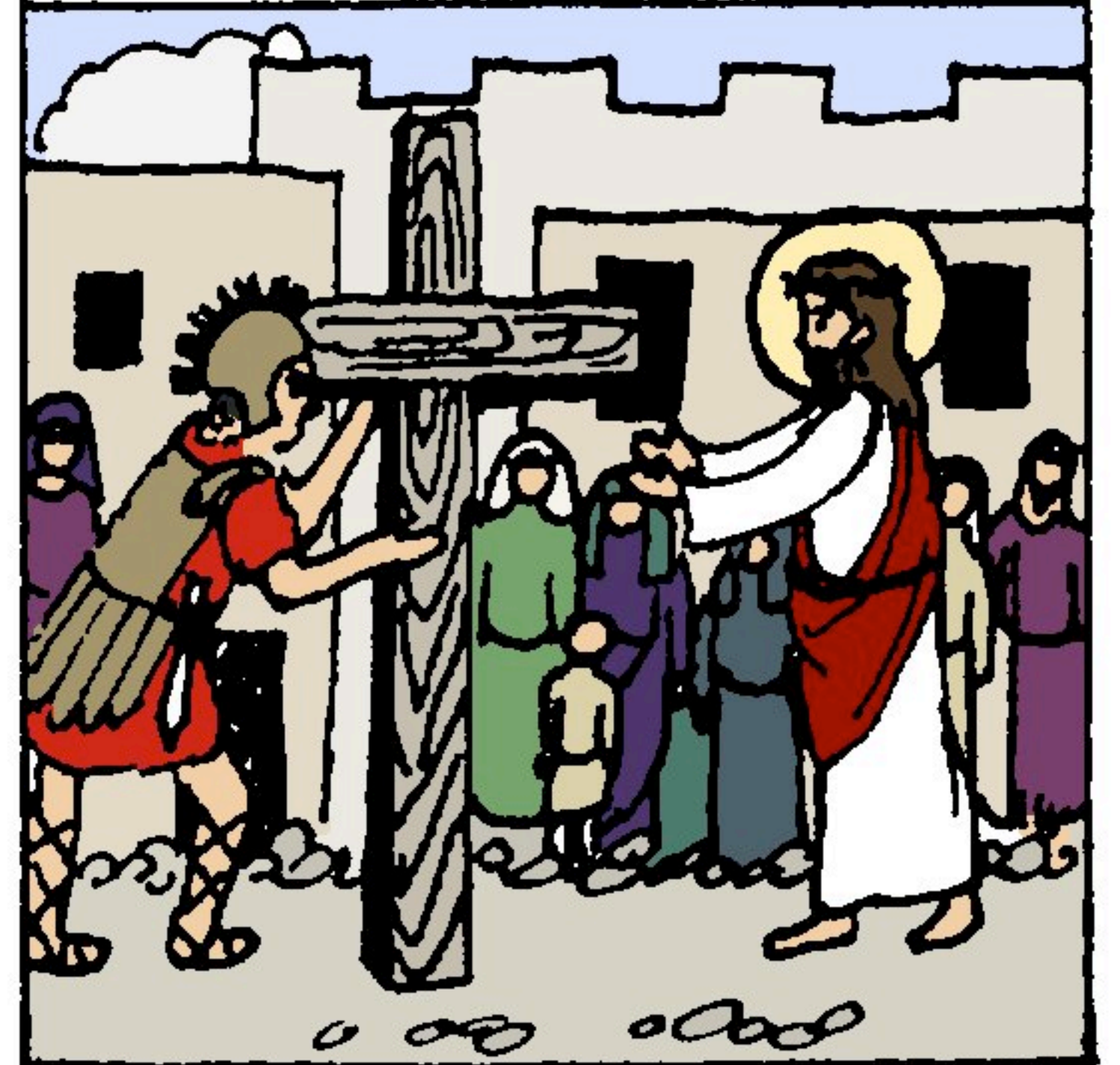
(Bottled water, soda & beer sold separately)

The Stations of the Cross

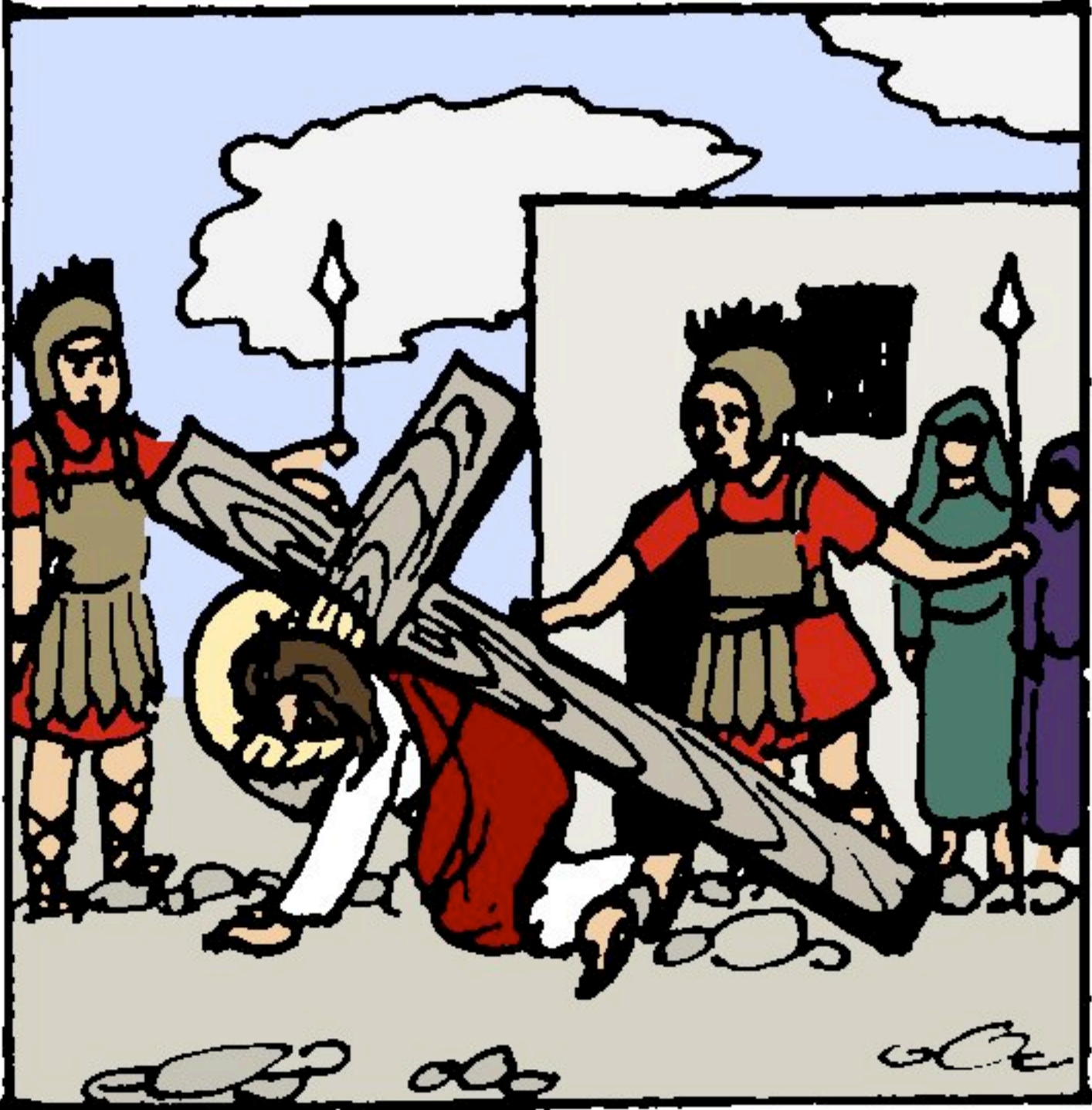
1. Jesus is condemned to death



2. Jesus takes up His cross



3. Jesus falls the first time



4. Jesus meets His mother



5. Simon helps Jesus carry the cross



6. Veronica wipes the face of Jesus



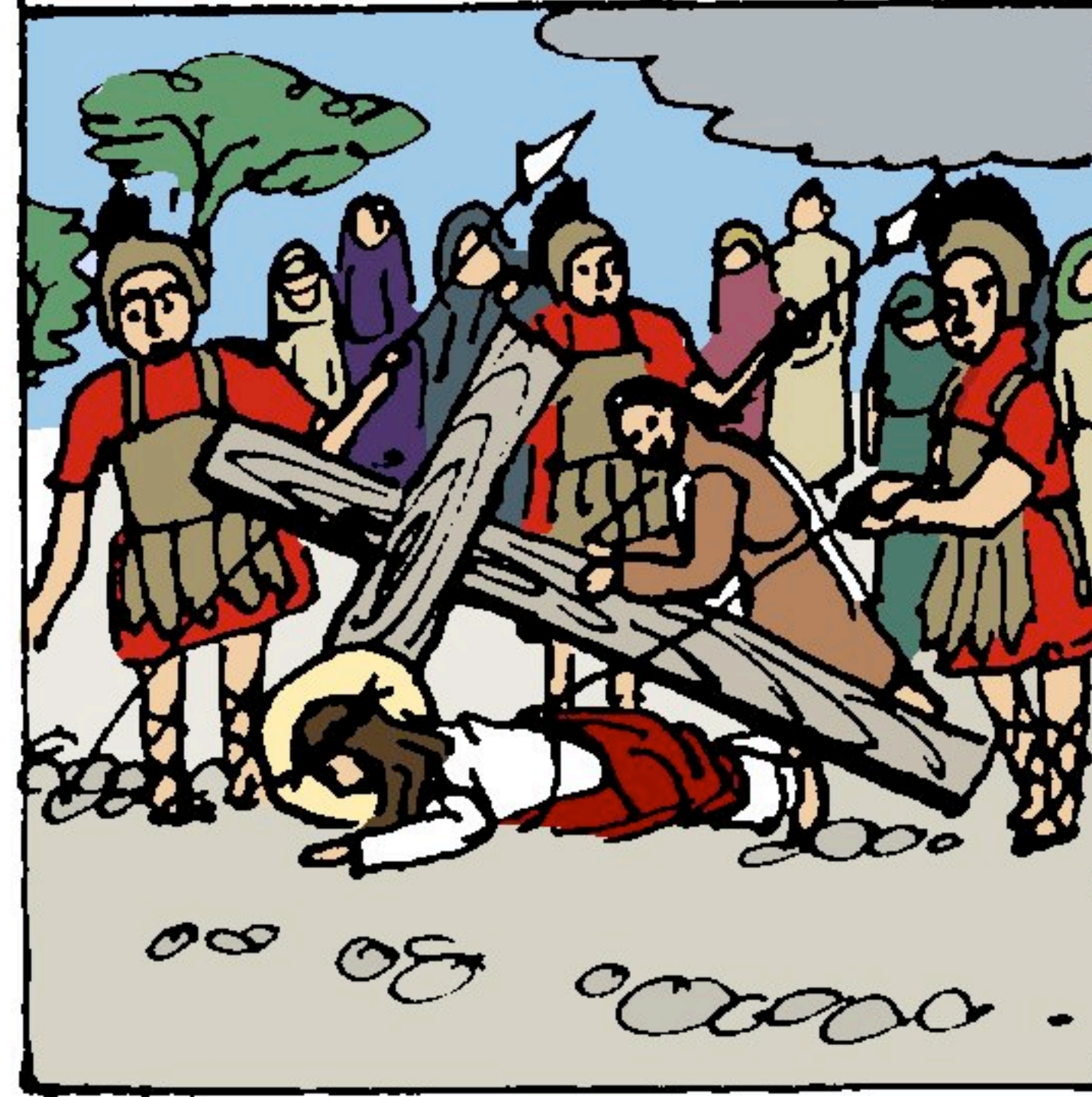
7. Jesus falls the second time



8. Jesus speaks to the women of Jerusalem



9. Jesus falls the third time



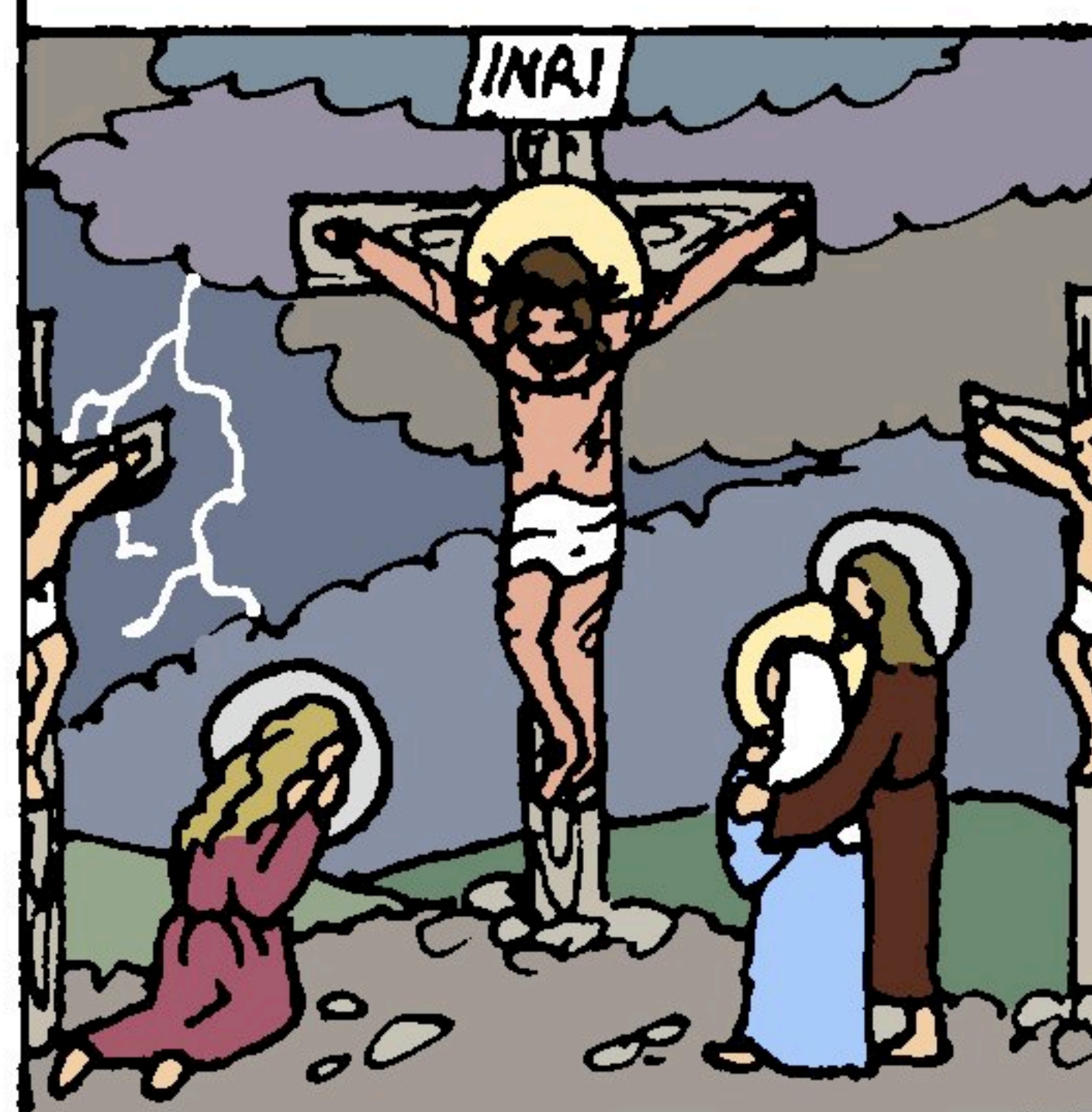
10. Jesus is stripped of His clothing



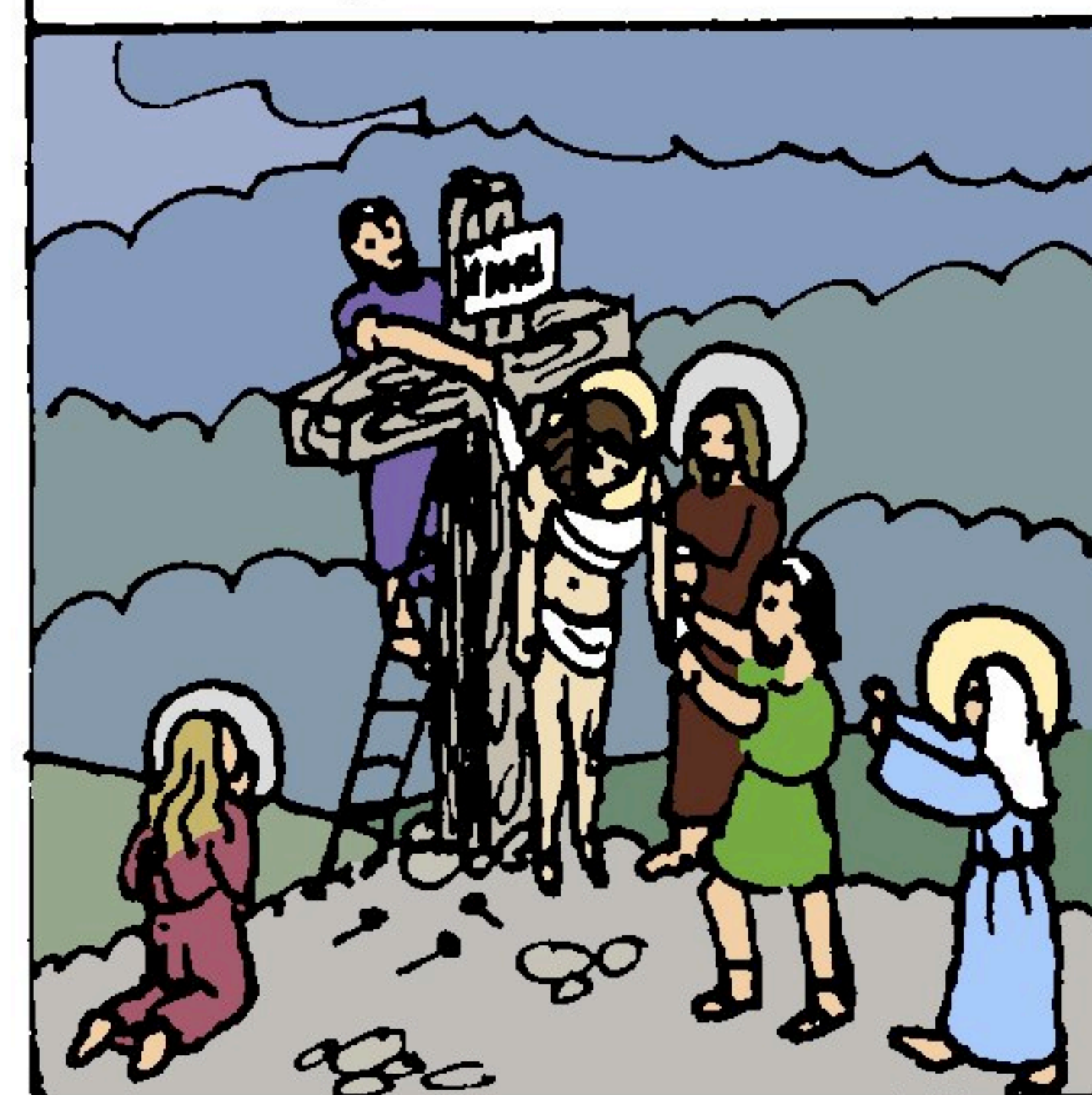
11. Jesus is nailed to the cross



12. Jesus dies on the cross

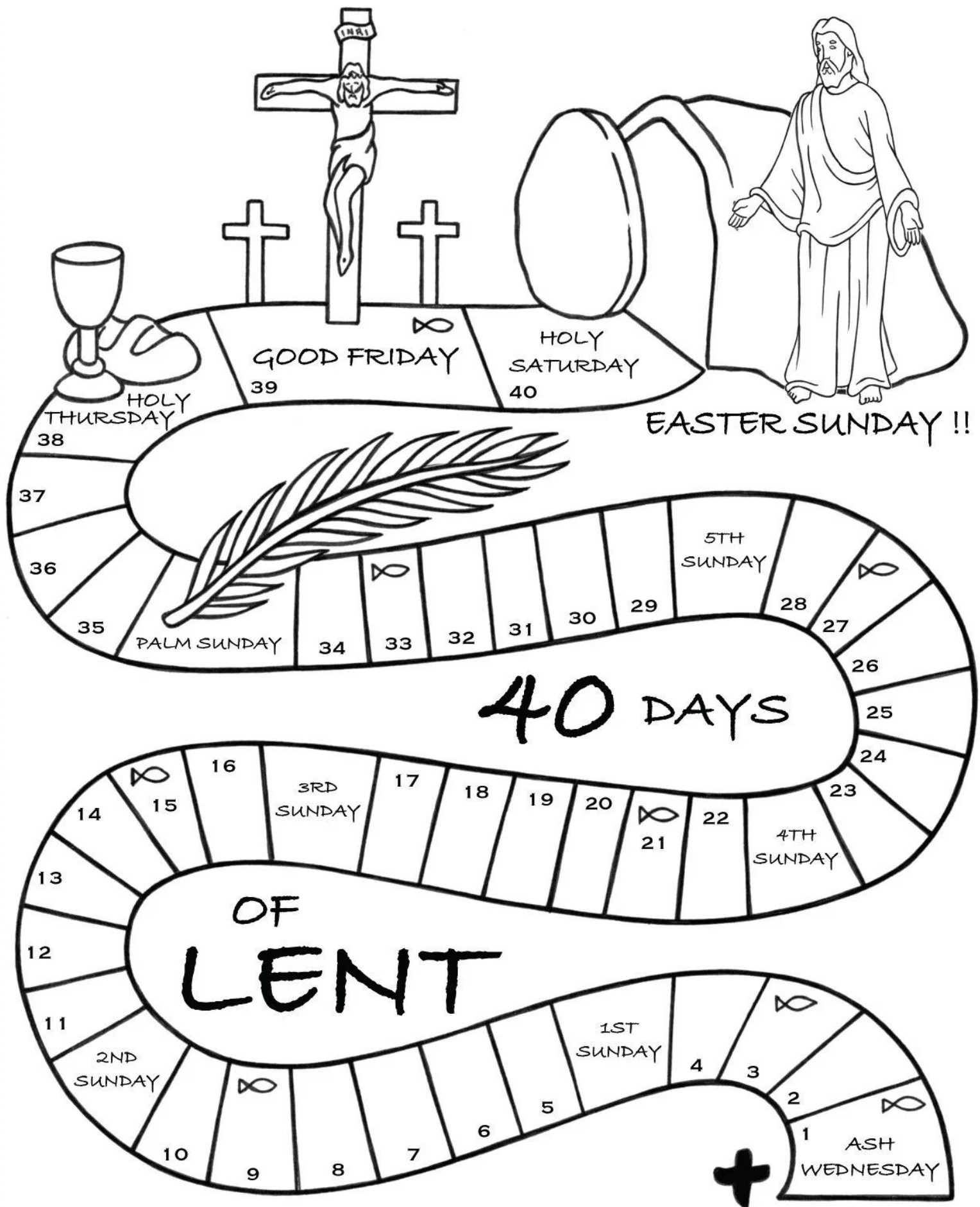


13. Jesus is taken down from the cross



14. Jesus is buried in the tomb





5th-8th Grade Movie Night



Friday, March 3rd
6:00-9:30pm

bishopdubourg.org/admissions/events



Camp Cavalier

What's a summer without Camp Cavalier?! This year we're offering lunches for those who register for two camps a day.

GIRLS BASKETBALL
GIRLS SOCCER
GIRLS CHEER
COED VOLLEYBALL
SPEED/AGILITY
BOYS SOCCER
HOOPS N' TOUCHDOWN
BOYS BASEBALL
ART
COOKING
ESPORTS



for the parents



MOUSE RACES

MARCH 4, 2023
SATURDAY

Doors : 6:30 pm Races 7:00 pm
In the Cavalier Cafe - additional gaming available

TICKETS: \$20/person
Drinks included in ticket price. 21 and older event.
Groups of all sizes welcome.

RESERVE YOUR SPOT TODAY!

For Questions and Reservations:
Email: dbaa@bishopdubourg.org

Sponsored by the DBAA.
Proceeds benefit students of Bishop DuBourg Athletic Dept.
Please make checks payable to Bishop DuBourg High School, Attn: DBAA Mouse Races



7th Grade
Shadow Visits



“ Together We’re Better ”

Where, How & When you can buy: *Parish office from 8:00 am - 3:00 pm (M-F)

*After the 9:00 & 11:00 am Sunday Masses

*By sending an order with your child through

school

Welcome to the 2022–2023 school year!

Questions: call Diane Little @ 314-757-1996 or Alice Wilcox @ 314-743-8603.

| | % | Denom. | Qty | Total | | % | Denom. | Qty | Total |
|-------------------------|-----|-----------|-----|-------|--------------------------|------|-----------|-----|-------|
| Grocers | | | | | Restaurants | | | | |
| Dierbergs | 5% | \$25 | | | LongHorn | 8% | \$25 | | |
| Dierbergs | 5% | \$100 | | | Maggiano's Little Italy* | 11% | \$25/\$50 | | |
| Kenrick | 10% | \$10 | | | McAlister's Deli* | 6% | \$25 | | |
| Save-A-Lot | 5% | \$10 | | | Noodles & Co.* | 8% | \$10 | | |
| Restaurants | | | | | O'Charley's | 13% | \$25 | | |
| Applebee's* | 8% | \$25 | | | Olive Garden | 8% | \$25 | | |
| Arby's | 8% | \$10 | | | Outback Steakhouse | 10% | \$25 | | |
| Bob Evans | 10% | \$10 | | | Papa John's Pizza | 8% | \$10 | | |
| Bonefish Grill* | 10% | \$25 | | | Pizza Hut | 8% | \$10 | | |
| Buffalo Wild Wings | 8% | \$10 | | | Qdoba* | 7% | \$25 | | |
| Burger King | 4% | \$10 | | | Red Lobster | 8% | \$25 | | |
| Chili's | 11% | \$25 | | | Red Robin | 8% | \$25 | | |
| Chipotle Mexican Grill* | 10% | \$10 | | | Sonic* | 8% | \$10/\$25 | | |
| Chuck E. Cheese's* | 8% | \$10 | | | Starbucks | 4.5% | \$10 | | |
| Cold Stone Creamery* | 11% | \$10 | | | STL Bread Co. | 8% | \$10/\$25 | | |
| Cracker Barrel | 8% | \$10 | | | Steak 'n Shake | 8% | \$10 | | |
| Dairy Queen | 3% | \$10 | | | Subway | 4.5% | \$10 | | |
| Denny's | 7% | \$10 | | | Taco Bell | 5% | \$10 | | |
| Domino's | 8% | \$10 | | | Texas Roadhouse | 8% | \$25 | | |
| Dunkin' Donuts* | 3% | \$10/\$25 | | | TGIFriday's | 9% | \$25 | | |
| Fazoli's* | 9% | \$25 | | | Wendy's | 6.5% | \$10 | | |
| Freddy's* | 8% | \$25 | | | Gasoline | | | | |
| Golden Corral* | 9% | \$25 | | | 7-Eleven | 3% | \$50 | | |
| Hardee's* | 5% | \$10 | | | BP Oil | 1.5% | \$50 | | |
| Honey Baked Ham* | 12% | \$25 | | | Circle K | 1.5% | \$25 | | |
| IHOP* | 8% | \$25 | | | Mobil/Exxon | 1% | \$50 | | |
| Jack in the Box | 4% | \$10 | | | Phillips 66 | 1.5% | \$25 | | |
| Subtotal 1 | | | | | Subtotal 2 | | | | |

*denotes a card that we don't stock but can be ordered

Orders for gift cards that are not on hand are placed each Monday at 10:00 a.m. and are delivered to us by Friday.

Updated 7/28/22
(More on back)

| Retailers | | | | Retailers | | | |
|-----------------------|-----|------------|--|----------------------|------|------------|--|
| ACE Hardware* | 4% | \$25 | | iTunes | 5% | \$15/\$25 | |
| American Eagle* | 10% | \$25 | | JCPenney | 5% | \$25 | |
| Banana Republic | 14% | \$25 | | Joann Fabric | 6% | \$25 | |
| Barnes & Noble* | 8% | \$10/\$25 | | Kohl's | 4% | \$25/\$100 | |
| Bass Pro Shops* | 10% | \$25 | | Lowe's | 4% | \$25/\$100 | |
| Bath & Body | 12% | \$10 | | Macy's* | 10% | \$25 | |
| Bed, Bath & Beyond | 7% | \$25 | | Marshalls | 7% | \$25 | |
| Best Buy | 4% | \$25 | | Maurices* | 7% | \$20 | |
| Build a Bear* | 8% | \$25 | | Menards* | 3% | \$25/\$100 | |
| Burlington* | 8% | \$25 | | Michaels | 4% | \$25 | |
| Cabela's* | 10% | \$25 | | Old Navy | 14% | \$25 | |
| Claire's* | 9% | \$10 | | PetSmart* | 5% | \$25 | |
| CVS Pharmacy | 6% | \$25 | | Ross Dress for Less* | 8% | \$25 | |
| Dick's Sporting Goods | 8% | \$25 | | Shoe Carnival* | 5% | \$25 | |
| Dillard's* | 9% | \$25 | | Target | 2.5% | \$25/\$100 | |
| Express* | 10% | \$25 | | T.J. Maxx | 7% | \$25 | |
| Famous Footwear* | 8% | \$25 | | ULTA* | 7% | \$25 | |
| Foot Locker* | 8% | \$25 | | Walgreens | 5% | \$25 | |
| GameStop* | 5% | \$25 | | Walmart/Sam's Club | 2.5% | \$25/\$100 | |
| GAP | 14% | \$25 | | Other | | | |
| Great Clips | 8% | \$25 | | AMC Theatre* | 8% | \$10/\$12 | |
| Groupon.com* | 7% | \$25 | | AMC Theatre* | 8% | \$25 | |
| Home Depot | 4% | \$25/\$100 | | Amazon.com | 1.7% | \$25/\$100 | |
| Home Depot* | 4% | \$500 | | Marcus Theatres | 8% | \$25 | |

Subtotal 3

Subtotal 4

Special order

Subtotal 1

Name/Grade

Subtotal 2

Home Phone

Subtotal 3

Subtotal 4

I will pick up at next week's Mass

Call when ready, I will pick up at the parish office

Special

Please send home with my child ASAP

Total

Receipt

Together We're Better Gift Cards

Name: _____

Received on: _____

Total: _____

Received by: _____

Check#: _____

Gift cards: _____

Upcoming Events



February
24

7th Grade Shadow Visits OPENS FEBRUARY 24

Mondays, Wednesdays, and Fridays
8:00 AM - 1:30 PM

- Two Vianney classes with a Griffin Guide
- Economics and Leadership activities
- Complimentary lunch & Ted Drewes

Questions: Monica Sabatino: msabatino@vianney.com



REGISTER
HERE

April
10

Be a Griffin for a Day

EASTER MONDAY
8:00 AM - 12:30 PM

5th and 6th graders spend the morning on campus experiencing life as a Griffin:

- Teacher-led activities
- Current student guides
- FREE event
- Lunch and t-shirt included

Questions: Jessie Hebrank: jhebrank@vianney.com



REGISTER
HERE



MEN of CHARACTER & ACCOMPLISHMENT